

# ARCHIVED GAC FOR THE SCHOOL YEAR 2018 – 2019

## 2018 FALL CONFERENCE CHAMPIONS

<b>SPORT</b>	<b>NORTH</b>	<b>CENTRAL</b>	<b>SOUTH</b>
<b>Boys Cross Country</b>	SAINT CHARLES	WENTZVILLE TIMBERLAND	FRANCIS HOWELL
<b>Girls Cross Country</b>	SAINT CHARLES	WENTZVILLE TIMBERLAND	FRANCIS HOWELL
<b>Football</b>	SAINT CHARLES WEST	FZ EAST-FZ NORTH- WENTZVILLE TIMBERLAND	FRANCIS HOWELL
<b>Boys Soccer</b>	SAINT CHARLES WEST	FORT ZUMWALT SOUTH	F HOWELL-W HOLT
<b>Softball</b>	SAINT CHARLES	WASHINGTON	W HOLT-TROY BUCHANAN

<b>Girls Volleyball</b>	WARRENTON	W TIMBERLAND-WASHINGTON	FRANCIS HOWELL
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<b>SPORT</b>	<b>NORTH-CENTRAL</b>	<b>SOUTH</b>
<b>Girls Golf</b>	WENTZVILLE LIBERTY	FRANCIS HOWELL
<b>Girls Tennis</b>	WENTZVILLE LIBERTY	FRANCIS HOWELL
<b>Boys Swimming</b>	FORT ZUMWALT SOUTH	FRANCIS HOWELL

**2018 North Division**

**Boys Cross Country**

<b>Athlete</b>	<b>School</b>	<b>Time</b>
Carson Sanders	Orchard Farm	16:22.16
Thomas Doss	Saint Charles	17:06.34
Nathan Nordwald	Warrenton	17:21.94
Brendan Martin-Hilker	Saint Charles	17:26.95
Benjamin Sommer	Warrenton	17:48.66
Austin Litton	Saint Charles West	18:03.49
Jonathan Lopez	Saint Charles	18:06.17
Matthew Bauer	Orchard Farm	18:11.23
William Handshy	Saint Charles West	18:19.38
Ian Schwierjohn	Orchard Farm	18:24.09
Jacob Blassingame	Saint Charles West	18:29.04
Brandon Winkler	Saint CharlesWest	18:30.46
Jared Caldwell	Orchard Farm	18:33.92
Zack Southard	Saint Charles West	18:34.28

**TEAM SCORES: SAINT CHARLES 45**

**Saint Charles West 52; Orchard Farm 55; Warrenton 83; Winfield 120**

## **SPORTSMANSHIP**

**Orchard Farm -**

**Warrenton -**

**Winfield -**

**Saint Charles West -**

**Saint Charles -**

## **ALL ACADEMIC**

**Orchard Farm -**

**Winfield -**

**Saint Charles West -**

**Saint Charles -**

**Warrenton -**

**2018 Central Division  
Boys Cross Country**

<b>Athlete</b>	<b>School</b>	<b>Time</b>
Drew Schulte	Wentzville Timberland	17:27.58
Noah Little	Washington	17:30.18
Trevor Peimann	Wentzville Timberland	17:46.46
Nicolas Myers	Fort Zumwalt South	17:47.21
Cole Sutton	Fort Zumwalt North	18:08.08
Jonah McHaffie	Wentzville Timberland	18:08.32
Seth Gleason	Fort Zumwalt North	18:10.10
Ryan Pendergast	Fort Zumwalt North	18:10.29

Josh Gary	Wentzville Timberland	18:10.96
Josh Lanctot	Fort Zumwalt East	18:18.12
Tyler Hudson	Wentzville Liberty	18:21.25
Chase Ryback	Fort Zumwalt South	18:22.56
Jackson Sutherland	Fort Zumwalt South	18:33.19
Mason Kauffled	Washington	18:39.50

**TEAM SCORES: Wentzville Timberland 34**

**Fort Zumwalt South 66; Fort Zumwalt North 75; Washington 89;  
Wentzville Liberty 93**

## **ALL ACADEMIC**

**Fort Zumwalt East -**

**Fort Zumwalt North -**

**Washington -**

**Wentzville Holt -**

## **SPORTSMANSHIP**

**Fort Zumwalt East -**

**Washington -**

**Wentzville Holt -**

## **2018 South Division Boys Cross Country**

<b>Athlete</b>	<b>School</b>	<b>Time</b>
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Nicholas Cimmarusti	Francis Howell	16:46.29
Cameron Sakuma	Fort Zumwalt West	16:56.44
Bennett Boatman	Ft. Zumwalt West	17:04.95
Aaron Eller	Wentzville Holt	17:13.40
Peyton Hebert	Francis Howell North	17:15.81
Ronnie Cordsiemon	Francis Howell Central	17:18.16
Joel Boenitz	Francis Howell North	17:19.30
Blake Panagos	Francis Howell	17:25.46
Anderson Lo	Fort Zumwalt West	17:27.68
Hunter Tosto	Francis Howell	17:28.09
Brody Orf	Troy Buchanan	17:32.44
Deivydas Hermanas	Francis Howell	17:34.56
Braden Meyer	Fort Zumwalt West	17:36.07
Josh Kyle	Francis Howell	17:36.11



**TEAM SCORES: FRANCIS HOWELL 37;**

**FORT ZUMWALT WEST 37; FRANCIS HOWELL CENTRAL 77; WENTZVILLE HOLT 106;  
TROY BUCHANAN 121;**

**ALL - ACADEMIC AWARD**

**Wentzville Holt** - Aaron Eller, Dylan Hicks, John Hirschbuehler, Jase Owens, Huter Richardson, Tyler Ruhland, David Tauser

**Fort Zumwalt West** -

**Francis Howell Central** -

**Wentzville Timberland** -

**Fort Zumwalt West** - Bennett Boatman, Peter Classen, Joseph Crook, Evan Huddleston, Anderson Lo, Eric Marston, Braden Meyer, Jack Rider, McKay Rodabough, Tyler Rottmann, Danny Stevens, Sean Stevens

**Troy Buchanan** -

## **SPORTSMANSHIP**

**Fort Zumwalt West** - Cameron Sakuma

**Francis Howell Central** -

**Wentzville Holt** -Hunter Richardson

## **2018 North Division Girls Cross Country**

<b>Athlete</b>	<b>School</b>	<b>Time</b>
Lily Jackson	Saint Charles West	20:03.15
Alexandra Frederick	Warrenton	20:40.78
Sally Werth	Saint Charles	20:49.44
Jada O'Donnell	Saint Charles	21:20.80
Natalia Sisomphane	Saint Charles	21:35.51

Anna Johnston	Saint Charles	22:10.08
Brianna Wright	Saint Charles	22:50.55
Alyssa Schreiber	Saint Charles	22:59.70
Virginia Werth	Saint Charles	23:10.47
Anna Prize	Saint Charles West	23:18.13
Melody Sisson	Orchard Farm	23:51.90
Emily Muensterman	Orchard Farm	24:00.42
Iris Guerrero	Saint Charles West	24:20.55
Naomi Rodriguez	Warrenton	24:42.96Holt

**TEAM SCORES: SAINT CHARLES 25;**

**Saint Charles West 59; Warrenton 74; Orchard Farm 78**

Sportsmanship

**Orchard Farm -**

**Warrenton -**

**Winfield -**

**Saint Charles West -**

**Saint Charles -**

**All Academic**

**Orchard Farm -**

**Winfield -**

**Saint Charles West -**

**Saint Charles -**

**Warrenton -**

**2018 Central Division  
Girls Cross Country**

<b>Athlete</b>	<b>School</b>	<b>Time</b>
Ally Kruger	Wentzville Liberty	19:29.12
Mia Reed	Washington	20:10.32
Maddie Gray	Fort Zumwalt South	20:15.82
Madilyn Moore	Wentzville Timberland	20:21.97
Jessica Donnelly	Washington	20:31.21
Audrey Kelly	Fort Zumwalt East	20:31.69
Emma Neal	Wentzville Timberland	20:46.04
Abbigael Woods	Wentzville Liberty	21:05.38

Isabella Hill	Fort Zumwalt North	21:12.01
Jenna Ramadan	Wentzville Timberland	21:15.62
Emily Leipold	Wentzville Timberland	21:16.08
Lanni Gieffy	Wentzville Liberty	21:24.56
Hannah Rossman	Wentzville Liberty	21:29.37
Molly Morris	Wentzville Liberty	21:31.19

**TEAM SCORES: Wentzville Timberland 40**

**Wentzville Liberty 41; Washington 65; Fort Zumwalt South 80**

**ALL ACADEMIC**

**Fort Zumwalt East -**

**Fort Zumwalt North -**

**Washington -**

**Wentzville Holt -**

## **SPORTSMANSHIP**

**Fort Zumwalt East -**

**Washington -**

**Wentzville Holt -**

**2018 South Division**

**Girls Cross Country**

<b>Athlete</b>	<b>School</b>	<b>Time</b>
Sarah Russom	Francis Howell	19:28.05
Gracyn Pietrusinski	Wentzville Holt	19:39.92
Chloe Figgins	Francis Howell	19:53.39
Mackenzie Pugh	Francis Howell North	19:54.45
Michaela Flynn	Francis Howell	20:11.54
Alexis Edgar	Francis Howell	20:14.21
Maggie May	Francis Howell	20:33.96
Terra Stevens	Fort Zumwalt West	20:40.22
Hannah DeGraw	Francis Howell North	20:44.93
Lydia Lehmbeck	Fort Zumwalt West	20:47.43
Nevaeh Soward	Fort Zumwalt West	21:10.59



Allison Vernon	Francis Howell North	21:22.06
Lily Chung	Francis Howell Central	21:29.31
Isabelle Williams	Fort Zumwalt West	21:29.41

**TEAM SCORES: FRANCIS HOWELL 22;**

**FORT ZUMWALT WEST 60; FRANCIS HOWELL NORTH 90; WENTZVILLE HOLT 92;  
FRANCIS HOWELL CENTRAL 111; TROY BUCHANAN 163**

### **ALL ACADEMIC AWARD**

**Wentzville Holt** - Michaela Beedy, Erin Bodine, Gracyn Pietrusinski, Hannah Reeb, Makenna Seghers

**Fort Zumwalt West** -Aliyah Amerin, Micah Barnes, Hannah Gumper, Meghan Hertling, Lydia Lehmbeck, Kara Luster, Suzy Powers, Kamy Smelser, Nevaeh Soward, Terra Stevens, Hannah Vaccaro, Abigail Welsh,

Maddie Wieseman, Izzi  
Williams

**Francis Howell North -**

**Francis Howell Central -**

**Troy Buchanan -**

## **SPORTSMANSHIP AWARD**

**Wentzville Holt -** Hannah Reeb

**Fort Zumwalt West -** Aliyah Amerin

**Francis Howell Central -**

# **2018 North Division Football**

**A [U] behind a players name indicates he was chosen unanimously by the coaches for that position.**

## **QUARTERBACK**

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Collin Sutton	Winfield	SR
<b>2nd Tem</b>	Connor Jones	Orchard Farm	SR

## **RUNNING BACK**

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Dahvonte Henry	Saint Charles	SR
	Jamesen Reese	Saint Charles West	JR
	Zach Roberts	Orchard Farm	JR

<b>2nd Team</b>	Dominic Flint	Saint Charles West	SO
	Joey Echele	Saint Charles West	SR
	Logan Dowd	Warrenton	JR

## OFFENSIVE LINE

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Jared Baysinger	Saint Charles West	SR
	Matt Lewis	Orchard Farm	SR
	Cody Crump	Warrenton	JR
	Adam Dooley	Saint Charles West	SR
	Cody Imbierowicz	Saint Charles	SR
<b>2nd Team</b>	Stephen Frazer	Saint Charles West	JR
	Grant Middendorf	Saint Charles West	SO
	Matthew Gerber	Orchard Farm	SR

	Anthony Heintzelman	Winfield	SR
	Kellis Brummett	Winfield	JR

## WIDE RECEIVER

	Player	School	Year
<b>1st Team</b>	Devin Lindhoff	Orchard Farm	SR
	Brandon Resto	Winfield	SR
<b>2nd Team</b>	Blake Weber	Orchard Farm	SR
	Nick Napoli	Saint Charles West	SR

## KICKER

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Evan Eickhoff	Saint Charles West	SR
<b>2nd Team</b>	Ethan Kasier	Orchard Farm	SR

## **LINEBACKER**

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Matt Lewis	Orchard Farm	SR
	Atticus Edge	Saint Charles West	SR
	Courtney Anderson	Saint Charles	SR
	Jamesen Reese	Saint Charles West	JR
	Kiyah Christensen	Winfield	SR
<b>2nd Team</b>	Derrick Scruggs	Saint Charles West	JR
	Joey Echele	Saint Charles West	SR
	Brandon Resto	Winfield	SR

	Zach Roberts	Orchard Farm	JR
	Zac Blackwood	Warrenton	JR

## DEFENSIVE LINE

	Player	School	Year
<b>1st Team</b>	Randy Jemerson [U]	Saint Charles West	JR
	Trevor Turner	Saint Charles West	JR
	Cody Imbierowicz	Saint Charles	SR
<b>2nd Team</b>	Anthony Heintzelman	Winfield	SR
	Matthew Gerber	Orchard Farm	SR
	Braden Wiggs	Saint Charles	SR

## DEFENSIVE BACK

	Player	School	Year
<b>1st Team</b>	Brendan Sportsman	Saint Charles West	JR
	Cody Thorne	Saint Charles	SR
	Connor Jones	Orchard Farm	SR
	Anthony Lemons	Saint Charles West	JR
<b>2nd Team</b>	Dylan Smith	Warrenton	JR
	Dominic Flint	Saint Charles West	SO
	Blake Weber	Orchard Farm	SR
	A. J. Snow	Orchard Farm	SO

## PUNTER

	Player	School	Year
<b>1st Team</b>	Clark Henderson	Saint Charles West	SR



<b>2nd Team</b>	Collin Sutton	Winfield	SR
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**ATHLETE**

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Nolan Chimel	Warrenton	JR
<b>2nd Team</b>	Cody Thorne	Saint Charles	SR

**DEFENSIVE PLAYER OF THE YEAR:**

**Matt Lewis, Orchard Farm, Senior**

**OFFENSIVE PLAYER OF THE YEAR:**

**Collin Sutton, Winfield, Senior**

**SPECIAL TEAM PLAYER OF THE YEAR:**

**Clark Henderson, Saint Charles West, Senior**

**COACH OF THE YEAR:**

**Gary Strauss, Saint Charles West**

**Sportsmanship Award**

**Orchard Farm** - Drew Statler

**Saint Charles** - Nick Thorne

**Saint Charles West** - Joey Echele

**Warrenton** - Chris Baumer

**Winfield** - Dylan Michael

## **All-Academic Team**

**Orchard Farm - Brandon Davis, Nick Greener, Alex Heitmann, Ethan Kaiser, Patrick Kelley, Scott Lillard, Zach Roberts, Clayton Schroeder, AJ Snow, Drew Statler, Cole Stephens, Bryan Wolfe**

**Saint Charles - Justin Blair, Jakob Brendell, Gavin Cannon, Simon Fernandez, Caleb Irons, Xavien Jackson, Jack Moss, Justin Mowery, Zach Schnare, Cody Thorne, Nick Thorne, JJ Tubbs, Trey Ward, Braden Wiggs**

**Saint Charles West - Jack Bachman, Jared Baysinger, Ian Besselman, Trent Busby, Connor Doherty, Joey Echele, Atticus Edge, Avery Edge, Evan Eickhoff, Omar El Mallah, Dominic Flint, Cole Gramling, Clark Henderson, Andrew Kirt, Anthony Lemons, Tobias Lyons, Grant Middendorf, Joe Presson, Jamesen Reese, Carston Sellars, Deleon Smith, Brandon Sportsman**

**Warrenton - Chris Baumer, Bobby Dyche, Wil Gerhardt, Jack Bunge, Jesse Cook, Brendan Day, Owen Ireton, Dylan Smith, Cody Stiern, Jack Russell, Conner Tittel, Nolan Chmiel, Josh Heap, Hunter Meyer, Shane Brosenne, Tyler Conoyer, Andrew Cox, Colton Dyche, Jason Hayeslip, Nick Mertens, Phillip Primeau**

**Winfield - Jake Colbert, Dillon Dildine, Anthony Heintzelman, Brennan Hornbeck, Charles Lindsay, Collin Sutton, Chase Rankin, Matthew Omoresemi, Lane Moody**

# Dance and Cheer Academics

2018-2019

## DANCE

### Academic

#### **FORT ZUMWALT NORTH -**

**WENTZVILLE HOLT** - Kaelyn Bertel, Kylie Harris, Samantha Horton, Olivia Knerr, Madison Mahoney, Alicia McConachie, Alyssa Mills, Hailey Nichols, Hannah Saunders, Ravyn Schriewer

#### **FORT ZUMWALT WEST -**

**WASHINGTON** - Rachel Bauche, Michelle Dew, Megan Duncan, Gabriella Henzel, Sarah Hoemann, Randi Jenkins, Andrea Kampschroeder, Ava Kelly, Emma Lock, Natalie Oesterly, Alyssa Prewitt, Katie Rushing, Anna Schneider, Elise Thierbach, Katie Tyree, Grace Ziglin

**TROY BUCHANAN** - Megan Botkin, Jordan Bunton, Gracelynn Dyer, Ashley Firoved, Bethany Firoved, Abigail French, Megan Hargis, Nichole Hofmann, Analise Johnson, Emma Pettey, Alexa Pfeiffer, Brianna Pfeiffer, Alicia Stahlschmidt, Casey Varvera

#### **FRANCIS HOWELL CENTRAL -**

**SAINT CHARLES WEST** - Lauren Biles, Joy Cowan, Kendall Isom, Sydney Little, Olivia Malinee, Chelsea Rackovan

## **Sportsmanship**

**WASHINGTON** - Megan Duncan

**TROY BUCHANAN** - Alexa Pfeiffer

**SAINT CHARLES WEST** -

**CHEERLEADING - Fall 2018**

## **Academic**

**FORT ZUMWALT NORTH** -

**WENTZVILLE HOLT** - [FOOTBALL] Elizabeth Berkbuegler, Anna Bogart, Emily Crews, Kaitlyn Davenport, Nina Fay, Keirsen Franklin, Alex Hicks, Kate McDonald, Kylee Orick, Paige Pieper, Anna Rydberg, Sydney Shryock, Brooke Storms, Savannah Sunneberg

**FORT ZUMWALT WEST** - Grace Bean, Sophie Berte, Nicole Christensen, Abby Dreyer, Alanah Fahey, Paige Fitton, Shayla Glamann, Maggie Hacker, Amanda Hawkins, Alexa Hedges, Leilani Jarosz, Alexa Kaplan, Jessica Konys, Alex Kreutzman, Ryan Ladevich, Kinsey Landry, Molly Mayfield, Emma Mezera, Claire Pearl, Dani Ragusky, Delaney Shuffett, Kelsey Steinhoff, Emmi Stoehner, Gina Valenti

**WASHINGTON -**

**TROY BUCHANAN -**

**FRANCIS HOWELL CENTRAL -**

**FORT ZUMWALT SOUTH -**

## **Sportsmanship**

**WASHINGTON -**

**TROY BUCHANAN -**

**CHEERLEADING - Winter 2018-19**

## **Academic**

**FORT ZUMWALT NORTH -**

**WENTZVILLE HOLT -** Kaitlyn Davenport, Keirsen Franklin, Paige Pieper, Emma Ryan, Sydney Shryock, Breanna Trail, Brandon Truong

**FORT ZUMWALT WEST -**

**WASHINGTON -**

**TROY BUCHANAN** - Cassidy Andesilich, Baylee Humphrey, Olivia Kersting, Kaylee Kirchner, Danielle Murawski, Kaitlyn Ruppert

**FRANCIS HOWELL CENTRAL** -

**FORT ZUMWALT SOUTH** -

**SAINT CHARLES WEST** -Molly Beer, Veronica Bell, Alexa Bilyeu, Nikole Huster, Charelle McCullough

## **Sportsmanship**

**WASHINGTON** -

**TROY BUCHANAN** - Kaylee Kirchner

## **2018 Central Division**

### **Football**

### **QUARTERBACK**

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Ben Watson [U]	Fort Zumwalt East	SR
<b>2nd Team</b>	Cole Martin	Wentzville Timberland	SR

## **RUNNING BACK**

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	R. J. Keen	Fort Zumwalt South	SR
	Jarrett Wilson	Wentzville Timberland	JR
<b>2nd Team</b>	Tristian Davis	Fort Zumwalt East	SR
	Izaiah Hartrup	Fort Zumwalt North	JR

## **OFFENSIVE LINE**



	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	David Springmeyer	Fort Zumwalt East	SR
	Gavin Stricker	Fort Zumwalt North	JR
	Bryce Eaton	Wentzville Timberland	SR
	Chace McCoy	Wentzville Timberland	JR
	Joe Porzenski	Wentzville Timberland	SR
<b>2nd Team</b>	Ryan Wagner	Fort Zumwalt East	SR
	Adam Lewis	Fort Zumwalt North	JR
	Nick Mattli	Fort Zumwalt South	SR
	Hunter Perkins	Wentzville Liberty	SR
	A. J. Dizillo	Wentzville Timberland	JR
	Joe Hackmann	Washington	JR

## **WIDE RECEIVER**

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Cairo Payne	Fort Zumwalt North	JR
	Grant Latina	Fort ZUmwalt North	SR
	Brett Hiatt	Wentzville Timberland	SR
<b>2nd Team</b>	Elijah Edmonds	Fort Zumwalt South	SO
	Jarrin McKeithen	Wentzville Liberty	SR
	Tyler Cotton	Wentzville Liberty	SO

## **KICKER**

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Parker Brown [U]	Wentzville Timberland	JR
<b>2nd Team</b>	Jonah Cox	Fort Zumwalt South	SO

## ATHLETE

	Player	School	Year
<b>1st Team</b>	Joel Hilliard	Fort Zumwalt North	SR
<b>2nd Team</b>	Qui'lon Bennett	Fort Zumwalt East	SR

## DEFENSIVE BACK

	Player	School	Year
<b>1st Team</b>	Ben Watson	Fort Zumwalt East	SR
	Cairo Payne	Fort Zumwalt North	JR
	Izayah Hudnut	Fort Zumwalt North	SR
	Joel Holmes	Wentzville Timberland	SR
<b>2nd Team</b>	Michael Lac	Fort Zumwalt South	SR
	Elijah Edmonds	Fort Zumwalt South	SO

	Joseph Larson	Wentzville Timberland	JR
	Luke Kroeter	Washington	SO
	Izaiah Hartrup	Fort Zumwalt North	JR

## LINEBACKER

	Player	School	Year
<b>1st Team</b>	Nick Steppney	Fort Zumwalt East	JR
	Jaylin Vaughn	Fort Zumwalt North	SR
	Ben Adelsberger	Wentzville Liberty	JR
	Zach Dotson	Wentzville Liberty	JR
<b>2nd Team</b>	Zach Titone	Fort Zumwalt East	SR
	Cerry Watson	Fort Zumwalt North	SR
	Luke Picht	Fort Zumwalt South	SO

	Will Huelskamp	Wentzville Timberland	JR
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## DEFENSIVE LINE

	Player	School	Year
<b>1st Team</b>	Nick Mattli [U]	Fort Zumwalt South	SR
	Shaun Hall	Fort Zumwalt North	SR
	Bryce Eaton	Wentzville Timberland	SR
	Chase McCoy	Wentzville Timberland	JR
<b>2nd Team</b>	Marlon Woods	Fort Zumwalt East	SO
	Jernard Nunley	Fort Zumwalt East	SR
	Alex Drmac	Fort Zumwalt South	SR
	Colby Ramsy	Washington	SR

## **PUNTER**

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Josh Ellis	Wentzville Timberland	JR
<b>2nd Team</b>	Kaden Golic	Washington	JR

## **OFFENSIVE PLAYER OF THE YEAR :**

**Ben Watson, Fort Zumwalt East, Senior**

## **DEFENSIVE PLAYER OF THE YEAR:**

**Jaylin Vaughn, Fort Zumwalt North, Senior**

## **SPECIAL TEAMS PLAYER OF THE YEAR:**

**Parker Brown, Wentzville Timberland, Junior**

## **COACH OF THE YEAR:**

**Scott Eacret, Fort Zumwalt East**

## **Sportsmanship Award**

**Fort Zumwalt East** - Warren Pohl

**Fort Zumwalt North** - Jacob Noernburg

**Fort Zumwalt South** - Cody Taylor

**Washington** - Jack Hellermann

**Wentzville Liberty** - Hunter Perkins

**Wentzville Timberland** - Dylan Curtis

## **All-Academic Team**

**Fort Zumwalt East** - Ben Watson, Josh Johnston, Jake Morris, Amori Johnson, Justin Stepheny, Austin Meyers, Landon Oxford, Gino Dutzy IV, Payton Weiner, Hunter Studer, Braedon McLemore, Ryan Wagner, Deon Smith, Zack Titone, Dominic Tjaden, Easton

**Schneipp, Dominic Harton, Jack Schellingerhout, Caelan Lissone, Ethan Jackson, Chris Mansker**

**Fort Zumwalt North - Mujtaba Alkhalidi, Jarod Anderson, Roman Bishop, Nicholas Hahn, Joel Hilliard, Gavin LaBell, Grant Latina, Adam Lewis, Hector Lomas-Santiago, Maxwell Martin, Ryan Medley, Parker Monnig, Tim Nesslage, Jalen Owens, Nathan Rapplean, Owne Sears, Cameron Stoehner, Gavin Stricker**

**Fort Zumwalt South - Zachary Bensing, Jack Bishop, Daniel Buckhannon, Carmichael Burnett, Dylan Clapsaddle, Noah Davis, Matthew Goode, Logan Hester, Darius Johnson, Nicholas Mattli, Ethan McCulloch, Gabriel Monte, Jacob Owen, Lucas Picht, Brandon Vogt**

**Washington - Bryce Meyer, Trevor Rinne, Logan Roewe, Korey Jarrell, Dillon Monroe, Bryce Kazmaier, Houston Partridge, Cole Nahlik, Louis Obermark, Davis Gruber, Seth Ruether, Cory Hardesty, Christian Meyer, Caleb Brinker, Louis Paule, Ben Gaither, Luke Kroeter, Jake Straatmann, Quincy Donley, Matt Benedict, Brandon Titter, Blake Murphy, Brandon Bergner, Chandler Donovan, Ethan Soete, Kaleb Burr, Mitchell Zurick, Joe Hackmann, Reiley Kamper, Jacob Hillermann, Ryan Hoerstkamp, Cole Maune, Zach Buescher**

**Wentzville Liberty - Hunter Perkins, Garrett Overton, Parker Young, Jake Garland, Blake Seaton, Tyler Cotton, Ben Adelsberger, Zach Dotson, Mitchell Eckardt, Nick Lovell, Grant Baker, Zyhar Ameen, Connor Prince, Luke Linden, Josh Paubel, Skyer Topps, Cooper Terrell, Jake Duncan**

**Wentzville Timberland - Trevor Brave, Parker Brown, Dylan Curtis, AJ Dizillo, Blake Haffer, Brett Hiatt, Joel Holmes, Will Huelskamp, Josh Jaworski, Brandon Khoury, Cameron Kreklow, Joseph Larsen, Cole Martin, Chase McCoy, Sean Meyer, Zach Mudd, Jackson Petty, Joe Porzenski, Drew Rothweil, Jarrett Wilson**



**2018 South Division  
Football**

**QUARTERBACK**

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Aidan McDaniel	Francis Howell	SR
<b>2nd Team</b>	Jake Murphy	Fort Zumwalt West	JR

**RUNNING BACK**

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Cole Mueller	Wentzville Holt	SR
	Collin Nichols	Troy Buchanan	SR

<b>2nd Team</b>	James Strauss	Fort Zumwalt West	JR
	Gideon Niboh	Francis Howell	JR

## ATHLETE

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	McKenna Starkey	Troy Buchanan	SR
<b>2nd Team</b>	Marquis Majors	Fort Zumwalt West	SR

## OFFENSIVE LINE

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Drake Heismeyer [U]	Francis Howell	JR
	Jake Stern	Fort Zumwalt West	SR

