

**2020**

**NORTH DIVISION BOYS CROSS COUNTRY**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

<b>Athlete</b>	<b>School</b>	<b>Time</b>
Ian Schwierjohn	Orchard Farm	16:30.47
James Wortham	Saint Charles West	16:31.15
Nate Maples	Saint Charles	17:27.95
Zachary Southard	Saint Charles West	17:58.56
Luke Nottmeyer	Saint Charles	17:59.92
Thomas Dulle	Orchard Farm	18:33.83
Wyatt Claiborne	Warrenton	18:44.97
Abhiram Kudaravalli	Saint Charles West	18:48.34
Benjamin Martin	Orchard Farm	19:21.60
Alexander Knight	Orchard Farm	19:39.96
Joseph McLaurin	Orchard Farm	20:00.78
Jack Hoecklemann	Winfield	20:11.20
Avery Johnson	Winfield	20:17.75
Brandon Mace	Saint Charles West	20:30.71

## **TEAM SCORES: ORCHARD FARM 37;**

**SAINT CHARLES WEST 44; SAINT CHARLES 72; WINFIELD 83;  
WARRENTON 89**

## **ALL ACADEMIC**

**Orchard Farm -**

**Saint Charles -**

**Saint Charles West -**

**Warrenton -**

**Winfield -**

## **SPORTSMANSHIP**

**Orchard Farm -**

**Saint Charles -**

**Saint Charles West -**

**Warrenton -**

**Winfield -**

**2020**

**CENTRAL DIVISION BOYS CROSS COUNTRY  
ALL CONFERENCE INDIVIDUALS**

## ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS

Athlete	School	Time
Taylor Mason	Fort Zumwalt South	19:00.00
Devon Alexander	Francis Howell North	19:07.00
Collin Fay	Wentzville Liberty	19:36.00
Josh Rossman	Wentzville Liberty	19:47.00
Dylan Carson	Wentzville Liberty	20:00.00
Owen Bates	Fort Zumwalt South	20:06.00
J. D. Grana	Wentzville Liberty	20:07.00
Julian Galaz	Fort Zumwalt South	20:11.00
Justin Brewer	Francis Howell North	20:12.00
Jacob Williams	Fort Zumwalt North	20:14.00
Tyler Anderson	Fort Zumwalt East	20:17.00
Jacob Goforth	?	20:23.00
Sean Looney	Wentzville Liberty	20:24.00
Diego Jurado	Wentzville Liberty	20:40.00

**TEAM SCORES: WENTZVILLE LIBERTY 26;**

**FORT ZUMWALT NORTH 52; FORT ZUMWALT SOUTH 66;  
FORT ZUMWALT EAST 83**

# **ALL ACADEMIC**

**Fort Zumwalt East -**

**Fort Zumwalt North -**

**Fort Zumwalt South -**

**Washington - Ethan Bliss, Ben Scheperie**

**Wentzville Liberty -**

**Wentzville Timberland -**

# **SPORTSMANSHIP**

**Fort Zumwalt East -**

**Fort Zumwalt North -**

**Fort Zumwalt South -**

**Washington - Ben Scheperie**

**Wentzville Liberty -**

**Wentzville Timberland -**

**2020**

**SOUTH DIVISION BOYS CROSS COUNTRY**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

<b>Athlete</b>	<b>School</b>	<b>Time</b>
Nicholas Cimmarusti	Francis Howell	15:54.99
Tyler Freiner	Wentzville Timberland	16:02.16
Trevor Peimann	Wentzville Timberland	16:08.45
Bennett Boatman	Fort Zumwalt West	16:28.69
Nicholas Parker	Fort Zumwalt West	16:33.65
Brady Evans	Francis Howell	16:35.15
Jack Rider	Fort Zumwalt West	17:07.29
Jonah McHaffie	Wentzville Timberland	17:11.71
Jayce Hollister	Francis Howell	17:12.10
Brody Orf	Troy Buchanan	17:14.72
Jaxson Copelin	Fort Zumwalt West	17:15.91
Lucas Wright	Francis Howell	17:17.63
Tyler Bredenber	Wentzville Timberland	17:17.68
Graham Black	Francis Howell	17:20.82

**TEAM SCORES: FRANCIS HOWELL 42;**

**WENTZVILLE TIMBERLAND 42; FORT ZUMWALT WEST 44;  
FRANCIS HOWELL CENTRAL 134; TROY BUCHANAN 139;  
WENTZVILLE HOLT 141**

## **ALL ACADEMIC**

**Fort Zumwalt West - Gavin Ball, Bennett Boatman, Mason Brown, Reece Calia, Tyler Coleman, Jaxson Copelin, Silas Everding, Griffon Kipper, Anderson Lo, Kohler Palmer, Nick Parker, C. J. Shimel**

**Francis Howell -**

**Francis Howell Central -**

**Francis Howell North -**

**Troy Buchanan - Ryley Ballard, Evan Best, Isaac Carr, Myles Klaric, Thomas Mahler, Brody Orf, Trent Wortmann**

**Wentzville Holt - Aaron Eller, Aden Hicks, Baylor Reinker, Alexander Rose, Blake Thompson**

## **SPORTSMANSHIP**

**Fort Zumwalt West - Aidan Riley**

**Francis Howell -**

**Francis Howell Central -**

**Francis Howell North -**

**Troy Buchanan - Ryley Ballard**

**Wentzville Holt - Aden Hicks**

**2020**

## **NORTH DIVISION GIRLS CROSS COUNTRY**

### **ALL CONFERENCE INDIVIDUALS**

### **ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

<b>Athlete</b>	<b>School</b>	<b>Time</b>
Sally Werth	Saint Charles	20:32.41
Lauryn Schwierjohn	Orchard Farm	20:40.59
Kadence Berry	Winfield	20:41.04

Madelyn Marschel	Warrenton	21:07.04
Camryn Nelson	Orchard Farm	21:10.68
Avery Jackson	Saint Charles West	21:22.54
Camryn Petersmeyer	Warrenton	22:05.92
Alyssa Schreiber	Saint Charles	22:17.49
Bailey Goeke	Orchard Farm	22:35.47
Marissa Lefers	Orchard Farm	22:39.85
Jessi Rudar	Winfield	23:15.94
Emma Gilkison	Saint Charles	23:22.57
Jennifer Rodriguez	Saint Charles	23:50.36
Taylor Birkmeier	Saint Charles	23:53.88

**TEAM SCORES: ORCHARD FARM 22;**

**WARRENTON 34**

[note: only two teams fielded the required number of runners]

## **ALL ACADEMIC**

**Orchard Farm -**

**Saint Charles -**

**Saint Charles West -**

**Warrenton -**

Winfield -

## **SPORTSMANSHIP**

Orchard Farm -

Saint Charles -

Saint Charles West -

Warrenton -

Winfield -

**2020**

## **CENTRAL DIVISION GIRLS CROSS COUNTRY**

### **ALL CONFERENCE INDIVIDUALS**

#### **ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

<b>Athlete</b>	<b>School</b>	<b>Time</b>
Ally Kruger	Wentville Liberty	21:05.00
Maddie Gray	Fort Zumwalt South	21:47.00
Molly Morris	Wentzville Liberty	22:13.00
Belle Hill	Fort Zumwalt North	22:43.00
Megan Venturella	Wentzville Liberty	23:00.00



Sarah Morrison	Fort Zumwalt South	23:07.00
Julia Donnely	Washington	23:11.00
Adrienne Rockette	Wentzville Liberty	23:16.00
Emily Karr	Fort Zumwalt East	23:16.00
Fiona Flynn	Wentzville Liberty	23:27.00
Hailey Gerard	Fort Zumwalt South	23:34.00
McKenna Jacquin	Washington	24:00.00
Mia Mahon	Washington	24:52.00
Jessica Donnely	Washington	24:57.00

**TEAM SCORES: WENTZVILLE LIBERTY 26;**

**FORT ZUMWALT SOUTH 51; WASHINGTON 58; FORT ZUMWALT NORTH 89**

## **ALL ACADEMIC**

**Fort Zumwalt East -**

**Fort Zumwalt North -**

**Fort Zumwalt South -**

**Washington - McKenna Deckleman, Jessica Donnely, Julia Donnely, McKenna Jacquin, Avery Johnson, Mia Mahon, Allison Meyer, Lilly Nix, Mia Reed, Lindsay Sprung, Leah Wheeler**

**Wentzville Liberty -**

Wentzville Timberland -

## **SPORTSMANSHIP**

Fort Zumwalt East -

Fort Zumwalt North -

Fort Zumwalt South -

Washington - McKenna Jacquin

Wentzville Liberty -

Wentzville Timberland -

**2020**

## **SOUTH DIVISION GIRLS CROSS COUNTRY**

### **ALL CONFERENCE INDIVIDUALS**

### **ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

<b>Athlete</b>	<b>School</b>	<b>Time</b>
Kayley Russell	Wentzville Holt	18:36.59
Alessandra Madrid	Fort Zumwalt West	19:42.76
Michaela Flynn	Francis Howell	19:53.46
Morgan Puszkas	Wentzville Timberland	19:56.71

Ella Coulter	Francis Howell	20:05.60
Elizabeth Shaw	Wentzville Holt	20:10.66
Lydia Lehmbeck	Fort Zumwalt West	20:12.32
Nevaeh Soward	Fort Zumwalt West	20:24.72
Riley Linville	Fort Zumwalt West	20:31.48
Ashleigh Martin	Francis Howell	20:34.30
Jenna Ramadan	Wentzville Timberland	20:35.40
Sarah Russom	Francis Howell	20:39.97
Alice Cauley	Fort Zumwalt West	20:43.18
Allison Rush	Francis Howell Central	20:49.21

**TEAM SCORES: FORT ZUMWALT WEST 39;**

**FRANCIS HOWELL 46; WENTZVILLE TIMBERLAND 86; WENTZVILLE HOLT 87;**

**FRANCIS HOWELL CENTRAL 97; TROY BUCHANAN 183**

## **ALL ACADEMIC**

**Fort Zumwalt West - Ella Bassman, Tori Bockstadler, Chloe Bodway, Lilly Busby, Alice Cauley, Kate Grana, HannahGumper, Addison Kiehne, Lydia Kotsis, Autumn Kruckeberg, Lydia Lehmbeck, Riley Linville, Ali Madrid, Lexi Rademeyer, Deidra Sinkey, Kylie Skoba, Nevaeh Soward, Alexandra Spriggs**

**Francis Howell**

**Francis Howell Central**

**Franci Howell North**

**Troy Buchanan - Wendy Crum, Amber Easley, Elizabeth Hemmer, Maggie Huster, Stacia Marshall, Kaydence Nixon, Emma-Mae Price, Anna Stanton**

**Wentzville Holt - Nicole Kinnary, Payden Piertusinski, Gina Saso**

## **SPORTSMANSHIP**

**Fort Zumwalt West - Nevaeh Soward**

**Francis Howell -**

**Francis Howell Central**

**Franci Howell North**

**Troy Buchanan - Wendy Crum**

**Wentzville Holt - Gina Saso**

**2020**

## **NORTH DIVISION FOOTBALL**

### **ALL CONFERENCE INDIVIDUALS**

### **ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

## **QUARTERBACK**

	<b>Player</b>	<b>School</b>	<b>Year</b>
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<b>1st Team</b>	A. J. Snow	Orchard Farm	SR
<b>2nd Tem</b>	Caelon Weir	Warrenton	JR

## RUNNING BACK

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Laterrion West	Orchard Farm	JR
	Quincy McRoberts	Warrenton	JR
	Dominic Flint	Saint Charles West	SR
<b>2nd Team</b>	Deleon Smith	Saint Charles West	SR
	Trey Ward	Saint Charles	SR

## OFFENSIVE LINE

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Gabe Schauman	Orchard Farm	JR
	Jack Russell	Warrenton	SR
	Cole Sams	Winfield	JR
	Grant Middendorf	Saint Charles West	SR
	John Wilson	Saint Charles West	SR
<b>2nd Team</b>	T. J. Ray	Warrenton	JR
	Ben Ramey	Warrenton	SR
	Michael Moonier	Orchard Farm	JR
	Hunter Dunn	Winfield	JR
	Bea'chon Jackson	Saint Charles West	JR

## WIDE RECEIVER

	Player	School	Year
1st Team	Bryce Westerfeld	Orchard Farm	JR
	Devin Bledsoe	Orchard Farm	SR
2nd Team	Kolby Meine	Warrenton	JR
	Connor Tittle	Warrenton	SR

## KICKER

	Player	School	Year
1st Team	Darious DeCarolis	Saint Charles West	SR
2nd Team	Shane Brosenne	Warrenton	SR

## ATHLETE

	Player	School	Year
1st Team	Trey Ward	Saint Charles	SR
2nd Team	Austin Carson	Winfield	JR

## LINEBACKER

	Player	School	Year
1st Team	Andrew Cox	Warrenton	SR
	Alex Heitmann	Orcard Farm	SR

