

# 2016 North Division

## Boys Cross Country

Athlete	School	Time
Nathan Nordwald	Warrenton	16:32.00
Carson Sanders	Orchard Farm	16:43.00
Wilson Rosner	Saint Charles	16:51.00
Andrew Chaffin	Saint Charles West	16:55.00
Tyler Oetting	Saint Charles West	17:29.00
Jacob Larson	Saint Charles West	17:37.00
Dillon Ruble	Saint Charles	17:42.00
Matthew Bauer	Orchard Farm	17:50.00
Stephon Abron	Saint Charles	17:55.00
Will Runion	Orchard Farm	18:04.00
Brendan Buechter	Orchard Farm	18:06.00
Corbin Estes	Warrenton	18:07.00
Jared Caldwell	Orchard Farm	18:13.00
Logan Brunson	Saint Charles	18:20.00

**TEAM SCORES: Orchard Farm 44; Saint Charles 49; Saint Charles West 55; Warrenton 70; Winfield 141**

## SPORTSMANSHIP

**Orchard Farm -**

**Wentzville Liberty -**

**Winfield -**

**Saint Charles West -**

**Saint Charles -**

## **ALL ACADEMIC**

**Orchard Farm -**

**Wentzville Liberty -**

**Winfield -**

**Saint Charles West -** Andrew Chaffin, Trent Champagne, Jacob Larson, Tyler Oetting, Brandon Winkler, Lucas Horton

**Saint Charles -**

## **2016 Central Division**

### **Boys Cross Country**

<b>Athlete</b>	<b>School</b>	<b>Time</b>
Clayton Duchatschek	Washington	16:43.60
Hunter Boker	Fort Zumwalt North	17:28.55
Christopher Allensworth	Fort Zumwalt North	17:47.32
Jerald Caldwell	Fort Zumwalt North	17:59.72
Sean Deeken	Fort Zumwalt North	18:04.15
Joshua Skeeter	Fort Zumwalt South	18:16.65
Maverick Gray	Fort Zumwalt South	18:26.78
Gabriel Rompel	Wentzville Liberty	18:42.95
Wyatt Lake	Wentzville Liberty	18:43.91
Otto Spaunhorst	Washington	18:45.64
Andrew Rotter	Wentzville Holt	18:52.99
Ben Palmer	Fort Zumwalt East	18:54.92

Austin Perkins	Fort Zumwalt East	19:01.49
Wyatt Cleveland	Wentzville Liberty	19:11.42

**TEAM SCORES: Fort Zumwalt North 29; Wentzville Liberty 66; Washington 78; Fort Zumwalt South 90; Fort Zumwalt East 109; Wentzville Holt 122**

## ALL ACADEMIC

**Fort Zumwalt East -**

**Fort Zumwalt North -**

**Washington** - Clayton Duchatschek, Ben Griffen, Noah Little, Ben Marquart, Joe Omer, Otto Spaunhorst

**Wentzville Holt** - Dawson Bickel, Geoffrey Fegan, Joseph Harmann, Dylan Hicks, Noah Pieper, Andrew Rotter, James Schnyder, Nathan Schweiger

## SPORTSMANSHIP

**Fort Zumwalt East -**

**Washington** - Clayton Duchatschek

**Wentzville Holt** - Andrew Rotter

# 2016 South Division Boys Cross Country

Athlete	School	Time
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Bryan Chac	Francis Howell North	17:08.36
Tristan Baze	Fort Zumwalt West	17:21.51
Marshall Vaccaro	Fort Zumwalt West	17:25.83
Andrew Berndt	Wentzville Timberland	17:32.49
Jace Nielsen	Wentzville Timberland	17:36.63
Jake Oppenborn	Francis Howell North	17:37.04
Anthony Giacalone	Francis Howell	17:39.43
Jason Brown	Fort Zumwalt West	17:40.53
Joel Talley	Troy Buchanan	17:42.55
Jackson Foster	Francis Howell	17:49.09
Nicolaus Schultz	Francis Howell	17:57.52
Jared Sinkey	Fort Zumwalt West	18:01.93
Collin King	Francis Howell Central	18:07.24
Brendan Mollett	Francis Howell North	18:13.88

**TEAM SCORES: Fort Zumwalt West 40; Francis Howell North 61; Francis Howell 73; Wentzville Timberland 88; Francis Howell Central 121; Troy Buchanan 132**

### **ALL - ACADEMIC AWARD**

**Wentzville Timberland -**

**Fort Zumwalt West -** Tristan Baze, Jason Brown, Joey Fanara, Timur Guler, Joey Kedl, Cameron Myers, Bryan Prichard, Jared Sinkey, Ashwath Subbiah, Marshall Vaccaro, Alex Wieda

**Francis Howell Central -**

**Wentzville Timberland -**

**Fort Zumwalt West -**

## **SPORTSMANSHIP**

**Fort Zumwalt West - Cameron Myers**

**Francis Howell Central -**

**Wentzville Timberland -**

## **2016 North Division Girls Cross Country**

<b>Athlete</b>	<b>School</b>	<b>Time</b>
Andrea Poole	Warrenton	20:24.00
Alexandra Frederick	Warrenton	20:44.00
Camryn Green	Saint Charles	21:25.00
Jada O'Donnell	Saint Charles	21:30.00
Natalia Sisomphane	Saint Charles	21:31.00
Natalie Hyde	Saint Charles	21:32.00
Taylor Lyles	Saint Charles	21:36.00
Brianna Wright	Saint Charles	21:57.00
Aneliese Hebenstreit	Saint Charles	22:43.00
Karlie Patterson	Warrenton	23:25.00
Grace Honey	Saint Charles West	23:37.00
Alyssa Pavlacic	Saint Charles West	24:02.00

Kaelyn Mraz	Orchard Farm	24:14.00
Bailey Clodfelter	Saint Charles West	24:27.00

**TEAM SCORES: Saint Charles 25; Warrenton 48; Saint Charles West 79; Orchard Farm 84;**

## Sportsmanship

**Orchard Farm -**

**Wentzville Liberty -**

**Winfield -**

**Saint Charles West -**

**Saint Charles -**

## All Academic

**Orchard Farm -**

**Wentzville Liberty -**

**Winfield -**

**Saint Charles West -** Bailey Clodfelter, Mikayla Dawson, Haley Eads, Grace Honey, Nikole Huster, Kendall Isom, Alyssa Pavlacic, Morgan Price

**Saint Charles -**

# 2016 Central Division Girls Cross Country

<b>Athlete</b>	<b>School</b>	<b>Time</b>
Mikayla Reed	Washington	19:25.11
Emily Griesenauer	Wentzville Holt	20:10.20
Claire Ayers	Washington	20:45.83
Morgan Holdmeyer	Washington	20:51.41
Jocelyn Quiles	Fort Zumwalt North	20:57.05
Anna Sullentrup	Washington	21:09.39
Adrienne Bruckner	Wentzville Holt	21:15.27
Abbigael Woods	Wentzville Liberty	21:18.47
Morgan Avery	Fort Zumwalt North	21:48.80
Ashlee Raymer	Fort Zumwalt East	22:02.62
Gracyn Pietrusinski	Wentzville Holt	22:03.97
Audrey Kelly	Fort Zumwalt East	22:06.52
Brooke Robinson	Washington	22:08.69
Colleen Kuchem	Washington	22:19.37

**TEAM SCORES: Washington 27; Wentzville Holt 65; Fort Zumwalt North 66; Fort Zumwalt East 101; Fort Zumwalt South 103; Wentzville Liberty 138**

## **ALL ACADEMIC**

**Fort Zumwalt East -**

**Fort Zumwalt North -**

**Washington** - Jacqueline Arnold, Reese Arnold, Claire Ayers, Morgan Holdmeyer, Lydia Juengling, Colleen Kuchem, Samantha Montgomery, Emma Pabst, Mikayla Reed, Kailey Robinson, Olivia Robinson, Anna Sullentrup

**Wentzville Holt** - Adrienne Bruckner, Emily Griesenauer, Nicole Griesenauer, Kayla Hicks, Rylie O'Hara, Dremia Rever

**SPORTSMANSHIP**

**Fort Zumwalt East -**

**Washington** - Morgan Holdmeyer

**Wentzville Holt** - Dremia Rever

**2016 South Division  
Girls Cross Country**

<b>Athlete</b>	<b>School</b>	<b>Time</b>
Madison Leigh	Francis Howell	19:18.48
Jane Boessen	Troy Buchanan	20:01.23
Heidi Hauptman	Francis Howell North	20:29.40
Erin Gilbert	Francis Howell	20:30.65
Jenna Wescott	Fort Zumwalt West	20:39.02
Kalleigh Linthicum	Wentzville Timberland	20:45.64
Caroline Duboeuf	Francis Howell	21:05.57



Grace Wright	Fort Zumwalt West	21:09.60
Isabelle Daab	Francis Howell	21:15.26
Chloe Figgins	Francis Howell	21:18.42
Mackenzie Pugh	Francis Howell North	21:19.84
Allison Huffman	Francis Howell Central	21:23.68
Elizabeth Payne	Francis Howell	21:24.84
Claire Huss	Francis Howell North	21:25.20

**TEAM SCORES: Francis Howell 28; Fort Zumwalt West 57; Francis Howell North 68; Francis Howell Central 97; Troy Buchanan 101**

### **ALL ACADEMIC AWARD**

**Wentzville Timberland -**

**Fort Zumwalt West -** Aliyah Amerin, Mora Boatman, Cara brackett, Lauren Brady, Lauren Brew, Isabel Dominguez, Morgan Gumper, Robin Mickael, Kilet Otten, Brielle Palmer, Terra Stevens, Hannah Vaccaro, Jenna Westcott, Maddie Wieseman, Grace Wright

**Francis Howell North -**

**Francis Howell Central -**

### **SPORTSMANSHIP AWARD**

**Wentzville Timberland -**

**Fort Zumwalt West -** Elizabeth Rogers

## 2016 North Division Football

### QUARTERBACK

	Player	School	Year
<b>1st Team</b>	Brenden Smith	Warrenton	JR
<b>2nd Tem</b>	D. J. Kemp	Orchard Farm	SR

### RUNNING BACK

	Player	School	Year
<b>1st Team</b>	Cameron Richardson	Warrenton	SR
	A. J. Hibbler	Orchard Farm	SR
	Jordan Gladney	Saint Charles	SR
<b>2nd Team</b>	Caleb Grimes	Orchard Farm	JR
	Brandon Carbray	Saint Charles West	JR
	Alarenz Stanton	Saint Charles West	SR

### OFFENSIVE LINE

	Player	School	Year
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<b>1st Team</b>	Jordan Forsythe	Orchard Farm	SR
	Anthony Dandino	Orchard Farm	SR
	Wyatt Wielms	Warrenton	SR
	Ruben Varnado	Warrenton	SR
	Marcus Paddack	Saint Charles West	SR
	Reid Williams	Saint Charles West	SR
<b>2nd Team</b>	Matt Lewis	Orchard Farm	SO
	Chris Vogt	Warrenton	JR
	Alex Vogt	Warrenton	JR
	Leo Ortiz	Saint Charles West	JR

## WIDE RECEIVER

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Bobby Blount	Winfield	SR
	Cole Kline	Orchard Farm	SR
	Rashaad Chatman	Saint Charles West	SR
<b>2nd Team</b>	Tristan Bayer	Saint Charles	SR
	Cade Grimes	Orchard Farm	JR
	Brandon Molinari	Warrenton	JR

## KICKER

	<b>Player</b>	<b>School</b>	<b>Year</b>
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<b>1st Team</b>	Evan Eickhoff	Saint Charles West	SO
<b>2nd Team</b>	Zach Blackwood	Warrenton	SO

## LINEBACKER

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Jordan Gladney	Saint Charles	SR
	Caleb Grimes	Orchard Farm	JR
	Matt Lewis	Orchard Farm	SO
	Jacob Null	Warrenton	SR
<b>2nd Team</b>	Jordan Forsythe	Orchard Farm	SR
	Brandon Carbray	Saint Charles West	JR
	Alarenz Stanton	Saint Charles West	SR
	Kiyah Christensen	Winfield	SO

## DEFENSIVE LINE

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Wyatt Wielms	Warrenton	SR
	Marcus Paddock	Saint Charles West	SR
	Anthony Dandino	Orchard Farm	SR
	Nick Wright	Orchard Farm	SR
<b>2nd Team</b>	Chris Vogt	Warrenton	JR

	Ruben Varnado	Warrenton	SR
	Cameron Shuppert	Orchard Farm	SR
	Leo Ortiz	Saint Charles West	JR

## DEFENSIVE BACK

	Player	School	Year
<b>1st Team</b>	Cole Kline	Orchard Farm	SR
	A. J. Hibbler	Orchard Farm	SR
	Cade Grimes	Orchard Farm	JR
	Darius Morrison	Saint Charles West	JR
<b>2nd Team</b>	Donald Littleton	Saint Charles	JR
	Brandon Molinari	Warrenton	JR
	Dylan Williams	Orchard Farm	SR
	Demetrius Lane	Saint Charles West	JR

## PUNTER

	Player	School	Year
<b>1st Team</b>	Connor Jones	Orchard Farm	SO
<b>2nd Team</b>	Alarenz Stanton	Saint Charles West	SR

## DEFENSIVE PLAYER OF THE YEAR:

**Nick Wright, Orchard Farm, Senior**

## **OFFENSIVE PLAYER OF THE YEAR:**

**Brenden Smith, Warrenton, Junior**

## **SPECIAL TEAM PLAYER OF THE YEAR:**

**Reid Williams, Saint Charles West, Senior**

## **COACH OF THE YEAR:**

**Eric Schroer, Orchard Farm**

## **Sportsmanship Award**

**Orchard Farm** - Hunter Engle

**Saint Charles** - Jaylin Williams

**Saint Charles West** - Aslan Edge

**Warrenton** - Nick Boling

**Winfield** - Joey Marko

## **All-Academic Team**

**Orchard Farm** - Cade Grimes, Ethan Kaiser, Caleb Grimes, Trey Stephens, Dylan Williams, Tahj Burnett, Hunter Engle, Ben Stopke, Matt Lewis, Patrick Kelley, Nick Wright, Drew Statler, Jon Niemeyer

**Saint Charles** - Courtney Anderson, Gerrin Bantle, Tyler Barteau, Logan Birke, Devon Blair, Aj Bredell, Jordan Gladney, Michael Griffith, Alex Habermehl, Josh Hooper, Kyle Hooper, Jack Moss, Brandon Nieters, Donnie Payne, Johnathan Rupe, Chris Short, Cody Thorne, Nick Thorne, Collin Thornhill, Jaylin Williams

**Saint Charles West** - Jeff Alexander, Matt Anderson, Jared Baysinger, Ken Boeckman, Brandon Carbray, Will Carpenter, Joey Echele, Aslan Edge, Atticus Edge, Evan Eickhoff, Matt Frazer, Wil

Gamache, R.J. Harris, Shawn Harvey , Clark Henderson, Clayton Higgins, Brandon Houska, Cameren Jett, Tobias Lyons, Nick Napoli, Leo Ortiz, Marcus Paddack, Joe Presson, Ethan Watkins, Reid Williams

**Warrenton** - Jacob Null, Ruben Varnado, Nick Boling, Wyatt Wielms, Alex Vogt, Chris Vogt, Brenden Smith, Clayton Schowe, Caleb Strauss, Johnny Wiltsch, Treysen Neal, Dylan Smith, Andrew Smith

**Winfield** - Josh Cook, Anthony Heintzelman, John Hogan, Brennan Hornbeck, Charles Lindsay, Joey Marko, Turner Mcglasson, Collin Sutton, Chase Wright

## 2016 Central Division Football

### QUARTERBACK

	Player	School	Year
<b>1st Team</b>	Cade Brister	Fort Zumwalt North	SR
<b>2nd Team</b>	Drake Whaley	Fort Zumwalt South	SR

### RUNNING BACK

	Player	School	Year
<b>1st Team</b>	Cole Mueller	Wentzville Holt	SO
	R. J. Keen	Fort Zumwalt South	SO
<b>2nd Team</b>	Deiondre Stockton	Fort Zumwalt North	SR
	Gerardo Plaza	Wentzville Liberty	JR

## OFFENSIVE LINE

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Alex Jetton	Fort Zumwalt North	SR
	Trevor Olson	Fort Zumwalt North	JR
	Nick Follmer	Wentzville Liberty	SR
	Blake Bennett	Fort Zumwalt South	JR
	Kader Ndiaye	Fort Zumwalt North	JR
<b>2nd Team</b>	Konnor Pennington	Fort Zumwalt East	JR
	Andrew Freymuth	Wentzville Holt	JR
	Alec Holtmeyer	Washington	SR
	Vince Czerniawski	Fort Zumwalt East	JR
	Nick Rogers	Fort Zumwalt North	SR

## WIDE RECEIVER

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Ben Straatmann	Washington	SR
	Damion Hudson	Fort Zumwalt East	SR
	Channon Ross	Fort Zumwalt South	SR
<b>2nd Team</b>	Brian Jones	Wentzville Liberty	SR
	Vernell Rue	Fort Zumwalt North	JR
	Tre Payne	Fort Zumwalt East	JR



## KICKER

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Matt Hoemann	Washington	SR
<b>2nd Team</b>	Jake Jefferies	Fort Zumwalt South	SR

## ATHLETE

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Ben Watson	Fort Zumwalt East	SO
<b>2nd Team</b>	Jack Ederer	Fort Zumwalt North	JR

## DEFENSIVE BACK

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Ben Straatmann	Washington	SR
	Cade Brister	Fort Zumwalt North	SR
	Channon Ross	Fort Zumwalt South	SR
	Code Lampe	Fort Zumwalt East	SR
<b>2nd Team</b>	William Coleman	Wentzville Holt	SR
	Jake Cecil	Fort Zumwalt North	SR
	Deiondre Stockton	Fort Zumwalt North	SR
	Jeff Farris	Wentzville Holt	JR

## LINEBACKER

	Player	School	Year
<b>1st Team</b>	Eli Paraheim	Fort Zumwalt North	JR
	Harrison Stephan	Fort Zumwalt South	SR
	Brant McCain	Wentzville Liberty	SR
	Jaylin Vaughn	Fort Zumwalt North	SO
<b>2nd Team</b>	Davon Scott	Wentzville Holt	JR
	Tristan Davis	Fort Zumwalt East	SO
	Lucas Hellebusch	Washington	SR
	Marleon Lowery	Fort Zumwalt North	FR

## DEFENSIVE LINE

	Player	School	Year
<b>1st Team</b>	Trevor Olson	Fort Zumwalt North	SR
	Alec Holtmeyer	Washington	SR
	Vince Czerniawski	Fort Zumwalt East	JR
	Kader Nidaye	Fort Zumwalt North	JR
<b>2nd Team</b>	Tobias King	Wentzville Holt	JR
	Elijah England	Wentzville Liberty	SR
	Austin Parres	Fort Zumwalt South	SR
	Austin Brown	Washington	SR
	Austin Abdin	Fort Zumwalt South	SR

## **PUNTER**

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Tyler Murphy	Wentzville Liberty	JR
<b>2nd Team</b>	Cody Lampe	Fort Zumwalt East	SR

## **OFFENSIVE PLAYER OF THE YEAR :**

**Cade Brister, Fort Zumwalt North, Senior**

## **DEFENSIVE PLAYER OF THE YEAR:**

**Ben Straatmann, Washington, Senior**

## **SPECIAL TEAMS PLAYER OF THE YEAR:**

**Tre Payne, Fort Zumwalt East, Junior**

## **COACH OF THE YEAR:**

**Joe Bacon, Fort Zumwalt North**

## **Sportsmanship Award**

**Fort Zumwalt East** - Damion Hudson

**Fort Zumwalt North** - Zach Stanner

**Fort Zumwalt South** - Blake Bennett

**Washington** - Jerry Delargy

**Wentzville Holt** - Joe Vaughn

**Wentzville Liberty** - Brant McCain

## All-Academic Team

**Fort Zumwalt East** - Peyton Weiner, Tristan Davis, A.J. Hart, Ben Watson, Will Jackson, Ethan Jackson, Cody Lampe, Konnor Pennington, Carter Galloway, Ryan Wagner, Bill Ngo, Jacob Morris

**Fort Zumwalt North** - Austin Bear, Jeremiah Bresnahan, Cade Brister, Hayden Carrico, Jacob Cecil, Steven Clogston, Jackson Ederer, Zachary Hall, Joel Hilliard, Jacob Hudanick, Alex Jetton, Yosef Kropp, Grant Latina, Kyle Mallett, Hunter McClintock, Jacob Noernberg, Nicholas Rogers, Joshua Spence, Zachary Stanner, Zachary Steele, Deiondre' Stockton, Chrisitan Telford, Nicholas White

**Fort Zumwalt South** - Blake Bennett, Baylor Cole, Gavin Cork, Austin Denson, Andrew Farley, Grant Jacobs, Jacob Laffleur, Dominic Licameli, Brent Mattli, Nicholas Mattli, Samuel Weir

**Washington** - Tommy Ruether, Brandon Solter, Matt Hoemann, Ben Straatmann, Corey Hardisty, Austin Lewis, Alex Phinney, James Partridge, Kaden Bollmann, John Duncan, Jerry Delargy, Cole Phinney, Jack Carico, Cameron Briggs, Jack Tyree, Ty Rinne, Zach Jasper, Curtis Brinker, Jacob Hillermann, Cole Maerli, Tanner Webb

**Wentzville Holt** - Brody Beltz, Jacob Boegemann, Blake Deckard, Tyler Hall, Tevon Kwon, Shane Marion, Cole Mueller, Mitchell Richterkessing, Isaak Robinson, Gabe Wargowsky

**Wentzville Liberty** - Brant McCain, John Brooks, Elijah England, Hamza Mansoor, John Pease, Brian Jones, Gerardo Plaza, Nick Follmer, Jack Nyemetz, Ryan Mason, Brandon Wortman, Ryan Bermudez, Wesley Hines, Seth Tate, Alex Ward, Nolan Bone, Garrett Overton, Michael Rybak, Kenneth Nowling

## 2016 South Division

### Football

## QUARTERBACK

	Player	School	Year
<b>1st Team</b>	Jack Verschoore	Fort Zumwalt West	JR

<b>2nd Team</b>	Jackson Berck	Francis Howell Central	SR
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## RUNNING BACK

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Alex Jones	Francis Howell	SR
<b>2nd Team</b>	Donnell Hawkins	Francis Howell North	SR

## ATHLETE

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	McGwire Dean	Francis Howell	SR
<b>2nd Team</b>	Ryeil Powell	Troy Buchanan	SO

## OFFENSIVE LINE

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Brad Papez	Wentzville Timberland	JR
	Michael Schlottach	Fort Zumwalt West	SR
	Daniel Ostrovskiy	Francis Howell North	JR
	Michael Fine	Fort Zumwalt West	JR
	Nate O'Donohue	Francis Howell	JR
<b>2nd Team</b>	Evan Montgomery	Troy Buchanan	SR

	Justin Hedrick	Francis Howell Central	JR
	Richie Graham	Francis Howell	SR
	Cody Brave	Wentzville Timberland	SR
	Clayton Ivie	Fort Zumwalt West	JR

## WIDE RECEIVER

	Player	School	Year
<b>1st Team</b>	Marquis Majors	Fort Zumwalt West	JR
	Maurice Massey	Francis Howell North	SO
	Nathan Garthe	Francis Howell Central	SR
	Daylan Dalton	Francis Howell	SO
<b>2nd Team</b>	Jake Papez	Wentzville Timberland	JR
	Connor Reibel	Francis Howell Central	JR
	Dylan Thaxton	Francis Howell Central	JR
	Jonathan Honore	Wentzville Timberland	SR

## KICKER

	Player	School	Year
<b>1st Team</b>	Jackson Florea	Francis Howell	SR
<b>2nd Team</b>	Seth Thompson	Wentzville Timberland	SR

## DEFENSIVE BACK

	Player	School	Year
<b>1st Team</b>	Jhaidyn Brown	Fort Zumwalt West	SR
	Seth Thompson	Wentzville Timberland	SR
	Steven Jackson	Francis Howell	SR
	Jonathan Honore	Wentzville Timberland	SR
	Thomas Larson	Troy Buchanan	JR
<b>2nd Team</b>	Micah Skebo	Francis Howell Central	SR
	Logan Williams	Fort Zumwalt West	JR
	Brett Hiatt	Wentzville Timberland	SO
	Connor Gallagher	Francis Howell North	JR
	Max Hefner	Francis Howell	JR