	Gavin Land	Troy Buchanan	JR
	Jacob Ferguson	Troy Buchanan	JR
	Cale Brunner	Wentzville Holt	JR
<b>2nd Team</b>	Jason Jacob	Francis Howell Central	SR
	Jack Strassner	Fort Zumwalt West	SR
	Andrew Bergfeld	Troy Buchanan	JR
	John Recca	Francis Howell	SR
	Trenton Cathcart	Troy Buchanan	SR

## WIDE RECEIVER

	Player	School	Year
<b>1st Team</b>	Daylan Dalton	Francis Howell	SR
	Adam Lewis	Francis Howell Central	SR

	Cameron Lewis	Francis Howell North	JR
<b>2nd Team</b>	Max Koviak	Fort Zumwalt West	JR
	Drew Scheer	Francis Howell	SR
	Jake Thomas	Francis Howell	SR
	Jackson Hetzel	Francis Howell	SO

## KICKER

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Trey Durbin [U]	Fort Zumwalt West	SR
<b>2nd Team</b>	John Recca	Francis Howell	SR

## DEFENSIVE BACK

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Gus Hetzel	Francis Howell	SO
	Sam Smith	Fort Zumwalt West	JR
	Jacob Schroeder	Francis Howell Central	SR
	Geo Houston	Fort Zumwalt West	SR
<b>2nd Team</b>	August Kohrs	Francis Howell	SR
	Isaiah Hanebrink	Troy Buchanan	JR
	Nathan Shortt	Wentzville Holt	SR
	Jake Ryan	Wentzville Holt	SR
	Alzaae Walker	Troy Buchanan	SR

## **LINEBACKER**

	<b>Player</b>	<b>School</b>	<b>Year</b>
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<b>1st Team</b>	Ulysses Ross	Fort Zumwalt West	JR
	Adam Lewis	Francis Howell Central	SR
	Charlton Watson Jr.	Francis Howell	JR
	Collin Nichols	Troy Buchanan	SR
<b>2nd Team</b>	Cole Londoff	Wentzville Holt	JR
	Kyle Matyiko	Fort Zumwalt West	SR
	Jake Thomas	Francis Howell	SR
	Jonah Libbert	Francis Howell	SR

## DEFENSIVE LINE

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Jake Stern [U]	Fort Zumwalt West	SR
	John Recca	Francis Howell	SR

	Austin Wright	Francis Howell Central	SR
	Jacob Ferguson	Troy Buchanan	JR
<b>2nd Team</b>	Ethan Jones	Troy Buchanan	JR
	Tim Sisson	Wentzville Holt	SR
	Jack Larkin	Francis Howell	JR
	Sam Wolfe	Fort Zumwalt West	SR

## DEFENSIVE END

	Player	School	Year
<b>1st Team</b>	Jake Stern	Fort Zumwalt West	JR
	Cody Bagby	Wentzville Timberland	SR
<b>2nd Team</b>	Jordan Williams	Fort Zumwalt West	SR
	John Recca	Francis Howell	JR

## PUNTER

	Player	School	Year
<b>1st Team</b>	Adam Lewis [U]	Francis Howell Central	SR
<b>2nd Team</b>	Jake Thomas	Francis Howell	SR

## ATHLETE

	Player	School	Year
<b>1st Team</b>	James Strauss	Fort Zumwalt West	JR
<b>2nd Team</b>	Kendall Hutchison	Troy Buchanan	JR

## OFFENSIVE PLAYER OF THE YEAR:

**Cole Mueller, Wentzville Holt, Senior**



**DEFENSIVE PLAYER OF THE YEAR:**

**Jake Stern, Fort Zumwalt West, Senior**

**SPECIAL TEAMS PLAYER OF THE YEAR:**

**Trey Durbin, Fort Zumwalt West, Senior**

**COACH OF THE YEAR:**

**Brent Chojnacki, Francis Howell**

**Sportsmanship Award**

**Fort Zumwalt West - Geo Houston**

**Francis Howell - John Recca**

**Francis Howell Central - Jake Campagna**

**Francis Howell North - Issac Kelly**

**Troy Buchanan** - Kendall Hutchison

**Wentzville Holt** - Clayton Reed

## **All-Academic Team**

**Fort Zumwalt West** - Nick Azar, Jack Barnes, William Cochran, Brady Davis, Daniel Dubowski, Trey Durbin, Ryan Fetsch, Gage Froneyberger, Steve Gerecke, Brett Graczyk, Caleb Greiner, Nick Herbst, Luke Hildreth, Geo Houston, Alex Jones, Chris Kerr, Kody Klingensmith, Max Koviak, Matt Lange, Mason Loehr, Kyle Matyiko, James Murphy, Allan Phan, Asa Pickett, Isaiah Raml, Brett Reynolds, Luke Sims, Kaden Solverud, Jake Stern, Luke Strassner, Matt Turner, Liam Webb, Mason Whiteside, Karter Zengil

**Francis Howell** - Zachary Biever, James Canul, Josh Cooper, Parker Florea, David Gough, Hayden Hauser, Drake Heismeyer, Matt Hemmersmeier, Garrett Herman, Owen Heslin, Jackson Hetzel, Gus Hetzel, Ayden Illingworth, Matthew Johnson, Grant Juris, Jackson Kite, Alex Kohrs, August Kohrs, Donovan Kuehn, Jonah Libbert, Aidan McDaniel, Aaron Mcneely, Jack Meyer, Sam Meyer, Dawson Nguyen, Gideon Niboh, Owen Parker, John Recca, Zach Robbins, Zach Rottmann, Matthew Ruder, Cameron Ryan, Adam Scheer, Drew Scheer, Ryan Skillington, Jake Thomas, Reece Turnbough, Charlton Watson Jr., Reid Weber, Jacob Wildschuetz

**Francis Howell Central** - Jake Campagna, Kannon Cissell, Dillon Davis, Cameron Dent, Parker Frye, Andrew Golden, Dontae Horace, Jason Jacob, Keith Kirkbride, Noah Kroll, Adam Lewis, Andrew Mirth, Kyle Roland, Jaccob Schroeder, Dominick Slivinski, Austin G Smith, Austin R Smith, Nicholas Wolf, Noah Zuckerman

**Francis Howell North - Colton Conley, Conor Cronin, Braden Darnell, Jalen Fleming, Dom Griffero, Sam Harvey, Marshall Hines, Isaac Kelly, Pat Koester, Zack Koester, Robert Kyle, Cameron Lewis, Logan Minter, Adel Mountassir, Aaron Okello, Braedon Salter, Josh Simmons, Tyler Tolliver**

**Troy Buchanan - Camden Dillow, Alec Driskell, Jesus Gonzalez, Kendall Hutchison, Timothy Meyer, Kyle Robinson, Bailey West, Tyler York, Connor Schultz**

**Wentzville Holt - Matthew Bennett, Cole Mueller, Nathan Shortt, Jake Ryan, Nathan Undertajlo, Nathan Winingear, Zach Thomsen, Nicholas Hayes, Isaac Legene, Nathan Samel, Skylar Sutton, Erik Wyatt**

## **2018 North/Central Girls Golf Medallists**

Zoe Harrington	Wentzville Liberty
Kelly Karre	Wentzville Liberty
Jordan Aholt	Washington
Sophia Welch	Fort Zumwalt South
Peyton Stoddard	Wentzville Timberland
Mallory Beattie	Wentzville Timberland

Morgan Picht	Fort Zumwalt South
Bela Gonzalez	Fort Zumwalt South
Lucy Porzenski	Wentzville Timberland
Kiertsten Oderman	Fort Zumwalt North
Haley Kaiser	Fort Zumwalt South
Nyah Misener	Wentzville Timberland

**TEAM STANDINGS [GAC Tournament]: Fort Zumwalt South 374;**

**Wentzville Liberty 376; Wentzville Timberland 383; Washington 416; Fort Zumwalt North 439; Fort Zumwalt East 482; Warrenton 491**

**TEAM STANDINGS [Tournament + Match Play]: Wentzville Liberty 95;**

**Fort Zumwalt South 90; Wentzville Timberland 77; Fort Zumwalt North 42; Washington 43; Fort Zumwalt East 9.5; Warrenton .5**

## **Sportsmanship**

<b>Washington</b>	Jordan Aholt
<b>Wentzville Timberland</b>	
<b>Fort Zumwalt East</b>	

## **All Academic**

**Fort Zumwalt North -**

**Fort Zumwalt East -**

**Fort Zumwalt South -**

**Washington -** Jordan Aholt, Grace Bryson, Clara Evans, Joie Heien, Mia Laneman

**Wentzville Timberland -**

**Wentzville Liberty -**

**2018 South Girls Golf Medallists**


**TEAM STANDINGS:**

## Sportsmanship

Francis Howell Central	
Fort Zumwalt West	Maggie Palmer
Wentzville Holt	Ava Mulvaney

## All Academic

**Fort Zumwalt West** -Lauren Arand, Kate Bowden, Hayley Gaffney, Dakota Hubbell, Maggie Krpan, Lizzie Ostrem, Maggie Palmer

**Francis Howell** -

**Francis Howell Central** -

**Francis Howell North** -

**Troy Buchanan** -

**Wentzville Holt** -Kaiya Corbett, Sophia Dattilo, Alex Hiebert, Ashlyn Sanders, Katie Waple, Sophie Williams

**2018 North Division  
Boys Soccer**

**FIRST TEAM**

<b>Player</b>	<b>Year</b>	<b>Position</b>	<b>School</b>
<b>Jayden Hicks</b>	12	Keeper	Orchard Farm
<b>Isaac Frederick</b>	12	Forward	Warrenton
<b>Trent Champagne</b>	12	Midfielder	Saint Charles West
<b>Jason Maul</b>	12	Midfielder	Saint Charles West
<b>Evan Eickoff</b>	12	Midfeilder	Saint CharleWest
<b>Adam Mays</b>	11	Forward	Saint Charles West
<b>Garrett Sommer</b>	12	Midfielder	Warrenton
<b>Tommy Green</b>	12	Midfielder	Orchard Farm
<b>Ethan Bromaghim</b>	10	Midfielder	Orchard Farm



<b>Javier DeAnda</b>	12	Defender	Saint Charles
<b>Kris Holbrook</b>	12	Forward	Saint Charles

## **SECOND TEAM**

<b>Player</b>	<b>Year</b>	<b>Position</b>	<b>School</b>
<b>Kodey Kaimann</b>	12	Midfielder	Winfield
<b>Logan Lingle</b>	12	Keeper	Saint Charles West
<b>Adam Mays</b>	10	Midfielder	Saint Charles West
<b>Sam Papin</b>	10	Defender	Saint Charles West
<b>Andrew Hodgson</b>	12	Defender	Warrenton
<b>Camilo Rodriguez</b>	11	Midfielder	Warrenton
<b>Michael Bhat</b>	10	Forward	Orchard Farm
<b>Anthony Dalton</b>	11	Midfielder	Orchard Farm
<b>Chase Wetzler</b>	10	Keeper	Saint Charles
<b>Quinn Gallaher</b>	11	Defender	Saint Charles

<b>Darius DeCarolis</b>	10	Defender	Saint Charles West
<b>Devon Emrick</b>	12	Defender	Saint Charles West
<b>Mitch Smith</b>	12	Midfielder	Saint Charles West
<b>Lucci Tricamo</b>	12	Defender	Orchard Farm

**PLAYER OF THE YEAR:**

**Nick Schreiber, Senior, Forward, Saint Charles West**

**Sportsmanship Award**

**Orchard Farm** - Michael Bhat

**Saint Charles** - Javier DeAnda

**Saint Charles West** - Ray Rico

**Warrenton** - Andrew Hodgson

**Winfield** - Jacob Taylor

## **All Academic**

**Orchard Farm** - Michael Bhat, Thomas Green, Jayden Hicks, Ethan Kaiser, Slade Long, Caden Lucido, Dylan Ohlms, Kellen Orndorff

**Saint Charles** - Quinn Gallagher, Drew Hartig, Kris Holbrook, Magnus Kloepper, Ryan Russell, Chase Spearman, Chase Wetzler, Nick Quay, Jake Weil, Sam Myers, Nathan Sneller

**Saint Charles West** - Logan Lingle, Nick Schreiber, Justin Clark, Jason Maull, Ray Rico, Mitch Smith, Trent Champagne, Tanner Bonin, Darius DeCarolis, Craig Kubiak, Sam Papin, Evan Eickhoff, Robert Blocker

**Warrenton** - Paul Sanders, Dan Le, Garrett Sommer, Isaac Frederick, Camilo Rodriguez, Andrew Hodgson, Gabe Frederick, Wesley Arndt, Micah Arndt, Raj Pandya

**Winfield** - Tyler Lawrence, Greg Penrod, Jon Pierce, Owen Stroud, Jacob Taylor, Noah Thomas

## **2018 Central Division**

### **Boys Soccer**

## FIRST TEAM

<b>Player</b>	<b>Year</b>	<b>Position</b>	<b>School</b>
<b>Ottmar Escalante</b>	12	Keeper	Washington
<b>Jack Douglas</b>	12	Midfielder	Wentzville Liberty
<b>Jack Kavanaugh</b>	12	Forward	Wentzville Liberty
<b>Alex Meyer</b>	12	Midfielder	Wentzville Liberty
<b>Michael Andrews</b>	12	Forward	Washington
<b>Zach Renz</b>	10	Midfielder	Wentzville Timberland
<b>Justin Martinez</b>	11	Defender	Wentzville Timberland
<b>Thomas DeAvilla</b>	11	Defender	Fort Zumwalt North
<b>Devin Livingstone</b>	11	Forward	Fort Zumwalt South
<b>Bryce Gamache</b>	12	Midfielder	Fort Zumwalt South
<b>Blake Mann</b>	11	Midfielder	Fort Zumwalt South

## SECOND TEAM

<b>Player</b>	<b>Year</b>	<b>Position</b>	<b>School</b>
<b>Zach Subke</b>	12	Defender	Washington
<b>Logan Podmore</b>	12	Keeper	Fort Zumwalt East
<b>Meyer Fensterman</b>	11	Defender	Wentzville Liberty
<b>Evan Sacks</b>	12	Defender	Wentzville Liberty
<b>Chase Roelling</b>	12	Midfielder	Wentzville Liberty
<b>Evan Berndt</b>	12	Forward	Wentzville Timberland
<b>Padrick McGuire</b>	12	Forward	Wentzville Timberland
<b>Karson Gibbs</b>	09	Midfielder	Fort Zumwalt South
<b>Luke Dillon</b>	09	Keeper	Fort Zumwalt South
<b>Luke Walsh</b>	10	Defender	Fort Zumwalt South
<b>Markus Anzaldua</b>	11	Defender	Fort Zumwalt South
<b>Owen Lathrop</b>	11	Forward	Fort Zumwalt North
<b>Cole Sutton</b>	12	Midfielder	Fort Zumwalt North
<b>Owen Sears</b>	11	Defender	Fort Zumwalt North

## **PLAYER OF THE YEAR:**

**Braden Johnson, Senior, Forward, Fort Zumwalt South**

### **Sportsmanship Award**

**Fort Zumwalt East** - Trevor Andershock

**Fort Zumwalt North** - Grant Rapplean

**Fort Zumwalt South** - Markus Anzaldua

**Washington** - Noah Bay

**Wentzville Liberty** - Jack Kavanaugh

**Wentzville Timberland** - Justin Martinez

### **All Academic**

**Fort Zumwalt East** - Trevor Andershock, Michael Brophy, Aiden Cay, Max Dutt, Mohit Grewal, Shakhboz Hasanov, Colton LeGrand, Dom Mrazik, Noah Myers, Logan Podmore, Gavin Roemerman, David Steele, Hunter Steele, Hunter Studer, Eric Wilhelm

**Fort Zumwalt North** - Cole Bixby, Mason Cochran, Adam Coleman, Thomas DeAvilla, Luke Herbst, Logan Lowry, Noah Mueller, Cole Peine, Elijah Quiles, Grant Rapplean, Owen Sears, Cole Sutton

**Fort Zumwalt South** - Markus Anzaldua, Daniel Bloomfield, Collin Buss, Jonathan Buss, Luke Delehaunty, Garrett Dickey, Luke Dillon, Karson Gibbs, Jack Jellinek, Braden Johnson, Blake Mann, Evan Martin, Andrew Moore, George Schreiber, Geoffrey Schultz, Luke Walsh

**Washington** - Trent Pabst, Zach Subke, Cade Brautigam, Noah Bay, Timothy Boehlein, Levi Brautigam, Carter Kleekamp, Gabriel Dimaya, Chase Hall, Russell Whitworth, Travis Bieg, Reese Pellin, Liam Schneider, Santino Vuocolo, Timofei Luhvich, Caden Roberston

**Wentzville Liberty** - Meyer Fensterman, Grant Hennessy, John Kavanaugh, Parker Kessler, Blaine King, Joesph Mesnier, Alexander Meyer, Colin Moxley, Michael Peeler, Casey Porter, Benjamin Ptasienski, Anthony Roellig, Evan Sacks, Evan Witte

**Wentzville Timberland** - Jonny Antonio, Conner Benefield, Evan Berndt, Carter Blake, Nathan Brooks, Douglas Dawkins, Brayden Dutt, Grant Jones, Adam Luetkemeyer, Ben Manker, Justin Martinez, Padric McGuire, Patrick Nettler, Aaron Reed, Zach Renz, Collin Rooney, Brennan Rushing, Josh Walkenhorst

## **2018 South Division**

### **Boys Soccer**

#### **FIRST TEAM**

<b>Player</b>	<b>Year</b>	<b>Position</b>	<b>School</b>
<b>Brandon Lacke</b>	12	Keeper	Wentzville Holt
<b>J. T. Goldstein</b>	11	Defender	Wentzville Holt
<b>Ryan Olwig</b>	12	Defender	Francis Howell
<b>Jonah Bridges</b>	12	Defender	Francis Howell
<b>Dylan Wiese</b>	12	Midfielder	Wentzville Holt
<b>Cam Blaylock</b>	12	Midfielder	Francis Howell Central
<b>Kyle Weinhold</b>	11	Midfielder	Fort Zumwalt West
<b>Dylan Emge</b>	11	Midfielder	Troy Buchanan
<b>Adam Shine</b>	12	Midfielder	Francis Howell North
<b>Matt Peters</b>	12	Forward	Francis Howell
<b>Jack Meuse</b>	11	Forward	Fort Zumwalt West

## **SECOND TEAM**

<b>Player</b>	<b>Year</b>	<b>Position</b>	<b>School</b>
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<b>T. J. Balducci</b>	10	Keeper	Troy Buchanan
<b>Corey Valleroy</b>	12	Keeper	Francis Howell North
<b>Nate Murillo</b>	11	Defender	Wentzville Holt
<b>Steve Marion</b>	12	Midfielder	Wentzville Holt
<b>Drew Schenk</b>	11	Midfielder	Francis Howell
<b>Brady Glon</b>	12	Defender	Francis Howell
<b>Tony Sesti</b>	11	Defender	Francis Howell
<b>Jackson Tucker</b>	12	Midfielder	Fort Zumwalt West
<b>Morgan Monia</b>	10	Forward	Fort Zumwalt West
<b>Caleb Soots</b>	12	Forward	Fort Zumwalt West
<b>Alex Hermann</b>	10	Midfielder	Fort Zumwalt West
<b>Quinton Garafolo</b>	10	Forward	Wentzville Holt
<b>Bruce Bixler</b>	12	Defender	Francis Howell Central
<b>Bryce Kinser</b>	12	Defender	Francis Howell Central

**PLAYERS OF THE YEAR:**

**Tommy Naumann, Senior, Forward, Francis Howell**

**and**

**Sam Rowan, Senior, Midfielder, Wentzville Holt**

**Sportsmanship Award**

**Fort Zumwalt West** - Sean Bray

**Francis Howell** - Gerald Sonnenberg

**Francis Howell Central** - Carl Swanson

**Francis Howell North** - Corey Valleroy

**Troy Buchanan** - Kevin Gaspariano

**Wentzville Holt** - Brandon Lacke

**All Academic**

**Fort Zumwalt West** - Colin Barry, Matt Dubowski, Jacob Hollstrom, Tyler Kaminski, Ryan Kraichely, Jack Meuse, Morgan Monia, Collin Murray, Jake Peters, Dennis Ramirez, Jon Richert, Caleb Soots, Ryan Steevens, Jackson Tucker, Kyle Weinhold

**Francis Howell** - Callaway Akihiro, Spencer Ayers, Mason Ballos, Jonah Bridges, Bryce Clemons, Brady Glon, Devin Griffith, Leyton Grimes, Chris Harris, Burke Hoedebecke, Nick Maurer, Tommy Naumann, Ryan Olwig, Justin Olwig, Matt Peters, Drew Schenk, Javier Soto, Joel Thwing

**Francis Howell Central** - Bruce Bixler, Cameron Blaylock, Chris Boerding, Gino Buffa, Allen Butterfield, Tyler Cuba, Colton Etter, Luke Fisher, Sam Newton, Bobby Hubbard, Connor Phillips, Ben Raup, Carter Redford, Jimmy Sanchez, Carl Swanson

**Francis Howell North** - Joel Arena, Ryan Dittmar, Caleb Helmick, Logan Johnson, Liam Levins, Peter Moxley, Cannon Murray, Connor Murray, Ben Oster, Oliver Palmer, Louis Primeau, Marcos Ramirez Adam Shine, Corey Valleroy, Etan Williams

**Troy Buchanan** - Dillon Colbert, Brendan Deters, Dylan Emge, Kevin Gaspariano, Caleb Griffon, Caleb Jacobs  
Carson Lebegue, Jacob Love, Matthew McLaughlin, Tyler Mullen, Aaron Vaughn

**Wentzville Holt** - Jared Ferguson, Quinton Garofalo, Jacob Goldstein, Brandon Lacke, Stetson Marion, Steven Marion, Nathan Murillo, Grant Polman, Jacob Teater, Mitchell Terbrock, Nicholas Thomas, Noah Thomas, Clayton Waple, Dylan Wiese

## **2018 North Division**

# Softball

## PITCHERS

<b>FIRST TEAM</b>	Kathryn McChristy	Warrenton	Freshman
	Rachel Payne	Saint Charles	Senior
<b>SECOND TEAM</b>	Bre Burkemper	Winfield	Senior
	Maria Prather	Orchard Farm	Junior

## CATCHERS

<b>FIRST TEAM</b>	Desi Loyd	Winfield	Senior
<b>SECOND TEAM</b>	Hope Roetemeyer	Warrenton	Senior

## UTILITY PLAYER

<b>FIRST TEAM</b>	Anna Hoeckelmann	Winfield	Freshman
	Hayley Riebe	Saint Charles	Junior
<b>SECOND TEAM</b>	Camille Martin	Winfield	Freshman

## INFIELDERS

<b>FIRST TEAM</b>	Tatum Bradshaw	Winfield	Sophomore
	Michayla Chowning	Saint Charles West	Senior
	Jamie Hopkins	Orchard Farm	Senior
	Rhyen Mills	Saint Charles	Junior
	Payton Mauldin	Orchard Farm	Senior
<b>SECOND TEAM</b>	Nicole DiSilvester	Warrenton	Sophomore
	Aubrie Hollingsworth	Winfield	Senior
	Olivia Pilsing	Saint Charles	Senior
	Sarah Pokorny	Saint Charles West	Senior

	Avery Tucker	Warrenton	Sophomore
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## OUTFIELDERS

<b>FIRST TEAM</b>	Bailey Boyer	Orchard Farm	Senior
	Breanna Hollowell	Saint Charles	Junior
	Kylie Swinney	Saint Charles	Junior
	Audrey Wehde	Winfield	Junior
<b>SECOND TEAM</b>	Hannah Wall-Howard	Saint Charles West	Sophomore
	Katie Moberly	Orchard Farm	Senior
	Hailey Roberts	Warrenton	Sophomore
	Dani Schlager	Warrenton	Junior

**PLAYER OF THE YEAR: *Kylie Swinney* (SAINT CHARLES - JUNIOR)**

**COACH OF THE YEAR: Dave Jones (SAINT CHARLES)**

## **Sportsmanship Award**

**Orchard Farm:** Maddie Frappier

**Saint Charles:** Ryley Schaub

**Saint Charles West:** Sarah Porkorny

**Warrenton:** Kylie Carter

**Winfield:** Kelly Fallert

## **All-Academic Team**

**Orchard Farm:** Bailey Ann Boyer, Kaitlyn Rose Bergan, Gabby Doza, Grace Fortuna, Madelynn Jo Frappier, Jamie Renee Hopkins, Taylor J Machens, Katherine Rose Mobley, Brianna Lynn Rist, Madison Paige Steinhoff

**Saint Charles:** Lindsay DeJong, Brooke Hendrix, Bre Hollowell, Payton Mauldin, Rhyen Mills, Rachel Payne, Olivia Pilsing, Ryley Schaub, Izzy Schiffer, Kylie Swinney

**Saint Charles West:** Kelsey Dinwiddie, Shelby Fleming, Alyssa King, Tori Krahl, Madison Meyer, Michayla Chowning, Brooke Wilson, Sarah Pokorny, Ariel Puent, Lucy Rayburn, Hannah Wall-Howard, Morgan Yuhas

**Warrenton:** Katie Carter, Kylie Carter, Nicole Didilvester, Emilee Cregar, Kaylin Haas, Michelle Higby, Bella Hilke, Kathryn McChristy, Elizabeth McChristy, Hope Roestemeyer, Dani Schlager, Laura Hall, Kennady Estes, Avery Tucker

**Winfield:** Tatum Bradshaw, Bre Burkemper, Kelly Fallert, Allison Gifford, Aubrie Hollingsworth, Audrey Wehde, Emily Wright

## 2018 Central Division Softball

### PITCHERS

<b>FIRST TEAM</b>	Bailey Broemmer	Wentzville Timberland	Freshman
	Ellie Quaethem	Washington	Junior
<b>SECOND TEAM</b>	Maddy Holtmeyer	Washington	Sophomore
	Madison Sweeney	Wentzville Timberlad	Junior



## CATCHERS

<b>FIRST TEAM</b>	Jamilyn Bagby	Wentzville Timberland	Sophomore
<b>SECOND TEAM</b>	Abigail Evans	Wentzville Liberty	Senior

## UTILITY PLAYER

<b>FIRST TEAM</b>	Ally Mahoney	Fort Zumwalt South	Senior
	Sydney Sontheimer	Fort Zumwalt North	Junior
<b>SECOND TEAM</b>	Halle Benskin	Fort Zumwalt South	Sophomore
	Emma Vodnansky	Washington	Sophomore

## INFIELDERS

<b>FIRST TEAM</b>	Jocelyn Abbott	Fort Zumwalt East	Junior
	Katie Reichle	Wentzville Liberty	Junior

	Erin Sammelmann	Fort Zumwalt South	Junior
	Molly Spangler	Wentzville Timberland	Senior
	Caitlyn Vodnansky	Washington	Senior
<b>SECOND TEAM</b>	Liz Behan	Fort Zumwalt East	Junior
	Kate Benes	Wentzville Liberty	Senior
	Emily Albers	Wentzville Liberty	Senior
	Jenny Herling	Fort Zumwalt South	Junior
	Jena Monehan	Washington	Senior

## **OUTFIELDERS**

<b>FIRST TEAM</b>	Abby Behlmann	Wentzville Liberty	Senior
	Macie Blevins	Fort Zumwalt North	Senior
	Kylee Orf	Wentzville Liberty	Freshman
	Zoe Schulte	Wentzville Timberland	Junior

<b>SECOND TEAM</b>	Sarah Becsziko	Washington	Junior
	Kelly Ferguson	Wentzville Timberland	Junior
	Katie Light	Fort Zumwalt South	Senior
	Courtney Reiter	Fort Zumwalt North	Senior

**PLAYERS OF THE YEAR: Zoe Schulte (WENTZVILLE TIMBERLAND - JUNIOR) and ELLIE QUAETHM (WASHINGTON - JUNIOR)**

**COACH OF THE YEAR: Philip King (WASHINGTON)**

## **Sportsmanship Award**

**Fort Zumwalt East:** Chloe Smallfield

**Fort Zumwalt North:** Ally Schupp

**Fort Zumwalt South:** Alana Crumley

**Wentzville Liberty:** Caitlin Rodriguez

**Wentzville Timberland:** Jaylynn Martin

**Washington:** Emma Pier-Shaw

## **All-Academic Team**

**Fort Zumwalt East:** Jocelyn Abbott, Liz Behan, Julyenne McClure, Kayla Kindler, Chloe Smallfield, Molly Wease, Ashton Suttory, Lydia Wenig, Maiya Woebling

