

DCSAA Ultimate Frisbee 2026

Games to 13, time cap 75 minutes. 1 timeout per half plus one floater. Cap is hard for all games except finals, which is +1 soft cap. Standard [USAU Rules](#) apply.

Gender ratio 5/2 or 4/3 male-/female-matching, with the team at the north endzone at the start of a given point choosing and the other team adopting the same ratio.