## LINEBACKER

	Player	School	Year
<b>1st Team</b>	Jack Flynn	Francis Howell	JR
	Josh Unland	Francis Howell	JR
	Ja'Von Hune	Wentzville Timberland	JR
	Matt Harris	Fort Zumwalt West	JR
<b>2nd Team</b>	Collin Nichols	Troy Buchanan	SO
	Bryce McDaniel	Francis Howell North	SR
	Sam Jehle	Wentzville Timberland	SO
	Sam Davis	Francis Howell Central	JR

## DEFENSIVE LINE

	Player	School	Year
<b>1st Team</b>	Jordan Williams	Fort Zumwalt West	JR
	Reeder Kuhn	Francis Howell	SR
	Donavan Lukens	Wentzville Timberland	SR
<b>2nd Team</b>	Luke Henley	Francis Howell	SR
	Jake Stern	Fort Zumwalt West	SO
	Jalen Armstong	Francis Howell North	SR

## PUNTER

	Player	School	Year
<b>1st Team</b>	Jake Thomas	Francis Howell	SO
<b>2nd Team</b>	Jackson Berck	Francis Howell Central	SR

## OFFENSIVE PLAYER OF THE YEAR:

**Jake Vershoore, Fort Zumwalt West, Junior**

## DEFENSIVE PLAYER OF THE YEAR:

**Jake Unland, Francis Howell, Junior**



## **SPECIAL TEAMS PLAYER OF THE YEAR:**

**Marquis Majors, Fort Zumwalt West, Junior**

## **COACH OF THE YEAR:**

**Neil Nowack, Fort Zumwalt West**

## **Sportsmanship Award**

**Fort Zumwalt West** - Tyler Eckman

**Francis Howell** - Reeder Kuhn

**Francis Howell Central** - Jackson Berck

**Francis Howell North** - Connor Gallagher

**Troy Buchanan** - Lane Grelle

**Wentzville Timberland** - Brayden Hull

## **All-Academic Team**

**Fort Zumwalt West** - Nathan Barnett, Jhaidyn Brown, Jacob Dietrich, Michael Dubowski, Trey Durbin, Tyler Eckman, Mikey Fine, Gage Froneberger, Matthew Harris, Luke Hildreth, Kenneth Hillen, Geo Houston, Clayton Ivie, Mason Loehr, Marquis Majors, Kyle Matyiko, Mitchell Palmer, Montgomery Palmer, Shane Riley, Luke Ross, Matthew Schlottach, Michael Schlottach, Lucas Sims, Jake Stern, Jake Verschoore, Dylan Williams, Jordan Williams, Logan Williams, Macklin Zinselmeyer, Max Zuccarello

**Francis Howell** - Ned Bargaen, Chris Porter, Dylan Fridrich, Ian Flickinger, Kyle Siebenshuh, Mcgwire Dean, Andrew Funk, Max Hefner, Dawson Keim, Richie Graham, Trey Parker, Zack Hunsicker, Brett Hulen, Joey Gullledge, Shane Jackson, Joe Faron, Reeder Kuhn, Jackson Florea, John Recca, Jonny Krone, Josh Unland

**Francis Howell Central** - James Grant, Spencer Ratermann, Jaccob Schroeder, Adam Lewis, Micah Skebo, Max Kujath, Austin Louis, Jason Jacob, Grayson Lewis, Austin Mckinley, Keith Kirkbride, Justin Hedrick, Dylan Lipski, Noah Zuckerman, Cole Kreder, Austin Wright, Dawson Albrecht, Nicholas Wolf, Jackson Berck, Douglas West, Dylan Gillette, Ashaad Blue Williams, Luke Ezell

**Francis Howell North** - Conor Cronin, Jacob Dulaney, Tyler Layne, Logan Holloway, Jordan Keating, Dillon Lauer, Drew Scheer, Josh Simmons, Jaren Arnold, Connor Gallagher, Ryan Gordon, Aidan Mcdaniel, Bryce Mcdaniel  
Sam Neely, Daniel Ostrovskiy, Chris Schniepp

**Troy Buchanan** - Joshua Butters, Trenton Cathcart, Hunter Diemert, Alec Driskell, Isaiah Glenn, Lane Grelle, Nathan Keleher, Dallas King, Isaiah Massey, Michael Morelock, Charles Parsons, Ryeil Powell, Cade Ruether, Mckennan Starkey, Gabriel Winsor

**Wentzville Timberland** - Jason Arndt, Tyler Bastunas, Jacob Beer, Cody Brave, Alec Brettnacher, Brendan Crowell, Grady Daniels, Brett Hiatt, Joel Holmes, Cameron Holst, Jonathan Honore, Brayden Hull, Austin Jeffreys, Sam Jehle, Cole Martin, Jimmy Moore, Gavin Nowlin, Bradley Papez, Josh Queen, Zach Schrader, Jared Spudich, Justin Steffeny, Seth Thompson, Nicholas Woodard

## 2016 North/Central Girls Golf Medallists

Maya Schnable	Wentzville Liberty	75
Madeline Larouere	Wentzville Liberty	75
Erika Martin	Fort Zumwalt South	80
Zoe Harrington	Wentzville Liberty	80
Sydney Parrish	Washington	83
Kelsey Fletcher	Wentzville Liberty	89
Jessica Kolscelny	Fort Zumwalt North	90
Kiersten Oderman	Fort Zumwalt North	90
Alyssa Hermann	Fort Zumwalt South	90
Susana Caito	Fort Zumwalt South	90
Shelby Tierney	Fort Zumwalt South	91
Ashlyn Sanders	Wentzville Holt	92

**TEAM STANDINGS: Wentzville Liberty 318; Fort Zumwalt South 351; Fort Zumwalt North 384; Washington 392;**

# Wentzville Holt 395; Fort Zumwalt East 443; Warrenton 444

## Sportsmanship

Washington	Emma Jones
Wentzville Holt	Sophia Dattilo

## All Academic

**Fort Zumwalt East** - Kaelyn Hathaway, Torie Lott, Kendall Mische, Ally Wukitsch, Alison Taylor

**Fort Zumwalt North** -

**Fort Zumwalt South** -

**Washington** - Jordan Aholt, Jessica Frick, Bria Hasenjaeger, Emily Hopkins, Emma Jones, Sydney Parrish, Madison Sprung

**Wentzville Holt** - Sophia Dattilo, Kylie Finney, Hannah Kaverman, Nicole Thompson, Sophie Williams

**Wentzville Liberty** -

## 2016 South Girls Golf Medallists

Bridget Schulte	Francis Howell	81
Margret Roberts	Wentzville Timberland	82
Bayley Henke	Troy Buchanan	84
McKenna Chapman	Fort Zumwalt West	85
Emma Wolf	Francis Howell Central	86

Savannah Womack	Francis Howell Central	92
Jess Fisher	Francis Howell	93
Cass Knoerzer	Wentzville Timberland	97
Brianna Schmidt	Francis Howell North	99
Sammie Markus	Francis Howell	99
Sadie Murphy	Francis Howell	99
Jessica Qian	Francis Howell North	104

**TEAM STANDINGS: 1st: Francis Howell [372]; Francis Howell Central [408] ; Troy Buchanan [402]; Wentzville Timberland [421]; Fort Zumwalt West [455]; Francis Howell North [465]**

**Team scores in alpha school order:**

<b>Fort Zumwalt West</b>		<b>455</b>
	McKenna Chapman	85
	Taylor Ilges	117
	Bailey Foust	116
	Sydney Cecil	147
	Caitlyn Rose	137
<b>Francis Howell</b>		<b>372</b>
	Bridget Schulte	81
	Jess Fisher	93
	Sammie Markus	99
	Sadie Murphy	99
	Alison Moore	105

<b>Francis Howell Central</b>		<b>391</b>
	Emma Wolf	86
	Hannah Lager	107
	Grace heisel	106
	Savannah Wolmack	92
	Alyna Dehne	116
<b>Francis Howell North</b>		<b>465</b>
	Jessica Qian	104
	Briana Schmidt	99
	Taylor Scherridan	123
	Caitlind Walker	139
	Raine Davis	141
<b>Troy Buchanan</b>		<b>402</b>
	Bayley Henke	84
	Abby Daw	107
	Eileen Martin	104
	Nadia Banks	118
	Paige Willman	107
<b>Wentzville Timberland</b>		<b>421</b>
	Margret Roberts	82
	Cass Knoerzer	97
	Nyah Misener	111
	Carolyn Lemen	131
	Aubrey Stubler	141

# Sportsmanship

Francis Howell Central	
Fort Zumwalt West	McKenna Chapman
Wentzville Timberland	

## All Academic

**Fort Zumwalt West** - Kate Bowden, Kayli Brunette, Sydney Cecil, McKenna Chapman, Bailey Foust, Hayley Gaffney, Dakota Hubbell, Maggie Krpan, Caitlyn Ross

**Francis Howell** -

**Francis Howell Central** -

**Francis Howell North** -

**Troy Buchanan** -

**Wentzville Timberland** -

## 2016 North Division Boys Soccer

### FIRST TEAM

Player	Year	Position	School
<b>Kaleb Weeks</b>	11	Back	Orchard Farm
<b>Turner McGlasson</b>	12	Midfielder	Winfield
<b>Nick Forrest</b>	11	Forward	Warrenton
<b>Isaac Frederick</b>	10	Midfielder	Warrenton
<b>Paul Lanigan</b>	12	Forward	Warrenton

<b>Mike Smegner</b>	12	Midfielder	Saint Charles West
<b>Nick Schreiber</b>	10	Midfielder	Saint Charles West
<b>Drew Cannon</b>	12	Back	Saint Charles
<b>Nate Meiser</b>	12	Keeper	Saint Charles
<b>Kyle Renaud</b>	11	Midfielder	Saint Charles

## **SECOND TEAM**

<b>Player</b>	<b>Year</b>	<b>Position</b>	<b>School</b>
<b>Robert Roggemann</b>	11	Midfielder	Winfield
<b>Andrew Sprengel</b>	11	Forward	Winfield
<b>Logan Lingle</b>	10	Keeper	Saint Charles West
<b>Jack Diekemper</b>	11	Defender	Saint Charles West
<b>Jacob Deien</b>	12	Defender	Saint Charles West
<b>Jordan Weinrich</b>	12	Defender	Saint Charles West
<b>Andrew Hodgson</b>	10	Defender	Warrenton
<b>Danny Van Dillen</b>	12	Defender	Warrenton
<b>Ethan Purgahn</b>	12	Midfielder	Orchard Farm
<b>Thomas Green</b>	10	Midfielder	Orchard Farm
<b>Cody Fisher</b>	12	Forward	Saint Charles
<b>Jaron Graner</b>	12	Back	Saint Charles

### **PLAYER OF THE YEAR:**

**Max Wootten, Senior, Forward, Saint Charles West**

# Sportsmanship Award

**Orchard Farm** - Ted Stopke

**Saint Charles** - Collin White

**Saint Charles West** - Mitch Smith

**Warrenton** - Taylor Lutz

**Winfield** - Robert Roggeman

## All Academic

**Orchard Farm** - Chase creamer, Brayden Diver, Tucker Finders, Jake Frederick, Tommy Green, Slade Long, Ethan Purghan, Tep Stopke, seth Wallut, Kaleb Weeks

**Saint Charles** - Nathan Sneller, Alexander Black, Ben Black, Drew Cannon, Cody Fisher, Lane Healy, Nathan Maldonado, Seth Malinee, Nathan Meiser, Jake Mosher, Eric Myers, Seth Pothoff, Kyle Renaud, Jake Weil, Collin White, T. J. Young

**Saint Charles West** - Logan Lingle, Nick Schreiber, Jacob Deien, Mike Smegner, Dylan Hilton, Lucas Irizarry, Joradn Weinrich, Mitch Smith, Trent Champagne, Harlie Glaezner, Jack Diekemper, Jason Maull, Max Wootten, Aiden Gremminger

**Warrenton** - Garrett Sommer, Isaac Frederick, Conrad Schaumberg, Andrew Hodgson, Paul Lanigan, Micah Arndt

**Winfield** - aaron Breckenridge, donovan Ehle, Kodey Kaimann, Turner McGlasson, Brandon New, Zack Penrod, Robert Roggeman, Andrew Sprengal, Levi Staley

## 2016 Central Division

### Boys Soccer

#### FIRST TEAM

Player	Year	Position	School
Dylan Bushman	12	Keeper	Fort Zumwalt South



<b>Nick Deters</b>	12	Forward	Fort Zumwalt East
<b>Andrew Stuhlman</b>	12	Forward	Wentzville Liberty
<b>Michael Wade</b>	12	Midfielder	Fort Zumwalt South
<b>Matt Rush</b>	11	Midfielder	Fort Zumwalt South
<b>Sam Rowan</b>	10	Midfielder	Wentzville Holt
<b>Ryan Nevins</b>	11	Midfielder	Fort Zumwalt East
<b>Matt Bennick</b>	12	Defender	Fort Zumwalt North
<b>Joe Haney</b>	12	Defender	Fort Zumwalt South
<b>Jack Douglas</b>	10	Defender	Wentzville Liberty
<b>Mike Andrews</b>	10	Defender	Washington

## SECOND TEAM

<b>Player</b>	<b>Year</b>	<b>Position</b>	<b>School</b>
<b>Brendan Sachsenheimer</b>	12	Forward	Wentzville Holt
<b>Jacob Ashcraft</b>	12	Defender	Wentzville Holt
<b>Ethan Mueller</b>	12	Defender	Wentzville Holt
<b>Conlan Jarvis</b>	11	Forward	Washington
<b>Bryce Suttory</b>	12	Midfielder	Fort Zumwalt East
<b>Sam Kohls</b>	11	Defender	Fort Zumwalt East
<b>Nick Heimann</b>	11	Defender	Fort Zumwalt East
<b>Bennett Williams</b>	11	Defender	Wentzville Liberty
<b>Riley Stevenson</b>	11	Midfielder	Wentzville Liberty
<b>Braden Johnson</b>	10	Forward	Fort Zumwalt South
<b>Jacob Booker</b>	11	Midfielder	Fort Zumwalt South
<b>Colin Walsh</b>	11	Defender	Fort Zumwalt South

<b>Evan Hatmaker</b>	12	Keeper	Wentzville Holt
<b>Tom Bindbeutel</b>	11	Midfielder	Wentzville Liberty

## **PLAYER OF THE YEAR:**

**Joey Spotanski, Junior, Forward, Fort Zumwalt South**

### **Sportsmanship Award**

**Fort Zumwalt East** - Nick Heimann

**Fort Zumwalt North** - David Schroeder

**Fort Zumwalt South** - Joseph Haney

**Washington** - Marcus Berariu

**Wentzville Holt** - Jake Tompkins

**Wentzville Liberty** - Collin Page

### **All Academic**

**Fort Zumwalt East** - Nick Heimann, Sam Kohls, Noah Mrazik, Ryan Nevins, Logan Podmore, Hunter Studer, Bryce Suttory, Nick Whitling, Eric Wilhelm, Andrew Bass

**Fort Zumwalt North** - Kyle Coleman, Thomas DeAvilla, Gaberiel Green, Luke Lowry, Elijah Quiles, Grant Rapplean, David Schroeter, Jack Schulte, Owen Sears, Cole Sutton, Adam Woodrum

**Fort Zumwalt South** - Bryson Barkley, Dylan Bushman, Brandon Elledge, Zachary Hampton, Braden Johnson, Devin Livingstone, Brad Manley, Blake Mann, Tyler Marino, Noah Martin, Matthew Rush, Joseph Spotanski, Michael Wade, Colin Walsh, Ryan Wind

**Washington** - Jake Fregalette, Dayton Turner, Jared Lopez, Trent Lewis, Noah Bay, Gage Rombach, Zach Subke, Matt Ruth, Marcus Berariu, Andrew Ecklekamp, Gaveyn Novak, Conlan jarvis, Zach harms, Ethan Beers

**Wentzville Holt** - Austin Hobbs, Nate Holmes, Blake Jaspering, Steven Marion, Ethan Mueller, Jacob Teater, Jake Tompkins, Cameron Wiese, Bryce Wuebbeling

**Wentzville Liberty** - Jake Anderson, Tommy Bindeutel, James Boyd, Preecha Eamsaart, Isaac Gomez, John Kavanaugh, Seth Kemerer, Brandon Mancillas-Grillo, Collin Page, Jacob Perryman, Anthony Roellig, Zachory Roellig, Evan Sacks, Riley Stevenson, Andrew Stuhlman, Cameron Tabers, Bennett Williams

## 2016 South Division Boys Soccer

### FIRST TEAM

Player	Year	Position	School
<b>Fletcher Dietrich</b>	12	Keeper	Francis Howell North
<b>Caden Castello</b>	11	Defender	Francis Howell
<b>Jesse George</b>	12	Defender	Francis Howell North
<b>Keegan Dankenbring</b>	12	Defender	Fort Zumwalt West
<b>Drew Domalewski</b>	11	Midfielder	Wentzville Timberland
<b>Mason Rushing</b>	12	Midfielder	Wentzville Timberland
<b>Travis Hunt</b>	11	Midfielder	Fort Zumwalt West
<b>Mitch Vaughn</b>	11	Midfielder	Fort Zumwalt West
<b>Joey Mueller</b>	11	Midfielder	Francis Howell Central
<b>CJ Brown</b>	12	Forward	Francis Howell Central
<b>Connor Crain</b>	12	Forward	Francis Howell North

### SECOND TEAM

Player	Year	Position	School
<b>Cameron Wiggins</b>	12	Keeper	Francis Howell
<b>Anthony Tretter</b>	12	Keeper	Fort Zumwalt West
<b>Richie Taylor</b>	11	Defender	Francis Howell North

<b>Cullen Barr</b>	11	Defender	Wentzville Timberland
<b>Michael Scanlon</b>	12	Defender	Francis Howll North
<b>Brady Peters</b>	12	Defender	Francis Howell
<b>Kurtis Ralston</b>	11	Defender	Francis Howell Central
<b>Husan Hamdan</b>	12	Midfielder	Francis Howell North
<b>Chase Droege</b>	12	Midfielder	Francis Howell North
<b>Matt Peters</b>	10	Midfielder	Francis Howell
<b>Tony Nicastro</b>	12	Midfielder	Francis Howell Central
<b>Marco Gonzalez</b>	11	Midfielder	Troy Buchanan
<b>Tommy Naumann</b>	10	Forward	Francis Howell
<b>David Brown</b>	12	Forward	Francis Howell
<b>Trace Tonioli</b>	12	Forward	Fort Zumwalt West

## **PLAYER OF THE YEAR:**

**Ozzy Guerrero, Senior, Defender, Francis Howell North**

## **Sportsmanship Award**

**Fort Zumwalt West** - Andrew Diaz

**Francis Howell** - Drew Svetina

**Francis Howell Central** - Armen Grigorian

**Francis Howell North** - Javier Alvarado

**Troy Buchanan** - Justin Daugherty

**Wentzville Timberland** - Brent Holmes

## **All Academic**

**Fort Zumwalt West** - Tristan Baze, Dustin Bradshaw, Jacob Hollstrom, Travis Hunt, Isaiah Kline, Austin Lavy, Jack Meuse, Dawson Phangsouthanh, Bryan Prichard, Cade Ryan, Caleb Soots

**Francis Howell** - Brett Brazill, Cameron Wiggins, David Brown, Ben Van Hoogstrate, Eric Radle, Drew Svetina, Javier Soto, Zach Eyler, Tommy Naumann, Matt Peters, Nick Lowry, Josh Bragen, Will Clayton, Brady Peters, Caden Castello, Nich Wilhelm, Jonah Bridges

**Francis Howell Central** - Nate Smith, Alex Johnson, Jake Fisher, Drew Schoch, Brandon Baumgartner, Evan Goodbody, Caleb Mundle, Logan Morris, Kurtis Ralston, Joey Mueller, Austin Massar, Caleb Harmon, Jack Pordea, Armen Grigorian, Bobby Hubbard, Jared Strange

**Francis Howell North** - Javier Alvarado, Grant Argent, Thomas Bell, Dylan Brophy, Eric Dickherber, Fletcher Dietrich, Jesse George, Osvaldo Guerrero, Yousef Langi, Alexander Long, Torriion Robinson, Michael Scanlan, Richie Taylor, Jon Zettwoch

**Troy Buchanan** - Luis Capilla, Justin Daugherty, Dylan Emge, Samuel Heidemann, William Ingmire, Nathan Keleher, Jack Sciarratta, Henry Skouby, Antonio Torres

**Wentzville Timberland** - Kousha Bahramahi, Cullen Barr, Logan Byerly, Danny Nagy, Douglas Dawkins, Drew Dmalewski, Jack Glendinning, Brent Holmes, Cameron Ivey, Justin Martinez, Padric McGuire, Ian Murray, Wil Murray, Ethan Murray, Dawson Nettleton, Dylan Poulsen, Mason Rushing, Tyler Seats, Carson Smith, Casey Thompson, JC Walkenhorst

## 2016 North Division

### Softball

#### PITCHERS

<b>FIRST TEAM</b>	Kaylee Anderson	Warrenton	Senior
	Marina Heitmann	Orchard Farm	Senior
<b>SECOND TEAM</b>	Rachel Payne	Saint Charles	Sophomore
	Breana Burkemper	Winfield	Sophomore

#### CATCHERS

<b>FIRST TEAM</b>	Desirae Loyd	Winfield	Sophomore
<b>SECOND TEAM</b>	Lauren Grunwaldt	Orchard Farm	Junior

## UTILITY PLAYER

<b>FIRST TEAM</b>	Sara Hebisen	Orchard Farm	Senior
	Remi Taylor	Winfield	Sophomore
<b>SECOND TEAM</b>	Jordan Rugh	Warrenton	Junior
	Jamie Hopkins	Orchard Farm	Sophomore

## INFIELDERS

<b>FIRST TEAM</b>	Jenny Jansen	Warrenton	Senior
	Olivia Ward	Winfield	Junior
	Amanda Vehlewald	Warrenton	Junior
	Katie Schnick	Saint Charles West	Senior
	Destinee Frost	Warrenton	Junior
<b>SECOND TEAM</b>	Riley Froster	Saint Charles West	Junior
	Kylie Hite	Saint Charles West	Senior
	Emma Poindexter	Saint Charles West	Senior
	Nikki Weber	Orchard Farm	Senior
	Rhyen Mills	Saint Charles	Freshman

## OUTFIELDERS

<b>FIRST TEAM</b>	Kelli Gorman	Orchard Farm	Senior
	Kylie Swinney	Saint Chalres	Freshman
	Michayla Chowning	Saint Charles West	Sophomore
	Kelsey Huenefeld	Warrenton	Junior
<b>SECOND TEAM</b>	Breanna Schwerdt	Warrenton	Sophomore
	Emma Tinnin	Warrenton	Senior
	Tayler McClellan	Saint Charles	Junior
	Karley Kaimann	Winfield	Senior

**PLAYER OF THE YEAR: *Kelli Gorman* (ORCHARD FARM)**

**COACH OF THE YEAR: Trevor Hibbs (WARRENTON)**

## **Sportsmanship Award**

**Orchard Farm:**

**Saint Charles:**

**Saint Charles West:**

**Warrenton:**

**Winfield:**

## **All-Academic Team**

**Orchard Farm:**

**Saint Charles:**

**Saint Charles West:**

**Warrenton:**

**Winfield:**

## 2016 Central Division Softball

### PITCHERS

<b>FIRST TEAM</b>	Sydney Hansen	Wentzville Holt	Senior
	Taylor Hendrix	Washington	Junior
<b>SECOND TEAM</b>	Ellie Quaethem	Washington	Freshman
	CeCe Peine	Wentzville Holt	Senior

### CATCHERS

<b>FIRST TEAM</b>	Marissa Peek	Wentzville Holt	Freshman
<b>SECOND TEAM</b>	Amber Stockton	Wentzville Liberty	Senior

### UTILITY PLAYER

<b>FIRST TEAM</b>	Gabbi Evans	Wentzville Liberty	Junior
	Keighlan Cronin	Fort Zumwalt East	Junior
<b>SECOND TEAM</b>	Jordan Milam	Wentzville Holt	Senior
	Kate Benes	Wentzville Liberty	Sophomore

### INFELDERS



<b>FIRST TEAM</b>	Hannah Karl	Fort Zumwalt South	Senior
	Mikala Guthrie	Fort Zumwalt North	Junior
	Abby Behlmann	Wentzville Liberty	Sophomore
	Paige Wilcox	Fort Zumwalt South	Senior
<b>SECOND TEAM</b>	Julia Vedvig	Fort Zumwalt North	Junior
	Emily Albers	Wentzville Liberty	Sophomore
	Madison Kettler	Wentzville Holt	Junior
	Taylor Bell	Wentzville Holt	Sophomore
	Jenna Quinones	Fort Zumwalt South	Senior