**Fort Zumwalt North:**

**Fort Zumwalt South:** Halle Benskin, Alanna Crumley, Cadence Dempsey, Jenna Dickey, Brianna Dunn, Jennifer Herling, Morgan Holladay, Katie Light, Allyson Mahoney, Lindsay Picha, Erin Sammelmann, Kasie Stopke, Ella Wagner

**Wentzville Liberty:** Emily Albers, Abby Behlmann, McKenzie Bensinger, Abigail Evans, Gabby Powell, Katelyn Reichle, Kendall Weber, Ryenne Walker, Kylee Orf, Ella Evans, Sarah Hamilton, Caitlin Rodriguez

**Wentzville Timberland:** Madison Sweeney, Jamilyn Bagby, Kelli Williams, Maddy Lawton, Alyssa Biles, Bailey Broemmer, Kelly Ferguson, Lily Himmel, Ilencia Lightbody, Jaylynn Martin, Myah Olson, Zoe Schulte, Molly Spangler

**Washington:** Caitlyn Vodnansky, Sarah Becziko, Payton Dubberke, Ellie Quaethem, Emma Vodnansky, Maddie Holtmeyer, Sam Winistoerfer, Emma Piar-Shaw, Jessica Huxol, Sophia Olszowka, Allie Huddleston, Lizzy Sontag

**2018 South Division**

# Softball

## PITCHERS

<b>FIRST TEAM</b>	Kiersten Nixon	Troy Buchanan	Senior
	Amanda Hansen	Wentzville Holt	Junior
<b>SECOND TEAM</b>	Emma Roseberry	Wentzville Holt	Junior
	Loren Harrison	Francis Howell Central	Senior

## CATCHERS

<b>FIRST TEAM</b>	Marissa Peek	Wentzville Holt	Junior
<b>SECOND TEAM</b>	Dani Lindsey	Francis Howell	Junior

## UTILITY PLAYER

<b>FIRST TEAM</b>	Carly Nolde	Wentzville Holt	Senior
	Lexie Barnes	Fort Zumwalt West	Junior
<b>SECOND TEAM</b>	Ally Wilson	Francisn Howell	Senior
	Maggie Majesky	Francis Howell North	Senior

## INFIELDERS

<b>FIRST TEAM</b>	Kelby Robinson	Wentzville Holt	Junior
	Sara Jessie	Fort Zumwalt West	Senior
	Kelsey Sachs	Troy Buchanan	Senior
	Julia Crenshaw	Fort Zumwalt West	Sophomore
	Abby Robertson	Fort Zumwalt West	Junior
<b>SECOND TEAM</b>	Leah Barnes	Fort Zumwalt West	Junior
	Riley Eagan	Wentzville Holt	Junior
	Cameryn Patterson	Troy Buchanan	Senior

	Olivia Fong	Francis Howell Central	Junior
	Kim DeBold	Troy Buchanan	Junior

## **OUTFIELDERS**

<b>FIRST TEAM</b>	Natalie Sullivan	Troy Buchanan	Sophomore
	Claudia King	Francis Howell Central	Senior
	Sam Jessie	Fort Zumwalt West	Senior
	Bella Wilson	Troy Buchanan	Sophomore
<b>SECOND TEAM</b>	Alexis Smith	Wentzville Holt	Junior
	Claudia Adam	Wentzville Holt	Junior
	Lydia Feiste	Fort Zumwalt West	Freshman
	Cece Carter	Francis Howell Central	Junior

**PLAYER OF THE YEAR: Kiersten Nixon (TROY BUCHANAN - SENIOR)**

**CO-COACH OF THE YEAR: Lance Richardson (TROY BUCHANAN) and Joel Adams (WENTZVILLE HOLT)**

## **Sportsmanship Award**

**Fort Zumwalt West:** Izzy Phillips

**Francis Howell:** Kalina Schiermeier

**Francis Howell Central:** Alyssea Braun

**Francis Howell North:** Audrey Sevier

**Wentzville Holt:** Julia Meyr

**Troy Buchanan:** Kim Debold

## **All-Academic Team**

**Fort Zumwalt West:** Lexi Barnes, Leah Barnes, Julia Crenshaw, Lydia Feiste, Alyssa Hennessy, Mia Houston, Sam Jessie, Sara Jessie, McKenna Joern, Abby Rlobertson, Kate Thurman, Izzy Phillips

**Francis Howell:** Chloe Chappell, Sophie Davis, Abby Eberwine, Emily Eberwine, Logan Goulet, Shelby Graves, Abby Hanna, Allison Hemsath, Janna Joerling, Danielle Lindsey, Schiermeier, Olivia Willis, Ally Wilson



**Francis Howell Central:** Alyssa Hallie, Olivia Fong, Josie Bezzole, Alyssa Kolkmeier, Loren Harrison, Ashlee Godler, Emily Chadwick, Sienna Thorpe, Claudia King, Alyssa Braun, Kaylee Morris, Cece Carter, Jessica Koelling, Jordan Floyd, Tara Clubb

**Francis Howell North:** Becka Brissette, Abbie Carpenter, Danielle Frey, Julia Hanan, Sierra Joliff, Maggie Majesky, Emma Oetting, Ella Pardo, Adria Schmidt, Audrey Sevier, Lily St. John, Lucy St. John, Kylah Woods

**Wentzville Holt:** Claudia Adam, Taylor Bell, Elizabeth Crews, Riley Eagan, Jenna Gehm, Mallory Gomski, Tatum Green, Hailey Hudson, Julia Meyr, Carly Nolde, Marissa Peek, Kenna Poeling, Kelby Robinson, Emma Roseberry, Alexis Smith

**Troy Buchanan:** Lela Bryant, Makayla Bryant, Ali Cook, Dallis Darnell, Kim Debold, Kierston Nixon, Cameryn Patterson, Kelsey Sachs, Morgan Shields, Makenna DeClue, Natalie Sullivan, Ashten Traynor, Bella Wilson

## **2018 BOYS NORTH/CENTRAL SWIMMING CHAMPIONSHIP**

For 2018, Boy's Swimming was divided into North/Central and South Divisions. Overall records shown after the event in black, represent records for both divisions, while the red color times indicate a record for that division. As the North/Central Division is "new", all times will set a record for that division. The same has been done for Girl's Swimming, as they split prior to 2018.

**200 yard Medley Relay [Record: 1:38.15, FZW, 2016]**

**[Record: 1:46.91, FZS, 2018]**

<b>SCHOOL</b>	<b>SWIMMERS</b>	<b>YEAR</b>	<b>TIME</b>
<b>Fort Zumwalt South</b>	Max Jelinek	11	1:46.91
	Blake Lawson	12	
	William He	11	
	Bryce Kaibel	11	
Wentzville Liberty	Myers, Bonds, Selmanovic, Herling		1:47.83
Fort Zumwalt North	Palmer, Orf, Dyer, Farrar		1:54.93
Washington	Coates, Beers, Kauffeld, Johnson		1:54.94

**200 yard Freestyle [Record: 1:44.92, Zach Rogers, FHC, 2011]**

**[Record: 1:59.58, Matthew Springer, FZE, 2018]**

<b>SWIMMER</b>	<b>SCHOOL</b>	<b>YEAR</b>	<b>TIME</b>
Matthew Springer	Fort Zumwalt East	09	1:59.58
Trevor Leitz	Wentzville Timberland	09	2:04.28
Evan Sims	Fort Zumwalt South	12	2:04.37
Caleb Brown	Fort Zumwalt North	12	2:07.62

**200 yard Individual Medley [Record: 1:52.43, Adam Grimm, FZW, 2017]**

**[Record: 2:07.64, Logan Pordhorsky, FZE., 2018]**

<b>SWIMMER</b>	<b>SCHOOL</b>	<b>YEAR</b>	<b>TIME</b>
Logan Podhorsky	Fort Zumwalt East	10	2:07.64
Mason Kauffeld	Washington	10	2:09.62

Brian Wright	Fort Zumwalt South	10	2:17.36
Chance Orf	Fort Zumwalt North	12	2:20.33

**50 yard Freestyle [Record: 20.43, Andrew Sansoucie, WT, 2012]**

**[Record: 22.17, Ian Herling, Liberty, 2018]**

SWIMMER	SCHOOL	YEAR	TIME
Ian Herling	Wentzville Liberty	12	22.17
Bryce Kaibel	Fort Zumwalt South	11	23.62
Evan Sanker	Wentzville Timberland	11	23.99
Coleman Clark	Wentzville Timberland	12	24.05

**1 meter Springboard Diving [Record: 604.20, Peter Lucido, FHN, 2015]**

**[Record: 307.05, Jacob Yazon, FZS, 2018]**

<b>DIVER</b>	<b>SCHOOL</b>	<b>YEAR</b>	<b>POINTS</b>
Jacob Yazon	Fort Zumwalt South	12	307.05
Canyon DeVille	Wentzville Timberland	09	302.25
Evan Balkenbusch	Fort Zumwalt South	09	287.20
Nathan Swinney	Fort Zumwalt North	10	254.50

**100 yard Butterfly [Record: 48.77, Andrew Sansoucie, WT, 2012]**

**[Record: 56.26, William He, FZS, 2018]**

<b>SWIMMER</b>	<b>SCHOOL</b>	<b>YEAR</b>	<b>TIME</b>
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William He	Fort Zumwalt South	11	56.26
Mason Kauffeld	Washington	10	58.70
Matthew Springer	Fort Zumwalt East	09	61.98
Nolan Dyer	Fort Zumwalt North	11	62.22

**100 yard Freestyle [Record: 47.31, Todd Kriss, FZW, 2016]**

**[Record: 48.94, Brendan Hutchison, FZE, 2018]**

SWIMMER	SCHOOL	YEAR	TIME
Brendan Hutchison	Fort Zumwalt East	11	48.94
Zach Myers	Wentzville Liberty	12	50.15
Blake Lawson	Fort Zumwalt South	12	50.76

Spencer Coates	Washington	10	54.22
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**500 yard Freestyle [Record: 4:33.89, Ryan Baker, FH, 2013]**

**[Record: 5:19.00, Christian Randall, FZE, 2018]**

SWIMMER	SCHOOL	YEAR	TIME
Christian Randall	Fort Zumwalt East	09	5:19.00
Trevor Leitz	Wentzville Timnberland	09	5:37.86
Evan Sims	Fort Zumwalt South	12	5:50.65
Michael Mischkot	Wentzville Timberland	10	5:55.65

**200 yard Freestyle Relay [Record: 1:30.16, W Holt, 2017]**

**[Record: 1:34.53, FZE, 2018]**

<b>SCHOOL</b>	<b>SWIMMERS</b>	<b>YEAR</b>	<b>TIME</b>
<b>Fort Zumwalt East</b>	Brendan Hutchison	11	1:34.53
	Christian Randall	09	
	Matthew Springer	09	
	Logan Pordhorsky	10	
Wentzville Liberty	Myers, Roberts, Herling O., Herling I		1:35.10
wentzville Timberland	Sanker, Toker, Leitz, Clark		1:39.74
Fort Zumwalt North	Behlman, Brown, Wischmann, Hickey		1:40.61

**100 yard Backstroke [Record: 52.39, Alex Crawford, FH, 2013]**



**[Record: 1:02.41, Max Jelinek, FZS, 2018]**

<b>SWIMMER</b>	<b>SCHOOL</b>	<b>YEAR</b>	<b>TIME</b>
Max Jelinek	Fort Zumwalt South	11	1:02.41
William He	Fort Zumwalt South	11	1:02.51
Coleman Clark	Wentzville Timberland	12	1:04.28
Christian Randall	Fort Zumwalt East	09	1:04.38

**100 yard Breaststroke [Record: :59.11, Trace Curvey, FZS, 2009]**

**[Record: 1:04.24, Logan Porhorsky, FZE, 2018]**

<b>SWIMMER</b>	<b>SCHOOL</b>	<b>YEAR</b>	<b>TIME</b>
Logan Podhorsky	Fort Zumwalt East	10	1:04.24

Blake Lawson	Fort Zumwalt South	12	1:05.10
Chance Orf	Fort Zumwalt North	12	1:08.90
Jake Farrar	Fort Zumwalt North	11	1:09.93

**400 yard Freestyle Relay [Record: 3:15.63, FH, 2012]**

SCHOOL	SWIMMERS	YEAR	TIME
<b>Fort Zumwalt East</b>	Brendan Hutchison	11	3:28.82
	Christian Randall	09	
	Matthew Springer	09	
	Logan Porhorsky	10	
Wentzville Liberty	Herling, Selmanovic, Roberts, Myers		3:30.74

Fort Zumwalt South	Kaibel, Wright, Jellinek, Lawson		3:34.23
Fort Zumwalt North	Hickey, Dyer, Brown, Farrar		3:46.66

## TEAM SCORES:

**Fort Zumwalt South [392]; Fort Zumwalt North [389]; Wentzville  
Timberland [333]; Fort Zumwalt East [291]; Wentzville Liberty [257];  
Washington [205]**

### All Academic

Wentzville Liberty -

Wentzville Timberland -

Fort Zumwalt South -

Fort Zumwalt North -

Fort Zumwalt East -

**Washington** - Ethan Beers, Todd Bobo, Spencer Coates, Zane Johnson, Mason Kauffeld

## **Sportsmanship**

**Wentzville Liberty** -

**Wentzville Timberland** -

**Fort Zumwalt South** -

**Fort Zumwalt North** -

**Fort Zumwalt East** -

**Washington** - Mason Kauffeld

## **2018 BOYS SOUTH SWIMMING CHAMPIONSHIP**

**200 yard Medley Relay [Record: 1:38.15, FZW, 2016]**

<b>SCHOOL</b>	<b>SWIMMERS</b>	<b>YEAR</b>	<b>TIME</b>
<b>Wentzville Holt</b>	Thomas Neveau	12	1:43.62
	Brian Faintich	11	
	Noah Scheurmann	12	
	Ben Cornett	12	
Francis Howell	Patterson, Yang, Clark, Dearing		1:44.68
Fort Zumwalt West	Graves, Serio, Sadorf, McElfresh		1:50.57
Francis Howell Central	Boehne, Pugh, Nedungadi, Ruhmann		2:02.34

**200 yard Freestyle [Record: 1:44.92, Zach Rogers, FHC, 2011]**

<b>SWIMMER</b>	<b>SCHOOL</b>	<b>YEAR</b>	<b>TIME</b>
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Thomas Neveau	Wentzville Holt	12	1:49.35
Kaden Patterson	Francis Howell	12	1:49.44
C. J. Caldwell	Fort Zumwalt West	12	1:50.70
Cole Guffey	Francis Howell	10	1:56.37

**200 yard Individual Medley [Record: 1:52.43, Adam Grimm, FZW, 2017]**

<b>SWIMMER</b>	<b>SCHOOL</b>	<b>YEAR</b>	<b>TIME</b>
Noah Scheuermann	Wentzville Holt	12	1:54.39
Braden Cearley	Fort Zumwalt West	11	2:04.41
Colin Williams	Francis Howell Central	12	2:06.59
David Yang	Francis Howell	12	2:14.61

**50 yard Freestyle [Record: 20.43, Andrew Sansoucie, WT, 2012]**

<b>SWIMMER</b>	<b>SCHOOL</b>	<b>YEAR</b>	<b>TIME</b>
Jackson Michals	Francis Howell Central	11	22.90
Kevin McElfresh	Fort Zumwalt West	11	22.93
Alex Anderson	Francis Howell Central	11	23.21
Alex Ostrem	Fort Zumwalt West	12	23.79

**1 meter Springboard Diving [Record: 604.20, Peter Lucido, FHN, 2015]**

<b>DIVER</b>	<b>SCHOOL</b>	<b>YEAR</b>	<b>POINTS</b>
Logan Schelfaut	Francis Howell North	09	582.80
Josh Smith	Francis Howell	12	556.30
Eric Busby	Fort Zumwalt West	10	524.30

Harrison Lodge	Fort Zumwalt West	12	421.80
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**100 yard Butterfly [Record: 48.77, Andrew Sansoucie, WT, 2012]**

SWIMMER	SCHOOL	YEAR	TIME
Noah Scheuermann	Wentzville Holt	12	51.03
Jacobb Dearing	Francis Howell	09	57.32
Riley Sadorf	Fort Zumwalt West	12	58.00
Jackson Michals	Francis Howell Central	11	58.66

**100 yard Freestyle [Record: 47.31, Todd Kriss, FZW, 2016]**

SWIMMER	SCHOOL	YEAR	TIME
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Kaden Patterson	Francis Howell	12	49.40
Alex Anderson	Francis Howell Central	11	49.99
Alex Ostrem	Fort Zumwalt West	12	51.27
Ben Cornett	Wentzville Holt	12	52.46

**500 yard Freestyle [Record: 4:33.89, Ryan Baker, FH, 2013]**

<b>SWIMMER</b>	<b>SCHOOL</b>	<b>YEAR</b>	<b>TIME</b>
Cole Guffey	Francis Howell	10	5:11.08
Grant Reilmann	Francis Howell	11	5:12.53
C. J. Caldwell	Fort Zumwalt West	12	5:12.72
Grant Owen	Wentzville Holt	10	5:17.03

**200 yard Freestyle Relay [Record: 1:30.16, W Holt, 2017]**

<b>SCHOOL</b>	<b>SWIMMERS</b>	<b>YEAR</b>	<b>TIME</b>
<b>Francis Howell Central</b>	Alex Anderson	11	1:32.88
	Jackson Michals	11	
	Michael Yu	12	
	Colin Williams	12	
Fort Zumwalt West	Ostrem, Cearley, McElfresh, Caldwell		1:33.12
Francis Howell	Patterson, Doan, Denny, Dearing		1:34.07
Wentzville Holt	Mack, McAllister, McCarthy, Green		1:38.29

**100 yard Backstroke [Record: 52.39, Alex Crawford, FH, 2013]**

<b>SWIMMER</b>	<b>SCHOOL</b>	<b>YEAR</b>	<b>TIME</b>
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Tommy Neveau	Wentzville Holt	12	55.18
Colin Williams	Francis Howell Central	12	55.45
Braden Cearley	Fort Zumwalt West	11	55.77
Blake Graves	Fort Zumwalt West	12	59.13

**100 yard Breaststroke [Record: :59.11, Trace Curvey, FZS, 2009]**

<b>SWIMMER</b>	<b>SCHOOL</b>	<b>YEAR</b>	<b>TIME</b>
David Yang	Francis Howell	12	1:05.59
Blake Graves	Fort Zumwalt West	12	1:08.70
Ben Pugh	Francis Howell Central	10	1:09.65
Quinton Thuet	Francis Howell	12	1:10.12

**400 yard Freestyle Relay [Record: 3:15.63, FH, 2012]**

<b>SCHOOL</b>	<b>SWIMMERS</b>	<b>YEAR</b>	<b>TIME</b>
<b>Francis Howell Central</b>	Alex Anderson	11	3:23.07
	Jackson Michals	11	
	Michael Yu	12	
	Colin Williams	12	
Wentzville Holt	Neveau, Mack, Cornett, Scheuermann		3:25.30
Fort Zumwalt West	Ostrem, McElfresh, Cearley, Caldwell		3:25.84
Francis Howell	Doan, Clark, Yang, Guffey		3:41.75

## **TEAM SCORES:**

**Francis Howell [231]; Fort Zumwalt West [477]; Wentzville Holt [374]; Francis Howell Central [374]; Francis Howell North [109]**

### **All Academic**

**Wentzville Holt** - Brian Faintich, Talon Green, Austin Mack, Tommy Neveau

**Wentzville Timberland** -

**Fort Zumwalt North** -

**Fort Zumwalt West** - Benjamin Burr, CJ Caldwell, Braden Cearley, Drew Ladevich, Nathaniel Leung, Samuel Leung, Harrison Lodge, Clayton Matray, Kevin McElfresh, Sean McElfresh, Alex Ostrem, Riley Sadorf, Joseph Serio, Lincoln Steber, Jordan Sutherland, Xander Zika

**Fort Zumwalt East** -

**Washington** -

## **Sportsmanship**

**Wentzville Holt** - Ben Cornett

**Wentzville Timberland** -

**Fort Zumwalt West** -Jordan Sutherland

**Fort Zumwalt East** -

**Washington** -

## **2018 GIRLS NORTH/CENTRAL TENNIS CHAMPIONSHIPS**

### **#1 SINGLES**

W. Liberty	def	FZ South
W. Timberland	def	FZ North

## #2 SINGLES

W. Timberland	def	FZ North
W. Liberty	def	FZ East

## #3 SINGLES

W. Timberland	def	FZ South
W. Liberty	def	FZ East

## #4 SINGLES

FZ South	def	W. Timberland
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FZ North	def	W. Liberty
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## #5 SINGLES

FZ South	def	Saint Charles
W. Timberland	def	W. Liberty

## #6 SINGLES

W. Liberty	def	FZ South
FZ North	def	W. Timberland

## #7 SINGLES



W. Liberty	def	FZ North
W. Timberland	def	FZ South

## #8 SINGLES

W. Liberty	def	W. Timberland
FZ South	def	FZ North

## #1 DOUBLES

W. Liberty	def	W. Timberland
FZ South	def	FZ North

## #2 DOUBLES

W. Timberland	def	FZ South
W. Liberty	def	FZ East

## #3 DOUBLES

FZ North	def	W. Liberty
FZ South	def	W. Timberland

## #4 DOUBLES

W. Liberty	def	W. Timberland
FZ South	def	FZ North

## #5 DOUBLES

W. Liberty	def	FZ North
W. Timberland	def	FZ South

**TEAM SCORE: WENTZVILLE LIBERTY 53.5;**

**Wentzville Timberland 47.75; Fort Zumwalt South 43.25; Fort Zumwalt North 29.5; Fort Zumwalt East 6.5; Saint Charles 0; Saint Charles West 0**

ALL ACADEMIC

**Fort Zumwalt East -**

**Saint Charles West -**

SPORTSMANSHIP

Fort Zumwalt East -

## 2018 GIRLS SOUTH TENNIS CHAMPIONSHIPS

### #1 SINGLES

Vanmabrugh - W Holt	def	Flemming-FZ West	6-1	7-5 (13-11)
Ikeda-FH Central	def	Firoved-Troy	8-0	

### #2 SINGLES

VanMatre - Francis Howell	def	Jones - FH Central	6-3	6-3
Moore - FH North	def	Leahy - FZ West	8-5	

### #3 SINGLES

Shirley - Francis Howell	def	McAllister - FZ West	6-4	6-1
Eimer - FH North	def	Hendricks - FH Central	8-6	

### #4 SINGLES

St. Jean - FZ West	def	Jambois - Francis Howell	6-6 (7-3)	4-1 forfeit
Schroeder - FH Central	def	Sneed - W Holt	8-1	

### #5 SINGLES

Hudanick - Francis Howell	def	Huang - FZ West	7-6	2-6	10-8
Smith - FH Central	def	Mejia-Troop - FH North	8-6		

## #6 SINGLES

Sverdrop - W Holt	def	Yake - FZ West	6-2	7-5
Boyd - FH Central	def	Peper - FH North	8-3	

## #7 SINGLES

Cox - FZ West	def	James - FH Central	8-6	
Olivia - Francis Howell	def	Tranor - W Holt	8-2	

## #8 SINGLES

Steger - FZ Wesy	def	Meyers - W Holt	8-4	
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Heckencamp - FH Central	def	Ladevito - FH North	8-5	
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## #1 DOUBLES

Jones/Hendricks - FH North	def	VanMatre/Zile - Francis Howell	8-3	
Vanamburgh/Verdrop - W Holt	def	Flemming/Leahy - FZ West	8-6	

## #2 DOUBLES

Shirley/Jambois - Francis Howell	def	Ikeda/Schroeder	9-7	
St. Jean/McCallister - FZ West	def	Moore/Amman - FH North	8-4	

### #3 DOUBLES

Pinzkehl/Hudanick - Fancis Howell	def	Huang/Yake - FZ West	8-6	
Merle/Boid - FH Central	def	Hopper/Mejia-Troop - FH North	9-8 (3)	

### #4 DOUBLES

Midgett/Cherukuru - Francis Howell	def	Scneider/Fetsch - FH North	8-4	
Manning/Svipromat - FZ West	def	Hall/Loepper - FH Central	8-2	

### #5 DOUBLES

Lucy/Grace - Francis Howell	def	Peasel/Rutherford - W Holt	8-6	
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Majesky/Dickherber - FH North	def	MOhman/Ball - FZ West	8-2	
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**TEAM SCORES: FRANCIS HOWELL 48.5;**

**Fort Zumwalt West 45.25; Francis Howell Central 39.5;**

**Wentzville Holt 24; Francis Howell North 21.25; Troy Buchanan 2**

### **Sportsmanship**

<b>Fort Zumwalt West</b>	Myia McAllister
<b>Wentzville Holt</b>	Kaitlyn Ortell
<b>Francis Howell Central</b>	

<b>Fort Zumwalt East</b>	
<b>Fort Zumwalt North</b>	
<b>Fort Zumwalt South</b>	
<b>Francis Howell</b>	
<b>Francis Howell North</b>	
<b>Wentzville Liberty</b>	
<b>Wentzville Timberland</b>	
<b>Troy Buchanan</b>	

## **All Academic**

**Fort Zumwalt East -**

**Fort Zumwalt North -**

**Fort Zumwalt South -**

**Fort Zumwalt West** -Sierra Ball, Rachel Cox, Meg Flemming, Christina Huang, Kayleigh Leahy, Kate Manning, Myia McAllister, Amy Mohrmann, Abigail Shockley, Alisa Sivapiromrat, Gabby St. Jean, Cassandra Steger, Addison Yake

**Francis Howell -**

**Francis Howell Central -**

**Francis Howell North -**

**Wentzville Holt** -Kiersten Dooley, Peyton Hoenig, Ashley Meyer, Kaitlyn Ortell, Brooke Peasel, Mackenzie Rutherford, Josie Sneed, Cora Sverdrup, Abigail Tranor, Amelia Truong, Sara Van Amburgh

**Wentzville Liberty -**

**Wentzville Timberland -**

**Troy Buchanan -**

**2018 North Division  
Girls Volleyball**

1st Team

<b>Player</b>	<b>School</b>
<b>Sydney Pearlman</b>	Orchard Farm
<b>Rachael Lindemann</b>	Orchard Farm
<b>Sophie Gibbs</b>	Saint Charles
<b>Gracie Ruse</b>	Saint Charles
<b>Taylor Gentemann</b>	Winfield
<b>Allison Tonioli</b>	Warrenton
<b>Baily North</b>	Saint Charles West

## 2nd Team

<b>Player</b>	<b>School</b>
<b>Katie Pieper</b>	Saint Charles
<b>Chloe Kaimann</b>	Winfield
<b>Amelia Thro</b>	Orchard Farm
<b>Maci Dixon</b>	Winfield
<b>Alyssa Evrard</b>	Warrenton
<b>Amber Glazebrook</b>	Warrenton
<b>Rachel Ward</b>	Saint Charles West

## Sportsmanship Award

**Orchard Farm** - Emily Senter

**St. Charles** - Erin Booker

**St. Charles West** - Morgan Hancock

**Warrenton** - Macey Ransom

**Winfield** - Emily Niederer

## **Academic Award**

**Orchard Farm** - Sydney Pearlman, Raegan Dunkmann, Rachael Lindeman, Sara Kleeschulte, Amelia Thro, Emily Senter, Gabrielle Prinster, Grade Frederick, Kayla Hedges, Mattie Trudo

**St. Charles** - Emily Black, Erin Booker, Olivia Hueffemeier, Maya Nieters, Katie Pieper, Gracie Ruse, Sophie Gibbs, Anna Johnston

**St. Charles West** - Annabelle Baker, Baily North, Emma Keeven, Samantha Schade, Rachel Ward, Peyton Ledbetter, C.C. Henderson, Addie Block, Morgan Hancock, Paife Whiteside

**Warrenton** - Alyssa Evrard, Miranda Nelson, Amber Glazebrook, Macey Ransom, Morgan Frye, Jazzy McCuskey, Ashley Pullen

**Winfield** - Maci Dixon, Chloe Kaimann, Clare Eggering, Taylor Gentemann, Sidney Gross, Maggie Nicholl, Emma Niederer, Terra Winters

**2018 Central Division  
Girls Volleyball**

1st Team

<b>Player</b>	<b>School</b>
<b>Mia Bonacorsi</b>	Fort Zumwalt East
<b>Emily Bloomfield</b>	Fort Zumwalt South
<b>Emily Rehagan</b>	Wentzville Timberland
<b>Melaina Fischer</b>	Wentzville Timberland
<b>Mya Young</b>	Fort Zumwalt North
<b>Kassidy Phillips</b>	Washington
<b>Josie Kleekamp</b>	Washington