	Louis dieckmann	Saint Charles West	SO
	Trey Ward	Saint Charles	SR
<b>2nd Team</b>	Jacob Parker	Warrenton	SR
	Nick Mertens	Warrenton	SR
	Brandon Chouinard	Orchard Farm	JR
	Hunter Dunn	Winfield	JR
	Rayden Hudson	Winfield	JR

## DEFENSIVE LINE

	Player	School	Year
<b>1st Team</b>	Gabe Schauman	Orchard Farm	JR
	Marquis Gracial	Saint Charles	JR
	Jack Russell	Warrenton	SR
	Cole Sams	Winfield	JR
<b>2nd Team</b>	Colton Dyche	Warrenton	SR
	Alex Meyer	Saint Charles West	SR
	Grant Middendorf	Saint Charles West	JR

## DEFENSIVE BACK

	Player	School	Year
<b>1st Team</b>	Tyler Connoyer	Warrenton	SR
	Bryce Westerfeld	Orchard Farm	JR
	Austin Carson	Winfield	JR
	Dominic Flint	Saint Charles West	SR

<b>2nd Team</b>	Andy Trupiano	Orchard Farm	SO
	Shane Brosenne	Warrenton	SR
	Elijah Sleet	Winfield	JR
	Deleon Smith	Saint Charles West	SR

## **PUNTER**

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Darious DeCarolis	Saint Charles West	SR
<b>2nd Team</b>	Colton Brosenne	Warrenton	SO

## **PLAYER OF THE YEAR:**

**A. J. Snow, Senior, Orchard Farm**

## **COACHES OF THE YEAR:**

**Blake Arnette, Orchard Farm**

**Steve McDowell, Warrenton**

**Gary Strauss, Saint Charles West**

## **Sportsmanship Award**

**Orchard Farm - Cole Stephens**



**Saint Charles - Jason Rowe**

**Saint Charles West - Alex Meyer**

**Warrenton - Tyler Connoyer**

**Winfield - Austin Carson**

## **All-Academic Team**

**Orchard Farm - A J Snow, Andy Trupiano, Alex Heitmann, Trevor Souter, Cole Stephens, Will Statler**

**Saint Charles - Blake Wiggs, Justin Blair, Trey Ward, David Thorne, Riley Adams, Tracey Longley, Marquis Gracial, Kole Ward, Josh Klenke, Moses Brown, Kofi Mbroh**

**Saint Charles West - John Behrens, Branxton Burk, Chris Colyer, Barrett Disselhorst, Dominic Flint, Jaren Foster, Darin Gordon, Elliot Isom, Jacob Kirt, Grant Middendorf, Brayden Miller, Deleon Smith, Erik Sullivan, Daine Taylor, Carson Tuel, Andrew Ulett, John Wilson**

**Warrenton - Shane Brosenne, Andrew Cox, Colten Dyche, Nick Mertens, Jack Russell, Kolby Meine**

**Winfield - Austin Bray, Austin Carson, Hunter Dunn, Nathan Echols, Wade Ellison, Kaden Kaimann, Ethan Karras, Liam Ramsour, Logan Trupiano, Wil Wright**

**2020**

**CENTRAL DIVISION FOOTBALL**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

**QUARTERBACK**

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Jack Newcomb	Fort Zumwalt North	SR
<b>2nd Tem</b>	Jay Higgins	Fort Zumwalt South	JR

## **RUNNING BACK**

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Tyler Oakes	Fort Zumwalt North	SR
	Chris Futrell	Fort Zumwalt North	SR
	Cole Nahlik	Washington	SR
<b>2nd Team</b>	Louis Paule	Washington	SR
	Dylan Pape	Washington	SR
	Jordan Smith	Wentzville Liberty	JR
	Keijuan Howard	Fort Zumwalt South	SR

## **OFFENSIVE LINE**

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Nate Rapplean	Fort Zumwalt North	SR
	Brendan Mahoney	Fort Zumwalt North	SR
	Brandon Bergner	Washington	SR
	Adel Mountassir	Francis Howell North	SR
	Matt Craig	Wentzville Liberty	SO
<b>2nd Team</b>	Eddie Angelbeck	Fort Zumwalt North	SR
	Sam Davis	Fort Zumwalt North	SR

	Kaleb Burr	Washington	SR
	Sam Rost	Washington	JR
	Domonic Tjaden	Fort Zumwalt East	SR
	Matt Goode	Fort Zumwalt South	SR

## WIDE RECEIVER

	Player	School	Year
<b>1st Team</b>	Ryan Hoerstkamp	Washington	SR
	Zach Bensing	Fort Zumwalt South	SR
<b>2nd Team</b>	Bobby Merris	Fort Zumwalt North	SR
	Robert Rezek	Fort Zumwalt North	SR
	Eli Edmonds	Fort Zumwalt South	SR

## KICKER

	Player	School	Year
<b>1st Team</b>	Jonah Cox	Fort Zumwalt South	SR
<b>2nd Team</b>	Caleb Schneider	Fort Zumwalt East	SO

## ATHLETE

	Player	School	Year
<b>1st Team</b>	Cam Millheiser	Washington	JR
<b>2nd Team</b>	Josh Johnston	Fort Zumwalt East	SR

## LINEBACKER

	Player	School	Year
<b>1st Team</b>	Eddie Angelbeck	Fort Zumwalt North	SR
	Parker Monnig	Fort Zumwalt North	SR
	Owen Bartlett	Washington	SR
	Luke Picht	Fort Zumwalt South	SR
<b>2nd Team</b>	Wyatt Haynes	Wentzville Liberty	SR
	Dylan Pape	Washington	SR
	Tim Franklin	Fort Zumwalt East	JR
	Jack Bishop	Fort Zumwalt South	SR

## DEFENSIVE LINE

	Player	School	Year
<b>1st Team</b>	Brendan Mahoney	Fort Zumwalt North	SR
	Nate Rapplean	Fort Zumwalt North	SR
	Ryan Hoerstkamp	Washington	SR
	Trevor Buhr	Washington	SO
<b>2nd Team</b>	Braydon Oxford	Fort Zumwalt East	JR
	Jordan Griggs	Fort Zumwalt South	SR
	De'Shawn Williams	Fort Zumwalt North	SR
	Adel Mountassir	Francis Howell North	SR

## DEFENSIVE BACK

	Player	School	Year
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<b>1st Team</b>	Jalen Lee	Fort Zumwalt North	JR
	Robert Rezek	Fort Zumwalt North	SR
	Luke Kroeter	Washington	SR
	Josh Johnston	Fort Zumwalt East	SR
<b>2nd Team</b>	Luke Linden	Wentzville Liberty	SR
	Chris Reckel	Fort Zumwalt North	JR
	Jack Lackmann	Washington	SR
	Korey Jarrell	Washington	SR
	Jay Lesley	Fort Zumwalt South	JR

## PUNTER

	Player	School	Year
<b>1st Team</b>	Jonah Cox	Fort Zumwalt South	SR
<b>2nd Team</b>	Chris Reckel	Fort Zumwalt North	JR

## PLAYER OF THE YEAR:

**Nate Rapplean, Fort Zumwalt North, Senior**

## COACH OF THE YEAR:

**Joe Bacon, Fort Zumwalt North**

## Sportsmanship Award

**Fort Zumwalt East - Domonic Tjaden**

**Fort Zumwalt South - Darius Johnson**

**Fort Zumwalt North - Jack Newcomb**

**Francis Howell North - Angelo Burris**

**Washington- Kaleb Burr**

**Wentzville Liberty - Wyatt Haynes**

## **All-Academic Team**

**Fort Zumwalt East - Noah Butler, Luke Knoll, Austin Myers, Landon Oxford, Matthew Richardson, Tylan Rudd, Francisco Salcido, Tyler Shortt, Domonic Tjaden**

**Fort Zumwalt South - Nick Atwood, Chase Bensing, Zach Bensing, Jack Bishop, Carmichael Burnett, Mason Clark, Donovan Crandall, Jacob Finnegan, Matt Goode, Darius Johnson, Jaden Luu, Austin Mahoney, Luke Picht, Matt Robison, Jake Schwepker, James Sefrit**

**Fort Zumwalt North - Blake Anderson, Dane Bishop, Olivia Elzey, Reghan Gacki, Prentice Henderson, Davis Herbst, Andrew Hoppe, Logan Knapp, Cameron Latina, Brendan Mahoney, Robert Merris, Parker Monnig, Jack Newcomb, Christopher Polashek, Nathan Rapplean, Robert Rezex, Allison Simms, Christien Spilker, Spencer Steinmeyer**

**Francis Howell North - Robert Kyle, Will Perry, Jeremy Moutray, Marshall Swope, Marshall Hines, Jordan Minter, Dominic Stojanovic, Ian Kelly, Kyle Mccrary, Christopher Hall, Brenden Leuthauser, Sean Kloecker, Kace Sargent, Lucas Neuschwander, Ethan Matlack, Jesse Collins, Aaron Okello, Luke Williams, Alex Roland, Jadon Gauerke, Adel Mountassir, Lucas Koehler, Aaron Lashley, Gabriel Kasper, Luke Hahn, Braedon Salter**

**Washington - Jack Lackmann, Aden Pecka, Devon Deckelman, Ian Junkin, Jak Livengood, Davis Gruber, Cam Millheiser, Cole Nahlik, Hayden Thiemann, Carter Riegel, Kellen Schiermeier, Evan Gaither, Connor Peterson, Clyde Hendrix, Louis Paule, Cameron Meyer, Nate Rogala, Luke Kroeter, Jake Straatmann, Tanner Schwoeppe, Will Lingle, Mark Hensley, Isaac Burr, Dylan Borgmann, Marcus Rogala, Sam Rost, Brandon Bergner**

**Wentzville Liberty - Jacob Benes, Max Bushway, James Ford, Wyatt Haynes, Owen Herling, TJ Irlmeier, Luke Linden, Blake Seaton, Anthony Tavalacci, Jackson Ward, Parker Young, Sam Arrington, Seth Benes, Cole Blackstock, Zach Burrright, Matt Craig, Warren Gann, Geoffrey Hudson, Brandon Kertz, Tyler Metheney, Sam Ptasienski, Diego Rocha, Kevin Sweet, Jacob Sorge, Ethan Weiler**

**2020**

**SOUTH DIVISION FOOTBALL**  
**ALL CONFERENCE INDIVIDUALS -**  
**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

**QUARTERBACK**

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Cooper Brown	Wentzville Holt	JR
<b>2nd Tem</b>	Alex Pipes	Francis Howell	SR

**RUNNING BACK**

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Dane Mohrmann	Francis Howell	SR
<b>2nd Team</b>	Zach Collins	Troy Buchanan	SR

**OFFENSIVE LINE**

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Owen Heslin	Francis Howell	SR
	Hayden Hauser	Francis Howell	SR
	Austin Bone	Wentzville Holt	JR

	Andrew Bontrager	Wentzville Timberland	JR
	Luke Strassner	Fort Zumwalt West	SR
<b>2nd Team</b>	Donovan Kuehn	Francis Howell	SR
	Jahkai Lang	Troy Buchanan	SO
	Quinn Brown	Wentzville Holt	FR
	Cayden Gillham	Wentzville Timberland	JR
	Jackson Petty	Wentzville Timberland	SR
	Dylon Eller	Francis Howell Central	JR

## WIDE RECEIVER

	Player	School	Year
<b>1st Team</b>	Jackson Hetzel	Francis Howell	SR
	Brett Norfleet	Francis Howell	SO
	Colin Bunner	Wentzville Holt	JR
	Jackson Smith	Wentzville Holt	JR
<b>2nd Team</b>	Quincy Morris	Wentzville Holt	SR
	Alex Ginnever	Wentzville Holt	JR
	Chris Kerr	Fort Zumwalt West	SR
	Kannon Cissell	Francis Howell Central	SR

## KICKER

	Player	School	Year
<b>1st Team</b>	Josh Deal	Francis Howell	SO
<b>2nd Team</b>	Josh Gibbs	Wentzville Timberland	JR



## ATHLETE

	Player	School	Year
<b>1st Team</b>	Alex Pipes	Francis Howell	SR
<b>2nd Team</b>	Kyle Wuebbling	Wentzville Holt	JR

## LINEBACKER

	Player	School	Year
<b>1st Team</b>	Max Wilson	Francis Howell	JR
	Will Doherty	Francis Howell	SR
	Kaden Moore	Wentzville Holt	SO
	Chris Kerr	Fort Zumwalt West	SR
<b>2nd Team</b>	Brett Smith	Troy Buchanan	SO
	Colin Bunner	Wentzville Holt	JR
	Liam Webb	Fort Zumwalt West	SR
	Marlon Woods	Francis Howell Central	SR