## OUTFIELDERS

<b>FIRST TEAM</b>	Sarah Langdon	Fort Zumwalt North	Senior
	Abby Tiemann	Fort Zumwalt South	Senior
	Allison Chernich	Fort Zumwalt East	Junior
	Nichole Brinker	Washington	Junior
<b>SECOND TEAM</b>	Abby Sesti	Wentzville Liberty	Senior
	Rachel Smith	Wentzville Holt	Junior
	Bailee Zemianek	Wentzville Holt	Junior
	Rachel Pudlowski	Fort Zumwalt North	Senior

**PLAYER OF THE YEAR: Sydney Hanson and Lexi Jones of (WENTZVILLE HOLT)**

**COACH OF THE YEAR: Joel Adam (WENTZVILLE HOLT)**

**Sportsmanship Award**

**Fort Zumwalt East:**

**Fort Zumwalt North:**

**Fort Zumwalt South:**

**Wentzville Holt:**

**Wentzville Liberty:**

**Washington:**

## **All-Academic Team**

**Fort Zumwalt East:**

**Fort Zumwalt North:**

**Fort Zumwalt South:**

**Wentzville Holt:**

**Wentzville Liberty:**

**Washington:**

## **2016 South Division Softball**

### **PITCHERS**

<b>FIRST TEAM</b>	Kiersten Nixon	Troy Buchanan	Sophomore
	Whitney Boschert	Francis Howell	Junior
<b>SECOND TEAM</b>	Austyn Rowan	Francis Howell North	Senior
	Kaitlyn William	Troy Buchanan	Senior

## CATCHERS

<b>FIRST TEAM</b>	Kacey Bergfeld	Troy Buchanan	Senior
<b>SECOND TEAM</b>	Allison Murphy	Francis Howell North	Junior

## UTILITY PLAYER

<b>FIRST TEAM</b>	Lindsey Powell	Francis Howell Central	Junior
	Olivia Lessmann	Fort Zumwalt West	Senior
<b>SECOND TEAM</b>	Theodora Powell	Wentzville Timberland	Senior
	Regan Gremaud	Francis Howell	Senior

## INFIELDERS

<b>FIRST TEAM</b>	Makayla Hurst	Wentzville Timberland	Junior
	Molly Spangler	Wentzville Timberland	Sophomore
	Cam Patterson	Troy Buchanan	Sophomore
	Megan Tersteeg	Francis Howell	Senior
	Keira Hance	Fort Zumwalt West	Sophomore
<b>SECOND TEAM</b>	Sahaura Pauley	Francis Howell North	Junior
	Emily Eberwine	Francis Howell	Sophomore
	Lexi Wallner	Francis Howell	Junior
	Casey Flemming	Francis Howell	Senior
	Sara Jessie	Fort Zumwalt West	Sophomore

## OUTFIELDERS

<b>FIRST TEAM</b>	Anna Sullivan	Troy Buchanan	Senior
	Meagan Day	Francis Howell Central	Senior
	Taylor Barnes	Fort Zumwalt West	Senior
	Zoe Schulte	Wentzville Timberland	Freshman
<b>SECOND TEAM</b>	Skylar Ruiz	Francis Howell North	Junior
	Marissa Guenther	Francis Howell	Junior
	Haley Akihiro	Francis Howell	Junior
	Lexi Barnes	Fort Zumwalt West	Freshman

**LAYER OF THE YEAR: Whitney Boschert (FRANCIS HOWELL)**

**COACH OF THE YEAR: Lance Richardson (TROY BUCHANAN) and Jenn Beckmann (FRANCIS HOWELL)**

## **Sportsmanship Award**

**Fort Zumwalt West:**

**Francis Howell:**

**Francis Howell Central:**

**Francis Howell North:**

**Wentzville Timberland:**

**Troy Buchanan:**

## **All-Academic Team**

**Fort Zumwalt West:**

**Francis Howell:**

**Francis Howell Central:**

**Francis Howell North:**

**Wentzville Timberland:**

**Troy Buchanan:**

## **2016 BOYS SWIMMING CHAMPIONSHIP**

**200 yard Medley Relay [Record: 1:38.15, FZW, 2016]**

<b>SCHOOL</b>	<b>SWIMMERS</b>	<b>YEAR</b>	<b>TIME</b>
<b>Fort Zumwalt West</b>	Adam Grimm	11	1:38.15
	Austin Martin	12	
	Todd Kriss	12	
	Jackson Spencer	11	
Wentzville Holt	Verlinden, Smith, Scheuermann, Neveau		1:41.07
Fort Zumwalt South	Schmitz, Sims, He, Canada		1:44.88
Francis Howell	Patterson, Yang, Lin, Hart		1:47.81

**200 yard Freestyle [Record: 1:44.92, Zach Rogers, FHC, 2011]**

<b>SWIMMER</b>	<b>SCHOOL</b>	<b>YEAR</b>	<b>TIME</b>
Mason Hart	Francis Howell	12	1:49.12
Ben Goldstein	Wentzville Holt	11	1:50.98
Daniel Larabee	Fort Zumwalt South	11	1:51.47
CJ Caldwell	Fort Zumwalt West	10	1:53.99

**200 yard Individual Medley [Record: 1:54.20, Ryan Baker, FH, 2013]**

SWIMMER	SCHOOL	YEAR	TIME
Adam Grimm	Fort Zumwalt West	11	1:54.51
Noah Scheuermann	Wentzville Holt	10	2:00.44
Kody Sims	Fort Zumwalt South	12	2:06.85
Colin Williams	Francis Howell Central	10	2:08.88

**50 yard Freestyle [Record: 20.43, Andrew Sansoucie, WT, 2012]**

SWIMMER	SCHOOL	YEAR	TIME
Todd Kriss	Fort Zumwalt West	12	22.19
Jackson Spencer	Fort Zumwalt West	11	21.92
Matthew Romano	Fort Zumwalt North	12	22.29
Ian Herling	Wentzville Liberty	10	22.44

**1 meter Springboard Diving [Record: 604.20, Peter Lucido, FHN, 2015]**

DIVER	SCHOOL	YEAR	POINTS
Peter Lucido	Francis Howell North	12	602.00
Josh Smith	Francis Howell	10	401.90
Devin Gonthier	Fort Zumwalt West	11	391.20
Nick Myers	Fort Zumwalt South	10	348.45

**100 yard Butterfly [Record: 48.77, Andrew Sansoucie, WT, 2012]**

SWIMMER	SCHOOL	YEAR	TIME
Noah Scheuermann	Wentzville Holt	10	53.35
William He	Fort Zumwalt South	9	54.85
Austin Mack	Wentzville Holt	9	55.59
Ryan Elkins	Fort Zumwalt South	11	57.86

**100 yard Freestyle [Record: 47.31, Todd Kriss, FZW, 2016]**

SWIMMER	SCHOOL	YEAR	TIME
Todd Kriss	Fort Zumwalt West	12	47.31
Nick Verlinden	Wentzville Holt	12	49.58
Tommy Neveau	Wentzville Holt	10	49.91
Matthew Romano	Fort Zumwalt North	12	50.05

**500 yard Freestyle [Record: 4:33.89, Ryan Baker, FH, 2013]**

SWIMMER	SCHOOL	YEAR	TIME
Adam Grimm	Fort Zumwalt West	11	4:39.42
Austin Mack	Wentzville Holt	9	5:08.76
Cooper Redington	Francis Howell Central	11	5:08.89
Ben Goldstein	Wentzville Holt	11	5:11.08

**200 yard Freestyle Relay [Record: 1:30.28, FZ West, 2016]**

SCHOOL	SWIMMERS	YEAR	TIME
Fort Zumwalt West	Jackson Spencer	11	1:30.28
	Todd Kriss	12	
	CJ Caldwell	10	
	Adam Grimm	11	
Fort Zumwalt South	Keller, Canada, Sims, Larabee		1:33.30
Wentzville Holt	Smith, Mack, Rowland, Goldstein		1:36.45
Wentzville Timberland	Sanker, Clark, Vohsen, Griese		1:37.24

### 100 yard Backstroke [Record: 52.39, Alex Crawford, FH, 2013]

SWIMMER	SCHOOL	YEAR	TIME
Nick Verlinden	Wentzville Holt	12	53.56
Tommy Neveau	Wentzville Holt	10	55.46
Jacob Baxley	Francis Howell Central	12	57.00
Blake Graves	Fort Zumwalt West	10	1:00.06

### 100 yard Breaststroke [Record: :59.11, Trace Curvey, FZS, 2009]

SWIMMER	SCHOOL	YEAR	TIME
Austin Martin	Fort Zumwalt West	12	1:0.04
Mason Hart	Francis Howell	12	1:01.64
Kody Sims	Fort Zumwalt South	12	1:02.56
Mason Smith	Wentzville Holt	11	1:05.28



## 400 yard Freestyle Relay [Record: 3:15.63, FH, 2012]

SCHOOL	SWIMMERS	YEAR	TIME
Wentzville Holt	Noah Scheuermann	10	3:22.46
	Tommy Neveau	10	
	Ben Goldstein	11	
	Nick Verlinden	12	
Fort Zumwalt South	Keller, Elkins, Larabee,on		3:27.38
Francis Howell Central	Gerling, Redington, Williams, Anderson		3:28.68
Francis Howell	Hart, Yang, Doumit, Patterson		3:33.34

## TEAM SCORES:

**Fort Zumwalt West [413]; Fort Zumwalt South [384]; Wentzville Holt [362]; Francis Howell Central [241]; Francis Howell [205]; Wentzville Liberty [205]; Wentzville Timberland [147]; Fort Zumwalt North [96]; Fort Zumwalt East [71]; Washington [70]; Francis Howell North [38]**

## All Academic

**Wentzville Holt** - Lucca Burzio-Roca, Ben Cornett, Brett Coulon, Ben Goldstein, Tommy Neveau, Brandon Rowland, Mason Smith, Nick Verlinden, Jason Wylie

**Wentzville Timberland** -

**Fort Zumwalt North -**

**Fort Zumwalt West** - Colin Arslanbas, Collin Blackmer, Jack Boyle, Parker Brunnworth, Benjamin Burr, C. J. Caldwell, Nick Crown, Austin Eikermann, Max Frank, Devin Gothier, Adam Grimm, Todd Kriss, Ryan Ladevich, Sam Leung, Harrison Lodge, Kevin McElfresh, Shane Murray, Alex Ostrem, Riley Sadorf, Jackson Spencer, Lincoln Steber, Jordan Sutherland, Mitch Yeager, Xander Zika

**Fort Zumwalt East** - Patricj Bynum, Brendan Hutchison, Jeremiah Snider, Ryan Springer, Josiah Sundman, Even Venegoni, Alex Wenig,

**Washington -**

## **Sportsmanship**

**Wentzville Holt** - Brett Coulon

**Wentzville Timberland** -

**Fort Zumwalt West** - Max Frank

**Fort Zumwalt East** -

**Washington** -

## **2016 GIRLS NORTH/CENTRAL TENNIS CHAMPIONSHIPS**

### **#1 SINGLES**

N. Cheema	Wentzville Liberty	def.	Kichili	Fort Zumwalt South
Varner	Saint Charles West	def.	Sneed	Wentzville Holt

### **#2 SINGLES**

Katragadda	Fort Zumwalt South	def.	Ortell	Wentzville Holt
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Van Winkle	Saint Charles West	def.	Stanglein	Fort Zumwalt East
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### #3 SINGLES

Smith	Fort Zumwalt South	def.	Chambers	Wentzville Holt
McCarthy	Fort Zumwalt East	def.	A. Ingle	Wentzville Liberty

### #4 SINGLES

Addison	Wentzville Liberty	def.	Papin	Saint Charles West
Hunt	Wentzville Holt	def.	Braunfield	Fort Zumwalt East

### #5 SINGLES

Roe	Wentzville Holt	def.	Bauer	Fort Zumwalt North
Pallett	Fort Zumwalt East	def.	Shannon	Wentzville Liberty

### #6 SINGLES

Brown	Wentzville Holt	def.	Megan	Wentzville Liberty
Kellmann	Fort Zumwalt East	def.	Heiligenstein	Fort Zumwalt North

## #7 SINGLES

Cushing	Fort Zumwalt South	def.	Sverdrup	Wentzville Holt
R. Gould	Saint Charles	def.	Merry	Fort Zumwalt East

## #8 SINGLES

Vanamburgh	Wentzville Holt	def.	Sharawat	Fort Zumwalt East
Piotraschke	Fort Zumwalt South	def.	Schwalb	Fort Zumwalt North

## #1 DOUBLES

Kichilli/Katragadda	Fort Zumwalt South	def.	Wongririsatul/Stang	Fort Zumwalt East
Varner/Van Winkle	Saint Charles West	def.	Sneed/Roe	Wentzville Holt

## #2 DOUBLES

Fort Zumwalt South	Smith/Gautier	def.	Ortell/Hunt	Wentzville Holt
Fort Zumwalt East	McCarthy/Braunfield	def.	Bauer/Miller	Fort Zumwalt North

## #3 DOUBLES

Chambers/Brown	Wentzville Holt	def.	Pallett/Kiellmann	Fort Zumwalt East
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Weinrich/Maunuel	Saint Charles West	def.	Shannon/Megan	Wentzville Liberty
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## #4 DOUBLES

K.Seaton/L. Gevers	Wentzville Liberty	def.	Smith/Edwards	Wentzville Holt
Govero/Hamai	Fort Zumwalt North	def.	E. Hubecky/M. Cuedtke	Fort Zumwalt East

## #5 DOUBLES

J. Wolz/A. Falgout	Wentzville Liberty	def.	Taylor/Roberts	Fort Zumwalt North
Holway/Thompson	Wentzville Holt	def.	C. Rocco/K. Miller	Fort Zumwalt South

**TEAM SCORES: [Wentzville Holt \[50.25\]](#); Fort Zumwalt South [37]; Wentzville Liberty [32.50]; Fort Zumwalt East [30.50]; Saint Charles West [18]; Fort Zumwalt North [14.75]; Saint Charles [1.5]**

## ALL ACADEMIC

**Fort Zumwalt East** - Carly Bambrick, Claire Braunfield, Emily Hubecky, Natalie Hurter, Wei Wei Kellmann, Madison Luedtke, Erin McCarthy, Destiny Merry, Michelle Pallett, Mhima Sharawat, Eva Stanglein, Sandy Wongsirisakul

**Saint Charles West** - Brittany Garcia-Cortez, Rachel van Winkle, Katie varner

## SPORTSMANSHIP

**Fort Zumwalt East** - Wei Wei Kellmann

# 2016 GIRLS SOUTH TENNIS CHAMPIONSHIPS

## #1 SINGLES

Y. Takenaka	Francis Howell North	def.	Shirley	Francis Howell
Gunnell	Francis Howell Central	def.	Eckert	Wentzville Timberland

## #2 SINGLES

Bradt	Francis Howell North	def.	Lashley	Francis Howell
Baumstock	Wentzville Timberland	def.	Ferguson	Troy Buchanan

## #3 SINGLES

Vanmatre	Francis Howell	def.	Peper	Francis Howell North
Ikedat	Francis Howell Central	def.	Henke	Troy Buchanan

## #4 SINGLES

Ferry	Francis Howell Central	def.	Schroeder	Francis Howell
Huang	Fort Zumwalt West	def.	Sprock	Wentzville Timberland

## #5 SINGLES

Jones	Francis Howell Central	def.	Zile	Francis Howell
Griffin	Francis Howell North	def.	Kelle	Fort Zumwalt West

## #6 SINGLES

A. Ikeda	Francis Howell Central	def.	Meyer	Francis Howell
Stone	Wentzville Timberland	def.	Prinkey	Francis Howell North

## #7 SINGLES

Keim	Francis Howell	def.	R. Barnhouse	Wentzville Timberland
Annem	Francis Howell North	def.	Mallon	Francis Howell Central

## #8 SINGLES

Rosenberger	Francis Howell	def.	Gerger	Francis Howell Central
Hamdan	Francis Howell North	def.	A. Barnhouse	Wentzville Timberland

## #1 DOUBLES

Takenaka/Bradt	FH North	def.	Shirley/Lashley	Francis Howell
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Eckert/Lucas	W. Timberland	def.	Gunnell/Ferry	Troy Buchanan
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## #2 DOUBLES

Baumstok/Sprock	W. Timberland	def.	Schneder/VanMatre	Francis Howell
Peper/Oswald	FH North	def.	Anderson/T. Ikeda	FH Central

## #3 DOUBLES

Prinkey/Griffin	FH North	def.	Balogh/Stone	W. Timberland
Ikeda/Jones	FH Central	def.	Zile/May	Francis Howell

## #4 DOUBLES

Aherron/Sudhakaran	Francis Howell	def.	Meyer/Rolff	FH North
Bomstadt/Turner	W. Timberland	def.	McDonough/Klayton	FZ West

## #5 DOUBLES

Pinzka/Freemeier	Francis Howell	def.	Schneider/Eimer	FH North
Schroeder/Hendricks	FH Central	def.	Youngren/Horner	W. Timberland



**TEAM SCORES: Francis Howell [53.50]; Francis Howell North [49]; Francis Howell Central [39.50]; Wentzville Timberland [38.5]; Fort Zumwalt West [6.5]; Troy Buchanan [4]**

## Sportsmanship

<b>Fort Zumwalt West</b>	Emily Kelle
<b>Wentzville Holt</b>	Claire Chambers
<b>Francis Howell Central</b>	
<b>Fort Zumwalt East</b>	
<b>Fort Zumwalt North</b>	
<b>Fort Zumwalt South</b>	
<b>Francis Howell</b>	
<b>Francis Howell North</b>	
<b>Wentzville Liberty</b>	
<b>Wentzville Timberland</b>	Elizabeth Turner
<b>Troy Buchanan</b>	

## All Academic

**Fort Zumwalt East -**

**Fort Zumwalt North -**

**Fort Zumwalt South -**

**Fort Zumwalt West** - Sophia Clayton, Rachel Cox, Meg Flemming, Christina Huang, Emily Kelle, Kaylee Kuechenmeister, Kaelene Leppanen, Evelyn Mabie, Katie Manning, Myia McAllister, Brookelyn McDonough, Kassandra Steger

**Francis Howell -**

**Francis Howell Central -**

**Francis Howell North -**

**Wentzville Holt** - Claire Chambers, Morgan Edwards, Abigail Hunt, Callie Ortell, Abby Roe, Savannah Sneed, Kaitlin Thompson, Sara Vanamburgh

**Wentzville Liberty -**

**Wentzville Timberland** - Erin Balogh, Amanda Barnhouse, Taylor Baumstark, Katelin Bomstad, Elizabeth Dodson, Cassidy Eckert, Abigail Horner, Katherine Lucas, Ashlee Sprock, Evelyn Stone, Elizabeth Turner, Kylie Youngren

**Troy Buchanan -**

## **2016 North Division**

### **Girls Volleyball**

**1st Team**

<b>Player</b>	<b>School</b>
<b>Baylie Petry</b>	Winfield
<b>Alayna Kaimann</b>	Winfield

<b>Molly Schltehenrich</b>	Saint Charles
<b>Grace Farmer</b>	Saint Charles
<b>Gloria Farmer</b>	Saint Charles
<b>Sabrina McRoberts</b>	Warrenton
<b>Julie Johnston</b>	Orchard Farm

## 2nd Team

<b>Player</b>	<b>School</b>
<b>Emily Tiller</b>	Winfield
<b>Lydia Lang</b>	Winfield
<b>Megan Matthews</b>	Winfield
<b>Nicole Barteau</b>	Saint Charles
<b>Lexi Stratton</b>	Saint Charles
<b>Jacklyn Dickey</b>	Warrenton
<b>Kayla Nelson</b>	Warrenton
<b>Nichole Heitmann</b>	Orchard Farm

## Sportsmanship Award

**Orchard Farm** - Paige Schwepker

**St. Charles** - Lexie Stratton

**St. Charles West** - Morgan Hancock

**Warrenton** - Allison May

**Winfield** - Alayna Kaimann

## **Academic Award**

**Orchard Farm** - Julie Johnston, Nicole Heitman, Paige Schwepker, Josie Wagner, Skylr Leake, Aubrey Nilicia, Olivia Papa, Rachael Lindemann

**St. Charles** - Audrey Brauch, Nichole Barteau, Gloria Farmer, Grace Farmer, Hannah Mersch, Gracie Ruse, Mollu Schulteheinrich, Lexie Stratton, Erica Swinson, Tanisha Wilson

**St. Charles West** - Emma Payne, Baily Griffiths, Mallory Douglas, Emily Emrick, Monica Hancock, Abby Herrmann, Camryn Mace, Wiedlande Coleman

**Warrenton** - Allison May, Ashtyn Dixon, Alex Buechner, Amber Glazebrook, Emma Gibbs, Anna Hargrove, Sabrina McRoberts, Jacklyn Dickey, Megan Cross, Kayla Nelson

**Winfield** - Sam Kersting, Aubrey Dunn, Katie Rhoades, Emily Tiller, Megan Matthews, Baylie Petry, Maci Dixon, Alayna Kaimann, Lydia Lang

## **2016 Central Division**

### **Girls Volleyball**

#### **1st Team**

<b>Player</b>	<b>School</b>
<b>Rhia Greiwe</b>	Wentzville Holt
<b>Tiana Jackson</b>	Fort Zumwalt North
<b>Jaime Hauser</b>	Fort Zumwalt North
<b>Emma Edwards</b>	Fort Zumwalt East
<b>Ellie Stahl</b>	Wentzville Holt

<b>Allison Skaggs</b>	Washington
<b>Savannah Christian</b>	Washington

## 2nd Team

<b>Player</b>	<b>School</b>
<b>Katie Spotanski</b>	Fort Zumwalt South
<b>Alivia Tallent</b>	Wentzville Holt
<b>Megan Chilese</b>	Fort Zumwalt East
<b>Ali Runge</b>	Fort Zumwalt South
<b>Mackenzie Sifuentes</b>	Wentzville Liberty
<b>Jenna Hamlett</b>	Washington
<b>Kassidy Philliops</b>	Washington
<b>Anna Durnin</b>	Fort Zumwalt North

## Sportsmanship Award

**Fort Zumwalt East** - Lauren Nowakowski

**Fort Zumwalt North** - Gabi Rohling

**Fort Zumwalt South** - Megan Fulhorst

**Washington** - Grace Koch

**Wentzville Holt** - Cora McKay

**Wentzville Liberty** -Erika Fulhorst

## Academic Award

**Ft. Zumwalt East** - Mia Bonacorsi, Megan Chilese, Maddie Davis, Emma Edwards, Macie Farrier, Mia Mueller, Lauren Nowakowski

**Ft. Zumwalt North** - Tiana Jackson, Jaime Hauser, Anna Durnin, Mercedes Vomund, Miranda Hoeckelmann, Gabi Rohling, Mandi Herron, Mya Young, Amber Herron, Kelley Hilliard, Morgan Foulks

**Ft. Zumwalt South** - Lauren Baratta, Sara Bekerbrede, Megan Fulhorst, Katrina Lyons, Kylee Modaff, Katelyn Rable, Alison Runge, Ashley Runge, Lauren Schroeder, Katie Spotanski

**Washington** - Josie Kleekamp, Josie Kleineider, Jenna Hamlett, Alyssa Grant, Taylor Holtmeyer, Hannah Struckhoff, Kassidy Phillips, Leah Price, Katie Baer, Grace Koch, Emma Zanin, Allison Skaggs, Savannah Christian, Kate Freitag, Paige Hall, Taylor Bauer

**Wentzville Holt** - Madison Bulard, Rhianon Greiwe, Mollie Judge, Cora McKay, Allison Meyer, Samantha Rohne, Elizabeth Stahl

**Wentzville Liberty** - Maddie Baker, Sam Cox, Peyton Eikel, Erika Fulhorst, Claire Hughey, Sam Linville, Morgan Page, Jenna Parmentier, Mackenzie Sifuentes

## 2016 South Division Girls Volleyball

### 1st Team

Player	School
<b>Mikayla Hardy</b>	Francis Howell
<b>Kennedy Cordia</b>	Francis Howell
<b>Alexa Brugere</b>	Francis Howell
<b>Emma Witter</b>	Francis Howell
<b>Emiley Cross</b>	Troy Buchanan
<b>Amelia Flynn</b>	Wentzville Timberland

**Emily Rehagen**

Wentzville Timberland

## 2nd Team

<b>Player</b>	<b>School</b>
<b>Kate Doehoff</b>	Francis Howell North
<b>Taylor Litteken</b>	Francis Howell
<b>Makenzie Thoman</b>	Francis Howell
<b>Olivia Lotz</b>	Wentzville Timberland
<b>Bailey Wood</b>	Fort Zumwalt West
<b>Rachel Emery</b>	Francis Howell Central
<b>Natalie Green</b>	Francis Howell Central

