

## 2015 North Division Boys Cross Country

Athlete	School	Time
Gabriel Rompel	Wentzville Liberty	16:57.00
Carson Sanders	Orchard Farm	17:04.00
Simon Schappe	Saint Charles	17:10.00
Brian Redlawsk	Saint Charles	17:28.00
Wilson Rosner	Saint Charles	17:35.00
Nathan Nordwald	Warrenton	17:40.00
Dylan Chandler	Warrenton	17:52.00
Wyatt Cleveland	Wentzville Liberty	17:57.00
James Goetz	Warrenton	17:58.00
Nicolas Ayotte	Orchard Farm	18:04.00
Dillon Ruble	Saint Charles	18:06.00
Will Runion	Orchard Farm	18:07.00
Zachary Tiesing	Saint Charles	18:22.00
Jhon Loehmer	Wentzville Liberty	18:30.00

**TEAM SCORES: St. Charles 36; Warrenton 62; Wentzville Liberty 72; Orchard Farm 72; St. Charles West 123; Winfield 153**

## **SPORTSMANSHIP**

**Orchard Farm -**

**Wentzville Liberty -**

**Winfield -**

**Saint Charles West -**

**Saint Charles -**

## **ALL ACADEMIC**

**Orchard Farm -**

**Wentzville Liberty -**

**Winfield -**

**Saint Charles West** - Andrew Chaffin, Lucas Hinton, Koty Krawczyk, Jacob Larson, Tyler Oetting, Akash Patel, Cole Robnett, Allen Tinker

**Saint Charles -**

## **2015 Central Division**

### **Boys Cross Country**

<b>Athlete</b>	<b>School</b>	<b>Time</b>
Clayton Duchatschek	Washington	17:23.9
Chris Allensworth	Fort Zumwalt North	18:06.4
Otto Spaunhorst	Washington	18:27.5
Josh Skeeters	Fort Zumwalt South	18:32.1

Jerald Caldwell	Fort Zumwalt North	18:49.9
Maverick Gray	Fort Zumwalt South	18:52.9
Hunter Boker	Fort Zumwalt North	18:57.7
Andrew Tchiblakian	Washington	18:58.1
Ryan Deken	Fort Zumwalt North	19:00.3
Austin Perkins	Fort Zumwalt East	19:22.1
Andrew Rotter	Wentzville Holt	19:24.0
Ben Palmer	Fort Zumwalt East	19:28.0
Cobi Cay	Fort Zumwalt South	19:28.3
D'Angelo Cole	Fort Zumwalt South	19:36.1

**TEAM SCORES: Fort Zumwalt North 38; Fort Zumwalt South 54; Washington 56; Fort Zumwalt East 87; Wentzville Holt 97**

## **ALL ACADEMIC**

**Fort Zumwalt East** - Josh Carr, David Gengenbacher, Jake Gnolfo, Ben Palmer, Austin Perkins, Cole Wukitsch

**Fort Zumwalt North** -

**Washington** - Clayton Duchatschek, Brendan Fitzgerald, Daniel Lock, Joe Omer, Otto Spaunhorst, Andrew Tchiblakian

**Wentzville Holt** -

# SPORTSMANSHIP

**Fort Zumwalt East** - Jake Gnolfo

**Washington** - Clayton Duchatschek

**Wentzville Holt** -

## 2015 South Division Boys Cross Country

<b>Athlete</b>	<b>School</b>	<b>Time</b>
Austin Crowe	Wentzville Timberland	16:23.23
Walker Wette	Francis Howell	16:43.24
Dylan Goodyear	Wentzville Timberland	16:43.58
Brendan Ritchie	Fort Zumwalt West	17:06.77
Jake Oppenborn	Francis Howell North	17:16.32
Bryan Chac	Francis Howell North	17:19.06
Andrew Berndt	Wentzville Timberland	17:22.39
Jared Sinkey	Fort Zumwalt West	17:23.89
Jace Nielsen	Wentzville Timberland	17:30.63
Marshall Vaccaro	Fort Zumwalt West	17:32.49
Tristan Baze	Fort Zumwalt West	17:35.54
Jason Brown	Fort Zumwalt West	17:35.81

Michael Priess	Fort Zumwalt West	17:42.55
Kyle Kirn	Francis Howell	17:43.09

**TEAM SCORES: Wentzville Timberland 39; Ft. Zumwalt West 45; Francis Howell 77; Francis Howell North 84; Francis Howell Central 111; Troy Buchanan 144**

**ALL - ACADEMIC AWARD**

**Wentzville Timberland** - Andrew Berndt, Austin Crowe, Brett Menegre, Jace Nielsen, Nathan Schoonover, Noah Signaigo

**Fort Zumwalt West** -

**Francis Howell Central** -

**Wentzville Timberland** -

**Fort Zumwalt West** - Tristan Baze, Josh Betz, Grant Booth, Trent Brew, Jason Brown, Joel Grindstaff, Tyler Hoffmann, Ethan Huddleston, Sam Mulugeta, Jack Murphy, Michael Preiss, Brendan Ritchie, Andrew Shimel, Jared Sinkey, David Spies, Marshall Vaccaro

**SPORTSMANSHIP**

**Francis Howell Central** -

**Wentzville Timberland** - Austin Crowe

**2015 North Division**

# Girls Cross Country

<b>Athlete</b>	<b>School</b>	<b>Time</b>
Alexis Kayser	Wentzville Liberty	20:52.00
Andrea Poole	Warrenton	21:01.00
Eleanor McCrary	Wentzville Liberty	21:03.00
Alexis Guffey	Wentzville Liberty	21:56.00
Phoebe Helton	Wentzville Liberty	21:57.00
Allana Guffey	Wentzville Liberty	21:58.00
Mackenzie Murphy	Wentzville Liberty	21:59.00
Rachel Jackson	Saint Charles West	22:06.00
Meagan Sanders	Warrenton	22:39.00
Grace Honey	Saint Charles West	22:44.00
Mary Broker	Warrenton	22:50.00
Natalie Hyde	Saint Charles	22:55.00
Madelyn Brown	Wentzville Liberty	23:05.00
Kendra Easton	Saint Charles West	23:12.00

**TEAM SCORES: Wentzville Liberty 19; Warrenton 63 St. Charles West 77; St. Charles 93; Orchard Farm 113**

## Sportsmanship

**Orchard Farm -**

**Wentzville Liberty -**

**Winfield -**

**Saint Charles West -**

**Saint Charles -**

## All Academic

**Orchard Farm -**

**Wentzville Liberty -**

**Winfield -**

**Saint Charles West** - Bailey Clodfelter, Kendra Easton, Grace Honey, Rachel Jackson, Tayler Mitchell

**Saint Charles -**

## 2015 Central Division

### Girls Cross Country

Athlete	School	Time
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Mikayla Reed	Washington	19:48.3
Claire Ayers	Washington	20:10.8
Emily Griesenauer	Wentzville Holt	20:27.0
Nicole Griesenauer	Wentzville Holt	20:48.7
Morgan Alvey	Fort Zumwalt North	21:24.4
Morgan Holdmeyer	Washington	21:27.9
Jocelyn Quiles	Fort Zumwalt North	21:35.1
Adrienne Bruckner	Fort Zumwalt East	21:35.4
Anna Sullentrop	Washington	21:38.1
Josie Plowman	Washington	21:55.2
Paige Eller	Wentzville Holt	22:10.0
Ashton Leslie	Washington	22:13.9
Hannah McNiff	Fort Zumwalt North	22:19.4
Brooke Hierholzer	Wentzville Holt	22:20.5

**TEAM SCORES: Washington 28; Wentzville Holt 51; Fort Zumwalt North 58; Fort Zumwalt South 98; Fort Zumwalt East 114**



## **ALL ACADEMIC**

**Fort Zumwalt East** - Adrienne Bruckner, Riley Carmichael, Ashley Carron, Rebecca Maninger, Hanna Oechsner, Megan Wilmes

**Fort Zumwalt North** -

**Washington** - Claire Ayers, Jamie Eiermann, Morgan Holdmeyer, Anna Krafft, Leah Krafft, Ashton Leslie, Samantha Montgomery, Emma Pabst, Josie Plowman, Erin Ready, Mikayla Reed, Elizabeth Schmidt, Anna Sullentrup, Katie Trigg, Molly White, Leah Whitworth

## **SPORTSMANSHIP**

**Fort Zumwalt East** - Rebecca Maninger

**Washington** - Ashton Leslie

## **2015 South Division Girls Cross Country**

<b>Athlete</b>	<b>School</b>	<b>Time</b>
Maddi Leigh	Francis Howell	19:18.76
Jenna Westcott	Fort Zumwalt West	20:04.59
Lauren Brady	Fort Zumwalt West	20:48.21

Brooklyn Just	Francis Howell	20:51.43
Jane Boessen	Troy Buchanan	21:04.26
Isabelle Daab	Francis Howell	21:18.05
Elizabeth Payne	Francis Howell	21:28.66
Kalleigh Linthicum	Wentzville Timberland	21:39.22
Danielle Berry	Francis Howell	21:40.54
Morgan Hartwig	Troy Buchanan	21:42.95
Heidi Hauptman	Francis Howell North	21:45.37
Mora Boatman	Fort Zumwalt West	21:47.72
Kelly Schroeder	Francis Howell	21:57.11
Kiley Otten	Fort Zumwalt West	22:04.24

**TEAM SCORES: Francis Howell 27; Fort Zumwalt West 46; Troy Buchanan 77; Francis Howell North 98; Wentzville Timberland 119**

**ALL ACADEMIC AWARD**

**Wentzville Holt -**

**Wentzville Timberland - Kalleigh Linthicum**

**Fort Zumwalt West** -Aliyah Amerin, Mora Boatman, Cara Brackett, Alyssa Bradford, Lauren Brady, Lauren Brew, Isabel Dominguez, Sadie Harris, Mallory Kaimann, Kiley Otten, Brielle Palmer, Abby Russell, Jennison Wescott, Grace Wright

**Francis Howell North** -

**Francis Howell Central** -

## **SPORTSMANSHIP AWARD**

**Wentzville Holt** -

**Wentzville Timberland** - Kalleigh Linthicum

**Fort Zumwalt West** -

**Francis Howell Central** - Kristy Eslinger

# **2015 North Division Football**

## **QUARTERBACK**

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Damian Cagle	Winfield	SR
<b>2nd Tem</b>	D. J. Kemp	Orchard Farm	JR

## **RUNNING BACK**

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Dre Kelly	Saint Charles West	SR
	Austin Coffey	Saint Charles West	SR
<b>2nd Team</b>	A. J. Hibbler	Orchard Farm	JR
	Cameron Richardson	Warrenton	JR

## **ATHLETE**

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Braydan Chimel	Warrenton	SR
<b>2nd Team</b>	Josh Goldstein	Saint Charles	SR

## **OFFENSIVE LINE**

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Tyler Graves	Orchard Farm	SR
	Mike Looney	Saint Charles	SR
	Matt Copher	Warrenton	SR
	Brendan Carey	Saint Charles West	SR
	Marcus Paddack	Saint Charles West	JR
<b>2nd Team</b>	Anthony Dandino	Orchard Farm	JR
	Adrian Dryden	Saint Charles	SR
	Wyatt Wielms	Warrenton	JR
	Jeremy Schneider	Warrenton	SR

	Will Gamache	Saint Charles West	JR
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## WIDE RECEIVER

	Player	School	Year
<b>1st Team</b>	Cole Kline	Orchard Farm	JR
	Justin Frederick	Saint Charles	SR
	Hunter Russell	Warrenton	SR
<b>2nd Team</b>	Caleb Grimes (TE)	Orchard Farm	SO
	Jacob Abel	Warrenton	SR
	Jake Freeman	Winfield	SR

## KICKER

	Player	School	Year
<b>1st Team</b>	Dillon Mayfield	Warrenton	SR
<b>2nd Team</b>	Ethan Kaiser	Orchard Farm	FR

## OFFENSIVE PLAYER OF THE YEAR:

**Dre Kelly a Senior from Saint Charles West**

## LINEBACKER

	Player	School	Year
<b>1st Team</b>	Caleb Grimes	Orchard Farm	SO
	Jacob Abel	Warrenton	SR
	Jacob Null	Warrenton	JR
	Austin Coffey	Saint Charles West	SR
<b>2nd Team</b>	Jordan Gladney	Saint Charles	JR
	Josh Davenport	Winfield	SR
	Damian Cage	Winfield	SR
	Andre Hickman	Saint Charles West	SR

## DEFENSIVE LINE

	Player	School	Year
<b>1st Team</b>	Nick Wright	Orchard Farm	JR
	Anthony Dandino	Orchard Farm	JR
	Michael Looney	Saint Charles	SR
	Marcus Paddack	Saint Charles West	JR
<b>2nd Team</b>	Chris Vogt	Warrenton	SO
	Brian Vanpelt	Winfield	SR
	Brendan Carey	Saint Charles West	SR

	Tyler Hash	Saint Charles West	SR
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## DEFENSIVE BACK

	Player	School	Year
<b>1st Team</b>	Cole Kline	Orchard Farm	JR
	Justin Frederick	Saint Charles	SR
	Jake Freeman	Winfield	SR
	Dre Kelly	Saint Charles West	SR
<b>2nd Team</b>	Val Addison	Saint Charles	SR
	Brandon Molinari	Warrenton	SO
	Bobby Blount	Winfield	JR
	Darius Morrison	Saint Charles West	SO

## PUNTER

	Player	School	Year
<b>1st Team</b>	Austin Coffey	Saint Charles West	SR
<b>2nd Team</b>	Damian Cage	Winfield	SR

## DEFENSIVE PLAYER OF THE YEAR:

# **Austin Coffey a Senior from Saint Charles West**

## **SPECIAL TEAM PLAYER OF THE YEAR:**

### **Dre Kelly a Senior from Saint Charles West**

## **Sportsmanship Award**

**Orchard Farm** - Nick Wright

**Saint Charles** - Carson Weeks

**Saint Charles West** - Andre Hickman

**Warrenton** - Jacob Crump

**Winfield** - Cody Dulaney

## **All-Academic Team**

**Orchard Farm** - Nick Wright, Dylan Williams, Hunter Engle, Jon Niemeyer, Cade Grimes, Caleb Grimes, Mark Cooley, Trey Stephens, Jake Edwards, Bryce Wolf, Adam Groh

**Saint Charles** - Devon Blair, AJ Bredell, Michael Griffith, Jaylin Williams, Val Addison, Nathan Thompson, Donnie Payne, Logan Birke, Tony Keil, Jeremy Mowry, Alex Roberts, Tyler Barteau, Rod Gillette, Dillon Fox, Michael Looney

**Saint Charles West** - Jeff Alexander, Matt Anderson, Logan Bachman, Nick Bazzell, Ken Boeckman, Brandon Carbray, Brendan Carey, Will Carpenter, Aslan Edge, Chase Fitzgerald, Matt Frazer, Wil Gamache, Harlie Glaenzer, Zach Golik, Jake Hale, Dylan Hallgren, Shawn Harvey, Tyler Hash, Jon Hauptert, Kevin Higgins, Cameren Jett, Braiden Jolliff, Dalton Krawczyk, Dalton Lawrence, Ben McCune, Leo Ortiz, Marcus Paddack, Bailey Reynolds, Levi Virden, Ethan Watkins, Reid Williams

**Warrenton** - Jacob Abel, Braydan Chmiel, Jacob Crump, Jacob Manion, Sean Nothstine, Jeremy Schneider, Dillen Mayfield, Sawyer Junker, Nick Boling, Jordan



Eickhorst, Ruben Varnado, Wyatt Wielms, Treysen Neal, Brenden Smith, Caleb Strauss, Alex Vogt, Chris Vogt

**Winfield** - Damian Cagle, Josh Davenport, Cody Dulaney, Kaleb Mann, Turner McGlasson, Chase Wright, Jake Freeman

## 2015 Central Division Football

### QUARTERBACK

	Player	School	Year
<b>1st Team</b>	Daniel Morris	Fort Zumwalt East	SR
<b>2nd Team</b>	Drake Whaley	Fort Zumwalt South	JR

### RUNNING BACK

	Player	School	Year
<b>1st Team</b>	Jared Rennick	Washington	SR
	Cameron Henderson	Fort Zumwalt South	SR
<b>2nd Team</b>	Austin Cox	Fort Zumwalt North	SR
	Brendan Lenac	Wentzville Holt	SR

## OFFENSIVE LINE

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Blake Wilson	Fort Zumwalt North	SR
	Austin Parres	Fort Zumwalt South	JR
	Ben Heggemann	Washington	SR
	Alex Jetton	Fort Zumwalt North	JR
	Jay Jacquin	Washington	SR
<b>2nd Team</b>	Blake Bennett	Fort Zumwalt South	SO
	Kader Ndiaye	Fort Zumwalt North	SO
	Sam Hofher	Washington	SR
	Bryan Schack	Fort Zumwalt South	JR
	Braden Harris	Fort Zumwalt North	SR

## WIDE RECEIVER

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Ben Straatmann	Washington	JR
	Kai Collier	Fort Zumwalt South	SR
	Jake Koons	Wentzville Holt	SR
<b>2nd Team</b>	Sam Walden	Fort Zumwalt East	SR

	Zach Stanner	Fort Zumwalt North	JR
	Andrew Baldwin	Fort Zumwalt East	JR

## KICKER

	Player	School	Year
<b>1st Team</b>	Jonathan Banowetz	Fort Zumwalt North	SR
<b>2nd Team</b>	Daniel Morris	Fort Zumwalt East	SR

## ATHLETE

	Player	School	Year
<b>1st Team</b>	Cade Brister	Fort Zumwalt North	JR
<b>2nd Team</b>	Emilio Monsivais	Wentzville Holt	SR

## OFFENSIVE PLAYER OF THE YEAR :

**Daniel Morris of Fort Zumwalt East**

## COACH OF THE YEAR:

**Joe Bacon of Fort Zumwalt North**

## DEFENSIVE BACK

	Player	School	Year
<b>1st Team</b>	Adam Kleekamp	Washington	JR
	Cade Brister	Fort Zumwalt North	JR
	Cody Lampe	Fort Zumwalt East	JR
	Marcus Jones	Fort Zumwalt North	SR
<b>2nd Team</b>	Channon Ross	Fort Zumwalt South	JR
	Deiondre Stockton	Fort Zumwalt North	JR
	Trey Walsh	Washington	JR
	Kai Collier	Fort Zumwalt South	SR

## LINEBACKER

	Player	School	Year
<b>1st Team</b>	Darcey Brister	Fort Zumwalt North	SR
	Tay Robinson	Fort Zumwalt North	SR
	Ben Straatmann	Washington	JR
	Dominique Thornhill	Fort Zumwalt East	SR
<b>2nd Team</b>	Evan Johnson	Fort Zumwalt South	SR
	Harrison Stephan	Fort Zumwalt South	JR
	Jeremy Monehan	Washington	SR

	Mitch Dulin	Fort Zumwalt East	SR
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## DEFENSIVE LINE

	Player	School	Year
<b>1st Team</b>	Blake Wilson	Fort Zumwalt North	SR
	Braden Harris	Fort Zumwalt North	SR
	Jay Jacquin	Washington	SR
	Austin Parres	Fort Zumwalt South	JR
<b>2nd Team</b>	Nick Meisenheimer	Fort Zumwalt East	SR
	Kader Ndiaye	Fort Zumwalt North	SO
	Connor Muller	Washington	JR
	Jalen Armstrong	Fort Zumwalt East	JR

## PUNTER

	Player	School	Year
<b>1st Team</b>	Trey Walsh	Washington	JR
<b>2nd Team</b>	Jonathan Banowetz	Fort Zumwalt North	SR

## **DEFENSIVE PLAYER OF THE YEAR:**

**Blake Wilson of Fort Zumwalt North**

## **SPECIAL TEAMS PLAYER OF THE YEAR:**

**Jonathan Banowetz of Fort Zumwalt North**

## **Sportsmanship Award**

**Fort Zumwalt East** - Damion Hudson

**Fort Zumwalt North** - Camren Fullerton

**Fort Zumwalt South** - Ben Bratcher

**Washington** - Blake Schnur

**Wentzville Holt** - Stone Staszczuk

## **All-Academic Team**

**Fort Zumwalt East** - Trenton Bolin, Michael Colaw, Mitch Dulin, A.J. Hart, Cody Lampe, Dan Morris, Bill Ngo, Konnor Pennington, Tyler Schauwecker, Sam Walden, Ben Watson, Nick Wortham

**Fort Zumwalt North** - Jonathan Banowetz, Dacey Brister, Hayden Carrico, Jacob Cecil, Jackson Ederer, Rown Fink, Camren Fullerton, Braden Harris, DeAndre Hathaway, Jacob Hudanick, Alex Jetton, Quentin Lee, Colton Maurer, Brendan Murphy, Nicholas Rogers, Zachary Stanner, Zachary Steele, Joshua Ward, Kyle White, Nicholas White, Blake Wilson, Nicholas Winder, Connor Zangriles

**Fort Zumwalt South** - Dillan Adams, Blake Bennett, Ben Bratcher, Kai Collier, Austin Denson, Andrew Farley, Marcus Forrest, Grant Jacobs, Jacob Lewis, Caleb Regenstein, Alex Tiemann, Blake Wiemann

**Washington** - Connor Lewis, Tommy Ruether, Matt Hoemann, Ben Straatmann, Logan Gratza, Austin Lewis, Juan Martinez, Calvin Obermark, Cole Phinney, Jonah Bruckerhoff, Lucas Hellebusch, Jack Tyree, Ty Rinne, Zach Jasper, Jordan Pugh, Ken Kugel, Ben Heggemann, Cole Glastetter, Conner McKinney, Tanner Webb, Brandon Solter, Kaden Bollmann, Alex Phinney, Zach Harms, Jerry DeLargy, Michael Boehlein, Cameron Briggs, Curtis Brinker, Brendon Schwarzen, Cole Maune, Cole Maerli

**Wentzville Holt** - Trent Felton, Tyler Hall, Mitch Richterkessing, Ryan Blazer, Andrew Burns, Jake Koons, Make Gomski, Jake Tompkins, Mike Tunnage, Anthony Bagley, Gabriel Wargowsky, Jake Mouser, Spencer Bogan, Jacob Boegemann, Brody Beltz, Stone Staszuk

## 2015 South Division Football

### QUARTERBACK

	Player	School	Year
<b>1st Team</b>	Quentin White	Francis Howell	SR
<b>2nd Team</b>	Jake Strauss	Fort Zumwalt West	SR

### RUNNING BACK

	Player	School	Year
<b>1st Team</b>	Ethan Staskewicz	Fort Zumwalt West	SR
<b>2nd Team</b>	Jordon Cooper	Francis Howell Central	SR

## ATHLETE

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Donnell Hawkins	Francis Howell North	JR
<b>2nd Team</b>	Joey Land	Francis Howell	SR
	Kellen Johnson	Fort Zumwalt West	JR

## OFFENSIVE LINE

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Austin Unterreiner	Francis Howell	SR
	Kyle Springli	Francis Howell North	SR
	Randy Davidson	Fort Zumwalt West	SR
	Trevor Greer	Wentzville Timberland	SR
	Devin Graves	Troy Buchanan	SR
<b>2nd Team</b>	Justin Hedrick	Francis Howell Central	SO
	Michael Schlottach	Fort Zumwalt West	JR
	Brad Papez	Wentzville Timberland	SO
	Ian Sommer	Troy Buchanan	JR
	Patrick Sparkman	Francis Howell	SR



## WIDE RECEIVER

	Player	School	Year
<b>1st Team</b>	Colton White	Francis Howell	SR
	Jake Viehman	Francis Howell North	SR
	Marquis Majors	Fort Zumwalt West	SO
	Nathan Garthe	Francis Howell Central	JR
<b>2nd Team</b>	Devin Puni	Francis Howell Central	SR
	Jonny Krone	Francis Howell	SO
	Blake Lodde	Francis Howell North	SR
	James Sutton	Wentzville Timberland	SR

## KICKER

	Player	School	Year
<b>1st Team</b>	Jarod Green	Francis Howell	SR
<b>2nd Team</b>	Blake Sewell	Wentzville Timberland	SR