## DEFENSIVE LINE

	Player	School	Year
<b>1st Team</b>	Jack Meyer	Francis Howell	SR
	Jahkai Lang	Troy Buchanan	SO
	Clayton Mitchell	Wentzville Holt	SR
	Cole Matthews	Fort Zumwalt West	SR
<b>2nd Team</b>	Travon Ballard	Francis Howell	SR
	Jackson Petty	Wentzville Timberland	SR

	Travis Reeves	Wentzville Timberland	SO
	Andrew Golden	Francis Howell Central	SR
	T. J. Houston	Francis Howell	JR

## DEFENSIVE BACK

	Player	School	Year
<b>1st Team</b>	Gus Hetzel	Francis Howell	SR
	Nick Bova	Troy Buchanan	SO
	Isaiah Slaughter	Wentzville Holt	JR
	Jay Harris	Wentzville Timberland	JR
<b>2nd Team</b>	Zach Biever	Francis Howell	SR
	Kendall Gurley	Francis Howell	FR
	Charos Sutton	Troy Buchanan	SO
	Dominick Slivinski	Francis Howell Central	SR
	Tra'Von Kennedy	Wentzville Timberland	SR
	Dylan Nienhaus	Wentzville Timberland	SR

## PUNTER

	Player	School	Year
<b>1st Team</b>	Alex Pipes	Francis Howell	SR
<b>2nd Team</b>	A. J. Raines	Wentzville Timberland	SO

## PLAYER OF THE YEAR:

## **Dane Mohrmann, Francis Howell, Senior**

### **COACH OF THE YEAR:**

**Brent Chojnacki, Francis Howell**

### **Sportsmanship Award**

**Fort Zumwalt West - Nick Herbst**

**Francis Howell - Matt Cook**

**Francis Howell Central - Andrew Golden**

**Troy Buchanan - Camden Dillow**

**Wentzville Holt - Nathan Samel**

**Wentzville Timberland - Jackson Petty**

### **All-Academic Team**

**Fort Zumwalt West - Jack Barnes, Dylan Bates, Aiden Copeland, Brady Davis, Cody Gough, Brett Graczyk, Caleb Greiner, Nick Herbst, Putt Houston, Ethan Hatfield, Chris Kerr, Austin Kidd, Jayden Kouadio, Peyton Kraus, Michael Ludwig, Xavier Oatts, Allan Phan, Asa Pickett, Quinn Purcell, Cooper Robertson, Matt Stano, Connor Stein, Liam Webb, Drake Wright, Karter Zengil, Hunter Atwell, Bryce Clubb, Daniel Dubowski, Matthew Golden, Collin Greiner, Max Hardcastle, Kyle James, Tyler James, Darius Jones, Zach Kriete, Daniel Mainer, Ben Osterholt, Brendan Shane, Nathan Sloane, Jacob Stickels, Josh Turner**

**Francis Howell - Aiden Montgomery, Alex Kohrs, Blake Walter, Brady Hultman, Brandon Glenn, Brett Norfleet, Bryant Thomas, Caleb Miller, Cole Schultz, Conner Schoenherr, Cooper Corley, Damon Williams, Dashon Hudson, Dawson Nguyen, Ethan Bryles, Garrett Herman, Griffin Kuester, Gus Hetzel, Hayden Foster, Hayden Hauser, Henry Colombatto, Irvin Heggemann, Jack Betlach, Jack Meyer, Jackson Hetzel, Jacob Meyer, James Canul, Jb Ney, Jesse Versheldon, Jett Rupp, Jude James, Lex Ramsay, Logan Hornback, Lucas Brown, Luke Mcchesney, Maheep Minhas, Mason Poinsett, Matt Ruder, Max Degrande, Max Wilson, Nick Litschgi, Nick Yost, Owen Heslin, Reid Weber, TJ Houston, Xavier Machado, Zach Bieber**

**Francis Howell Central - Ryan Benton, Nathan Brown, Aidan Colby, David Cross, Max David, Dalton Dawson, Angalina Deidrick, Spencer Fleming, Caleb Flowers, Parker Frye, Andrew Golden, Jacob Hacker, Sean Hayles, Aidan Hernandez, Noah Higgins, Cullen Humes, Khristian Humes, Nick Johnson, Matt Jones, Corey Jones, Jason Kuhn, Madilynn Marstall, Darien Mayers, Lucas Merideth, Aiden Nicholson, Will Orf, Nick Ortinau, Jordan Outlaw, Michael Pagnotti, Ryan Roark, Hunter Robertson, Arman Sams, Seth Skebo, Dominick Slivinski, Daniel Smith, Brandon Spies, Brock Spinale, Thomas Stuhlman, Jacob Taylor, Alex Vogel**

**Troy Buchanan - Preston Barciszewski, Nick Bova, Todd Bowman, Camden Dillow, Mason Gessert, Carter Holloway, Levi Jeffers, Bryan Kasten, Jahkai Lang, Cole Lejeune, Tyler Long, Ivaylo Mikov, Jacob Raines, Ethan Ryan, Brett Smith, Charos Sutton, Kayden Uhlmeyer, Austin Wenzel, Elijah Wurtz**

**Wentzville Holt - Cooper Brown, Austin Brown, Kaden Moore, Hunter Brickson, Kyle Wuebbeling, Logan Smith, Zack Thomsen, Jason Beck, Nathan Samel, Andrew Peppin, Frank Merrell, Scot Stutsman, Will Manning, Jacob Nelson, Nick Hayes, Caden Duke, John Kenawell**

**Wentzville Timberland - Josh Arndt, Andrew Bontrager, Trevor Busken, Dylan Downes, Jeff Fetterhoff, Cayden Gillham, Nate Martin, Carson Mccaleb, Sam Mortimore, Jackson Petty, AJ Raines, Gavin Schaefer, Andy Thomason, Nick Turner, Jake Wilson, Josh Wortmann, Cooper Yates**

**2020**

## **NORTH/CENTRAL DIVISION GIRLS GOLF**

### **ALL CONFERENCE INDIVIDUALS**

#### **ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

Kelly Karre	Wentzville Liberty	84
Kyndall Stubblefield	Wentzville Liberty	88

Sophia Welch	Fort Zumwalt South	91
Mia Lanemann	Washington	93
Maggie Morrison	Fort Zumwalt South	97
Ava LaPosha	Fort Zumwalt South	97
Isabella Fitzgerald	Washington	98
Abby Hacker	Fort Zumwalt South	98
Liz Bigler	Fort Zumwalt North	98
Emily Molitor	Washington	98
Madalyn Breckenridge	Wentzville Liberty	99
Sophie Chenot	Wentzville Liberty	100

## **TEAM STANDINGS [GAC Tournament]: **Wentzville Liberty 371;****

**Fort Zumwalt South 383; Washington 396; Fort Zumwalt North 440; Fort Zumwalt East 481; Warrenton 530**

## **SPORTSMANSHIP**

**Fort Zumwalt North -**

**Fort Zumwalt South -**

**Warrenton - Aimee Hanratty**

**Washington - Mia Lanemann**

**Wentzville Liberty -**

**Wentzville Timberland -**

## **ALL ACADEMIC**

**Fort Zumwalt North -**

**Fort Zumwalt South -**

**Warrenton -Aimee Hanratty, Sam Butkovich, Olivia Mischlispy, Shaye Drees, Merrick Owens**

**Washington - Hannah Bryson, Molly Buschmann, Isabella Fitzgerald, Joie Heien, Grace Landwehr, Mia Lanemann, Emily Molitor**

**Wentzville Liberty -**

**Wentzville Timberland -**

**2020**

**SOUTH DIVISION GIRLS GOLF**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

Kylee Hormuth	Francis Howell	70
Hannah Bollinger	Wentzville Holt	78
Alex Hiebert	Wentzville Holt	79
Hannah Inchiostro	Francis Howell	82
Lucy Porzinski	Wentzville Timberland	83
Gabby Rettinghaus	Wentzville Timberland	83
Lizzie Ostrem	Fort Zumwalt West	85
Lauren Meindl	Wentzville Timberland	85
Lauren Arand	Fort Zumwalt West	86

Katie Waple	Wentzville Holt	89
Kylie Eicholz	Troy Buchanan	91
Viviana Boix	Wentzville Holt	92

## **TEAM STANDINGS [GAC Tournament]: WENTZVILLE HOLT 331;**

**WENTZVILLE TIMBERLAND 346; FRANCIS HOWELL 351; FORT ZUMWALT WEST  
357; FRANCIS HOWELL NORTH 375; TROY BUCHANAN 388; FRANCIS HOWELL  
CENTRAL 424**

## **ACADEMIC**

**Wentzville Holt - Viv Boix, Hannah Bollinger, Alex Hiebert, Hailey Pykiet, Kaitlyn Waple**

**Troy Buchanan - Julia Boessen, Isabel Holland, Carley Meyer**

**Fort Zumwalt West - Lauren Arand, Cheing Hai Christen, Joanne Kim, Lainie Mueller,  
Lizzie Ostrem, Ryen Tindall, Gretchen Venghaus**

**Wentzville Timberland -**

**Francis Howell -**

**Francis Howell Central -**

**Francis Howell North -**

# **SPORTSMANSHIP**

**Wentzville Holt - Katie Waple**

**Troy Buchanan - Julia Boessen**

**Fort Zumwalt West - Lizzie Ostrem**

**Wentzville Timberland -**

**Francis Howell -**

**Francis Howell Central -**

**Francis Howell North -**

**2020**

**NORTH DIVISION BOYS SOCCER**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

## **FIRST TEAM**

<b>Player</b>	<b>Year</b>	<b>Position</b>	<b>School</b>
<b>Ethan Bromaghim</b>	12	Midfielder	Orchard Farm
<b>Ryan Russell</b>	12	Midfielder	Saint Charles
<b>Michael Bhat</b>	12	Forward	Orchard Farm



<b>Bobby Pauly</b>	10	Midfielder	Orchard Farm
<b>Caden Lucido</b>	11	Defender	Orchard Farm
<b>Chase Wetzler</b>	12	Keeper	Saint Charles
<b>Caleb Schneider</b>	12	Midfielder	Saint Charles
<b>Jack Walker</b>	12	Defender	Saint Charles
<b>Brett Piotrowicz</b>	11	Midfielder	Winfield
<b>Bryan Guerrero</b>	09	Forward	Warrenton
<b>Sam Papin</b>	12	Defender	Saint Charles West
<b>Darius DeCarolis</b>	12	Forward	Saint Charles West

## SECOND TEAM

<b>Player</b>	<b>Year</b>	<b>Position</b>	<b>School</b>
<b>Hunter Dreckshage</b>	12	Defender	Orchard Farm
<b>Dylan Hazel</b>	11	Defender	Orchard Farm
<b>Cadin Nelson</b>	12	Midfeildeer	Orchard Farm
<b>A. J. Taylor</b>	09	Defender	Orchard Farm
<b>Gabe Doughty</b>	11	Defender	Saint Charles
<b>Ethan Mercurio</b>	09	Midfielder	Saint Charles
<b>Noah McAlister</b>	11	Midfielder	Saint Charles
<b>Yidenpen Bayili</b>	10	Forward	Saint Charles
<b>Santiago Cano</b>	10	Midfielder	Warrenton
<b>Kaden Kaimann</b>	10	Forward	Winfield
<b>Gage Trempler</b>	11	Midfielder	Winfield
<b>Noah Thomas</b>	12	Defender	Winfield
<b>Michael Sommerville</b>	09	Defender	Saint Charles West
<b>Ray Rico</b>	12	Defender	Saint Charles West
<b>Steve Morales</b>	12	Midfielder	Saint Charles West

<b>Craig Kubiak</b>	12	Defender	Saint Charles West
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**PLAYER OF THE YEAR: Ethan Bromaghim of Orchard Farm, Senior, Midfielder**

**COACH OF THE YEAR : Brandon Cox of Orchard Farm**

## **Sportsmanship Award**

**Orchard Farm - Caden Nelson**

**Saint Charles - Ashton Winning**

**Saint Charles West - Karson Quinn**

**Warrenton - Wesley Arndt**

**Winfield -Jacob Taylor**

## **All Academic**

**Orchard Farm - Caden Lucido, Lucas Stopke, Dylan Hazel, Ethan Bromaghim, Michael Bhat, Bobby Pauly, Dylan Ohlms, Sam Jones**

**Saint Charles - Dylan Cross, Gabe Doughty, Noah McAlister, Nick Quay, Ryan Russell, Ayden Schneider, Jack Walker, Chase Wetzler, Ashton Winning**

**Saint Charles West - Jack Boyce, Craig Kubiak, Trevor New, Sam Papin, Ray Rico, Dayton Bullock, Tyler Grossmann, Zachary Grossmann, Braden Clark, Ian Hollander, Kyle Quinn, Ulises Sanchez**

**Warrenton - Wesley Arndt, Zach Bristol, Jacob Cullom, Elijah Duello, Josiah Hodgson, Maison Rader, Luke Rausch, John Scruggs, Parker Sherman**