## Sportsmanship Award

**Fort Zumwalt West** - Lauren Smith

**Francis Howell** - Gail Nichols

**Francis Howell Central** - Mah'ria Pruitt-Martin

**Francis Howell North** - Sara Zimmerman

**Troy Buchanan** - Sydnie Edwards

**Wentzville Timberland** - Allie Penny

## Academic Award

**Fort Zumwalt West** - Hannah Hilke, Emily Lane, Stephanie Uhlenbrock, Annalise Harry, Bailey Wood, Lauren Smith, Skyler Boyle, Taylor Reinsch, Taylor Linville, Abby McGuire, Molly Wade

**Francis Howell** - Mikayla Hardy, Emma Witter, Lydia Frederick, Kennedy Cordia, Kristen Farrah, Karlie Kinsey, Rachel Patterson, Makenzie Thoman, Alexa Brugere, Gail Nichols, Pavandeep Kaur

**Francis Howell Central** - Kayla Steinmeyer, Hannah Goesten Kors, Mah'ria Pruitt-Martin, Kara Fihe, Rachel Emery, Alexa Diffley, Natalie Green, Emily Ziegler

**Francis Howell North** - Sarah Zimmerman, Hannah Zimmerman, Kira Ward, Elise Stuetz, Rebecca Purcell, Emily Hood, Ann Heitman, Courtney Haislip, Kate Doerhoff, Caty Arnold, Sam Alexander

**Troy Buchanan** - Paige Carroll, Emily Crider, Emiley Cross, Kailista Dunlap, Sydnie Edwards, Kamryn Mennemeyer, Krista Orf, Allyson Richterkessing, Tori Rosemann

**Wentzville Timberland** - Julia Burke, Kendall Enyart, Amelia Flynn, Savannah Hayton, Kiley Hunt, Olivia Lotz, Caroline Neal, Allie Penny, Emily Rehagen, Hannah Walker

## 2016-2017 North Division Boys Basketball

1st TEAM	Name	Year	School
	Trevor Alberternst	Sr.	Warrenton
	Matt Burgess	Sr.	Orchard Farm
	Trent Champagne	So.	Saint Charles West
	Caleb Strauss	Jr.	Warrenton
	Codi Whitlock	Sr.	Saint Charles

2nd TEAM	Name	Year	School
	Josh Anderson	So.	Saint Charles West
	Carter Bauer	Jr.	Winfield



	Jake Frederick	Jr.	Winfield
	Micah Hughes	Jr.	Saint Charles
	Brenden Smith	Jr.	Warrenton

## Sportsmanship Award

<b>Orchard Farm</b>	Bryce Wolf
<b>Saint Charles</b>	Reid Bayliss
<b>Saint Charles West</b>	Matthew Frazer
<b>Warrenton</b>	Randy McRoberts
<b>Winfield</b>	Joey Marko

## All Academic Team

**Orchard Farm** - Matt Burgess, Mark Cooley, Hunter Engle, Jacob Frederick, Cade Grimes, Caleb Grimes, Zachary Lawrence, Ethan Purgahn, Ted Stopke, Dylan Williams, Bryce Wolf

**Saint Charles** - Reid Bayless, Drew Cannon, Eric Davis, Nick DeBeer, Jordan Dowdall, Justin Polk, Codi Whitlock, Braden Wiggs

**Saint Charles West** - Trent Champagne, Matthew Frazer, Stephen Frazer, R J Harris, Charlie Henderson, Gabe O'Mahoney, Tommie Whitney

**Warrenton** - Trevor Alberternst, Dylan Chandler, Randy McRoberts, Clayton Schowe, Brenden Smith, Caleb Strauss, Jake Tinioli

**Winfield** - Carter Bauer, Bobby Blount, Adam Gifford, John Hogan, Joey Marko, Ian Pruitt, John Stetson, Collin Sutton

## 2016-2017 Central Division Boys Basketball

<b>1st TEAM</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
	E. J. Bellinger	So.	Fort Zumwalt South
	Anthony Jones	Jr.	Wentzville Holt
	Kaleb Overall	Jr.	Wentzville Liberty
	Marco Powells	Jr.	Fort Zumwalt North
	Jaylen Sims	Jr.	Wentzville Liberty

<b>2nd TEAM</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
	Conlan Jarvis	Jr.	Washington
	Trevon Jefferson	Sr.	Wentzville Holt
	Lucas Staley	Jr.	Fort Zumwalt east
	Cason Suggs	Jr.	Washington
	Darrious Thomas	Jr.	Fort Zumwalt South

## **Sportsmanship**

<b>Fort Zumwalt East</b>	Zac Bonney
<b>Fort Zumwalt North</b>	Kris Love
<b>Fort Zumwalt South</b>	James Hennessey
<b>Washington</b>	Noah Schroepfer
<b>Wentzville Holt</b>	Lake Feldmann
<b>Wentzville Liberty</b>	Alex Hines

# All Academic Team

**Fort Zumwalt East** - Shaun Oranja, Lucas Staley, Bryce Suttory, Ben Watson

**Fort Zumwalt North** - Mujtaba Alkhaldi, Jeremiah Bresnahan, Cade Brister, Ronald Cross, Eric Rothermich, Charles Wilmes

**Fort Zumwalt South** - Ernest Bellinger, Carlos Flores, James Hennessey, Jacob Patton, Nicholas Ragan, John Schwepker, Jackson Sefrit, Drake Whaley

**Washington** - Alec Brinkmann, Aleksandr Buechter, Pavel Buechter, Adam Gauzy, Zach Harms, Conlan Jarvis, Austin Lewis, Connor Lewis, Ty Rinne, Tommy Ruether, Noah Schroepfer, Zach Subke, Cason Suggs

**Wentzville Holt** - Colten Arellanes, Spencer Bogan, Carter Collins, Lake Feldmann, Aaron Heinrich, Jacob Ryan

**Wentzville Liberty** - Arik Holmes, Brian Jones, Andy Jorris

## 2016-2017 South Division Boys Basketball

<b>1st TEAM</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
	Brandon Bassham	Sr.	Troy Buchanan
	Mike Brohm	Sr.	Francis Howell
	Grady Daniels	Sr.	Wentzville Timberland
	Jake Hampton	Jr.	Fort Zumwalt West
	Justin Matthews-Williams	Jr.	Francis Howell North

<b>2nd TEAM</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
	Daylan Dalton	So.	Francis Howell

	Josh Estrel	Sr.	Wentzville Timberland
	Marcus James	Sr.	Francis Howell Central
	Shaymal Patel	Jr.	Wentzville Timberland
	Spencer Strode	Jr.	Fort Zumwalt West

## Sportsmanship

<b>Fort Zumwalt West</b>	Jack Knepler
<b>Francis Howell</b>	Fadi Kaid
<b>Francis Howell Central</b>	Kaleb Cissell
<b>Francis Howell North</b>	Jose Alega
<b>Troy Buchanan</b>	Sam Heidemann
<b>Wentzville Timberland</b>	Jacob Auringer

## All Academic Team

**Fort Zumwalt West** - Micahel Cessna, Brendan Douglas, Jake Hampton, Jack Knepler, Marquis Majors, Blake McPhee, Bryce Parker, Spencer Strode, Alex Vollmar

**Francis Howell** - Mike Brohm, Kyle Grantham, Patrick Schulte, Riley Shanahan, Matthew Simmons, Ryan Spears

**Francis Howell Central** - Alex Boden, Kaleb Cissell, Austin Crudup, Nathan Garthe, Collin Hepler, Dontae Horace, Adam Lewis, Jared Stone

**Francis Howell North** - Jose Alega, Fletcher Dietrich, John Garrelts, Ahmad Granem, Rizwan Hyder, Drew Killmer, Tucker Rhoads, Drew Scheer, Max Smallwood

**Troy Buchanan** - Jacob Colbert, Joseph Colbert, Drew Deters, Samuel Heidemann, Jim King, , Todd Myers, Andrew Nett, McKenna Starkey, Ben Torres, Noah Wurtz,

**Wentzville Timberland** - Jacob Auringer, Grady Daniels, Josh Estrel, Nick Friedel, Jonathan Honore, Nate Langston, Nate McDaniel, Shyamal Patel

## 2016-2017 North Division Girls Basketball

<b>1st TEAM</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
	Alexa Chairs	Sr.	Saint Charles
	Jamie Hopkins	So.	Orchard Farm
	Jenny Jansen	Sr.	Warrenton
	Kayla Nelson	Jr.	Warrenton
	Emma Poindexter	Sr.	Saint Charles West

<b>2nd TEAM</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
	Rylie Cox	Jr.	Warrenton
	Nicole Heitmann	Sr.	Orchard Farm
	Skylyr Leake	So.	Orchard Farm
	Molly Schulteheinrich	Sr.	Saint Charles
	Tanisha Wilson	Sr.	Saint Charles

## Sportsmanship

<b>Orchard Farm</b>	Payton Dill
<b>Saint Charles</b>	Taylor Lyles
<b>Saint Charles West</b>	Katie Schnick
<b>Warrenton</b>	Ashtyn Dixon

## All Academic Team

**Orchard Farm** - Bailey Boyer, Payton Dill, Maddie Frappier, Kayla Hedges, Nicole Heitmann, Jamie Hopkins, Julie Johnston, Skylyr Leake, Taylor Machens, Lexi Runion

**Saint Charles** - Abby Booker, Emma Booker, Alexa Chairs, Ally Gibson, Taylor Lyles, Hannah Mersch, Brooke Schneider, Molly Schultenhenrich, Maggie Skeen, Tanisha Wilson,

**Saint Charles West** - Hope Afflick, Audrey Andrzejewski, Michayla Chowning, Widelande Coleman, Baily Griffiths, Grace Honey, Sabryn Jones, Camryn Mace, Emma Poindexter, Katie Schnick, Maddie Sportsman, Kaitlyn Weinrich, Brooke Wilson

**Warrenton** - Kaylee Anderson, Maddison Burgmeyer, Rylie Cox, Ashtyn Dixon, Allyson Haller, Jenny Janser, Kayla Nelson, Macie Somer, Jordan Todd

**Winfield** - Bre Burkemper, Emma Burkemper, Olivia Jordan, Alayna Kaimann, Karley Kaimann, Lydia Lang, Kelly Mense

## 2016-2017 Central Division Girls Basketball

1st TEAM	Name	Year	School
	Jackie Arnold	Jr.	Washington
	Reese Arnold	Jr.	Washington
	Kyra Hardesty	Sr.	Washington
	Hannah Karl	Sr.	Fort Zumwalt South
	Rachel Pudlowski	Sr.	Fort Zumwalt North

<b>2nd TEAM</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
	Nicole Griesenauer	Jr.	Wentzville Holt
	Avery Ingle	Sr.	Wentzville Liberty
	Allison Meyer	Jr.	Wentzville Holt
	Victoria Nesslage	Sr.	Fort Zumwalt North
	Sofia Popp	So.	Fort Zumwalt South

## **Sportsmanship**

<b>Fort Zumwalt East</b>	Emma Edwards
<b>Fort Zumwalt North</b>	Gaby Baptiste
<b>Fort Zumwalt South</b>	Abby Tiemann
<b>Washington</b>	Brooke Robinson
<b>Wentzville Holt</b>	Allie Barry
<b>Wentzville Liberty</b>	Kylie Seaton

## **All Academic Team**

**Fort Zumwalt East** - Megan Chilese, Emma Edwards, Macie Farrier, Syanne Johnston, Molly Snider, Lauren Stern

**Fort Zumwalt North** - Gabrielle Baptiste, Haley Bauer, Mia Bellanca, Jasmine Berryhill, Katie Grimes, McKenzie Lee, Makayla Meiser, Victoria Nesslage, Rachel Pudlowski, Daja Robinson, Emily Vanhooser

**Fort Zumwalt South** - Gabrielle Askins, Allyson Mahoney, Erika Martin, Emma Popp, Sofia Popp, Madison Schmied, Madalyn Smith, Chloe Stroh, Channell Turks, Hannah Warneke

**Washington** - Jackie Arnold, Reese Arnold, Emma Boehmer, Nichole Brinker, Cortney Eckelkamp, Kyra Hardesty, Bria Hasenjaeger, Emmy Hopkins, Jessica Huxol, Mary Beth Reust, Morgan Riegel, Kailey Robinson, Olivia Robinson

**Wentzville Holt** - Claudia Adam, Gia Bargaineer, Allie Barry, Hannah Berendzen, Kirsten Dooley, Michon Forrest, Emily Griesenauer, Nicole Griesenauer, Anna Harris, Allison Meyer, Ashley Meyer, Jillian Starke, Abbi Tranor

**Wentzville Liberty** - Jordan Baumann, Emily Giljum, Melanie Giljum, Avery Ingle, Savannah Kruse, Cari Schaeffer, Kylie Seaton, Sydney Stuke

## 2016-2017 South Division Girls Basketball

1st TEAM	Name	Year	School
	Jordyn Armstrong	Sr.	Wentzville Timberland
	Yani Curry	So.	Francis Howell Central
	Adene Edwards	Jr.	Troy Buchanan
	Natalie Rushing	Sr.	Fort Zumwalt West
	Tionne Taylor	Jr.	Francis Howell

2nd TEAM	Name	Year	School
	Gabby Delarue	So.	Francis Howell North
	Lauren Ebert	So.	Francis Howell Central
	Lexy Pellegrini	Jr.	Francis Howell
	Lillie Pickett	Fr.	Fort Zumwalt West
	Ashley Raines	r.	Wentzville Timberland

**Sportsmanship**



<b>Fort Zumwalt West</b>	Elaina Burr
<b>Francis Howell</b>	Micah Huwe
<b>Francis Howell Central</b>	Hannah Currant
<b>Francis Howell North</b>	Maggie Hillmann
<b>Troy Buchanan</b>	Adene Edwards
<b>Wentzville Timberland</b>	Grace Langston

## All Academic Team

**Fort Zumwalt West** - Elaina Burr, Brielle Palmer, Brooklyn Palmer, Katie Pauk, Lillie Pickett, Mikayla Rodgers, Natalie Rushing, Janae Taylor, Anya White, Madeline Wieseman

**Francis Howell** - Hannah Anderson, Izzy Daab, Kristen Epperly, Micah Huwe, Courtney Marx, Taylor Russell, Bridget Schulte, Jane Thompson

**Francis Howell Central** - Alueria Alderson, Hannah Currant, Yani Curry, Lauren Ebert, Mackinsey Hamer, Amanda Henderson, Azaria Hulbert, Payton Kolb, Aria Lynch, Ashland Roland, Makenzie Schierding, Zoe Zeuschel

**Francis Howell North** - Samantha Alexander, Gabrielle Delarue, Maggie Hillmann, Patty O'Leary, Mackenzie Pugh, Katie Richardson, Corinne Stevens, Grace Stevenson, Madelyn Stock, Hannah Wilson

**Troy Buchanan** - Morgan Bova, Bayley Henke, Kamryn Mennemeyer, Olivia Mennemeyer, Cameryn Patterson, Jordyn Rasco, Taylor Roettger, Kelsey Sachs, Erica Schultz, Kirsten Watts, Rianna Wenzel

**Wentzville Timberland** - Jordyn Armstrong, Devin Cross, Kendall Fletcher, Alex Gubera, Hannah Hartman, Amaya Honore, Grace Langston, Alivia Lamb, Ashley Raines

## 2016-17 GIRLS SWIMMING NORTH-CENTRAL CHAMPIONS

[RED=GAC record, BLUE=GAC North Central record]

**200 yard Medley Relay [GAC Record: 1:51.78, Ft. Zumwalt West, 2012]**

**200 yard Medley Relay [GAC NORTH-CENTRAL Record: 1:59.82, Wentzville Liberty, 2017]**

<b>1st</b>	Sarah Staats	Wentzville Liberty	1:59.82
	Bennett Outman		
	Eva Herling		
	Marjori Russo		
<b>2nd</b>	Caitlin Ung	Fort Zumwalt South	2:05.47
	Quiny Ung		
	Sarah Jellinek		
	Carson Howard		
<b>3rd</b>	Hannah Doss	Saint Charles	2:07.21
	Emily Bodrow		
	Autumn Looney		
	Lily McEwen		

**200 yard Freestyle [GAC Record: 1:53.41, Taylor Wohrley, Wentzville Timberland, 2009]**

**200 yard Freestyle [GAC NORTH-CENTRAL Record: 2:08.78, Fort Zumwalt East, 2017]**

<b>1st</b>	Rachel Springer	Fort Zumwalt East	2:08.78
<b>2nd</b>	Emily Goode	Fort Zumwalt South	2:11.32
<b>3rd</b>	Hannah Kerr	Wentzville Liberty	2:12.98

**200 yard Individual Medley [GAC Record: 2:03.88, Haley Spencer, Ft. Zumwalt West, 2007]**

**200 yard Individual Medley [GAC NORTH-CENTRAL Record: 2:13.35, Autumn Looney, St. Charles, 2016]**

<b>1st</b>	Sarah Staats	Wentzville Liberty	2:17.09
<b>2nd</b>	Sarah Jellinek	Fort Zumwalt South	2:30.23
<b>3rd</b>	Lexi Guffey	Wentzville Liberty	2:34.80

**50 yard Freestyle [GAC Record: 23.91, Courtney Harris, Fort Zumwalt West, 2017]**

**50 yard Freestyle [GAC NORTH-CENTRAL Record: 25.84, Marjorie Russo, Wentzville Liberty, 2017]**

<b>1st</b>	Marjorie Russo	Wentzville Liberty	25.84
<b>2nd</b>	Hannah Doss	Saint Charles	26.66
<b>3rd</b>	Carson Howard	Fort Zumwalt South	26.78

**1 meter Springboard Diving [GAC Record: 540.20, Sarah Bathe, Saint Charles, 2017]**

**1 meter Springboard Diving [GAC NORTH-CENTRAL Record: 540.20, Sarah Bathe, Saint Charles, 2017]**

<b>1st</b>	Sarah Bathe	Saint Charles	540.20
<b>2nd</b>	Catie Hutchison	Fort Zumwalt East	353.30

<b>3rd</b>	Dani Smith	Fort Zumwalt North	325.80
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**100 yard Butterfly [GAC Record: 56.53, Courtney Coe, Ft. Zumwalt West, 2013]**

**100 yard Butterfly [GAC NORTH-CENTRAL Record: 57.31, Autumn Looney, Saint Charles, 2017]**

<b>1st</b>	Autumn Looney	Saint Charles	57.31
<b>2nd</b>	Sarah Staats	Wentzville Liberty	1:02.17
<b>3rd</b>	Emma Gulovsen	Fort Zumwalt East	1:03.42

**100 yard Freestyle [GAC Record: 51.87, Autumn Looney, Saint Charles, 2017]**

**100 yard Freestyle [GAC NORTH-CENTRAL Record: 51.87, Autumn Looney, SCHS, 2017]**

<b>1st</b>	Autumn Looney	Saint Charles	51.87
<b>2nd</b>	Marjori Russo	Wentzville Liberty	56.67
<b>3rd</b>	Rachel Springer	Fort Zumwalt East	59.03

**500 yard Freestyle [GAC Record: 5:09.57, Michelle Tipton, Ft. Zumwalt West, 2011]**

**500 yard Freestyle [GAC NORTH-CENTRAL Record: 5:31.76, Emma Gulvovson, Fort Zumwalt East, 2017]**

<b>1st</b>	Emma Gulovson	Fort Zumwalt East	5:31.76
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<b>2nd</b>	Emily Goode	Fort Zumwalt South	5:50.31
<b>3rd</b>	Zoe Killingsworth	Wentzville Liberty	6:09.40

**200 yard Freestyle Relay [GAC Record: 1:40.76, Francis Howell, 2016]**

**200 yard Freestyle Relay [GAC NORTH-CENTRAL Record: 1:47.27, Wentzville Liberty, 2017]**

<b>1st</b>	Marjori Russo	Wentzville Liberty	1:47.27
	Bennett Outman		
	Hannah Kerr		
	Sarah Staats		
<b>2nd</b>	Hannah Struckhoff	Washington	1:50.33
	Kacie Huxol		
	Chiara Mainardi		
	Mckenzie Dohm		
<b>3rd</b>	Hannah Doss	Saint Charles	1:52.34
	Audrey Brauch		
	Lily McEwen		
	Autumn Looney		

**100 yard Backstroke [GAC Record: 57.72, Taylor Wohrley, Wentzville Timberland, 2006]**

**100 yard Backstroke [GAC NORTH-CENTRAL Record: 1:03.49, Hannah Doss, St. Charles, 2017]**

<b>1st</b>	Hannah Doss	Saint Charles	1:03.49
<b>2nd</b>	Quiny Ung	Fort Zumwalt South	1:06.94
<b>3rd</b>	Ashley Turpin	Fort Zumwalt East	1:10.40

**100 yard Breaststroke [GAC Record: 1:02.52, Haley Spencer, Ft. Zumwalt West, 2009]**

**100 yard Breaststroke [GAC NORTH-CENTRAL Record: 1:12.65, Michaela Russ, Ft. Zumwalt North, 2017]**

<b>1st</b>	Michaela Russ	Fort Zumwalt North	1:12.65
<b>2nd</b>	Bennett Outman	Wentzville Liberty	1:18.45
<b>3rd</b>	Lexi Guffey	Wentzville Liberty	1:18.64

**400 yard Freestyle Relay [GAC Record: 3:37.17, Francis Howell, 2017]**

**400 yard Freestyle Relay [GAC NORTH-CENTRAL Record: 3:58.03, Fort Zumwalt South, 2017]**

<b>1st</b>	Emily Goode	Fort Zumwalt South	3:58.03
	Quiny Ung		
	Carson Howard		
	Sarah Jellinek		
<b>2nd</b>	Rachel Springer	Fort Zumwalt East	4:03.60

	Emma Keen		
	Emma Gulovson		
	Ashley Turpin		
<b>3rd</b>	Eva Herling	Wentzville Liberty	4:05.38
	Zoe Killingsworth		
	Lanni Guffey		
	Hannah Kerr		

**TEAM SCORES: Wentzville Liberty [559]**

**Fort Zumwalt South [362]; Fort Zumwalt East [295]; Fort Zumwalt North [253]; Saint Charles [251]; Washington [186]; Saint Charles West [102]**

## **PDF of All Results**

### ***Sportsmanship Team***

**Washington** - Chiara Mainardi

**Wentzville Liberty**-

**Fort Zumwalt South** -

**Fort Zumwalt North** - Amber Parkinson

**Fort Zumwalt East** -

**Saint Charles** -

**Saint Charles West** -

# All-Academic Team

**Ft. Zumwalt South** - Emily Clynes, Amanda Culian, Kate Dickey, Abigail Giering, Emily Goode, Alyssa Herrmann, Carson Howald, Sarah Jellinek, Ashton Mandrell, Morgan Picht, Naomi Raible, Abigail Regenstein, Claire Rocco, Mary Rumbo, Jadyn Schlereth, Paxton Schmitz, Erin Stopke, Caitlin Ung, Quiny Ung, Katherine Williams

**Ft. Zumwalt East** -

**St. Charles** -

**St. Charles West** -

**Ft. Zumwalt North** - Victoria Allinger, Cicely Berzack, Caitlin Brenner, Jordan Brown, Abigail Burhans, Katelyn Buss, Taylor Capp, Madilyn Elgart, Sisaleigh Holcomb, Madison Ilseman, Morgan James, Kristen Keene, Emma Kennedy, Celeste O'Brien, Amber Parkinson, Aileen Puscian, Michaela Russ, Lauren Schwartz, Camille Seeger, Caleigh Shanks, Hannah Simonds, Trinity Smallwood, Danielle Smith, Riley Soener, Claire Taylor, Jillian Wagner, Jillian Walls, Mya Walls, Audriana Weiss, Emily Wilding, Josie Wilp, Kelly Wright

**Washington** - Bailey Bair, Mikala Brune, Olivia Diedrich, McKenzie Dohm, Darby Eime, Katherine Farrell, Holly Hoerstkamp, Kacie Huxol, Jenna Loepker, Chiara Mainardi, Elizabeth Struckhoff, Zoe Sykes

## 2016-17 GIRLS SWIMMING SOUTH CHAMPIONS

[RED=GAC Record, BLUE-GAC South record]

**200 yard Medley Relay [GAC Record: 1:51.78, Ft. Zumwalt West, 2012]**

**200 yard Medley Relay [GAC Record: 1:51.78, Ft. Zumwalt West, 2012]**

<b>1st</b>	Alyssa Juris	Francis Howell	1:53.04
	Erin Gilbert		
	Natalie Nguyen		
	Emma Brabham		