## 2nd Team

<b>Player</b>	<b>School</b>
<b>Savannah Hayton</b>	Wentzville Timberland
<b>SiSi Hardge</b>	Fort Zumwalt East
<b>Chiara D'Ercoli</b>	Fort Zumwalt North
<b>Lauren Schroeder</b>	Fort Zumwalt South
<b>Kate Freitag</b>	Washington
<b>Jenna Parmentier</b>	Wentzville Liberty
<b>Taylor Bauer</b>	Washington
<b>Brooke Lemen</b>	Wentzville Timberland
<b>Carly Glendinning</b>	Wentzville Timberland



## **Sportsmanship Award**

**Fort Zumwalt East** - SiSi Hardge

**Fort Zumwalt North** - Amanda Eversgerd

**Fort Zumwalt South** - Katelyn Rable

**Washington** - Josie Kleinheider

**Wentzville Liberty** - Jess Gibson

**Wentzville Timberland** - Riley Glenndinning

## **Academic Award**

**Ft. Zumwalt East** - Maddie Rowold, Mia Bonacorsi, SiSi Hardge, Madi Davis, Haley Schnieders, Hyja Hutchinson, Madi Krueger, Kailey Blanton, Macie Farrier

**Ft. Zumwalt North** - Amanda Eversgerd, Mackenzie Janes, Jordan Gentry, Katie Grimes, Amanda Herron, Jillian Huser, Avery McGee, Valerie Overton, Gwendolyn Raziq, Julia Riley, Brooke Tonquest, Savannah Sellers, Abigsil E. Wright, Mya Young

**Ft. Zumwalt South** - Emily Broomfield, Abigail Caffaza, Cassidy Davis, Morgan Horrell, Alussa McKay, Abigail Micke, Kylie Modaff, Katelyn Rable, Lauren Schroeder, Jayden Westhues

**Washington** - Lacey Jaycox, Cierstyn Jacquin, Abby Reed, Josie Kleekamp, Jackie Oetterer, Emma Zanin, Kate Freitag, Kassidy Phillips, Josie Kleinheider, Taylor Bauer, Paige Hall

**Wentzville Liberty** - Lucia Canican, Jenna Parmentier, Sonya Timchenko, Emma Riley, Jess Gibson, Rylee Miller, Cassidy Widlowski, Sara Rowley, Elizabeth Harvey, Sofia Cooper, Rose Holben, Erica Fuhremann

**Wentzville Timberland** - Hailey Armbruster, Malaina Fischer, Carly Geldinning, Riley Glendinning, Savannah Hayton, Gabbie Keeven, Brooke Lemen, Bri Myers, Kate Peterson, Emily Rehagen

## **2018 South Division Girls Volleyball**

### 1st Team

<b>Player</b>	<b>School</b>
<b>Gail Nichols</b>	Francis Howell

<b>Anna Deutschmann</b>	Francis Howell
<b>Jessi Kreder</b>	Francis Howell Central
<b>Annalise Harry</b>	Fort Zumwalt West
<b>Alivia Tallent</b>	Wentzville Holt
<b>Hanna Goestenkers</b>	Francis Howell Central
<b>Sarah Zimmerman</b>	Francis Howell North

## 2nd Team

<b>Player</b>	<b>School</b>
<b>Isabelle DeLarue</b>	Francis Howell North
<b>Lauren Holsclaw</b>	Francis Howell
<b>Izzy Ehrich</b>	Francis Howell

<b>Elexus Pearson</b>	Francis Howell Central
<b>Maiya Wilmes</b>	Fort Zumwalt West
<b>Abby McGuire</b>	Fort Zumwalt West
<b>Kamryn Mennemeyer</b>	Troy Buchanan

## **Sportsmanship Award**

**Fort Zumwalt West** - Shannon Bock

**Francis Howell** - Elise Diesfeld

**Francis Howell Central** - Josie Prince

**Francis Howell North** - Payton Stephenson

**Troy Buchanan** - Aubrey Schramm

**Wentzville Holt** - Jenna RichterKessing

## **Academic Award**

**Fort Zumwalt West** - Shannon Bock, Bryn Boston, Carly Everding, Annalise Harry, Abby McGuire, Brooklyn Palmer, Elleyna Rudman, Maddie Smith, Maiya Wilmes

**Francis Howell** - Abbey Witter, Izzy Ehrich, Bree Zimmerman, Lily Figgins, Sophie Witter, Elise Diesfeld, Anna Deutschmann, Gail Nichols, Izzy Benson, Pav Kaur, Grace Bayer

**Francis Howell Central** - Alexis Arnel, Josette Prince, Kayla Steinmeyer, Emily Mundle, Hannah Goestenkors, Jessi Kreder, Cecelia Shelton, Maryn Weissenborn

**Francis Howell North** - Grace Roberts, Josie Santel, Kylie Schaffer, Payton Stephenson, Brandi Stover, Kira Ward, Courtney Wortman, Kaitlyn Zierenberg, Hannah Zimmerman, Sarah Zimmerman

**Troy Buchanan** - Sydney Braungardt, MacKenzie Caldwell, Aubrey Cross, Sydney Davis, Kalista Dunlap, Allison Garrett, Hanne Heidermann, Kelsey Hutson, Kamryn Mennemeyer, Olivia Mennemeyer, Emma Reuther, Aubrey Schramm

**Wentzville Holt** - Danielle Bauer, Addison Butler, Danielle Clay, Ava Fisk, Sydney Kile, Katie Lane, Emily Thomas

**WINTER CONFERENCE CHAMPIONS**

**2018-2019**

<b>SPORT</b>	<b>NORTH</b>	<b>CENTRAL</b>	<b>SOUTH</b>
<b>Boys Basketball</b>	Saint Charles/Saint Charles West	Fort Zumwalt South	Francis Howell
<b>Girls Basketball</b>	Saint Charles	Fort Zumwalt North	Francis Howell Central
<b>Boys Wrestling</b>	Saint Charles West	Washington	Wentzville Holt

<b>SPORT</b>	<b>CONFERENCE/DIVISION CHAMPION</b>
<b>Girls Swimming North-Central</b>	Wentzville Liberty
<b>Girls Swimming South</b>	Wentzville Timberland
<b>Boys Wrestling</b>	Wentzville Holt
<b>Girls Wrestling</b>	St. Charles

**Scholar Bowl**

Fort Zumwalt North

## **2018-2019 North Division Boys Basketball**

### **CONFERENCE CHAMPIONS**



<b>1st TEAM</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
	Trent Champagne	Sr.	Saint Charles West
	Devin Lindhoff	Sr.	Orchard Farm
	Cameron Teson	Sr.	Saint Charles
	Jake Tonioli	Sr.	Warrenton
	Braden Wiggs	Sr.	Saint Charles

<b>2nd TEAM</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
	Courtney Anderson	Sr.	Saint Charles
	Josh Anderson	Sr.	Saint Charles West
	Clark Henderson	Sr.	Saint Charles West
	Ian Pruitt	Sr.	Winfield
	Sam Toeges	Jr.	Warrenton

## **Sportsmanship Award**

<b>Orchard Farm</b>	Jamie Calmese Jr.
<b>Saint Charles</b>	Courtney Anderson
<b>Saint Charles West</b>	Dustin Ward



<b>Warrenton</b>	Garrison Hibbs
<b>Winfield</b>	Brendan Wilson

## **All Academic Team**

**Orchard Farm** - Jackson Arnold, Matt Bauer, Jamie Clamese Jr., Tommy Green, Clayton Schroeder, Ben Stopke, Bryan Wolf

**Saint Charles** - Sam Adams, Gavin Cannon, Ethan Ingram, J.T. Jackson, Andrew Kelch, Magnus Kloepper, Isaiah McCrarey-Patterson, Charlie Meyer, Chase Wetzler, Braden Wiggs

**Saint Charles West** - Trent Champagne, Darius DeCarolis, Clark Henderson, Clayton Higgins, Anthony Lemons, Josh Nelson, Josh Newell, Taileon Smith, Brendan Sportsman, Brayden Wampler-Foust, Dustin Ward, Lucas Whede, John Wilson

**Warrenton** - Garrison Hibbs, Brett Smith, Dylan Smith, Travis Toeppen, Jake Tonioli

**Winfield** - R. Chasen Neuman, Ian Pruitt, Chase Rankin, Charlie Rhoades, Nolan Riechers, Collin Sutton, Brendan Wilson

## **2018-2019 Central Division Boys Basketball**

## CONFERENCE CHAMPION



<b>1st TEAM</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
	E. J. Bellinger	Sr.	Fort Zumwalt South
	Blake Busateri	Sr.	Wentzville Timberland
	Jayce Catchings	Jr.	Wentzville Liberty
	J. J. Schwepker	Jr.	Fort Zumwalt South
	Devin Thurman	Sr.	Fort Zumwalt East

<b>2nd TEAM</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
	Mujtaba Alkhalidi	Jr.	Fort Zumwalt North

	Ryan Hoerstkamp	So.	Washington
	Corye Keller	Sr.	Wentzville Liberty
	Cole Martin	Sr.	Wentzville Timberland
	Jake Patton	Sr.	Fort Zumwalt South

## Sportsmanship

<b>Fort Zumwalt East</b>	Jacob York
<b>Fort Zumwalt North</b>	Sean Grimes
<b>Fort Zumwalt South</b>	Cameron Miller
<b>Washington</b>	Rett Corley
<b>Wentzville Liberty</b>	Carter McCain
<b>Wentzville Timberland</b>	Amare Johnson

## All Academic Team

**Fort Zumwalt East** - Andrew Allen, Amori Johnson, Jared Kutcha, Jacob Morris, C. J. Woodard, Jacob York

**Fort Zumwalt North** - Mujtaba Alkhalidi, Ronald Cross, Sean Grimes, Grant Rapplean

**Fort Zumwalt South** - Connor Bekebrede, E. J. Bellinger, Zachary Bensing, Donnell Boyd, Sean Britt, Judah Nunn, Jake Patton, J. J. Schwepker, Jackson Sefrit

**Washington** - Todd Bieg, Alec Brinkmann, Brigham Broadbent, Jeremiah Broadbent, Rett Corley, Zach Coulter, Jarrett Hamlett, Ryan Hoersterkamp, Jack Lackman

**Wentzville Liberty** - Jaden Betton, Jayce Catchings, Albert Edney, Chris Hauk, Tommy Hillgartner, Kaden Jacobi, Carter McCain, Gabe McCrary

**Wentzville Timberland** - lake Busateri, Luke Busateri, Jonathan Davison, Brett Hiatt, Jackson Lamb, Blake Lyerla, Ethan Markovich, Cole Martin, Peyton Mecker

## **2018-2019 South Division Boys Basketball**

**CONFERENCE CHAMPION**



<b>1st TEAM</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
	Kaleb Anderson	Sr.	Francis Howell Central
	Kaileb Bryant	Sr.	Fort Zumwalt West
	Daylon Dalton	Sr.	Francis Howell
	Jim King	Sr.	Troy Buchanan
	Matt Schark	Sr.	Francis Howell

<b>2nd TEAM</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
	Jaylon Ashford	Jr.	Wentzville Holt
	Tyrek Coleman	Sr.	Francis Howell Central
	Myles Estrada	So.	Francis Howell Central

	Tyson Ludwig	Jr.	Troy Buchanan
	Patrick Schulte	Sr.	Francis Howell
	Matthew Simmons	Sr.	Francis Howell

## **Sportsmanship**

<b>Fort Zumwalt West</b>	Jack Strassner
<b>Francis Howell</b>	Ryan Olwig
<b>Francis Howell Central</b>	Jordan Hayden
<b>Francis Howell North</b>	Tyler Haynes
<b>Troy Buchanan</b>	Kendall Hutchison
<b>Wentzville Holt</b>	Jacob Ryan

## **All Academic Team**

**Fort Zumwalt West** - Kaileb Bryant, Brendan Douglas, Luke Hampton, Kody Klingensmith, Britton Robertson, Kaden Solverud

**Francis Howell** - Drew Lohmar, Sam Maddox, Ryan Olwig, Matt Schark, Patrick Schulte, Matthew Simmons, Jack Wilhelm, Justin Williams

**Francis Howell Central** - Spencer Allen, Kade Cissell, Austin Crudup, Cameron Dent, Myles Estrada, Jordan Hayden, Adam Lewis, Logan Scott

**Francis Howell North** - Joshua Daugherty, Sterling Jones, Ben Oster

**Troy Buchanan** - Jacob Bruns, Brendan Deters, Kendall Hutchison, Corey Juergensmeyer, Jim King, John Rasco, Adam Sachs, Griffin St. Pierre, Benjamin Wegrzyn

**Wentzville Holt** - Connor Dalton, Landon Engelage, Jacob (J.T.) Goldstein, Aaron Henrich, Sam Rowan, Jacob Ryan, Scott Thomas

## 2018-2019 North Division Girls Basketball

1st TEAM	Name	Year	School
	Emma Booker	Sr.	Saint Charles
	Jamie Hopkins	Sr.	Orchard Farm

	Mia Nicaastro	Fr.	Saint Charles West
	Brooke Schneider	Sr.	Saint Charles
	Brooke Smith	Jr.	Warrenton

<b>2nd TEAM</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
	Brielle Dorsey	Fr.	Orchard Farm
	Chloe Kaimann	So.	Winfield
	J. J. Summefrfield	Fr.	Saint Charles
	Allison Tonioli	Sr.	Warrenton
	Brooke Wilson	Sr.	Saint Charles West

## **Sportsmanship**



<b>Orchard Farm</b>	Maddy Frappier
<b>Saint Charles</b>	Emma Booker
<b>Saint Charles West</b>	Sarah Pokorny
<b>Warrenton</b>	Kassidy Haller
<b>Winfield</b>	Josie Bauer

## **All Academic Team**

**Orchard Farm** - Bailey Boyer, Vanessa Braune, Lily Dahl, Gabrielle Doza, Alexandra Felder, Madelynn Frappier, Kayla Hedges, Jamie Hopkins, Alexandra Runion, Haleigh Schroer, Kylie Williams

**Saint Charles** - Abby Booker, Emma Booker, Erin Booker, Ally Gibson, Bre Hollowell, Sophia Marion, Brooke Schneider, Maggie Skeen, Ashantee Starks, J. J. Summerfield

**Saint Charles West** - Addie Block, Michayla Chowning, Alyssa Coffey, Harmony Hudson, Lily Jackson, Mya Lacour, Jordan Lewis, Mia Nicastro, Sarah Porkorny, Sophia Prost, Kaitlyn Weinrich, Brooke Wilson

**Warrenton** - Lexi Frederick, Allie Gerard, Kassidy Haller, Garneisha Love, Joni Marschel, Miranda Nelson, Malea Payne, Dana Pruitt

**Winfield** - Josie Bauer, Tatum Bradshaw, Brea Burkemper, Kylee Howard, Chloe Kaimann, Madison Kerkemeyer, Hannah McCurdy, Audrey Wehde, Grace Williams, Olivia Zellmer

## 2018-2019 Central Division Girls Basketball

<b>1st TEAM</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
	Liz Behan	Jr.	Fort Zumwalt East
	Jordyn Grimes	Jr.	Fort Zumwalt North
	Sofia Popp	Sr.	Fort Zumwalt South
	Dajah Robinson	Sr.	Fort Zumwalt North
	Jaden Stahl	Jr.	Fort Zumwalt North

<b>2nd TEAM</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
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	Tierra Daniels	Jr.	Fort Zumwalt South
	Yasmine Edmondson	Fr.	Fort Zumwalt East
	Jaelyn Head	So.	Fort Zumwalt East
	Cierstyn Jacquin	Jr.	Washington
	Alivia Lamb	Sr.	Wentzville Timberland
	Mia Van Pamel	Jr.	Wentzville Liberty
	Madalyn Smith	Sr.	Fort Zumwalt South

## Sportsmanship

<b>Fort Zumwalt East</b>	Macie Farrier
<b>Fort Zumwalt North</b>	Katie Grimes
<b>Fort Zumwalt South</b>	Katie Light
<b>Washington</b>	Nakya Kriebaum
<b>Wentzville Liberty</b>	Mar'Shay Riggins

**Wentzville Timberland**

Megan Auringer

## **All Academic Team**

**Fort Zumwalt East** - Elizabeth Behan, Riley Carmichael, Yazy Edmondson, Macie Farrier, Kelsey Fennewald, Jaelyn Head, Quierra Johnston, Lauren Stern, Maiya Woebling, Emilee Wright

**Fort Zumwalt North** - Grace Bauer, Alyssa Buckley, Jordyn Grimes, Katie Grimes, Claudia Hoff, Makayla Meiser, Jerrica Moody, Dajah Robinson

**Fort Zumwalt South** - Anna Atherton, Alann Crumley, Tierra Daniels, Macy Hughes, Katie Light, Ally Mahoney, Sofia Popp, Madalyn Smith

**Washington** - Ingrid Figas, Sara Heggemann, Joie Heien, Jessica Huxol, Cierstyn Jacquin, Grace Landwehr, Paige Robinson, Avery Street, Sammi Wong

**Wentzville Liberty** - Zainub Ahmed, Lelanie Giljum, Sara Gordley, Megan Kruse, Lamonya Lathon, Kylee Orf, Mia Van Pamel, Toni Patterson, Katie Swanson, Grace Watson

**Wentzville Timberland** - Megan Auringer, Amaya Honore, Claudia Labruyere, Alivia lamb, Grace Lutgen, Ashley Reiter, Megan Reiter, Amanda Rose, Molly Spangler

## **2018-2019 South Division Girls Basketball**

<b>1st TEAM</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
	Yani Curry	Sr.	Francis Howell Central
	MaKenna DeClue	So.	Troy Buchanan
	Isabelle Delarue	So.	Francis Howell North
	Lauren Ebert	Sr.	Francis Howell Central
	Taylor Russell	Sr.	Francis Howell

<b>2nd TEAM</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
	Jalayah Green	So.	Wentzville Holt
	Azaria Hulbert	Jr.	Francis Howell Central
	Kamryn Mennemeyer	Sr.	Troy Buchanan
	Brooklyn Palmer	Jr.	Fort Zumwalt West

	Jane Thompson	Sr.	Francis Howell
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## Sportsmanship

<b>Fort Zumwalt West</b>	Maddie Wieseman
<b>Francis Howell</b>	Izzy Daab
<b>Francis Howell Central</b>	Gracie Stugart
<b>Francis Howell North</b>	Paytin Stephenson
<b>Troy Buchanan</b>	Rianna Wenzel
<b>Wentzville Holt</b>	Mackenzie Rutherford

## All Academic Team

**Fort Zumwalt West** - Cheing Hai Christen, Julia Crenshaw, Brooklyn Palmer, Katie Pauk, Lillie Pickett, Janae Taylor, Hannah Towers, Maddie Weydert, Anya White, Madeline Weiseman

**Francis Howell** - Libby Brewster, Braydan Brown, Izzy Daab, Molly Fitzgerald, Micah Huwe, Olivia Lashley, Lilli Machado, Amanda Matthewson, Sydney Russell, Taylor Russell, Jane Thompson, Gracie Wilkenson

**Francis Howell Central** - Chloe Boyd, Yani Curry, Sophie Delaney, Lauren Ebert, Azaria Hulbert, Mackenzie Jones, Aria Lynch, Lindsey Mason, Trinniti Matthews, Jocelyn Morelli, Gracie Stugart, Gabbi Thomason, Sofia Tweedie

**Francis Howell North** - Becca Brisette, Gabby Delarue, Isabelle Delarue, Cate Hahn, Emma Oetting, Patty O'Leary, Mackenzie Pugh, Payton Stephenson, Corrine Stevens, Maddie Stock, Jay'la Teasley, Jenna Thompson, Hannah Wilson

**Wentzville Holt** - Claudia Adam, Gia Bargaineer, Samantha Cooley, Kiersten Dooley, Ashley Meyer, Marissa Peek, Mya Robinson, Mackenzie Rutherford, Abigail Tranor

## 2018-19 GIRLS SWIMMING NORTH-CENTRAL CHAMPIONS

[**RED**=GAC record, **BLUE**=GAC North Central record]

**200 yard Medley Relay [GAC Record: 1:50.25, Francis Howell, 2018]**

**200 yard Medley Relay [GAC N-C Record: 1:59.82, Wentzville Liberty, 2017]**

<b>1st</b>	Caroline Myers	Wentzville Liberty	1:58.38
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	Hallie Anderson		
	Anna Decker		
	Marjori Russo		
<b>2nd</b>	Gwen Raziq	Fort Zumwalt North	1:58.56
	Sydney Kelsey		
	Jordan Brown		
	Averi Meade		
<b>3rd</b>	Emma Keen	Fort Zumwalt East	2:04.48
	Rachel Springer		
	Emma Gulovsen		
	Ashley Turpin		



**200 yard Freestyle [GAC Record: 1:53.41, Taylor Wohrley, Wentzville Timberland, 2009]**

**200 yard Freestyle [GAC N-C Record: 2:04.17, Gwen Raziq, Fort Zumwalt North, 2019]**

<b>1st</b>	Gwen Raziq	Fort Zumwalt North	2:04.17
<b>2nd</b>	Aubrie Moreland	Washington	2:05.15
<b>3rd</b>	Caroline Myers	Wentzville Liberty	2:07.79

**200 yard Individual Medley [GAC Record: 2:03.88, Haley Spencer, Ft. Zumwalt West, 2007]**

**200 yard Individual Medley [GAC N-C Record: 2:13.35, Autumn Looney, St. Charles, 2016]**

<b>1st</b>	Sydney Kelsey	Fort Zumwalt North	2:26.46
<b>2nd</b>	Quiny Ung	Fort Zumwalt South	2:30.55
<b>3rd</b>	Tori Krahl	Saint Charles West	2:34.02

**50 yard Freestyle [GAC Record: 23.71, Courtney Harris, Fort Zumwalt West, 2019]**

**50 yard Freestyle [GAC N-C Record: 23.74, Autumn Looney, Saint Charles, 2019]**

<b>1st</b>	Autumn Looney	Saint Charles	23.74
<b>2nd</b>	Marjori Russo	Wentzville Liberty	25.85
<b>3rd</b>	Averi Meade	Fort Zumwalt North	26.40

**1 meter Springboard Diving [GAC Record: 540.20, Sarah Bathe, Saint Charles, 2017]**

**1 meter Springboard Diving [GAC N-C Record: 540.20, Sarah Bathe, Saint Charles, 2017]**

<b>1st</b>	Maddie Watters	Fort Zumwalt North	414.10
<b>2nd</b>	Nadia Wuest	Fort Zumwalt North	376.85
<b>3rd</b>	Ava Duran	Fort Zumwalt South	375.50

**100 yard Butterfly [GAC Record: 55.08, Autumn Looney, Saint Charles, 2018]**

**100 yard Butterfly [GAC N-C Record: 55.08, Autumn Looney, Saint Charles, 2018]**

<b>1st</b>	Autumn Looney	Saint Charles	55.26
<b>2nd</b>	Emma Gulovsen	Fort Zumwalt East	1:03.22
<b>3rd</b>	Tori Krahl	Saint Charles West	1:07.58

**100 yard Freestyle [GAC Record: 51.56, Autumn Looney, Saint Charles, 2018]**

**100 yard Freestyle [GAC N-C Record: 51.56, Autumn Looney, SCHS, 2018]**

<b>1st</b>	Gwen Raziq	Fort Zumwalt North	55.31
<b>2nd</b>	Averi Meade	Fort Zumwalt North	58.16
<b>3rd</b>	McKenzie Dohm	Washington	59.57

**500 yard Freestyle [GAC Record: 5:09.57, Michelle Tipton, Ft. Zumwalt West, 2011]**

**500 yard Freestyle [GAC N-C Record: 5:28.00, Emma Gulvosen, Fort Zumwalt East, 2018]**

<b>1st</b>	Emma Gulvosen	Fort Zumwalt East	5:35.37
<b>2nd</b>	Aubrie Moreland	Washington	5:45.09
<b>3rd</b>	Emily Goode	Fort Zumwalt South	5:55.78

**200 yard Freestyle Relay [GAC Record: 1:40.76, Francis Howell, 2016]**

**200 yard Freestyle Relay [GAC N-C Record: 1:46.64, Wentzville Liberty, 2019]**

<b>1st</b>	Hallie Anderson	Wentzville Liberty	1:46.64
	Aubrey McCain		
	Evan Worobec		
	Marjori Russo		

<b>2nd</b>	Lily McEwen	Saint Charles	1:58.03
	Mary Kimbrough		
	Olivia Hellms		
	Autumn Looney		
<b>3rd</b>	Lauren Schwartz	Fort Zumwalt North	2:00.70
	Mya Walls		
	Jillian Walls		
	Trinity Smallwood		

**100 yard Backstroke [GAC Record: 57.72, Taylor Wohrley, Wentzville Timberland, 2006]**

**100 yard Backstroke [GAC N-C Record: 1:03.03, Hannah Doss, St. Charles, 2018]**

<b>1st</b>	Caroline Myers	Wentzville Liberty	1:03.19
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<b>2nd</b>	Ashley Turpin	Fort Zumwalt East	1:07.51
<b>3rd</b>	Anna Decker	Wentzville Liberty	1:07.52

**100 yard Breaststroke [GAC Record: 1:02.52, Haley Spencer, Ft. Zumwalt West, 2009]**

**100 yard Breaststroke [GAC N-C Record: 1:12.65, Michaela Russ, Ft. Zumwalt North, 2017]**

<b>1st</b>	Sydney Kelsey	Fort Zumwalt North	1:13.26
<b>2nd</b>	Aubrey McCain	Wentzville Liberty	1:16.74
<b>3rd</b>	Hallie Anderson	Wentzville Liberty	1:16.80

**400 yard Freestyle Relay [GAC Record: 3:37.17, Francis Howell, 2017]**

**400 yard Freestyle Relay [GAC N-C Record: 3:55.30, Fort Zumwalt North, 2019]**

<b>1st</b>	Gwen Raziq	Fort Zumwalt North	3:55.30
	Jordan Brown		
	Averi Meade		
	Sydney Kelsey		
<b>2nd</b>	Caroline Myers	Wentzville Liberty	3:56.72
	Livi Guffey		
	Anna Decker		
	Marjori Russo		
<b>3rd</b>	Emma Gulovsen	Fort Zumwalt East	4:00.11
	Ashley Turpin		
	Emma Keen		
	Rachel Springer		

**TEAM SCORES: *Wentzville Liberty* [440]**

**Fort Zumwalt North 396; Fort Zumwalt South 323; Fort Zumwalt East 304; Washington 230; St. Charles 150; St. Charles West 145**

***Sportsmanship Team***

**Washington - McKenzie Dohm**

**Wentzville Liberty-**

**Fort Zumwalt South -**

**Fort Zumwalt North -**

**Fort Zumwalt East -**

**Saint Charles -**

**Saint Charles West - Sam Emas**



## **All-Academic Team**

**Ft. Zumwalt South -**

**Ft. Zumwalt East -**

**St. Charles -**

**St. Charles West** - Hannah Alexander, Jane Arbuthnot, Lauren Biles, Taylor Emrick, Jacqueline Gurley, Tori Krahl, Lea Mitchell, Samantha Morgan, Alyssa Pavlacic, Perla Rojas, Christina Severs, Nur Yusrin

**Ft. Zumwalt North -**

**Washington** - McKenzie Dohm, Mikala Brune, Clairese Kluba, Jenna Loepker, Abby Loesing, Caroline Miller, Aubrie Moreland, Kylee Perriman, Elizabeth Sander, Zoe Sykes, Madeline Tchiblakian, Grace Trentmann, Brooklin Voss

## **2018-19 GIRLS SWIMMING SOUTH CHAMPIONS**

[**RED**=GAC Record, **BLUE**-GAC South record]

**200 yard Medley Relay [GAC Record: 1:50.25, Francis Howell, 2018]**

**200 yard Medley Relay [GAC Record: 1:50.25, Francis Howell, 2018]**

<b>1st</b>	Emily Martin	Fort Zumwalt West	1:52.29
	Allison Heaney		
	Charlotte Reichensperger		
	Courtney Harris		
<b>2nd</b>	Paige Schultz	Francis Howell	2:01.63
	Caitlin Mattingly		
	Abby Ekstrom		
	Sammi Allen		
<b>3rd</b>	Sydney Nitsch	Wentzville Timberland	2:03.91
	Sophie Dattilo		
	Madelyn Craft		
	Courtney Ledbetter		

