



## Ultimate Frisbee Bulletin

### Ultimate Frisbee State Championship Tournament

#### I. General Information

- A. Ultimate Frisbee "2025-26 rules" will apply to the DCSAA Championship Meet unless otherwise noted. (available at <https://usultimate.org/rules/>)
- B. Schools choosing to enter the DCSAA Ultimate Frisbee State Championship Tournament have the responsibility for reading and adhering to the rules and regulations of this bulletin.
- C. Eligibility rules for all participants can be found in 5 DCMR A; Chapter 27 at [DCSAAsports.com](http://DCSAAsports.com).
- D. A CONTESTANT, in order to qualify must be on the active Ultimate Frisbee Championship roster of the school team by Thursday April 23, 2026 must have participated in a minimum of one Ultimate Frisbee game with the school's Ultimate Frisbee team.
- E. A team, in order to qualify, must be a DCSAA approved member high school.
- F. All teams must be co-ed.
- G. Registration and official rosters of participating student athletes should be submitted to DCSAA office ([desmond.stewart@dc.gov](mailto:desmond.stewart@dc.gov)) by 6:00pm Thursday, April 23rd, 2026.

#### II. State Tournament

##### A. Organization

- 1. The 2026 DCSAA Ultimate Frisbee Invitational Tournament will be held at two Sites, **TBD** (Field 1) and Washington Latin School (Field 2)
- 2. The Games Committee, comprised of members of the State Ultimate Frisbee Championship Committee present at the championship, will rule on any questions and protest that arise. Committee officials will be provided to handle schedule, field conditions and see that the athletes adhere to the Spirit of the Game rules.
- 3. Athletes should come dressed for participation- there will be no locker rooms.
- 4. A maximum of 30 student-athletes from a school will be permitted to participate in the DCSAA Ultimate Frisbee Championship Tournament, per team.
- 5. A school may run as few as seven (7) student athletes.
- 6. On arrival at the designated field, the coach or school representative should report to the registration table for the team's packet which contains final instructions.



7. Teams will be selected through a random draw. The bracket will be promulgated once seeding is accomplished.
8. The tournament format will be announced with bracket release. Pool play, single elimination or single elimination plus based on participating team registration.
9. The brackets will be promulgated no later than on Tuesday April 21, 2026

#### **B. Rules**

1. It is the coach's responsibility to instruct the competitors concerning the official rules and schedule.
2. Offense dictates gender ratio of either 4/3 or 5/2 during the Ultimate Frisbee State Championship Tournament
3. Only participants and credentialed attendants are allowed in the field area.
4. The head coach shall verify verbally, or in writing, that all of his / her competitors are properly equipped (uniform, equipment, and no jewelry) in compliance with these rules.
5. Any coach observed playing on the field with their student's athletes will disqualify their team from the Ultimate Frisbee State Championship Tournament.
6. DCSAA-Approved Observers may be used to officiate matches (if available).
7. The designated Tournament Director will make all final calls or resolve disputes.

#### **C. Scoring and advancement to the finals**

1. Teams that advance shall be determined based on wins and losses, amount of points scored and the amount of points allowed.
2. Games will be to 13, with half at 7 points.
3. A soft cap will be placed on the game 15 minutes before the end time (the game ends two goals above the current score) and a hard cap 5 minutes before the end time (next goal ends the game, one wins).

#### **D. Start / Conclusion**

1. The start of the Ultimate Frisbee State Championship Tournament begins when competitor's uniforms are checked and they are called to the line for the first pull and is considered to be official and concluded when the predetermined number of goals has been scored or the time cap has been reached.
2. A competitor is considered official when they complete all the games that they are eligible to play, i.e. they cannot leave early.



**E. First Aid/ Medical**

1. Certified Athletic Trainers will be at the event to assist with any medical emergencies.

**F. Disqualification**

1. Undesirable behavior on the part of the school participants or nonparticipants shall be grounds for disqualification, at the determination of the State Ultimate Frisbee Championship Committee. Failure to comply will result in disciplinary action.
2. Failure to adhere to the Spirit of the Game will result in automatic disqualification from the Ultimate Frisbee State Championship Tournament.