**Winfield - Kaden Kaimann, Greg Penrod, James Schultz, Jacob Taylor, Noah Thomas, Gabe Trempler, Stephen Witt**

**2020**

**CENTRAL DIVISION BOYS SOCCER**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

**FIRST TEAM**

<b>Player</b>	<b>Year</b>	<b>Position</b>	<b>School</b>
<b>Karson Gibbs</b>	11	Forward	Fort Zumwalt South
<b>Roman Merris</b>	10	Midfielder	Fort Zumwalt North
<b>Dom Mrazik</b>	11	Forward	Fort Zumwalt East
<b>Jacob Groark</b>	12	Defender	Fort Zumwalt East
<b>Ryan Harvatin</b>	11	Midfielder	Fort Zumwalt South
<b>Luke Walsh</b>	12	Defender	Fort Zumwalt South
<b>Jack Jellinek</b>	11	Defender	Fort Zumwalt South
<b>Luke Dillon</b>	11	Keeper	Fort Zumwalt South
<b>Ryley Gibbs</b>	09	Forward	Fort Zumwalt South
<b>Kaden Marsh</b>	11	Forward	Wentzville Liberty
<b>Blaine King</b>	12	Midfielder	Wentzville Liberty
<b>Cole Click</b>	10	Forward	Washington

**SECOND TEAM**

Player	Year	Position	School
Patrick O'Day	11	Keeper	Wentzville Liberty
Gavin Netzel	09	Defender	Wentzville Liberty
Sam Travis	12	Forward	Fort Zumwalt North
Ethan Busse	12	Defender	Fort Zumwalt North
Holden Kocher	10	Defender	Fort Zumwalt East
Michael Brophy	12	Midfielder	Fort Zumwalt East
Carter Woodward	12	Midfielder	Fort Zumwalt East
Nathan Massey	09	Forward	Fort Zumwalt East
Brayden Bresler	10	Midfielder	Fort Zumwalt South
Connor Lovell	10	Defender	Fort Zumwalt South
Parker Kessler	12	Forward	Wentzville Liberty
Jack Shelton	12	Defender	Wentzville Liberty
Trent Pabst	11	Midfielder	Washington
Travis Bieg	11	Defender	Washington
Ryan Dittmar	11	Forward	Francis Howell North
Peter Moxley	12	Defender	Francis Howell North

**PLAYER OF THE YEAR: Karson Gibbs of Fort Zumwalt South, Junior, Forward**

**COACH OF THE YEAR : Jim Layne of Fort Zumwalt South**

### **Sportsmanship Award**

**Fort Zumwalt East - Gavin Roemerman**

**Fort Zumwalt North - Mason Cochran**

**Fort Zumwalt South - Kyle Lovell**

**Francis Howell North - Austin Bitter**

**Washington - Carter Kleekamp**

**Wentzville Liberty - Liam Merino**

## **All Academic**

**Fort Zumwalt East - Nicholas Bauer, Michael Brophy, Jacob Groark, Dalton Hicks, Holden Kocher, Kyle Kohls, Dominic Mrazik, Gabriel Mrazik, Noah Myers, Maximus Nash, Drake O'Hearn, Daniel Riazzi, Ty Rodermund, Colin Roemerman**

**Fort Zumwalt North - Braeden Bertel, Ethan Busse, Mason Cochran, Davis Herbst, Dylan Jackson, Nolan Plum, Benjamin Schwerdt, Patrick Waidmann, Reese Wilson, Andrew Wyman**

**Fort Zumwalt South -Evan Baisch, Brayden Bresler, Evan Carroll, Luke Dillon, Karson Gibbs, Ryley Gibbs, Jack Jellinek, Zachary Koester, Connor Lovell, Kyle Lovell, Brendan Owens, Carter Rich, Dillon Rich, Luke Walsh, Colin Wilson**

**Francis Howell North - Jack Stover, Peyton Caples, Hunter Shoulta, Joey Key, Cannon Murray, Liam Levins, Gavin Schroeder, Ryan Dittmar, Brandon Roider, Khalin Shah, Peter Moxley, Koen Schaffer, Logan Johnson, Ben Wisdom, Braydon Massman, Austin Bitter**

**Washington - Trent Pabst, Owen Burge, Isaac Agren, Timothy Boehlein, Levi Brautigam, Carter Kleekamp, Bobby Laughlin, Travis Bieg, Timofei Rhodes, Darren Armfield, Harsh Patel, Will Kelpke, Tyler Eckelkamp, Kaden Wenda, Cole Click, Caden Robertson, Micah Gargrave**

**Wentzville Liberty - Max Douglas, Preston Greenhalgh, Aidan Holtz, Parker Kessler, Blain King, Schrader Ludwig, Liam Merino, Ben Meyer, Aiden Moore, Patrick O'Day, Reese Outman, TJ Seithel, Neil Sinclair**

**2020**

**SOUTH DIVISION BOYS SOCCER**

# ALL CONFERENCE INDIVIDUALS

## ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS

### FIRST TEAM

Player	Year	Position	School
Alex Hermann	12	Forward	Fort Zumwalt West
Jimmy Sanchez	12	Forward	Francis Howell Central
Nick Taylor	11	Forward	Francis Howell
Justin Olwig	12	Keeper	Francis Howell
Aiden Morgan	12	Midfielder	Francis Howell
Joel Thwing	12	Defender	Francis Howell
Morgan Monia	12	Defender	Fort Zumwalt West
Tyler Kaminski	12	Defender	Fort Zumwalt West
Carter Redford	12	Midfielder	Francis Howell Central
Gino Buffa	12	Defender	Francis Howell Central
Zach Renz	12	Midfielder	Wentzville Timberland
Adam Luetkemeyer	12	Midfielder	Wentzville Timberland

### SECOND TEAM

Player	Year	Position	School
Carter Youmans	11	Midfielder	Fort Zumwalt West
Zach Edler	12	Midfielder	Fort Zumwalt West
Ryan Steevens	12	Midfielder	Fort Zumwalt West
Dan Garvilla	12	Forward	Francis Howell
Drew Settlemoir	11	Midfielder	Francis Howell
Jackson Riege	10	Defender	Francis Howell
Mason Ballas	12	Midfielder	Francis Howell

<b>Tyler Cuba</b>	12	Defender	Francis Howell Central
<b>Tanner Jones</b>	10	Midfielder	Francis Howell Central
<b>T. J. Balducci</b>	12	Keeper	Troy Buchanan
<b>Carson Lebegue</b>	12	Defender	Troy Buchanan
<b>Mitch Terbrock</b>	12	Defender	Wentzville Holt
<b>Cameron Stinson</b>	12	Defender	Wentzville Holt
<b>Quinton Garafolo</b>	12	Forward	Wentzville Holt
<b>Collin McLaughlin</b>	11	Defender	Wentzville Timberland
<b>Jacob Callahan</b>	11	Midfielder	Wentzville Timberland

**CO-PLAYERS OF THE YEAR: Alex Hermann of Fort Zumwalt West, Senior, Forward and Jimmy Sanchez of Francis Howell Central, Senior, Forward**

**COACHES OF THE YEAR : Derek Phillips of Francis Howell Central and Brad Fischer of Fort Zumwalt West**

### **Sportsmanship Award**

**Fort Zumwalt West - Jackson Williams**

**Francis Howell - Will Spencer**

**Francis Howell Central - Luke Fisher**

**Troy Buchanan - Jacob Love**

**Wentzville Holt - Tegan Reynolds**

**Wentzville Timberland - Mitchell Weitkamp**

## **All Academic**

**Fort Zumwalt West - Zach Dreyer, Doug Fenstermacher, Jared Fitch, Michael Higuchi, Michael Houston, Brenden Hummer, Tyler Kaminski, Morgan Monia, Michael Moresi, Nicholas Mormino, Nathan Naumann, Noah Naumann, Jackson Williams, Carter Youmans**

**Francis Howell - Patrick Adam, Mason Ballos, Max Benenati, Connor Crawford, Zach Dischbein, Daniel Fields, Caleb Flanders, Chris Harris, Grady Humbert, Joey Mackey, Caden Maupin, Lucas Meyer, Aiden Morgan, Justin Olwig, Jackson Riege, Chris Sanders, Drew Settlemoir, Jaden Skonning, Will Spence, Rakshak Sudhakaran, Nick Taylor, Joel Thwing, Carter Wiegand**

**Francis Howell Central - Carter Redford, Tanner Jones, Connor Phillips, AJ Zangaro, Jim Sanchez, Ben Raup, Tom Hubbard, Josiah Gould, Luke Fisher, Luke Cummings**

**Troy Buchanan - Tim Balducci, Jackson Benhardt, Levi Caldwell, Dillon Colbert, Joshua Coyotl, Mason Gessert, Caleb Jacobs, Jacob Latta, Carson Lebegue, Jacob Love, Matthew McLaughlin, Mitchell Ottinger, Nathan Ryan, Ethan Troutman, Aaron Vaughn**

**Wentzville Holt - Clayton Garofalo, Quinton Garofalo, Cooper Hayes, Nathan Hoenig, Caden Hof, Connor Hof, Collin-Jimenez-Pinkston, Oscar Sargent, Dyllan Weicht**

**Wentzville Timberland - Cooper Blake, Sagan Borengasser, Tyler Bryant, Jacob Callahan, Dominic Eggering, Nolan Gera, Connor Kendall, Micah Kramer, Henry Kriesmann, Adam Luetkemeyer, Collin McLaughlin, Patrick Nettler, Zachary Renz, Cooper Shinn, Trevor Slusser, William Thompson, Landon Keener**

**2020**

**NORTH DIVISION SOFTBALL**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

**PITCHERS**



<b>FIRST TEAM</b>	Kathryn McChristy	Warrenton	Junior
	Maddie Jackson	Saint Charles	Sophomore
<b>SECOND TEAM</b>	Brooke Hendrix	Saint Charles	Junior
	Maddie Jackson	Saint Charles	Freshman

## CATCHERS

<b>FIRST TEAM</b>	Nicole Voigt	Orchard Farm	Senior
<b>SECOND TEAM</b>	Avery Tucker	Warrenton	Senior

## UTILITY PLAYER

<b>FIRST TEAM</b>	Camille Martin	Winfield	Junior
	Kaylen Reynolds	Warrenton	Freshman
<b>SECOND TEAM</b>	Gabby Doza	Orchard Farm	Junior
	Avery Tucker	Warrenton	Junior

## INFIELDERS

<b>FIRST TEAM</b>	Gabi Doza	Orchard Farm	Senior
	Sarah Frerker	Saint Charles	Junior
	Hailey Roberts	Warrenton	Senior
	Kennady Estes	Warrenton	Senior
	Alexa Nickles	Winfield	Sophomore
<b>SECOND TEAM</b>	Tatum Bradshaw	Winfield	Junior
	Kaylin Haas	Warrenton	Junior

	Tori Krahl	Saint Charles West	Senior
	Ashleigh Reed	Saint Charles	Freshman
	Madison Steinhoff	Orchard Farm	Senior

## OUTFIELDERS

<b>FIRST TEAM</b>	Breanna Hollowell	Saint Charles	Senior
	Michele Higby	Warrentobn	Senior
	Anna Hoecklemann	Winfield	Junior
	Chloe Turnbull	Winfield	Freshman
<b>SECOND TEAM</b>	Kelsey Dinwiddie	Saint Charles West	Junior
	Camille Martin	Winfield	Sophomore
	Dani Schlager	Warrenton	Senior
	Emily Wright	Winfield	Junior

**PLAYER OF THE YEAR:** *Breanna Hollowell* [SAINT CHARLES- SENIOR]

**COACH OF THE YEAR:** Chad Berrey (WARRENTON)

### Sportsmanship Award

**Orchard Farm:** Lauren Poggemoeller

**Saint Charles:** Breanna Hollowell

**Saint Charles West:** Emily Schneider

**Warrenton:** Mihele Higby

**Winfield:** Tatum Bradshaw

## All-Academic Team

**Orchard Farm:** Abby Busch, GabrielleDoza, Grace Fortuna, Erin Hulbert, Amelia Miller, Lauren Poggemoeller, Anale Rao, Avery Zenka

**Saint Charles:** Sarah Frerker, Breanna Hollowell, Maddie Jackson, Rosalyn Nevois, Ashleigh Reed, Izzy Schiffer, Livy Schiffer, Grace Skeen, Jillian Vaughn

**Saint Charles West:** Ariel Puent, Kelsey Dinwiddie, Kailey Thomas, Hannah Howard, Morgan Yuhas, Kylie Runion, Julia Wortham, Leanna Mitts, Jess Strain, Avery Little, Emily Schneider

**Warrenton:** Kiersten Anderson, Kennady Estes, Kaylin Haas, Michele Higby, Mackenzie Hurst, Kathryn McChristy, Grace O'Neal, Avery Tucker