<b>2nd</b>	Emily Martin	Fort Zumwalt West	1:54.71
	Grace Armit		
	Sam Meyerson		
	Courtney Harris		
<b>3rd</b>	Kyleigh MacMann	Francis Howell North	2:01.21
	Joanna Dohrman		
	Erin Stock		
	Emileigh MacMann		

**200 yard Freestyle [GAC Record: 1:53.41, Taylor Wohrley, Wentzville  
Timberland, 2009]**

**200 yard Freestyle [GAC SOUTH Record: 1:53.41, Taylor Wohrley, Wentzville  
Timberland, 2009]**

<b>1st</b>	Emma Brabham	Francis Howell	1:58.09
<b>2nd</b>	Rebekah Lipski	Wentzville Timberland	1:58.98
<b>3rd</b>	Joanna Dohrman	Francis Howell North	1:59.69

**200 yard Individual Medley [GAC Record: 2:03.88, Haley Spencer, Ft.  
Zumwalt West, 2007]**

**200 yard Individual Medley [GAC SOUTH Record: 2:03.88, Haley Spencer, Ft.  
Zumwalt West, 2007]**

<b>1st</b>	Madison Nguyen	Francis Howell	2:12.56
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<b>2nd</b>	Ana Herndon	Wentzville Timberland	2:22.37
<b>3rd</b>	Hannah Hilke	Fort Zumwalt West	2:25.97

**50 yard Freestyle [GAC Record: 23.91, Courtney Harris, Fort Zumwalt West, 2017]**

**50 yard Freestyle [GAC SOUTH Record: 23.91, Courtney Harris, Fort Zumwalt West, 2017]**

<b>1st</b>	Courtney Harris	Fort Zumwalt West	23.91
<b>2nd</b>	Reagan Cathcart	Francis Howell	24.57
<b>3rd</b>	Marina Pursley	Wentzville Timberland	24.98

**1 meter Springboard Diving [GAC Record: 540.20, Sarah Bathe, Saint Charles, 2017]**

**1 meter Springboard Diving [GAC SOUTH Record: 539.20, Marissa Green, Ft. Zumwalt West, 2014]**

<b>1st</b>	Sadie Murphy	Francis Howell	395.45
<b>2nd</b>	Mariah Javier	Francis Howell Central	391.45
<b>3rd</b>	Emma Campbell	Francis Howell Central	382.95

**100 yard Butterfly [GAC Record: 56.53, Courtney Coe, Ft. Zumwalt West, 2013]**

**100 yard Butterfly [GAC SOUTH Record: 56.53, Courtney Coe, Ft. Zumwalt West, 2013]**

<b>1st</b>	Alyssa Juris	Francis Howell	58.87
<b>2nd</b>	Reagan Cathcart	Francis Howell	1:01.34
<b>3rd</b>	Erin Stock	Francis Howell North	1:02.31

**100 yard Freestyle [GAC Record: 51.87, Autumn Looney, Saint Charles, 2017]**

**100 yard Freestyle [GAC SOUTH Record: 51.95, Courtney Harris, Fort Zumwalt West, 2017]**

<b>1st</b>	Courtney Harris	Fort Zumwalt West	51.95
<b>2nd</b>	Marina Pursley	Wentzville Timberland	54.65
<b>3rd</b>	Natalie Nguyen	Francis Howell	55.03

**500 yard Freestyle [GAC Record: 5:09.57, Michelle Tipton, Ft. Zumwalt West, 2011]**

**500 yard Freestyle [GAC SOUTH Record: 5:09.57, Michelle Tipton, Ft. Zumwalt West, 2011]**

<b>1st</b>	Madison Mguyen	Francis Howell	5:14.52
<b>2nd</b>	Joanna Dohrman	Francis Howell North	5:18.67
<b>3rd</b>	Rebekah Lipski	Wentzville Timberland	5:25.80

**200 yard Freestyle Relay [GAC Record: 1:40.76, Francis Howell, 2016]**

**200 yard Freestyle Relay [GAC SOUTH Record: 1:40.76, Francis Howell, 2016]**

<b>1st</b>	Alyssa Juris	Francis Howell	1:41.11
	Kelly Schroeder		
	Reagan Cathcart		
	Madison Nguyen		
<b>2nd</b>	Rebekah Lipski	Wentzville Timberland	1:42.76
	Ana Herndon		
	Mason Misener		
	Marina Pursley		
<b>3rd</b>	Hannah Hilke	Fort Zumwalt West	1:49.89
	Alisa Sivapiromrat		
	Emily Coe		
	Skyler Boyle		

**100 yard Backstroke [GAC Record: 57.72, Taylor Wohrley, Wentzville Timberland, 2006]**

**100 yard Backstroke [GAC SOUTH Record: 57.72, Taylor Wohrley, Wentzville Timberland, 2006]**

<b>1st</b>	Alyssa Juris	Francis Howell	58.05
<b>2nd</b>	Natalie Nguyen	Francis Howell	59.61
<b>3rd</b>	Hannah Kuhlmann	Wentzville Timberland	1:03.05

**100 yard Breaststroke [ GAC Record: 1:02.52, Haley Spencer, Ft. Zumwalt West, 2009]**

**100 yard Breaststroke [GAC SOUTH Record: 1:02.52, Haley Spencer, Ft. Zumwalt West, 2009]**

<b>1st</b>	Emma Brobham	Francis Howell	1:08.88
<b>2nd</b>	Grace Armit	Fort Zumwalt West	1:09.70
<b>3rd</b>	Erin Gilbert	Francis Howell	1:12.86

**400 yard Freestyle Relay [GAC Record: 3:37.17, Francis Howell, 2017]**

**400 yard Freestyle Relay [GAC SOUTH Record: 3:37.17, Francis Howell, 2017]**

<b>1st</b>	Madison Nguyen	Francis Howell	3:37.17
	Natalie Nguyen		
	Reagan Cathcart		
	Emma Brabham		
<b>2nd</b>	Rebekah Lipski	Wentzville Timberland	3:44.61
	Hannah Kuhlmann		
	Ana Herndon		
	Marina Pursley		
<b>3rd</b>	Sam Meyerson	Fort Zumwalt West	3:47.16
	Emily Martin		
	Grace Armit		
	Courtney Harris		

**TEAM SCORES: *Francis Howell* [558];**

**Fort Zumwalt West [396]; Wentzville Timberland [373]; Francis Howell North [232]; Wentzville Holt [213]; Francis Howell Central [146]**

## ***Sportsmanship Team***

**Francis Howell North -**

**Wentzville Timberland - Nyah Misener**

**Francis Howell Central -**

**Ft. Zumwalt West - Halle Hunt**

**Wentzville Holt - Alexandra “Blue” Carpenter**

**Francis Howell -**

## **All-Academic Team**

**Ft. Zumwalt West -** Skyler Boyle, Izzy Clark, Emily Coe, Lexi Eckman, Bridgette Furniss, Courtney Harris, Hannah Hilke, Halle Hunt, Lily Jackson, Anna Laughlin, Melanie Lyons, nEmily Martin, Sam Meyerson, Maggie Palmer, Bailee Rasmussen, Alisa Sivapiromrat, Shannon Strayhorn

**Francis Howell -**

**Francis Howell North -**

**Francis Howell Central -**

**Wentzville Holt -** Emily Barron, Alexandra “Blue” Carpenter, Grace Howery, Carissa Junker, Gracyn Pietrusinski, Hannah Reeb, Lillie Schafer, Madeline Schafer, Emma Westerhold

**Wentzville Timberland -** Alexis Allmeyer, Courtney Becker, Olivia Crowell, Madeline Est, Abriana Herndon, Hannah Kuhlmann, Rebekah Lipski, Mason Misener, Nyah Misener, Riley Mongoven, Marina Pursley

**2016-17 Wrestling Champions**  
**from the combined tournament, all divisions!**

**Six places medal.**

**106**

Carter Smith [Holt]	decisioned	Cameron Steinhoff [Liberty]	10-4
Josh Kyle [Francis Howell]	decisioned	Ben Bohr [St. Charles]	1-0
Alex Flerlage [FH Central]	forfeit	Teddy Hickey [FZ North]	1-0

**113**

Anthony Piscotta [Timberland]	major decisioned	Nathan Undertajlo [Holt]	12-4
Cody Hey [Washington]	decisioned	Jacob Williams [Troy Buchanan]	8-3
Jacob Simpson [Liberty]	decisioned	Evan Kreith [Francis Howell]	7-0

**120**

Cameron Spires [Timberland]	decisioned	Tyler Kreith [Francis Howell]	1-0
Kyle Tucker [Holt]	decisioned	Joe Omer [Washington]	11-8
Logan Prinster [FZ North]	decisioned	Hunter Chaney [Liberty]	7-3

**126**

Cameron Rudy [FZ South]	decisioned	Andrew Godier [FH Central]	9-8
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Caleb Conedera [Timberland]	pinned	Max Worth [Holt]	4:40
Derick Buda-Smith [FZ North]	pinned	Alex Clutter [St. Charles]	3:49

## 132

Jacob Smith [FH North]	tech fall	Ben Provost [Winfield]	15-0
Joel Hagemeyer [Holt]	decisioned	Jonny Paneitz [Timberland]	7-2
Steve Tran [FZ South]	pinned	Brenden Marshall [SC West]	2:31

## 138

Kai Rogers [Winfield]	decisioned	Jake Keithline [FZ South]	8-2
Geoffrey Seebeck [Francis Howell]	decisioned	Jon Kelpo [Washington]	5-4
Mason Uhrig [Timberland]	major decisioned	Cody Thorne [St. Charles]	18-6

## 145

Luke Hardy [Troy Buchanan]	decisioned	Trevor Liggett [FH Central]	7-5
Jeff Farris [Holt]	decisioned	Clark Rogers [Winfield]	7-5
Taejae Jenkins Harris [Francis Howell]	decisioned	Joel Holmes [Timberland]	6-3

## 152



Colton Hawks [Holt]	decisioned	Tyler McGhee [Francis Howell]	6-4
Brandon Carbrey [SC West]]	tech fall	Hayden Love [Warrenton]	17-2
Christopher Viehmann [FZ North]	forfeit	Caleb Knobel [FZ South]	1-0

## 160

Ty Purler [Francis Howell]	major decisioned	Jerrett Villinger [Warrenton]	8-0
Jonathan Floyd [FH Central]	pinned	Justin Steffeny [Timberland]	2:27
Cole Mueller [Holt]	major decisioned	Drew Smith [Winfield]	10-2

## 170

Antonio Jenkins Harris [Francis Howell]	[Warrenton]	Drake Meine [Warrenton]	5-4
Myron Crawford [FH North]	decisioned	Jaxtin Steffeny [Timberland]	12-5
Jacob Sarquist [FZ South]	pinned	Tristan Hachtel [SC West]	4:52

## 182

Dylan Komperda [Francis Howell]	decisioned	Dennis Land [FZ South]	12-5
Nate O'Neal [FZ North]	pinned	Gunnar Noud [Washington]	5:24
Jared Spudich [Timberland]	BYE		

## 195

Jack Flynn Francis Howell]	decisioned	Sam Vining [Holt]	11-7
Blake McCoy [Timberland]	pinned	Dylan Gillette [FH Central]	2:26
Stone Corder [Warrenton]	decisioned	Hunter Collins [FH North]	4-2

## 220

Jackson Berck [FH Central]	decisioned	Ben Holmes [Timberland]	4-0
Alec Holtmeyer [Washington]	pinned	Dylan Fridrich [Francis Howell]	2:33
Uston Wylie [Holt]	pinned	Richard Farris [St. Charles]	2:57

## 285

Marcus Paddack [SC West]	decisioned	Jordan Williams [FZ West]	6-4
Cody Brave [Timberland]	pinned	Cody Imbierowicz [St. Charles]	2:44
Connor Muller [Washington]	decisioned	Tom Fast[Troy Buchanan]	4-1

**TEAM SCORES: WENTZVILLE TIMBERLAND [212]**

**FRANCIS HOWELL[210]; WENTZVILLE HOLT [185];FRANCIS HOWELL CENTRAL[119]; FORT ZUMWALT SOUTH[112.5]; WASHINGTON [110]; FORT ZUMWALT NORTH [76]; WARRENTON [75.5]; WINFIELD [72]; ST. CHARLES WEST [63.5]; ST. CHARLES [63]; FRANCIS HOWELL NORTH [58.5]; TROY BUCHANAN [46]; WENTZVILLE LIBERTY [40.5]; FORT ZUMWALT WEST [31.5]; FORT ZUMWALT EAST [5]; ORCHARD FARM [0]**

# Sportsmanship Award

<b>Fort Zumwalt East</b>	
<b>Fort Zumwalt North</b>	Alex Jetton
<b>Fort Zumwalt South</b>	
<b>Fort Zumwalt West</b>	Cristian Hosack
<b>Francis Howell</b>	
<b>Francis Howell Central</b>	
<b>Francis Howell North</b>	
<b>Saint Charles</b>	
<b>Saint Charles West</b>	
<b>Troy Buchanan</b>	Thomas Fast
<b>Warrenton</b>	
<b>Washington</b>	Ivan Ramirez
<b>Wentzville Holt</b>	Anthony DeLuca
<b>Wentzville Timberland</b>	Mason Uhrig
<b>Winfield</b>	
<b>Orchard Farm</b>	

## All-Academic Team

### **Francis Howell -**

**Wentzville Timberland** - Caleb Conedera, Brendan Crowell, Ben Holmes, Joel Holmes, Brandon Khoury, Anthony Pisciotta, Cameron Spires, Jared Spudich, Jaxtin Steffeny, Justin Steffeny, Mason Uhrig

**Fort Zumwalt West** - Logan Bardenheier, Parker Brunnworth, Alex Dubasik, Trey Durbin, Cristian Hosack, Owen Stoechner, Jordan Williams

**Fort Zumwalt North** - Jackson Ederer, Teddy Hickey, Alex Jetton, Brenden Keeling, Nicholas Rogers, Zachary Steele, Christopher Viehmann, Nicholas Winder

**FORT ZUMWALT SOUTH** - Nicholas Hoven, Nicholoas Mattli, Caleb Knobel, Dominic Licameli, Nicholas Lindley, Brent Mattli, Chase Mercer, Austin Denson, Jacob Sarquist, Steve Tran

**Troy Buchanan** - Thomas Miller Fast, Trevor Michael Seely, Jonathan William Hepburn

**Washington** - Joe Omer, Tommy Alwine, Matt Hoemann, Calvin Obermark, Andrew Inman, Ben Marquart, Ryan Gratzner, Jack Carico, Cory Hardesty, Tate Hendricks, Louis Obermark, Ben Griffen, Bryce Meyer, Caleb Hlavaty

**Francis Howell Central** -

**Wentzville Holt** - Luke Altmann, Kaleb Bryant, Andrew Burns, Joel Hagemeyer, Cole Mueller, Carter Smith, Nathan Undertajlo, Max Worth

**Saint Charles West** -

**Winfield** -

## **2016-2017 SEASON**

**Listed below are the All Conference wrestlers as selected by a vote of the coaches in the North, the Central and the South Divisions. In addition, the wrestler of the year and coach of the year are listed.**

### North First Team

<b>Weight Class</b>	<b>Name</b>	<b>School</b>
106	Ben Bohr	Saint Charles
113	Spencer Drazic	Saint Charles
120	Jordan Kestner	Saint Charles
126	Alex Clutter	Saint Charles
132	Ben Provost	Winfield

138	Kai Rogers	Winfield
145	Clark Rogers	Winfield
152	Brandon Carbray	Saint Charles West
160	Jarrett Villinger	Warrenton
170	Drake Meine	Warrenton
182	Michael Riggs	Warrenton
195	Stone Corder	Warrenton
220	Jacob Null	Warrenton
285	Marcus Paddack	Saint Charles West

## North Second Team

<b>Weight Class</b>	<b>Name</b>	<b>School</b>
106	Jack Evrad	Warrenton
113	Bryce Edison	Warrenton
120	Ian Wright	Warrenton
126	Zach Roberts	Orchard Farm
132	Jordan Medina	Saint Charles
138	Cody Thorne	Saint Charles
145	Trevor Hachtel	Saint Charles West
152	Haydon Lowe	Warrenton

160	Drew Smith	Winfield
170	Trinstan Hachtel	Saint Charles West
182	Adam Dooley	Saint Charles West
195	Davonte Henry	Saint Charles
220	Rich Francis	Saint Charles
285	Cody Imbierwicz	Saint Charles

**GAC North – “Wrestler of the Year” – Kai Rogers of Winfield**

**GAC North – “Coach of the Year” – Kevin Fowler of Warrenton**

**GAC North Conference Champion - Warrenton**

Central First Team

<b>Weight Class</b>	<b>Name</b>	<b>School</b>
106	Carter Holt	Wentzville Holt
113	Nathan Undertajilo	Wentzville Holt
120	Kyle Tucker	Wentzville Holt
126	Cameron Rudy	Fort Zumwalt South
132	Steve Tran	Fort Zumwalt South
138	Christian Ziek	Wentzville Liberty
145	Jack Ederer	Fort Zumwalt North
152	Colton Hawks	Wentzville Holt

160	Chase Mercer	Fort Zumwalt South
170	Nathan Sarquist	Fort Zumwalt South
182	Dennis Land	Fort Zumwalt South
195	Sam Vining	Wentzville Holt
220	Alec Holtmeyer	Washington
285	Zak Steele	Fort Zumwalt North

## Central Second Team

<b>Weight Class</b>	<b>Name</b>	<b>School</b>
106	Cameron Steinhoff	Wentzville Liberty
113	Cody Hey	Washington
120	Joe Omer	Washington
126	Tommy Kelpe	Washington
132	Calvin Obermark	Washington
138	Jeff Farris	Wentzville Holt
145	Austin Denson	Fort Zumwalt South
152	Nathan Vorthermus	Fort Zumwalt East
160	Brenden Keeling	Fort Zumwalt North
170	Lucas Eaton	Fort Zumwalt East
182	Cole Mueller	Wentzville Holt
195	Nick Mattli	Fort Zumwalt South

220	Uston Wylie	Wentzville Holt
285	Conner Muller	Washington

**GAC Central – “Wrestler of the Year” – Cameron Rudy of Fort Zumwalt South**

**GAC Central – “Coach of the Year” - Josh Ohm of Washington**

**GAC Central Conference Champion - Fort Zumwalt South**

South First Team

<b>Weight Class</b>	<b>Name</b>	<b>School</b>
106	Josh Kyle	Francis Howell
113	Anthony Pisciotta	Wentzville Timberland
120	Cameron Spires	Wentzville Timberland
126	Andrew Godier	Francis Howell Central
132	Jacob Smith	Francis Howell North
138	Coery Wait	Francis Howell Central
145	Tyler McGhee	Francis Howell
152	Justin Steffeny	Wentzville Timberland



160	Ty Purler	Francis Howell
170	Antonio Jenkins	Francis Howell
182	Dylan Komperda	Francis Howell
195	Jack Flynn	Francis Howell
220	Jackson Berck	Francis Howell Central
285	Jordan Williams	Fort Zumwalt West

## South Second Team

<b>Weight Class</b>	<b>Name</b>	<b>School</b>
106	Alec Flerlage	Francis Howell Central
113	Jacob Williams	Troy Buchanan
120	Tyler Krieth	Francis Howell
126	Caleb Conedera	Wentzville Timberland
132	Quinton Smith	Francis Howell Central
138	Luke Hardy	Troy Buchanan
145	Trevor Ligget	Francis Howell Central
152	Blake Rieter	Fort Zumwalt West
160	Jonathan Floyd	Francis Howell Central
170	Myron Crawford	Francis Howell North
182	Jonathan Hepburn	Troy Buchanan
195	Joseph McCoy	Wentzville Timberland

220	Ben Holmes	Wentzville Timberland
285	Cody Brave	Wentzville Timberland

**GAC South – “Wrestler of the Year” – Jack Flynn of Francis Howell**

**GAC South – “Coach of the Year” – Kevin Stroh of Francis Howell**

**GAC South Conference Champion - Francis Howell**

SCHOLAR BOWL 2017

**GATEWAY ATHELTIC CONFERENCE CHAMPION :**

**WASHINGTON**

1ST TEAM	NAME	SCHOOL
	Joe Stitz	Washington
	Ganon Evans	Francis Howell
	Tyler Woosenraft	Orchard Farm
	Jose Alega	Francis Howell North
	Joe Cassidy	Fort Zumwalt North

<b>2ND TEAM</b>	<b>NAME</b>	<b>SCHOOL</b>
	Will Runion	Orchard Farm
	Mitchell Johnson	Francis Howell North
	Sam Bernhardt	Troy Buchanan
	Will Bernhardt	Troy Buchanan
	Cole Phinney	Washington
	Mary Bollinger	Fort Zumwalt South

## **2017 North Baseball All Conference**

### Pitcher

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Reid Williams	Saint Charles West	11
	Joey Marko	Winfield	12
<b>2nd Team</b>	Vinny Trupiano	Orchard Farm	12
	Eli Ecton	Warrenton	11

## Catcher

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	T. J. Young	Saint Charles	12
<b>2nd Team</b>	Josh Cook	Winfield	12

## Utility Player

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Sencer Keiser	Winfield	11
<b>2nd Team</b>	Alex Vogt	Warrenton	11

## Designated Hitter

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Jordan Dowdall	Saint Charles	12
<b>2nd Team</b>	John Hogan	Winfield	11

## Infielders

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Carter Bauer	Winfield	11
	Nick DeBeer	Saint Charles	12

	Mike Smegner	Saint Charles West	12
	Connor Wehmeier	Orchard Farm	9
	Bryce Labarge	Saint Charles	12
<b>2nd Team</b>	Trent Champagne	Saint Charles West	10
	Danny Flaiz	Saint Charles West	12
	Nick Wright	Orchard Farm	12
	Trent Mcgee	Warrenton	11
	Turner McGlasson	Winfield	12

## Outfielders

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Collin Sutton	Winfield	10
	Garrison Hibbs	Warrenton	10
	Drew Cannon	Saint Charles	12
	Brendan Noack	Saint Charles West	11
<b>2nd Team</b>	Mark Cooley	Orchard Farm	11
	Matthew Frazier	Saint Charles West	11
	Clark Henderson	Saint Charles West	10
	Nick Yates	Saint Charles West	12

**Player of The Year: Collin Sutton of Winfield, Sophomore**  
**Coach of the Year: Justin Rodgers of Winfield**

## **ALL ACADEMIC**

**Orchard Farm** – Ross Allen, Mark Cooley, Chase Creamer, Jake Edwards, Peter Keil, Zachary Noble, Ethan Purgahn, Connor Wehmeier, Nicholas Wright

**Saint Charles** – Drew Cannon, Nick DeBeer, Drew Donaldson, Jordan Dowdall, Jaron Graner, Bryce LaBarge, Nathan Roseman, Dillon Ruble, Cody Thorne, T.J. Young

**Saint Charles West** – Jeff Alexander, Brandon Carbray, Trent Champagne, Jack Diekemper, Daniel Flaiz, Matthew Frazer, m Clark Henderson, Brendan Noack, Nick Schreiber, Mike Smegner, Reid Williams, Nick Yates, Stephen Frazer, Jack Rhodes

**Warrenton** – Braden Lawson, Chris Garrett, Dylan O'Neal, Dalton Owenby, Chris Vogt, Alex Vogt, Garrison Hibbs, Charlie Gerard, Cody Herzog, Justin Rice, Clayton Schowe, Eli Ecton, Matt Dildine

**Winfield** – Carter Bauer, Josh Cook, Donovan Ehle, John Hogan, Collin Hubbard, Spencer Keiser, Joey Marko, Turner McGlasson, Jacob Nelson, Ian Pruitt, Brandon Resto, Robert Roggeman, Collin Sutton, Jacob Vomund, Lane Weber

## **SPORTSMANSHIP**

**Orchard Farm** – Jordan Cooper

**Saint Charles** – T. J. Young

**Saint Charles West** – Caleb Gibbs

**Warrenton** – Chris Garrett

**Winfield** – Jacob Vomund

**2017 Central Baseball All Conference**

## Pitcher

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Cody Hacker	Wentzville Holt	11
	Jacob Thompson	Wentzville Holt	11
<b>2nd Team</b>	Jakob Gentry	Fort Zumwalt North	11
	Dalton Nilges	Wentzville Liberty	12

## Catcher

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Cody Lampe	Fort Zumwalt East	11
<b>2nd Team</b>	Jake Laffleur	Fort Zumwalt South	12