**200 yard Freestyle [GAC Record: 1:53.41, Taylor Wohrley, Wentzville Timberland, 2009]**

**200 yard Freestyle [GAC SOUTH Record: 1:53.41, Taylor Wohrley, Wentzville Timberland, 2009]**

<b>1st</b>	Paige Schultz	Francis Howell	2:05.73
<b>2nd</b>	Elsie Gerstenecker	Wentzville Timberland	2:00.20
<b>3rd</b>	Lexi Eckman	Fort Zumwalt West	2:08.40

**200 yard Individual Medley [GAC Record: 2:03.88, Haley Spencer, Ft. Zumwalt West, 2007]**

**200 yard Individual Medley [GAC SOUTH Record: 2:03.88, Haley Spencer, Ft. Zumwalt West, 2007]**

<b>1st</b>	Rebekah Lipski	Wentzville Timberland	2:17.18
<b>2nd</b>	Allison Heaney	Fort Zumwalt West	2:17.52

<b>3rd</b>	Charlotte Reichensperger	Fort Zumwalt West	2:21.45
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**50 yard Freestyle [GAC Record: 23.71, Courtney Harris, Fort Zumwalt West, 2019]**

**50 yard Freestyle [GAC SOUTH Record: 23.71, Courtney Harris, Fort Zumwalt West, 2019]**

<b>1st</b>	Courtney Harris	Fort Zumwalt West	23.71
<b>2nd</b>	Courtney Ledbetter	Wentzville Timberland	26.25
<b>3rd</b>	Sammi Allen	Francis Howell	26.58

**1 meter Springboard Diving [GAC Record: 540.20, Sarah Bathe, Saint Charles, 2017]**

**1 meter Springboard Diving [GAC SOUTH Record: 539.20, Marissa Green, Ft. Zumwalt West, 2014]**

<b>1st</b>	Abigale Wolf	Francis Howell Central	460.95
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<b>2nd</b>	Gracyn Pietrusinski	Wentzville Holt	415.45
<b>3rd</b>	Kamryn Bell	Francis Howell North	357.40

**100 yard Butterfly [GAC Record: 55.08, Autumn Looney, Saint Charles, 2018]**

**100 yard Butterfly [GAC SOUTH Record: 56.53, Courtney Coe, Ft. Zumwalt West, 2013]**

<b>1st</b>	Charlotte Reichesperger	Fort Zumwalt West	1:02.38
<b>2nd</b>	Abby Ekstrom	Francis Howell	1:03.35
<b>3rd</b>	Madelyn Craft	Wentzville Timberland	1:05.77

**100 yard Freestyle [GAC Record: 51.56, Autumn Looney, Saint Charles, 2018]**

**100 yard Freestyle [GAC SOUTH Record: 51.60, Courtney Harris, Fort Zumwalt West, 2019]**

<b>1st</b>	Courtney Harris	Fort Zumwalt West	51.60
<b>2nd</b>	Hannah Kuhlmann	Wentzville Timberland	55.97
<b>3rd</b>	Courtney Ledbetter	Wentzville Timberland	57.69

**500 yard Freestyle [GAC Record: 5:09.57, Michelle Tipton, Ft. Zumwalt West, 2011]**

**500 yard Freestyle [GAC SOUTH Record: 5:09.57, Michelle Tipton, Ft. Zumwalt West, 2011]**

<b>1st</b>	Rebekah Lipski	Wentzville Timberland	5:30.05
<b>2nd</b>	Emily Martin	Fort Zumwalt West	5:35.18
<b>3rd</b>	Emily Leipold	Wentzville Timberland	5:54.02

**200 yard Freestyle Relay [GAC Record: 1:40.76, Francis Howell, 2016]**

**200 yard Freestyle Relay [GAC SOUTH Record: 1:40.76, Francis Howell, 2016]**

<b>1st</b>	Hannah Kuhlmann	Wentzville Timberland	1:44.32
	Elise Gerstenecker		
	Rebekah Lipski		
	Courtney Ledbetter		
<b>2nd</b>	Sammi Allen	Francis Howell	1:50.23
	Ava Jansen		
	Caitlin Mattingly		
	Olivia Eissfeldt		
<b>3rd</b>	Melanie Lyons	Fort Zumwalt West	1:51.38
	Lexi Eckman		
	Maggie Nelson		
	Emily Coe		

**100 yard Backstroke [GAC Record: 57.72, Taylor Wohrley, Wentzville Timberland, 2006]**

**100 yard Backstroke [GAC SOUTH Record: 57.72, Taylor Wohrley, Wentzville Timberland, 2006]**

<b>1st</b>	Hannah Kuhlmann	Wentzville Timberland	1:02.95
<b>2nd</b>	Sammi Allen	Francis Howell	1:03.94
<b>3rd</b>	Maggie Nelson	Fort Zumwalt West	1:04.07

**100 yard Breaststroke [ GAC Record: 1:02.52, Haley Spencer, Ft. Zumwalt West, 2009]**

**100 yard Breaststroke [GAC SOUTH Record: 1:02.52, Haley Spencer, Ft. Zumwalt West, 2009]**

<b>1st</b>	Emily Martin	Fort Zumwalt West	1:10.60
<b>2nd</b>	Allison Heaney	Fort Zumwalt West	1:11.36



<b>3rd</b>	Madison Baker	Wentzville Timberland	1:18.17
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**400 yard Freestyle Relay [GAC Record: 3:37.17, Francis Howell, 2017]**

**400 yard Freestyle Relay [GAC SOUTH Record: 3:37.17, Francis Howell, 2017]**

<b>1st</b>	Charlotte Reichensperger	Fort Zumwalt West	3:44.33
	Allison Heaney		
	Emily Martin		
	Courtney Harris		
<b>2nd</b>	Elise Gerstenecker	Wentzville Timberland	3:53.20
	Nyah Misener		
	Rebekah Lipski		
	Hannah Kuhlmann		

<b>3rd</b>	Paige Schultz	Francis Howell	4:08.30
	Mary Todd		
	Olivia Eissfeldt		
	Abby Ekstrom		

**TEAM SCORES: *Wentzville Timberland* 476**

**Fort Zumwalt West 455; Francis Howell 403; Wentzville Holt 259;  
Francis Howell North 182; Francis Howell Central 124**

***Sportsmanship Team***

**Francis Howell North -**

**Wentzville Timberland -**

**Francis Howell Central -**

**Ft. Zumwalt West -**

**Wentzville Holt -** Sophia Dattilo

**Francis Howell -**

## **All-Academic Team**

**Ft. Zumwalt West -**

**Francis Howell -**

**Francis Howell North -**

**Francis Howell Central -**

**Wentzville Holt -** Emily Barron, Zoe Beattie, Sophia Dattilo, Grace Howery, Mackenzie McAllister, Gracyn Pietrusinski, Hannah Reeb, Makenna Seghers

**Wentzville Timberland -**

## 2018-19 Wrestling Champions

from the combined tournament, all divisions!

Six places medal.

106

Mason Apple [Francis Howell North]	pinned	Joseph Beck [Ft. Zumwalt East]	5:43
Bryce Edison [Warrenton]	pinned	Michael Roberts [Francis Howell]	0:35
Morgan Oser [St. Charles West]	pinned	Clayton Smith [Ft. Zumwalt South]	0:31

113

Eric Lovelace Francis Howell]	pinned	Hayden Ferrell [Wentzville Holt]	3:59
Mitchell Huber [Ft. Zumwalt West]	decisioned	Braden Stark [Ft. Zumwalt East]	6-2

Tate Hendricks [Wshington]	pinned	Kaelen Raible [Ft. Zumwalt South]	1:39
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## 120

Josh Kyle [Francis Howell]	major decisioned	Brandon Khoury [Wentzville Timberland]	8-0
Caleb Walden [Ft. Zumwalt North]	pinned	Lucas Oxler [Ft. Zumwalt West]	4:39
Evan Hey [St. Charles West]	pinned	Zachary Godar [Ft. Zumwalt South]	3:09

## 126

Carter Smith [Wentzville Holt]	decisioned	Teddy Hickey [Ft. Zumwalt North]	4-1
Benjamin Lindley [Ft. Zumwalt South]	decisioned	Dana Cates [Washington]	4-3
Shakboz Hasanov [Ft. Zumwalt East]	tech fall	Jacob Matschiner [Troy Buchanan]	5:23

## 132

Logan Prinster [Ft. Zumwalt North]	decisioned	Nicholas Hoven [Ft. Zumwalt South]	9-2
Brandon Jones [Wentzville Liberty]	decisioned	Evan Wassson [Wentzville Timberland]	6-1
Nathan Muser [Francis Howell]	decisioned	Bryce Alberty [Francis Howell Central]	6-3

## 138

Andrew Godier [Francis Howell Central]	major decisioned	Nathan Undertajlo [Wentzville Holt]	12-1
Wyatt Haynes [Wentzville Liberty]	decisioned	Xavian Jackson [St. Charles]	8-6
Ben Wright [Francis Howell]	decisioned	Tommy Kelpo [Washington]	5-4

## 145

Christian Zeik [Wentzville Liberty]	pinned	Kaden Hart [Francis Howell Central]	3:07
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Joshua Simmons [Francis Howell North]	decisioned	Joel Hagemeyer [Wentzville Holt]	9-6
Hayden Trezek [Francis Howell]	pinned	Louis Obermark [Washington]	3:00

## 152

Corey Wait [Francis Howell Central]	decisioned	Derick Buda-Smith [Ft. Zumwalt North]	10-8
Brennan Wilson [Wentzville Holt]	decisioned	Trentin Helton [Wentzville Liberty]	7-6
Nicholas Genovese [Ft. Zumwalt South]	pinned	Johnny Duncan [Washington]	3:09

## 160

Jerrett Villinger [Warrenton]	decisioned	Clark Rogers [Winfield]	7-3
Dillon Lauer [Francis Howell North]	decisioned	Jonny Paneitz [Wentzville Timberland]	7-4

Devin Walters [Wentzville Holt]	pinned	Alex Meyer [St. Charles West]	1:15
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## 170

Austin Smith [Francis Howell Central]	pinned	Chris Griesenauer [Washington]	4:43
Trevor Hatchel [St. Charles West]	pinned	T. J. Condren [Francis Howell North]	2:25
Justin Steffeny [Wentzville Timberland]	double default	Austin Reeves [Ft. Zumwalt West]	DFP

## 182

Jaxtin Steffeny [Wentzville Liberty]	decisioned	Tristan Hatchel [St. Charles West]	6-2
Jack Carico [Washington]	decisioned	Isaiah Edmonds [Ft. Zumwalt South]	12-7
Andrew Bergfeld [Troy Buchanan]	decisioned	Alex Stein [Ft. Zumwalt West]	4-3



## 195

Colton Hawks [Wentzville Holt]	pinned	Jon Hepburn [Troy Buchanan]	1:44
Alex Drmac [Ft. Zumwalt South]	pinned	Nick Matyiko [Ft. Zumwalt West]	3:18
Stone Corder [Orchard Farm]	decisioned	Cole Litteken [Francis Howell]	15-9

## 220

Justin Mowry [St. Charles]	decisioned	Cole Mueller [Wentzville Holt]	5-3
Evan Bragee [Ft. Zumwalt South]	pinned	Ulysess Ross [Ft. ZUmwalt West]	0:52
Collin Nichols [Troy Buchanan]	decisioned	Brady Weir [Warrenton]	8-2

## 285

Ryan Skillington [Francis Howell]	decisioned	Cody Imbierowicz [St. Charles]	6-3
Jacob Adams [Ft. Zumwalt South]	pinned	Nathan Reese [Ft. Zumwalt West]	4:26
Chase McCoy [Wentzville Timberland]	pinned	Aaron Okello [Francis Howell North]	0:38

TEAM SCORES:

WENTZVILLE HOLT [170]

**FT. ZUMWALT SOUTH [156]; FRANCIS HOWELL [144]; FRANCIS HOWELL CENTRAL [118.5]; WENTZVILLE TIMBERLAND [107]; FT. ZUMWALT NORTH [103.5]; WASHINGTON [102]; FT. ZUMWALT WEST [95.5]; FRANCIS HOWELL NORTH [89]; WENTZVILLE LIBERTY [77.5]; ST. CHARLES WEST [73.5]; ST. CHARLES [70]; WARRENTON [60.5]; FT. ZUMWALT EAST [59.5]; TROY BUCHANAN [53]; WINFIELD [26]; ORCHARD FARM [9]**

**THE FOLLOWING AWARDS ARE PRESENTED AT THE END OF THE SEASON:**

# **Sportsmanship Award**

**Fort Zumwalt East**

**Fort Zumwalt North**

**Fort Zumwalt South**

**Fort Zumwalt West**

**Francis Howell**

**Francis Howell Central**

**Francis Howell North**

**Saint Charles**

**Saint Charles West**

**Troy Buchanan**

**Warrenton**

**Washington**

**Wentzville Holt**

**Wentzville Timberland**

**Winfield**

**Orchard Farm**

Ian Besselman

Andrew Bergfeld

Johnny Duncan

Matt Rivolta

## **All-Academic Team**

**Francis Howell -**

**Wentzville Timberland -**

**Fort Zumwalt West -**

**Fort Zumwalt North -**

**Fort Zumwalt South -**

**Troy Buchanan** - Jonathan Hepburn, Seth A Littrell, Jacob Matschiner, Timothy Meyer, Trent Wortmann

**Washington** - Tate Hendricks, Ben Griffen, Brendin Voss, Brady Morgan, Tim Boehlein, Louis Obermark, Caleb Hlavaty, Colin Soete, Collin Muller, Jose Avitia, Josh Morehouse, Cory Hardesty, Sam Rost, Ryan Gratzner, Isaiah DeVore

**Francis Howell Central -**

**Wentzville Holt** - Austin Bone, Joel Hagemeyer, Cole Mueller

**Saint Charles West** - Morgan Oser, Josh Ferrell, Evan Parker, Cole Gramling, Trent Busby , Ian Besselman

**Winfield -**

**2018-2019 SEASON**

**Listed below are the All Conference wrestlers as selected by a vote of the coaches in the North, the Central and the South Divisions. In addition, the wrestler of the year and coach of the year are listed.**

North First Team

<b>Weight Class</b>	<b>Name</b>	<b>School</b>
106	Bryce Edison	Warrenton
113	Payton Irvin	Saint Charles
120	Ben Bohr	Saint Charles
126	Austin Gross	Winfield
132	Ronald Watson	Saint Charles West
138	Xavian Jackson	Saint Charles

145	James Lovell	Saint Charles West
152	Derrick Scruggs	Saint Charles West
160	Jerrett Villinger	Warrenton
170	Trevor Hatchel	Saint Charles West
182	Tristan Hatchel	Saint Charles West
195	Michael Smith	Saint Charles
220	Justin Mowry	Saint Charles
285	Cody Imbierowicz	Saint Charles

### North Second Team

<b>Weight Class</b>	<b>Name</b>	<b>School</b>
106	Morgan Oser	Saint Charles West
113	Josh Ferrell	Saint Charles West

120	Evan Parker	Saint Charles West
126	Tommy Truong	Saint Charles
132	Ian Wright	Warrenton
138	Trent Busby	Saint Charles West
145	Cole Stephens	Orchard Farm
152	Brent Wielms	Warrenton
160	Clark Rogers	Winfield
170	Andrew Jones	Warrenton
182	Trey Ward	Saint Charles
195	Stone Corder	Orchard Farm
220	Brady Weir	Warrenton
285	Aiden Hynes	Orchard Farm

**GAC North – “Wrestler of the Year” – Clark Rogers of Winfield**

**GAC North – “Coach of the Year” – Rocky Vercher of Saint Charles West**

**GAC North Conference Champion - Saint Charles West**

Central First Team

<b>Weight Class</b>	<b>Name</b>	<b>School</b>
106	Joseph Beck	Fort Zumwalt East
113	Kaelen Raible	Fort Zumwalt South
120	Brandon Khoury	Wentzville Timberland
126	Ted Hickey	Fort Zumwalt North
132	Brandon Jones	Wentzville Liberty
138	Caleb Conedera	Wentzville Timberland
145	Christian Zeik	Wentzville Liberty
152	Derick Buda-Smith	Fort Zumwalt North



160	Jonny Paneitz	Wentzville Timberland
170	Chris Griesenauer	Washington
182	Jack Carico	Washington
195	Alex Drmac	Fort Zumwalt South
220	Evan Bragee	Fort Zumwalt South
285	Chase McCoy	Wentzville Timberland

### Central Second Team

<b>Weight Class</b>	<b>Name</b>	<b>School</b>
106	Dalton Kuhn	Wentzville Timberland
113	Tate Hendricks	Washington
120	Caleb Walden	Fort Zumwalt North
126	Ben Lindley	Fort Zumwalt South

132	Nick Hoven	Fort Zumwalt South
138	Wyatt Haynes	Wentzville Liberty
145	Louis Obermark	Washington
152	Trentin Helton	Wentzville Liberty
160	Evan Clausner	Fort Zumwalt North
170	Justin Steffeny	Wentzville Timberland
182	Jaxtin Steffeny	Wentzville Timberland
195	Ryan Medley	Fort Zumwalt North
220	Ben Adelsberger	Wentzville Liberty
285	Jacob Adams	Fort Zumwalt South

**GAC Central – “Wrestler of the Year” – Caleb Conedera of Wentzville Timberland**

**GAC Central – “Coach of the Year” - Todd Sanker of Fort Zumwalt South**

## GAC Central Conference Champion - Washington

### South First Team

<b>Weight Class</b>	<b>Name</b>	<b>School</b>
106	Tyler Bierman	Wentzville Holt
113	Eric Lovelace	Francis Howell
120	Josh Kyle	Francis Howell
126	Carter Smith	Wentzville Holt
132	Andrew Godier	Francis Howell Central
138	Kaden Hart	Francis Howell Central

145	Will Chambers	Wentzville Holt
152	Corey Wait	Francis Howell Central
160	Jonathan Floyd	Francis Howell Central
170	Austin Smith	Francis Howell Central
182	Colton Hawks	Wentzville Holt
195	Jon Hepburn	Troy Buchanan
220	Cole Mueller	Wentzville Holt
285	Ryan Skillington	Francis Howell

## South Second Team

<b>Weight Class</b>	<b>Name</b>	<b>School</b>
106	Mason Apple	Francis Howell North
113	Hayden Ferrell	Wentzville Holt

120	Lucas Oxler	Fort Zumwalt West
126	Jacob Matschiner	Troy Buchanan
132	Nathan Undertajlo	Wentzville Holt
138	Joel Hagemeir	Francis Howell North
145	Josh Simmons	Francis Howell North
152	Devin Walters	Wentzville Holt
160	Dillon Lauer	Francis Howell North
170	Austin Reeves	Fort Zumwalt West
182	Thadeus Meneses	Francis Howell North
195	Cole Litteken	Francis Howell
220	Ulysses Ross	Fort Zumwalt West
285	Nathan reese	Fort Zumwalt West

**GAC South – “Wrestler of the Year” – Ryan Skillington of Francis Howell**

**GAC South – “Coach of the Year” – Kevin Stroh of Francis Howell**

**GAC South Conference Champion - Wentzville Holt**

**GAC Female Wrestler of the Year - Autumn Flanigan of Troy Buchanan**

2018-19 GAC GIRLS WRESTLING CHAMPIONSHIP

**103**

Reese Compton [Wentzville Holt]	decisioned	Kameron Sullivan [Francis Howell]	4-0
Brea Davis [Troy Buchanan]		no fourth contestant	

## 110

Mia Reed [Washington]	pinned	Camryn Head [St. Charles]	1:44
Sydney Balducci [Wentzville Holt]	decisioned	Beta Vondera [Francis Howell]	5-2

## 116

Autumn Flanigan [Troy Buchanan]	pinned	Caitlyn Thorne [St. Charles]	1:40
Sophia Tran [Francis Howell Central]	pinned	Allison Meyer [Washington]	0:20

## 121

Vivian Madrid [Ft. Zumwalt West]	pinned	Kenna Poeling [Wentzville Holt]	1:48
Olivia Huntsicker [Francis Howell]	pinned	Kiernan Sutton [St. Charles]	0:39

## 126

Kaitlyn Clutter [St. Charles]	decisioned	Emily Eberwine [Francis Howell]	9-2
Erin Fleming [Francis Howell North]	pinned	Grace Hawks [Wentzville Holt]	2:56

## 131

Zoe Santa Cruz [Ft. Zumwalt North]	decisioned	Kayla McGennis [Wentzville Timberland]	11-7
Olivia Schiffer [St. Charles]	pinned	Theresa Pecoraro [Ft. Zumwalt West]	4:28

## 136

Esther Han [Wentzville Holt]	pinned	Cassidy Head [St. Charles]	4:53
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Kiere Gonzales [Ft. Zumwalt West]	decisioned	Amanda Medina [Ft. Zumwalt North]	4-1
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### 143

Kennedy Cox [Ft. Zumwalt North]	decisioned	Halaina O'Bryant [Washington]	5-4
Maegan Hayes [St. Charles]	pinned	Sierra Hayes [Francis Howell]	0:53

### 152

Kierstan Noonan [Ft. Zumwalt West]	decisioned	Danielle Lindsey [Francis Howell]	6-4
Remi Taylor [Winfield]	pinned	Monica Thies [Warrenton]	3:30

### 167

Brittney Zenteno [Ft. Zumwalt East]	pinned	Rachel Rodawold [Ft. Zumwalt North]	3:15
Courtney McEwen [Washington]	pinned	Anastasia Denzmore [Wentzville Holt]	0:48

## 187

Alyssa Miller [Francis Howell]	pinned	Hannah Bain [St. Charles]	0:15
Lilian Bader [Orchard Farm]	pinned	Janna Stevenson [Wentzville Liberty]	0:28

## 235

Kymbrietta Turner [Francis Howell]	pinned	Kylie Kuenzel [Washington]	0:34
no other contestants in this class			

TEAM SCORES:

**SAINT CHARLES 119**

**FRANCIS HOWELL [96]; FORT ZUMWALT NORTH [74]; FORT ZUMWALT WEST [74]; WENTZVILLE HOLT [73.5]; WASHINGTON [69]; TROY BUCHANAN [25]; FORT ZUMWALT EAST [22]; FRANCIS HOWELL CENTRAL [16]; ORCHARD FARM [16]; WENTZVILLE TIMBERLAND [16]; WINFIELD [13]; FRANCIS HOWELL NORTH [12]; WENTZVILLE LIBERTY [8]; WARRENTON [7]; FORT ZUMWALT SOUTH [0]**

ALL ACADEMIC AWARDS

**Washington - Mia Reed, Allison Meyer, McKenna Deckelman, Kylee Perriman, Elizabeth Brown**

**Wentzville Holt - Anastasia Denzmore, Esther Han, Kenna Poeling, Karsen Salonies, Megan Stutsman**

SPORTSMANSHIP AWARD

**Washington - McKenna Deckelman**

**Wentzville Holt - Megan Stutsman**

Listed below are the All Conference wrestlers as selected by a vote of the coaches

<b>WEIGHT CLASS</b>	<b>FIRST PLACE</b>	<b>SECOND PLACE</b>
<b>103</b>	<b>Reese Compton - Wentzville Holt</b>	<b>Kameron Sullivan - Francis Howell</b>
<b>110</b>	<b>Mia Reed - Washington</b>	<b>Camryn Head - Saint Charles</b>
<b>116</b>	<b>Autumn Flanigan - Troy Buchanan</b>	<b>Caitlyn Thorne - Saint Charles</b>
<b>121</b>	<b>Vivian Madrid - Fort Zumwalt West</b>	<b>Kenna Poeling - Wentzville Holt</b>
<b>126</b>	<b>Kaitlyn Clutter - Saint Charles</b>	<b>Emily Eberwine - Francis Howell</b>
<b>131</b>	<b>Zoe Santa Cruz - Fort Zumwalt North</b>	<b>Kayla McGennis - Wentzville Timberland</b>
<b>136</b>	<b>Esther Han - Wentzville Holt</b>	<b>Cassidy Head - Saint Charles</b>
<b>143</b>	<b>Kennedy Cox - Fort Zumwalt North</b>	<b>Halaina O'Bryant - Washington</b>
<b>152</b>	<b>Kiersten Noonan - Fort Zumwalt West</b>	<b>Danielle Lindsey - Francis Howell</b>
<b>167</b>	<b>Brittney Zenteno - Fort Zumwalt East</b>	<b>Rachel Rodawold - Fort Zumwalt North</b>
<b>187</b>	<b>Alyssa Miller - Francis Howell</b>	<b>Hannah Bain - Saint Charles</b>
<b>235</b>	<b>Kymbrietta Turner - Francis Howell</b>	<b>Kylie Kuenzel - Washington</b>

**WRESTLER OF THE YEAR - AUTUMN FLANIGAN OF TROY BUCHANAN**

SCHOLAR BOWL 2019

**The Championships were held on March 9, 2019**

**GATEWAY ATHELTIC CONFERENCE CHAMPION :**

FORT ZUMWALT NORTH

ALL CONFERENCE SELECTIONS:

<b>1ST TEAM</b>	<b>NAME</b>	<b>SCHOOL</b>
	CALEB FICK	FORT ZUMWALT NORTH
	SAVANNAH CARMICHAEL	ORCHARD FARM
	MICHAEL SPENCER	FRANCIS HOWELL

	LORRAINE LINSON	FORT ZUMWALT NORTH
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2ND TEAM	NAME	SCHOOL
	JAMES COLLIER	WASHINGTON
	HEATH BANA	WENTZVILLE HOLT
	AUDREY BUSH	WASHINGTON
	COLIN ST. AUBIN	FRANCIS HOWELL NORTH

**2019 SPRING CONFERENCE CHAMPIONS**

	<b>NORTH</b>	<b>CENTRAL</b>	<b>SOUTH</b>
<b>Girls Soccer</b>	Saint Charles West	Wentzville Timberland	Fort Zumwalt West
<b>Baseball</b>	Warrenton	w Timberland/W Liberty	FZ West/Troy Buchanan
<b>Girls Track</b>	Saint Charles	Wentzville Timberland	Fort Zumwalt West
<b>Boys Track</b>	Saint Charles West	Fort Zumwalt East	Fort Zumwalt West
<b>Boys Golf</b>	Warrenton	Fort Zumwalt South	Fort Zumwalt West

## **2019 SRING TWO DIVISION CHAMPIONS**

	<b>NORTH CENTRAL</b>	<b>SOUTH</b>
<b>Boys Tennis</b>	Wentzville Liberty-Wentzville Timberland	Francis Howell North

## 2019 SRING COMBINED CHAMPIONS

**Boys Volleyball**

**Francis Howell North**

## 2019 North Baseball All Conference

Pitcher

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st TEAM</b>	Connor Wehmeier	Orchard Farm	Junior
	Clark Henderson	Saint Charles West	Senior
<b>2nd TEAM</b>	Gunner Sewell	Orchard Farm	Junior



	Lucas Whede	Saint Charles West	Junior
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### Catcher

	Player	School	Year
<b>1st TEAM</b>	Peter Keil	Orchard Farm	Senior
<b>2nd TEAM</b>	Kodey Kaimann	Winfield	Senior

### Utility Player

	Player	School	Year
<b>1st TEAM</b>	Ray Rico	Saint Charles West	Sophomore
<b>2nd TEAM</b>	Blake Herrell	Saint CharlesWest	Junior

## Designated Hitter

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st TEAM</b>	Collin Sutton	Winfield	Senior
<b>2nd TEAM</b>	Jack Roderick	Saint Charles	Junior

## Infielders

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st TEAM</b>	Matt Lewis	Orchard Farm	Senior
	Garrison Hibbs	Warrenton	Senior
	Nathan Shepard	Warrenton	Junior
	Ian Pruitt	Winfield	Senior
	Jack Rhodes	Saint Charles West	Junior

<b>2nd TEAM</b>	Jack Quattlebaum	Saint Charles	Junior
	Hunter Sherman	Warrenton	Sophomore
	Gavin Cannon	Saint Charles	Senior
	Cody Thorne	Saint Charles	Senior
	Nate McGee	Warrenton	Junior

### Outfielders

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st TEAM</b>	Tommy Green	Orchard Farm	Senior
	Xavior Noble	Warrenton	Junior
	Sam Myers	Saint Charles	Sophomore
	Nick Schreiber	Saint Charles West	Senior

<b>2nd TEAM</b>	Cody Herzog	Warrenton	Senior
	Blake Weber	Orchard Farm	Senior
	Hunter Suess	Saint Charles West	Sophomore
	Lane Weber	Winfield	Senior

**Player of The Year: Garrison Hibbs, Senior, Warrenton**

**Coach of the Year: Phil Kendall of Orchard Farm**

### **ALL ACADEMIC**

**Orchard Farm** – Tommy Green, Peter Keil, Tristan Laning, Zac Noble, Gunner Sewell, Connor Wehmeier

**Saint Charles** – Johnny Alsup, Gavin Cannon, Jacob Dalton, Ethan Ermeling, Spencer Foss, Sean McRaven, Charles Meyer, Sam Myers, Jack Quattlebaum, Zach Schnare, Ronald Shoup, Nathan Sneller, Cody Thorne, Nick thorne, Dustin Witterholt

**Saint Charles West** – Justin Clark, Blake Herrell, Jack Rhodes, Nick Schreiber, Hunter Suess, Grant Middendorf, Lucas Wehde, Dominic Kemlage, Cole Gramling, Josh Newell, Ray Rico, Dylan Patterson, Darius DeCarolis

**Warrenton** – Garrison Hibbs, Nathan Shepard, Jack Bunge

**Winfield** – Brandon Hazer, Kodey Kaimann, Michael Kinne, Land Moody, Jacob Nelson, Grant Nickels, Joshua Politte, Ian Pruitt, Chase Rankin, Jacob Rolfes, Elliot Stetson, Owen Stroud, Collin Sutton, Lane Weber, Jason Young

## **SPORTSMANSHIP**

**Orchard Farm** – Peter Keil

**Saint Charles** – Johnny Alsup

**Saint Charles West** – Blake Herrell

**Warrenton** – Jack Bunge

**Winfield** - Lane Moody

## 2019 Central Baseball All Conference

### Pitcher

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st TEAM</b>	Chase Hoeber	Wentzville Liberty	Senior
	Braden Burcham	Wentzville Timberland	Senior
	Zach Robinson	Fort Zumwalt South	Senior
<b>2nd TEAM</b>	Carter McCain	Wentzville Liberty	Senior
	Blake Lawson	Fort Zumwalt South	Senior

### Catcher

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st TEAM</b>	Logan Reidelberger	Fort Zumwalt South	Sophomore
<b>2nd TEAM</b>	Luke Paulus	Wentzville Liberty	Senior

### Utility Player

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st TEAM</b>	Tyler Bastunas	Wentzville Timberland	Senior
<b>2nd TEAM</b>	Joe hackmann	Washington	?