## OFFENSIVE PLAYER OF THE YEAR:

**Ethan Staskewicz of Fort Zumwalt West**

## DEFENSIVE BACK

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Grady Daniels	Wentzville Timberland	JR
	Micah Skebo	Francis Howell Central	JR
	Moe Hill	Francis Howell North	SR
	Donovan Killeen	Fort Zumwalt West	SR
<b>2nd Team</b>	Jhaidyn Brown	Fort Zumwalt West	JR
	Ashad Blue-Williams	Francis Howell Central	SO
	Joey Land	Francis Howell	SR
	McGwire Dean	Francis Howell	JR
	Thomas Larson	Troy Buchanan	SO
	Kyle Brady	Wentzville Timberland	SR

## LINEBACKER

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Justin Perkins	Francis Howell	SR
	Ryan Perkins	Francis Howell	SR
	Nathan Lane	Francis Howell Central	SR
	Rheneze Galtney	Francis Howell Central	SR
	Christian Kerr	Fort Zumwalt West	SR
<b>2nd Team</b>	Matt Harris	Fort Zumwalt West	SO
	Trey Mellon	Wentzville Timberland	SR

	A. J. Trent	Wentzville Timberland	SR
	Brady Wildschuetz	Francis Howell	SR
	Collin Nichols	Troy Buchanan	FR

## DEFENSIVE LINE

	Player	School	Year
<b>1st Team</b>	Dirion Hutchins	Francis Howell	SR
	Matt McClellan	Francis Howell	SR
	Jack Demien	Wentzville Timberland	SR
<b>2nd Team</b>	Trey Pettit	Francis Howell North	SR
	Jordan Williams	Fort Zumwalt West	SO
	Kyle Eley	Fort Zumwalt West	SR

## PUNTER

	Player	School	Year
<b>1st Team</b>	Justin Perkins	Francis Howell	SR
<b>2nd Team</b>	Patrick Hoth	Francis Howell Central	SR

## **DEFENSIVE PLAYER OF THE YEAR:**

**Ryan Perkins of Francis Howell**

## **SPECIAL TEAMS PLAYER OF THE YEAR:**

**Justin Perkins of Francis Howell**

## **Sportsmanship Award**

**Fort Zumwalt West** - Kellen Johnson

**Francis Howell** - Quentin White

**Francis Howell Central** - Jordon Cooper

**Francis Howell North** - Nick Gehricke

**Troy Buchanan** - Brendon Lofland

**Wentzville Timberland** - Ryan Hiatt

## **All-Academic Team**

**Fort Zumwalt West** - Nathan Barnett, Ethan Biehl, Jhaidyn Brown, Jacob Dietrich, Robert Dietrich, Trey Durbin, Tyler Eckman, Kyle Eley, Michael Ethridge, Michael Fine, Tyler Fitton, Gage Froneyberger, Matt Harris, Nehemiah Hill, Clayton Ivie, Kellen Johnson, Christian Kerr, Donovan Killeen, Ryan Knapp, Marquis Majors, Kyle Matyiko, Dominic Parisi, Peter Phan, Logan Ponte, Jack Robertson, Michael Schlottach, Ethan Staskewicz, Jake Stern, Jake Strauss, Trevor Timmermann, Jake Verschoore, Michael Walterscheid, Duane White, Bryce Williams, Dylan Williams, Jordan Williams, Logan Williams, Ricky Wilson, Crew Zelinsky, Macklin Zinselmeyer, Max Zuccarello

**Francis Howell** - Ned Bargen, Mike Brazil, Tyler Dachel, McGwire Dean, Joe Faron, Jackson Florea, Dylan Fridrich, Andrew Funk, Richie Graham, Joey Gulledge, Max Hefner, Aric Heismeyer, Arik Holmes, Chuck Howard, Brett Hulen, Zack Hunsicker,

Shane Jackson, Brandon Jaegers, Grant Jambois, Dawson Keim, Jonny Krone, Reeder Kuhn, Joey Land, Jason Lay, Cole Libbert, Dylan Marcelle, Chris Martin, Connor Meriweather, Cameron Miles, Trey Parker, Justin Perkins, Ryan Perkins, Chris Porter, Trevor Rhoads, Gabe Schneider, Kyle Siebenshuh, Josh Unland, Austin Unterreiner, Quentin White, Colton White, Joe Wikoff, Brady Wildschuetz

**Francis Howell Central** - Cameron Brown, Nathan Lane, Tyler Masek, Will Sills, Jared Tredway, Jackson Berck, Trennon Curry, Luke Ezell, Nathan Garthe, Dylan Gillette, Max Kujath, Micah Skebo, Ashaad Blue-Williams, Sam Davis, Justin Hedrick, Sybree Itayem, Cole Kreder, Adam Lewis

**Francis Howell North** - Stephen Agee, Jaren Arnold, Autsin Bowen, Nick Cardoni, Nathan Etheridge, Evan Gallagher, Connor Gallagher, Nick Gehricke, Jimmy Gianopulos, Ben Harris, Erik Isbell, Bon Jang, Bryce Longmore, Bryce McDaniel, Colin McDaniel, Anthony Neal, Sam Neely, Jarrett O'Brien, Daniel Ostrovskiy, Trey Pettit, Jacob Posley, Kyle Springli, Jake Viehman, James Wersching

**Troy Buchanan** - Kobe Bowman, Kyle Emerson, Robert Loveless, Charles Parsons, Phillipp Fritz, Ko Yawata, Lane Grelle, Thomas Larson, Ion Porter, Cade Ruether, Devon Sadler, Mckennan Starkey

**Wentzville Timberland** - Jacob Beer, Justin Bill, Cody Brave, Sage Conedera, Grady Daniels, Aaron Ervin, Ryan Hiatt, Jonathan Honore', Nick Hudelson, Brayden Hull, Sam Jehle, Alex Kimball, Austin Klaesner, Collin Mason, Trey Mellon, Asa Miller, Logan Mills, Jimmy Moore, Aaron Nedved, Brad Papez, Tyler Rodgers, Zack Schrader, Blake Sewell, Cody Terry, Seth Thompson, A.J. Trent

## **2015 Central Girls Golf Medallists**

### **TEAM STANDINGS:**

**Team scores in alpha school order:**

## **Sportsmanship**

<b>Washington</b>	
<b>Wentzville Holt</b>	

## **All Academmic**

**Fort Zumwalt North -**

**Fort Zumwalt South -**

**Washington -**

**Wentzville Holt -**

**Wentzville Liberty -**

## **2015 South Girls Golf Medallists**

Bridget Schulte	Francis Howell	83
Margret Robert	Wentzville Timberland	84
Bayley Henke	Troy Buchanan	85
Cass Knoerzer	Wentzville Timberland	88
Jessica Qian	Francis Howell North	93
Brooke Barrett	Fort Zumwalt West	93
Mia Staggs	Wentzville Timberland	95
McKenna Chapman	Fort Zumwalt West	95

Emma Wolf	Francis Howell Central	98
Lacey King	Troy Buchanan	99
Jessica Fischer	Francis Howell	101
Taylor Johnson	Francis Howell North	101

**TEAM STANDINGS: 1st: Wentzville Timberland [374] ; Francis Howell [408] ; Fort Zumwalt West [411]; Troy Buchanan [413]; Francis Howell North [430]; Francis Howell Central [432]**

**Team scores in alpha school order:**

<b>Fort Zumwalt West</b>		<b>411</b>
	Brooke Barrett	93
	McKenna Chapman	95
	Abby Healzer	117
	Allie Ketcherside	106
	Sydney Cesil	138
<b>Francis Howell</b>		<b>408</b>
	Bridget Schulte	83
	Ellie Biever	119
	Jessica Fischer	101
	Allison Moore	115
	Sammie Markus	110

<b>Francis Howell Central</b>		<b>432</b>
	Emma Wolf	98
	Rachel Mossotti	104
	Hannah Lager	108
	Savannah Worack	122
	Alyna Dehne	130
<b>Francis Howell North</b>		<b>430</b>
	Jessica Qian	93
	Briana Schmidt	105
	Taylor Johnson	101
	Madison Turnbeaugh	131
	Taylor Scheridan	147
<b>Troy Buchanan</b>		<b>413</b>
	Bayley Henke	85
	Lacey King	99
	Kelsie ray	118
	Abby Daw	111
	Nadia Banks	127
<b>Wentzville Timberland</b>		<b>374</b>
	Abby Beckerdite	107
	Margret Robert	84
	Mia Staggs	95
	Cass Knoerzer	88
	Ali Knoerzer	110



## Sportsmanship

Francis Howell Central	
Fort Zumwalt West	Brooke Barrett
Wentzville Timberland	Abby Beckerdite

## All Academmic

**Fort Zumwalt West** -Brooke Barrett, Sydney Cecil, McKenna Chapman, Abby Healzer, Sierra Thomas, Autumn Vester, Maddie Vincent

**Francis Howell** -

**Francis Howell Central** -

**Francis Howell North** -

**Troy Buchanan** -

**Wentzville Timberland** - Abby Beckerdite, Ali Knoezer, Mia Staggs, Margaret Roberts

## 2015 North Division

### Boys Soccer

## FORWARDS

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Andrew Stuhlman	Wentzville Liberty	JR
	T. J. Young	Saint Charles	JR
	Brock Ziggemeier	Winfield	SR
<b>2nd Team</b>	James Boyd	Wentzville Liberty	SO
	Nick Forrest	Warrenton	SO
	Collin Hubbard	Winfield	JR

## MIDFIELDERS

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Drew Cannon	Saint Charles	JR
	Dillen Mayfield	Warrenton	SR
	Michael Smegner	Saint Charles West	JR
	Bennett Williams	Wentzville Liberty	SO
<b>2nd Team</b>	Cody Fisher	Saint Charles	JR
	Isaac Frederick	Warrenton	FR
	Brady Gould	Saint Charles	SR
	Kevin Romero	Saint Charles	JR

## DEFENDERS

	<b>Player</b>	<b>Team</b>	<b>Year</b>
<b>1st Team</b>	Tommy Bindbeutel	Wentzville Liberty	SO

	Fernando Lopez	Saint Charles	SR
	Max Wootten	Saint Charles West	JR
<b>2nd Team</b>	Jack Diekemper	Saint Charles West	SO
	Jack Douglas	Wentzville Liberty	FR
	Lucas Irizarry	Saint Charles West	JR
	Turner McGlasson	Winfield	JR
	Robert Roggeman	Winfield	SO
	Collin White	Saint Charles	SO

## KEEPER

	Player	School	Year
<b>1st Team</b>	Nate Meiser	Saint Charles	JR
<b>2nd Team</b>	Sawyer Junker	Warrenton	SR

**PLAYER OF THE YEAR: Kyle Renaud, Senior, St. Charles**

## Sportsmanship Award

Saint Charles - Chris Monks

**Saint Charles West** - Chase Wynd

**Warrenton** - Paul Lanigan

**Wentzville Liberty** - Alec Miller

**Winfield** - Aaron Breckenridge

## All Academic

**Saint Charles** - Nate Meiser, Eric Myers, Jaron Graner, Drew Cannon, Nathan Maldonado, Brady Gould, Collin White, Kyle Renaud, Ben Black

**Saint Charles West** - Jacob Deien, Michael Smegner, Lucas Irizarry, Jordan Weinrich, Chase Wynd, Jack Diekemper, Dylan Hilton, Brendan Noack, James Quiggins, Max Wooten, Nick Emas

**Warrenton** - Sawyer Junker, Cesar Rodriguez, Issac Frederick, Dillen Mayfield, Paul Lanigan, Keagan Michelson, Tyler Busken, Andrew Hodgson

**Wentzville Liberty** - Thomas Bindeutel, Seth Kemerer, Jacob Perryman, Alec Miller, Brandon Mancillas, Lucas Mitchell, Collin Page, Jack Kavanaugh, James Boyd, Bennett Williams

**Winfield** - Aaron Breckenridge, Bailey Burkemper, Adam Cato, Matthew Gnade, Jon Hogan, Kodey Kaimann, Kurt Kehoe, Turner McGlason, Zach Penrod, Robert Roggemann, Andrew Sprengel, Levi Staley, Brock Ziegemeier

## 2015 Central Division

### Boys Soccer

#### FORWARDS

	Player	School	Year
1st Team	Nick Deters	Fort Zumwalt East	JR

	Matt Urbeck	Fort Zumwalt North	SR
	Connor Kile	Wentzville Holt	SR
	Joey Spotanski	Fort Zumwalt South	SO
<b>2nd Team</b>	Conlan Jarvis	Washington	SO
	Colin Heisserer	Wentzville Holt	SR
	Michael Wade	Fort Zumwalt South	JR

## MIDFIELDERS

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Christian Livingstone	Fort Zumwalt South	SR
	Chandler Hoff	Fort Zumwalt North	SR
	Corbin Voyles	Washington	SR
	James Dodds	Wentzville Holt	SR
<b>2nd Team</b>	Cameron Wiese	Wentzville Holt	JR
	Sam Rowan	Wentzville Holt	FR
	Kyle Coleman	Fort Zumwalt North	JR
	Drew Heck	Fort Zumwalt South	SR

## DEFENDERS

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Matt Bennick	Fort Zumwalt North	JR

	Chase Meier	Fort Zumwalt South	SR
<b>2nd Team</b>	Parker Smith	Washington	SR
	Koby Holtmeyer	Washington	SR
	Nick Heimann	Fort Zumwalt East	SO
	Mike Brown	Fort Zumwalt North	SR
	Joe Haney	Fort Zumwalt South	JR

## KEEPER

	Player	School	Year
<b>1st Team</b>	Dylan Bushman	Fort Zumwalt South	JR
<b>2nd Team</b>	Johnny Vogele	Fort Zumwalt East	SR

## PLAYER OF THE YEAR: Grant Runge, Senior, Fort Zumwalt North

### Sportsmanship Award

**Fort Zumwalt East** - Sam Kohls

**Fort Zumwalt North** - David Schroeter

**Fort Zumwalt South** - Joe Haney

**Washington** - Matt Ruth

**Wentzville Holt** - Jacob Ashcroft

## All Academic

**Fort Zumwalt East** - Brandon Doty, Nick Heimann, Sam Kohls, Noah Mrazik, Ryan Nevins, Hunter Studer, Bryce Suttory, Johnny Vogeles, Nick Whitling, Eric Wilhelm

**Fort Zumwalt North** - Christopher Allensworth, Michael Brown, Kyle Coleman, Gabriel Green, Austen King, Connor Mead, Robert Navatto, Davis Schroeter, Matthew Urbeck

**Fort Zumwalt South** - Grant Baisch, Bryson Barkley, Phillip Dametto, Zach Hampton, Joe Haney, Braden Johnson, Tyler Marino, Chase Meier, Zach Meurer, Nick Raymond, Matt Rush, Joe Spotanski, Michael Wade, Colin Walsh

**Washington** - Dane Brautigam, Cole Fregalette, Matt Ruth, Robert Bundy, John Beuke, Noah Bay, Derek Hymer, Corbin Voyles, Marcus Berariu, Parker Smith, Andrew Eckelkamp, Gaveyn Novak, Conlan Jarvis, Mazher Hakin

**Wentzville Holt** - James Dodds, Colin Heiserer, Austin Hobbs, Nate Holmes, Conner Kile, Steven Marion, Ethan Mueller, Sam Rowan, Jacob Teater, Austin Terbrock, Cameron Wiese, Dylan Wiese

## 2015 South Division

### Boys Soccer

## FORWARDS

	Player	School	Year
<b>1st Team</b>	Joel Jenkins	Francis Howell	SR
	Caleb Mundle	Francis Howell Central	SO
<b>2nd Team</b>	Kyle Setchfield	Francis Howell Central	SR

	Jake Taylor	Francis Howell	SR
	Trace Tonioli	Fort Zumwalt West	JR

## MIDFIELDERS

	Player	School	Year
<b>1st Team</b>	C. J. Brown	Francis Howell Central	JR
	Coleton Brown	Francis Howell Central	SR
	Drew Domalewski	Wentzville Timberland	SO
	Seth Klausen	Fort Zumwalt West	SR
	Ryan Zile	Francis Howell	SR
<b>2nd Team</b>	Marco Gonzalez	Troy Buchanan	SO
	Travis Hunt	Fort Zumwalt West	SO
	Alex Long	Francis Howell North	SO
	Joe Mueller	Francis Howell Central	SO
	Torrion Robinson	Francis Howell North	JR
	Jake Totty	Francis Howell	JR

## DEFENDERS

	Player	School	Year
<b>1st Team</b>	Jarod Green	Francis Howell	SR
	Colton Schweigert	Francis Howell Central	SR
	Danny Wright	Fort Zumwalt West	SR



<b>2nd Team</b>	Keegan Dannebring	Fort Zumwalt West	JR
	Jack Kilz	Wentzville Timberland	SR
	Chris Oswald	Francis Howell North	SR
	Steve Young	Troy Buchanan	SR

## **KEEPER**

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Matt Hunt	Francis Howell	SR
<b>2nd Team</b>	Nate Smith	Francis Howell Central	JR
	Anthony Tretter	Fort Zumwalt West	JR

**PLAYER OF THE YEAR: Tanner Tonioli, Senior,  
Fort Zumwalt West**

## **Sportsmanship Award**

**Fort Zumwalt West** - Calvin Delgado

**Francis Howell** - Eric Husa

**Francis Howell Central** - Justin Strauss

**Francis Howell North** - Chris Oswald

**Troy Buchanan** - Samuel Heidemann

**Wentzville Timberland** - Jack Kilz

## **All Academic**

**Fort Zumwalt West** - Tristan Beste, Alex Carter, Jacob Hollstrom, Travis Hunt, Isaiah Kline, Bryan Prichard, Mitchell Vaughn, Brady Weatherby, Zach Whitehead

**Francis Howell** - Eric Husa, Joel Jenkins, Nate Liddy, Keith Steiger, Jake Taylor, Ryan Zile, Josh Bragen, Zach Eycler, Nick Lowry, Brady Peters, Drew Svetina, Caden Costello, Will Clayton, Jake Totty, Brady Glon, Tommy Naumann

**Francis Howell Central** - Blaise Bachman, Armen, Grigorian, Jacob Guilstorf, Caleb Harmen, Logan Morris, Caleb Mundle, Joe Mueller, Kurtis Ralston, Colton Schweigert, Cody Seibert, Justin Strauss, Nathan Smith, Jared Strange

**Francis Howell North** - Alex Long, Andrew O'Donnell, Anthony Kristensen, Chris Oswald, Eric Dickherber, Evan Bernard, Fletcher Dietrich, Isaias Alvarado, Jake Beckmann, Javier Alvarado, Jesse George, Jon Zettwoch, Ritchie Taylor, Thomas Bell, Torrion Robinson

**Troy Buchanan** - Isaac Fraser, Samuel Heidemann, William Ingmire, Nathan Keleher, Connor Ronsick, Jack Sciarratta, Antonio Torres, Jacob Williams

**Wentzville Timberland** - Padric McGuire, Ethan Nettler, Kousha Bahramahi, Cullen Barr, Logan Byerly, Drew Domalewski, Brent Holmes, Cameron Ivey, Tim Jones, Jack Kilz, Brandon Krueger, Wil Murray, Andrew Riebow, Mason Rushing, Mike Schwinn, Tyler Seats, Carson Smith, Luke Swanton, Casey Thompson, J. C. Walkenhorst

## **2015 North Division**

### **Softball**

#### **PITCHERS**

<b>FIRST TEAM</b>	Taylor Nordwald	Warrenton	Senior
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	Nicole Schollmeyer	Orchard Farm	Senior
<b>SECOND TEAM</b>	Abigail Evans	Wentzville Liberty	Freshman
	Bre Burkemper	Winfield	Freshman

## CATCHERS

<b>FIRST TEAM</b>	Amber Stockton	Wentzville Liberty	Junior
<b>SECOND TEAM</b>	Abby Meyers	Warrenton	Senior

## UTILITY PLAYER

<b>FIRST TEAM</b>	Kaylee Anderson	Warrenton	Junior
	Nikki Weber	Orchard Farm	Junior
<b>SECOND TEAM</b>	Desi Lloyd	Winfield	Freshman
	Lauren Grunwaldt	Orchard Farm	Sophomore

## INFIELDERS

<b>FIRST TEAM</b>	Jenny Jansen	Warrenton	Junior
	Olivia Ward	Winfield	Sophomore
	Peyton Ward	Winfield	Senior
	Destinee Frost	Warrenton	Sophomore

	Emma Poindexter	Saint Charles West	Junior
<b>SECOND TEAM</b>	Amanda Vehlwald	Warrenton	Sophomore
	Sara Hebisen	Orchard Farm	Junior
	Marina Heitmann	Orchard Farm	Junior
	Kate Benes	Wentzville Liberty	Freshman
	Alex Hudelson	Winfield	Senior

## OUTFIELDERS

<b>FIRST TEAM</b>	Kelli Gorman	Orchard Farm	Junior
	Kelsey Huenefeld	Warrenton	Sophomore
	Erica Rugh	Warrenton	Senior
	Colette Linden	Wentzville Liberty	Junior
<b>SECOND TEAM</b>	Amanda Lafaver	Warrenton	Senior
	Meredith Knobbe	Orchard Farm	Senior
	Taylor Jones	Wentzville Liberty	Sophomore
	Alivia Loschen	Saint Charles West	Senior

**PLAYER OF THE YEAR: *Jenny Jansen* (WARRENTON)**

**COACH OF THE YEAR: *Trevor Hibbs* (WARRENTON)**

**Sportsmanship Award**

**Orchard Farm:** Meredith Knobbe

**Saint Charles:** Kilee Pigg

**Saint Charles West:** Katie Schnick

**Warrenton:** Abby Meyers

**Wentzville Liberty:** Reagan Hartenberger

**Winfield:** Kasey Kaimann

## **All-Academic Team**

**Orchard Farm:** Meredith Knobbe , Nicole Schollmeyere, Tiffany Machens, Marina Heitmann, Lauren Grunwaldt, Brittany Synder

**Saint Charles:** Cayla Berendzen, Sarah Burney, Samantha Harris, Anna Hebenstreit, Carly Hesskamp, Kayla Holt, Brianna Martin, Tayler McClellan Ellianan Miguel, Jenna Wolf, Gracie Wrinkle

**Saint Charles West:** Kylie Hite, Ashley Graczyk, Riley Forster, Baily Griffiths, Emma Poindexter, Alex Napoli, Faith Webb, Hannah Schuff, Bailea Hughes

**Warrenton:** Tinnin, Hoelscher, J.Rugh, Nordwald, Meyers, Anderson, E.Rugh, Jansen, LaFaver, Vehlewald

**Wentzville Liberty:** Gabrielle Evans, Reagan Hartenberger, Colette Linden, Abigail Sesti, Amber Stockton

**Winfield:** Alex Hudelson, Aubrie Hollingsworth, Bre Burkemper, Carly Hoelting, Karley Kaimann, Kasey Kaimann, Kelly Mense, Natasha Burch, Olivia Ward, Peyton Ward, Sage Wilder, Seana Schilling

## **2015 Central Division**

### **Softball**

## PITCHERS

<b>FIRST TEAM</b>	CeCe Peine	Wentzville Holt	Junior
	Kayla Pilgram	Washington	Senior
<b>SECOND TEAM</b>	Sydney Hansen	Wentzville Holt	Junior

## CATCHERS

<b>FIRST TEAM</b>	Sam Dockweiler	Wentzville Holt	Senior
<b>SECOND TEAM</b>	Kaylee Gilbert	Fort Zumwalt North	Senior

## UTILITY PLAYER

<b>FIRST TEAM</b>	Hannah Murphy	Fort Zumwalt North	Senior
	Megan Micke	Washington	Senior
<b>SECOND TEAM</b>	Allison Chernich	Fort Zumwalt East	Sophomore
	Kelsey Dotson	Washington	Senior

## INFELDERS

<b>FIRST TEAM</b>	Hannah Karl	Fort Zumwalt South	Junior
	Nicole Pitts	Fort Zumwalt North	Senior
	Meredith Adam	Wentzville Holt	Senior