## Utility Player

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Eric Rothermich	Fort Zumwalt North	12
<b>2nd Team</b>	Jace Backs	Washington	12

## Designated Hitter

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	James Dotson	Wentzville Liberty	12

<b>2nd Team</b>	Sam Weir	Fort Zumwalt South	11
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## Infielders

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Jordan Cole	Wentzville Liberty	12
	Nick Schmidt	Wentzville Holt	11
	Hayden Cooper	Wentzville Holt	11
	Andrew Fay	Wentzville Liberty	11
	Tyler Ferguson	Fort Zumwalt East	10
<b>2nd Team</b>	Francisco Lopez	Fort Zumwalt South	10
	Brant McCain	Wentzville Liberty	12
	Maguire Landwehr	Washington	11
	Casey Mareschal	Fort Zumwalt North	11
	Nicholas Whitling	Fort Zumwalt East	12

## Outfielders

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Travis Dames	Fort Zumwalt North	11
	Chase Krogman	Wentzville Liberty	10
	Joey Spotanski	Fort Zumwalt South	11
	Gage Dwyer	Fort Zumwalt South	11



<b>2nd Team</b>	Drew Law	Wentzville Holt	11
	Tyler Frank	Wentzville Holt	12
	D. J. Schmidt	Fort Zumwalt North	11
	Daniel Panek	Fort Zumwalt East	11

**Player of the Year: Cody Hacker of Wentzville Holt, Junior**

**Coach of the Year: Joel Adam of Wentzville Holt**

## All-Academic

**Fort Zumwalt East** – Danny Panek, Ian Hall, Zak Yakich, Joe Kuchta, Parker Simms, Ben Eberhard, Nicholas Whitling, Bryce Suttory, Bailey Weber, Cody Lampe

**Fort Zumwalt North** – Wade Blevins, Travis Dames, Garrett Darrah, Drevin Day, James Dickherber, Lucas Falter, Jakob Gentry, Kyle Mallett, Casey Mareschal, Scott Orf, Eric Rothermich, Benjamin Schaefer, Brett Sheffield

**Fort Zumwalt South** – Travis Barton, Samuel Weir, Dylan Bushman, Caleb Allmon, Jacob Gruszczynski, Jacob Laffleur, Michael Wade, Grant Jacobs, Joseph Spotanski, Blake Lawson

**Washington** – Kaden Bollmann, Adam Gauzy, Ty Rinne, Jace Backs, Conlan Jarvis, Ben Straatmann, Tommy Ruether, Alex Buechter, Austin Huddleston, Brandon Repp, Zack Harms, Jake Jinkerson, Pavel Buechter

**Wentzville Holt** – Kyle Bishop, Hayden Cooper, Tyler Fank, Michael Gomski, Matthew Hart, Jack Henke, Shane Hulsey, Shane Marion, Braedon Mathys, Nicholas Schmidt, Jacob Thompson, Nicholas Wilke

**Wentville Liberty** - John Brooks, Jordan Cole, James Dotson, Owen Forck, Andrew Jorris, Will Koester, Chase Krogman, Stone Krogman, Brant McCain, Dalton Nilges, Josh Parmentier, David Poteet, Beau Scruton, Brady Voss

## Sportsmanship

**Fort Zumwalt East** – Nicholas Whitling

**Fort Zumwalt North** – Lucas Falter

**Fort Zumwalt South** – Travis Barton

**Washington** – Zach Harms

**Wentzville Holt** – Kyle Bishop

**Wentzville Liberty** - John Brooks

## 2017 South Baseball All Conference

### Pitcher

	Player	School	Year
<b>1st Team</b>	Eric Tipton	Troy Buchanan	12
	Michael Cassna	Fort Zumwalt West	12
<b>2nd Team</b>	Kaleb Cissell	Francis Howell Central	12
	Jacob Davey	Francis Howell Central	11

### Catcher

	Player	School	Year
<b>1st Team</b>	Jackson Berck	Francis Howell Central	12
<b>2nd Team</b>	Cole Dickherber	Troy Buchanan	12

## Utility Player

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Patrick Connor	Fort Zumwalt West	11
<b>2nd Team</b>	Michael Collins	Francis Howell	11

## Designated Hitter

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Jake Verschoore	Fort Zumwalt West	11
<b>2nd Team</b>	Nik Brhley	Francis Howell Central	12

## Infielders

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Todd Myers	Troy Buchanan	11
	Mitch Hantack	Francis Howell Central	12
	Mcgwire Dean	Francis Howell	12
	Cole Cosman	Wentzville Timberland	11
	Seth Denoyer	Francis Howell Central	12
<b>2nd Team</b>	Jeffrey Cox	Francis Howell North	11
	Matt Dunham	Francis Howell North	11
	Charles Mooneyham	Wentzville Timberland	11
	Garrett Miller	Troy Buchanan	12

	Chase Gould	Francis Howell	12
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## Outfielders

	Player	School	Year
<b>1st Team</b>	Kyle Grantham	Francis Howell	12
	Alex Gauspohl	Wentzville timberland	11
	Andrew Schofield	Fort Zumwalt West	12
	Charlie Kelting	Francis Howell	12
<b>2nd Team</b>	Parker Malensky	Wentzville Timberland	12
	Dylan Hansen	Fort Zumwalt West	12
	Tyler Eckman	Fort Zumwalt West	12
	Brenden Cooper	Francis Howell Central	10

**Co-Player of The Year: Eric Tipton of Troy Buchanan, Senior and Kyle Grantham of Francis Howell, Senior**

**Coach of the Year: Andrew Elmendorf of Troy Buchanan**

## All-Academic

**Francis Howell** – Tyler Ehrlich, Riley Shanahan, Michael Collins, Johnny Krone, Garrett Payne, Blake Shaiper, McGwire Dean, Charlie Kelting, Trystan Skonning, Joe Faron, Zach Hunsicker, Ben Holsclaw, Kyle Grantham

**Francis Howell Central** – Trevor Liggett, Tim Ewald, Adam Lewis, Kaleb Cissell, Mitch Hantack, Matt Kesel, Brenden Cooper, Nik Brhely, Jared Gallagher, Seth Denoyer, Jackson Berck, Tucker Maupin, Evan Barton, Jake Newell, Alex Boden

**Francis Howell North** – Max Brauch, Chris Connolly, Jeffrey Cox, Sam Grace, Chase Holder, Garrett Ray, Hunter Tabor, Josh Wagner, Michael Winner, Ryan Woods, Noah Zelko

**Fort Zumwalt West** – Michael Cessna, Cole Christman, Patrick Connor, Clarke Davenport, Caden Diel, Michael Dubowski, Tyler Eckman, Dylan Hansen, Kyle Howe, Clayton Ivie, Zach Krause, Jeff Kuhlmann, Sam Louvall, Blake McPhee, Carter Mize, Nick Rocco, Drew Strohm, Jacob Verschoore, Alex Winscher

**Wentzville Timberland** – Tyler Bastunas, Keaton Bruegenhemke, Cole Cosman, Justin Dietiker, Caleb Evans, Alex Gauspohl, Chase Harmon, Parker Malensky, Hayden Mills, Charles Mooneyham, Gage Patton, Zack Ploch, Jacob Polly

**Troy Buchanan** – Chasen Anderson, Jordan Ball, Bailey Brush, Cole Dickherber, Nathan Falls, Bailey Ford, Cody Huffman, Cole Justus, Nathan Keleher, Garrett Miller, Todd Myers, Andrew Nett, Kory Schniedermeyer, Eric Tipton, Jacob Traynor, Jaxson Ziemann

## Sportsmanship

**Francis Howell** – McGwire Dean

**Francis Howell Central** – Jake Newell

**Francis Howell North** – Michael Winner

**Fort Zumwalt West** – Kyle Howe

**Wentzville Timberland** – Parker Malensky

**Troy Buchanan** – Todd Myers

## 2017 North Women Soccer Division

### Forwards

	Player	School
<b>1st Team</b>	Karley Kaimann	Winfield
	Kayla Hedges	Orchard Farm
	Maggie Skeen	Saint Charles
	Courtney Schreiber	Saint Charles West

<b>2nd Team</b>	Payton Dill	Orchard Farm
	Aubrey Finnegan	Saint Charles
	Maggie Miller	Saint Charles West

## Midfielders

	<b>Player</b>	<b>School</b>
<b>1st Team</b>	Megan Keevan	Saint Charles West
	Abbie Gibrail	Saint Charles West
	Kaitlyn Weinrich	Saint Charles West
	Macie Sommer	Warrenton
<b>2nd Team</b>	Bre Burkemper	Winfield
	Lily Dahl	Orchard Farm
	Shannon Dahl	Orchard Farm
	Brooke Schneider	Saint Charles
	Mykenzie Bunch	Saint Charles

## Defenders

	<b>Player</b>	<b>School</b>
<b>1st Team</b>	Megan Pierce	Saint Charles West
	Vanessa Braune	Orchard Farm

	Anna Meyer	Saint Charles
	Natalie Hyde	Saint Charles
<b>2nd Team</b>	Alyssa Pavlacic	Saint Charles West
	Kayla Van Booven	Saint Charles West
	Courtney Brown	Saint Charles West
	Kimmi Weber	Warrenton
	Emma Brandes	Saint Charles

## Keeper

	<b>Player</b>	<b>School</b>
<b>1st Team</b>	Olivia Jordan	Winfield
<b>2nd Team</b>	Savannah Gibrail	Saint Charles West
	Courtney Bayer	Warrenton

## **PLAYER OF THE YEAR NORTH DIVISION:**

**Audrey Andrzejewski - Saint Charles West**

## All Academic Team

**Orchard Farm:** Sophie Bittner, Vanessa Braune, Kaitlyn Burgan, Lily Dahl, Shannon Dahl, Payton Dill, Madelynn Frappier, Grace Frederick, Anna Gerstenkorn, Abbey Goslin, Kayla Hedges, Madelen Johnsen, Avery Kitchen, Allison Knobbe, Nicolette Kolenc, Carson Prosser, Haleigh Schroer, Madison Steinhoff, Paige Swisher, Grace Taylor

**St. Charles:** Riley Beermen, Olivia Black, Tayler Bono, Emma Booker, Emma Brandes, Mykenzie Bunch, Julia Cuthbertson, Gloria Farmer, Gracie Farmer, Aubrey Finnegan, Camryn Gould, Natalie Hyde, Sophia Marion, Anna Meyer, Brooke Schneider, Maggie Skeen, Katlyn Wade

**St. Charles West:** Audrey Andrzejewski, Courtney Brown, Taylor Emrick, Abbie Gibrail, Savannah Gibrail, Madeline Hornbeck, Emma Keeven, Megan Keeven, Marissa McGraw, Maggie Miller, Meagan Papin, Alyssa Pavlagic, Megan Pierce, Sarah Pokorny, Courtney Schreiber, Kayla Van Booven, Kaitlyn Weinrich

**Warrenton:** Yzabel Alvarez, Colleen Bayer, Courtney Bayer, Dakota Davis, Dominique Duello, Brandi Eubanks, Lexi Frederick, Maddison Gerhardt, Brittany Glazebrook, Cara Klaustermeier, Meghan Kuhlo, Naomi Rodriguez, Macie Sommer, Haley Starks, Kimmi Weber

**Winfield:** Bre Burkemper, Emma Burkemper, Morgan Gremminger, Emily Hogan, Aubrie Hollingsworth, Olivia Jordan, Karley Kaimann, Lydia Lang, Shawna Lavy, Megan Matthews, Destiny McClintock, Kelly Mense, Maggie Micholl, Ahlexis Rau, Elizabeth Scott, Jo-Anna Steele, Alyssa Taylor, Terra Winters, Marta Zarzuela-Amor

## Sportsmanship

**Payton Dill (Orchard Farm)**

**Julia Cuthbertson (St. Charles)**

**Taylor Emrick (St. Charles West)**

**Macis Sommer (Warrenton)**

**Kelly Mense (Winfield)**

## 2017 Central Women Soccer Division

### Forwards

	Player	School
<b>1st Team</b>	Cassidy Nurnberger	Washington
	Morgan Weller	Fort Zumwalt East
	Claudia King	Fort Zumwalt South



	Anna Durnin	Fort Zumwalt North
<b>2nd Team</b>	Bryn Lundberg	Wentzville Liberty
	Jae Crandall	Wentzville Holt

## Midfielders

	<b>Player</b>	<b>School</b>
<b>1st Team</b>	Beth Rogers	Wentzville Liberty
	Gabriella Wiesner	Wentzville Holt
<b>2nd Team</b>	Jena Monehan	Washington
	Maddie Mrazik	Fort Zumwalt East
	Isabella Govero	Fort Zumwalt North
	Anna Beezley	Fort Zumwalt North
	Jewel Morelan	Wentzville Holt

## Defenders

	<b>Player</b>	<b>School</b>
<b>1st Team</b>	Taylor Bauer	Washington
	Rachel Pudlowski	Fort Zumwalt North
	Mackenzi Heisserer	Wentzville Holt
	Madison Zurmuehlen	Wentzville Holt

<b>2nd Team</b>	Megan Yenzer	Washington
	Madison Gentry	Fort Zumwalt East
	Reham Youssef	Fort Zumwalt South
	Madison Schmied	Fort Zumwalt South
	Samantha Rohne	Wentzville Holt

## Keeper

	<b>Player</b>	<b>School</b>
<b>1st Team</b>	Katie Baer	Washington
	Isabella Henderson	Fort Zumwalt East
<b>2nd Team</b>	Amy Carnahan	Wentzville Liberty
	Kate Marshall	Wentzville Holt

## **PLAYER OF THE YEAR CENTRAL DIVISION:**

### **Stacie Muehling - Fort Zumwalt South**

## All Academic Team

**Ft. Zumwalt East:** Madison Gentry, Kristin Hayes, Isabella Henderson, Taylor Karr, Alyssa Klimkiewicz, Jocelyn Layton, Brooke Mayberry, Maddie Mrazik, Hanna Oechsner, Ashlee Raymer, Jamie Theusch, Olivia Vitale, Maggie Weller, Morgan Weller, Abigail Wolfmeyer

**Fort Zumwalt North:** Alexis Beeman, Anna Beezley, Courtney Croghan, Anna Durin, Skylar Gooch, Isabella Govero, Mallory Mamai, Claudia Hoff, Bailey Hughes, Alanna Ketchum, McKenzie Kiely, Olivia Lance, Makayla Meiser, Mackenzie Menke, Chloe Overkamp, Margaret Pagano, Cameron Pieper, Rachel Pudlowski

**Fort Zumwalt South:** Susana Caito, Angela Castelli, Kylie Cushing, Katherine Fischer, MacKenzie Gan, Grace Gehner, Claudia King, Hannah Lenhoff, Kayley Miller, Skye Monte, Stacie Muehling, Maya Piotraschke, Lyla Rudloff, Madison Schmied, Katie Spotanski, Bailey Stewart, Anna Stone, Emily Vandiver, Hannah Warnecke

**Washington:** Katie Baer, Abbey Baldwin, Taylor Bauer, Sarah Becszlko, Sophia Kramer, Hayley Laubinger, Cassidy Nurnberger, Paige Nye, Parker Nye, Mahalia O'Connell, Emma Pabst, Mary Beth Reust, Morgan Riegel, Caitlyn Vodnansky, Samantha Winistoerfer, Megan Yenzer

**Wentzville Holt :**Kerry Bruno, Claire Chambers, Kaylie Compton, Jae Crandall, Jordan Crandall, Mackenzie Heisserer, Hannah Hodge, Jewel Morelan, Callie Ortell, Sam Rohne, Savannah Sneed, Gabriella Wiesner, Madeline Woodson, Madison Zurrmuehlen

**Wentzville Liberty:** Emily Albers, Nicole Bryan, Amy Carnahan, Peyton Carroll, Paige Eikel, Abigail Federhofer, Kallie Freuwirth, Anna Fulhorst, Addision Haddock, Tori Harris, Kaitlyn Helland, Genevieve Johnson, Colette Linden, Mackenzie Murphy, Allsion Patrico, Taylor Radke, Natalie Ray, Beth Roberts, Claire Roberts, Claire Royer, Kaitlyn Theriot

## Sportsmanship

**Hannah Oechsner (Fort Zumwalt East)**

**Anna Beezley (Fort Zumwalt North)**

**Stacie Muehling (Fort Zumwalt South)**

**Emma Pabst (Washington)**

**Elizabeth Ward (Wentzville Holt)**

**Mackenzie Murphy (Wentzville Liberty)**

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## 2017 South Women Soccer Division

### Forwards

	Player	School
<b>1st Team</b>	Morgan Bova	Troy Buchanan
	Kathryn VanBooven	Wentzville Timberland

<b>2nd Team</b>	Bria Hamilton	Francis Howell North
	Kalie Rosenberger	Francis Howell
	Natalie Rushing	Fort Zumwalt West
	Alexis Nischbach	Wentzville Timberland

## Midfielders

	<b>Player</b>	<b>School</b>
<b>1st Team</b>	Angela Ikeda	Francis Howell Central
	Abbie Miller	Francis Howell North
	Lauren Crane	Fort Zumwalt West
	Samantha Cary	Francis Howell North
<b>2nd Team</b>	Jenna Wescott	Fort Zumwalt West
	Bailey Beeler	Francis Howell Central
	Natalie Jackson	Francis Howell
	Mia Corrigan	Wentzville Timberland

## Defenders

	<b>Player</b>	<b>School</b>
<b>1st Te</b>	Paige Anderson	Fort Zumwalt West
	Samantha Donaldson	Francis Howell North

	Morgan Ebert	Francis Howell
	Taylor Amlong	Francis Howell Central
<b>2nd Team</b>	Ally Jennings	Fort Zumwalt West
	Devin Cross	Wentzville Timberland
	Molly Krispin	Francis Howell Central
	Mariah Johnson	Francis Howell Central
	Makenna Smith	Troy Buchanan

## Keeper

	<b>Player</b>	<b>School</b>
<b>1st Team</b>	Hope Limoges	Francis Howell
<b>2nd Team</b>	Emily Ziegler	Francis Howell Central

## **PLAYER OF THE YEAR SOUTH DIVISION:**

### **Anika Kallash - Troy Buchanan**

#### All Academic Team

**Francis Howell:** Holly Anderson, Mia Ballos, Marie Dishian, Morgan Ebert, Kathryn Epperly, Kristen Epperly, Alexandra Eyler, Liesel Hoedebecke, Natalie Jackson, Alli Jones, Natalie Jostes, Kendall Kellerman, Hope Limoges, Lexi Maurer, Nicole McCoy, Alexia Porchia, Avery Roberts, Kallie Rosenberger, Megan Tersteeg

**Francis Howell Central:** Taylor Amlong, Bailey Beeler, Mia Brader, Caitlyn Brown, Morgan Cervera, Mackenzie Daiber, Cailyn Hendrix, Angelique Ikeda, Mariah Johnson, MAackenzie Jones, Kaylei Kambak, Molly Krispin, Jenna Mathis, Abby Nessi, Rayna Thomas, Jay Viola, Emily Ziegler

**Francis Howell North:** Caty Arnold, Jessie Beckmann, Navy Birkner, Samantha Cary, Elizabeth Conley, Maggie Cox, Megan Crain, Danielle Davis, Gabby Delarue, Samantha Donaldson, Emma

Durham, Jenna Galkowski, Nikki Greillner, Bria Hamilton, Abbie Miller, Amanda Orlando, Karen Pete, Katie Richardson, Lauren Shah, Paige Vanek, Madelyn Wood

**Fort Zumwalt West:** Paige Anderson, Lexi Baijer, Kelsey Callahan, Jamie Cohen, Rachel Cox, Lauren Crane, Maddy Crawford, Camielle Day, Asha Hanebrink, Ally Jennings, Kelsy Klingensmith, Natalie Rushing, Jenna Wescott

**Troy Buchanan:** Morgan Bova, Abigail Brown, MacKenzie Caldwell, Madison Eads, Catherine Forbeck, Jasmine Gallegos, Anika Kallash, Krystal Kohenskey, Madison Lenk, Ashton Lindsley, Braeleigh Marshall, Erica Shultz, Makenna Smith, Kennedy Thompson, Alexia Vollmer, Camryn Wagoner, Rianna Wenzel

**WentzvilleTimberland:** Sydney Baker, Taylor Baumstark, Mia Corrigan, Abigail Cozzoni, Devin Cross, Hannah Hartman, Amaya Honore', Ally Kreklow, Emma Lawrence, Madelyn Lawton, Alexis Nischbach, Emma Smith, Ashley Strautmann, Kathryn VanBooven, Kristin VanBooven, Brittani Wolf

## Sportsmanship

**Lexi Maurer (Francis Howell)**

**Molly Krispin (Francis Howell Central)**

**Madelynn Wood (Francis Howell North)**

**Kelsey Callahan (Fort Zumwalt West)**

**MacKenzie Caldwell (Troy Buchanan)**

**Madelyn Lawton (Wentzville Timberland)**

## 2017 Tennis - North Central All Conference

NO RESULTS WERE FORWARDED IN 2017

**Fort Zumwalt South division winner.**

## ACADEMIC

**Wentzville Holt -**

## SPORTSMANSHIP

**Wentzville Holt -**

# 2017 North Varsity Men Track and Field

For complete results go to [www.trxtiming.com](http://www.trxtiming.com)

## 100 meter dash

Name	School	Year	Time
Darius Morrison	Saint Charles West	JR	11.65
Jaylin Williams	Saint Charles	SR	11.96
Courtney Anderson	Saint Charles	SO	11.96
Avery King	Orchard Farm	So	12.29

## 200 meter dash

Name	School	Year	Time
Darius Morrison	Saint Charles West	JR	22.71
Jaylin Williams	Saint Charles	SR	23.08
Daniel Small	Saint Charles West	JR	23.85
Jordan Forsythe	Orchard Farm	SR	24.02

## 400 meter dash

Name	School	Year	Time
Rashaad Chatman	Saint Charles West	SR	51.80
Tyler Oetting	Saint Charles West	SR	53.97

Dylan Chandler	Warrenton	JR	55.36
Brandon Molinari	Warrenton	JR	55.65

## 800 meter run

Name	School	Year	Time
Isaac Frederick	Warrenton	SO	2:02.21
Carson Sanders	Orchard Farm	SO	2:03.70
Dillon Ruble	Saint Charles	JR	2:05.06
Collin White	Saint Charles	JR	2:10.37

## 1600 meter run

Name	School	Year	Time
Carson Sanders	Orchard Farm	SO	4:4.82
Wilson Rosner	Saint Charles	SR	4:50.70
Andrew Chaffin	Saint Charles West	JR	5:05.12
Brett Bell	Saint Charles West	FR	5:11.81

## 3200 meter run

Name	School	Year	Time
Carson Sanders	Orchard Farm	SO	10:30.77



Wilson Rosner	Saint Charles	SR	10:40.08
Andrew Chaffin	Saint Charles West	JR	10:42.11
Stephon Abron	Saint Charles	SR	10:49.74

### 110 meter hurdles

Name	School	Year	Time
Jordan Forsythe	Orchard Farm	SR	16.08
Darius Morrison	Saint Charles West	JR	16.21
Zander Ruth	Saint Charles	JR	17.92
Paul Lanigan	Warrenton	SR	18.09

### 300 meter hurdles

Name	School	Year	Time
Jordan Forsythe	Orchard Farm	SR	41.35
Darius Morrison	Saint Charles West	JR	41.52
Paul Lanigan	Warrenton	SR	43.64
Demetrius Lane	Saint Charles West	JR	44.86

### 4 x 100 meter relay

School	Relay Member	Time
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Saint Charles	Courtney Anderson	44.95
	Justin Polk	
	Nathan Maldonado	
	Jaylin Williams	
Saint Charles West	Joseph Echele	44.97
	Shawn Harvey	
	Jameson Reese	
	Daniel Small	
Winfield	Clark Rogers	45.79
	Dillon Dildine	
	Lane Moody	
	Bobby Blount	
Warrenton	Logan Dowd	46.32
	Ronald Jones	
	Keagan Michelson	
	Dylan Smith	

#### 4 x 200 meter relay

School	Relay Member	Time
Saint Charles West	Rashaad Chatman	1:33.49

	Shawn Harvey	
	Jameson Reese	
	Daniel Small	
Saint Charles	Courtney Anderson	134.94
	Nathan Maldonado	
	Justin Polk	
	Jaylin Williams	
Warrenton	Dylan Chandler	1:35.82
	Nolan Chmiel	
	Ronald Jones	
	Logan Dowd	
Winfield	Clark Rogers	1:37.62
	Dalton Kefholz	
	Dillon Dildine	
	Bobby Blount	