### Designated Hitter

	<b>Player</b>	<b>School</b>	<b>Year</b>
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<b>1st TEAM</b>	Dain Wilson	Fort Zumwalt South	Junior
<b>2nd TEAM</b>	Joe McLaughlin	Wentzville Liberty	Senior

### Infielders

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st TEAM</b>	Dylan Berhorst	Wentzville Timberland	Senior
	Ryan Frazier	Fort Zumwalt North	Senior
	Tyler Ferguson	Fort Zumwalt East	Senior
	Grant Stephens	Fort Zumwalt South	Senior
	Chase Mitchell	Wentzville Liberty	Senior
<b>2nd TEAM</b>	Jimmy Schaeffer	Fort Zumwalt North	Senior
	Jake Ardrey	Wentzville Liberty	Senior



	Jacob Steele	Fort Zumwalt South	Sophomore
	Nick Kaufmann	Fort Zumwalt East	Senior
	Riley Stephens	Fort Zumwalt South	Senior

## Outfielders

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st TEAM</b>	Noah Mueller	Fort Zumwalt North	Senior
	Chase Kregman	Wentzville Liberty	Senior
	Austin Niskas	Wentzville Timberland	Junior
	Derick Reno	Fort Zumwalt East	Senior
<b>2nd TEAM</b>	Brady Voss	Wentzville Liberty	Senior
	Justin Dietiker	Wentzville Timberland	Senior

	Jared Kuchta	Fort Zumwalt East	Junior
	R. J. Keen	Fort Zumwalt South	Senior

**Co-Players of the Year: Tyler Bastunas, Senior, Wentzville  
Timberland &**

**Chase Kregman, Senior, Wentzville Liberty**

**Co-Coaches of the Year: Jason Theodorakos of Wentzville Timberland  
& Nick Clements of Wentzville Liberty**

**All-Academic**

**Fort Zumwalt East – Peyton Weiner, Derick Reno, Carson Schultz, Nick Kaufmann, Blake Davis**

**Fort Zumwalt North** – Evan Clausner, James Dickherber, Ryan Frazier, Daniel Gardiner, Josh Hoff, John Mayton, Nolan McLaughlin, Noah Mueller, James Schaeffer

**Fort Zumwalt South** – Andrew Castelli, Jacob Markert, Jacob Steele, Zachary Judson, Blake Lawson, Dylan Elkins, Dain Wilson, Carsen Wieringa, Carter Kessler

**Washington** – Joe Hackman, Rett Corley, Jack Lackman, Levi Weber, Kade Uetz, Zac Coulter, Logan Roewe, Trevor Rinne, Cameron Weaver, Luke Kroeter, Jacob Bauche

**Wentzville Timberland** – ?

**Wentzville Liberty** - Brady Voss, Jake Audrey, Chris Hauk, Victor Quinn, Gabe Scalise, Carter McCain, Mitchell Eckardt, Joe McLaughlin, Chase Krogman, Jake Garland, Konner Hutchings, Mason Rice, C. J. Nickel, Luke Palus, Chase Mitchell, Evan White

## **Sportsmanship**

**Fort Zumwalt East** – Zach Fendler

**Fort Zumwalt North** – Daniel Gardiner

**Fort Zumwalt South** – Carsen Wieringa

**Washington** – Kade Uetz

**Wentzville Timberland** – Zak Ballard

**Wentzville Liberty** - Gabe Scalise

## 2019 South Baseball All Conference

### Pitcher

	Player	School	Year
<b>1st TEAM</b>	Nick Gales	Troy Buchanan	Senior
	Kenny Bond	Fort Zumwalt West	Senior
<b>2nd TEAM</b>	Daniel Fick	Francis Howell	Senior
	Tyler Kotis	Fort Zumwalt West	Junior

### Catcher

	Player	School	Year
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<b>1st TEAM</b>	Cole Christman	Fort Zumwalt West	Senior
<b>2nd TEAM</b>	Tyler McLaughlin	Francis Howell North	Junior

### Utility Player

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st TEAM</b>	Will Doherty	Francis Howell	Sophomore
<b>2nd TEAM</b>	Kannon Cissell	Francis Howell Central	Sophomore

### Designated Hitter

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st TEAM</b>	Sammy Bennett	Troy Buchanan	Senior

<b>2nd TEAM</b>	Ryne Mapes	Wentzville Holt	Sophomore
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### Infielders

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st TEAM</b>	Matt Schark	Francis Howell	Junior
	Matt James	Francis Howell	Sophomore
	Drew Mize	Fort Zumwalt West	Senior
	Bailey Ford	Troy Buchanan	Senior
	Britton Robertson	Fort Zumwalt West	Junior
<b>2nd TEAM</b>	Brady Stephan	Fort Zumwalt West	Junior
	Bryce Ruiz	Francis Howell North	Junior
	Carson Subbert	Francis Howell	Sophomore

	Carter Clark	Fort Zumwalt West	Junior
	Allen Butterfield	Francis Howell Central	Junior

## Outfielders

	Player	School	Year
<b>1st TEAM</b>	Brenden Cooper	Francis Howell Central	Senior
	Dalton Grantham	Francis Howell	Senior
	Logan Oliver	Francis Howell Central	Senior
	Connor Howe	Fort Zumwalt West	Senior
<b>2nd TEAM</b>	Dane Stuckey	Troy Buchanan	Senior
	Logan Scott	Francis Howell Central	Junior
	Adam Lewis	Francis Howell Central	Senior

	Alex Stein	Fort Zumwalt West	Senior
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**Player of The Year: Brendan Cooper, Senior, Francis Howell Central**

**Coach of the Year: Andrew Elmendorf of Troy Buchanan**

### **All-Academic**

**Fort Zumwalt West** – Hunter Bruno, Cole Christman, Jack Hauser, Connore Howe, Tyler Kotsis, Jackson Lessman, Drew Mize, Noah Postol, Lucas Randazzo, Britton Robertson, Alex Stein, Brady Stephan, Carson Whiteside, Mason Whiteside

**Francis Howell** – Chris Dansberry, Antwoine Patton, Chris Myers, Dalto Grantham, Mario Colombo, Nick Maurer, Brett Brazill, Evan Howse, Matt James, Carson Subbert, Sam Maddox, Matt Schark, Jacob Mosher, Daniel Fick, Gus Hetzel, Jackson Hetzel



**Francis Howell Central** – Adam Lewis, Ben Hiles, Bruce Bixler, Elon Jones, Breden Cooper, Tyler Cann, Allen Butterfield, Logan Scott, Logan Oliver, Kannon Cissell, Austin Wright, Sam Feltz, Blake Painter, Blake Van Beers, Jackson Lunders

**Francis Howell North** – Jackson Donato, Ethan Faltisek, Chase Holder, Tanner Luktisch, Tyler McLaughlin, Logan Minter, Jackson Mitchell, Justin Rhomberg, Brayden Riggs, Jake Senaldi

**Wentzville Holt** – Chase Beattie, Joe Brickey, Derrick Coy, Nicholas Gettemeier, Joel Hagemeyer, Jack Hunke, Logan Katen, Zach Lopez, Ryne Mapes, Stetson Marion, Kenan Payne, Dylan Pleasant, Andrew Sutton

**Troy Buchanan** – Samuel Bennett, Brady Dolde, Bailey Ford, Alexander Foust, Nicholas Gales, Corey Juergensmeyer, Dallas King, Garrett Laughlin, William Otte, John Rasco, Brandon Smith, Dane Stuckey, Jeffrey Swafford, Jacob Wiedermann

## **Sportsmanship**

**Fort Zumwalt West** – Derek White

**Francis Howell** – Antwoine Patton

**Francis Howell Central** – Ben Hiles

**Francis Howell North** – Jake Senaldi

**Wentzville Holt** – Drew Sutton

**Troy Buchanan** – Bailey Ford

NORTH DIVISION

1st TEAM All Conference

**Travis Toebben Jr) of Warrenton**

**Josh Hooper (Sr) of Saint Charles**

**Ben Bohr (Sr) of Saint Charles**

**Kole Hammerburg (Jr) of Warrenton**

**Will Gould (So) of Saint Charles**

2nd TEAM All Conference

**Brendan Day (Jr) of Warrenton**

**Devin Lindhoff (Sr) of Orchard Farm**

**Mitch Smith of Saint Charles West**

**Brett Hash of Saint Charles West**

**Ben Scheve of Saint Charles West**

**PLAYER OF THE YEAR:**

**TRAVIS TOEBBEN OF WARRENTON**

**GAC NORTH FINAL STANDINGS**

[Tournament Score] {Team points}

**Warrenton [318] {82}**

**Saint Charles [322] {75}**

**Saint Charles West [358] {60.5}**

**Orchard Farm [407] {32.5}**

**Winfield [507] {10}**

## **SPORTSMANSHIP**

### **All-Academic Team**

#### CENTRAL DIVISION

#### **1st TEAM All Conference**

**Hyatt Hines (Sr) of Wentzville Liberty**

**Hunter Niles (So) of Wentzville Timberland**

**Kyle Saake (Sr) of Fort Zumwalt North**

**Nick Hoven (Jr) of Fort Zumwalt South**

**Sam Watson (Sr) of Fort Zumwalt South**

**2nd TEAM All Conference**

**Sam Schreiner (Jr) of Wentzville Liberty**

**Joey Friedel (Fr) of Fort Zumwalt South**

**Ro Razi (Fr) of Wentzville Liberty**

**Brennan Strubberg (Sr) of Washington**

**Nate Rapplean (So) of Fort Zumwalt North**

**Kenny Hennessey (Sr) of Fort Zumwalt South - Honorable Mention**

**Nick Porkorney (Jr) of Wentzville Timberland - Honorable Mention**

**PLAYER OF THE YEAR:**

Hyatt Hines (Sr) of Wentzville Liberty

## GAC CENTRAL FINAL STANDINGS

[Tournament Score] {Team points}

**Fort Zumwalt South [319] {99.5}**

**Wentzville Liberty [318] {94.5}**

**Wentzville Timberland [328] {83.5}**

**Fort Zumwalt North [369] {49.5}**

**Fort Zumwalt East [413] {24.5}**

**Washington [451 ] {23.5}**

## **SPORTSMANSHIP**

Wentzville Holt -

## **All-Academic Team**

Wentzville Holt -

-  
SOUTH DIVISION

**1st TEAM All Conference**

**Braden Hoisington (So) of Fort Zumwalt West**

**Blake Heimbürger (Jr) of Wentzville Holt**

**Max Sigman (Fr) of Fort Zumwalt West**

**Griffin St. Pierre (So) of Troy Buchanan**

**Chase Colbert (So) of Troy Buchanan**

**2nd TEAM All Conference**

**Sam Emrick (Fr) of Francis Howell Central**

**Michael Fischer (Jr) of Fort Zumwalt West**

**Cole Prager (Sr) of Francis Howell**

**Marcus Falcomata (Sr) of Francis Howell Central**

**Blake Derleth (Sr) of Francis Howell**

**Joey Key (Fr) of Francis Howell North - Honorable Mention**

**Joel Bacot (Sr) of Fort Zumwalt West - Honorable Mention**

**PLAYER OF THE YEAR:**

Braden Hoisington (So) of Fort Zumwalt West

**GAC SOUTH FINAL STANDINGS**

[Tournament Score] {Team points}

**Fort Zumwalt West [316] {110}**

**Francis Howell [326] {90}**

**Troy Buchanan [341] {72.5}**

**Francis Howell Central [363] {42}**



**Wentzville Holt [367] {24.5}**

**Francis Howell North [352 ] {36}**

## **ACADEMIC**

**Fort Zumwalt West** - Joel Bacot, Colton Caldwell, Brendan Cauley, Braden Hoisington, Alex Ostrem, Chase Rasmussen, Max Sigman

**Troy Buchanan:** Chase Joseph Colbert, Brendan William Deters, Henrik Eilert Reiss, Adam Matthew Sachs, Griffin Lee St. Pierre

**Washington -**

**Fort Zumwalt South -**

**Wentzville Holt** - Kaden France, Blake Heimburger, Trent Matheney, Bryce McQuerrey, Sam Moore

## **SPORTSMANSHIP :**

**Fort Zumwalt West:** Chase Rasmussen

**Troy Buchanan** - Henrik Reiss

**Washington -**

**Wentzville Holt** - Bryce McQuerrey

2019 North Women Soccer Division

Forwards

	<b>Player</b>	<b>Year</b>	<b>School</b>
<b>1st TEAM</b>	Meaghan Papin	Junior	Saint Charles West
	Abbie Giblair	Senior	Saint Charles West
	Maggie Skeen	Senior	Saint Charles
	Bella Roberts	Freshman	Warrenton
<b>2nd TEAM</b>	Emma Long	Freshman	Orchard Farm
	Grace Fortuna	Sophomore	Orchard Farm

	Kayla Van Booven	Senior	Saint Charles West
	Maddie Lombardo	Sophomore	Warrenton

## Midfielders

	<b>Player</b>	<b>Year</b>	<b>School</b>
<b>1st TEAM</b>	Emma Booker	Senior	Saint Charles
	Brooke Schneider	Senior	Saint Charles
	Kayla Hedges	Junior	Orchard Farm
<b>2nd TEAM</b>	Kiley Finnegan	Freshman	Saint Charles
	Lily Dahl	Junior	Orchard Farm
	Lexi Frederick	Junior	Warrenton

## Defenders

	<b>Player</b>	<b>Year</b>	<b>School</b>
<b>1st TEAM</b>	Courtney Schreiber	Senior	Saint Charles West
	Alyssa Pavlacic	Senior	Saint Charles West
	Vanessa Braune	Junior	Orchard Farm
<b>2nd TEAM</b>	Cassidy Head	Freshman	Saint Charles
	Olivia Lewis	Freshman	Saint Charles
	Sally Werth	Freshman	Saint Charles
	Emily Senter	Sophomore	Orchard Farm

## Keeper

	<b>Player</b>	<b>Year</b>	<b>School</b>
<b>1st TEAM</b>	Courtney Bayer	Junior	Warrenton
<b>2nd TEAM</b>	Savannah Giblair	Senior	Saint Charles West

## **PLAYER OF THE YEAR NORTH DIVISION:**

**Kaitlyn Weinrich - Saint Charles West, Junior, Midfielder**

## All Academic Team

**Orchard Farm:** Sophie Bittner, Vanessa Braune, Cathryn Brown, Lily Dahl, Allie Disser, Grace Fortuna, Maddie Frappier, Kayla Hedges, Nicollette Kolenc, Tessa Madden, Madelyn Murphy, Lauren Poggemoeller, Carson Prosser, Emily Senter, Grace Taylor, Jacyn Tricamo, Gracie Wuelling

**St. Charles:** Olivia Black, Emma Booker, Kiley Finnegan, Cassidy Head, Clairra Herweck, Breanna Hollowell, Olivia Lewis, Sophia Marion, Alyssa Schreiber, Maggie Skeen, Sally Werth, Brianna Wright

**St. Charles West:** Lindsay English, Abbie Giblair, Savannah Giblair, Madeline Hornbeck, Emma Keeven, Bailee Kohenskey, Meagan Papin, Alyssa Pavlacic, Bessie Polimeropolous, Courtney Schreiber, Chrissy Severs, Mackenzie Smelser, Kayla Van Booven, Kaitlyn Weinrich

**Warrenton:** Yzabel Alvarez, Destiney Barrow, Courtney Bayer, Samantha Evans, Lexi Frederick, Andrea Gentry, Hannah Green, Abby Hammerberg, Kate Kilpatrick, Cara Klaustermeier, Emma Lange, Madilynn Lombardo, Tiffany Meine, Isabella Roberts, Naomi Rodriguez, Josie Schipper, Haley Starks, Faith Wenzel, Grace Wenzel

**Winfield:** Alicia Gregson, Hailey Barth, Jordan Baumgardner, Karlee Boschert, Brooklyn Brown, Emma Burkemper, Maci Dixon, Ashley Heintzelman, Makayla Johnson, Rachel Karsch, Madison Kerkemeyer, Isabella Lang, Kyra Lerschen, Aubrianan Loyd, Daphne Marsten, Rebecca Marsten, Destiny McClintock, Samantha Nesslage, Sydney Piotrowicz, Joie Rudar, Elizabeth Scott, Terra Winters

## Sportsmanship

**Madeline Frappier (Orchard Farm)**

**Sally Werth (St. Charles)**

**Morgan Ward (St. Charles West)**

**Naomi Rodriguez (Warrenton)**

**Terra Winters (Winfield)**

## 2019 Central Women Soccer Division

### Forwards

	<b>Player</b>	<b>Year</b>	<b>School</b>
<b>1st TEAM</b>	Ava Tankersley	Junior	Fort Zumwalt South
	Kat van Booven	Junior	Wentzville Timberland
	Belle Govero	Senior	Fort Zumwalt North
<b>2nd TEAM</b>	Sydney Baker	Senior	Wentzville Timberland
	Kylie Cushing	Senior	Fort Zumwalt South

### Midfielders

	<b>Player</b>	<b>Year</b>	<b>School</b>
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<b>1st TEAM</b>	Sophia Cross	Sophomore	Fort Zumwalt South
	Mia Corrigan	Senior	Wentzville Timberland
	Kayley Judy	Sophomore	Fort Zumwalt North
	Beth Roberts	Senior	Wentzville Liberty
<b>2nd TEAM</b>	Jessie Donnelly	Sophomore	Washington
	Genevieve Johnson	Junior	Wentzville Liberty
	Sarah Becsziko	Junior	Washington
	Jocelyn Layton	Junior	Fort Zumwalt East
	Katie Spotanski	Junior	Fort Zumwalt South
	Jena Monehan	Senior	Washington



## Defenders

	<b>Player</b>	<b>Year</b>	<b>School</b>
<b>1st TEAM</b>	Hannah Warnecke	Senior	Fort Zumwalt South
	Amaya Honore	Junior	Wentzville Timberland
	Taylor Bauer	Senior	Washington
<b>2nd TEAM</b>	Paige Eikel	Junior	Wentzville Liberty
	Emily Piel	Sophomore	Fort Zumwalt North
	Abby Cozzoni	Senior	Wentzville Timberland
	Maddy Baum	Sophomore	Fort Zumwalt South

## Keeper

	<b>Player</b>	<b>Year</b>	<b>School</b>
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**1st TEAM**

Abby Tucker

Senior

Wentzville Timberland

## **PLAYER OF THE YEAR CENTRAL DIVISION:**

**Chloe Netzel - Wentzville Timberland, Sophomore, Forward**

### All Academic Team

**Ft. Zumwalt East:** Rachel Anderson, Bella Breitbach, Emma Carr, Paige Carter, Meghan Cummings, Adie Denton, Taylor Karr, Meghan Quinones, Jocelyn Layton, Molly Linck, Brooke Mayberry, Julia Mincer, Maddie Mrazik, Jamie Theusch, Madi Wedekin, Maggie Weller, Grace Wukitsch

**Fort Zumwalt North:** Mackenzie Boyle, Isabella Govero, Mallory Hamai, Reagan Hamai, Ashley Head, Claudia Hoff, Kayley Judy, Makayla Meiser, Chloe Overkamp, Taylor Paschke, Hannah Pearl, Emily Piel, Grace Rodgers, Hannah Shylanski, Giovanna Starman, Chloe Tyburczy

**Fort Zumwalt South:** Claire Andersen, Madison Baum, Emily Bloomfield, Camilla Brew, Sophia Cross, Kylie Cushing, Sophia Downar, Grace Faherty, MacKenzie Gan, Abigail Hacker, Dani Hudson, Hannah Lehnhoff, Maya Piotraschke, Leigha Riley, Paige Schwartz, Ashlyn Smith, Katie Spotanski, Emily Vandiver, Hannah Warnecke, Jayden Westhues

**Washington:** Abbey Baldwin, Taylor Bauer, Sarah Becsziko, Jenna Donnelly, Jessie Donnelly, Joie Heien, Cierstyn Jacquin, Sophia Kramer, Grace Landwehr, Mia Lanemann, Rebekah Lewis, Gwen Lottmann, Haley Oetterer, Ariel Pettis, Avery Street, Molly Tinkey, Caitlyn Vodnansky, Emma Vodnansky

**Wentzville Timberland :** Morgan Aitken, Sydney Baker, Alexis Coffman, Kiley Colburn, Mia Corrigan, Abby Cozzoni, Alyssa Cozzoni, Amaya Honore, Emma Lawrence, Maddie Lawton, Sam Marty, Maddie McClard, Alexis Mecker, Karley Quinn, Ashley Reiter, McKayla Sanders, Abby Tucker, Emma Tucker, Kat van Booven

**Wentzville Liberty:** Peyton Carroll, Anna Decker, Jennifer Deters, Paige Eikel, Kate Fulhorst, Melanie Giljum, Sara Gordley, Genevieve Johnson, Mackenzie Lively, Jenna McVey, Emma Meuser, Chloe Netzel, Dessa Outman, Tess Roberts, Claire Royer, Kathryn Swanson, Kendall Weber

Sportsmanship

**Taylor Karr (Fort Zumwalt East)**

**Claudia Hoff (Fort Zumwalt North)**

**MacKenzie Ganf (Fort Zumwalt South)**

**Haley Oettererl (Washington)**

**Emma Tucker (Wentzville Timberland)**

**Peyton Carroll (Wentzville Liberty)**

2019 South Women Soccer Division

## Forwards

	<b>Player</b>	<b>Year</b>	<b>School</b>
<b>1st TEAM</b>	Sydney Balducci	Senior	Wentzville Holt
<b>2nd TEAM</b>	Olivia Burton	Junior	Francis Howell
	Ashlyne Hunt	Junior	Fort Zumwalt West

## Midfielders

	<b>Player</b>	<b>Year</b>	<b>School</b>
<b>1st TEAM</b>	Abbie Miller	Senior	Francis Howell North
	Natalie Jackson	Senior	Francis Howell
	Mackenzie Jones	Junior	Francis Howell Central

<b>2nd TEAM</b>	Julia Kristensen	Sophomore	Francis Howell North
	Jenna Mathis	Senior	Francis Howell Central
	Jay Viola	Junior	Francis Howell Central
	Katie Hilke	Sophomore	Fort Zumwalt West
	Jewel Morelan	Senior	Wentzville Holt
	Lexi Porchia	Senior	Francis Howell
	Bryanna Rutherford	Sophomore	Francis Howell North

## Defenders

	<b>Player</b>	<b>Year</b>	<b>School</b>
<b>1st TEAM</b>	Karen Pete	Senior	Francis Howell North
	Mariah Johnson	Senior	Francis Howell Central

	Ashlyn Nichols	Sophomore	Fort Zumwalt West
	Maddie Crawford	Senior	Fort Zumwalt West
	Madison Zurmuehlen	Junior	Wentzville Holt
<b>2nd TEAM</b>	Gen McIntyre	Sophomore	Fort Zumwalt West
	Molly Krispin	Senior	Francis Howell Central
	Rianna Wenzel	Senior	Troy Buchanan
	Kelsey Kehoe	Sophomore	Francis Howell

### Keeper

	<b>Player</b>	<b>Year</b>	<b>School</b>
<b>1st TEAM</b>	Sara Sanabria	Sophomore	Wentzville Holt
<b>2nd TEAM</b>	Camielle Day	Junior	Fort Zumwalt West

## **PLAYER OF THE YEAR SOUTH DIVISION:**

### **Kaitlyn Nichols - Fort Zumwalt West, Sophomore, Midfielder**

All Academic Team

**Fort Zumwalt West:** Danielle Azzara, Cheing-Hai Christen, Rachel Cox, Maddie Crawford, Camielle Day, Bella DiMercurio, Kendyll Feiste, Mackenzie Gibbons, Asha Hanebrink, Katie Hilke, Ashlyne Hunt, Madeline Lotspeich, Evelyn Mabie, Gen McIntyre, Ashlyn Nichols, Kaitlyn Nichols, Aston Soots

**Francis Howell:** Lily Boushelle, Braydan Brown, Riley Casey, Maggie Dugganb, Catherine Eyler, Kristen Graser, Rylee Griffith, Zoe Houston, Sara Ihrig, Natalie Jackson, Rachel Jackson, Kelsey Kehoe, Taylor Kirkpatrick, Kennedy Lindauer, Ally Lowry, Lexi Porchia, Julie Steiger, Mandy Svetina, Bailey Vermilye

**Francis Howell Central:** Payton Amlong, Caitlyn Brown, Paige Butterfield, Mackenzie Daiber, Victoria Dobbins, Abbigale Done, Olivia Fong, Cailyn Hendrix, Mariah Johnson, Mackenzie Jones, Molly Krispin, Lexi Jansen, Jenna Mathis, Kierigan McEvoy, Gillian Nicholson, Rayna Thomas, Paige VanDaele, Jay Viola

**Francis Howell North:** Courtney Arena, Megan Crain, Makenna Davis, Alayna Furch, Kasey Galkowski, Jessica Gillen, Bria Hamilton, Julia Kristensen, Ella Manthey, Abbie Miller, Karen Pete, Amelia Primeau, Phoebe Primeau, Brynna Rutherford, Molly Scott, Lauren Shah, Paige Vanek

**Troy Buchanan:** Reagan Berra, Morgan Bova, MacKenzie Caldwell, Madison Eads, Maggie Illig, Hailey Joliff, Madisyn Lenk, Karen Lindsley, Jada Momphard, Lauryn Morris, Emily Ray, Reyce Reller, Makenna Smith, Trista Smith, Kristina Switzer, Kennedy Thompson, Kayla Troutman, Rianna Wenzel

**Wentzville Holt:** Michaela Beedy, Sydney Boggs, Kaylie Compton, Sarah Goldstein, Abigail Kamienski, Olivia Knerr, Tori Kuhlman, Samantha Lacke, Jewel Morelan, Rachel Nolte, Mackenzie Rutherford, Josie Sneed, Sophia Stahl, Paige Sunneberg, Madeline Woodson, Madison Zurmuehlen