	Grace Evans	Washington	Junior
	Lexi Jones	Wentzville Holt	Junior
<b>SECOND TEAM</b>	C. J. Gomez	Fort Zumwalt South	Senior
	Kiersten Nixon	Fort Zumwalt North	Freshman
	Julia Vedvig	Fort Zumwalt North	Freshman
	Madison Kettler	Wentzville Holt	Sophomore
	Olivia Harris	Fort Zumwalt South	Freshman

## **OUTFIELDERS**

<b>FIRST TEAM</b>	Sarah Langdon	Fort Zumwalt North	Junior
	Mel Taouil	Wentzville Holt	Senior
	Nichole Brinker	Washington	Sophomore
	Sarah Adams	Wentzville Holt	Senior
<b>SECOND TEAM</b>	Rachel Martin	Fort Zumwalt East	Senior
	Abby Tiemann	Fort Zumwalt South	Junior
	Madison Mielke	Fort Zumwalt east	Junior
	Ashlee Tesson	Wentzville Holt	Senior

**PLAYER OF THE YEAR: Sarah Langdon (FORT ZUMWALT NORTH)**

**COACH OF THE YEAR: Joel Adam (WENTZVILLE HOLT)**

# **Sportsmanship Award**

**Fort Zumwalt East:** Kayley Hagl

**Fort Zumwalt North:** Emily Vanhooser

**Fort Zumwalt South:** Ally Mahoney

**Wentzville Holt:** Madison Meier

**Washington:** Emily Brinkmann

## **All-Academic Team**

**Fort Zumwalt East:** Mackenzie Byrkit, Molly Snider, Taylor Bayless, Madison Mielke, Madison Weiner, Rachel Martin, Allison Chernich, Kayley Hagl, Kirstin Hayes, Emma Pollitt, Payton Giamanco

**Fort Zumwalt North:** Tessa Chadbourne, Alison Coomer, Alexis Foley, Kaylee Gilbert, Sarah Langdon, Madison Morgan, Hannah Murphy, Rachel Pudlowski, Allison Tomson, Emily Vanhosser, Julia Vedvig, Kiersten Nixon

**Fort Zumwalt South:** CJ Gomex, Courtney Guinn, Katie Light, Ally Mahoney, Lexi Schnittger-Wingate, Chloe Shafer, Kasie Stopke, Paige Wilcox

**Wentzville Holt:** Meredith Adam, Sarah Adams, Samantha Dockweiler, Sydney Hansen, Mikayla Lopez, Madison Meier, Jordan Milam, Ce Ce Peine, Mel Taouil, Bailee Zemianek

**Washington:** Caitlyn Vodnansky, Kelsey Dotson, Nichole Brinker, Kayla Pilgram, Payton Dubberke, Libbie Harrison, Emily Brinkmann, Jessie Huxol, Jessica Miller

## **2015 South Division**

### **Softball**

#### **PITCHERS**



<b>FIRST TEAM</b>	Kimie Fozzard	Fort Zumwalt West	Senior
	Whitney Boschert	Francis Howell	Sophomore
<b>SECOND TEAM</b>	Olivia Lessmann	Fort Zumwalt West	Junior
	Kaitlyn William	Troy Buchanan	Junior

## CATCHERS

<b>FIRST TEAM</b>	Kelsey Etling	Fort Zumwalt West	Sophomore
<b>SECOND TEAM</b>	Olivia Hetzel	Francis Howell	Sophomore

## UTILITY PLAYER

<b>FIRST TEAM</b>	Makayla Hurst	Wentzville Timberland	Sophomore
	Courtney Laughlin	Francis Howell North	Senior
<b>SECOND TEAM</b>	Sam Jessie	Fort Zumwalt West	Freshman
	Lizzie Orf	Francis Howell Central	Sophomore

## INFIELDERS

<b>FIRST TEAM</b>	Austine Pauley	Francis Howell North	Senior
	Darby Joerling	Francis Howell	Senior
	Jenny Richardson	Troy Buchanan	Senior

	Molly Spangler	Wentzville Timberland	Freshman
	Alyssa Rivera	Troy Buchanan	Senior
<b>SECOND TEAM</b>	Sara Jessie	Fort Zumwalt West	Freshman
	Megan Tersteeg	Francis Howell	Junior
	Emma Pardo	Francis Howell	Senior
	Cam Patterson	Troy Buchanan	Freshman
	Megan Seigler	Francis Howell North	Sophomore

## **OUTFIELDERS**

<b>FIRST TEAM</b>	Megan Holmes	Wentzville Timberland	Senior
	Theodora Powell	Wentzville Timberland	Junior
	Taylor Barnes	Fort Zumwalt West	Junior
	Jordin Buenemann	Francis Howell	Senior
<b>SECOND TEAM</b>	Courtney Kinion	Francis Howell	Senior
	Anna Sullivan	Troy Buchanan	Junior
	Megan Day	Francis Howell Central	Junior
	Sahaura Pauley	Francis Howell North	Sophomore

**PLAYER OF THE YEAR: Kimie Fozzard (FORT ZUMWALT WEST)**

**COACH OF THE YEAR: Ryan Oetting (FORT ZUMWALT WEST)**

# **Sportsmanship Award**

**Fort Zumwalt West:** Jordan Vordtriede

**Francis Howell:** Kristen Landon

**Francis Howell Central:** Erica Hixson

**Francis Howell North:** Audrey Baker

**Wentzville Timberland:** Abbey Huffman

**Troy Buchanan:** Hannah Iborg

## **All-Academic Team**

**Fort Zumwalt West:** Taylor Barnes, Sarah Dobson, Kelsey Etling, Katie Fozzard, Kinmerly Fozzard, Tayiah Hamilton, Keira Hance, Sam Jessie, Sara Jessie, Bailey Johnson, Olivia Lessmann, Jordan Vordtriede

**Francis Howell:** Elaina Blondin, Whitney Boschert, Mikala Cessac, Lexi Farran, Megan Fridrich, Regan Gremaud, Olivia Hetzel, Darby Joerling, Kristen Landon, Jillian Norton, Caitlyn O'Connor, Olivia Prager, Megan Tersteeg, Maddie Villeneuve, Amanda Willis

**Francis Howell Central:** Weinrich, Hixson, Johnson, Harmon, Sills, Thorpe, King, Davis, Powell, Chadwick, Floyd, Schaefer

**Francis Howell North:** Audrey Baker, Elizabeth Davis, Allison Murphy, Austine Pauley, Sahaura Pauley, Austyn Rowan, Megan Seigler

**Wentzville Timberland:** Abbey Huffman, Jordan Grzeskowiak, Kylie Morrow, Lexi Knisley, Makayla Hurst, Kaitlyn Kirby, Kelli Williams, Molly Spangler, Jacie Willison, Amanda Hansel, Megan Holmes, Alyssa Pisarek, Dominique Gray

**Troy Buchanan:** Karissa Shibinski, Anna Sullivan, Kaitlynn Williams, Kacy Bergfeld, Bridget Hart, Haleigh Hunt, Hannah Iborg, Jenny Richardson, Alyssa Rivera, Haley Schmutz, Cameron Patterson

**2015 BOYS SWIMMING CHAMPIONSHIP**

**200 yard Medley Relay [Record: 1:39.10, FZS, 2009]**

SCHOOL	SWIMMERS	YEAR	TIME
Fort Zumwalt West	Adam Grimm	10	1:41.56
	Austin Martin	11	
	Todd Kriss	11	
	Jackson Spencer	10	
Wentzville Holt	Verlinden, Smith, Neveau, Goldstein		1:45.20
Fort Zumwalt South	Larabee, Sims, Elkins, Canada		1:47.77
Francis Howell Central	Baxley, Lipincott, Eilers, Slone		1:50.01

**200 yard Freestyle [Record: 1:44.92, Zach Rogers, FHC, 2011]**

SWIMMER	SCHOOL	YEAR	TIME
Josiah Zaloudek	Fort Zumwalt South	12	1:49.78
Adam Lewis	Francis Howell	12	1:54.85
Ben Goldstein	Wentzville Holt	10	1:54.87
Daniel Larabee	Fort Zumwalt South	11	1:55.00

**200 yard Individual Medley [Record: 1:54.20, Ryan Baker, FH, 2013]**

SWIMMER	SCHOOL	YEAR	TIME
Adam Grimm	Fort Zumwalt West	10	1:56.62
Mason Hart	Francis Howell	11	2:00.79
Braden Keller	Fort Zumwalt South	11	2:11.24
Colin Williams	Francis Howell Central	9	2:13.95

**50 yard Freestyle [Record: 20.43, Andrew Sansoucie, WT, 2012]**

SWIMMER	SCHOOL	YEAR	TIME
Nathan Denningmann	Francis Howell North	10	22.53
Todd Kriss	Fort Zumwalt West	11	22.56
Matthew Laughlin	Fort Zumwalt South	12	22.72
Jacob Slone	Francis Howell Central	12	22.87

**1 meter Springboard Diving [Record: 604.20, Peter Lucido, FHN, 2015]**

DIVER	SCHOOL	YEAR	POINTS
Peter Lucido	Francis Howell North	11	604.20
Kenny Hennessey	Fort Zumwalt South	9	382.55
Devin Gonthier	Fort Zumwalt West	10	364.65

Josh Smith	Francis Howell	9	349.95
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**100 yard Butterfly [Record: 48.77, Andrew Sansoucie, WT, 2012]**

SWIMMER	SCHOOL	YEAR	TIME
Josiah Zaloudek	South	12	54.85
Mason Hart	Francis Howell	11	55.14
Todd Kriss	Fort Zumwalt West	11	55.41
Marco Aguduelo	Wentzville Timberland	12	55.67

**100 yard Freestyle [Record: 47.44, Chris McCrary, FZS, 2000]**

SWIMMER	SCHOOL	YEAR	TIME
Braden Keller	Fort Zumwalt South	11	50.76
Jacob Sloan	Francis Howell Central	12	50.82
Nick Verlinden	Wentzville Holt	11	51.46
Nick Wansing	Francis Howell	12	51.66

**500 yard Freestyle [Record: 4:33.89, Ryan Baker, FH, 2013]**

SWIMMER	SCHOOL	YEAR	TIME
Adam Grimm	Fort Zumwalt West	10	4:41.50
Adam Lewis	Francis Howell	12	5:08.55
Ben Goldstein	Wentzville Holt	10	5:14.35
Cooper Redington	Francis Howell Central	10	5:15.65

**200 yard Freestyle Relay [Record: 1:31.61, FZ South, 2015]**

SCHOOL	SWIMMERS	YEAR	TIME
<b>Fort Zumwalt South</b>	Braden Keller	11	1:31.61
	Harry Canada	10	
	Matthew Laughlin	12	
	Josiah Zaloudek	12	
Fort Zumwalt West	Kriss, Spencer, Martin, Grimm		1:32.59
Francis Howell	Wansing, Lin, Lewis, Hart		1:35.20
Wentzville Holt	Verlinden, Smith, Goldstein, Neveau		1:36.69

**100 yard Backstroke [Record: 52.39, Alex Crawford, FH, 2013]**

SWIMMER	SCHOOL	YEAR	TIME
Nick Verlinden	Wentzville Holt	11	57.71

Marco Agudelo	Wentzville Timberland	12	57.73
Jacob Baxley	Francis Howell Central	11	58.22
Nathan Denningmann	Francis Howell North	10	1:00.06

**100 yard Breaststroke [Record: :59.11, Trace Curvey, FZS, 2009]**

SWIMMER	SCHOOL	YEAR	TIME
Austin Martin	Fort Zumwalt West	11	1:03.19
Matthew Laughlin	Fort Zumwalt South	12	1:03.49
Ryan Eilers	Francis Howell Central	12	1:05.70
Kody Sims	Fort Zumwalt South	11	1:07.30

**400 yard Freestyle Relay [Record: 3:15.63, FH, 2012]**

SCHOOL	SWIMMERS	YEAR	TIME
<b>Fort Zumwalt South</b>	Josiah Zaloudek	12	3:27.06
	Daniel Larabee	11	
	Matthew Laughlin	12	
	Braden Keller	11	
Francis Howell	Yang, Lewis, Wansing, Hart		3:31.85
Francis Howell Central	Higgins, Buchanan, Gerling, Redington		3:35.11



## TEAM SCORES:

**Fort Zumwalt South [438]; Fort Zumwalt West [340]; Francis Howell Central [317]; Francis Howell [274]; Wentzville Holt [245]; Wentzville Timberland [173]; Francis Howell North [125]; Wentzville Liberty [94]; Fort Zumwalt North [85]; Washington [78]; Fort Zumwalt East [38]**

## All Academic

### Wentzville Holt -

**Wentzville Timberland** - Drew Ackley, Marco Agudelo, Coleman Clark, Alex McKean, Logan Renne, JT Striebel

### Fort Zumwalt North -

**Fort Zumwalt West** - Colin Arslanbas, Jack Boyle, CJ Caldwell, Nicholas Crown, Austin Eikermann, Gus Frank, Max Frank, Devin Gonthier, Adam Grimm, Jacob Herbst, Dakota Jarosz, Todd Kriss,, Samuel Leung, Harrison Lodge, Austin Martin, Alexander Ostrem, Riley Sadorf, Jackson Spencer, Mitchell Yeager

**Fort Zumwalt East** - Patrick Bynum, Dylan Debold, Jacob Eschenbrenner, Ryan Springer, Josiah Sundman

**Washington** - Trent Althen, Dane Brautigam, Colin Campbell, Ryan Coates, Garrett Gardner, Jordan Gonzales, Matt Ruth, Griffen Scheel, Andrew Tchiblakian

# Sportsmanship

**Wentzville Holt** -

**Wentzville Timberland** - Thomas Vohsen

**Fort Zumwalt West** - Kevin Drake

**Fort Zumwalt East** - Josiah Sundman

**Washington** - Jordan Gonzales

## 2015 GIRLS NORTH TENNIS CHAMPIONSHIPS

### #1 SINGLES

Trax	Fort Zumwalt North	def. 6-4, 6-1	Kichili	Fort Zumwalt South
Neff	Wentzville Holt	def. 7-6, 7-5	Varner	Saint Charles West

### #2 SINGLES

Lindley	Fort Zumwalt North	def. 7-6, 7-5	Kataragadda	Fort Zumwalt South
Sneed	Wentzville Holt	def. 6-1, 6-3	Sandy	Fort Zumwalt East

### #3 SINGLES

Humphreys	Fort Zumwalt North	def. 6-1, 6-0	Johnson	Fort Zumwalt South
R. Van Winkle	Saint Charles West	def. 1-6, 6-1, 10-3	Ortel	Wentzville Holt

## #4 SINGLES

Fallert	Fort Zumwalt North	def. 6-0, 6-2	Gautier	Fort Zumwalt South
Roe	Wentzville Holt	def. 6-1, 6-0	Held	Fort Zumwalt East

## #5 SINGLES

Pollard	Fort Zumwalt North	def. 2-6, 7-6, 10-7	Laya	Fort Zumwalt South
Ashford	Fort Zumwalt East	def. 6-3, 6-4	Chambers	Wentzville Holt

## #6 SINGLES

Hunn	Fort Zumwalt South	def. 6-1, 6-3	Galaviz	Wentzville Holt
Ingle	Wentzville Liberty	def. 6-2, 6-3	Miller	Fort Zumwalt North

## #7 SINGLES

Olson	Fort Zumwalt South	def. 8-2	Braunfeld	Fort Zumwalt East
Nielson	Saint Charles West	def. 8-7	Hunt	Wentzville Holt

## #8 SINGLES

Grady	Wentzville Holt	def. 8-3	Gould	Saint Charles
Lee	Fort Zumwalt North	def. 8-4	Merry	Fort Zumwalt East

## #1 DOUBLES

Fort Zumwalt North	def. 8-3	Wentzville Holt
Fort Zumwalt South	def. 8-1	Saint Charles West

## #2 DOUBLES

Fort Zumwalt North	def. 8-0	Wentzville Holt
Fort Zumwalt South	def. 8-3	Wentzville Liberty

## #3 DOUBLES

Fort Zumwalt South	def. 8-2	Wentzville Liberty
Wentzville Holt	def. 8-4	Fort Zumwalt North

## #4 DOUBLES

Wentzville Holt	def.	Fort Zumwalt South
Wentzville Liberty	def.	Fort Zumwalt East

## #5 DOUBLES

Wentzville Holt	def.	Fort Zumwalt South
Fort Zumwalt North	def.	Fort Zumwalt East

**TEAM SCORES: Fort Zumwalt North [53.25]; Fort Zumwalt South [50.5]; Wentzville Holt [45]; Wentzville Liberty [12.75]; Fort Zumwalt East [12]; Saint Charles West [8.5]; Saint Charles [2]**

ALL ACADEMIC

**SAINT CHARLES WEST** - Za'Kaeda Barton, Rylie Roseman, Mary Van Winkle, Rachel Van Winkle, Katie Varner

# 2015 GIRLS SOUTH TENNIS CHAMPIONSHIPS

no third or fourth place matches reported as of Sep 29

## #1 SINGLES

Y. Takenaka	Francis Howell North	def. 6-4, 6-4	C. Ashley	Francis Howell
		def.		

## #2 SINGLES

H. Bradt	Francis Howell North	def. 6-3, 6-4	P. Paull	Francis Howell
		def.		

## #3 SINGLES

E. Wilson	Francis Howell North	def. 6-4, 6-3	K. Shirley	Francis Howell
		def.		

## #4 SINGLES

M. Oostendorp	Francis Howell North	def. 6-1, 6-3	T. Ikeda	Francis Howell Central
		def.		

## #5 SINGLES

O. Biele	Francis Howell	def. 6-1, 6-2	A. Heigl	Francis Howell North
		def.		

## #6 SINGLES

T. Martin	Francis Howell	def. 6-3, 6-4	K. Peper	Francis Howell North
		def.		

## #7 SINGLES

M. Schaffrin	Francis Howell North	def. 8-5	H. Sieker	Francis Howell
		def.		

## #8 SINGLES

S. Meyer	Francis Howell	def. 8-2	R. Griffin	Francis Howell North
		def.		

## #1 DOUBLES

Y. Takenaka-H. Bradt	FH North	def. 8-3	A. Conoyer-M. Gunnell	Francis Howell Central
		def.		

## #2 DOUBLES

E. Wilson-M. Oostendorp	FH North	def. 8- 3	K. Shirley-L. Socha	Francis Howell
		def.		

## #3 DOUBLES

T. Ikeda-H. Anderson	FH Central	def. 8-4	A. Heigle-K. Peper	FH North
		def.		



## #4 DOUBLES

T. Wooten-L. Bartam	FH North	def.8-3	P. Kalluri-A. Rizzo	Francis Howell
		def.		

## #5 DOUBLES

V. Schroeder-A. Sundahakaran	Francis Howell	def. 8-5	K. Zendran-M. Seibel	FH North
		def.		

**TEAM SCORES: Francis Howell North [63.5]; Francis Howell [52.5]; Francis Howell Central [31.25]; Wentzville Timberland [15]; Fort Zumwalt West [12]; Troy Buchanan [8.25]**

## Sportsmanship

<b>Fort Zumwalt West</b>	
<b>Wentzville Holt</b>	
<b>Francis Howell Central</b>	
<b>Fort Zumwalt East</b>	Wei Wei Kellmann

<b>Fort Zumwalt North</b>	
<b>Fort Zumwalt South</b>	
<b>Francis Howell</b>	
<b>Francis Howell North</b>	
<b>Wentzville Liberty</b>	
<b>Wentzville Timberland</b>	Evie Stone
<b>Troy Buchanan</b>	

## **All Academic**

**Fort Zumwalt East** - Janae Ashford, Claire Braunfeld, Imani Collins, Abby Held, Emily Hubecky, Wei Wei Kellmann, Maddie Luedtke, Erin McCarthy, Destiny Merry, Michelle Pallett, Mahima Shahrawat, Eva Stanglein, Sandy Wongsirisakul

**Fort Zumwalt North** -

**Fort Zumwalt South** -

**Fort Zumwalt West** -

**Francis Howell** -

**Francis Howell Central** -

**Francis Howell North** -

**Wentzville Holt -**

**Wentzville Liberty -**

**Wentzville Timberland** - Imani Allen, Amanda Barnhouse, Rachel Barnhouse, Taylor Baumstark, Kate Bomstad, Elizabeth Dodson, Cassidy Eckert, Kate Lucas, Ashlee Sprock, Evie Stone, Libby Turner, Kirsten Vigor, Kylie Youngren

**Troy Buchanan -**

## **2015 North Division Girls Volleyball**

### **1st Team**

<b>Player</b>	<b>School</b>
<b>Morgan Muzzey</b>	Orchard Farm
<b>Molly Schulteheinrich</b>	Saint Charles
<b>Grace Farmer</b>	Saint Charles
<b>Lauren Jones</b>	Wentzville Liberty
<b>Emily Chowning</b>	Saint Charles West
<b>Morgan Boesel</b>	Warrenton
<b>Baylie Petry</b>	Winfield

<b>Katie Burkemper</b>	Winfield
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## 2nd Team

<b>Player</b>	<b>School</b>
<b>Alayna Kaimann</b>	Winfield
<b>Rachel Burkemper</b>	Winfield
<b>Jordan Johnston</b>	Orchard Farm
<b>Sam Cox</b>	Wentzville Liberty
<b>Olivia Rhodes</b>	Saint Charles West
<b>Addie Deppe</b>	Saint Charles
<b>Kayla Nelson</b>	Warrenton
<b>Gloria Farmer</b>	Saint Charles

## Sportsmanship Award

**Orchard Farm** - Lindsey Weber

**St. Charles** - Grace Farmer

**St. Charles West** - Emily Recker

**Warrenton** - Chyanne Schwerdt

**Wentzville Liberty** - Erika Fulhorst

**Winfield** - Baylie Petry

## **Academic Award**

**Orchard Farm** - Lindsey Weber , Nicole Heitmann, Jordan Johnston, Julie Johnston, Sam Simon, Meghan Knobbe

**St. Charles** - Amanda Alsup, Nicole Barteau, Addie Deppe, Gloria Farmer, Grace Farmer, Olivia Gibbs, Hannah Mersch, Molly Schulteheinrich, Lexie Stratton, Erica Swinson

**St. Charles West** - Regan Douglas, Emma Payne, Emily Recker, Emily Chowning, Olivia Rhodes, Emily Emrick, Abby Herrman

**Warrenton** - Jacklyn Dickey, Morgan Boesel, Nicole Hardt, Anna Sutherland, Allison May, Ellie Stapleton, Kayla Nelson, Ashtyn Dixon, Sabrina McRoberts, Alex Buechner, Chyanne Schwerdt

**Wentzville Liberty** - Samantha Cox, Peyton Eikel, Erika Fulhorst, Claire Hughey, Savannah Kruse, Samantha Linville, Morgan Page, Brittney Reed, Jenna Parmentier

**Winfield** - Kaite Burkemper, Rachael Burkemper, Paige Dixon, Alayna Kaimann, Baylie Petry, Katie Rhoades, Emily Tiller

## **2015 Central Division Girls Volleyball**

### **1st Team**

<b>Player</b>	<b>School</b>
<b>Claire Renna</b>	Fort Zumwalt South
<b>Amanda Vollmer</b>	Washington

<b>Paige Carpenter</b>	Washington
<b>Maddy Watson</b>	Fort Zumwalt East
<b>Emma Edwards</b>	Fort Zumwalt East
<b>Rhia Greiwe</b>	Wentzville Holt
<b>Natalie Davidson</b>	Wentzville Holt

## 2nd Team

<b>Player</b>	<b>School</b>
<b>Josie Kleekamp</b>	Washington
<b>Allison Skaggs</b>	Washington
<b>Gabby Mertz</b>	Fort Zumwalt East
<b>Maci Bonacorsi</b>	Fort Zumwalt East
<b>Jaime Hauser</b>	Fort Zumwalt North
<b>Evie Blackburn</b>	Wentzville Holt
<b>Ali Runge</b>	Fort Zumwalt South