**Winfield:** Lily Boschert, Tatum Bradshaw, Anna Hoeckelmann, Kylee Howard, Maggie Jordan, Camille Martin, Alexa Nickles, Chloe Wehde, Emily Wright,

**2020**

## CENTRAL DIVISION SOFTBALL

## ALL CONFERENCE INDIVIDUALS

## ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS

### PITCHERS

<b>FIRST TEAM</b>	Taylor Brown	Washington	Freshman
	Christine Gerling	Washington	Freshman
<b>SECOND TEAM</b>	Evie Kraus	Francis Howell North	Freshman
	Chloe Smallfield	Fort Zumwalt East	Senior

### CATCHERS

<b>FIRST TEAM</b>	Kayla Kinder	Fort Zumwalt East	Junior
<b>SECOND TEAM</b>	Emma Wood	Fort Zumwalt North	Junior

## UTILITY PLAYER

<b>FIRST TEAM</b>	Katey Mawer	Fort Zumwalt South	Sophomore
	Lexi Lewis	Washington	Junior
<b>SECOND TEAM</b>	McKenna Dydell	Fort Zumwalt North	Sophomore
	Kendall Weber	WentzvilleLiberty	Senior

## INFIELDERS

<b>FIRST TEAM</b>	Cadence Dempsey	Fort Zumwalt South	Junior
	Caroline Emge	Fort Zumwalt North	Junior
	Maddie Holtmeyer	Washington	Senior
	Kate Neumann	Fort Zumwalt North	Senior
	Sami Picha	Fort Zumwalt South	Junior
<b>SECOND TEAM</b>	Lucy Fajatin	Francis Howell North	Sophomore
	Zoey Robinson	Fort Zumwalt South	Freshman
	Jenna Christoff	Fort Zumwalt North	Senior
	Ella Evans	Wentzville Liberty	Junior
	Audrey Sevier	Francis Howell North	Senior

## OUTFIELDERS

<b>FIRST TEAM</b>	Ashleigh Niemczyk	Fort Zumwalt North	Senior
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	Kylee Orf	Wentzville Liberty	Junior
	Emma Vodnansky	Washington	Senior
	Halle Benskin	Fort Zumwalt South	Senior
<b>SECOND TEAM</b>	Emma Oetting	Francis Howellt North	Senior
	Allie Huddleston	Washington	Senior
	Ali Burkemper	Fort Zumwalt North	Junior
	Amanda Olivas	Fort Zumwalt South	Junior

**PLAYERS OF THE YEAR: *Taylor Brown* - [Washington - Freshman]**

**CO-COACHES OF THE YEAR: Phillip King (WASHINGTON) and Sam Womack (FORT ZUMWALT SOUTH)**

## **ALL ACADEMIC**

**Fort Zumwalt East** -Katheryn Bergland, Paige Carter, Lexi Hagl, Mackenzie Hayes, Rebecca Kennon, Jessica Kennon, Kayla Kindler, Grace McGee, Paige Morgan, Miranda Scaper, Chloe Smallfield, Grace Wukitsch

**Fort Zumwalt North** - Kelly Allensworth, Ali Burkemper, Caroline Emge, Ashley Niemczyk, Grace Thorn, Emma Wood

**Fort Zumwalt South** - Cassidy Avery, Halle Benskin, Cadence Dempsey, Lexie Griggs, Gweneth Hogan, Sydney Kill, Katy Mawer, Amanda Olivas, Samantha Picha

**Francis Howell North** - Abby Akers, Becca Brissette, Abbie Carpenter, Hannah Ermeling, Jessica Gillen, Lucy Fajatin, Evie Kraus, Kaylee Lohnes, Olivia Munyat, Emma Oetting, Ella Pardo, Jonica Schmidt, Lucy St. John, Audrey Sevier

**Washington** - Taylor Brown, Christine gerling, Maddie Guevara, Kelsie Holtmeyer, Madelyn Holtmeyer, Allie huddleston, Myla Inman, Lexi Lewis, Kylie McDaniel, Lauren Opfer, Kendall Nix, Hope Ramsey, Emma Riegel, Emma Vodnansky

**Wentzville Liberty** - Piper Abernathy, Bailey Armstrong, Sarah Bowman, Ryenne Elbert-Walker, Ella Evans, Samantha Kozlowski, Payden London, Madelyn Mileszko, Kylee Orf, Kendall Weber

# SPORTSMANSHIP

Fort Zumwalt East - Grace Wukitsch

Fort Zumwalt North - Ashley Niemczyk

Fort Zumwalt South - Sydney Kill

Francis Howell North - Ella Pardo

Washington - Hope Ramsey

Wentzville Liberty - Samantha Kozlowski

**2020**

## SOUTH DIVISION SOFTBALL

### ALL CONFERENCE INDIVIDUALS

#### ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS

#### PITCHERS

<b>FIRST TEAM</b>	Lydia Feiste	Fort Zumwalt West	Junior
	Kennedy Jensen	Francis Howell Central	Junior
<b>SECOND TEAM</b>	Lily Arndt	Troy Buchanan	Sophomore
	Macie Hunolt	Troy Buchanan	Freshman

#### CATCHERS

<b>FIRST TEAM</b>	Torri Hatton	Troy Buchanan	Junior
<b>SECOND TEAM</b>	Kate Thurman	Fort Zumwalt West	Senior

## UTILITY PLAYER

<b>FIRST TEAM</b>	Bailey Broemmer	Wentzville Timberland	Junior
	Emily Chadwick	Francis Howell Central	Junior
<b>SECOND TEAM</b>	Emma Caplinger	Wentzville Timberland	Junior
	Hannah Gannon	Wentzville Holt	Senior

## INFIELDERS

<b>FIRST TEAM</b>	Alyssa Haile	Francis Howell Central	Junior
	Dallis Darnell	Troy Buchanan	Junior
	Julia Crenshaw	Fort Zumwalt West	Senior
	Ali Tudor	Wentzville Holt	Sophomore
	Jamilyn Bagby	Wentzville Timberland	Senior
<b>SECOND TEAM</b>	Morgan Shields	Troy Buchanan	Senior
	Lexy Smith	Wentzville Holt	Senior
	Lauren Rowland	Fort Zumwalt West	Freshman
	Macey Nix	Francis Howell	Freshman

## OUTFIELDERS

<b>FIRST TEAM</b>	Bella Wilson	Troy Buchanan	Senior
	Natalie Sullivan	Troy Buchanan	Senior

	Tatum Gerwitz	Fort Zumwalt West	Senior
	Ilencia Lightbody	Wentzville Timberland	Senior
<b>SECOND TEAM</b>	Danielle Blackstun	Fort Zumwalt West	Sophomore
	Allison Hemsath	Francis Howell	Junior
	Ava Kuzara	Wentzville Timberland	Freshman
	Josie Bezzole	Francis Howell Central	Junior

**PLAYER OF THE YEAR: *Julia Crenshaw* [FORT ZUMWALT WEST - SENIOR]**

**COACH OF THE YEAR: Ryan Oetting (FORT ZUMWALT WEST)**

## **Sportsmanship Award**

**Fort Zumwalt West -Mary Kruse**

**Francis Howell - Samantha Bague**

**Francis Howell Central - Samantha Mangnall**

**Troy Buchanan - Kaitlyn Damron**

**Wentzville Holt - Brooke Mathys**

**Wentzville Timberland - Emma Triffenbrunn**

## **All-Academic Team**

**Fort Zumwalt West** - Danielle Blackstun, Julia Crenshaw, Ashleigh Davis, Tatum Gerwitz, Mary Kruse, Lindsay Laughlin, Kristen Mayfield, Mackenzie Riggle, Lauren Rowland, Abby Stern, Bella Welton

**Francis Howell** - Janna Joerling, Mara Pawelek, Lillie Morisaki, Rhiannon Brune, Samantha Bague, Allison Hemsath, Hattie Ostermeyer, Kyra Biondin, Sierra Haddock, Jillian Lindhorst, Sofia Birkenholtz, Maddie Illingworth, Kaylyn Barr, Linzy Williams, Lorin Boutte, Macey Nix, Megan McCutcheon



**Francis Howell Central** - Emily Chadwick, Alyssa Haile, Kennedy Jensen, Olivia Quinn, Riley Quinn, Lexi Floyd, Mary Kate Neal, Skylar Webb, Sydney Webb, Sarah Hoshaw, Samantha Mangnall

**Troy Buchanan** - Lily Arndt, Reagen Berra, Katelyn Damron, Alivia Daniels, Dallis Darnell, Makenna DeClue, Tori Hatton, Hailey Joliff, Grace Justus, Emily Marsh, Morgan Shields, Natalie Sullivan, Isabella Wilson, Macie Hunolt

**Wentzville Holt** - Marian Destifanes, Reese Eagan, Torri Hinnah, Jarah Hoffmann, Claista Hull, Abigail Keller, Brooke Mathys, Grace Miles, Joselyn Roe, Leighton Roy, Emily Sheffield, Lexy Smith

**Wentzville Timberland** - Jamily Bagby, Emma Caplinger, Ilencia Lightbody, Andie McCool, Delainie McDaniel, Emma Trifenbrunn, Morgan Walkenhorst, Audrey Silver, Ava Kuzara

**2020**

## **NORTH/CENTRAL DIVISION**

### **BOYS SWIMMING CHAMPIONSHIPS**

#### **ALL CONFERENCE INDIVIDUALS**

#### **ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

In 2018, Boy's Swimming was divided into North/Central and South Divisions. Overall records shown after the event in black, represent records for both divisions, while the red color times indicate a record for that division. The same has been done for Girl's Swimming, as they split prior to 2018.

**200 yard Medley Relay [Record: 1:38.15, FZW, 2016]**

**[Record: 1:45.41, FZE, 2020]**

<b>SCHOOL</b>	<b>SWIMMERS</b>	<b>YEAR</b>	<b>TIME</b>
<b>Fort Zumwalt East</b>	Nick Ostrander	10	1:45.41

	Christian Randall	11	
	Natan Novikov	10	
	Matt Springer	11	
Fort Zumwalt South	Wolf, Wright, Surtin, Lawason		1:49.93
Washington	Bobo, Kauffeld, Poole, Johnson		1:52.01
Fort Zumwalt North	Harris, Brown, Goeke, Palmer		1:53.47

**200 yard Freestyle [Record: 1:44.92, Zach Rogers, FHC, 2011]**

**[Record: 1:47.89, Christian Randall, FZE, 2020]**

SWIMMER	SCHOOL	YEAR	TIME
Christian Randall	Fort Zumwalt East	11	1:47.89
Jacob Wolf	Fort Zumwalt South	9	1:53.37
Kenny Goeke	Fort Zumwalt North	11	2:00.82
Henry Griffin	Fort Zumwalt East	11	2:04.73

**200 yard Individual Medley [Record: 1:52.43, Adam Grimm, FZW, 2017]**

**[Record: 1:57.78, Mason Kauffeld, Washington, 2020]**

SWIMMER	SCHOOL	YEAR	TIME
Mason Kauffeld	Washington	12	1:58.78
Brayden Phillips	Fort Zumwalt East	10	2:05.69
Natan Novikov	Fort Zumwalt East	10	2:12.47
Brian Wright	Fort Zumwalt South	12	2:12.78

**50 yard Freestyle [Record: 20.43, Andrew Sansoucie, WT, 2012]**

**[Record: 21.58, Brendan Hutchison, FZE, 2019]**

SWIMMER	SCHOOL	YEAR	TIME
Matthew Springer	Fort Zumwalt East	11	23.39
Jack Ferry	Fancis Howell North	12	24.02
Kirby Buscato	Fort Zumwalt East	9	24.83
Fitz Lawson	Fort Zumwalt South	9	24.98

**1 meter Springboard Diving [Record: 669.35, Logan Shelfaut, Francis Howell North, 2020]**

**[Record: 669.35, Logan Shelfaut, Francis Howell North, 2020]**

DIVER	SCHOOL	YEAR	POINTS
Logan Shelfaut	Francis Howell North	11	669.35
Evan Balkenbusch	Fort Zumwalt South	11	401.55
Evan Fulhorst	Fort Zumwalt South	9	358.20
Nate Swinney	Fort Zumwalt North	12	282.95

**100 yard Butterfly [Record: 48.77, Andrew Sansoucie, WT, 2012]**

**[Record: 54.86, Brayden Phillips, FZE, 2020]**

SWIMMER	SCHOOL	YEAR	TIME
Brayden Phillips	Fort Zumwalt East	10	54.86
Natan Novikov	Fort Zumwalt East	10	57.94

Kenny Goeke	Fort Zumwalt North	11	58.69
Gavin Poole	Washington	10	1:06.15

**100 yard Freestyle [Record: 47.31, Todd Kriss, FZW, 2016]**

**[Record: 48.32, Brendan Hutchison, FZE, 2019]**

SWIMMER	SCHOOL	YEAR	TIME
Matthew Springer	Fort Zumwalt East	11	51.58
Amar Selmanovic	Wentzville Liberty	12	52.71
Jack Ferry	Francis Howell North	12	54.43
Todd Bobo	Washington	11	56.16