#### 4 x 400 meter relay

School	Relay Member	Time
Saint Charles West	Jameson Reese	3:32.94
	Tyler Oetting	

	Shawn Harvey	
	Rashaad Chatman	
Warrenton	Dylan Chandler	3:35.45
	Samuel Toenges	
	Paul Sanders	
	Brandon Molinari	
Saint Charles	Courtney Anderson	3:42.01
	Nathan Maldonado	
	Aaron Bredell	
	Reid Bayliss	
Winfield	Clark Rogers	3:48.85
	Jordon Cooke	
	Lane Moody	
	Dalton Lefholz	

#### 4 x 800 meter relay

School	Relay Member	Time
Saint Charles	Collin White	8:43.27
	Brendan Martin-Hilker	
	Wilson Rosner	

	Dillon Ruble	
Warrenton	Isaac Frederick	8:47.85
	Matt Hackmann	
	Andrew Hodgson	
	Paul Sanders	
Saint Charles West	Andrew Chaffin	852.24
	Cole Keller	
	Brenden Marshall	
	Tyler Oetting	
Orchard Farm	Mathew Bauer	9:08.14
	Brendan Buechter	
	Jordan Hibbler	
	Carson Sanders	

## High Jump

Name	School	Year	Height
Daniel Stahl	Saint Charles West	SO	5' 11.00
Ted Stopke	Orchard Farm	SR	5' 10.00
Anthony Lemons	Saint Charles West	FR	5' 10.00
Collin White	Saint Charles	JR	5' 10.00

## Pole Vault

Name	School	Year	Height
Dylan Williams	Orchard Farm	SR	14' 06.00
Gage Reeves	Orchard Farm	SR	12' 06.00
Tucker Blake	Warrenton	SR	12' 00.00
Mason Miller	Warrenton	SO	12' 00.00

## Long Jump

Name	School	Year	Distance
Bobby Blount	Winfield	SR	20' 08.50
Reid Bayliss	Saint Charles	SR	19' 11.00
Paul Lanigan	Warrenton	SR	19' 10.50
Andrew Smith	Warrenton	SO	19' 08.00

## Triple Jump

Name	School	Year	Distance
Justin Polk	Saint Charles	SR	42' 03.00
Rashaad Chatman	Saint Charles West	SR	40' 02.50
Dylan Williams	Orchard Farm	SR	38' 08.00
Bobby Blount	Winfield	Sr	38 06.00

## Shot Put

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Distance</b>
Dalton Lefholz	Winfield	SR	43' 06.50
Robert Varnado	Warrenton	SR	42' 04.00
Will Gamache	Saint Charles West	SR	41' 06.50
Will Carpenter	Saint Charles West	SR	39' 05.00

## Discus

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Distance</b>
Dalton Lefholz	Winfield	SR	151' 00.00
Robert Vanado	Warrenton	SR	137' 01.00
Jon Niemeyer	Orchard Farm	JR	120' 09.00
Will Gamache	Saint Charles West	SR	116' 10.75

## JAVELIN

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Distance</b>
Aaron Smith	Orchard Farm	JR	120' 03.00
Leo Ortiz	Saint Charles West	JR	113' 06.00
Jordan Gladney	Saint Charles	Sr	110' 02.00
Jon Niemeyer	Orchard Farm	JR	109 09.00

**TEAM SCORES: *Saint Charles West* [217]; Saint Charles [177]; Warrenton [134]; Orchard Farm [123]; Winfield [89]**

## **2017 Central Varsity Men Track and Field**

### 100 meter dash

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Wesley Hines	Wentzville Liberty	JR	11.21
Trevon Payne	Fort Zumwalt East	JR	11.32
Ryan Landers	Washington	SR	11.45
Dylan Estes	Fort Zumwalt North	SO	11.64

### 100 meter dash para

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Chris McCoy	Fort Zumwalt West	SO	17.22
Jason McCabe	Wentzville Holt	JR	17.44

### 200 meter dash

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
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Adam Gauzy	Washington	SR	22.35
Jacob Tompkins	Wentzville Holt	SR	22.90
Trevon Payne	Fort Zumwalt East	JR	23.09
Donovan Arrington	Wentzville Liberty	SO	23.16

## 200 meter dash para

Name	School	Year	Time
Chris McCoy	Fort Zumwalt West	SO	31.68
Jason McCabe	Wentzville Holt	JR	32.53

## 400 meter dash

Name	School	Year	Time
Adam Gauzy	Washington	SR	50.01
Jacob Thompkins	Wentzville Holt	SR	50.33
Donovan Arrington	Wentzville Liberty	SO	51.19
Cameron Wiese	Wentzville Holt	SR	51.36

## 400 meter dash para

Name	School	Year	Time
Chris McCoy	Fort Zumwalt West	SO	60.68

Jason McCabe	Wentzville Holt	JR	62.92
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## 800 meter dash

Name	School	Year	Time
Austin Perkins	Fort Zumwalt East	SR	2:00.85
Clayton Duchatschek	Washington	Sr	2:01.47
Wyatt Lake	Wentzville Liberty	SR	2:04.38
Jerald Caldwell	Fort Zumwalt North	JR	2:04.44

## 1600 meter run

Name	School	Year	Time
Clayton Duchatschek	Washington	SR	4:29.17
Austin Perkins	Fort Zumwalt East	SR	4:42.24
Wyatt Lake	Wentzville Liberty	SR	4:42.34
Cobi Cay	Fort Zumwalt South	JR	4:47.16

## 3200 meter run

Name	School	Year	Time
Maverick Gray	Fort Zumwalt South	SR	9:57.28

Hunter Boker	Fort Zumwalt North	SR	10:14.90
Gabriel Rompel	Wentzville Liberty	SR	10:31.57
Joshua Skeeters	Fort Zumwalt South	JR	10:33.84

## 110 meter hurdles

Name	School	Year	Time
Ryan heckman	Wentzville Holt	SR	15.66
Jeremy Paul	Wentzville Holt	SR	16.31
Shaun Oranja	Fort Zumwalt East	SR	16.41
Bruce Jordan	Wentzville Liberty	SO	17.19

## 300 meter hurdles

Name	School	Year	Time
Ryan Heckman	Wentzville Holt	SR	41.67
Seth Webb	Wentzville Liberty	JR	41.95
Houston Partridge	Washington	SO	42.89
Jeremy Paul	Wentzville Holt	SR	44.32

## 4 x 100 meter relay

<b>Name</b>	<b>Relay member</b>	<b>Time</b>
Wentzville Liberty	Jarrin McKeithen	45.10
	Hamza Mansoor	
	Luke Flacke	
	Wesley Hines	
Fort Zumwalt East	Jesaun Brown	45.29
	Tristan Davis	
	Ryan Nevins	
	Trevon Payne	
Fort Zumwalt North	Kendall Banks-Price	46.53
	Dylan Estes	
	Cairo Payne	
	Julian Perry	
Wentzville Holt	Logan Arellanes	46.89
	Matthew Hatton	
	Jacob Rothenberger	
	Nathan Shortt	

## 4 x 200 meter relay

<b>School</b>	<b>Relay Member</b>	<b>Time</b>
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Wentzville Liberty	Donovan Arrington	1:34.59
	Joseph Lopez	
	Kamza Mansoor	
	Luke Flacke	
Fort Zumwalt North	Kendall Banks-Price	1:35.09
	Dylan Estes	
	Cairo Payne	
	Julian Perry	
Fort Zumwalt East	Jesaun Brown	1:35.49
	Jacoby Curry	
	Ryan Nevins	
	Trevon Payne	
Wentzville Holt	Logan Arellanes	1:38.07
	Nathan Shortt	
	Zachary Wade-Lyons	
	Jacob Rothenberger	

#### 4 x 400 meter relay

Name	Relay Member	Time
Wentzville Holt	Jacob Rotheberger	3:29.64

	Cameron Wiese	
	Dylan Wiese	
	Ryan Heckman	
Wentzville Liberty	Seth Webb	3:29.99
	Joseph Lopez	
	Wyatt Lake	
	Donovan Arrington	
Fort Zumwalt East	Austin Perkins	3:30.91
	Jacoby Curry	
	Lucas Staley	
	Devin Thurman	
Washington	Daulton Bender	3:34.85
	Clayton Duchatschek	
	Adam Gauzy	
	Adam Kleekamp	

#### 4 x 800 meter relay

School	Relay Member	Time
Fort Zumwalt East	Jacoby Curry	8:26.90
	Josh Carr	

	Joshua Lanctot	
	Ben Palmer	
Fort Zumwalt North	Hunter Boker	8:45.10
	Cole Sutton	
	Jerad Caldwell	
	Sean Deeken	
Wentzville Holt	Dylan Wiese	8:51.80
	Dylan Hicks	
	John Kelly	
	Joseph Harmann	
Fort Zumwalt South	Cobi Cay	8:52.80
	Daniel Chrum	
	Joshua Skeeters	
	Maverick Gray	

## High Jump

Name	School	Year	Height
Keishawn Forrest	Wentzville Holt	JR	6' 02.0
Kendall Banks-Price	Fort Zumwalt North	SO	5' 10.0
Trevon Jefferson	Wentzville Holt	SR	5' 08.0

Dominique Wade	Fort Zumwalt East	SR	5' 08.0
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## Pole Vault

Name	School	Year	Height
Nolan Bone	Wentzville Liberty	SO	12' 00.0
Alex Poteet	Wentzville Liberty	SR	12' 00.0
Aiden Pellin	Washington	JR	11' 06.0
Matt Ruth	Washington	JR	11' 00.00

## Long Jump

Name	School	Year	Distance
Ryan Landers	Washington	SR	20' 08.75
Wesley Hines	Wentzville Liberty	JR	19' 06.75
Trevon Payne	Fort Zumwalt East	JR	19' 00.50
Trevon Jefferson	Wentzville Holt	SR	18' 03.50

## Triple Jump

Name	School	Year	Distance
Cairo Payne	Fort Zumwalt North	FR	41' 10.00
Keishawn Forrest	Wentzville Holt	JR	40' 05.50



Patrick Stege	Wentzville Liberty	JR	40' 02.25
Zachary Lyons-Wade	Wentzville Holt	SO	39' 09.00

## Shot Put

Name	School	Year	Distance
Tobias King	Wentzville Holt	JR	46' 10.50
Nick Follmer	Wentzville Liberty	SR	46' 00.25
Tristan Divis	Fort Zumwalt East	SO	42' 01.50
Connor Muller	Washington	SR	39' 03.75

## Discus

Name	School	Year	Distance
Nick Follmer	Wentzville Liberty	SR	133' 01
Drew Schill	Wentzville Liberty	SR	128' 04
Tristan Davis	Fort Zumwalt East	SO	121' 06
Tobias King	Wentzville Holt	JR	118' 05

## JAVELIN

Name	School	Year	Distance
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Anthony Hart	Fort Zumwalt East	JR	152' 00
Adam Kleekamp	Washington	SR	142' 01
Patrick Stege	Wentzville Liberty	JR	125' 05
Jacob Morris	Fort Zumwalt East	SO	123' 08

**TEAM RESULTS: *Wentzville Liberty* [148]; *Wentzville Holt* [131]; *Fort Zumwalt East* [97]; *Washington* [95]; *Fort Zumwalt North* [60]; *Fort Zumwalt South* [25]**

## **ACADEMIC ALL CONFERENCE**

**Wentzville Holt -**

**Washington -**

**Fort Zumwalt South -** Daniel Buckhannon, William Cavanagh, Daniel Chrum, Sean Elder, Jordan Hartz, Oliver Jurado, Joshua Lee, Dominic Licameli, Nicholas Mattli, Matthew Reynolds

## **SPORTSMANSHIP**

**Wentzville Holt -**

**Washington -**

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## **2017 South Varsity Men Track and Field**

For complete results go to [www.trxtiming.com](http://www.trxtiming.com)

## 100 meter dash

Name	School	Year	Time
Louis Gianopulos	Francis Howell North	SR	11.25
Dylan Thaxton	Francis Howell Central	JR	11.39
Donavan Lukens	Wentzville Timberland	SR	11.42
Kellen Johnson	Fort Zumwalt West	SR	11.44

## 400 meter dash

Name	School	Year	Time
Evan Goodbody	Francis Howell Central	JR	51.27
Myron Crawford	Francis Howell North	SR	51.56
Nicholaus Schultz	Francis Howell	SR	51.96
Cameron Schwab	Francis Howell Central	SO	52.48

## 800 meter dash

Name	School	Year	Time
Andrew Berndt	Wentzville Timberland	SR	2:02.55
Nicholaus Schultz	Francis Howell	SR	2:02.67
Tristan Baze	Fort Zumwalt West	SR	2:05.01

Jonah Bridges	Francis Howell	SO	2:06.16
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## 1600 meter run

Name	School	Year	Time
Marshall Vaccaro	Fort Zumwalt West	SR	4:27.28
Andrew Berndt	Wentzville Timberland	SR	4:34.45
Tristan Baze	Fort Zumwalt West	SR	4:41.39
Brenden Mollett	Francis Howell North	SR	4:44.41

## 3200 meter run

Name	School	Year	Time
Andrew Berndt	Wentzville Timberland	SR	10:01.70
Bryan Chac	Francis Howell North	SR	10:02.34
Brenden Mollett	Francis Howell North	SR	10:25.36
Marshall Vaccaro	Fort Zumwalt West	SR	10:39.67

## 110 meter hurdles

Name	School	Year	Time
Jordan Dueker	Troy Buchanan	SO	16.40

Josh Queen	Wentzville Timberland	SR	16.74
Brett Manegre	Wentzville Timberland	SR	17.37
Nathan Ayres	Francis Howell Central	SR	17.85

### 300 meter hurdles

Name	School	Year	Time
Alex Lyles-Collins	Francis Howell Central	JR	42.62
Nathan Ayres	Francis Howell Central	SR	43.73
Josh Queen	Wentzville Timberland	SR	44.09
James Porter	Fort Zumwalt West	SR	44.89

### 4 x 100 meter relay

Name	Relay member	Time
Francis Howell Central	Dylan Thaxton	44.25
	Dontae Horace	
	Cameron Hatten	
	Micha Skebo	
Wentzville Timberland	Brett Hiatt	44.77
	Donavan Luken	
	Jarrett Wilson	

	KadinMcDaniel	
Francis Howell North	Cameron Lewis	44.87
	Taron Woods	
	Louis Gianopolos	
	Rashad Wilson -Lake	
Troy Buchanan	Ahren Bauer	47.12
	Isaiah Glenn	
	Ion Porter	
	Alex Gutierrez	

#### 4 x 200 meter relay

School	Relay Member	Time
Francis Howell Central	Alex Lyles-Collins	1:31.94
	Kamron Outlaw	
	Micah Skebo	
	Dylan Thaxton	
Wentzville Timberland	Donavan Lukens	1:36.17
	Brett Hiatt	
	Jarrett Wilson	
	Kadin McDaniel	

Fort Zumwalt West	Kyke Wurm	1:37.73
	Jake Anderson	
	Devon Harris	
	Bryan Prichard	
Troy Buchanan	Ahren Bauer	1:38.63
	Isaiah Glenn	
	Ion Porter	
	Alex Gutierrez	

#### 4 x 400 meter relay

Name	Relay Member	Time
Francis Howell Central	Evan Goodbody	3:31.39
	Cameron Schwab	
	Alex Lyle-Collins	
	Austin McKinley	
Francis Howell	Nicholaus Schultz	3:38.31
	Jonah Bridges	
	Nathan Liddell	
	Blake Panagos	
Francis Howell North	Cameron Lewis	3:38.47

	Myron Crawford	
	Josh Tanner	
	Maurice Massey	
Fort Zumwalt West	Tristan Baze	3:42.21
	Bryan Prichard	
	Kyle Wurm	
	Devon Harris	

#### 4 x 800 meter relay

School	Relay Member	Time
Wentzville Timberland	Andrew Berndt	8:22.01
	Drew Schulte	
	Noah Signaigo	
	Nate Petro	
Fort Zumwalt West	Noah Lee	8:27.08
	Jared Sinkey	
	James Porter	
	Tristan Baze	
Francis Howell Central	Garrett Allen	8:33.99
	Austin McKinley	



	Alex Juan	
	Cameron Schwab	
Francis Howell North	Bryan Chac	8:40.59
	Brenden Mollett	
	Kianu Cabera	
	Alex Baker	

## High Jump

Name	School	Year	Height
Maxwell Stampehl	Francis Howell	SO	6' 00.00
Brandon Bassham	Troy Buchanan	SR	5' 10.00
Brayden Hull	Wentzville Timberland	SR	5' 08.00
Joshua Rehme	Wentzville Timberland	JR	5' 06.00

## Pole Vault

Name	School	Year	Height
Nicklaus Niles	Wentzville Timberland	JR	13' 06.00
Aaron Colvin	Wentzville Timberland	SR	13' 03.00
Colton Hart	Francis Howell	SR	12' 06.00
Trennon Curry	Francis Howell Central	SR	12' 06.00

## Long Jump

Name	School	Year	Distance
Joshua Rehme	Wentzville Timberland	JR	20' 01.25
Maxwell Stampehl	Francis Howell	SO	20' 01.00
Taron Woods	Francis Howell North	SO	19' 11.25
Kellen Johnson	Fort Zumwalt West	SR	19' 10.75

## Triple Jump

Name	School	Year	Distance
Trennon Curry	Francis Howell Central	SR	39' 10.752
Cameron Echols	Fort Zumwalt West	JR	39' 01.00
Brandon Bassham	Troy Buchanan	SR	38' 05.50
Brayden Hull	Wentzville Timberland	SR	37' 00.00

## Shot Put

Name	School	Year	Distance
Quentin Webert	Francis Howell Central	SR	51' 04.50
Jacob Papez	Wentzville Timberland	JR	45' 04.50
Bryce Eaton	Wentzville Timberland	SO	45' 00.50
Erik Valdez	Fort Zumwalt West	SR	42' 08.00

## Discus

Name	School	Year	Distance
Bryce Eaton	Wentzville Timberland	SO	141' 04.00
Jordan Williams	Fort Zumwalt West	JR	1320' 06.00
Jacob Papez	Wentzville Timberland	JR	130' 07.00
Drake Heismeyer	Francis Howell	FR	129' 11.00

## Javelin

Name	School	Year	Distance
Jordan Dueker	Troy Buchanan	SO	158' 05.00
Brandon Wisdom	Wentzville Timberland	JR	147' 09.00
Joshua Rehme	Wentzville Timberland	JR	135' 00.00
James Strauss	Fort Zumwalt West	FR	133' 02.00

**TEAM RESULTS:** *Wentzville Timberland [398]; Fort Zumwalt West [235]; Francis Howell Central [218]; Francis Howell North [150]; Francis Howell [84]; Troy Buchanan [80]; Wentzville Holt [0.0]*

**ACADEMIC ALL CONFERENCE**

**Fort Zumwalt West** -Jake Anderson, Tristan Baze, Jhaidyn Brown, Joey Fanara, Richard Garcia, Timur Guler, Kellen Johnson, Noah Lee, Chris McCoy, Cameron Myers, Bryan Prichard, Mateo Robbins, Jared Sinkey, Ashwath Subbiah, Marshall Vaccaro, Erik Valdez, Alex Wieda, Jordan Williams

**Troy Buchanan** - Tyler Boulware, Jordan Dueker, Isaiah Glenn, Alex Gutierrez, Matthew Martin, Daniel Massey, Michael Morelock, Tyler Mullen, Adam Orf, Joseph Patton, Anthony Robinson, Jack Scirratta

**Washington** - Daulton Bender, Clayton Duchatschek, Adam Gauzy, Noah Little, Houston Partridge, Aiden Pellin, Matt Ruth, Otto Spaunhorst

**Wentzville Timberland** -

## **SPORTSMANSHIP**

**Fort Zumwalt West** -Ashwath Subbiah

**Troy Buchanan** - Evan Montgomery

**Washington** - Daulton Bender

**Wentzville Timberland** -

## **2017 North Varsity Women Track and Field**

For complete results go to [www.trxtiming.com](http://www.trxtiming.com)

### **100 Meter Dash**

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Alexandra Eufinger	Orchard Farm	JR	13.45
Emma Housewright	Warrenton	SR	14.08
Isabel Saavedra	Warrenton	FR	14.35
Samanthaq Fragale	Saint Charles West	FR	14.37

## 200 Meter Dash

Name	School	Year	Time
Emma Housewright	Warrenton	SR	27.76
Katherine Ledbetter	Orchard Farm	SO	28.62
Anaiyah Jackson	Orchard Farm	FR	28.65
Jalessa Blake	Saint Charles West	SO	29.39

## 400 Meter Dash

Name	School	Year	Time
Destiny Jackson	Saint Charles West	JR	63.10
Rylie Cox	Warrenton	JR	64.31
Bailley Boyer	Orchard Farm	SO	65.62
Brooke Smith	Warrenton	FR	66.45

## 800 Meter Run

Name	School	Year	Time
Andrea Poole	Warrenton	SR	2:41.30
Camryn Green	Saint Charles	JR	2:46.40
Anna Johnston	Saint Charles	FR	2:48.02
Jana Shivers	Saint Charles West	FR	2:51.59

## 1600 Meter Run

Name	School	Year	Time
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Camryn Green	Saint Charles	JR	5:58.58
Natalia Sisomphane	Saint Charles	FR	6:00.55
Susan Broker	Warrenton	JR	6:43.13
Taylor Menzel	Orchard Farm	SO	6:54.16

### 3200 Meter Run

Name	School	Year	Time
Jada O'Donnell	Saint Charles	SO	13:16.52
Taylor Lyles	Saint Charles	SR	14:08.29
Susan Broker	Warrenton	JR	14:40.83
Morgan Price	Saint Charles West	SR	14:48.51

### 100 Meter Hurdles

Name	School	Year	Time
Sage Wilder	Winfield	SO	16.78
Allison Tonioli	Warrenton	SO	17.54
Samantha Fragale	Saint Charles West	FR	18.26
Katherine Ledbetter	Orchard Farm	SO	18.31

### 300 Meter Hurdles

Name	School	Year	Time
Sage Wilder	Winfield	SO	49.42

Courtney Richardson	Warrenton	SR	50.76
Katherine Ledbetter	Orchard Farm	SO	52.97
Allison Tonioli	Warrenton	SO	53.27

## 4 x 100 Meter Relay

School	Relay Member	Time
Saint Charles West	Samantha Fragale	53.18
	Bailey Griffith	
	Ashley Brandt	
	Jaleesa Blake	
Orchard Farm	Alexandra Eufinger	53.18
	Nicole Heitmann	
	Gillian Gieseke	
	Bailley Boyer	
Warrenton	Isabel Saavedra	54.14
	Macey Ransom	
	Gertrude Broker	
	Emma Housewright	
Saint Charles	Mariah Harris	56.62
	Jorrdin Stern	
	Maddie Oellermann	

	Anh (Allie) White	
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## 4 x 200 Meter Relay

School	Relay Member	Time
Orchard Farm	Alexandra Eufinger	1:53.04
	Nicole Heitmann	
	Katherine Ledbetter	
	Bailley Boyer	
Saint Charles West	Ashley Brandt	1:53.42
	Rianna Presely	
	Jalessa Blake	
	Destiny Jackson	
Warrenton	Brooke Smith	1:54.79
	Allsion Tonioli	
	Macey Ransom	
	Emma Housewright	
Saint Charles	Mariah Harris	2:00.73
	Jordin Stern	
	Molly Schulteheinrich	
	Caitlyn Thorne	



## 4 x 400 Meter Relay

<b>Name</b>	<b>Relay Member</b>	<b>Time</b>
Warrenton	Brooke Smith	4:20.05
	Poole	
	Tonioli	
	Rylie Cox	
Saint Charles West	Bailey Griffiths	4:21.94
	Ashley Brandt	
	Destiny Jackson	
	Kaitlyn Weinrich	
Orchard Farm	Nicole Heitmann	4:24.48
	Marina Heitmann	
	Skylyr Leake	
	Bailley Boyer	
Saint Charles	Caitlyn Thorne	4:30.46
	Brianna Wright	
	Jordin Stern	
	Natalia Sisomphane	

## 4 x 800 Meter Relay

<b>School</b>	<b>Relay Member</b>	<b>Time</b>
Saint Charles	Natalia Sisomphane	11:30.07

	Anna Johnston	
	Brianna Wright	
	Camryn Green	
Saint Charles West	Iris Guerrero	12:08.59
	Kendall Isom	
	Jana Shivers	
	Morgan Price	
Warrenton	Gertrude Broker	12:30.97
	Anahi Saldana	
	Miller Hailey	
	Susan Broker	
Orchard Farm		DNS