## Sportsmanship Award

**Fort Zumwalt East - Maci Bonacorsi**

**Fort Zumwalt North** - Samantha Knaust

**Fort Zumwalt South** - Sydney Lanham

**Washington** - Macy Robinson

**Wentzville Holt** - Saige Walters

## **Academic Award**

**Ft. Zumwalt East** - Gabby Mertz, Maddie Watson, Emma Edwards, Lauren Nowakowski, Megan Chilese, Maci Bonacorsi, Milyn Farrier, Hannah Higbie, Sarah Polk, Lauren Kinzie

**Ft. Zumwalt North** - Megan Cole, Anna Durnin, Jaime Hauser, Madison Hecht, Amber Herron, Kelley Hilliard, Miranda Hoeckelmann, Gabrielle Rohling, Mercedes Vomund

**Ft. Zumwalt South** - Jacqueline Abeln, Janelle Benson, Megan Fulhorst, Holly George, Kelly Kreder, Sydney Lanham, Claire Renna, Alison Runge, Ashley Runge, Olivia Sanders

**Washington** - Josie Kleekamp, Katie Baer, Jenna Hamlett, Olivia Ancell, Alyssa Grant, Paige Carpenter, Amanda Vollmer, Grace Koch, Savannah Christian, Allison Skaggs, Macy Robinson

**Wentzville Holt** - Evie Blackburn, Madison Bulard, Emily Conant, Natalie Davidson, Rhia Greiwe, Avery Haag, Reilly Haag, Sabrina Heffern, Mollie Judge, Ellie Stahl, Saige Walters

## **2015 South Division**

### **Girls Volleyball**

#### **1st Team**

<b>Player</b>	<b>School</b>
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<b>Courtney Radle</b>	Francis Howell
<b>Jessica Hedrick</b>	Francis Howell
<b>Kennedy Cordia</b>	Francis Howell
<b>Kelly Wilson</b>	Fort Zumwalt West
<b>Eva Mich</b>	Francis Howell Central
<b>Amelia Flynn</b>	Wentzville Timberland
<b>Sara Wagenknecht</b>	Fort Zumwalt West

## 2nd Team

<b>Player</b>	<b>School</b>
<b>Taylor Schellert</b>	Francis Howell
<b>Kate Doerhoff</b>	Francis Howell North
<b>Emily Cross</b>	Troy Buchanan
<b>Rachel Emery</b>	Francis Howell Central
<b>Molly Wade</b>	Fort Zumwalt West
<b>Hannah Goestenors</b>	Francis Howell Central
<b>Mikayla Hardy</b>	Francis Howell



# **Sportsmanship Award**

**Fort Zumwalt West** - Bailey Wood

**Francis Howell** - Loren Versheldon

**Francis Howell Central** - Claire Maupin

**Francis Howell North** - Baylie Clynes

**Troy Buchanan** - Paige Carroll

**Wentzville Timberland** - Allie Penny

# **Academic Award**

**Fort Zumwalt West** - Rachel Boyle, Nikki Bock, Emily Lane, Stephanie Uhlenbrock, Elly Mercurio, Sara Wagenknecht, Kelly Wilson, Taylor Reinsch, Bailey Wood, Molly Wade, Krista Cummings

**Francis Howell** - Alexa Brugere, Emily Block, Sarah Schark, Kennedy Cordia, Emma Witter, Taylor Schellert, Amanda Thibodeaux, Loren Versheldon, Mikayla Hardy, Courtney Radle, Jessica Hedrick, Lydia Frederick, Karlie Kinsey

**Francis Howell Central** - Johanna Burroughs, Alexa Diffley, Rachel Emery, Kara Fihe, Hannah Goesterkors, Natalie Green, Katie Hill, Claire Maupin, Eva Mich, Emily Ziegler

**Francis Howell North** - Baylie Clynes, Kathryn Doerhoff, Rebekah Fincke, Courtney Haislip, Ann Heitmann, Meghan Mitchell, Taylor Ousley, Rebecca Purcell, Sydney Salzano, Gianna Sulzner, Hannah Zimmerman

**Troy Buchanan** - Audrie Adkins, Greta Belk, Carlie Brown, Paige Carroll, Emiley Cross, Sydnie Edwards, Emily Fennewald, Meghan Jakuboski, Krista Orf, Allyson Richter-kessing, Tori Rosemann, Emily Wikoff

**Wentzville Timberland** - Tatum Cross, Kendall Enyart, Amelia Flynn, Savannah Hayton, Olivia Lotz, Delaney McCoy, Zoe Neal, Allie Penny, Emily Rehagen, Rebecca Rooney

**2015-2016 North Division Boys Basketball**

<b>1st TEAM</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
	Matt Burgess	Jr.	Orchard Farm
	Nick DeBeer	Jr.	Saint Charles
	Hasaan DeCarolis	Sr.	Saint Charles West
	Kaleb Overall	So.	Wentzville Liberty
	Caleb Strauss	So.	Warrenton

<b>2nd TEAM</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
	Trevor Alberternst	Jr.	Warrenton
	Carter Bauer	So.	Winfield
	Tyler Hash	Sr.	Saint Charles West
	Hayden Henningsen	Jr.	Wentzville Liberty
	Jared Mayer	Sr.	Orchard Farm
	Cameron Teson	Fr.	Saint Charles
	Tommie Whitney	Jr.	Saint CharleWest

## **Sportsmanship Award**

<b>Orchard Farm</b>	Ted Stopke
<b>Saint Charles</b>	Will Franke
<b>Saint Charles West</b>	Justin Honey
<b>Warrenton</b>	Brayden Chimiel
<b>Winfield</b>	Matthew Gnade
<b>Wentzville Liberty</b>	Jerome Murray

## **All Academic Team**

**Orchard Farm** - Matt Burgess, Mark Cooley, Hunter Engle, Jacob Frederick, Jared Mayer, Ethan Purgahn, Ted Stopke, Dylan Williams, Bryce Wolf

**Saint Charles** - Reid Bayless, Drew Cannon, Eric Davis, Nick DeBeer, Jordan Dowdall, Codi Whitlock, Braden Wiggs

**Saint Charles West** - Nick Bazzell, Trent Champagne, Hasaan DeCarolis, Matthew Frazer, Tyler Hash, Charlie Henderson, Conor Lindblom, Nick Nelson, Gabe Mahoney, Blake Otten, Ben Pado, Jacob Prickett, Michael Smegner, Davis Soderberg

**Warrenton** - Trevor Alberternst, Braydan Chimiel, Randy McRoberts, Clayton Schowe, Brenden Smith, Caleb Strauss, Jake Tinioli, Chris Vogt

**Winfield** - Chase Bauer, Damian Cagle, Jake Freeman, Matt Gnade, John Hogan, Spencer Keiser, Joey Marko, Ian Pruitt, Jake Sorter

**Wentzville Liberty** - Marcus Buchanan, Alex Hines, Brian Jones, Andy Jorris, Jerome Murray

## **2015-2016 Central Division Boys Basketball**

<b>1st TEAM</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
	Mike Herron	Sr.	Wentzville Holt
	Dan Morris	Sr.	Fort Zumwalt East
	Austin Schwerdt	Sr.	Fort Zumwalt North
	Darious Thomas	So.	Fort Zumwalt South
	Isaiah West	Sr.	Washington

<b>2nd TEAM</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
	Kai Collier	Sr.	Fort Zumwalt South
	Elijah Dameron	Sr.	Fort Zumwalt East
	Tyler Jones	Sr.	Wentzville Holt
	Marco Powells	So.	Fort Zumwalt North
	Drake Whaley	Jr.	Fort Zumwalt South

## **Sportsmanship**

<b>Fort Zumwalt East</b>	Shaun Oranja
<b>Fort Zumwalt North</b>	Tylor Nation
<b>Fort Zumwalt South</b>	Eric Patton
<b>Washington</b>	Jacob Mohesky
<b>Wentzville Holt</b>	Chares Overall, Jr.

## All Academic Team

**Fort Zumwalt East** - Dan Morris, Shaun Oranja, Lucas Staley, Bryce Suttory

**Fort Zumwalt North** - Janathan Banowetz, Nicholas Bohannan, Eric Rothermich, Austin Schwerdt, Blake Wilson

**Fort Zumwalt South** - Ernest Bellinger, John Carnes, Kai Collier, James Hennessey, Brandon Hinan, Braden Keller, Eric Patton

**Washington** - Brenden Brinker, Alec Brinkmann, Daniel Diener, Adam Gauzy, Zach Harms, Conlan Jarvis, Austin Lewis, Connor Lewis, Noah Schroepfer, Cason Suggs, Clayton Wade

**Wentzville Holt** - Spencer Bogan, Haskel Buford, Carter Collins, Colin Heisserer, Noah Zak

## 2015-2016 South Division Boys Basketball

<b>1st TEAM</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
	A. J. Anderson	Sr.	Francis Howell Central
	Brandon Bassham	Jr.	Troy Buchanan
	Brett Elifritz	Sr.	Francis Howell
	Adam Mennemeyer	Sr.	Troy Buchanan
	Andrew Voss	Sr.	Wentzville Timberland

<b>2nd TEAM</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
	Logan Bush	Sr.	Francis Howell
	Marcus James	Jr.	Francis Howell Central
	Zack Landrum	Sr.	Fort Zumwalt West
	Justin Mathews-Williams	So.	Francis Howell North
	Enrique Tankins	Sr.	Wentzville Timberland

## **Sportsmanship**

<b>Fort Zumwalt West</b>	Chris Steger
<b>Francis Howell</b>	Zack Reader
<b>Francis Howell Central</b>	Clark Hepler
<b>Francis Howell North</b>	Matt Borrelli
<b>Troy Buchanan</b>	Michael Larson
<b>Wentzville Timberland</b>	Aaron Witherspoon

## **All Academic Team**

**Fort Zumwalt West** - Micahel Cessna, Jake Hampton, Dylan Hansen, Kyle Howe, Jack Knepler, Zack Landrum, Marquis Majors, Chris Steger, Alex Vollmar

**Francis Howell** - Clayton Ambrose, Mike Brohm, Brett Elifritz, Kyle Grantham, Zack Reader, Nathan Schult, Riley Shanahan, Ryan Spears, Colton White, Quentin White

**Francis Howell Central** - A. J. , Anderson, Alex Boden, Kaleb Cissell, Abe Gonzalez, Clark Hepler, Dominic Horace, Cameron Lundberg, Colton Schweigert, Jared Stone, Tony Wyatt

**Francis Howell North** - Jose Alega, Matt Borelli, Bryan Chac, Fletcher Dietrich, Evan Gallagher, Rizwan Hyder, Drew Killmer, Cameron Landers, Aidan McDaniel, Chase Powelson, Jordan Throgmorton

**Troy Buchanan** - Jacob Colbert, Drew Deters, Samuel Heidermann, Michael Larson, Hunter Martin, Adam Mennemeyer, Todd Myers, Andrew Nett, Noah Wurtz

**Wentzville Timberland** - Jacob Auringer, Grady Daniels, Josh Estrel, Jonathan Honore, Jack Kilz, Shyamal Patel, Andrew Voss

## 2015-2016 North Division Girls Basketball

1st TEAM	Name	Year	School
	Avery Ingle	Jr.	Wentzville Liberty
	Jenny Jansen	Jr.	Warrenton
	Emma Poindexter	Jr.	Saint Charles West
	Gabby Walker	Sr.	Saint Charles
	Peyton Ward	Sr.	Winfield

2nd TEAM	Name	Year	School
	Alexa Chairs	Jr.	Saint Charles
	Rylie Cox	So.	Warrenton
	Molly Schultenhenrich	Jr.	Saint Charles
	Erica Swinson	Jr.	Saint Charles
	Karon Williams	So	Wentzville Liberty

# Sportsmanship

<b>Orchard Farm</b>	Meghan Knobbe
<b>Saint Charles</b>	Addie Deppe
<b>Saint Charles West</b>	Amanda Fitter
<b>Warrenton</b>	Jordan Todd
<b>Winfield</b>	Karley Kaimann
<b>Wentzville Liberty</b>	Kylie Seaton

## All Academic Team

**Orchard Farm** - Shannon Dahl, Anna Gerstenkorn, Marina Heitmann, Nicole Hietmann, Jamie Hopkins, Julie Johnston, Meghan Knobbe, Meredith Knobbe, Skylyr Leake

**Saint Charles** - Anne Brown, Alexa Chairs, Addie Deppe, Taylor Lyles, Brooke Schneider, Molly Schultenhenrich, Erica Swinson, Gabby Walker, Whitney Whiteside, Tanisha Wilson

**Saint Charles West** - Hope Afflick, Audrey Andrezejewski, Amanda Fitter, Grace Honey, Sabryn Jones, Camryn Mace, Emma Poindexter, Katie Schnick, Maddie Sportsman, Brooke Wilson

**Warrenton** - Kaylee Anderson, Maddison Burgmeyer, Rylie Cox, Ashtyn Dixon, Allyson Haller, Jenny Janser, Amanda Lafaver, Kayla Nelson, Macie Somer, Emma Tinnin, Jordan Todd

**Winfield** - Natasha Burch, Bre Burkemper, Meraiah Hemmer, Carly Hoelting, Alex Hudelson, Olivia Jordan, Karley Kaimann, Kelly Mense, Olivia Ward, Peyton Ward

**Wentzville Liberty** - Jordan Bauman, Emily Giljum, Sarah Groves, Tori Harris, Avery Ingle, Savannah Kruse, Cari Schaeffer, Kylie Seaton, Karon Williams



## 2015-2016 Central Division Girls Basketball

<b>1st TEAM</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
	Paige Carpenter	Sr.	Washington
	Kyra Hardesty	Jr.	Washington
	Hannah Karl	Jr.	Fort Zumwalt South
	Rachel Pudlowski	Jr.	Fort Zumwalt North
	Mel Taouil	Sr.	Wentzville Holt

<b>2nd TEAM</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
	Nichole Brinker	So.	Washington
	Tori Nesslage	Jr.	Fort Zumwalt North
	Madi Peyton	Sr.	Wentzville Holt
	Sofia Popp	Fr.	Fort Zumwalt South
	Brittany Tackett	Sr.	Fort Zumwalt East

## Sportsmanship

<b>Fort Zumwalt East</b>	Kayley Hagl
<b>Fort Zumwalt North</b>	Gabrielle Baptiste
<b>Fort Zumwalt South</b>	Reham Youssef
<b>Washington</b>	Katie Trigg
<b>Wentzville Holt</b>	Matti Porzenski

## **All Academic Team**

**Fort Zumwalt East** - Anna Bass, Alexis Butler, Macie Farrier, Kayley Hagl, Brittany Tackett, Kylie Walden

**Fort Zumwalt North** - Gabrielle Baptiste, Haley Bauer, Mia Bellanca, Jasmine Berryhill, Caitlyn Delaney, McKenzie Lee, Madison Liddle, Victoria Nesslage, Rachel Pudlowski, Daja Robinson, Emily Vanhooser

**Fort Zumwalt South** - Gabrielle Askins, Allyson Mahoney, Erika Martin, Emma Popp, Sofia Popp, Courtney Rondeau, Sydney Schack, Madison Schmied, Hannah Warneke

**Washington** - Claire Ayers, Emma Boehmer, Nichole Brinker, Paige Carpenter, Kyra Hardesty, Bria Hasenjaeger, Kaity Myrphy, Erin Ready, Mary Beth Reust, Macy Robsinson, KatieTrigg, Leah Whitworth

**Wentzville Holt** - Meredith Adam, Allie Barry, Michon Forrest, Emily Griesenauer, Nicole Griesenauer, Allison Meyer, Madi Peyton, Matti Porzenski, Mel Taouil

## **2015-2016 South Division Girls Basketball**

<b>1st TEAM</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
	Danielle Berry	Sr.	Francis Howell
	Carly Harper	Sr.	Francis Howell
	Austine Pauley	Sr.	Francis Howell North
	Jada Poland	Sr.	Fort Zumwalt West
	Emma Raup	Sr.	Francis Howell Central

<b>2nd TEAM</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
	Jordyn Armstrong	Jr.	Wentzville Timberland
	Rachel Fick	Sr.	Francis Howell
	Emily Montgomery	Sr.	Troy Buchanan
	Natalie Rushing	Jr.	Fort Zumwalt West
	Morgan Wilburn	Sr.	Francis Howell

## **Sportsmanship**

<b>Fort Zumwalt West</b>	Jordan Willis
<b>Francis Howell</b>	Bridget Schulte
<b>Francis Howell Central</b>	Mackenzie Schierding
<b>Francis Howell North</b>	Julia Crets
<b>Troy Buchanan</b>	Hannah Iborg

## All Academic Team

**Fort Zumwalt West** - Elaina Burr, Kelsey Etling, Brielle Palmer, Katie Pauk, Mikayla Rodgers, Natalie Rushing, Janae Taylor, Jordan Willis

**Francis Howell** - Danielle Barry, Leah Elledge, Kriswten Epperly, Rachel Fink, Kelli Fischer, Carly Harper, Courtney Marx, Taylor Russell, Bridget Schulte, Tionne Taylor

**Francis Howell Central** - Lexie Clark, Hannah Curren, Yani Curry, Lauren Ebert, Mackinsey Hamer, Kaitlin Nolan, Delaney Ransom, Emma Raup, Makenzie Schierding, Riley Wilson

**Francis Howell North** - Jessica Brady, Julia Crets, Austine Pauley, Grace Stevenson, Madelyn Stock, Reaghen West, Makaiah Williams, Hannah Wislon

**Troy Buchanan** - Morgan Bova, Bayley Henke, Hannah Iborg, Emily Montgomery, Alyssa Rivera, Kelsey Sachs, Erica Schultz, Karissa Skibinski, Kirsten Watts

**Wentzville Timberland** - Jordyn Armstrong, Devin Cross, Madeline Est, Kendall Fletcher, Alex Gubera, Hannah Hartman, Ilona Holod, Maia Hopkins, Grace Langston, Ashley Raines, Molly Spangler

## 2015-16 GIRLS SWIMMING NORTH-CENTRAL CHAMPIONS

**200 yard Medley Relay [GAC Record: 1:51.78, Ft. Zumwalt West, 2012]**

**200 yard Medley Relay [GAC NORTH-CENTRAL Record: 2:03.77, Wentzville Liberty, 2016]**

1st

Lanni Guffey

Wentzville Liberty

2:03.77

	Bennett Outman		
	Marjori Russo		
	Sarah Staats		
<b>2nd</b>	Hannah Doss	Saint Charles	2:08.16
	Emily Bodrow		
	Autumn Looney		
	Michaela McCoy		
<b>3rd</b>	Hannah Simonds	Fort Zumwalt North	2:08.96
	Michaela Russ		
	Jordan Brown		
	Cicely Berzack		

**200 yard Freestyle [GAC Record: 1:53.41, Taylor Wohrley, Wentzville Timberland, 2009]**

**200 yard Freestyle [GAC NORTH-CENTRAL Record: 2:10.85, Washington, 2016]**

<b>1st</b>	Emily Moreland	Washington	2:10.85
<b>2nd</b>	Emily Goode	Fort Zumwalt South	2:15.41
<b>3rd</b>	Eva Herling	Wentzville Liberty	2:16.78

**200 yard Individual Medley [GAC Record: 2:03.88, Haley Spencer, Ft. Zumwalt West, 2007]**

**200 yard Individual Medley [GAC NORTH-CENTRAL Record: 2:13.35, Autumn Looney, St. Charles, 2016]**

<b>1st</b>	Autumn Looney	Saint Charles	2:13.35
<b>2nd</b>	Sarah Staats	Wentzville Liberty	2:24.75
<b>3rd</b>	Sarah Jellinek	Fort Zumwalt South	2:29.08

**50 yard Freestyle [GAC Record: 24.07, Maria Schroeder, Francis Howell, 2012]**

**50 yard Freestyle [GAC NORTH-CENTRAL Record: 25.86, Marjorie Russo, Wentzville Liberty, 2016]**

<b>1st</b>	Marjorie Russo	Wentzville Liberty	25.86
<b>2nd</b>	Hannah Doss	Saint Charles	26.27
<b>3rd</b>	Mckenzie Dohm	Washington	27.21

**1 meter Springboard Diving [GAC Record: 539.20, Marissa Green, Ft. Zumwalt West, 2014]**

**1 meter Springboard Diving [GAC NORTH-CENTRAL Record: 530.60, T. J. Duckett, Ft. Zumwalt North, 2016]**

<b>1st</b>	T. J. Duckett	Fort Zumwalt North	530.60
<b>2nd</b>	Naomi Raible	Fort Zumwalt South	429.75
<b>3rd</b>	Catie Hutchison	Fort Zumwalt East	372.50

**100 yard Butterfly [GAC Record: 56.53, Courtney Coe, Ft. Zumwalt West, 2013]**

**100 yard Butterfly [GAC NORTH-CENTRAL Record: 1:05.78, Sarah Jellinek, Ft. Zumwalt South, 2016]**

<b>1st</b>	Sarah Jellinek	Fort Zumwalt South	1:05.78
<b>2nd</b>	Eva Herling	Wentzville Liberty	1:09.65
<b>3rd</b>	Jordan Brown	Fort Zumwalt North	1:11.14

**100 yard Freestyle [GAC Record: 52.30, Taylor Wohrley, Wentzville Timberland, 2006]**

**100 yard Freestyle [GAC NORTH-CENTRAL Record: 54.07, Autumn Looney, SCHS, 2016]**

<b>1st</b>	Autumn Looney	Saint Charles	54.07
<b>2nd</b>	Marjori Russo	Wentzville Liberty	57.83
<b>3rd</b>	Hannah Struckhoff	Washington	1:02.95

**500 yard Freestyle [GAC Record: 5:09.57, Michelle Tipton, Ft. Zumwalt West, 2011]**

**500 yard Freestyle [GAC NORTH-CENTRAL Record: 5:49.50, Emily Moreland, Washington, 2016]**

<b>1st</b>	Emily Moreland	Washington	5:49.50
<b>2nd</b>	Sarah Staats	Wentzville Liberty	5:53.28
<b>3rd</b>	Eileen Fortenberry	Fort Zumwalt East	5:59.61

**200 yard Freestyle Relay [GAC Record: 1:40.76, Francis Howell, 2016]**

**200 yard Freestyle Relay [GAC NORTH-CENTRAL Record: 1:50.11, Wentzville Liberty, 2016]**

<b>1st</b>	Marjori Russo	Wentzville Liberty	1:50.11
	Bennett Outman		
	Hannah Kerr		
	Eva Herling		
<b>2nd</b>	Hannah Doss	Saint Charles	1:52.24
	Hannah Forbes		
	Grace Farmer		
	Autumn Looney		



<b>3rd</b>	Mckenzie Dohm	Washington	1:52.67
	Kacie Huxol		
	Emily Moreland		
	Hannah Struchoff		

**100 yard Backstroke [GAC Record: 57.72, Taylor Wohrley, Wentzville Timberland, 2006]**

**100 yard Backstroke [GAC NORTH-CENTRAL Record: 1:06.73, Hannah Doss, St. Charles, 2016]**

<b>1st</b>	Hannah Doss	Saint Charles	1:06.73
<b>2nd</b>	Hannah Kerr	Wentzville Liberty	1:10.31
<b>3rd</b>	Catie Barrett	Wentzville Liberty	1:11.92

**100 yard Breaststroke [GAC Record: 1:02.52, Haley Spencer, Ft. Zumwalt West, 2009]**

**100 yard Breaststroke [GAC NORTH-CENTRAL Record: 1:15.58, Michaela Russ, Ft. Zumwalt North, 2016]**

<b>1st</b>	Michaela Russ	Fort Zumwalt North	1:15.58
<b>2nd</b>	Bennett Outman	Wentzville Liberty	1:18.80

<b>3rd</b>	Lexi Guffey	Wentzville Liberty	1:19.98
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**400 yard Freestyle Relay [GAC Record: 3:40.51, Wentzville  
Timberland, 2008]**