**500 yard Freestyle [Record: 4:33.89, Ryan Baker, FH, 2013]**

**[Record: 4:53.49, Christian Randall, FZE, 2020]**

SWIMMER	SCHOOL	YEAR	TIME
Christian Randall	Fort Zumwalt East	11	4:53.49
Nick Ostrander	Fort Zumwalt East	10	5:21.92
Henry Griffin	Fort Zumwalt East	11	5:39.19
Dalton Rice	Wentzville Liberty	9	5:46.42

**200 yard Freestyle Relay [Record: 1:30.16, W Holt, 2017]**

**[Record: 1:31.49, FZE, 2019]**

SCHOOL	SWIMMERS	YEAR	TIME
Fort Zumwalt East	Kirby Buscato	9	1:35.15
	Brayden Phillips	10	
	Nick Ostrander	10	
	Matthew Springer	11	
Fort Zumwalt North	Brown, Palmer, Stroud, Goeke		1:40.47
Wentzville Liberty	Signaigo, Guffey, Nonaka, Selmanovic		1:41.23
Washington	Brinkman, Poole, Johnson, Kauffeld		1:41.97

**100 yard Backstroke [Record: 52.39, Alex Crawford, FH, 2013]**

**[Record: 55.16, Jacob Wolf, Fort Zumwalt South, 2020]**

SWIMMER	SCHOOL	YEAR	TIME
Jacob Wolf	Fort Zumwalt South	09	55.16
Nick Ostrander	Fort Zumwalt East	10	56.61
Ryan Schmerold	Wentzville Liberty	9	1:06.00
Todd Bobo	Washington	11	1:06.14

**100 yard Breaststroke [Record: :59.02, Mason Kauffeld, Washington, 2020]**

**[Record: :59.02, Mason Kauffeld, Washington, 2020]**

SWIMMER	SCHOOL	YEAR	TIME
Mason Kauffeld	Washington	12	59.02
Brian Wright	Fort Zumwalt South	12	1:07.73

Ben Brown	Fort Zumwalt North	12	1:08.05
Tyler Brake	Fort Zumwalt East	12	1:13.20

**400 yard Freestyle Relay [Record: 3:15.63, FH, 2012]**

**[Record: 3:24.56, FZE, 2019]**

SCHOOL	SWIMMERS	YEAR	TIME
Fort Zumwalt East	Brayden Phillips	10	3:32.45
	Henry Griffin	11	
	Natan Novikov	10	
	Christian Randall	11	
Fort Zumwalt South	Wolf, Herweck, Surtin, Wright		3:46.05
Wentzville Liberty	Schmerold, Bullock, Nonaka, Selmanovic		3:46.26
Francis Howell North	Kumar, Jarman, Avila, Ferry		4:00.93

## TEAM SCORES:

**Fort Zumwalt East [418];**

**Fort Zumwalt South [408]; Fort Zumwalt North [264.5]; Francis Howell North [262]; Wentzville Liberty [251.5]; Washington [245]**

## ALL ACADEMIC

Washington -

# SPORTSMANSHIP

Washington -

2020

## SOUTH DIVISION

### BOYS SWIMMING CHAMPIONSHIPS

#### ALL CONFERENCE INDIVIDUALS

#### ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS

In 2018, Boy's Swimming was divided into North/Central and South Divisions. Overall records shown after the event in black, represent records for both divisions, while the red color times indicate a record for that division. The same has been done for Girl's Swimming, as they split prior to 2018.

200 yard Medley Relay [Record: 1:38.15, FZW, 2016]

[Record: 1:38.15, FZW, 2016]

SCHOOL	SWIMMERS	YEAR	TIME
Fort Zumwalt West	Cameron McCrary	11	1:43.79
	Joe Serio	11	
	Campbell Eckhardt	11	
	Sean McElfresh	11	
Francis Howell	Doan, Will Cottle, Dearing, Max Cottle		1:47.93
Wentzville Holt	Wolfmeyer, Nicotra, Owen, McAllister		1:49.89
Francis Howell Central	Gabel, Pugh, Redington, Eslinger		1:55.60

**200 yard Freestyle [Record: 1:44.92, Zach Rogers, FHC, 2011]**

**[Record: 1:44.92, Zach Rogers, FHC, 20119]**

SWIMMER	SCHOOL	YEAR	TIME
Jacobb Dearing	Francis Howell	11	1:49.93
Grant Owen	Wentzville Holt	12	1:51.88
Max Cottle	Francis Howell	11	1:58.20
Josh Weber	Francis Howell	12	1:59.00

**200 yard Individual Medley [Record: 1:52.43, Adam Grimm, FZW, 2017]**

**[Record: 1:52.43, Adam Grimm, FZW, 2017]**

SWIMMER	SCHOOL	YEAR	TIME
Trevor Leitz	Wentzville Timberland	11	2:10.96
Will Cottle	Francis Howell	9	2:14.48
Joseph Serio	Fort Zumwalt West	11	2:15.17
Ben Pugh	Francis Howell Central	12	2:16.40

**50 yard Freestyle [Record: 20.43, Andrew Sansoucie, WT, 2012]**

**[Record: 20.43, Andrew Sansoucie, WT, 2012]**

SWIMMER	SCHOOL	YEAR	TIME
Sean McElfresh	Fort Zumwalt West	11	23.10



Colin Wolfmeyer	Wentzville Holt	11	23.31
Adison McAllister	Wentzville Holt	11	23.58
Matthew Mangin	Wentzville Timberland	12	23.58

**1 meter Springboard Diving [Record: 669.35, Logan Shelfaut, Francis Howell North, 2020]**

**[Record: 582.20, Eric Busby, Fort Zumwalt West, 2020]**

DIVER	SCHOOL	YEAR	POINTS
Eric Busby	Fort Zumwalt West	12	582.20
Tino Javier	Francis Howell Central	11	456.75
Jordan Switzer	Francis Howell	11	310.35
Michael Roberts	Francis Howell	11	279.05

**100 yard Butterfly [Record: 48.77, Andrew Sansoucie, WT, 2012]**

**[Record: 48.77, Andrew Sansoucie, WT, 2012]**

SWIMMER	SCHOOL	YEAR	TIME
Cameron McCrary	Fort Zumwalt West	11	52.50
Sean McElfresh	Fort Zumwalt West	11	54.00
Jacobb Dearing	Francis Howell	11	55.70
John Serio	Fort Zumwalt West	11	59.76

**100 yard Freestyle [Record: 47.31, Todd Kriss, FZW, 2016]**

**[Record: 47.31, Todd Kriss, FZW, 2016]**

SWIMMER	SCHOOL	YEAR	TIME
Matthew Mangin	Wentzville Timberland	12	51.25
Adison McCallister	Wentzville Holt	11	51.88
Austin Doan	Francis Howell	11	54.87
Jordan Switzer	Francis Howell	11	56.18

**500 yard Freestyle [Record: 4:33.89, Ryan Baker, FH, 2013]**

**[Record: 4:33.89, Ryan Baker, Francis Howell, 2013]**

SWIMMER	SCHOOL	YEAR	TIME
Cameron McCrary	Fort Zumwalt West	11	4:46.62
Grant Owen	Wentzville Holt	12	5:00.70
Trevoe Leitz	Wentzville Timberland	11	5:18.64
Josh Weber	Francis Howell	12	5:22.79

**200 yard Freestyle Relay [Record: 1:30.16, W Holt, 2017]**

**[Record: 1:30.16, W Holt, 2017]**

SCHOOL	SWIMMERS	YEAR	TIME
<b>Wentzville Holt</b>	Colin Wolfmeyer	11	1:36.27
	Grant Owen	12	
	Scottie Nicotra	9	
	Adison McCallister	11	
Francis Howell	Switzer, Denny, Doan, Galati		1:38.39

Wentzville Timberland	Mischkot, Carlton, Rohne, Mangin		1:38.99
Fort Zumwalt West	Joe Serio, Shrivastava, John Serio, Eckhardt		1:38.08

**100 yard Backstroke [Record: 52.39, Alex Crawford, Francis Howell, 2013]**

**[Record: 52.39, Alex Crawford, Francis Howell, 2013]**

SWIMMER	SCHOOL	YEAR	TIME
Colin Wolfmeyer	Wentzville Holt	11	58.69
Austin Doan	Francis Howell	11	1:00.56
Michael Mischkot	Wentzville Timberland	12	1:01.37
Shaurya Shrivastava	Fort Zumwalt West	09	1:01.64

**100 yard Breaststroke [Record: :59.02, Mason Kauffeld, Washington, 2020]**

**[Record: Record: :59.11, Trace Curvey, FZS, 2009]**

SWIMMER	SCHOOL	YEAR	TIME
Joseph Serio	Fort Zumwalt West	11	1:06.04
Will Cottle	Francis Howell	9	1:07.96
Ben Pugh	Francis Howell Central	12	1:08.19
John Serio	Fort Zumwalt West	10	1:09.55

**400 yard Freestyle Relay [Record: 3:15.63, Francis Howell, 2012]**

**[Record: 3:15.63, Francis Howell, 2012]**

SCHOOL	SWIMMERS	YEAR	TIME
Francis Howell	Mac Cottle	11	3:28.26
	Ty Galati	12	
	Walon Denny	11	
	Jacobb Dearing	11	
Fort Zumwalt West	McCrary, McElfresh, Eckhardt, John Serio		3:30.78
Wentzville Timberland	Mischkot, Leitz, Rohne, Mangin		3:45.03
DQ			

## TEAM SCORES:

**Francis Howell [495];**

**Fort Zumwalt West [391]; Wentzville Timberland [339.5]; Wentzville Holt [250.5]; Francis Howell Central [213]**

## ALL ACADEMIC

**Wentzville Holt - Nick Hartung, Frank Kamish**

**Fort Zumwalt West - Campbell Eckhardt, Andrew Howe, Cameron McCrary, Jack McDonald, Luke McDonald, Sean McElfresh, Andrew Merkel, Lucas Ostrem, David Rodabough, John Serio, Joseph Serio, Shaurya Shrivastava**

## SPORTSMANSHIP

**Wentzville Holt - Frank Kamish**

**Fort Zumwalt West - Luke McDonald**

**2020**

**NORTH/CENTRAL DIVISION GIRLS TENNIS  
CHAMPIONSHIPS**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

**#1 SINGLES**

Isabella Gamm - LIBERTY	def	Allie Moore - FH NORTH	6-3, 6-3
Emmy Watson - FZ SOUTH	def	Ashley Cofield - ST. CHARLES	6-0, 6-1

**#2 SINGLES**

Carly Torbit - LIBERTY	def	Maitreyi Bhagat - FZ SOUTH	6-1, 6-3
Josie Lamzik - FZ EAST	def	Iris Lee - FH NORTH	6-5, 5-6, 11-9

**#3 SINGLES**

Tricia Herweck - FZ SOUTH	def	Hailey Morgan - FZ EAST	6-2, 6-3
Grace Flinn - LIBERTY	def	Maggie Loester - FH NORTH	6-4, 6-4

**#4 SINGLES**

Gabbi Iadevito - FH NORTH	def	Laney Torbit - LIBERTY	7-5, 1-6, 10-7
Reagan Hamai -FZ NORTH	def	Twisha Nadella -FZ SOUTH	6-4, 6-4

## #5 SINGLES

Jaida Boucher - LIBERTY	def	Ally Bampton - FZ NORTH	6-0, 6-1
Carlie Yates - FZ SOUTH	def	Alyssa Birkenmeier - ST. CHARLES	6-3, 6-0

## #6 SINGLES

Natalie Stevens - FH NORTH	def	Kaylie Brockmann - LIBERTY	6-4, 6-1
Ally Moore - FZ SOUTH	def	Ella Rosenberg - FZ NORTH	6-1, 6-0

## #7 SINGLES

Abigail Witzke - LIBERTY	def	Jayati Karre - FH NORTH	8-3
Peyton Birkenmeier - ST. CHARLES	def	Nikki Hoff - FZ NORTH	8-1

## #8 SINGLES

Taylor Birkenmeier - ST. CHARLES	def	Ella Oderman - FZ NORTH	8-2
Aly Reyes - LIBERTY	def	Grace Boyer - FZ SOUTH	8-6

## #1 DOUBLES

Gamm/Flinn - LIBERTY	def	Watson/ Herweck - FZ SOUTH	8-1
Mueller/Bampton - FZ NORTH	def	Moore/Lee - FH NORTH	8-6

## #2 DOUBLES

Torbit/Boucher -LIBERTY	def	Bhagat/Yates - FZ SOUTH	8-5
Cofield/Oellerman - ST. CHARLES	def	Morgan/Anderson - FZ EAST	8-5