## **SPORTSMANSHIP**

**Bella DiMercurio (Fort Zumwalt West)**

**Mandy Svetina (Francis Howell)**

**Paige Butterfield (Francis Howell Central)**

**Karen Pete (Francis Howell North)**

**Rianna Wenzel (Troy Buchanan)**

**Tori Kuhlman (Wentzville Holt)**

2019 Tennis - North-Central All Conference



#1 SINGLES

**1st – Sachs – Liberty**

**2nd – He – FZS**

**3rd – Papen – SCW**

**4th – Inuki – Timberland**

#2 SINGLES

**1st – Roberts – Liberty**

**2nd – Hickey – FZN**

**3rd – Jackson – SC**

**4th – Nadalia – FZS**

#3 SINGLES

**1st – Blake – Timberland**

**2nd – Musgrove – FZS**

**3rd – Reyes – Liberty**

**4th – Sears – FZN**

#4 SINGLES

**1st – Sosuh – Timberland**

**2nd – Herbst – FZN**

**3rd – Pilla – FZS**

**4th – Bambrick – FZE**

#5 SINGLES

**1st – Hilliard – FZN**

**2nd – Freeman – SC**

**3rd – Outman – Liberty**

**4th – Kalthil – FZS**

#6 SINGLES

**1st – Reed – Timberland**

**2nd – Bates– Liberty**

**3rd – Digaualli – FZS**

**4th - Cochran - FZN**

#7 SINGLES

**1st – J. Buchler – FZS**

**2nd – Nordman – Liberty**

**3rd – Brown – Timberland**

**4th – Buda-Smith – FZN**

#8 SINGLES

**1st – Perez - FZN**

**2nd – Sivaprosad – FZS**

**3rd – Manke – Timberland**

**4th - Karre - Liberty**

#1 DOUBLES

**1st – Liberty (Evan Sachs, Josh Roberts)**

**2nd – Timberland (Inuki, Blake)**

**3rd – FZS (He, Nadella)**  
**4th – FZN (Wang, Sears)**

#2 DOUBLES

**1st – FZN (Hickey, Hilliard)**  
**2nd – FZS (Pilla, Musgrove)**  
**3rd – Timberland (Antonio, Soshu)**  
**4th – SC (Jackson, Freeman)**

#3 DOUBLES

**1st – Liberty (Bates, Outman)**  
**2nd – Timberland (Mitchell, Reed)**  
**3rd – FZN (Herbst, Cochran)**  
**4th – FZS (Kalathil, Digaralli)**

#### #4 DOUBLES

**1st – Timberland (Walkenhorst, Nisbet)**

**2nd – Liberty (Parker, Kussmann)**

**3rd – FZN (James, Bixby)**

**4th – FZS (Raymond, Mishra)**

#### #5 DOUBLES

**1st – Timberland (Brenningmeyer, Guion)**

**2nd – Liberty (Bond, Koeling)**

**3rd – FZN (Farall, Perotte)**

**4th – FZS (Datla, Venezia)**

#### **ACADEMIC**

#### **SPORTSMANSHIP**

2019 Tennis - South Central All Conference

#1 Singles

**1st: FHC def FH 6-4, 6-2**

**3rd: FZW def HOLT 6-1, 6-3**

#2 Singles

**1st: FH def FHN 6-4, 6-8, 10-7**

**3rd: FHC def HOLT 6-4, 6-3**

#3 Singles

**1st: FH def FHN 6-4, 6-3**

**3rd: HOLT def TROY 6-2,6-2**

#4 Singles

**1st: FHN def FH ?,?**

**3rd: FZW def HOLT 6-4, 6-7 (7), 10-7**

#5 Singles

**1st: HOLT def FZW 6-4, 6-3**

**3rd: FHN def TROY 6-1, 6-0**

#6 Singles

**1st: FHN def FZW 6-4, 5-7, 10-4**

**3rd: HOLT def FH 6-2, 6-4**

#7 Singles

**1st: FHN def HOLT ?**

**3rd: FH def TROY 8-1**

#8 Singles

**1st: FZW def FHN 8-7**

**3rd: HOLT def TROY 8-3**

#1 Doubles

**1st: FH 8-6C def FHN 8-6**

**3rd: FH def FZW 8-5**

#2 Doubles

**1st: FHN def FH 8-2**



**3rd: FZW def TROY**

#3 Doubles

**1st: FHN def FH 8-3**

**3rd: HOLT def FHC 8-3**

#4 Doubles

**1st: FHN def FZW 8-3**

**3rd: FH def TROY 8-2**

#5 Doubles

**1st: FHN def FZW 8-1**

**3rd: FH def FHC 8-3**

**TEAM SCORES: FRANCIS HOWELL NORTH [54.50]; Francis Howell [42.0]; Fort Zumwalt West [29.50]; Wentzville Holt [22]; Francis Howell Central [20]; Troy Buchanan [10]**

## **ACADEMIC ALL CONFERENCE**

**Fort Zumwalt West** - Bryce Boatman, Alex Boltralik, Dylan Bradshaw, Samuel Burnes, Tristan Claxton, Shakthivel Gnanasekaran, Sarvesh Palaiappan, Mihir Parmar, Munn Patel, Ashwin Prayaga, Andrew Prichard, Grady Ripple, Satya Sivasankar, Surya Sompalli, Zach Tretter, Blake Villhard

**Troy Buchanan** - James Harrison Bockhorst, Joshua Anderson Bockhorst, Josiah Lee Bockhorst, Maxwell Robert Gessert, Evan James Hudson, John Robert Massey, Kadin James McDonald, Benjamin Robert Williams, Andy Yang

**Wentzville Holt** - Charles Bennett, Caleb Cowen, Brenden Long, Oscar Sargent

**Fort Zumwalt South** -

## **SPORTSMANSHIP**

**Fort Zumwalt West** - Dylan Bradshaw

**Troy Buchanan** - Joshua Bockhorst

**Wentzville Holt - Prather Ford**

**2019 North Varsity Men Track and Field**

For complete results go to

[www.http://results.tfmeetpro.com/Big\\_River\\_Race\\_Management/2019\\_GAC\\_North\\_Track\\_and\\_Field\\_Championships/](http://results.tfmeetpro.com/Big_River_Race_Management/2019_GAC_North_Track_and_Field_Championships/)

**100 meter dash**

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Aarnarian Snow	Orchard Farm	SO	11.37
Trevin Blair	Saint Charles West	SR	11.43
Dominic Flint	Saint Charles West	SO	11.76
Dillon Dildine	Winfield	SR	11.99

## 200 meter dash

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Trevin Blair	Saint Charles West	SR	23.09
Aarnarian Snow	Orchard Farm	SO	23.22
Samuel Toenges	Warrenton	JR	24.06
Deieon Smith	Saint Charles West	SO	24.48

## 400 meter dash

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Trevin Blair	Saint Charles West	SR	51.85
Jameson Reese	Saint Charles West	JR	53.32
Connor Tittel	Warrenton	SO	54.32

Harrison Pool	Saint Charles	SR	55.94
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### 800 meter run

Name	School	Year	Time
Carson Sanders	Orchard Farm	SR	2:03.97
Nathan Nordwald	Warrenton	SR	2:04.34
Jonathan Lopez	Saint Charles	JR	2:07.13
Matthew Bauer	Orchard Farm	SR	2:09.47

### 1600 meter run

Name	School	Year	Time
Carson Sanders	Orchard Farm	SR	4:33.25

Thomas Doss	Saint Charles	JR	4:36.51
Nathan Nordwald	Warrenton	SR	4:42.12
Brendan Martin-Hilker	Saint Charles	SR	4:54.50

### 3200 meter run

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Carson Sanders	Orchard Farm	SR	9:51.99
Thomas Doss	Saint Charles	JR	10:56.54
Brendan Martin-Hilker	Saint Charles	SR	10:56.94
Austin Litton	Saint Charles West	FR	11:05.63

### 110 meter hurdles

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Max Greener	Orchard Farm	SR	17.16
Nicholas Mertens	Warrenton	SO	17.54
Brian Montemayor	Saint Charles West	SO	18.27
Raj Pandya	Warrenton	JR	19.90

### 300 meter hurdles

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Max Greener	Orchard farm	SR	41.78
William Killingham	Winfield	JR	43.53
Nicholas Mertens	Warrenton	SO	44.37

Kevin Budden	Saint Charles	FR	45.52
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4 x 100 meter relay

School	Relay Member	Time
Saint Charles West	Echele	45.03
	Smith	
	Flint	
	Smith	
Warrenton	Chmiel	45.65
	Dowd	
	Smith	
	Toenges	



Saint Charles	Henry	46.33
	Anderson	
	Young	
	Murphy	
Winfield	Wright	46.35
	Dildine	
	Hunter	
	Killingham	

4 x 200 meter relay

School	Relay Member	Time
Saint Charles West	Reese	1:33.10

	Smith	
	Smith	
	Lemons	
Warrenton	Dowd	1:33.38
	Chmiel	
	Smith	
	Toenges	
Winfield	Wright	1:38.11
	Dildine	
	Thompson	
	Killingham	
Orchard Farm	Lucido	1:38.35

	Bhat	
	Hibbler	
	Greener	

#### 4 x 400 meter relay

School	Relay Member	Time
Saint Charles West	Reese	3:36.69
	Keller	
	Blair	
	Lemons	
Orchard Farm	Bauer	3:37.50
	Greener	

	Snow	
	Hibbler	
Warrenton	Chmiel	3:39.87
	Sanders	
	Tittel	
	Toenges	
Winfield	Neuman	3:47.79
	Colbert	
	Shadday	
	Rhoades	

4 x 800 meter relay

<b>School</b>	<b>Relay Member</b>	<b>Time</b>
Saint Charles	Lopez	8:36.11
	Pool	
	Doss	
	Martin-Hilker	
Orchard Farm	Bauer	8:50.57
	Caldwell	
	Schwierjohn	
	Sanders	
Saint Charles West	Keller	9:01.54
	Handshy	

	Litton	
	Southard	
Winfield	Rhoades	9:13.82
	Neuman	
	Schutte	
	Shadday	

## High Jump

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Height</b>
Anthony Lemons	Saint Charles West	JR	5' 10.00
Jamie Calmese	Orchard Farm	JR	5' 10.00
Trent Champagne	Saint Charles West	SR	5' 08.00

Benjamin Stopke	Orchard Farm	SR	5' 06.00
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### Pole Vault

Name	School	Year	Height
Parker Power	Orchard Farm	SR	13' 06.00
Aidan Gremminger	Saint Charles West	SR	12' 00.00
Zach Roberts	Orchard Farm	JR	11' 06.00
Kevin Budden	Saint Charles	FR	10' 06.00

### Long Jump

Name	School	Year	Distance
Trent Champagne	Saint Charles West	SR	21' 03.50

Aarnarian Snow	Orchard Farm	SO	21' 02.00
Anthony Lemons	Saint Charles West	JR	20' 07.00
Dylan Smith	Warrenton	JR	19' 06.00

### Triple Jump

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Distance</b>
Trent Champagne	Saint Charles West	SR	41' 11.00
Dahvonte Henry	Saint Charles	SR	40' 07.00
Parker Power	Orchard Farm	SR	39' 05.00
Dominic Flint	Saint Charles West	SO	39'0.1.00



## Shot Put

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Distance</b>
John Wilson	Saint Charles West	SO	42' 09.50
Brandon Houska	Saint Charles West	SR	42' 05.00
Gage Risk	Winfield	SR	40' 10.00
Tristan Bihlmaier	Warrenton	JR	38' 05.50

## Discus

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Distance</b>
Clayton Schroeder	Orchard Farm	JR	132' 00.00
Joshua Heap	Warrenton	JR	112' 00.00
DeShawn Canady	Saint Charles West	SR	108' 03.00

William Smith	Winfield	JR	102' 09.00
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## JAVELIN

Name	School	Year	Distance
Kiyah Christenson	Winfield	SR	150' 01.00
Brennan Hornbeck	Winfield	SR	133' 09.00
Kolby Meine	Warrenton	FR	126' 10.00
Randy Jemerson	Saint Charles West	JR	120' 07.00

**TEAM SCORES: Saint Charles West [131]; Orchard Farm [110]; Warrenton [63]; Saint Charles [51]; Winfield [40]**

## 2019 Central Varsity Men Track and Field

### 100 meter dash

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Keshon Smith	Fort Zumwalt East	SR	11.31
Joshua Johnston	Fort Zumwalt East	SO	11.43
Isaiah Edmonds	Fort Zumwalt South	SR	11.43
Izaiah Hartrup	Fort Zumwalt North	JR	11.46

### 200 meter dash

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
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Daulton Bender	Washington	SR	22.80
Keshon Smith	Fort Zumwalt East	SR	22.82
Tyler Oakes	Fort Zumwalt North	SO	23.29
Tra'von Kennedy	Wentzville Timberland	SO	23.38

#### 400 meter dash

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Daulton Bender	Washington	SR	51.25
Joshua Paskiewicz	Fort Zumwalt East	JR	52.44
Kameron Davis	Wentzville Liberty	SR	52.71
Conner Maher	Washington	SO	53.01

### 800 meter dash

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Drew Schulte	Wentzville Timberland	SR	2:02.84
Nolan Schroff	Fort Zumwalt East	JR	2:03.51
Tyler Hudson	Wentzville Liberty	JR	2:06.99
Nicholas Corley	Washington	FR	2:09.35

### 1600 meter run

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Cole Drew SchulteSutton	Wentzville Timberland	SR	4:38.78

Noah Little	Washington	FR	4:39.83
Trevor Peimann	Wentzville Timberland	SO	4:41.23
Nolan Schroff	Fort Zumwalt East	JR	4:48.62

### 3200 meter run

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Drew Schulte	Wentzville Timberland	SR	10:15.10
Noah Little	Washington	FR	10:17.57
Trevor Peimann	Wentzville Timberland	SO	10:18.55
Mason Kauffeld	Washington	SO	10:25.21

### 110 meter hurdles

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Bruce Jordan	Wentzville Liberty	SR	15.57
Elijah Edmonds	Fort Zumwalt South	SO	16.08
Vashon Riggins	Wentzville Timberland	FR	16.42
Dewayne Johnson	Fort Zumwalt East	SO	17.46

### 300 meter hurdles

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Bruce Jordan	Wentzville Liberty	SR	41.22
Elijah Edmonds	Fort Zumwalt South	SO	41.83
Landon Oxford	Fort Zumwalt East	SO	42.26

Grant Latina	Fort Zumwalt North	SR	42.48
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#### 4 x 100 meter relay

Name	Relay member	Time
Fort Zumwalt North	Christopher Futrell	43.92
	Izaiah Hartrup	
	Tyler Oakes	
	Kendall Banks-Price	
Fort Zumwalt South	Isaiah Edmonds	43.96
	Cameron Miller	
	Elijah Edmonds	
	Aden Pearia	



Fort Zumwalt East	Keshon Smith	43.96
	Ethan Jackson	
	Sean Canoy	
	Joshua Johnston	
Wentzville Tmberland	Brett Hiatt	44.01
	Christopher Lewis	
	Tra'von Kennedy	
	Josh Gibbs	

4 x 200 meter relay

School	Relay Member	Time
Fort Zumwalt East	Keshon Smith	1:32.64

	Ethan Jackson	
	Benjamin Watson	
	Joshua Johnston	
Fort Zumwalt North	Tyler Oakes	1:32.66
	Kylen Watson	
	Grant Latina	
	Kendall Banks-Price	
Wentzville Timberland	Brett Hiatt	1:32.89
	Tra'von Kennedy	
	Christopher Lewis	
	Josh Gibbs	
Washington	Daulton Bender	1:33.17

	Timothy Boehlein	
	Conner Maher	
	Gabriel Scheperle	

#### 4 x 400 meter relay

<b>Name</b>	<b>Relay Member</b>	<b>Time</b>
Washington	Daulton Bender	3:33.90
	John Duncan	
	Conner Maher	
	Gabriel Scheperle	
Fort Zumwalt East	Joshua Paskiewicz	3:37.07
	Sean Canoy	

	Dewayne Johnson	
	Blaine Swinford	
Fort Zumwalt North	Kendall Banks-Price	3:38.42
	Kylen Watson	
	Chirstopher Reckel	
	Michael Johnson	
Wentzville Liberty	Kameron Davis	3:39.04
	Jeffrey Radichel	
	Jospeh Lopez	
	Jarrin McKeithen	

4 x 800 meter relay

<b>School</b>	<b>Relay Member</b>	<b>Time</b>
Wentzville Timberland	Drew Schulte	8:24.98
	Grant Habedank	
	Grady Jacobson	
	Tyler Freiner	
Fort Zumwalt East	Shakhboz Hassanov	8:26.22
	Ethqan Jackson	
	Joshua Lanctot	
	Joshua Paskiewicz	
Fort Zumwalt North	Cole Sutton	8:32.43
	Jonah Page	

	Ryan Pendergast	
	Seth Gleason	
Washington	Noah Little	8:38.15
	Nicholas Corley	
	Benjamin Griffen	
	Mason Kauffeld	

## High Jump

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Height</b>
Kendall Banks-Price	Fort Zumwalt North	SR	5' 10.00
Dan Hierholzer	Wentzville Timberland	JR	5' 08.00
Jake Schwepke	Fort Zumwalt South	SO	5' 08.00

Michael Johnson	Fort Zumwalt North	FR	5' 02.00
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### Pole Vault

Name	School	Year	Height
Nolan Bone	Wentzville Liberty	SR	15' 03.00
Jake Schwepke	Fort Zumwalt South	SO	12' 06.00
Aiden Siemer	Fort Zumwalt North	SO	12' 00.00
Adam Thomason	Wentzville Timberland	JR	12' 00.00

### Long Jump

Name	School	Year	Distance
Jeffrey Radichel	Wentzville Liberty	SR	20' 00.50

Bryce Meyer	Washington	JR	19' 04.75
Matthew Reynolds	Fort Zumwalt South	SR	19' 04.25
Joshua Ellis	Wentzville Timberland	JR	19' 03.75

### Triple Jump

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Distance</b>
Jeffrey Radichel	Wentzville Liberty	SR	43' 10.00
Izaiah Hartrup	Fort Zumwalt North	JR	41' 00.75
Bryce Meyer	Washington	JR	39' 09.50
Marlon Woods	Fort Zumwalt East	SO	39' 06.00



## Shot Put

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Distance</b>
Tristan Davis	Fort Zumwalt East	SR	45' 08.25
Jacob Morris	Fort Zumwalt East	SR	44' 09.00
Jackson Petty	Wentzville Timberland	So	43' 05.25
Blake Degner	Wentzville Liberty	SR	42' 11.50

## Discus

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Distance</b>
Jacob Morris	Fort Zumwalt East	SR	158' 00.00
Bryce Eaton	Wentzville Timberland	SR	145' 05.00
Tristan Davis	Fort Zumwalt East	SR	137' 04.00

Cory Hardesty	Washington	SR	115' 07.00
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## JAVELIN

Name	School	Year	Distance
Andrew Gildehaus	Washington	JR	134' 08.00
Tristan Davis	Fort Zumwalt East	SR	128' 02.00
Ryan Medley	Fort Zumwalt North	JR	126' 04.00
Marlon Woods	Fort Zumwalt East	SO	124' 10.00

**TEAM RESULTS: Fort Zumwalt East [271]; Wentzville Timberland [270]; Fort Zumwalt North [228]; Washington [212]; Wentzville Liberty [97]; Fort Zumwalt South [90]**

## **ACADEMIC ALL CONFERENCE**

**Wentzville Timberland -**

**Washington -**

**Fort Zumwalt South -**

## **SPORTSMANSHIP**

**Wentzville Holt -**

**Washington -**

2019 South Varsity Men Track and Field

### 100 meter dash

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Casani (CJ) Banton	Francis Howell	SR	11.17
Caleb Merriweather	Francis Howell	SR	11.41
Daniel Looney	Wentzville Holt	FR	11.57
James Hickman	Wentzville Holt	JR	11.64

### 100 meter dash para

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Allen Bublitz	Wentzville Holt	FR	49.48

## 200 meter dash

Name	School	Year	Time
Casani (CJ) Banton	Francis Howell	SR	23.38
Kyle Wurm	Fort Zumwalt West	JR	23.44
Caleb Merriweather	Francis Howell	SR	23.47
Dalton Eikel	Troy Buchanan	SO	23.81

## 200 meter dash para

Name	School	Year	Time
Allen Bublitz	Wentzville Holt	FR	2:30.23

## 400 meter dash

Name	School	Year	Time
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Joshua Wright	Francis Howell Nrth	JR	52.10
Jonah Bridges	Francis Howell	SR	52.73
Kyle Wurm	Fort Zumwalt West	JR	52.96
Latrell Velker	Wentzville Holt	JR	53.32

### 800 meter dash

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Anderson Lo	Fort Zumwalt West	SO	2:10.97
Cameron Sakuma	Fort Zumwalt West	SR	2:11.75
Jacob Boushelle	Francis Howell	SR	2:12.22
David Lopez	Francis Howell North	SO	2:13.55

### 1600 meter run

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Nick Cimmarusti	Francis Howell	SO	4:33.24
Cameron Sakuma	Fort Zumwalt West	SR	4:41.53
Nicholas Parker	Fort Zumwalt West	SO	4:41.84
Blake Panagos	Francis Howell	JR	4:49.45

### 3200 meter run

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Nick Cimmarusti	Francis Howell	SO	9:59.61
Bennett Boatman	Fort Zumwalt West	SO	10:08.54

Braden Meyer	Fort Zumwalt West	JR	10:11.85
Blake Panagos	Francis Howell	JR	10:19.72

### 110 meter hurdles

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Azariah Anderson	Francis Howell North	SO	15.52
Damian Winner-Johnson	Wentzville Holt	SR	16.90
Ryan Staples	Fort Zumwalt West	JR	17.26
Chad Nemnich	Fort Zumwalt West	SR	17.55



### 300 meter hurdles

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Bruce Coffelt	Wentzville Holt	JR	44.26
Azariah Anderson	Francis Howell North	SO	44.57
Chad Nemnich	Fort Zumwalt West	SR	44.65
Joshua Butters	Troy Buchanan	SR	45.56

### 4 x 100 meter relay

<b>Name</b>	<b>Relay member</b>	<b>Time</b>
Francis Howell	Caleb Merriweather	44.45
	Julius (JJ) Elliott	
	Reid Weber	

	Casani (CJ) Banton	
Francis Howell North	Cameron Lewis	44.75
	Joshua Wright	
	Azariah Anderson	
	Sterling Jones	
Francis Howell Central	Avery Hall	46.25
	Damarcus Mull	
	Benjamin Pugh	
	Tiras Clarke	
Troy Buchanan	Brandon Best	46.27
	Jacob Love	
	Cooper Hogan	

	Michael Lewis	
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4 x 200 meter relay

School	Relay Member	Time
Francis Howell North	Cameron Lewis	1:34.77
	Tyler Tolliver	
	Sterling Jones	
	Joshua Wright	
Troy Buchanan	Dalton Eikel	1:35.37
	Jacob Love	
	Cooper Hogan	
	Michael Lewis	

Fort Zumwalt West	Jack Parker	1:35.70
	LaJuan Rideout	
	Jayden Kouadio	
	Kyle Wurm	
Francis Howell	Noah Thomasson	1:36.09
	Nathan Liddell	
	Reid Weber	
	Julius (JJ) Elliot	

4 x 400 meter relay

<b>Name</b>	<b>Relay Member</b>	<b>Time</b>
Francis Howell Central	Garrett Allen	3:31.00

	Cameron Dent	
	Evan Goodbody	
	Cameron Schwab	
Francis Howell North	Cameron Lewis	3:35.22
	Josh Tanner	
	Peyton Herbert	
	Joshua Wright	
Francis Howell	Jonah Bridges	3:38.89
	Jackson Foster	
	Dylan Kossl	
	Jacob Boushelle	
Wentzville Timberland	Drew Schulte	3:41.67

	Maurilaire Nicholson	
	Matthew Miner	
	Dryly	

4 x 800 meter relay

School	Relay Member	Time
Fort Zumwalt West	Anderson Lo	8:32.89
	Nicholas Parker	
	Peter Classen	
	Cameron Sakuma	
Francis Howell	Jonah Bridges	8:38.04
	Jayce Hollister	

	Joel Thwing	
	Jacob Boushelle	
Francis Howell North	Joel Boenitz	8:39.05
	Peyton Hebert	
	David Lopez	
	Hunter Turpin	
Francis Howell Central	Ronnie Cordsiemon	9:10.51
	Matt (Reed) Easterling	
	Ethan Hamilton	
	Timothy Sallwasser	

## High Jump

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Height</b>
Dalton Eikel	Troy Buchanan	SO	6' 00.00
Eijah Gehrin	Fort Zumwalt West	SO	6' 00.00
LaJuan Rideout	Fort Zumwalt West	SR	5' 10.00
Jordan Hayden	Francis Howell Central	SR	5' 08.00

## Pole Vault

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Height</b>
Samuel Scherf	Francis Howell North	SR	12' 09.00
Benjamin Ludwig	Francis Howell North	SR	12' 00.00
Luke Frederick	Wentzville Holt	JR	12' 00.00



Bryce Alberty	Francis Howell Central	SR	12' 00.00
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### Long Jump

Name	School	Year	Distance
Avery Hall	Francis Howell Central	SR	21' 03.50
Erik Wyatt	Wentzville Holt	JR	20' 01.50
Jayden Kouadio	Fort Zumwalt West	SO	19' 11.75
Dalton Eikel	Troy Buchanan	SO	19' 07.00

### Triple Jump

Name	School	Year	Distance
Erik Wyatt	Wentzville Holt	JR	43' 09.00

Jayden Koudio	Fort Zumwalt West	SO	43' 09.00
Jacob Love	Troy Buchanan	SO	39' 01.25
Tyler Tolliver	Francis Howell North	SR	38' 08.50

### Shot Put

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Distance</b>
Drake Heismeyer	Francis Howell	JR	50' 04.75
Dylan Wright	Fort Zumwalt West	JR	46' 09.00
Hayden Hauser	Francis Howell	SO	44' 01.00
Adel Mountassir	Francis Howell North	SO	42' 00.50

## Discus

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Distance</b>
Will Thwing	Francis Howell	SR	130' 04.00
Jacob Ferguson	Troy Buchanan	JR	130' 03.00
Clayton Schmitt	Francis Howell Central	SR	121' 08.00
Louis Pilliard	Troy Buchanan	SO	115' 07.00

## Javelin

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Distance</b>
Mason Brock	Francis Howell	SO	168' 10.00
Jackson Cecil	Fort Zumwalt West	SO	124' 04.00
Timothy Meyer	Troy Buchanan	JR	123' 03.00

Aaron Antal	Francis Howell Central	JR	121' 11.00
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**TEAM RESULTS: Fort Zumwalt West [150]; Francis Howell [146]; Francis Howell North [ 97]; Wentzville Holt [73]; Troy Buchanan [69]; Francis Howell Central [50]**

## **ACADEMIC ALL CONFERENCE**

**Fort Zumwalt West** - Bennett Boatman, Jack Cecil, Peter Classen, Tyler Coleman, Joe Crook, Evan Huddleston, Jayden Kouadio, Drew Ladevich, Anderson Lo, Eric Marston, Braden Meyer, Nick Parker, Conrad Powell, Ulysses Ross, Ryan Staples, Danny Stevens, Sean Stevens, Johnny Taylor, Karter Zengil

**Troy Buchanan** - Joshua James Butters, Isaac Letrel Carr, Camden Ray Dillow, Jordan Anthony Dueker, Maxwell Robert Gessert, Shane Michael Henke, Love Jacob Michael Henke, Timothy Chase Meyer, Brody Thomas Orf, Luke Anthony Wilmes

**Washington** - Daulton Bender, Timothy Boehlein, Kaleb Briggs, Jeremiah Broadbent, Kaleb Burr, Nicholas Corley, Alex Davis, Benjamin Griffen, Cory Hardesty, Bryce Kazmaier  
Bryce Meyer, Gabriel Scheperle, Santino Vuocolo

**Wentzville Holt** - Logan Arellanes, Austin Bone, Kaleb Bryant, Allen Bublitz, Bruce Coffelt, Aaron Eller, Talon Green, Dylan Hicks, John Hirschbuehler, Aiden Mason, Alex Meyer, Gerald Osakwe, Jase Owens, Reece Pollock, Baylor Reinker, Hunter Richardson, Jacob Rothenberger, Reed Shimkus, Nathan Shortt, David Tauser, Latrell Velker, Dylan Wiese, Erik Wyatt