**400 yard Freestyle Relay [GAC NORTH-CENTRAL Record: 4:05.59,  
Wentzville Liberty, 2016]**

<b>1st</b>	Eva Herling	Wentzville Liberty	4:05.59
	Hannah Kerr		
	Lexi Guffey		
	Sarah Staats		
<b>2nd</b>	Quiny Ung	Fort Zumwalt South	4:10.54
	Emily Goode		
	Josie Muenks		
	Sarah Jellinek		
<b>3rd</b>	Mckenzie Dohm	Washington	4:11.41
	Emily Moreland		
	Kacie Huxol		
	Hannah Struckhoff		

**TEAM SCORES: *Wentzville Liberty* [467]; Fort Zumwalt South [396]; Fort Zumwalt North [315];**

**Washington [293]; Saint Charles [222]; Fort Zumwalt East [201]; Saint Charles West [102]**

## ***Sportsmanship Team***

**Washington - Emily Moreland**

**Wentzville Liberty-**

**Fort Zumwalt South -**

**Fort Zumwalt North - TJ Duckett**

**Fort Zumwalt East -**

**Saint Charles -**

**Saint Charles West -**

## **All-Academic Team**

**Washington -**

**Ft. Zumwalt South -**

**Ft. Zumwalt East -**

**St. Charles -**

**St. Charles West -**

**Ft. Zumwalt North - Victoria Allinger, Cicely Berzack, Jordan Brown, Kyra Chappell, Kelsey Cunningham, TJ Duckett, Madison Ilseman, Kristen Keene, Maggie Lowe, Delaney Manning, Mary Jo Moore, Rebecca Moore, Celeste O'Brien, Amber Parkinson,**

Sydney Payne, Kailee Purcell, Aileen Puscian, Michaela Russ, Lauren Schwartz, Camille Seeger, Hannah Simonds, Josie Wilp

**Washington** - McKenzie Dohm, Jordan Donaldson, Holly Hoerstkamp, Abigail Hopkins, Kacie Huxol, Reese Mauro, Emily Moreland, Paige Nye, Parker Nye, Alexis Pieper, Elizabeth Sander, Hannah Struckhoff, Abigail Tchiblakian, Haley Woll

## 2015-16 GIRLS SWIMMING SOUTH CHAMPIONS

**200 yard Medley Relay [GAC Record: 1:51.78, Ft. Zumwalt West, 2012]**

**200 yard Medley Relay [GAC SOUTH Record: 1:51.78, Ft. Zumwalt West, 2012]**

<b>1st</b>	Alyssa Juris	Francis Howell	1:53.11
	Emma Brabham		
	Katelyn Schenk		
	Madison Nguyen		
<b>2nd</b>	Ana Herndon	Wentzville Timberland	1:55.26
	Rebekah Lipski		
	Mason Misener		
	Marina Pursley		

<b>3rd</b>	Rachel Boyle	Fort Zumwalt West	1:56.18
	Grace Armit		
	Sam Meyerson		
	Hannah Hilke		

**200 yard Freestyle [GAC Record: 1:53.41, Taylor Wohrley, Wentzville Timberland, 2009]**

**200 yard Freestyle [GAC SOUTH Record: 1:53.41, Taylor Wohrley, Wentzville Timberland, 2009]**

<b>1st</b>	Emma Brabham	Francis Howell	1:57.15
<b>2nd</b>	Rebekah Lipski	Wentzville Timberland	2:00.03
<b>3rd</b>	Carissa Junker	Wentzville Holt	2:12.58

**200 yard Individual Medley [GAC Record: 2:03.88, Haley Spencer, Ft. Zumwalt West, 2007]**

**200 yard Individual Medley [GAC SOUTH Record: 2:03.88, Haley Spencer, Ft. Zumwalt West, 2007]**

<b>1st</b>	Madison Nguyen	Francis Howell	2:13.63
<b>2nd</b>	Grace Armit	Ft. Zumwalt West	2:18.26

<b>3rd</b>	Ana Herndon	Wentzville Timberland	2:21.79
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**50 yard Freestyle [GAC Record: 24.07, Maria Schroeder, Francis Howell, 2012]**

**50 yard Freestyle [GAC SOUTH Record: 24.07, Maria Schroeder, Francis Howell, 2012]**

<b>1st</b>	Marina Pursley	Wentzville Timberland	24.92
<b>2nd</b>	Alyssa Juris	Francis Howell	25.21
<b>3rd</b>	Sam Meyerson	Fort Zumwalt West	25.76

**1 meter Springboard Diving [GAC Record: 539.20, Marissa Green, Ft. Zumwalt West, 2014]**

**1 meter Springboard Diving [GAC SOUTH Record: 539.20, Marissa Green, Ft. Zumwalt West, 2014]**

<b>1st</b>	Anna Laughlin	Fort Zumwalt West	362.80
<b>2nd</b>	Kayla Thuet	Francis Howell	362.15
<b>3rd</b>	Emma Campbell	Francis Howell Central	347.30

**100 yard Butterfly [GAC Record: 56.53, Courtney Coe, Ft. Zumwalt West, 2013]**

**100 yard Butterfly [GAC SOUTH Record: 56.53, Courtney Coe, Ft. Zumwalt West, 2013]**

<b>1st</b>	Emma Brabham	Francis Howell	58.90
<b>2nd</b>	Lillie Schafer	Wentzville Holt	1:02.78
<b>3rd</b>	Carli Buchanan	Francis Howell Central	1:02.99

**100 yard Freestyle [GAC Record: 52.30, Taylor Wohrley, Wentzville Timberland, 2006]**

**100 yard Freestyle [GAC SOUTH Record: 52.30, Taylor Wohrley, Wentzville Timberland, 2006]**

<b>1st</b>	Marina Pursley	Wentzville Timberland	54.18
<b>2nd</b>	Sam Meyerson	Fort Zumwalt West	58.34
<b>3rd</b>	Hannah Hilke	Fort Zumwalt West	58.77

**500 yard Freestyle [GAC Record: 5:09.57, Michelle Tipton, Ft. Zumwalt West, 2011]**

**500 yard Freestyle [GAC SOUTH Record: 5:09.57, Michelle Tipton, Ft. Zumwalt West, 2011]**

<b>1st</b>	Madison Mguyen	Francis Howell	5:21.44
<b>2nd</b>	Rebekah Lipski	Wentzville Timberland	5:26.47

<b>3rd</b>	Lillie Schafer	Wentzville Holt	5:44.51
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**200 yard Freestyle Relay [GAC Record: 1:40.76, Francis Howell, 2016]**

**200 yard Freestyle Relay [GAC SOUTH Record: 1:40.76, Francis Howell, 2016]**

<b>1st</b>	Alyssa Juris	Francis Howell	1:40.76 *
	Kylie Flagel		
	Madison Nguyen		
	Emma Branham		
<b>2nd</b>	Rebekah Lipski	Wentzville Timberland	1:44.56
	Ana Herndon		
	Mason Misener		
	Marina Pursley		
<b>3rd</b>	Hannah Hilke	Fort Zumwalt West	1:45.46
	Anna Zavertnik		
	Grace Armit		
	Sam Meyerson		



**100 yard Backstroke [GAC Record: 57.72, Taylor Wohrley, Wentzville Timberland, 2006]**

**100 yard Backstroke [GAC SOUTH Record: 57.72, Taylor Wohrley, Wentzville Timberland, 2006]**

<b>1st</b>	Alyssa Juris	Francis Howell	59.78
<b>2nd</b>	Ana Herndon	Wentzville Timberland	1:02.40
<b>3rd</b>	Rachel Boyle	Fort Zumwalt West	1:03.84

**100 yard Breaststroke [ GAC Record: 1:02.52, Haley Spencer, Ft. Zumwalt West, 2009]**

**100 yard Breaststroke [GAC SOUTH Record: 1:02.52, Haley Spencer, Ft. Zumwalt West, 2009]**

<b>1st</b>	Grace Armit	Fort Zumwalt West	1:11.83
<b>2nd</b>	Megan Smith	Francis Howell Central	1:13.72
<b>3rd</b>	Erin Gilbert	Francis Howell	1:15.73

**400 yard Freestyle Relay [GAC Record: 3:40.51, Wentzville Timberland, 2008]**

**400 yard Freestyle Relay [GAC SOUTH Record: 3:40.51, Wentzville Timberland, 2008]**

<b>1st</b>	Anna Zavertnik	Fort Zumwalt West	3:56.19
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	Skyler Boyle		
	Lexi Eckman		
	Rachel Boyle		
<b>2nd</b>	Katelyn Schenk	Francis Howell	3:57.21
	Kelly Schroeder		
	Erin Gilbert		
	Kylie Flagel		
<b>3rd</b>	Anastasia Medley	Francis Howell North	4:10.12
	Kyleigh MacMann		
	Erin Stock		
	Elizabeth Stallings		

**TEAM SCORES: *Ft. Zumwalt West* [470]; **Francis Howell** [455.5]; *Wentzville Timberland* [309]; *Wentzville Holt* [266.5]; Francis Howell Central [238]; Francis Howell North [175]**

## ***Sportsmanship Team***

**Francis Howell North -**

**Wentzville Timberland -** Chrissy Crowell

**Francis Howell Central -**

**Ft. Zumwalt West** - Madison Williams

**Wentzville Holt** -

**Francis Howell** -

## **All-Academic Team**

**Ft. Zumwalt West** - Darby Agovino, Emma Aubuchon, Rachel Boyle, Skyler Boyle, Alexi sEckman, Hannah Hilke, Hallie Hunt, Lily Jackson, Amber Jewkes, Jane Kim, Anna Laughlin, Samantha Meyerson, Mina Pszonka, Bailee Rasmussen, Bailey Stocker, Shannon Strayhorn, Madison Williams, Anna Zavertnik

**Francis Howell** -

**Francis Howell North** - Madeline Shea, Rebekah Myers, Hannah Miller, Nina Bright, Kamryn Bell, Kira Stock, Erin Stock, Elizabeth Stallings, Kyleigh MacMann, Anna Lindquist, Abigail Coffmann, Kiarra Stillman, Rachel Arena, Libby Lassanske, Sam Heupel, Claire Boenitz, Lauren Bartram

**Francis Howell Central** - Emma Campbell, Carli Buchanan, Kristy Elslinger, Rachel Mossotti, Sam Shanley, Jensen Schetter, Jordan Sheets, Elilizabeth Skelly, Megan Smith, Emma Steo, Lydia Koehler, Aubrey Maxwell, Corrina Trimble

**Wentzville Holt** -

**Wentzville Timberland** - Alexis Allmeyer, Olivia Crowell, Ana Herndon, Marina Pursley, Rebekah Lipski, Mason Misener

## **2015-16 Wrestling Champions**

**from the combined tournament, all divisions!**

**Six places medal.**

Anthony Pisciotta [Timberland]	decisioned	Justin Kustec [Francis Howell]	7
Cameron Steinhoff [Liberty]	decisioned	Kyle Tucker [Holt]	9
Eric Mayfield [FH North]	decisioned	Nick Lindley [FZ South]	3

## 113

Shaun Beeman [FZ North]	decisioned	Tyler Moon [Winfield]	4-
Tyler Kreith [Francis Howell]	decisioned	Andrew Godier [FH Central]	3-
Jacob Smith [FH North]	decisioned	Caleb Conedera [Timberland]	7-

## 120

Sidney Oliver [Holt]	decisioned	Cameron Spires [Timberland]	4-3
Cameron Rudy [FZ South]	pinned	Jordan Kestner [St. Charles]	5:19
Joe Omer [Washington]	pinned	Ben Leach [Liberty]	1:34

## 126

Corey Wait [FH Central]	pinned	Drew Ditter [FZ South]	3:39
Mike Brown [Holt]	pinned	Anthony Weida [Troy]	1:09

Alex Clutter [St. Charles]	pinned	Tommy Kelpo [Washington]	1:01
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## 132

Colby Smith [Holt]	decisioned	Devin Schwartzkopf [FH Central]	4
Sam Paneitz [Timberland]	decisioned	Kai Rogers [Winfield]	5
Jake Keithline [FZ South]	decisioned	Christian Zeik [Liberty]	5

## 138

Bryce Bachowski [FH Central]	pinned	Luke Hardy [Troy]	1:40
Jonathan Kelpo [Washington]	pinned	Brandon Carbray [SC West]	2:37
Austin Denson [FZ South]	decisioned	Anthony Bagley [Holt]	4-0

## 145

Gavin Londoff [Holt]	pinned	Tyler McGhee [Francis Howell]	3:43
Jack Ederer [FZ North]	pinned	James Bishop [Warrenton]	3:40
Trevor Liggett [FH Central]	pinned	Steven Landow [FZ West]	4:45

## 152

Connor Urevich [Holt]	pinned	Ben Daly [Timberland]	3:2
Avery Scott [FZ South]	decisioned	Sam Heese [Francis Howell]	5-4
Jonathan Floyd [FH Central]	pinned	Christopher Viehmann [FZ North]	5:0

## 160

Dan Filipek [Warrenton]	major decisioned	Austgin Keller [Holt]	10-2
Charlie Henson [FZ South]	decisioned	Ty Purler [Francis Howell]	6-5
Codi Gougion [FH Central]	pinned	Tyler Leach [Troy]	4:00

## 170

Jack Flynn [Francis Howell]	decisioned	Chase Hosack [FZ West]	10-9
Emilio Monsivais [Holt]	TB-1	Jackson Lindley [FZ South]	9-2
Drake Meine [Warrenton]	pinned	Jacob Eaton [FZ East]	4:23

## 182

Dylan Komperda [Francis Howell]	major decisioned	Marty Brunnert [Holt]	15-
Dennis Land [FZ South]	pinned	Gage Bernard [FZ East]	5:1
Adrien Gillette[Warrenton]	decisioned	Jordan Denson [FH Central]	11-

## 195

Jared Rennick [Washington]	major decisioned	Jack Heese ]Francis Howell]	
Jackson Berck [FH Central]	pinned	Sam Vinning [Holt]	
Drake Church [Liberty]	pinned	Tyler Brooks [Timberland]	

## 220

Cole Long [Francis Howell]	decisioned	Jacob Manion [Warrenton]	3-1
Devon Byrd [Holt]	decisioned	Tyler Collins [FH North]	7-4
Dylan Gillette [FH Central]	decisioned	Zachary Steele [FZ North]	14-9

## 285

Devin Graves [Troy]	decisioned	Marcus Paddack [SC West]	10-3
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Brett Mandrell [FZ South]	pinned	Dillon Fox [St. Charles]	0:54
Alex Jetton {FZ North}	pinned	Bryce Sanders [FH Central]	5:13

**TEAM SCORES: WENTZVILLE HOLT [243]; FRANCIS HOWELL[186.5]; FH CENTRAL[169];**

**FZ SOUTH[162.5]; TIMBERLAND [106.5]; WARRENTON [88.7]; WASHINGTON [81];**

**FZ NORTH [77.5]; TROY BUCHANAN [77.5]; LIBERTY [49]; ST. CHARLES [47]; FH NORTH [43.5];**

**ST. CHARLES WEST [40]; FZ WEST [37]; WINFIELD [36]; FZ EAST [27]**

## Sportsmanship Award

**Fort Zumwalt East**

**Fort Zumwalt North**

Jack Ederer

**Fort Zumwalt South**

**Fort Zumwalt West**

Cristian Hosack

**Francis Howell**

**Francis Howell Central**

**Francis Howell North**

**Saint Charles**

**Saint Charles West**



**Troy Buchanan**

**Warrenton**

**Washington**

Cole Fregalette

**Wentzville Holt**

**Wentzville Timberland**

**Winfield**

**Orchard Farm**

## ***All-Academic Team reported at end of season***

**Francis Howell -**

**Wentzville Timberland -**

**Fort Zumwalt West** - Logan Bardenheier, Trey Durbin, Chase Hosack, Cristian Hosack, Steven Landow, Matt Maguire, Ethan Staskewicz, Jordan Williams

**Fort Zumwalt North** - Jack Ederer, Teddy Hickey, Alex Jetton, Zak Steele, Christopher Viehmann, Kyle White, Nicholas Winder

**Orchard Farm -**

**Troy Buchanan -**

**Washington** - Joe Omer, Cole Fregalette, Calvin Obermark, Jack Carico, Michael Boehlein, Jared Rennick, Ken Kugel, Tommy Alwine

**Francis Howell Central** - Bryce Bachowski, Jonathan Floyd, Shane Gallegher, Dylan Gillette, Andrew Godier, Trevor Liggett, Bryce Sanders

**Wentzville Holt -**

**Saint Charles West -**

**Winfield** - Patrick Freeman-Pavia, Tyler Moon, Levi Swenson, Kai Rogers

## **2015-2016 SEASON**

**Listed below are the All Conference wrestlers as selected by a vote of the coaches in the North, the Central and the South Divisions. In addition, the wrestler of the year and coach of the year are listed.**

### North

<b>Weight Class</b>	<b>Name</b>	<b>School</b>
106	Cameron Steinhoff	Wentzville Liberty
113	Tyler Moon	Winfield
120	Jordan Kestner	Saint Charles
126	Ben Provost	Winfield
132	Kai Rogers	Winfield
138	Brandon Carbray	Saint Charles West
145	James Bishop	Warrenton
152	Jarrett Villinger	Warrenton
160	Dan Filipek	Warrenton

170	Drake Meine	Warrenton
182	Tony Kiel	Saint Charles
195	Jacob Manion	Warrenton
220	Jacob Null	Warrenton
285	Marcus Paddack	Saint Charles West

**2nd Team All Conference - Christian Zeik (126) of Wentzville Liberty**

**GAC North – “*Wrestler of the Year*” – Tyler Moon of Winfield**

**GAC North – “*Coach of the Year*” – Kevin Fowler of Warrenton**

**GAC North Conference Champion - Tie - Warrenton and Wentzville Liberty**

## Central

<b>Weight Class</b>	<b>Name</b>	<b>School</b>
106	Nick Lindley	Fort Zumwalt South
113	Shaun Beerman	Fort Zumwalt North
120	Sidney Oliver	Wentzville Holt
126	Drew Ditter	Fort Zumwalt South
132	Colby Smith	Wentzville Holt

138	Austin Denson	Fort Zumwalt South
145	Gavin Londoff	Wentzville Holt
152	Conner Urevich	Wentzville Holt
160	Austin Keller	Wentzville Holt
170	Jackson Lindley	Fort Zumwalt South
182	Martin Brunnert	Wentzville Holt
195	Jared Rennick	Washington
220	Zach Steele	Fort Zumwalt North
285	Brett Mandrell	Fort Zumwalt South

**2nd Team**

**Cameron Rudy (120) of Fort Zumwalt South**

**Mike Brown (126) of Wentzville Holt**

**Jake Kiethline (132) of Fort Zumwalt South**

**Avery Scott (152) of Fort Zumwalt South**

**Charlie Henson (160) of Fort Zumwalt South**

**GAC Central – “*Wrestler of the Year*” – Colby Smith of Wentzville Holt**

**GAC Central – “*Co-Coach of the Year*” – Todd Sanker of Fort Zumwalt South**

**GAC Central Conference Champion - Wentzville Holt**

## South

<b>Weight Class</b>	<b>Name</b>	<b>School</b>
106	Anthony Pisciotta	Wentzville Timberland
113	Cameron Spires	Wentzville Timberland
120	Caleb Conedera	Wentzville Timberland
126	Corey Wait	Francis Howell Central
132	Devin Schwartzkopf	Francis Howell Central
138	Bryce Bachowski	Francis Howell Central
145	Tyler McGhee	Francis Howell
152	Ben Daly	Wentzville Timberland
160	Ty Purler	Francis Howell
170	Jack Flynn	Francis Howell
182	Dylan Komperda	Franciss Howell
195	Jackson Berck	Francis Howell Central
220	Cole Long	Francis Howell
285	Devin Graves	Troy Buchanan

### **2nd Team**

**Tyler Kreith (106) of Francis Howell**

**Andrew Godier (113) of Francis Howell Central**

**Sam Paneitz (132) of Wentzville Timberland**

**Luke Hardy (138) of Troy Buchanan**

**Chase Hosack (170) of Fort Zumwalt West**

**Jack Heese (195) of Francis Howell**

**GAC South – “*Wrestler of the Year*” – Jackson Berck of Francis Howell Central**

**GAC South – “*Coach of the Year*” – Kevin Stroh of Francis Howell**

**GAC South Conference Champion - Francis Howell**

SCHOLAR BOWL 2016

**GATEWAY ATHLETIC CONFERENCE CHAMPION :**

**WASHINGTON**

1ST TEAM	NAME	SCHOOL
	Wyatt Hensel	Wentzville Holt
	Ganon Evans	Francis Howell
	Tyler Woosencraft	Orchard Farm

	Chad Adler	Wentzville Timberland
	Tom Sebacher	Francis Howell

2ND TEAM	NAME	SCHOOL
	Fox Winkeler	Francis Howell Central
	Cole Phinney	Washington
	Joe Stitz	Washington
	Will Runion	Orchard Farm
	Robby Fahrenholtz	Winfield

## 2016 North Baseball All Conference

### Pitcher

	Player	School	Year

<b>1st Team</b>	Spencer Keiser	Winfield	10
	Dalton Nilges	Wentzville Liberty	11
<b>2nd Team</b>	Reid Williams	Saint Charles West	11
	Sam Diekamp	Saint Charles West	12

### Catcher

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Tyler Hash	Saint Charles West	12
<b>2nd Team</b>	Josh Cook	Winfield	11

### Utility Player

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Drew Cannon	Saint Charles	11
<b>2nd Team</b>	Zack Hurwitz	Wentzville Liberty	10

### Designated Hitter

	<b>Player</b>	<b>School</b>	<b>Year</b>
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<b>1st Team</b>	James Dotson	Wentzville Liberty	11
<b>2nd Team</b>	Brendan Carey	Saint Charles West	12

## Infielders

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Jacob Prickett	Saint Charles West	12
	Dallas Johnson	Warrenton	12
	T. J. Young	Saint Charles	11
	Hunter Capstick	Warrenton	12
	Damian Cagle	Winfield	12
<b>2nd Team</b>	Nick Wright	Orchard Farm	11
	Jordan Cole	Wentzville Liberty	11
	Carter Bauer	Winfield	10
	Mike Smegner	Saint Charles West	11
	Brandon Purkape	Warrenton	12

## Outfielders

	<b>Player</b>	<b>School</b>	<b>Year</b>
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<b>1st Team</b>	Chase Krogman	Wentzville Liberty	9
	Jordan Dowdall	Saint Charles	11
	Collin Sutton	Winfield	9
	Hunter Russell	Warrenton	12
<b>2nd Team</b>	Stone Krogman	Wentzville Liberty	11
	Devin Proebsting	Saint Charles West	12
	Chase Bauer	Winfield	12
	Nick Yates	Saint Charles West	11

**Player of The Year: Spencer Keiser of Winfield,  
Sophomore**

**Coach of the Year: Justin Rodgers of Winfield**

## **ALL ACADEMIC**

**Wentzville Liberty** – John Brooks, Bailey Cheatham, Jordan Cole, James Dotson, Chase Krogman, Stone Krogman, Branton McCain, Ben Mesnier, Dalton Nilges, Josh Parmentier, Cole Ruyle, Trey Rybicki

**Orchard Farm** – Ross Allen, Mark Cooley, Chase Creamer, Peter Keil, Ethan Purghan, Nick Wright

**Saint Charles** – Drew Cannon, Nick DeBeer, Drew Donaldson, Jordan Dowdall, Josh Goldstein, Michael Griffith, Bryce LaBarge, Michael Looney, Colt Olendorff, Nathan Roseman, Wilson Rosner, Dillon Ruble, T.J. Young, Joe Lindsey

**Saint Charles West** – Brendan Carey, Danny Flaiz, Matthew Frazer, Tyler Hash, Tyler Oetting, Jacob Prickett, Mike Smegner, Reid Williams, Nick Yates

**Warrenton** – Braden Lawson, Dalton Owenby, Austin Dixon, Jake Abel, Chris Garrett, Sawyer Junker, Garrison Hibbs, Eli Ecton, Chris Vogt, Justin Rice, Clayton Schowe, Alex Vogt