## #3 DOUBLES

K. Brockmann/E. Brockmann - LIBERTY	def	A. Moore/L. Moore - FZ SOUTH	8-6
Iadevito/ Leimkuehler - FH NORTH	def	Weihold/Rosenberg FZ NORTH	8-1

## #4 DOUBLES

Albrecht/Trokey - LIBERTY	def	Grimes/Morgan - FZ NORTH	8-2
Atienza/Britt - FZ SOUTH	def	Newton/Cole - ST. CHARLES	8-5

## #5 DOUBLES

Davis/Hoersch - FZ NORTH	def	Truscott/Anderson - FZ SOUTH	8-4
Dubois/Thai - LIBERTY	def	Hudson/A.Chartrand - FZ EAST	8-2

## **TEAM SCORES: WENTZVILLE LIBERTY 64.75;**

**FORT ZUMWALT SOUTH 42.25; FRANCIS HOWELL NORTH 26.5; FORT ZUMWALT NORTH 26; SAINT CHARLES 14; FORT ZUMWALT EAST 11; SAINT CHARLES WEST 0**

## **ALL ACADEMIC**

**Saint Charles West -**

**Wentzville Liberty -**

**Fort Zumwalt North -**

**Fort Zumwalt South -**

**Francis Howell North -**

**Saint Charles -**

**Fort Zumwalt East -**

## **SPORTSMANSHIP**

**Saint Charles West -**

**Wentzville Liberty -**

**Fort Zumwalt North -**

**Fort Zumwalt South -**

**Francis Howell North -**

**Saint Charles -**

**Fort Zumwalt East -**



**2020**

**SOUTH DIVISION GIRLS TENNIS  
CHAMPIONSHIPS**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

**#1 SINGLES**

Livia Votruba TIMBERLAND	def	Audrey McDonnell HOWELL	6-0, 6-0
Gaby St. John ZUMWALT WEST	def	Hayley DeBlaze HOWELL CENTRAL	6-1, 6-0

**#2 SINGLES**

Laila Votruba TIMBERLAND	def	Taylor James HOLT	6-1, 6-2
Geethicka Cherukura HOWELL	def	Sierra Ball ZUMWALT WEST	6-1, 6-2

**#3 SINGLES**

Lily Votruba TIMBERAND	def	Grace Juan HOWELL	6-3, 6-3
Kayla Wuebbling HOLT	def	Morgan Smith ZUMWALT WEST	6-3, 6-4

**#4 SINGLES**

Josie Maddox HOWELL	def	Kate Voges HOWELL CENTRAL	6-1, 6-1
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Morgan Craft TIMBERLAND	def	Grace Marino ZUMWALT WEST	Forfeit-injury
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## #5 SINGLES

Olivia Pinzke HOWELL	def	Leah Wall TIMBERLAND	6-1, 6-3
Haley Stover HOWELL CENTRAL	def	Morgan Mudd TROY BUCHANAN	6-0, 6-2

## #6 SINGLES

Mikayla Midgett HOWELL	def	Carly Dockler TIMBERLAND	4-6, 6-3, 10-6
Charlotte Reichersperger FZ WEST	def	Clara Kilen HOWELL CENTRAL	6-7 (7-3), 6-2, 12-10

## #7 SINGLES

Emily Lyng TIMBERLAND	def	Ellie Panke HOWELL	8-7
Chloe Schwab HOWELL CENTRAL	def	Jenna Robert ZUMWALT WEST	8-3

## #8 SINGLES

Simran Kaur HOWELL	def	Addie Johnson HOWELL CENTRAL	8-2
Ashlyn Shults ZUMWALT WEST	def	Scout Navarette HOLT	8-3

## #1 DOUBLES

Laila & Lilly Votruba TIMBERLAND	def	McDonnel/Cherukura HOWELL	8-1
St. Jean/Ball ZUMWALT WEST	def	James/Wuebbing HOLT	8-3

## #2 DOUBLES

Livia Votruba/Dockler TIMBERLAND	def	Smith/Reichersperger ZUMWALT WEST	8-0
Juan/Midgett HOWELL	def	Tover/deBlaze HOWELL CENTRAL	8-1

## #3 DOUBLES

Pinzke/Maddox HOWELL	def	Craft/Wall TIMBERLAND	8-1
Kilen/Reitz HOWELL CENTRAL	def	Endsley/Palmero ZUMWALT WEST	9-7

## #4 DOUBLES

Sanders/Turnell HOWELL	def	Easley/Graber TIMBERLAND	8-6
Herd/Carron HOWELL CENTRAL	def	Moore/M. Thompson HOLT	8-4

## #5 DOUBLES

Martin/Fitzgerald HOWELL	def	Manker/Hildebrand TIMBERLAND	8-3
Wagner/Lesley ZUMWALT WEST	def	Ott/Anderson HOWELL CENTRAL	8-4

## **TEAM SCORES: FRANCIS HOWELL 62;**

**Wentzville Timberland 55.5; Fort Zumwalt West 28.25; Francis Howell Central 24.75; Wentzville Holt 12; Troy Buchanan 14**

## **ALL ACADEMIC**

**Wentzville Holt - Claire Emery, Karson Miller, Josie Sneed, Suzanne Thompson, Kayla Wuebbling**

**Troy Buchanan -**

**Fort Zumwalt West - Sierra Ball, Allyson Endsley, Saanvi Gowda, Ivy Lesley, Grace Marino, Amy Mohrmann, Vanessa Palmero, Charlotte Reichensperger, Sarah Robben, Jenna Rotert, Morgan Smith, Gabby St. Jean, Kathryn Wagner, Kiersten Wise**

**Francis Howell -**

**Wentzville Timberland -**

**Francis Howell Central -**

**Troy Buchanan - Joleigh Bonds, Alexis Burr, Esmeralda Capilla, Hailey Coleman, Maggie Huster, Alyson Juarez, Addisyn Kramer, Kaylynn Lawson, Faith McDonald, Catherine Mennemeyer, Morgan Mudd, Emma Skouby, Anna Stanton, Joselyn Wood**

## **SPORTSMANSHIP**

**Wentzville Holt - Kayla Wuebbling**

**Troy Buchanan - Joleigh Bonds**

**Fort Zumwalt West - Jenna Rotert**

**Francis Howell -**

**Wentzville Timberland -**

**Francis Howell Central -**

**Troy Buchanan -**

**2020**

**NORTH DIVISION GIRLS VOLLEYBALL**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

**1st Team**

<b>Player</b>	<b>School</b>
<b>Morgan Frye</b>	Warrenton
<b>Josey Schipper</b>	Warrenton
<b>Alyssa Bruce</b>	Warrenton
<b>Taylor Gentemann</b>	Winfield
<b>Chloe Kaimann</b>	Winfield
<b>Sophie Gibbs</b>	Saint Charles
<b>C. C. Henderson</b>	Saint Charles West
<b>Mattie Trudo</b>	Orchard Farm

**2nd Team**

<b>Player</b>	<b>School</b>
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<b>Judie Rhoades</b>	Winfield
<b>Olivia Lewis</b>	Saint Charles
<b>Payton Ledbetter</b>	Saint Charles West
<b>Paige Whiteside</b>	Saint Charles West
<b>Abby Hammerberg</b>	Warrenton
<b>Allie Gerard</b>	Warrenton
<b>Amelia Thro</b>	Orchard Farm

**PLAYER OF THE YEAR - Morgan Frye of Warrenton**

**COACH OF THE YEAR - Randy Kindschuh of Warrenton**

## **ALL ACADEMIC**

**Orchard Farm - Olivia Hart, Emma Bauer, Amelia Thro, Kylie Williams , Mattigan Trudo, Anna Taylor, Emily Senter**

**Saint Charles - Maddie Beerman, Elizabeth Beisner, Erin Booker, Emma Day, Sophie Gibbs, Addison Kersting, Kyler Klimas, Abby Lassanske, Claire Mosher, Maya Nieters, Ava Tinker**

**Saint Charles West - Kaitlyn Dinwiddie, Taylor Everley, Jacqueline Gurley, CC Henderson, Bailee Kohenskey, Peyton Ledbetter, Mia Nicastro, Ella Seaman, Ally Stonebarger, Anna Tuley, Paige Whiteside**

**Warrenton - Alyssa Bruce, Abby Hammerberg, Olivia Morgan, Ella Smith , Dana Pruitt, Ashley Pullen, Morgan Frye, Allie Gerard, Faith Wenzel, Kassidy Haller, Jazzy McCuskey**

**Winfield - Joie Rudar, Judie Rhoades, Taylor Gentemann, Madison Kerkemeyer, Grace Nicholl, Lexi Kuhlman, Kendall Klewer, Chloe Kaimann**

## **SPORTSMANSHIP**

**Orchard Farm - Emily Senter**

**Saint Charles - Paige Mauldin**

**Saint Charles West - C. C. Henderson**

**Warrenton - Faith Wenzel**

**Winfield - Judie Rhoades**

**2020**

**CENTRAL DIVISION GIRLS VOLLEYBALL**  
**ALL CONFERENCE INDIVIDUALS**  
**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

**1st Team**

<b>Player</b>	<b>School</b>
<b>Bri Wortman</b>	Francis Howell North
<b>Savannah Meyer</b>	Wentzville Liberty
<b>Abby Redd</b>	Washington
<b>Kennedy Janes</b>	Fort Zumwalt North
<b>Emily Bloomfield</b>	Fort Zumwalt South
<b>Cate Hahn</b>	Francis Howell North
<b>Morgan Gratza</b>	Washington

**2nd Team**

<b>Player</b>	<b>School</b>
<b>Jackie Oetterer</b>	Washington
<b>Erica Fuhremann</b>	Wentzville Liberty
<b>Abby Sanders</b>	Fort Zumwalt East
<b>Ramiri Gardner</b>	Fort Zumwalt South
<b>Delaney Bushman</b>	Fort Zumwalt South
<b>Kailee McGee</b>	Fort Zumwalt North
<b>Brandi Stover</b>	Francis Howell North
<b>Jill Huser</b>	Fort Zumwalt North

**PLAYER OF THE YEAR - Bri Wortman of Francis Howell North**

**COACH OF THE YEAR - Josh Farley of Fort Zumwalt South**

## **ALL ACADEMIC**

**Fort Zumwalt East - Hailey Andershock, Isabella Breitbach, Emma Carr, Cora Griffon, Riley Hanke, Kayla Kohnen, Marinna Liedle, Brooklyn Parish, Ashleigh Porter, Madeline Rowold, Abigail Sanders**

**Fort Zumwalt North - Sophia Brinker, Jillian Huser, Kennedy Janes, Abigail King, Avery McGee, Kaitlyn McGee, Brooke Ronquest, Hannah Shylanski, Madeleine Shylanski, Kayla Tilley**

**Fort Zumwalt South - Aubree Barnfield , Emelia Bequette, Emily Bloomfield , Laci Burroughs , Delaney Bushman , Chloe Dunivan, Emily George , Cassandra Gettemeier , Hannah Kaiser , Alaina Laffleur . Ryleigh Lindsey**

**Francis Howell North - Autumn Blake, Catherine Connolly, Sophia Gabel, Cate Hahn, Eleanor Lichty, Riley McBride, Jordan Slusser, Jill Sterling, Brandi Stover, Caitlyn Wheadon, Brianna Wortman**



**Washington - Ingrid Figas, Abby Redd, Josie Obermark, Emma Duncan, Jackie Oetterer, Maddi Ridder, Morgan Gratza, Jessie Tovo, Josie Collier, Claire Strubberg, Hallie Giesike, Sophie Nieder**

**Wentzville Liberty - Morgan Brewer, Hailey Buckley, Kelci Crandall, Alyssa Frey, Erica Fuhremann, Rose Holben, Savannah Meyer, Eve Shelton, Kayla Sifuentes, Riley Watson**

## **SPORTSMANSHIP**

**Fort Zumwalt East - Abby Sanders**

**Fort Zumwalt North - Kayla Tilley**

**Fort Zumwalt South - Delaney Bushman**

**Francis Howell North - Caitlyn Wheadon**

**Washington - Emma Duncan**

**Wentzville Liberty - Eve Shelton**

**2020**

**SOUTH DIVISION GIRLS VOLLEYBALL**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

### **1st Team**

<b>Player</b>	<b>School</b>
<b>Alexis Arnel</b>	Francis Howell Central

<b>Anna Deutschmann</b>	Francis Howell
<b>Carly Gleddinning</b>	Wentzville Timberland
<b>Gwen Marino</b>	Fort Zumwalt West
<b>Sydney Davis</b>	Troy Buchanan
<b>Lily Figgins</b>	Francis Howell
<b>Zoey Mitchell</b>	Wentzville Timberland

## 2nd Team

<b>Player</b>	<b>School</b>
<b>Averi Runge</b>	Wentzville Timberland
<b>Madison Weydert</b>	Fort Zumwalt West
<b>Allison Garrett</b>	Troy Buchanan
<b>Catie Woolf</b>	Wentzville Holt
<b>Elexus Pearson</b>	Francis Howell Central
<b>Faith Rekosh</b>	Francis Howell Central
<b>Izzy Ehrlich</b>	Francis Howell