## **SPORTSMANSHIP**

**Fort Zumwalt West** - Cameron Sakuma

**Troy Buchanan** - Brandon Best

**Washington** - John Duncan

## 2019 North Varsity Women Track and Field

For complete results go to

[http://results.tfmeetpro.com/Big\\_River\\_Race\\_Management/2019\\_GAC\\_North\\_Track\\_and\\_Field\\_Championships/](http://results.tfmeetpro.com/Big_River_Race_Management/2019_GAC_North_Track_and_Field_Championships/)

## 100 Meter Dash

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Taylor Kinner	Saint Charles	FR	13.85
Samantha Fragale	Saint Charles West	JR	14.04
Morgan Taylor	Saint Charles West	SR	14.33
Annamarie Beck	Saint Charles	JR	14.45

## 200 Meter Dash

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Brooke Smith	Warrenton	JR	28.61
Taylor Kinner	Saint Charles	FR	28.69
Kiran Schleuter	Warrenton	FR	29.90
Annamarie Beck	Saint Charles	JR	30.02

## 400 Meter Dash

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Alexandra Frederick	Warrenton	JR	62.13
Bailey Boyer	Orchard Farm	SR	64.32
Morgan Taylor	Saint Charles West	SR	66.97
Alicia Leach	Saint Charles	SR	68.87

## 800 Meter Run

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Alexandra Frederick	Warrenton	JR	2:34.89
Natalia Sisomphane	Saint Charles	JR	2:37.89
Anna Johnston	Saint Charles	JR	2:41.68
Emma Bauer	Orchard Farm	FR	2:53.29

## 1600 Meter Run

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Lily Jackson	Saint Charles West	FR	6:06.68
Natalia Sisomphane	Saint Charles	JR	6:06.87
Jada O'Donnell	Saint Charles	SR	6:11.22
Emily Muensterman	Orchard Farm	SR	6:25.11

## 3200 Meter Run

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Lily Jackson	Saint Charles West	FR	12:28.60
Jada O'Donnell	Saint Charles	SR	12:38.81
Mette Schacht	Saint Charles	JR	14:06.12
Emma Lewis	Warrenton	SO	17:04.30



## 100 Meter Hurdles

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Katherine Ledbetter	Orchard Farm	SR	17.09
Samantha Fragale	Saint Charles West	JR	17.44
Allison Tonioli	Warrenton	SR	18.06
Grace Bostic	Warrenton	SO	18.57

## 300 Meter Hurdles

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Katherine Ledbetter	Orchard Farm	SR	50.92
Samantha Fragale	Saint Charles West	JR	51.57
Grace Bostic	Warrenton	SO	53.34
Mia Ollermann	Saint Charles	FR	56.61

## 4 x 100 Meter Relay

<b>School</b>	<b>Relay Member</b>	<b>Time</b>
Saint Charles	Kinner	54.30
	Black	
	White	
	Beck	
Saint Charles West	Fragale	55.19
	Taylor	
	Bohlen	
	Lewis	
Warrenton	Anderson	55.69
	Ransom	

	Love	
	Schleuter	
Orchard Farm	Oglesby	NT
	Novotny	
	Williamson	
	Janson	

#### 4 x 200 Meter Relay

School	Relay Member	Time
Saint Charles	Kinner	1:57.94
	Leach	
	White	



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### 4 x 400 Meter Relay

<b>Name</b>	<b>Relay Member</b>	<b>Time</b>
Warrenton	Smith	4:25.74
	Tonioli	
	Bostic	
	Frederick	
Orchard Farm	Boyer	4:30.11
	Ledbetter	
	Kitchen	
	Carlisle-Matlock	

Saint Charles	Clutter	4:38.05
	Leach	
	Werth	
	Sisomphane	

### 4 x 800 Meter Relay

School	Relay Member	Time
Saint Charles	O'Donnell	11:19.76

	Johnston	
	Werth	
	Sisomphane	
Orchard Farm	Bauer	11:48.80
	Hulbert	
	Muensterman	
	Liesmann	
Warrenton	Broker	13:06.60
	Shaw	
	Lewis	
	Allerman	


### High Jump

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Height</b>
Jerra Carlisle-Matlock	Orchard Farm	SR	4'06.00
Emily Black	Saint Charles	JR	4'06.00
Garniesha Love	Warrenton	FR	4'04.00
Brittany Bohlen	Saint Charles West	SR	4'04.00

### Pole Vault

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Height</b>
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Kara Stelmacki	Orchard Farm	SR	10' 00.00
Kaitlyn Clutter	Saint Charles	JR	9' 06.00
Emily Hartig	Saint Charles	JR	8' 00.00
Dana Pruitt	Warrenton	FR	7' 06.00

### Long Jump

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Distance</b>
Emily Black	Saint Charles	JR	15' 06.00
Brooke Smith	Warrenton	JR	15' 01.00
Mattigan Trudo	Orchard Farm	FR	14' 07.50
Macey Ransom	Warrenton	JR	14' 05.50

## Triple Jump

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Distance</b>
Alexandra Frederick	Warrenton	JR	34' 10.00
Emily Black	Saint Charles	JR	32' 03.00
Mattigan Trudo	Orchard Farm	FR	30' 02.50
Amelia Thro	Orchard Farm	FR	29' 01.50

03.00

## Shot Put

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Distance</b>
Miranda Nelson	Warrenton	JR	35' 06.50
Lillian Bader	Orchard Farm	JR	32' 04.00
Rachel Payne	Saint Charles	SR	29' 09.00

Sara Kleeschulte	Orchard Farm	SR	28' 10.00
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## Discus

Name	School	Year	Distance
Miranda Nelson	Warrenton	JR	97' 11.00
Breanna Wielms	Warrenton	SR	88' 11.00
Emma Bauer	Orchard Farm	FR	86' 04.00
Brooke Wilson	Saint Charles West	SR	86' 03.00

## JAVELIN

Name	School	Year	Distance
Dana Pruitt	Warrenton	FR	81' 03.00

Rachel Payne	Saint Charles	SR	75' 01.00
Gabrielle Doza	Orchard Farm	SO	71' 05.00
Kassidy Haller	Warrenton	SO	65' 11.00

**TEAM SCORES: Saint Charles [126]; Warrenton [118]; Orchard Farm [85]; Saint Charles West [52]**

2019 Central Varsity Women Track and Field

100 meter dash

Name	School	Year	Time
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Quierra Johnston	Fort Zumwalt East	JR	12.94
Sarah Bozeman	Fort Zumwalt South	FR	13.02
Jordyn Grimes	Fort Zumwalt North	JR	13.10
Karlie Wooten	Wentzville Liberty	FR	13.21

## 200 meter dash

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Quierra Johnston	Fort Zumwalt East	JR	26.56
Alexis Walker	Fort Zumwalt South	JR	26.92
Eunice Antwi	Fort Zumwalt East	SO	27.38
Jordyn Grimes	Fort Zumwalt North	JR	27.74

## 400 meter dash

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Karlie Wooten	Wentzville Liberty	FR	59.77
Quierra Johnston	Fort Zumwalt East	JR	61.28
Emma Duncan	Washington	SO	63.85
Breanna Bustateri	Wentzville Timberland	FR	65.39

## 800 meter dash

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Claire Ayers	Washington	SR	2:25.15
Megan Venturella	Wentzville Liberty	FR	2:27.30
Adrienne Rockette	Wentzville Liberty	FR	2:27.46

Madelyn Gray	Fort Zumwalt South	SO	2:29.94
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### 1600 meter run

Name	School	Year	Time
Ally Kruger	Wentzville Liberty	FR	5:17.35
Claire Ayers	Washington	SR	5:22.27
Madelyn Gray	Fort Zumwalt South	SO	5:24.74
Audrey Kelly	Fort Zumwalt East	SR	5:26.89

### 3200 meter run

Name	School	Year	Time
Ally Kruger	Wentzville Liberty	FR	11:41.14

Mia Reed	Washington	SO	12:00.67
Audrey Kelly	Fort Zumwalt East	SR	12:16.87
Belle Hill	Fort Zumwalt North	SO	12:34.77

### 100 meter hurdles

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Ingrid Figas	Washington	FR	16.10
Morgan Gratza	Washington	SO	16.82
Ayanna Spears	Fort Zumwalt East	SO	18.26
Olga Revkova	Fort Zumwalt North	JR	18.55



### 300 meter hurdles

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Ingrid Figas	Washington	FR	48.07
Ayanna Spears	Fort Zumwalt East	SO	50.19
Maddy Lucas	Wentzville Timberland	JR	50.95
Perri Hogan	Fort Zumwalt East	JR	52.48

### 4 x 100 meter relay

<b>Name</b>	<b>Relay member</b>	<b>Time</b>
Fort Zumwalt South	Sarah Bozeman	51.39
	Nia Burnett	
	Alexis Walker	

	Makayla Davis	
Wentzville Timberland	Zoe Schulte	52.01
	Corey Fletcher	
	Kara Hildebrand	
	Ilencia Lightbody	
Fort Zumwalt North	Kaitlyn Simms	52.22
	Jerrica Moody	
	Jessica Clausner	
	Jordyn Grimes	
Wentzville Liberty	Taylor Peoples	54.29
	Lamonya' Lathon	
	Jessica Boyer	

	Kailey Cain	
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4 x 200 meter relay

School	Relay Member	Time
Fort Zumwalt East	Macie Farrier	1:49.74
	Maiya Woebling	
	Eunice Antwi	
	Quierra Johnston	
Fort Zumwalt South	Sarah Bozeman	1:49.95
	Nia Burnett	
	Alexis Walker	
	Makayla Davis	

Wentzville Timberland	Emmy Treadway	1:51.66
	Kara Hildebrand	
	Corey Fletcher	
	Maya Zablonki	
Wentzville Liberty	Toni Patterson	1:55.58
	Lamonya' Lathon	
	Kailey Cain	
	Jessica Boyer	

4 x 400 meter relay

<b>Name</b>	<b>Relay Member</b>	<b>Time</b>
Washington	Claire Ayers	4:15.57

	Ingrid Figas	
	Anna Schneider	
	Mia Reed	
Wentzville Liberty	Karlie Wooten	4:16.13
	Megan Venturella	
	Megan Chambers	
	Adrienne Rockette	
Wentzville Timberland	Kara Hildebrand	4:28.99
	Katie Wall	
	Maya Zablonki	
	Breanna Busateri	
Fort Zumwalt East	Eunice Antwi	4:32.37

	Jessica Allison	
	Maiya Woebling	
	Perri Hogan	

#### 4 x 800 meter relay

School	Relay Member	Time
Wentzville Liberty	Halima Larhdiri	9:51.81
	Megan Chambers	
	Megan Venturella	
	Ally Kruger	
Washington	Claire Ayers	9:52.98
	Lillian Nix	

	Anna Schneider	
	Mia Reed	
Wentzville Timberland	Madilyn Moore	10:17.32
	Jenna Ramadan	
	Madelyn Craft	
	Katie Wall	
Fort Zumwalt East	Audrey Kelly	11:37.84
	Mya Evans	
	Ashley Turpin	
	Emily Karr	

## High Jump

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Height</b>
Morgan Gratza	Washington	SO	5' 04.00
Jessica Clausner	Fort Zumwalt North	JR	4' 10.00
Courtney Boehm	Wentzville Timberland	SO	4' 08.00
Toni Patterson	Wentzville Liberty	SO	4' 08.00

## Pole Vault

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Height</b>
Sarah Friend	Wentzville Timberland	JR	9' 00.0
Claire Meara	Wentzville Timberland	SO	8' 06.0
Khalia Rhone	Fort Zumwalt East	JR	7' 06.0



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### Long Jump

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Distance</b>
Makayla Davis	Fort Zumwalt South	SO	15' 08.75
Corey Fletcher	Wentzville Timberland	SO	15' 07.75
Morgan Gratza	Washington	SO	15' 07.00
Zoe Schulte	Wentzville Timberland	JR	15' 04.50

### Triple Jump

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Distance</b>
Kaitlyn Simms	Fort Zumwalt North	SR	33' 02.00

Gabrielle Ringo	Wentzville Timberland	SO	32' 11.00
Morgan Gratza	Washington	SO	31' 09.50
Taylor Peoples	Wentzville Liberty	SO	31' 09.00

### Shot Put

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Distance</b>
J'Dyn Green	Wentzville Timberland	SO	36' 03.25
Shelonda Thomas	Fort Zumwalt East	SR	35' 03.75
Hyja Hutchinson	Fort Zumwalt East	JR	33' 02.50
Harley Vuocolo	Washington	JR	30' 06.50

## Discus

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Distance</b>
J'Dyn Green	Wentzville Timberland	SO	115' 02.00
Makenna Jasper	Wentzville Timberland	SR	110' 06.00
Shelonda Thomas	Fort Zumwalt East	Sr	99' 05.00
Sophia Olszowka	Washington	JR	95' 02.00

## JAVELIN

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Distance</b>
Macie Farrier	Fort Zumwalt East	SR	110' 00
Sophia Olszowka	Washington	JR	106' 01
Bailey Broemmer	Wentzville Timberland	FR	100' 02

MAdeline Rowold	Fort Zumwalt East	FR	96' 04
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**TEAM RESULTS: **Wentzville Timberland [309.5]**; Washington [228];  
Wentzville Liberty [178]; Fort Zumwalt South [155]; Fort Zumwalt  
North [143.5]; Fort Zumwalt East [139]**

## **ACADEMIC ALL CONFERENCE**

**Wentzville Timberland -**

**Washington -**

**Fort Zumwalt South -**

## **SPORTSMANSHIP**

**Wentzville Timberland -**

**Washington -**

## 2019 South Varsity Women Track and Field

### 100 meter dash

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Amani Jones	Francis Howell North	FR	12.36
Syrenidy Stevens	Francis Howell Central	SO	12.42
Perrion Jones	Fort Zumwalt West	SR	12.83
Kamille Johnson	Fort Zumwalt West	JR	12.98

### 100 meter dash para

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
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Brooke Clemons	Francis Howell	SO	52.02
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### 200 meter dash

Name	School	Year	Time
Amani Jones	Francis Howell North	FR	25.52
Syrenidy Stevens	Francis Howell Central	SO	25.91
Zora Williams	Francis Howell	FR	27.42
Kamille Johnson	Fort Zumwalt West	JR	27.49

### 400 meter dash

Name	School	Year	Time
Zora Williams	Francis Howell	FR	60.35

Brooke Pridemore	Fort Zumwalt West	SO	61.34
Kelby Robinson	Wentzville Holt	JR	62.06
Meghan Hertling	Fort Zumwalt West	SR	63.17

### 800 meter dash

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Mackenzie Pugh	Francis Howell North	SR	2:25.29
Taylor Russell	Francis Howell	SR	2:28.50
Maggie May	Francis Howell	SO	2:32.52
Lydia Lehmbeck	Fort Zumwalt West	SO	2:33.58

### 1600 meter run

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Chloe Figgins	Francis Howell	SR	5:29.65
Gracyn Pietrusinski	Wentzville Holt	JR	5:37.05
Adeline Ferreira	Francis Howell	SR	5:44.70
Lydia Lehmbeck	Fort Zumwalt West	SO	5:51.42

### 3200 meter run

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Sarah Russom	Francis Howell	SO	11:49.47
Gracyn Pietrusinski	Wentzville Holt	JR	12:08.70
Terra Stevens	Fort Zumwalt West	SR	12:12.55



Chloe Figgins	Francis Howell	SR	12:14.32

### 100 meter hurdles

Name	School	Year	Time
Berlynn Hamilton	Francis Howell	FR	16.55
Tatum Green	Wentzville Holt	JR	17.21
Kaitlyn Weber	Wentzville Holt	SR	17.30
Kinsey Dueker	Troy Buchanan	FR	17.34

### 300 meter hurdles

Name	School	Year	Time
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Amani Jones	Francis Howell North	FR	45.76
Berlynn Hamilton	Francis Howell	FR	49.31
Tatum Green	Wentzville Holt	JR	49.42
Kinsey Dueker	Troy Buchanan	FR	51.21

#### 4 x 100 meter relay

Name	Relay member	Time
Fort Zumwalt West	Camille Ross	50.40
	Brooke Pridemore	
	Kamille Johnson	
	Perrion Jones	
Francis Howell Central	Syrenidy Stevens	51.47

	Monica Anderson	
	Brandie Beasley	
	Bergie Walton	
Francis Howell	Charlotte Humphrey	52.89
	Emma Johnson	
	Callie Unrein	
	Berlynn Hamilton	
Troy Buchanan	Emilie Rossmiller	53.39
	Caroline Green	
	Gwenyth Hammond	
	Makenna DeClue	

### 4 x 200 meter relay

<b>School</b>	<b>Relay Member</b>	<b>Time</b>
ns	Perrion Jones	1:47.53
	Camille Ross	
	Brooke Pridemore	
	Kamille Johnson	
Francis Howell Central	Syrenidy Stevens	1:51.57
	Monica Anderson	
	Daisy Clark	
	Bergie Walton	
Wentzville Holt	Kelby Robinson	1:52.03
	Isabella Shelton	

	Erin Bodine	
	Kiara Lynch	
Troy Buchanan	Natalie Sullivan	1:55.77
	Morgan Vandeven	
	Gwenyth Hammond	
	Emille Rossmiller	

#### 4 x 400 meter relay

<b>Name</b>	<b>Relay Member</b>	<b>Time</b>
Francis Howell	Zora Williams	4:10.07
	Sydney Russell	
	Sheaq Schultz	

	Taylor Russell	
Fort Zumwalt West	Brooke Pridemore	4:14.99
	Meghan Hertling	
	Perrion Jones	
	Camille Ross	
Francis Howell North	Tiana Lowe	4:18.03
	Mackenzie Pugh	
	Samaria Oates	
	Amani Jones	
Wentzville Holt	Erin Bodine	4:25.90
	Adison Mosher	
	Kennedie Rutledge	

	Kiara Lynch	
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4 x 800 meter relay

School	Relay Member	Time
Francis Howell	Chloe Figgins	9:58.84
	Maggie May	
	Sydney Russell	
	Taylor Russell	
Fort Zumwalt West	Meghan Hertling	10:00.75
	Isabelle Williams	
	Lydia Lehmbeck	
	Madeline Wiseman	

Francis Howell North	Hannah DeGraw	10:29.01
	Claire Huss	
	Tiana Lowe	
	Mackenzie Pugh	
Wentzville Holt	Erin Bodine	10:53.03
	Kennedie Rutledge	
	Makenna Seghers	
	Clare Tyson	

## High Jump

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Height</b>
Lauren Hoffmann	Fort Zumwalt West	SO	5' 00.00



Caroline Green	Troy Buchanan	SO	4' 10.00
Kameron Sullivan	Francis Howell	SR	4' 08.00
Grace James	Francis Howell Central	SR	4' 08.00

### Pole Vault

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Height</b>
Abigail Dreyer	Fort Zumwalt West	JR	10' 06.00
Payton Matz	Francis Howell Central	JR	9' 00.00
Olivia Wansing	Francis Howell	JR	8' 06.00
Madelyn Baker	Troy Buchanan	JR	7' 06.00

## Long Jump

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Distance</b>
Lauren Hoffmann	Fort Zumwalt West	SO	15' 08.25
Kaitlyn Weber	Wentzville Holt	SR	15' 07.00
Lily Figgins	Francis Howell	SO	15' 02.00
Daisy Clark	Francis Howell Central	SR	15' 00.50

## Triple Jump

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Distance</b>
Janae Taylor	Fort Zumwalt West	SR	35' 01.00
Lauren Hoffmann	Fort Zumwalt West	SO	33' 00.25
Caroline Green	Troy Buchanan	SR	32' 10.25

Kaitlyn Weber	Wentzville Holt	SR	32' 09.25
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### Shot Put

Name	School	Year	Distance
Julia Crenshaw	Fort Zumwalt West	SO	35' 09.00
Sydni Scott	Wentzville Holt	SO	34' 05.25
Kylie Linson	Troy Buchanan	SO	34' 04.75
Kiersten Dooley	Wentzville Holt	JR	31' 11.50

### Discus

Name	School	Year	Distance
Sydni Scott	Wentzville Holt	SO	109' 05.00

Mya Bozeman	Fort Zumwalt West	JR	104' 06.00
Alyssa Miller	Francis Howell	JR	102' 06.00
Bethany Firoved	Troy Buchanan	JR	98' 02.00

## Javelin

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Distance</b>
Julia Crenshaw	Fort Zumwalt West	SO	123' 08.00
Kiersten Dooley	Wentzville Holt	JR	98' 07.00
Kelsey Sachs	Troy Buchanan	Sr	90' 09.00
Daisy Clark	Francis Howell Central	SR	89' 07.00

**TEAM RESULTS: Fort Zumwalt West [163]; Francis Howell [141];  
Wentzville Holt [107]; Francis Howell Central [60]; Francis Howell  
North [59]; Troy Buchanan [55];**

## **ACADEMIC ALL CONFERENCE**

**Fort Zumwalt West** - Micah Barnes, Sophia Clayton, Julia Crenshaw, Abby Dreyer, Meghan Hertling, Lauren Hoffman, Kamille Johnson, Shalie Johnson, Taylor Kanne, Lydia Lehmbeck, Kara Luster, Kiersten Noonan, Brooke Pridemore, Terra Stevens, Janae Taylor, Hannah Hannah Vaccaro, Emily Wagner, Maddie Wieseman, Isabelle Williams

### **Francis Howell North -**

**Troy Buchanan** - Madelyn Michelle Baker, Jasmin Leann Crouch, Makenna Rene DeClue, Kinsey Nicole Dueker, Nicole Alexandria Fiebiger, Bethany Renee Firoved, Nayda Iris Gaspariano, Caroline Laura Green, , Gwenyth Josephine Hammond, Kylie Nicole Linson, Emilie Marie Rossmiller, Kelsey Ann Sachs, Sarah Claire Schultz, Natalie Elaine Sullivan, Morgan Brianne Vandeven

**Washington** - Claire Ayers, Elizabeth Brennecke, Kelsee Crego, Emma Duncan, Ingrid Figas, Morgan Gratza, Madilyn Kipp, Lilly Nix, Sophia Olszowka, Mia Reed, Anna Schneider, Hannah Simons

**Wentzville Holt** - R'Zia Barber, Erin Bodine, Kiersten Dooley, Keirsen Franklin, Tatum Green, Madison Hunke, Madeline Jennings, Campbell King, Caitlyn Morgan, Adison Mosher, Paige Pieper, Gracyn Pietrusinski, Hannah Reeb, Kelby Robinson, Mya Robinson, Gina Saso, Sydni Scott, Makenna Seghers, Isabella Shelton, Sydney Shryock, Megan Stutsman, Cora Sverdrup, Clare Tyson, Katie Waple, Kaitlyn Weber

## **SPORTSMANSHIP**

**Fort Zumwalt West** - Meghan Hertling

**Francis Howell North** -

**Troy Buchanan** - Emilie Rossmiller

**Washington** - Madilyn Kipp

**Wentzville Holt** - Kaitlyn Weber

2019 Boys Volleyball

## **FIRST TEAM**

**Thomas Beye of Francis Howell North - Most Valuable Player**

**Avery Ward of Francis Howell North**

**Bobby Hubbard of Francis Howell Central**

**Austin Smith of Francis Howell Central**

**Aidan Murphy of Fort Zumwalt West**

**Collin Murray of Fort Zumwalt West**

**Jackson Sefrit of Fort Zumwalt South**

**Nick Ragan of Fort Zumwalt South**

SECOND TEAM

**Ethan Hugge - Fort Zumwalt South**

**Colin Hacker - Fort Zumwalt South**

**Evan Swain - Fort Zumwalt East**

**Noah Jami - Francis Howell Central**

**Sam Newton - Francis Howell Central**

**Ryan Orf - Fort Zumwalt West**

**John Garrelts - Francis Howell North**

**Patrick Koester - Francis Howell North**

**Chase Engelhard - Francis Howell**

ALL ACADEMIC

**Fort Zumwalt West** - Collin Murray, Aidan Murphy, Cade Zelinsky, Bryce Parker, Trent Parson, Bennett Nelson, Ryan Orf, Charan Dyavanapalli

**Francis Howell North** - Thomas Beye, Noe Bustos, Trey Dhesa, John Garrelts, Jacob Dulaney, Dillon Lauer, Evan Maag, Avery Ward, Patrick Koester, William Skaggs, Zach Zimmermann, Grogan Kraus, Louis Primeau

**Francis Howell Central** -Dean Buffa, Bobby Hubbard, Dominic Johnson, Austin Smith, Niko Garbin, Sam Newton, Eric Peasel, Dylan Stover, Carl Swanson, Quin Silvey

**Fort Zumwalt East** - Gabe Mrazik, Trejon Cowden, Matt McGinnis, Parker Reno, Kyle Kohls, Dalton Hicks, Evan Longar, Evan Swain, Kyle Layton, Trevor Andershock, Ty Rodermund, Mohit Grewal, Reese Jones

**Fort Zumwalt South** - Seth Britt, Jacob Fulhorst, Colin Hacker, Ethan Hugge, Luke Larabee, Jackson Seifert, Alex Soots, Kristopher Sorenson, Hunter Westhues, Clayton Wiemann -



Fort Zumwalt North -

Francis Howell -

## SPORTSMANSHIP

**Fort Zumwalt West** - Aidan Murphy

**Francis Howell North** - Noe Bustos

**Francis Howell Central** - Dominic Johnson

**Fort Zumwalt East** - Kyle Layton

**Fort Zumwalt South** - Ethan Hugge

Fort Zumwalt North -

Francis Howell -

GATEWAY ATHLETIC CONFERENCE

HALL OF FAME

INDUCTEES

2019



STEVE COLYER

**Steve Colyer a 1997 graduate of Fort Zumwalt South was a member of South's 1996 MSHSAA 2nd place finish in baseball. He went on to play professional baseball with the LA Dodgers, Atlanta Braves and the Detroit Tigers from 2003 to2007.**



MELISSA GENTILE

with Dr. Jason Green

**Melissa Gentile graduated from Wentzville Holt in 1996 and continued her education at the University of Michigan. At Holt, she was a 1995 All-State Softball pick, as well as All-District selection in softball in 1992, 1994 and 1995. At Michigan she was a 4 year letter winner and finished her softball career holding career (38) and season (13) home run records through 2004. She was selected Big Ten "Freshman of the Year" in 1997. She was an All Big Ten, Region and All-American in 1998. She was selected to the All-Tournament Team at the 1997 College World Series. She played on the USA Women's National Team from 1996 to 2000 and played professionally for the Akron Racers in 2000.**



TOMMY LANE

**Tommy Lane finished his high school career at Fort Zumwalt South in 2003. As an outstanding high school pitcher he attended SWIC, Central Missouri State and then Mt. Olive of North Carolina. In 2007 he was an All-American with a 10-1 record. He was drafted in the 26th round by the Arizona Diamondbacks in 2007. Tommy made his Major League debut on August 14, 2012 with the San Diego Padres 7e played for the Boston Red Sox in 2014, 2015, and 2016, the New York Yankees in 2016 and 2017 and was a Triple A All-Star in 2014. He was in the LA Dodgers organization in 2017 and is now in the SL Cardinals system as of 2018 and 2019. He has a career ERA of 3.61 in 216 MLD appearances and 150 innings work. He recorded 137 strikeouts with an 8-5 record.**



TODD JOERLING

**Todd Joerling was a Francis Howell graduate and a three-sport athlete. He competed in football, baseball and basketball while at Howell. In football, Todd was 1st Team All-Conference and 2nd Team All District in 1980, followed by a 1st Team All-Conference and 1st Team All District selection in 1981. He played in the All-State Lions All Star game. In baseball, he was named to the 1st Team All-Conference, All District and All Metro as a pitcher. He was an All-Conference Honorable Mention player in basketball in both 1980 and 1981. As a 4-year baseball player at Southwest Missouri State University he was named Freshman Rookie of the Year and a Senior Captain of the team. As a softball player, Todd was a member of the USA National Softball Hall of Fame, the ISA Softball Hall of Fame, the NSA Softball Hall of Fame, the USSSA Softball Hall of Fame and the St. Louis Sports Hall of Fame. He was a member of 13 National Championship Softball Teams, and was a member of the Inaugural 2009 Softball Team USA. He holds a .720 lifetime batting average, was selected 31 times as ALL-World, 7-time National batting title, 2 Gold Gloves and 1 Team World Series Batting Champion. Easton Sports honored Todd with the "Todd Joerling Signature Bat".**