**Winfield** – Joe Allen, Chase Bauer, Damian Cagle, Josh Cook, Donovan Ehle, Jake Freeman-Pavia, John Hogan, Kodey Kaimann, Spencer Keiser, Joey Marko, Turner McGlasson, Ryan Palmer, Ian Pruitt, Robert Roggeman, Jordan Schadek, Collin Sutton, Chase Wright

## **SPORTSMANSHIP**

**Wentzville Liberty** – John Brooks

**Orchard Farm** – Jordan Cooper

**Saint Charles** – Colt Olendorff

**Saint Charles West** – Sam Diekemper

**Warrenton** – Dalton Owenby

**Winfield** – Chase Wright

## **2016 Central Baseball All Conference**

### **Pitcher**

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Dylan Elledge	Fort Zumwalt North	12
	Travis Barton	Fort Zumwalt South	11

<b>2nd Team</b>	Cody Hacker	Wentzville Holt	10
	Jacob Thompson	Wentzville Holt	10

## Catcher

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Justin Lockwood	Fort Zumwalt South	12
<b>2nd Team</b>	Eric Rothermich	Fort Zumwalt North	11

## Utility Player

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Zach Gibbs	Wentzville Holt	11
<b>2nd Team</b>	Will Davis	Washington	12

## Designated Hitter

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Mitch Barrow	Washington	12
<b>2nd Team</b>	Cody Lampe	Fort Zumwalt East	11

## Infielders

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Jeff Beiter	Fort Zumwalt East	12
	Nick Wilke	Wentzville Holt	10
	Connor Zangriles	Fort Zumwalt North	12
	Jeff Huser	Fort Zumwalt North	12
	Hayden Cooper	Wentzville Holt	10
<b>2nd Team</b>	Alex Owens	Fort Zumwalt North	11
	Nick Bohannan	Fort Zumwalt North	12
	Nick Schmidt	Wentzville Holt	10
	Garrett Darrah	Fort Zumwalt North	10
	Ben Watson	Fort Zumwalt East	9
	Jake Laffluer	Fort Zumwalt South	11

## Outfielders

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Bryce Butler	Wentzville Holt	12
	Matt Maloney	Fort Zumwalt South	12

	Travis Dames	Fort Zumwalt North	10
	Jake Koons	Wentzville Holt	12
<b>2nd Team</b>	Adam Gauzy	Washington	11
	D. J. Schmidt	Fort Zumwalt North	10
	Hunter McDonald	Fort Zumwalt South	12
	Malik Holts	Fort Zumwalt North	12

**Player of the Year: Zach Gibbs of Wentzville Holt, Junior**

**Coach of the Year: Steve Siebert of Fort Zumwalt North**

### **All-Academic**

**Fort Zumwalt East** – Kyle Addie, Danny Beiter, Jeff Beiter, Justin French, Ryan Hensala, Joe Kuchta, Cody Lampe, Adam Schonhoff, Bryce Suttory, Ben Watson, Bailey Weber, Nick Whitling, Zach Yakich

**Fort Zumwalt North** – Nicholas Bohannan, Travis Dames, Garrett Darrah, Lucas Falter, Jakob Gentry, Casey Mareschal, Eric Rothermich, Charles Wilmes, Connor Zangriles

**Fort Zumwalt South** – Dylan Bushman, Jacob Gruszczynski, James Hennessey, Grant Jacobs, Jacob Laffleur, Justin Lee, Justin Lockwood, Matthew Maloney, Joseph Spotanski, Samuel Weir

**Wentzville Holt** – Kyle Bishop, Hayden Cooper, Tyler Fank, Zach Gibbs, Mike Gomski, Shane Hulsey, Jake Koons, Braedon Mathys, Andrew Siemer, Connor Urevich

**Washington** – Will Davis, Adam Gauzy, Conlan Jarvis, Brandon Repp, Thomas Ruether, Ben Straatmann

## **Sportsmanship**

**Fort Zumwalt East** – Ryan Hensala

**Fort Zumwalt North** – Charlie Wilmes

**Fort Zumwalt South** – Justin Lee

**Wentzville Holt** – Connor Urevich

**Washington** – Tanner Wright

## **2016 South Baseball All Conference**

### Pitcher

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Jake Kostyshock	Francis Howell	12
	Jordan Throgmorton	Francis Howell North	12
<b>2nd Team</b>	Alex Gutermuth	Troy Buchanan	12
	Joe Boyle	Fort Zumwalt West	11

## Catcher

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Jacob Kalusniak	Francis Howell North	12
<b>2nd Team</b>	Luke Kahle	Francis Howell	12

## Utility Player

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Patrick Connor	Fort Zumwalt West	10
<b>2nd Team</b>	Sam Huesgen	Wentzville Timberland	12

## Designated Hitter

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Dean McGwire	Francis Howell	11
<b>2nd Team</b>	Graham Riley	Francis Howell North	11

## Infielders

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Justin Perkins	Francis Howell	12



	Danny Wright	Fort Zumwalt West	12
	Eric Tipton	Troy Buchanan	11
	Mason Edwards	Wentzville Timberland	12
	Jackson Berck	Francis Howell Central	11
<b>2nd Team</b>	Michael Cessna	Fort Zumwalt West	11
	Jack Kane	Wentzville Timberland	12
	Garrett Miller	Troy Buchanan	11
	Brady Wildschuetz	Francis Howell	12
	Mitch Hantack	Francis Howell Central	11

## Outfielders

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Ryan Perkins	Francis Howell	12
	Kyle Grantham	Francis Howell	11
	Jake Viehman	Francis Howell North	12
	Erik Webb	Francis Howell Central	12
<b>2nd Team</b>	Jarrett O'Brien	Francis Howell North	12
	Parker Boelling	Fort Zumwalt West	12
	Joey Land	Francis Howell	12

## **Player of The Year: Ryan Perkins of Francis Howell, Senior**

## **Coach of the Year: Tony Perkins of Francis Howell**

### **All-Academic**

**Francis Howell** – Braydon Cook, Dean McGwire, Evan Green, Kyle Grantham, Zack Hunsicker, Charlie Kelting, Jake Kostyshock, Joey Land, Justin Perkins, Ryan Perkins, Trevor Rhoads, Blake Shaiper, Austin Sherwood, Austin Turnbough, Brady Wildschuetz, Dylan Williams

**Francis Howell Central** – Alex Boden, Brenden Bratsch, Nick Brhely, Kaleb Cissell, Seth Denoyer, Mitchell Hantack, Collin Herdt, Trevor Liggett, Josh Miller, Evan Mooney, Jake Newell, Erik Webb

**Francis Howell North** – Jacob Kalusniak, Matt Dunham, Andrew Schmidt, Matt Borelli, Jake Viehman, Jordan Throgmorton, Austin Bowen, Sam Grace, Blake Lodde

**Fort Zumwalt West** – Parker Boelling, Joe Boyle, Michael Cessna, Patrick Connor, Ben Dobson, Michael Dubowski, Tyler Eckman, Dylan Hansen, Kyle Howe, Mike Kiely, Jeff Kuhlmann, Carter Mize, Ethan Staskewicz, Jacob Verschoore

**Wentzville Timberland** – Tyler Bastunas, Avery Braun, Cole Cosman, Caleb Evans, Jacob Gonzales, Caleb Gussner, Bret Haffer, Sam Huesgen, Jake Kane, Parker Malensky, Charles Mooneyham, Gage Patton, Alex Spangler, Carter Williams

**Troy Buchanan** – Jordan Ball, Austin Bargaen, Cole Dickherber, Alexander Gutermuth, Dylan Hunt, Nathan Keleher, Hunter Martin, Kellen McCann, Garrett Miller, Todd Myers, Jordan Richards, Eric Tipton, Payton White, Ko Yawata

### **Sportsmanship**

**Francis Howell** – Trevor Rhoads

**Francis Howell Central** – Brock Shearon

**Francis Howell North** – Riley Graham

**Fort Zumwalt West** – Ben Dobson

**Wentzville Timberland** – Cody Phelps

**Troy Buchanan** – Todd Myers

## **2015 GAC North Golf Medallists**

<b>Name</b>	<b>School</b>	<b>Score</b>
Davis Soderberg	Saint Charles West	78
Brody Leinkuehler	Saint Charles West	81
Cole Gibson	Saint Charles	83
Dillon Keeven	Warrenton	83
Cameron Dirks	Wentzville Liberty	83

**TEAM SCORES: Saint Charles [ 343]; Wentzville Liberty [357];  
Saint Charles West [ 358]; Orchard Farm [382]; Warrenton [401];  
Winfield [421]**

## **SPORTSMANSHIP**

## **All-Academic Team**

## 2015 GAC Central Golf Medallists

<b>Name</b>	<b>School</b>	<b>Score</b>
Dylan Carroll	Fort Zumwalt South	79
Alec Willard	Fort Zumwalt North	80
Hunter Mahon	Washington	81
Eric Hasenjaeger	Washington	82
Tom Buffington	Fort Zumwalt east	82

**TEAM SCORES: Fort Zumwalt North [ 338]; Washington [340];  
Wentzville Holt [ 347]; Fort Zumwalt South [347]; Fort Zumwalt  
East [373]**

### **ACADEMIC**

**WASHINGTON: Eric Hasenjaeger, Matt Hoemann, Hunter Mahon**

**SPORTSMANSHIP : Hunter Mahon**

## 2015 GAC South Golf Medallists

No results reported for 2016.

## **SPORTSMANSHIP**

**Troy Buchanan -**

**Wentzville Timberland -**

**Wentzville Holt - Dylan Clay**

## **All-Academic Team**

**Ft. Zumwalt West –**

**Ft. Zumwalt South –**

**Francis Howell –**

**Francis Howell North –**

**Francis Howell Central –**

**Troy Buchanan –**

**Wentzville Holt** – Jackson Alcorn, Dylan Blevins, Dylan Clay, Alex Collier, Aaron Spiegel, Charles Wray

**Wentzville Timberland** - Zach Cutler, Conrad Croy

## 2016 North Women Soccer Division

### Forwards

	Player	School	Year
<b>1st Team</b>	Courtney Schriever	Saint Charles West	9
	Megan Keeven	Saint Charles West	11
	Audrey Andrzejewski	Saint Charles West	11
	Megan Pierce	Saint Charles West	11
<b>2nd Team</b>	Emma Brandes	Saint Charles	10
	Natalie Hyde	Saint Charles	10
	Anna Meyer	Saint Charles	10
	Regan Douglas	Saint Charles West	12

### Midfielders

	Player	School	Year
<b>1st Team</b>	Maggie Skeen	Saint Charles	9

	Mykenzie Bunch	Saint Charles	10
	Brooke Schneider	Saint Charles	9
	Beth Roberts	Wentzville Liberty	9
<b>2nd Team</b>	Amanda Fitter	Saint Charles West	12
	Rachel Jackson	Saint Charles West	12
	Peyton Carroll	Wentzville Liberty	9
	Sabrina Haffling	Wentzville Liberty	11

## Defenders

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Torri Harris	Wentzville Liberty	11
	Meredith Knobbe	Orchard Farm	12
	Vanessa Braune	Orchard Farm	9
	Karley Kaimann	Winfield	11
	Macie Sommer	Warrenton	11
<b>2nd Team</b>	Natalie Ray	Wentzville Liberty	11
	Emily Hogan	Winfield	11
	Kasey Kaimann	Winfield	12

	Payton Dill	Orchard Farm	10
	Morgan Prosser	Orchard Farm	12

## Keeper

	Player	School	Year
<b>1st Team</b>	Olivia Jordan	Winfield	11
	Amy Carnahan	Wentzville Liberty	10
<b>2nd Team</b>	Kimmi Weber	Warrenton	10
	Sarah Hoelscher	Warrenton	10

## **PLAYER OF THE YEAR NORTH DIVISION:**

### **Addie Deppe - Senior - Saint Charles**

#### All Academic Team

**Orchard Farm:** Vanessa Braune, Katie Burgan, Payton Dill, Maddie Frappier, Anna Gersternkorn, Abbey Goslin, Jamie Hopkins, Mady Johnsen, Avery Kitchne, Allison Knobbe, Meghan Knobbe, Meredith Knobbe, Skylyr Leake, Cydnie Paris, Paige Swisher

**St. Charles:** Riley Beerman, Sydney Bickmeyer, Taylor Bono, Emma Brandes, MyKenzie Bunch, Julia Cuthbertson, Addie Deppe, Aubrey Finnegan, Katelyn Hyde, Natalie Hyde, Taylor Lyles, Anna Meyer, Brooke Schneider, Maggie Skeen, Erica Swinson



**St. Charles West:** Audrey Andrzejewski, Jessica Dean, Mallory Douglas, Regan Douglas, Emily Faulkner, Amanda Fitter, Kristy Gardnery, Abbie Giblair, Savannah Giblair, Rachel Jackson, Megan Keeven, Ashley Miller, Alyssa Pavlakis, Megan Pierce, Hannah Price, Karen Riefrel, Courtney Schreiber, Kayla Van Booven

**Warrenton:** Sarah Bunge, Romania Clark, Dominique Duello, Brandi Eubanks, Maddison Gerhardt, Sarah Hoelscher, Meghan Kuhlo, Jessica Luetkemeyer, Emmy Pape, Naomi Rodriquez, Macie Sommer

**Wentzville Liberty:** Emiky Albers, Amy Carnahan, Peyton Carroll, Abigail Federhofer, Katlie Fruewirth, Addsion Haddock, Victoria Harris, Kaitlyn Helland, Colette Linden, Mackenzie Murphy, Allison Patrico, Claire Roberts, Kylie Seaton, Kaitlyn Theriot, Jenna Woodside

**Winfield:** Kailey Boschert, Cidney Brown, Breanna Burkemper, Morgan Gremminger, Emily Hogan, Alexandra Hudelson, Olivia Jordan, Karley Kaimann, Kasey Kaimann, Lydia Lang, Kaitlyn Lippmann, Megan Matthews, Kelly Mense, Sydney Park, Laney Ransour, Ahlexis Rau, Jordan Ray, Elizabeth Scott, Emma Tiller, Sage Wilder

## Sportsmanship

**Meghan Knobbe (Orchard Farm)**

**Katelyn Hyde (St. Charles)**

**Emily Faulkner (St. Charles West)**

**Jessica Luetkemeyer (Warrenton)**

**Colette Linden (Wentzville Liberty)**

**Kasey Kaimann (Winfield)**

## **2016 Central Women Soccer Division**

## Forwards

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Caroline Canoy	Fort Zumwalt East	12
	Kelly Etherton	Fort Zumwalt East	
	Anna Durnin	Fort Zumwalt North	11
	Claudia King	Fort Zumwalt South	10
<b>2nd Team</b>	Sydney Balducci	Wentzville Holt	9
	Mel Taouil	Wentzville Holt	12
	Madie Gentry	Fort Zumwalt East	11
	Kate Bixby	Fort Zumwalt North	12
	Morgan Weller	Fort Zumwalt East	11

## Midfielders

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Jae Crandall	Wentzville Holt	10
	Gabby Wiesner	Wentzville Holt	11
<b>2nd Team</b>	Jewel Morelan	Wentzville Holt	9
	Emma Pabst	Washington	11

	Reham Youssef	Fort Zumwalt South	11
	Savannah Sneed	Wentzville Holt	

## Defenders

	Player	School	Year
<b>1st Team</b>	Mackenzie Heisserer	Wentzville Holt	10
	Stacie Muehling	Fort Zumwalt South	11
	Rachel Pudlowski	Fort Zumwalt North	10
<b>2nd Team</b>	Madison Meier	Wentzville Holt	12
	Maya Piotraschke	Fort Zumwalt East	9
	Ashley Baker	Fort Zumwalt East	12

## Keeper

	Player	School	Year
<b>1st Team</b>	Lauren Ferguson	Wentzville Holt	12
	Isabella Henderson	Fort Zumwalt East	10
<b>2nd Team</b>	Katie Baer	Washington	11
	Courtney Croghan	Fort Zumwalt North	11

## **PLAYER OF THE YEAR CENTRAL DIVISION:**

### **Cassidy Nurnberger - Washington - Junior**

#### **All Academic Team**

**Ft. Zumwalt East:** Grace Amidon, Ashley Baker, Caroline Canoy, Ashley Carron, Payton Corley, Sierra Corrigan, Kelly Etherton, Alyssa Fagan, Kristin Hayes, Isabella Henderson, Brooke Mayberry, Maddie Mrazik, Emily Ratchford, Ashlee Raymer, Cassie Waite, Morgan Weller, Payton Williams

**Fort Zumwalt North:** Alexis Beerman, Anna Beezley, Kate Bixby, Danielle Bray, Abigail Castillo, Courtney Croghan, Anna Durin, Skylar Gooch, Isabella Govero, Olivia Lance, Mackenzie Menke, Rachel Pudlowski

**Fort Zumwalt South:** Susana Caito, Angela Castelli, Kylie Cushing, Madison Gambino, MacKenzie Gan, Alexis Hacker, Claudia King, Eryn Lammert, Hannah Lenhoff, Skye Monte, Stacie Muehling, Maya Piotraschke, Hayley Rocco, Lyla Rudloff, Madison Schmied, Bailey Stewart, Kelsey Urbaniak, Hannah Warnecke

**Washington:** Katie Baer, Abbey Baldwin, Taylor Bauer, Abigail Boehlein, Johanna Collins, Jenna Crider, Kyla Hueffmeier, Sophia Kramer, Hayley Laubinger, Caroline Lenger, Ashton Nadler, Cassidy Nurnberger, Paige Nye, Parker Nye, Emma Pabst, Morgan Riegel, Caitlyn Vodnansky, Samantha Winistoerfer, Megan Yenzer

**Wentzville Holt:** Sydney Balducci, Emily Bogolin, Kerry Bruno, Claire Chambers, Jae Crandall, Jordan Crandall, Lauren Ferguson, Mackenzie Heisserer, Madison Meier, Allison Miller, Jewel Morelan, Callie Ortell, Matti Porzenski, Sam Rohne, Savannah Sneed, Mel Taouil, Gabriella Wiesner

#### **Sportsmanship**

**Ashley Carron (Fort Zumwalt East)**

**Lana Fallert (Fort Zumwalt North)**

**Maya Piotraschke (Fort Zumwalt South)**

**Emma Pabst (Washington)**

**Matti Porzenski (Wentzville Holt)**

## 2016 South Women Soccer Division

### Forwards

	Player	School	Year
<b>1st Team</b>	Natalie Rushing	Fort Zumwalt West	11
	Anika Kallash	Troy Buchanan	11
	Samantha Cary	Francis Howell North	9
<b>2nd Team</b>	Mia Corrigan	Wentzville Timberland	9
	Krystal Kohenskey	Troy Buchanan	10
	Bria Hamilton	Francis Howell North	9
	Kalie Rossenberger	Francis Howell	10

### Midfielders

	Player	School	Year
<b>1st Team</b>	Kayla Day	Fort Zumwalt West	12
	Amanda Orlando	Francis Howell North	11
	Angela Ikeda	Francis Howell Central	11

	Kylie Thwing	Troy Buchanan	12
<b>2nd Team</b>	Natalie Jostes	Francis Howell	10
	Alissa Albietz	Wentzville Timberland	12
	Abbie Rademacher	Francis Howell Central	12
	Abbie Miller	Francis Howell North	9
	Jenna Westcott	Fort Zumwalt West	11

## Defenders

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Erika Cross	Fort Zumwalt West	12
	Julia Crets	Francis Howell North	12
	Molly Krispin	Francis Howell Central	9
<b>2nd Team</b>	Kailey Anderson	Fort Zumwalt West	12
	Samantha Donaldson	Francis Howell North	11
	Morgan Bova	Troy Buchanan	9
	Makenna Smith	Troy Buchanan	9
	Brianna Thiemann	Francis Howell	12
	Jenna Adkins	Francis Howell Central	12

## Keeper

	Player	School	Year
<b>1st Team</b>	Sydney Chalcraft	Francis Howell Central	12
<b>2nd Team</b>	Emily Rish	Francis Howell North	12

## PLAYER OF THE YEAR SOUTH DIVISION:

### Emma Farley - Francis Howell Central - Senior

#### All Academic Team

**Francis Howell:** Abigail Brodia, Holly Anderson, Mia Ballos, Marie Dishian, Morgan Ebert, K athryn Epperly, Kristen Epperly, Alexandra Eyler, Kelli Fisher, Megan Fridrich, Samantha Garvilla, Britteny Giulvezan, Liesel Hoedebecke, Natalie Jostes, Kendall Kellerman, Alexia Porchia, Avery Roberts, Kallie Rosenberger, Kathryne Stiles, Brianna Thiemann, Alexis Wayland

**Francis Howell Central:** Jenna Adkins, Taylor Amlong, Bailey Beeler, Morgan Cervera, Sydney Chalcraft, Mackenzie Daiber, Emma Farley, Cailyn Hendrix, Angelique Ikeda, Mariah Johnson, Molly Krispin, Jenna Mathis, Rachel Mossotti, Abbie Rademacher, Rayna Thomas, Nicole Webb

**Francis Howell North:** Caty Arnold, Samantha Cary, Julia Crets, Samantha Donaldson, Emma Durham, Nikki Greillner, Bria Hamilton, Paige Klackner, Courtney Laughlin, Abbie Miller, Amanda Orlando, Emily Rish, Emily Roloff, Sami Sneed, Mady Vanek, Madelyn Wood

**Fort Zumwalt West:** Kailey Anderson, Paige Anderson, Lexi Baijer, Kayli Brunnette, Kelsey Callahan, Jamie Cohen, Kayley Cox, Lauren Crane, Maddy Crawford, Erika Cross, Kayla Day, Ally Jennings, Hannah Leahy, Sam Meyerson, Maddy Miller, Natalie Ruhing, Jenna Wescott, Grace Wright

**Troy Buchanan:** Morgan Bova, Abigail Brown, Annie Dove, Catherine Forbeck, Alexandra Heinz, Madysen Henke, Anika Kallash, Krystal Kohensky, Olivia Lang,

Ashton Lindsley, Jennifer Luebbert, Caitlyn Metze, Alexis Roberts, Makenna Smith, Kennedy Thompson, Kylie Thwing, Madison Walsh

**WentzvilleTimberland:** Alyssa Albietz, Sydney Baker, Taylor Baumstark, Haleigh Busken, Mia Corrigan, Abigail Cozzoni, Devin Cross, Madeline Est, Hannah Hartman, Chloe Hollander, Isabel Ives, Ally Kreklow, Emma Melton, Alexis Nischbach, Gabby Politte, Courtney Pyrtle, Emma Smith, Ashley Strautmman, Abby Tucker, Taylor Weiss

## Sportsmanship

**Holly Anderson (Francis Howell)**

**Jenna Adkins (Francis Howell Central)**

**Sami Sneed (Francis Howell North)**

**Erika Cross (Fort Zumwalt West)**

**Abigail Brown (Troy Buchanan)**

**Madeline Est (Wentzville Timberland)**

## **2015 Tennis - North Central All Conference**

**#1 Singles -Hornung (FZS) def Bunch (Holt) 6-1, 6-2**

**#2 Singles - Holt (Holt) def Mun (FZS) 6-2, 6-3**

**#3 Singles - Sloan (Holt) def Buehler (FZS) 6-2, 6-1**

**#4 Singles - Holladay (FZS) def Buerhle (Holt) 5-7, 7-5, 11-9**



**#5 Singles - N. Raymond (FZS) def Feldmann (Holt) 7-5, 6-4**

**#6 Singles - Main (Holt) def Ell (FZS) 6-0, 6-0**

**#7 Singles - Janjua (Holt) def Cochran (FZS) 8-7**

**#8 Singles - N. Hornung (FZS) def Barton (Holt) 8-6**

**#1 Doubles - S. Hornung/Mun (FZS) def Lucas/Sloan (Holt) 9-7**

**#2 Doubles - Bunch/Buerhle (Holt) def Buehler/Raymond (FZS) 8-3**

**#3 Doubles - Feldmann/Mun (Holt) def Ell/Holladay (FZS) 8-3**

**#4 Doubles - Brown/Graves (Holt) def Smith/Bojdak (FZS) 8-4**

**#5 Doubles - Crews/Evola (Holt) def Doty/Spicer (FZE) 8-5**

**TEAM SCORES : WENTZVILLE HOLT [64.00];  
FORT ZUMWALT SOUTH [57.75]; FORT  
ZUMWALT EAST [31.25]; SAINT CHARLES**

**[20.00]; SAINT CHARLES WEST [10.50] FORT  
ZUMWALT NORTH [1]; WENTZVILLE LIBERTY  
[0]**

## **ACADEMIC**

**Wentzville Holt -**

## **SPORTSMANSHIP**

**Wentzville Holt -**

**2015 Tennis - South Central All Conference**

No results reported.