## High Jump

Name	School	Year	Height
Sabrina McRoberts	Warrenton	JR	5' 00
Emma Poindexter	Saint Charles West	SR	5' 00
Isabel Saavedra	Warrenton	FR	4' 08

Skylyr Leake	Orchard Farm	SO	4' 06
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## Pole Vault

Name	School	Year	Height
Kara Steimacki	Orchard Farm	SO	10' 06
Baily Griffiths	Saint Charles West	JR	10' 00
Kaitlyn Clutter	Saint Charles	FR	10' 00
Elizabeth Johnson	Saint Charles	JR	9' 06

## Long Jump

Name	School	Year	Distance
Alexandra Eufinger	Orchard farm	JR	17' 04.50
Skylyr Leake	Orchard Farm	SO	16' 02.00
Sage Wilder	Winfield	SO	16' 01.00
Bailey Griffiths	Saint Charles West	JR	16' 00.50

## Triple Jump

Name	School	Year	Distance
Rylie Cox	Warrenton	JR	35' 00.00
Nicole Heitmann	Orchard Farm	SR	32' 10.00
Emily Black	Saint Charles	FR	32' 05.25
Skylyr Leake	Orchard Farm	SO	32' 00.00

## Shot Put

Name	School	Year	Distance
Tanisha Wilson	Saint Charles	SR	39' 04.50
Kayla Nelson	Warrenton	JR	37' 03.00
Miranda Nelson	Warrenton	FR	32' 09.00
Katie Schnick	Saint Charles West	SR	31' 04.00

## Discus

Name	School	Year	Distance
Hope Afflick	Saint Charles West	JR	101' 00.25
Tanisha Wilson	Saint Charles	SR	98' 04.50
Kayla Nelson	Warrenton	JR	87' 02.50
Brooke Wilson	Saint Charles West	SO	86' 07.50

## JAVELIN

Name	School	Year	Distance
Emma Poindexter	Saint Charles West	Sr	89' 07.00
Jamie Hopkins	Orchatrd Farm	SO	88' 07.00
Katie Schnick	Saint Charles West	SR	81' 11.00
Rachel Payne	Saint Charles	SO	81' 10.00

**TEAM SCORES: *Saint Charles* [272]; Saint Charles West [162]; Warrenton [127]; Orchard Farm [133]; Winfield [29]**

**2017 Central Varsity Women Track and Field**

100 meter dash

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Alicia Burnett	Fort Zumwalt South	FR	11.80
Syanne Johnston	Fort Zumwalt East	SR	12.27
Quierra Johnston	Fort Zumwalt East	FR	12.98
Juli Pritchett	Wentzville Liberty	SO	13.17

200 meter dash

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Alicia Burnett	Fort Zumwalt South	FR	24.59
Syanne Johnston	Fort Zumwalt East	SR	25.71
Alexis Walker	Fort Zumwalt South	FR	26.35
Kelby Robinson	Wentzville Holt	FR	27.61

## 400 meter dash

Name	School	Year	Time
Alicia Burnett	Fort Zumwalt South	FR	57.29
Kelby Robinson	Wentzville Holt	FR	61.34
Colleen Kuchem	Washington	JR	61.75
Quierra Johnston	Fort Zumwalt East	FR	62.42

## 800 meter dash

Name	School	Year	Time
Sofia Popp	Fort Zumwalt South	SO	2:28.20
Jocelyn Quiles	Fort Zumwalt North	SR	2:31.54
Keagan Perkins	Fort Zumwalt East	JR	2:32.14
Morgan Holdmeyer	Washington	JR	2:32.24

## 1600 meter run

Name	School	Year	Time
Mikayla Reed	Washington	JR	5:08.91
Emily Griesenauer	Wentzville Holt	JR	5:15.14
Jocelyn Quiles	Fort Zumwalt North	SR	5:31.50
Morgan Holdmeyer	Washington	JR	5:35.47

## 3200 meter run

Name	School	Year	Time
Mikayla Reed	Washington	JR	11:00.41
Emily Griesenauer	Wentzville Holt	JR	11:50.03
Anna Sullentrup	Washington	JR	12:03.28
Morgan Avery	Fort Zumwalt North	JR	12:29.61

## 100 meter hurdles

Name	School	Year	Time
CeMaria Woodard	Fort Zumwalt East	JR	16.07
Colleen Kuchem	Washington	JR	16.62
Kaitlyn Weber	Wentzville Holt	SO	17.67
Tatum Green	Wentzville Holt	FR	17.82

## 300 meter hurdles

Name	School	Year	Time
CeMaria Woodard	Fort Zumwalt East	JR	50.60
Ashlynn Perkins	Fort Zumwalt East	JR	50.97
Cloey Connelly (Mally)	Fort Zumwalt South	JR	51.49
Katherine Light	Fort Zumwalt South	SO	52.83

## 4 x 100 meter relay

<b>Name</b>	<b>Relay member</b>	<b>Time</b>
Fort Zumwalt South	Kayla Bailey	50.08
	Sofia Popp	
	Alexis Walker	
	Alicia Burnett	
Fort Zumwalt East	Jazmine Bell	51.88
	Justice Brown	
	Macie Farrier	
	Syanne Johnston	
Fort Zumwalt North	Jordyn Grimes	53.17
	Riley Soener	
	Rachel Pudlowski	
	Samantha Krause	
Wentzville Liberty	Claudia Wallace	54.40
	Jessica Boyer	
	Grace Merritt	
	Juli Pritchett	



## 4 x 200 meter relay

School	Relay Member	Time
Fort Zumwalt South	Alexis Walker	1:50.42
	Emma Popp	
	Chloe Shafer	
	Sofia Popp	
Fort Zumwalt North	Amanda Bello	1:52.11
	Rachel Pudlowski	
	Riley Soener	
	Jordyn Grimes	
Wentzville Holt	Brianna Barton	1:56.21
	Sydney Kile	
	Terrika Rhodes	
	Sophia Dattilo	
Liberty DNF FZEast DQ		

## 4 x 400 meter relay

Name	Relay Member	Time

Washington	Morgan Holdmeyer	4:13.69
	Colleen Kuchem	
	Mikayla Reed	
	Olivia Robinson	
Fort Zumwalt East	Quierra Johnston	4:17.23
	Justice Brown	
	Keagan Perkins	
	Ashlynn Perkins	
Fort Zumwalt North	Jocelyn Quiles	4:18.63
	Victoria Nesslage	
	Amanda Bello	
	Hannah McNiff	
Fort Zumwalt South	Loren Randell	4:28.52
	Emma Popp	
	Madeline Crozier	
	Chloe Shafer	

### 4 x 800 meter relay

School	Relay Member	Time
Washington	Morgan Holdmeyer	10:03.76

	Anna Sullentrop	
	Mikayla Reed	
	Olivia Robinson	
Fort Zumwalt South	Sofia Popp	10:08.74
	Loren Randell	
	Madeline Crozier	
	Mary Bollinger	
Fort Zumwalt North	Amanda Bello	10:16.96
	Hannah McNiff	
	Victoria Nesslage	
	Jocelyn Quiles	
Wentzville Holt	Emily Griesenauer	10:26.99
	Nicole Griesenauer	
	Sydney Wieberg	
	Gracyn Pietrusinski	

## High Jump

Name	School	Year	Height
Keagan Perkins	Fort Zumwalt East	JR	4' 10.0
Ashlynn Perkins	Fort Zumwalt East	JR	4' 08.0

Victoria Nesslage	Fort Zumwalt North	SR	4' 08.0
Dyamond Carey	Wentzville Holt	JR	4' 06.0

## Pole Vault

Name	School	Year	Height
Samantha Krause	Fort Zumwalt North	SR	10' 07.0
Jazmine Bell	Fort Zumwalt East	JR	8' 06.0
Jordan Hartz	Fort Zumwalt South	JR	8' 00.0
Alicia Ley	Washington	SR	8' 00.0

## Long Jump

Name	School	Year	Distance
Rachel Pudlowski	Fort Zumwalt North	SR	16' 01.50
CeMaria Woodard	Fort Zumwalt East	JR	15' 11.75
Syanne Johnston	Fort Zumwalt East	SR	15' 11.25
Kaitlyn Weber	Wentzville Holt	SO	14' 07.50

## Triple Jump

Name	School	Year	Distance
CeMaria Woodard	Fort Zumwalt East	JR	36' 01.00

Rachel Pudlowski	Fort Zumwalt North	SR	34' 00.00
Kaitlyn Weber	Wentzville Holt	SO	32' 07.25
Anna Schneider	Washington	SO	32' 06.00

## Shot Put

Name	School	Year	Distance
Emma Boehmer	Washington	SR	33' 10.00
Dajah Robinson	Fort Zumwalt North	SO	31' 10.00
Shelonda Thomas	Fort Zumwalt East	SO	31' 09.00
Abigail Reed	Wentzville Liberty	SO	29' 08.00

## Discus

Name	School	Year	Distance
Shelonda Thomas	Fort Zumwalt East	SO	99' 09
Emma Boehmer	Washington	SR	88' 05
Dajah Robinson	Fort Zumwalt North	SO	87' 11
Ellie Dupske	Fort Zumwalt East	SR	84' 09

## JAVELIN

Name	School	Year	Distance
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Sophia Olszowka	Washington	FR	115' 00
Lydia Hart	Wentzville Liberty	FR	97' 08
Emma Edwards	Fort Zumwalt East	SR	91' 01
Macie Farrier	Fort Zumwalt East	SO	89' 10

**TEAM RESULTS: *Fort Zumwalt East [163]*; Washington [112.50]; Fort Zumwalt South [102]; Fort Zumwalt North [101]; Wentzville Holt [74.50]; Wentzville Liberty [25]**

## **ACADEMIC ALL CONFERENCE**

**Wentzville Holt -**

**Washington -**

**Fort Zumwalt South** -Kayla Bailey, Mary Bollinger Alicia Burnett, Cobi Cay, Madeline Crozier, Sonjae Johnson, Katherine Light, Kylie Modaff, Abigail Moellenhoff, Vivian Nguyen, Mia O'Brien, Emma Popp, Sofia Popp, Katelyn Rable, Sarah Raptakis, Kiah Scott, Chloe Shafer, Brooke Turner, Ella Wagner

## **SPORTSMANSHIP**

**Wentzville Holt -**

**Washington -**

# **2017 South Varsity Women Track and Field**

For complete results go to [www.trxtiming.com](http://www.trxtiming.com)

## 100 meter dash

Name	School	Year	Time
Christine Williams	Wentzville Timberland	JR	12.79
Perrion Jones	Fort Zumwalt West	SO	13.05
Taylor Barnes	Fort Zumwalt West	SR	13.08
Jada Stull	Francis Howell	SO	13.17

## 200 meter dash

Name	School	Year	Time
Christine Williams	Wentzville Timberland	JR	25.76
Taylor Barnes	Fort Zumwalt West	SR	26.44
Kalescia Thomas	Francis Howell	JR	27.18
Perrion Jones	Fort Zumwalt West	SO	27.42

## 400 meter dash

Name	School	Year	Time
Olivia Mennemeyer	Troy Buchanan	FR	60.13
Alexa Brugere	Francis Howell	JR	62.12
Taylor Russell	Francis Howell	SO	62.63
Chelsea Jochimsen	Fort Zumwalt West	SR	63.44

## 800 meter dash

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Kelly Schroeder	Francis Howell	SR	2:26.20
Erin Gilbert	Francis Howell	JR	2:27.53
Madeline Wieseman	Fort Zumwalt West	SO	2:27.54
Mackenzie Pugh	Francis Howell North	SO	2:27.59

## 1600 meter run

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Madison Leigh	Francis Howell	SR	5:16.46
Erin Gilbert	Francis Howell	JR	5:26.57
Jane Boessen	Troy Buchanan	SR	5:35.64
Madeline Wieseman	Fort Zumwalt West	SO	5:39.45

## 3200 meter run

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Madison Leigh	Francis Howell	SR	11:42.01
Jane Boessen	Troy Buchanan	SR	12:00.06
Kalleigh Linthicum	Wentzville Timberland	SR	12:15.82
Paige Hercules	Francis Howell North	FR	12:22.67



## 100 meter hurdles

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Kalescia Thomas	Francis Howell	JR	15.64
Breanna Wright	Francis Howell North	SR	16.48
Brittany Nensel	Troy Buchanan	JR	16.50
Gloryanna Christian	Fort Zumwalt West	JR	16.74

## 300 meter hurdles

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Kalescia Thomas	Francis Howell	JR	47.72
Breanna Wright	Francis Howell North	SR	49.38
Brittany Nensel	Troy Buchanan	JR	50.67
Gloryanna Christian	Fort Zumwalt West	JR	51.08

## 4 x 100 meter relay

<b>Name</b>	<b>Relay member</b>	<b>Time</b>
Wentzville Timberland	Christine Williams	50.09
	Morgan Weaver	
	Zoe Schulte	
	Kendall Fletcher	

Fort Zumwalt West	Megan Phillips	51.24
	Gloryanna Christian	
	Sarah Dobson	
	Jayla Carpenter	
Francis Howell Central	Bergie Walton	51.82
	Cameron Mekan	
	Tyla Anderson	
	Mikayla Kennedy	
Francis Howell	Callie Unrein	53.09
	Rylee Jambois	
	Kameron Sullivan	
	Jada Stull	

#### 4 x 200 meter relay

School	Relay Member	Time
Francis Howell	Kalescia Thomas	1:48.61
	Alexa Brugere	
	Taylor Russell	
	Jada Stull	
Francis Howell Central	Bergie Walton	1:51.52

	Tyla Anderson	
	Shante Hanna	
	Cameron Mekan	
Francis Howell North	Breanna Wright	1:53.62
	Kamille Hughes	
	Casie Pierce	
	Daja Sharp	
Fort Zumwalt West	Megan Phillips	1:53.73
	Hannah Leahy	
	Jayla Carpenter	
	Sarah Dobson	

### 4 x 400 meter relay

Name	Relay Member	Time
Fort Zumwalt West	Chelsea Jochimsen	4:12.041
	Meghan Hertling	
	Isabelle Williams	
	Taylor Barnes	
Francis Howell	Taylor Russell	4:13.56
	Kelly Schroeder	

	Caroline DeBoeuf	
	Alexa Brugere	
Troy Buchanan	Haley Beck	4:20.25
	Lindsay Bradshaw	
	Olivia Mennemeyer	
	Morgan Henke	
Francis Howell Central	Shante Hanna	4:22.13
	Bergie Walton	
	Amanda Henderson	
	Ashley Roland	

#### 4 x 800 meter relay

School	Relay Member	Time
Francis Howell	Alexa Brugere	9:48.67
	Caroline DuBoeuf	
	Kelly Schroeder	
	Erin Gilbert	
Troy Buchanan	Lindsay Bradshaw	10:05.10
	Lindsey Johnston	
	Morgan Bova	

	Jane Boessen	
Fort Zumwalt West	Chelsea Jochimsen	10:10.81
	Isabelle Williams	
	Lauren Brady	
	Elizabeth Rogers	
Francis Howell North	Heidi Hauptman	10:15.09
	Claire Huss	
	Mackenzie Pugh	
	Tianna Lowe	

## High Jump

Name	School	Year	Height
Kameron Sullivan	Francis Howell	SO	5' 00.0
Jordyn Armstrong	Wentzville Timberland	SR	4' 10.00
Rylee Jambois	Francis Howell	SO	4' 08.00
Gianna Sulzner	Francis Howell North	SR	4' 08.00

## Pole Vault

Name	School	Year	Height
Lauren Beauchamp	Francis Howell	SR	10 06.00

Mora Boatman	Fort Zumwalt West	JR	10' 00.00
Alison Krause	Fort Zumwalt West	JR	9' 00.00
Emma Campbell	Francis Howell Central	SR	8' 06.00

## Long Jump

Name	School	Year	Distance
Lauren Beauchamp	Francis Howell	SR	17' 07.00
Kendall Fletcher	Wentzville Timberland	JR	16' 08.00
Janae Taylor	Fort Zumwalt West	SO	16' 00.50
Jordyn Armstrong	Wentzville Timerlad	SR	15' 09.75

## Triple Jump

Name	School	Year	Distance
Janae Taylor	Fort Zumwalt West	SO	34' 08.00
Jordyn Armstrong	Wentzville Timberland	SR	34' 02.50
Ashley Roland	Francis Howell Central	JR	33' 02.50
Lauren Schmidt	Wentzville Timberland	JR	31' 09.50

## Shot Put

Name	School	Year	Distance
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Makayla Hurst	Wentzville Timberland	JR	35' 03.50
Natalie Green	Francis Howell Central	SR	34' 02.50
Summor Davis	Wentzville Timberland	JR	33' 05.50
Taylor Roettger	Troy Buchanan	JR	33' 02.25

## Discus

Name	School	Year	Distance
Abigail Green	Francis Howell Central	JR	132' 09.00
Natalie Green	Francis Howell Central	SR	121' 06.00
Rachel Schultz	Troy Buchanan	JR	112' 09.00
Emily Schulte	Fort Zumwalt West	JR	98' 08.00

## Javelin

Name	School	Year	Distance
Jalynn Martin	Wentzville Timberland	SO	99' 06.00
Theodora Powell	Wentzville Timberland	SR	97' 03.00
Emma Sexton	Troy Buchanan	SR	94' 00.00
Alison Krause	Fort Zumwalt West	JR	87' 10.00

**TEAM RESULTS: *Francis Howell* [346]; Fort Zumwalt West [255]; Wentzville Timberland [182]; Troy Buchanan**

# **[180]; Francis Howell Central [106]; Francis Howell North [100]**

## **ACADEMIC ALL CONFERENCE**

**Fort Zumwalt West** -Taylor Barnes, Mora Boatman, Cara Brackett, Lauren Brady, Jayla Carpenter, Gloryonna Christian, Krista Cummings, Sarah Dobson, Nina Hale, Meghan Hertling, Chelsea Jochimsen, Alison Klaus, Hannah Leahy, Kara Luster, Kiley Otten, Brielle Palmer, Megan Phillips, Alexandra Rositz, Emily Schulte, Meagan Smith, Gabi Staskewicz, Terra Stevens, Jaala Taylor, Janae Taylor, Madeline Wieseman, Isabelle Williams

**Troy Buchanan** - Haley Beck, Jane Boessen, Morgan Bova, Lindsay Bradshaw, Tara Broeker, Emily Crider, Kalista Dunlap, Morgan Henke, Rose Himmel, Lindsey Johnston, Katelynn Kopesky, Olivia Mennemeyer, Bethany Mueller, Brittany Nensel, Cameryn Patterson, Taylor Roettger, Emillie Rossmiller, Sarah Schultz, Emma Sexton, Shea Wilson

**Washington** - Emma Boehmer, Garce Evans, Kyra Hardesty, Morgan Holdmeyer, Colleen Kuchem, Alicia Ley, Sophia Olszowka, Mikayla Reed, Kailet Robinson, Olivia Robinson, Anna Schneider, Madison Skilijan, Anna Sullentrup

**Wentzville Timberland** -

## **SPORTSMANSHIP**

**Fort Zumwalt West** - Jaala Taylor

**Troy Buchanan**- Lindsay Bradshaw

**Washington** - Colleen Kuchem

**Wentzville Timberland** -

2017 Boys Volleyball

***Nathan Goestenkors*** of Francis Howell Central

**was named *MOST VALUABLE PLAYER***

FIRST TEAM



**Nathan Goestenkers of Francis Howell Central**

**Kirk Jackson of Fort Zumwalt West**

**Austin reed of Fort Zumwalt West**

**Jake Oppenborn of Francis Howell North**

**Zach Reider of Francis Howell**

**Collin King of Francis Howell Central**

**Conner McAfee of Francis Howell Central**

**Kollin Scharnhorst of Fort Zumwalt South**

## SECOND TEAM

**Crew Zelinsky of Fort Zumwalt West**

**Owen Gallaher of Francis Howell**

**Evan Bernard of Francis Howell North**

**Jacob Brooks of Fort Zumwalt South**

**Max Jarus of Francis Howell Central**

**Trent Diener of Francis Howell Central**

**Bryce McDaniel of Francis Howell North**

**Jace Roppa of Fort Zumwalt South**

## ALL ACADEMIC

**Francis Howell** - August Kohrs, Brett Hulen, Cameron Wiggings, Gabe Schmidt, Hunter Dowell, Michael Brohm, Ned Bargaen, Owen Gallagher, Zach Reider

**Fort Zumwalt North** - Tyler Baniak, Grant Black, Wyatt Pedigo, David Schroeter, Brandon Winkelmann, Adam Woodrum, Tyler Wortmann

**Fort Zumwalt West** - Ben Webb, Aidan Murphy, Brad Cole, Joey Kedl, Crew Zelinsky, Austin Reed, Kirk Jackson

**Francis Howell North** - Evan Bernard, Thomas Beye, Trevor Bohnert, Maxwell Dattilo, John Garrelts, Bryce McDaniel, Colin McDaniel, Jacob Oppenborn

**Francis Howell Central** - Trent Diener, Nathan Goesten Kors, Collin Knig, Logan Morris, Dominic Prince, Cameron Zelei, Conner McAfee, Max Jarus

**Fort Zumwalt East** - Damion Hudson, Noah Mrazik, Ryan Miller, Skyler Chmielik, Andrew Bass, Carter Galloway, Daniel Beiter

**Fort Zumwalt South** - Grant Garza, Chandler Haggerty, Nicholas Haney, Alexander LaChance, Brad Manley, Kolin Scharnhorst, Cole Urbaniak, Colin Walsh

## SPORTSMANSHIP

**Francis Howell** - Owen Gallagher

**Fort Zumwalt North** - Matthew Romano

**Fort Zumwalt West** - Ben Webb

**Francis Howell North** - Jack Routh

**Francis Howell Central** - Collin King

**Fort Zumwalt East** - Daniel Beiter

**Fort Zumwalt South** - Nick Haney

## 2016 FALL CONFERENCE CHAMPIONS

<b>SPORT</b>	<b>NORTH</b>	<b>CENTRAL</b>	<b>SOUTH</b>
<b>Boys Cross Country</b>	Orchard Farm	Fort Zumwalt North	Fort Zumwalt West
<b>Girls Cross Country</b>	Saint Charles	Washington	Francis Howell
<b>Football</b>	Orchard Farm	Fort Zumwalt North	Fort Zumwalt West
<b>Boys Soccer</b>	Saint Charles West	Fort Zumwalt South	Francis Howell North
<b>Softball</b>	Warrenton	Wentzville Holt	Troy Buchanan
<b>Girls Volleyball</b>	Winfield	FZ North/W Holt/ Washington	Francis Howell

<b>SPORT</b>	<b>NORTH</b>	<b>SOUTH</b>
<b>Girls Golf</b>	Wentzville Liberty	Francis Howell
<b>Girls Tennis</b>	Wentzville Holt	Francis Howell

<b>SPORT</b>	<b>CONFERENCE CHAMPION</b>
<b>Boys Swimming</b>	Fort Zumwalt West

## **WINTER CONFERENCE CHAMPIONS**

**2016-2017**

<b>SPORT</b>	<b>NORTH</b>	<b>CENTRAL</b>	<b>SOUTH</b>
<b>Boys Basketball</b>	Saint Charles	Wentzville Liberty	Francis Howell
<b>Girls Basketball</b>	Warrenton	Washington	FH - FH Central
<b>Wrestling</b>	Warrenton	Fort Zumwalt South	Francis Howell

<b>SPORT</b>	<b>CONFERENCE/DIVISION CHAMPION</b>
<b>Girls Swimming North-Central</b>	Wentzville Liberty
<b>Girls Swimming South</b>	Francis Howell
<b>Wrestling</b>	Wentzville Timberland
<b>Scholar Bowl</b>	Washington

## **2017 SPRING CONFERENCE CHAMPIONS**

	<b>NORTH</b>	<b>CENTRAL</b>	<b>SOUTH</b>
<b>Girls Soccer</b>	St.Charles West	Wentzville Holt	Francis Howell Central
<b>Baseball</b>	Saint Charles West - Winfield	Wentzville Holt	Francis Howell- FZ West - Troy - FH Central
<b>Girls Track</b>	Warrenton	Fort Zumwalt East	Francis Howell
<b>Boys Track</b>	St. Charles West	Wentzville Liberty	Wentzville Timberland
<b>Boys Golf</b>	Saint Charles	Washington	Wentzville Timberland

## **2017 SRING TWO DIVISION CHAMPIONS**

	<b>NORTH CENTRAL</b>	<b>SOUTH CENTRAL</b>
<b>Boys Tennis</b>	Fort Zumwalt South	Francis Howell

## **2017 SRING COMBINED CHAMPIONS**

<b>Boys Volleyball</b>	<b>Francis Howell Central</b>
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