**#1 Singles -**

**#2 Singles -**

**#3 Singles -**

**#4 Singles -**

**#5 Singles -**

**#6 Singles -**

**#7 Singles -**

**#8 Singles -**

**#1 Doubles -**

**#2 Doubles -**

**#3 Doubles -**

**#4 Doubles -**

**#5 Doubles -**

## **TEAM SCORES:**

## **ACADEMIC ALL CONFERENCE**

**Fort Zumwalt West -**

**Wentzville Timberland -**

## **SPORTSMANSHIP**

**Fort Zumwalt West -**

**Wentzville Timberland -**

## **2016 North Varsity Men Track and Field**

100 meter dash

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Jaylin Williams	Saint Charles	JR	11.26
Wesley Hines	Wentzville Liberty	SO	11.28
Avery King	Orchard Farm	FR	11.82

Andre Hickman	Saint Charles West	SR	11.84
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## 200 meter dash

Name	School	Year	Time
Jacob Crump	Warrenton	SR	22.65
Jaylin Williams	Saint Charles	JR	22.85
Darius Jefferson	Saint Charles	JR	23.79
Andre Hickman	Saint Charles West	SR	23.84

## 400 meter dash

Name	School	Year	Time
Jacob Crump	Warrenton	SR	50.84
Justin Polk	Saint Charles	JR	53.80
Dylan Chandler	Warrenton	SO	54.03
Jordan Carpenter	Saint Charles West	SR	54.09

## 800 meter run

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Rashaad Chatman	Saint Charles West	JR	2:05.29
Wyatt Lake	Wentzville Liberty	JR	2:06.52
Brian Redlawsk	Saint Charles	SR	2:06.92
Wyatt Cleveland	Wentzville Liberty	SO	2:09.70

## 1600 meter run

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Wyatt Lake	Wentzville Liberty	JR	4:43.93
Nathan Nordwald	Warrenton	FR	4:44.52
Gabriel Rompel	Wentzville Liberty	JR	4:46.19
Carson Sanders	Orchard Farm	FR	4:48.84

## 3200 meter run

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Andrew Chaffin	Saint Charles West	SO	10:11.47
Gabriel Rompel	Wentzville Liberty	JR	10:15.84

Carson Sanders	Orchard Farm	FR	10:20.81
Nathan Nordwald	Warrenton	FR	10:22.26

### 110 meter hurdles

Name	School	Year	Time
Dorrian Ruffin	Saint Charles	SR	16.35
Jordan Forsyth	Orchard Farm	JR	17.15
Zander Ruth	Saint Charles	SO	18.23
Max Greener	Orchard Farm	FR	19.44

### 300 meter hurdles

Name	School	Year	Time
Jacob Crump	Warrenton	SR	40.63
Dorrian Ruffin	Saint Charles	SR	41.11
Darius Jefferson	Saint Charles	JR	43.70
Darius Morrison	Saint Charles West	SO	43.73

## 4 x 100 meter relay

School	Relay Member	Time
Saint Charles	Dorrian Ruffin	44.78
	Darius Jefferson	
	Reid Bayliss	
	Jaylin Williams	
Wentzville Liberty	Jarrin McKeithen	45.94
	Wesley Hines	
	Luke Flacke	
	Hamza Mansoor	
Winfield	Dillon Bote-Banks	46.32
	Dillon Dildine	
	Yusuke Nagata	
	Bobby Blount	
No fourth place finisher		

## 4 x 200 meter relay

School	Relay Member	Time
Saint Charles West	Jordan Carpenter	1:31.55
	Dre Kelly	
	Rashaad Chatman	
	Darius Morrison	
Warrenton	Dylan Chandler	1:32.04
	Braydan Chmiel	
	Jacob Crump	
	Keagan Williams	
Saint Charles	Dorrian Ruffin	1:33.26
	Justin Polk	
	Darius Jefferson	
	Jaylin Williams	
Wentzville Liberty	Jarrin McKeithen	1:37.55
	Donovan Arrington	
	Luke Flacke	
	Hamza Mansoor	



## 4 x 400 meter relay

<b>School</b>	<b>Relay Member</b>	<b>Time</b>
Saint Charles West	Jordan Carpenter	3:30.91
	Rashaad Chatman	
	Kaharie Taggart	
	Darius Morrison	
Saint Charles	Reid Bayliss	3:34.58
	Justin Polk	
	Christopher Short	
	Brian Redlawsk	
Wentzville Liberty	Donovan Arrington	3:39.74
	Jarrin Mckeithen	
	Wyatt Cleveland	
	Seth Webb	
Warrenton	Dylan Chandler	3:42.78
	Braydan Chmiel	
	Brandon Molinari	
	Jacob Crump	

## 4 x 800 meter relay

School	Relay Member	Time
Wentzville Liberty	Wyatt Cleveland	8:28.65
	Seth Webb	
	Donovan Arrington	
	Wyatt Lake	
Saint Charles	Brian Redlawsk	8:32.03
	Tyler Bickmeyer	
	Simon Schappe	
	Dillon Ruble	
Warrenton	Dylan Chandler	8:46.66
	Isaac Frederick	
	Matthew Hackman	
	Andrew Hodgson	
Saint Charles West	Mykel Bennett	9:03.36
	Rashad Boyd	
	Andrew Chaffin	
	Kaharie Taggart	

## High Jump

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Height</b>
Brayden Chmiel	Warrenton	SR	5' 08.00
Mykel Bennett	Saint Charles West	SR	5' 08.00
Wesley Hines	Wentzville Liberty	SO	5' 06.00
Nick Nelson	Saint Charles West	SR	5' 06.00

## Pole Vault

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Height</b>
Dylan Williams	Orchard Farm	JR	14' 03.50
Max Meininger	Orchard Farm	SR	13' 00.00
Alex Poteet	Wentzville Liberty	JR	12' 06.00
Nolan Bone	Wentzville Liberty	FR	12' 00.00

## Long Jump

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Distance</b>
Wesley Hines	Wentzville Liberty	SO	21' 08.50
Jordan Carpenter	Saint Charles West	SR	19' 09.00

Braydan Chmiel	Warrenton	SR	19' 02.25
Reid Bayliss	Saint Charles	JR	19' 01.00

## Triple Jump

Name	School	Year	Distance
Justin Polk	Saint Charles	JR	41' 09.00
Patrick Stege	Wentzville Liberty	SO	39' 11.00
Dylan Williams	Orchard Farm	JR	38' 05.25
Trent Champagne	Saint Charles West	FR	38' 01.00

## Shot Put

Name	School	Year	Distance
Robert Varnado	Warrenton	JR	44' 08.50
Nick Follmer	Wentzville Liberty	JR	40' 10.50
Wyatt Wielms	Warrenton	JR	39' 11.00
Jared Mayer	Orchard Farm	SR	38' 04.50

## Discus

Name	School	Year	Distance
Robert Varnado	Warrenton	JR	137' 01
Nick Follmer	Wentzville Liberty	JR	131' 10
Drew Schill	Wentzville Liberty	JR	122' 11
Wil Gamache	Saint Charles West	JR	120' 06

## JAVELIN

Name	School	Year	Distance
Tre Kelly	Saint Charles West	JR	131' 06
Nick Lovell	Wentzville Liberty	FR	118' 08
Nathan Mersch	Saint Charles	JR	116' 06
Cameron Jett	Saint Charles West	SO	112' 04

**TEAM SCORES: *Wentzville Liberty* [132]; Warrenton [121]; Saint Charles [120]; Saint Charles West [98]; Orchard Farm [65]; Winfield [10]**

# 2016 Central Varsity Men Track and Field

## 100 meter dash

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Trevon Payne	Fort Zumwalt East	SO	11.57
Jared Rennick	Washington	SR	11.99
Camren Fullerton	Fort Zumwalt North	SR	12.00
Channon Ross	Fort Zumwalt South	JR	12.01

## 200 meter dash

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Adam Gauzy	Washington	JR	22.35
Trevon Payne	Fort Zumwalt East	SO	22.99
Donald Looney	Wentzville Holt	SO	23.11
Zach Baker	Fort Zumwalt North	SR	24.10

## 400 meter dash

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Adam Gauzy	Washington	JR	50.35
Cameron Wiese	Wentzville Holt	JR	51.19
Jacob Tompkins	Wentzville Holt	JR	53.57
Dyan Estes	Fort Zumwalt North	FR	54.24

## 800 meter dash

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Austin Perkins	Fort Zumwalt East	JR	2:02.95
Otto Spaunhorst	Washington	JR	2:04.61
Chauncy Adams	Fort Zumwalt North	SR	2:04.88
Colin Heisserer	Wentzville Holt	SR	2:04.90

## 1600 meter run

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Clayton Duchatschek	Washington	JR	4:28.66
Austin Perkins	Fort Zumwalt East	JR	4:43.98

Christopher Allensworth	Fort Zumwalt North	JR	4:47.10
Josh Carr	Fort Zumwalt East	JR	4:51.32

### 3200 meter run

Name	School	Year	Time
Maverick Gray	Fort Zumwalt South	JR	10:24.37
Hunter Boker	Fort Zumwalt North	JR	10:27.40
Christopher Allensworth	Fort Zumwalt North	JR	10:37.70
Andrew Tchiblakian	Washington	SR	11:03.35

### 110 meter hurdles

Name	School	Year	Time
Daniel Morris	Fort Zumwalt East	SR	15.10
Jeremy Paul	Wentzville Holt	JR	15.80
Ryna Heckman	Wentzville Holt	JR	16.78
Jonathan Banowetz	Fort Zumwalt North	SR	16.84



## 300 meter hurdles

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Jonathan Banowetz	Fort Zumwalt North	SR	41.95
Ryan Heckman	Wentzville Holt	JR	42.70
Jeremy Paul	Wentzville Holt	JR	43.10
Shaun Oranja	Fort Zumwalt East	JR	44.35

## 4 x 100 meter relay

<b>Name</b>	<b>Relay member</b>	<b>Time</b>
Washington	Adam Gauzy	44.94
	Jared Rennick	
	Adam Kleekamp	
	Ryan Landers	
Fort Zumwalt North	Zach Baker	45.24
	Cade Brister	
	Camren Fullerton	
	Marcus Jones	
Wentzville Holt	Kiree Richardson	46.09

	Donald Looney	
	Nathan Shortt	
	Colin Heisserer	
Fort Zumwalt East	Elijah Dameron	46.72
	Kylan Dunn	
	Lucas Staley	
	Tristan Davis	

#### 4 x 200 meter relay

School	Relay Member	Time
Fort Zumwalt East	Elijah Dameron	1:34.42
	Tristan Davis	
	Dylan DeClue	
	Kylan Dunn	
Fort Zumwalt North	Zach Baker	1:34.64
	Dylan Estes	
	Camren Fullerton	
	Bryce Rowles	

Wentzville Holt	Tyrome Jenkins	1:35.23
	Logan Arellanes	
	Kiree Richardson	
	Jacob Tompkins	
Washington	Adam Kleekamp	1:37.14
	Justinn Repp	
	Jared Rennick	
	Aiden Pellin	

#### 4 x 400 meter relay

Name	Relay Member	Time
Washinkgton	Clayton Duchatschek	3:33.84
	Adam Gauzy	
	Adam Kleekamp	
	Otto Spaunhorst	
Wentzville Holt	Cameron Wiese	3:34.44
	Jacob Tompkins	
	Donald Looney	

	Collin Heisserer	
Fort Zumwalt North	Chauncy Adams	3:40.26
	Jonathan Banowetz	
	Dylan Estes	
	Rowan Fink	
Fort Zumwalt East	Jacoby Curry	3:43.44
	Dylan DeClue	
	David Genenbacher	
	Shaun Oranja	

#### 4 x 800 meter relay

School	Relay Member	Time
Fort Zumwalt East	Josh Carr	8:34.52
	Jacoby Curry	
	Dylan DeClue	
	David Gengenbacher	
Wentzville Holt	Sean Hicks	8:36.91
	Dylan Wiese	

	John Kelly	
	Colin Heisserer	
Fort Zumwalt North	Chauncy Adams	8:37.94
	Hunter Boker	
	Christopher Allensworth	
	Sean Deeker	
Washington	Andrew Tchiblakian	9:21.62
	John Beuke	
	Otto Spaunhorst	
	Corbin Voyles	

## High Jump

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Height</b>
Daniel Morris	Fort Zumwalt East	SR	6' 00.00
Keishawn Forrest	Wentzville Holt	SO	5' 10.00
Donald Looney	Wentzville Holt	So	5' 10.00
Dominique Wade	Fort Zumwalt East	JR	5' 08.00

## Pole Vault

Name	School	Year	Height
Rowan Fink	Fort Zumwalt North	SR	12' 06.00
Yosef Kropp	Fort Zumwalt North	SO	11' 06.00
Kyle Weber	Wentzville Holt	SR	11' 00.00
Aiden Pellin	Washington	SO	11' 00.00

## Long Jump

Name	School	Year	Distance
Elijah Dameron	Fort Zumwalt East	SR	20' 05.50
Cade Brister	Fort Zumwalt North	JR	19' 07.50
Trevon Payne	Fort Zumwalt East	SO	19' 02.50
Maximillien Garin	Wentzville Holt	SO	18' 08.75

## Triple Jump

Name	School	Year	Distance
Dylan DeClue	Fort Zumwalt East	SR	41' 00.75
Keishawn Forrest	Wentzville Holt	SO	40' 01.50

Elijah Dameron	Fort Zumwalt East	SR	39' 04.25
Adam Kleekamp	Washington	JR	37' 09.00

## Shot Put

Name	School	Year	Distance
Daniel Morris	Fort Zumwalt East	Sr	47' 08.00
Tobias King	Wentzville Holt	SO	44' 05.50
Dominique Thornhill	Fort Zumwalt East	SR	43' 01.00
Blake Wilson	Fort Zumwalt North	SR	43' 00.00

## Discus

Name	School	Year	Distance
Ben Heggermann	Washington	SR	116' 09
Dakota Brandes	Wentzville Holt	SR	114' 03
Dominique Thornhill	Fort Zumwalt East	SR	108' 11
Blake Wilson	Fort Zumwalt North	SR	102' 05

**TEAM RESULTS: *Fort Zumwalt East [112];  
Wentzville Holt [90]; Fort Zumwalt North [85];  
Washington [74]; Fort Zumwalt South [11]***

**ACADEMIC ALL CONFERENCE**

**Wentzville Holt -**

**Washington -** John Beuke, Clayton Duchatschek, Garrett Gardner, Adam Gauzy, Ben Heggemann, Conner McKinney, Cole Phinney, Jared Rennick, Matt Ruth, Noah Schroepfer, Brendon Schwarzen, Otto Spaunhorst, Andrew Tchiblakian, Austin Veltrop

**SPORTSMANSHIP**

**Wentzville Holt -**

**Washington -** Adam Kleekamp

**2016 South Varsity Men Track and Field**

**100 meter dash**

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Donavan Lukens	Wentzville Timberland	JR	11.19
Micah Skebo	Francis Howell Central	JR	11.37
Bryce Williams	Fort Zumwalt West	SR	11.38
Marquis Maxwell	Francis Howell North	SR	11.40



## 100 Meter Para

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Chris McCoy	Fort Zumwalt West	FR	17.55
Jason McCabe	Wentzville Holt	SO	18.02

## 200 meter dash

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Rashaun Dennis	Wentzville Timberland	JR	22.88
Lesean Regans	Troy Buchanan	SR	23.18
Kellen Johnson	Fort Zumwalt West	JR	23.44
Justin Bill	Wentzville Timberland	SR	23.45

## 200 Meter Para

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Jason McCabe	Wentzville Holt	SO	34.63

Chris McCoy	Fort Zumwalt West	FR	34.81
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## 400 meter dash

Name	School	Year	Time
Lesean Regans	Troy Buchanan	SR	51.34
Nicolaus Schultz	Francis Howell	JR	52.46
Tyler Hoffman	Fort Zumwalt West	SR	52.55
Devin Hatten	Francis Howell Central	SR	52.96

## 800 meter dash

Name	School	Year	Time
Walker Wetter	Francis Howell	SR	2:00.41
Andrew Berndt	Wentzville Timberland	JR	2:00.87
Brendan Ritchie	Fort Zumwalt West	SR	2:01.23
Pedro Monita	Troy Buchanan	Sr	2:07.80

## 800 Meter Para

Name	School	Year	Time
Chris McCoy	Fort Zumwalt West	FR	2:22.49
Jason McCabe	Wentzville Holt	SO	2:27.45

## 1600 meter run

Name	School	Year	Time
Walker Wetter	Francis Howell	SR	4:29.77
Andrew Berndt	Wentzville Timberland	JR	4:34.11
Marshall Vaccaro	Fort Zumwalt West	JR	4:39.42
Brenden Mollett	Francis Howell North	JR	4:47.57

## 1600 Meter Para

Name	School	Year	Time
Jason McCabe	Wentzville Holt	SO	5:09.39

## 3200 meter run

Name	School	Year	Time
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Austin Crowe	Wentzville Timberland	SR	9:57.58
Bryan Chac	Francis Howell North	JR	10:25.56
Anthony Giacalone	Francis Howell	SO	10:34.18
Trent Brew	Fort Zumwalt West	SR	10:40.04

### 110 meter hurdles

Name	School	Year	Time
Joshua Queen	Wentzville Timberland	JR	16.63
Brett Manegre	Wentzville Timberland	JR	17.12
Hunter Woods	Troy Buchanan	SR	17.88
Matthew Martin	Troy Buchanan	JR	18.13

### 300 meter hurdles

Name	School	Year	Time
Joshua Queen	Wentzville Timberland	JR	44.96
Steven Statham	Francis Howell Central	SR	46.49

Andrew Nguyen	Francis Howell	SR	46.50
Brett Managre	Wentzville Timberland	JR	47.17

### 4 x 100 meter relay

Name	Relay member	Time
Wentzville Timberland	Justin Bill	43.33
	Rashaun Dennis	
	Donavan Lukens	
	Aaron Witherspoon	
Francis Howell Central	Micah Skebo	44.69
	Dontae Horace	
	Kamron Outlaw	
	Cameron Hatten	
Fort Zumwalt West	Marquis Majors	47.92
	Jhaidyn Brown	
	Jacob Herbst	
	Demmerius Plair	
Troy Buchanan	Daniel Dunn	48.62

	Alexander Kriegemeier	
	Christian Smith	
	Hunter Woods	

### 4 x 200 meter relay

School	Relay Member	Time
Wentzville Timberland	Justin Bill	1:31.58
	Rashaun Dennis	
	Donavan Lukens	
	Aaron Witherspoon	
Francis Howell North	Louis Gianopulos	1:33.33
	Antwon Gardner	
	Torrion Robinson	
	Marquis Maxwell	
Francis Howell Central	Micah Skebo	1:34.75
	Cameron Hatten	
	Devin Hatten	
	Dontae Horace	

Fort Zumwalt West	Bryce Williams	1:35.16
	Kellen Johnson	
	Demerrius Plair	
	Marquis Majors	

### 4 x 400 meter relay

Name	Relay Member	Time
Fort Zumwalt West	Bryce Williams	3:33.16
	Kellen Johnson	
	Kobe Rose	
	Tyler Hoffman	
Francis Howell North	Torrion Robinson	3:39.95
	Maurice Massey	
	Antwon Gardner	
	Blake Coonrod	
Francis Howell Central	Devin Hatten	3:40.63
	Zach Painter	
	Kamron Outlaw	

	A. J. Anderson	
Wentzville Timberland	Andrew Berndt	3:41.33
	Donavan Lukens	
	Bill Justin	
	Joshua Queens	

### 4 x 800 meter relay

School	Relay Member	Time
Francis Howell Central	Zach Painter	8:27.73
	Devin Hatten	
	Nathan Limbaugh	
	Garrett Allen	
Fort Zumwalt West	Tristan Baze	8:30.97
	Trent Brew	
	Jared Sinkey	
	James Porter	
Francis Howell	Nicholas Schultz	8:35.58
	Jackson Foster	



	Kane Kutubig	
	Walker Wetter	
Francis Howell North	Bryan Chac	8:50.82
	Blake Coonrod	
	Josh Fajardo	
	Brenden Mollett	

## High Jump

Name	School	Year	Height
Tajon Sutton	Wentzville Timberland	SR	6' 00.00
Christian Smith	Troy Buchanan	SR	5' 10.00
Brayden Hull	Wentzville Timberland	JR	5' 10.00
Jordan Hayden	Francis Howell Central	FR	5' 08.00

## Pole Vault

Name	School	Year	Height
Brandon Hutchison	Troy Buchanan	Sr	13' 01.00
Jacob Herbst	Fort Zumwalt West	SR	12' 06.00

Colton Hart	Francis Howell	JR	12' 06.00
Isaiah Bryant	Francis Howell North	SO	12' 00.00

## Long Jump

Name	School	Year	Distance
Teillo Holt	Wentzville Timberland	SR	21' 06.50
Tajon Sutton	Wentzville Timberland	SR	20' 11.00
Lesean Regans	Troy Buchanan	SR	20' 03.00
Anthony Neal	Francis Howell North	SR	19' 11.50

## Triple Jump

Name	School	Year	Distance
Tajon Sutton	Wentzville Timberland	SR	45' 01.00
Anthony Neal	Francis Howell North	SR	42' 00.00
Brendan Plummer	Fort Zumwalt West	JR	39' 00.50
Brayden Hull	Wentzville Timberland	JR	37' 01.00

## Shot Put

Name	School	Year	Distance
Jordan Williams	Fort Zumwalt West	SO	50' 10.50
Aaron Starr	Troy Buchanan	JR	50' 07.00
Quentin Webert	Francis Howell Central	JR	43' 07.25
Rhe'Nez Galtney	Francis Howell North	SR	43' 05.00

## Discus

Name	School	Year	Distance
Jordan Williams	Fort Zumwalt West	SO	149 01
Jacob Papez	Wentzville Timberland	SO	147' 08
Trey Pettit	Francis Howell North	SR	145' 08
Bryce Eaton	Wentzville Timberland	FR	139' 07

**TEAM RESULTS: *Wentzville Timberland [195]; Fort Zumwalt West [126]; Troy Buchanan [94]; Francis Howell Central [91]; Francis Howell North [88]; Francis Howell [80]***

**ACADEMIC ALL CONFERENCE**

Fort Zumwalt West -

Wentzville Timberland -

## SPORTSMANSHIP

Fort Zumwalt West -

Wentzville Timberland -

### 2016 North Varsity Women Track and Field

#### 100 Meter Dash

Name	School	Year	Time
Morgan Taylor	Saint Charles West	FR	13.51
Emma Housewright	Warrenton	JR	13.70
Juli Pritchett	Wentzville Liberty	FR	13.77
Corizma Blair	Warrenton	SR	14.03

#### 200 Meter Dash

Name	School	Year	Time
Genesis Ewell	Orchard Farm	SR	26.42
Emma Housewright	Warrenton	JR	28.90
Jessica Boyer	Wentzville Liberty	FR	29.20

Bailley Boyer	Orchard Farm	FR	29.22
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## 400 Meter Dash

Name	School	Year	Time
Genesis Ewell	Orchard Farm	SR	58.40
Rylie Cox	Warrenton	SO	64.11
Andrea Poole	Warrenton	JR	66.50
Marjori Russo	Wentzville Liberty	FR	67.75

## 800 Meter Run

Name	School	Year	Time
Alexis Kaiser	Wentzville Liberty	SO	2:30.44
Camryn Green	Saint Charles	SO	2:35.55
Andrea Poole	Warrenton	JR	2:35.99
Alexis Guffey	Wentzville Liberty	SO	2:36.21

## 1600 Meter Run

Name	School	Year	Time
Camryn Green	Saint Charles	SO	5:39.66
Phoebe Helton	Wentzville Liberty	FR	5:42.42

Emily Ristervski	Wentzville Liberty	FR	5:42.62
Andrea Poole	Warrenton	JR	5:42.71

### 3200 Meter Run

Name	School	Year	Time
Phoebe Helton	Wentzville Liberty	FR	13:09.30
Emily Ristevski	Wentzville Liberty	FR	13:16.04
Arielle Fox	Saint Charles	SR	13:30.62
Susan Broker	Warrenton	SO	14:13.29

### 100 Meter Hurdles

Name	School	Year	Time
Sage Wilder	Winfield	FR	17.25
Courtney Richardson	Warrenton	JR	17.81
Allison Tonioli	Warrenton	FR	18.32
Gabriella Oellermann	Saint Charles	SR	18.35

### 300 Meter Hurdles

Name	School	Year	Time
Courtney Richardson	Warrenton	JR	49.79

Baily Griffiths	Saint Charles West	SO	50.91
Gillian Gieseke	Orchard Farm	SO	51.11
Allison Tonioli	Warrenton	FR	53.18

### 4 x 100 Meter Relay

School	Relay Member	Time
Saint Charles West	Baily Griffiths	53.31
	Emma Poindexter	
	Morgan Taylor	
	Ashley Brandt	
Wentzville Liberty	Jessica Boyer	53.65
	Grace Merritt	
	Juli Pritchett	
	Claudia Wallace	
Saint Charles	Angela Boyd	56.31
	Gabriella Oellermann	
	Mariah Harris	
	Jordin Stern	
Winfield	Angela Watson	54.47

	Katherine Rhoades	
	Paige Dixon	
	Sage Wilder	

### 4 x 200 Meter Relay

School	Relay Member	Time
Warrenton	Allison Tonioli	1:54.50
	Rylie Cox	
	Emma Housewright	
	Lalita Andrews	
Wentzville Liberty	Grace Merritt	1:56.83
	Jessica Boyer	
	Claudia Wallace	
	Allison Kranz	
Saint Charles	Nicole Barteau	1:58.14
	Mariah Harris	
	Angela Boyd	
	Jordin Stern	
Saint Charles West	Ashley Brandt	2:02.36



	Abigail Anderson	
	Brandie Cotton	
	Kendra Easton	

## 4 x 400 Meter Relay

<b>Name</b>	<b>Relay Member</b>	<b>Time</b>
Orchard Farm	Marina Heitmann	4:16.03
	Logan Kitchen	
	Genesis Ewell	
	Bailey Boyer	
Warrenton	Courtney Richardson	4:21.45
	Allison Tonioli	
	Rylie Cox	
	Andrea Poole	
Wentzville Liberty	Alexis Kayser	4:27.51
	Jennifer Lammert	
	Allison Kranz	
	Alexis Guffey	
Saint Charles	Angela Boyd	4:45.67

	Molly Schulteheinrich	
	Brianna Wright	
	Jordin Stern	

### 4 x 800 Meter Relay

School	Relay Member	Time
Wentzville Liberty	Alexis Kayser	10:31.73
	Allana Guffey	
	Marjori Russo	
	Alexis Guffey	
Orchard Farm	Genesis Ewell	10:46.04
	Logan Kitchen	
	Bailley Boyer	
	Marina Heitmann	
Saint Charles	Carolyn Fontenberry	10:48.01
	Arielle Fox	
	Camryn Green	
	Molly Schulteheinrich	
Warrenton	Kelsey Anderson	13:04.74

	Katie Carter	
	Hailey Miller	
	Breanna Wielms	

## High Jump

Name	School	Year	Height
Lalita Andrews	Warrenton	SR	5' 04
Emma Poindexter	Saint Charles West	JR	4' 10
Paige Dixon	Winfield	SR	4' 06
Jennifer Lammert	Wentzville Liberty	FR	4' 04

## Pole Vault

Name	School	Year	Height
Kara Steimacki	Orchard Farm	FR	10' 06
Baily Griffiths	Saint Charles West	SO	9' 00
Elizabeth Johnson	Saint Charles	SO	8' 06
Nicole Coffman	Orchard Farm	JR	8' 00

## Long Jump

Name	School	Year	Distance
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Baily Griffiths	Saint Charles West	SO	14' 07.5
Juli Pritchett	Wentzville Liberty	FR	14' 04.5
Sage Wilder	Winfield	FR	14' 04.0
Nicole Barteau	Saint Charles	JR	13' 10.0

## Triple Jump

Name	School	Year	Distance
Rylie Cox	Warrenton	SO	33' 01.75
Lalita Andrews	Warrenton	SR	31' 04.50
Nicole Barteau	Saint Charles	JR	30' 01.25
Katherine Rhoades	Winfield	JR	29' 01.50

## Shot Put

Name	School	Year	Distance
Tanisha Wilson	Saint Charles	JR	40' 05.0
Kayla Nelson	Warrenton	SO	34' 09.0
Samantha Wyman	Saint Charles West	SR	31' 04.0
Hannah Mersch	Saint Charles	SO	30' 01.0

## Discus

Name	School	Year	Distance
Tanisha Wilson	Saint Charles	JR	108' 02
Hope Afflick	Saint Charles West	SO	95' 01
Nadia Perez	Wentzville Liberty	SO	81' 00
Lindsey Weber	Orchard Farm	SR	80' 00

## JAVELIN

Name	School	Year	Distance
Emma Poindexter	Saint Charles West	JR	96' 01
Katue Schnick	Saint Charles West	JR	83' 05
Molly Schulteheinrich	Saint Charles	JR	78' 10
Nadia Perez	Wentzville Liberty	SO	75' 00

**TEAM SCORES: Warrenton [139]; Wentzville Liberty [117]; Saint Charles [95]; Orchard Farm [80]; Saint Charles West [80]; Winfield [35]**

**2016 Central Varsity Women Track and Field**

## 100 meter dash

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Syanne Johnston	Fort Zumwalt East	JR	12.79
Gwen Pudlowski	Fort Zumwalt North	SR	12.90
Rachel Pudlowski	Fort Zumwalt North	JR	12.95
Karis Mitchell	Wentzville Holt	JR	13.63

## 200 meter dash

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Syanne Johnston	Fort Zumwalt East	JR	26.02
Gwen Pudlowski	Fort Zumwalt North	SR	26.64
Danielle Bray	Fort Zumwalt North	SR	27.26
CeMaria Woodard	Fort Zumwalt East	SO	28.12

## 400 meter dash

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Syanne Johnston	Fort Zumwalt East	JR	61.91

Sofia Popp	Fort Zumwalt South	FR	62.55
Amanda Bello	Fort Zumwalt North	JR	62.91
Loren Randell	Fort Zumwalt South	FR	64.39

## 800 meter dash

Name	School	Year	Time
Morgan Holdmeyer	Washington	SO	2:26.59
Adrienne Bruckner	Fort Zumwalt East	SO	2:30.31
Keagan Perkins	Fort Zumwalt East	SO	2:32.12
Mary Bollinger	Fort Zumwalt South	JR	2:32.17

## 1600 meter run

Name	School	Year	Time
Mikayla Reed	Washington	SO	5:13.30
Emily Griesenauer	Wentzville Holt	SO	5:21.84
Moragn Holdmeyer	Washington	SO	5:24.12
Adrienne Bruckner	Fort Zumwalt East	SO	5:38.20

### 3200 meter run

Name	School	Year	Time
Mikayla Reed	Washington	SO	11:20.80
Emily Griesenauer	Wentzville Holt	SO	12:00.13
Josie Plowman	Washington	SR	12:02.73
Morgan Avery	Fort Zumwalt North	SO	12:17.74

### 100 meter hurdles

Name	School	Year	Time
Megan McCrary	Fort Zumwalt South	SR	16.29
CeMaria Woodard	Fort Zumwalt East	SO	17.26
Colleen Kuchem	Washington	SO	17.43
Kaitlyn Weber	Wentzville Holt	FR	18.62

### 300 meter hurdles

Name	School	Year	Time
Megan McCrary	Fort Zumwalt South	SR	47.96



Colleen Kuchem	Washington	SO	48.88
CeMaria Woodard	Fort Zumwalt East	SO	49.89
Milyn Farrier	Fort Zumwalt East	SR	53.60

### 4 x 100 meter relay

<b>Name</b>	<b>Relay member</b>	<b>Time</b>
Fort Zumwalt North	Gwendolyn Pudlowski	50.45
	Rachel Pudlowski	
	Danielle Bray	
	Peyton Brunkhorst	
Wentzville Holt	Allison Meyer	52.44
	Brianna Barton	
	Kaylah Claybon	
	Bailee Gaswint	
Fort Zumwalt South	Kayla Bailey	52.65
	Emma Popp	
	Chloe Schafer	
	Sofia Popp	

Washington	Colleen Kuchem	54.22
	Josie Kleinheider	
	Katie Trigg	
	Josie Kleekamp	

### 4 x 200 meter relay

School	Relay Member	Time
Fort Zumwalt North	Peyton Brunkhorst	1:45.78
	Gwendolyn Pudlowski	
	Amanda Bello	
	Rachel Pudlowski	
Wentzville Holt	Allison Meyer	1:51.64
	Karis Mitchell	
	Brianna Barton	
	Kaylah Claybon	
Fort Zumwalt East	Alexis Butler	1:55.47
	Justice Brown	
	Macie Farrier	

	Milyn Farrier	
Fort Zumwalt South	Kayla Bailey	1:57.58
	Emma Popp	
	Brooklyn Armstead	
	Megan Fulhorst	

#### 4 x 400 meter relay

<b>Name</b>	<b>Relay Member</b>	<b>Time</b>
Fort Zumwalt North	Victoria Nesslage	4:13.11
	Jocelyn Quiles	
	Hannah McNiff	
	Amanda Bello	
Washington	Claire Ayers	4:14.47
	Morgan Holdmeyer	
	Mikayla Reed	
	Katie Trigg	
Fort Zumwalt South	Madeline Crozier	4:18.23
	Sofia Popp	

	Loren Randell	
	Megan McCrary	
Fort Zumwalt East	Justice Brown	4:23.59
	Keagan Perkins	
	Ashlynn Perkins	
	Milyn farrier	

#### 4 x 800 meter relay

School	Relay Member	Time
Fort Zumwalt South	Sofia Popp	9:54.83
	Loren Randell	
	Madeline Crozier	
	Mary Bollinger	
Washington	Claire Ayers	9:58.37
	Mikayla Reed	
	Josie Plowman	
	Ashton Leslie	
Fort Zumwalt North	Amanda Bello	10:10.99

	Victoria Nesslage	
	Hannah McNiff	
	Jocelyn Quiles	
Fort Zumwalt East	Adianna Bruckner	12:44.06
	Keagan Perkins	
	Ashlynn Perkins	
	Audrey Kelly	

## High Jump

Name	School	Year	Height
Victoria Nesslage	Fort Zumwalt North	JR	5' 00.0
Bailee Gaswint	Wentzville Holt	SR	4' 10.0
Keagan Perkins	Fort Zumwalt East	SO	4' 08.0
Dyamond Carey	Wentzville Holt	SO	4' 08.0

## Pole Vault

Name	School	Year	Height
Lynn Pollard	Fort Zumwalt North	SR	10' 00.0

Samantha Kraus	Fort Zumwalt North	JR	9' 06.0
Alexis Knight	Fort Zumwalt South	SR	9' 06.0
Rebecca Manninger	Fort Zumwalt East	JR	7' 06.0

## Long Jump

Name	School	Year	Distance
Rachel Pudlowski	Fort Zumwalt North	JR	17' 01.05
Bailee Gaswint	Wentzville Holt	SR	15' 09.50
Syanne Johnston	Fort Zumwalt East	JR	15' 06.00
Rebecca Hellman	Fort Zumwalt South	SO	14' 00.50

## Triple Jump

Name	School	Year	Distance
CeMaria Woodard	Fort Zumwalt East	SO	32' 09.00
Megan McCrary	Fort Zumwalt South	SR	32' 05.75
Gaby Baptiste	Fort Zumwalt North	JR	31' 01.00
Kailey Blanton	Fort Zumwalt East	FR	30' 06.75

## Shot Put

Name	School	Year	Distance
Alexis Butler	Fort Zumwalt East	SR	31' 07.00
Dajah Robinson	Fort Zumwalt North	FR	30' 03.00
Emma Boehmer	Washington	JR	29' 11.00
Kiana Scott	Fort Zumwalt South	JR	29' 06.00

## Discus

Name	School	Year	Distance
Kiana Scott	Fort Zumwalt South	JR	90' 08
Asia Coleman	Fort Zumwalt South	FR	86' 06
Makayla Lancaster	Wentzville Holt	FR	83' 09
Erinn Grady	Wentzville Holt	SR	82' 04

**TEAM RESULTS: *Fort Zumwalt North* [71]; Fort Zumwalt East [88]; Fort Zumwalt South [75]; Washington [63]; Wentzville Holt [51]**

## ACADEMIC ALL CONFERENCE

Wentzville Holt -

**Washington** - Claire Ayers, Emma Boehmer, Jamie Eiermann, Morgan Holdmeyer, Colleen Kuchem, Ashton Leslie, Alicia Ley, Meghan Mauldin, Samantha Montgomery, Josie Plowman, Erin Ready, Mikayla Reed, Olivia Robinson, Anna Schneider, Anna Sullentrup, Madalyn Thomas, Kathryn Trigg, Leah Whitworth

## **SPORTSMANSHIP**

**Wentzville Holt** -

**Washington** - Colleen Kuchem

## **2016 South Varsity Women Track and Field**

### 100 meter dash

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Christine Williams	Wentzville Timberland	SO	12.53
Casie Pierce	Francis Howell North	JR	12.74
Maia Hopkins	Wentzville Timberland	SR	12.78
Sarah Dobson	Fort Zumwalt West	SO	13.04

### 100 meter para

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
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Katie Ladlie	Troy Buchanan	SR	20.65
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## 200 meter dash

Name	School	Year	Time
Christine Williams	Wentzville Timberland	SO	26.29
Alicia Alexander	Wentzville Timberland	SR	26.58
Paris Adell	Francis Howell North	SO	26.66
Morgan Bova	Troy Buchanan	FR	27.86

## 200 meter para

Name	School	Year	Time
Katie Ladlie	Troy Buchanan	SR	43.29

## 400 meter dash

Name	School	Year	Time
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Alicia Alexander	Wentzville Timberland	SR	60.46
Alexa Brugere	Francis Howell	SO	61.32
Morgan Bova	Troy Buchanan	FR	64.72
Anna Sullivan	Troy Buchanan	JR	65.10

### 400 meter para

Name	School	Year	Time
Katie Ladlie	Troy Buchanan	ST	1:32.73

### 800 meter dash

Name	School	Year	Time
Erin Gilbert	Francis Howell	SO	2:26.61
Morgan Hartwig	Troy Buchanan	SR	2:28.71
Caroline Duboeuf	Francis Howell	JR	2:28.91
Mackenzie Pugh	Francis Howell North	FR	2:29.20

## 800 meter para

Name	School	Year	Time
Katie Ladlie	Troy Buchanan	SR	3:07.25

## 1600 meter run

Name	School	Year	Time
Madison Leigh	Francis Howell	JR	5:26.83
Jane Boessen	Troy Buchanan	JR	5:37.98
Heidi Hauptman	Francis Howell North	SO	5:38.20
Morgan Hartwig	Troy Buchanan	SR	5:49.06

## 3200 meter run

Name	School	Year	Time
Jane Boessen	Troy Buchanan	JR	12:03.03
Elizabeth Payne	Francis Howell	SO	12:09.97
Madeline Wieseman	Fort Zumwalt West	FR	12:23.76
Erin Gilbert	Francis Howell	SO	12:25.45

## 100 meter hurdles

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Autumn Todd	Francis Howell North	SR	17.27
Ashley Raines	Wentzville Timberland	SO	17.42
Brittany Nensel	Troy Buchanan	SO	17.58
Kaitlyn Brooks	Troy Buchanan	JR	17.93

## 300 meter hurdles

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Kaitlyn Brooks	Troy Buchanan	JR	49.79
Kathryn Brooks	Francis Howell North	FR	51.98
Ashley Raines	Wentzville Timberland	SO	52.68
Gabi Staskewicz	Fort Zumwalt West	FR	52.83

## 4 x 100 meter relay

<b>Name</b>	<b>Relay member</b>	<b>Time</b>
Wentzville Timberland	Maia Hopkins	51.30

	Kendall Fletcher	
	Ashley Raines	
	Christine Williams	
Francis Howell North	Paris Adell	51.85
	Kamille Hughes	
	Casie Pierce	
	Autumn Todd	
Francis Howell Central	Becca Cooper	53.19
	Cameron Mekan	
	Lauren Ebert	
	Bergie Walton	
Troy Buchanan	Amanda Morice	53.69
	Adene Edwards	
	Salena Matech-Edwards	
	Kaitlyn Brooks	

#### 4 x 200 meter relay

School	Relay Member	Time
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Wentzville Timberland	Alicia Alexander	1:46.67
	Maia Hopkins	
	Ashley Raines	
	Christine Williams	
Francis Howell North	Paris Adell	1:50.76
	Kathryn Brooks	
	Casie Pierce	
	Autumn Todd	
Francis Howell Central	Becca Cooper	1:53.70
	Tyla Anderson	
	Bergie Walton	
	Cameron Mekan	
Troy Buchanan	Anna Sullivan	1:55.02
	Morgan Bova	
	Salenda Matech-Edwards	
	Amanda Morice	

## 4 x 400 meter relay

<b>Name</b>	<b>Relay Member</b>	<b>Time</b>
Francis Howell	Madison Leigh	4:15.16
	Caroline Duboeuf	
	Kelly Schroeder	
	Alexa Brugere	
Troy Buchanan	Morgan Bova	4:17.55
	Lindsay Bradshaw	
	Morgan Hartwig	
	Amanda Morice	
Francis Howell North	Paris Adell	4:23.56
	Samantha Alexander	
	Nicole Morse	
	Kathryn Brooks	
Fort Zumwalt West	Chelsea Jochimsen	4:24.25
	Amber Thomas	
	Meghan Hertling	
	Nina Hale	

## 4 x 800 meter relay

School	Relay Member	Time
Francis Howell	Alexa Brugere	9:59.87
	Isabelle Daab	
	Anais Duboeuf	
	Madison Leigh	
Troy Buchanan	Lindsay Bradshaw	10:11.40
	Morgan Hartwig	
	Desiree Dyer	
	Jane Boessen	
Fort Zumwalt West	Elizabeth Rogers	10:17.23
	Cara Brackett	
	Lauren Brady	
	Madeline Wieseman	
Francis Howell North	Heidi Hauptman	10:19.45
	Claire Huss	
	Samantha Alexander	
	Mackenzie Pugh	



## High Jump

Name	School	Year	Height
Adene Edwards	Troy Buchanan	SO	5' 00.0
Gianna Sulzner	Francis Howell North	JR	4' 10.00
Paige Hultman	Francis Howell	SO	4' 08.00
Aysia Moon	Wentzville Timberland	SO	4' 08.00

## Pole Vault

Name	School	Year	Height
Emma Johnson	Wentzville Timberland	SR	10' 00.00
Marisa Christopher	Fort Zumwalt West	SR	10' 00.00
Amanda Parker	Wentzville Timberland	SR	9' 06.00
Lauren Beauchamp	Francis Howell	JR	9' 00.00

## Long Jump

Name	School	Year	Distance
Lauren Beauchamp	Francis Howell	JR	16' 10.00
Kendall Fletcher	Wentzville Timberland	SO	16' 04.50

Janae Taylor	Fort Zumwalt West	FR	15' 09.00
Tyla Anderson	Francis Howell Central	SO	15' 01.00

## Triple Jump

Name	School	Year	Distance
Ashley Roland	Francis Howell Central	SO	32' 07.00
Lauren Schmidt	Wentzville Timberland	SO	32' 03.00
Lauren Ebert	Francis Howell Central	FR	30' 02.00
Amber Thomas	Fort Zumwalt West	SR	30' 00.00

## Shot Put

Name	School	Year	Distance
Makayla Hurst	Wentzville Timberland	SO	39' 10.75
Ann Russell	Francis Howell North	JR	38' 04.25
Makenzie Schierding	Francis Howell Central	SO	34' 01.50
Natalie Green	Francis Howell Central	JR	33' 07.50

## Discus

Name	School	Year	Distance
Emily Montgomery	Troy Buchanan	SR	127' 00
Abigail Green	Francis Howell Central	SO	122' 08
Makayla Hurst	Wentzville Timberland	SO	110' 00
Makenna Jasper	Wentzville Timberland	FR	104' 05

**TEAM RESULTS: *Wentzville Timberland [169]; Troy Buchanan [141]; Francis Howell North [109]; Francis Howell [98]; Francis Howell Central [92]; Fort Zumwalt West [77]***

## **ACADEMIC ALL CONFERENCE**

**Fort Zumwalt West -**

**Wentzville Timberland -**

## **SPORTSMANSHIP**

**Fort Zumwalt West -**

**Wentzville Timberland -**

2016 Boys Volleyball

NO RESULTS REPORTED.

PLAYER OF THE YEAR:

**FIRST TEAM**

**SECOND TEAM**

**2015 FALL CONFERENCE CHAMPIONS**

<b>SPORT</b>	<b>NORTH</b>	<b>CENTRAL</b>	<b>SOUTH</b>
<b>Boys Cross Country</b>	Saint Charles	Fort Zumwalt North	Wentzville Timberland
<b>Girls Cross Country</b>	Wentzville Liberty	Washington	Francis Howell
<b>Football</b>	Saint Charles West	Fort Zumwalt North	Francis Howell
<b>Boys Soccer</b>	Saint Charles	FZ North - FZ South	FZ West -FH Central-Ho
<b>Softball</b>	Warrenton	Wentzville Holt	Fort Zumwalt West
<b>Girls Volleyball</b>	Winfield	Washington	Francis Howell

<b>SPORT</b>	<b>NORTH</b>	<b>SOUTH</b>
<b>Girls Golf</b>		Wentzville Timberland

<b>Girls Tennis</b>	Fort Zumwalt North	Francis Howell North
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<b>SPORT</b>	<b>CONFERENCE CHAMPION</b>
<b>Boys Swimming</b>	Fort Zumwalt South

## WINTER CONFERENCE CHAMPIONS 2015-2016

<b>SPORT</b>	<b>NORTH</b>	<b>CENTRAL</b>	<b>SOUTH</b>
<b>Boys Basketball</b>	Saint Charles West	Fort Zumwalt South	Francis Howell
<b>Girls Basketball</b>	Saint Charles	Washington	Francis Howell
<b>Wrestling</b>	Warrenton-Wentzville Liberty	Wentzville Holt	Francis Howell

<b>SPORT</b>	<b>CONFERENCE/DIVISION CHAMPION</b>
<b>Girls Swimming North-Central</b>	Wentzville Liberty
<b>Girls Swimming South</b>	Fort Zumwalt West
<b>Wrestling</b>	Wentzville Holt
<b>Scholar Bowl</b>	Washington

## 2016 SPRING CONFERENCE CHAMPIONS

	NORTH	CENTRAL	SOUTH
<b>Girls Soccer</b>	St. Charles - St.Charles West	Wentzville Holt	Francis Howell North
<b>Baseball</b>	Saint Charles	Fort Zumwalt North	Francis Howell- FZ West
<b>Girls Track</b>	Warrenton	Fort Zumwalt North	Wentzville Timberland
<b>Boys Track</b>	Wentzville Liberty	Fort Zumwalt East	Wentzville Timberland
<b>Boys Golf</b>	Saint Charles	Wentzville Holt	Francis Howell

## 2016 SRING TWO DIVISION CHAMPIONS

	NORTH CENTRAL	SOUTH CENTRAL
<b>Boys Tennis</b>	Fort Zumwalt South	Francis Howell

## 2016 SRING COMBINED CHAMPIONS

<b>Boys Volleyball</b>	<b>Francis Howell North</b>
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