**PLAYER OF THE YEAR - **Carla Glendinning of Wentzville Timberland****

**COACH OF THE YEAR - **Danielle Rygelski of Francis Howell****

## ALL ACADEMIC

**Fort Zumwalt West - Abby Beavers, Ellie Shockley, Ashlyn Pierangeli, Riley Stephan, Katelyn Irvin, Madison Weydert, Gwen Marino, Emma Smith, Emma Daleen, Ella Baetje, Kaleigh Proetz, Emalee Young**

**Francis Howell - Izzy Benson, Olivia Benson, Taylor Dumm, Anna Deutschmann, Hannah Edmonds, Izzy Ehrlich, Ashlyn Glon, Ava Huelsing, Lily Figgins, Bree Zimmermann, Zoe Sarandos, Audrey Lemmons, Kendall Martin**

**Francis Howell Central - Emma Hultz. La Shae Pearson, Gwendolyn Raziq, Alexis Arnel, Kennedy Eggering, Jessica Barbosa, Kennedy Lamb, Haley Knight-Freeman, Kirsten Steinmeyer**

**Troy Buchanan - Madeline Buckles, Gabrielle Cook, Sydney Davis, Kinsey Dueker, Allison Garrett, Kaitlyn Garrett, Brooke Hutchison, Kylie Linson, Haley Motley, Jordan Starkey**

**Wentzville Holt - Molly Beckmann, Shelby Backmann, Reigan Beltz, Carynn Neumann, Mya Robinson, Rayne VanReed**

**Wentzville Timberland - Corey Fletcher, Carly Glendinning, Zoey Mitchell, Averi Runge, Abby Peters, Alexy Hunt, Audrey Keeven, Emma Sliger, Kate Peterson**

## **SPORTSMANSHIP**

**Fort Zumwalt West -Abby Beavers**

**Francis Howell - Ava Huesing**

**Francis Howell Central - Emma Hultz**

**Troy Buchanan - Kylie Linson**

**Wentzville Holt - Mya Robinson**

**Wentzville Timberland - Emma Sliger**

**2020 - 2021**

**NORTH DIVISION BOYS BASKETBALL**

**ALL CONFERENCE INDIVIDUALS**

# ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS

1st TEAM	Name	Year	School
	Brayden Wampler-Foust	Sr.	Saint Charles West
	John Wilson	Sr.	Saint Charles West
	Kannon Schulte	Sr.	Winfield
	Magnus Kloepper	Sr.	Saint Charles
	Brady Wolf	So.	Orchard Farm

2nd TEAM	Name	Year	School
	Josh Newell	Jr.	Saint Charles West
	Joseph McLaurin	Sr.	Orchard Farm
	Joe Goldsmith	Fr.	Warrenton
	Jack Walker	Sr.	Saint Charles
	Blake Wiggs	So.	Saint Charles
	D. J. Gillespie	Jr.	Winfield

**PLAYER OF THE YEAR - KANNON SCHULTE**

**WINFIELD**

## ALL ACADEMIC

**Orchard Farm** - Tyler Spaeth, Joseph McLaurin, Alex Heitmann, Bryce Westerfeld, Tristan Laning, Ashur Wilkes, Alex Wineholt

**Saint Charles** - Chase Wetzler, Jack Walker, Ayden Schneider, Micah Salamone, Joe Kohrs, Magnus Kloepper, Brendan Barteau

**Saint Charles West** - Josh Nelson, Josh Newell, Grant Chrisco, Ian Hollander, Kyle Quinn, Darin Gordon, John Wilson

**Warrenton** - Andrew Cox, Kolby Meine, Maison Rader, Parker Sherman, Troy Anderson, Joe Goldsmith, Ben Peth

**Winfield** - Austin Carson, Bready Creechm, Daniel Gillespie, Kaden Kaimann, Peter Nicholl, Greg Penrod, Nolan Reichers, Seth Wilder

## **SPORTSMANSHIP**

**Orchard Farm** - Nolan Frederick

**Saint Charles** - Joe Kohrs

**Saint Charles West** - Michael Quirk

**Warrenton** - Troy Anderson

**Winfield** - Greg Penrod

**2020 - 2021**

## **CENTRAL DIVISION BOYS BASKETBALL**

### **ALL CONFERENCE INDIVIDUALS**

### **ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

<b>1st TEAM</b>	<b>Name</b>	<b>School</b>
	K. J. Lee	Fort Zumwalt North
	Connor Turnbull	Fort Zumwalt North
	Peyton Blair	Fort Zumwalt South
	Gabe McCrary	Wentzville Liberty

	Todd Bieg	Washington
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2nd TEAM	Name	School
	Amori Johnson	Fort Zumwalt East
	Drake Stevenson	Fort Zumwalt North
	Jason Sides	Washington
	Jaden Betton	Wentzville Liberty
	Joey Friedel	Fort Zumwalt South

## **PLAYER OF THE YEAR - K. J. LEE**

### **FORT ZUMWALT NORTH**

## **ALL ACADEMIC**

**Francis Howell North** - Nikhil Contractor, Jackson Mitchell, Ryan Murdock, Lucas Neuschwander, Jacob Skwira, Marshall Swope

**Wentzville Liberty** - Nate Bobikiewicz, Rhett Douglas, Gabe McCrary, Cooper Swift, Peyton Vieluf

**Washington** - Mark Hensley, Will Gleeson, Carter Kleekamp, Jack Lackman, Zac Coulter, Jarrett Hamlett, Todd Bobo, Chase Merryman, Todd Bieg

**Fort Zumwalt East** - Caiden Bryant, Kyle Gremaud, Dare Riazi, Jackson Penn, Donovan West, Caleb Schneider, Hunter Weber, Luke Knoll, Nathan Porter, Phlip Staley, Jacob York

**Fort Zumwalt North** - Josh Bauer, Tyler Edwards, Chandler Smith

**Fort Zumwalt South** - Connor Bekebrede, Zach Bensing, Joey friedel, Holden Karl, Nick Keene, Austin Mahoney, Brady O'Brien, Brendan Owens, Blake Stuempf

## **SPORTSMANSHIP**

**Francis Howell North** - Jackson Mitchell

**Wentzville Liberty** - Peyton Vieluf

**Washington** - Will Gleeson

**Fort Zumwalt East** - Caiden Bryant

**Fort Zumwalt North** -

**Fort Zumwalt South** - Isiah Brownlee

**2020 - 2021**

**SOUTH DIVISION BOYS BASKETBALL**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

<b>1st TEAM</b>	<b>Name</b>	<b>School</b>
	Griffin St. Pierre	Troy Buchanan
	Sam Maddox	Francis Howell
	Sam Thompson	Francis Howell
	Myles Estrada	Francis Howell Central
	Zarius Looney	Wentzville Holt

<b>2nd TEAM</b>	<b>Name</b>	<b>School</b>
	Luke Busateri	Wentzville Timberland
	Nate Ryan	Troy Buchanan

	C. J. Woodard	Francis Howell Central
	Chris Kerr	Fort Zumwalt West
	Charlie Nett	Troy Buchanan
	Preston Fortner	Francis Howell

## **PLAYER OF THE YEAR - GRIFFIN ST. PIERRE**

### **TROY BUCHANAN**

## **ALL ACADEMIC**

**Francis Howell** - Lukas Burzynski, Matthew James, Shane Kearbey, Xavier Machado, Sam Maddox, Kory McCauley, Donovan Sparks, Dave Trupiano, Royce Wibbenmeyer

**Wentzville Holt** - Connor Dalton, Landon Engelage

**Francis Howell Central** - Connor Casler, Myles Estrada, Nick Ortinau, Cody Terbrock, Camden Scott, Adam Painter, C. J. Woodard

**Wentzville Timberland** - Luke Busateri, Jaxson Collier, Mario Foster Jr, Nate Jasper, A. J. Raines, Nick Turner

**Troy Buchanan** - Jacob Bruns, Konner Calvin, Evan Creech, Cooper Geisendorfer, Tyler Moore, Charlie Nett, Nathan Ryan, Griffin, St. Pierre

**Fort Zumwalt West** - Dylan Bates, Kyle Harris, Peyton Kraus, Chaith Doppalapudi, Ethan Hatfield, Brett Graczyk, Christopher Kerr, Michael Ludwig, Johnny Taylor, Jayden Kouadio, Grant Moehl, Kenton Deverman, Collin Greiner, Judge Kewkes, Cody Gough

## **SPORTSMANSHIP**

**Francis Howell** - Shane Kearbey

**Wentzville Holt** -

**Francis Howell Central** - Adam Painter



**Wentzville Timberland** - Nick Alberts

**Troy Buchanan** - Nathan Ryan

**Fort Zumwalt West** - Ethan Hatfield

**2020-2021**

**NORTH DIVISION GIRLS BASKETBALL**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

<b>1st TEAM</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
	Mia Nicastro	Jr.	Saint Charles West
	Lily Jackson	Jr.	Saint Charles West
	Bre Hollowell	Sr.	Saint Charles
	Kylie Williams	Jr.	Orchard Farm
	Garneisha Love	Jr.	Warrenton

<b>2nd TEAM</b>	<b>Name</b>	<b>Year</b>	<b>School</b>
	Addie Block	Sr.	Saint Charles West
	Erin Booker	Sr.	Saint Charles
	Amelia Thro	Jr.	Orchard Farm
	Audrey Payne	So.	Warrenton

## **PLAYER OF THE YEAR - MIA NICASTRO**

### **SAINT CHARLES WEST**

## **ALL ACADEMIC**

**Orchard Farm** - Emma Bauer, Kety Beth Brown, Gabi Doza, Olivia Goeke, Olivia Montani, Camryn Nelson, Emily Omohundro, Allison Ruhling, Emmy Senter, Madeline Shelton, Amelia Thro, Kylie Williams

**Saint Charles** - Peyton Birkenmeier, Erin Booker, Te'llah Coffman, Bre Hollowell, Maddie Jackson, Kyler Klimas, Mia Ollermann, Lorelei Oetting, Ashleigh Reed, Grace Skeen, Ashantee Starks

**Saint Charles West** - Kameryn Arnold, Addie Block, Kelsey Dinwiddie, Harmony Hudson, Lily Jackson, Sydney Kardasz, Hannah Myers, Mia Nicastro, Sophia Prost, Elena Scheve

**Warrenton** - Isabel Benke, Antonia Bickel, Kaitlyn Haas, Zoe Klaus, Garneisha Love, Kaelyn Meyer, Alexis Obenauer, Audrey Payne, Dana Pruitt, Kendall Taylor

**Winfield** - Josie Bauer, Kade Berry, Lily Boschert, Renzlee Davidson, Madison Kerkemeyer, Elena Parr, Kylee Howard, Chloe Kaimann

## **SPORTSMANSHIP**

**Orchard Farm** - Emma Bauer

**Saint Charles** - Erin Booker

**Saint Charles West** - Kelsey Dinwiddie

**Warrenton** - Zoe Klaus

**Winfield** - Josie Bauer

**2020 - 2021**

**CENTRAL DIVISION GIRLS BASKETBALL**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

<b>1st TEAM</b>	<b>Name</b>	<b>School</b>
	Isabelle Delarue	Francis Howell North
	Yasmine Edmonson	Fort Zumwalt East
	Maddie Murphy	Fort Zumwalt South
	Hannah Ermeling	Francis Howell North
	Mariah Dallas	Fort Zumwalt South

<b>2nd TEAM</b>	<b>Name</b>	<b>School</b>
	Tylich Williams	Fort Zumwalt East
	Jenna Smith	Fort Zumwalt South
	Alyssa Frey	Wentzville Liberty
	Jay'la Teasley	Francis Howell North
	Camie Humphrey	Fort Zumwalt South
	Elizabeth Reed	Washington

**PLAYER OF THE YEAR - ISABELLE DELARUE**

**FRANCIS HOWELL NORTH**

# ALL ACADEMIC

**Francis Howell North** - Lauren Jones, Jay'la Teasley, Emma Oetting, Faith Todd, Hannah Ermeling, Becka Brissette, Cate Hahn, Kendra Swope, Evelyn Kraus, Alicia Hunn, Ella Pardo, Isabelle Delarue

**Wentzville Liberty** - Dori Earle, Sahe Earle, Alyssa Frey, Megan Geisler, Sara Gordley, Hailey Jolliff, Mariah Mhandu, Emily Northcutt, Toni Patterson, Allyson Schniepp, Blair Wise

**Washington** - Olivia Reed, Grace Landwehr, Elizabeth Reed, Ingrid Figa, Allie Huddleston, Emma Briggs, Abi Waters, Gabby Lindemann, Paige Robinson, Avery Street, Sara Heggemann, Taylor Brown, Joie Heien, Payton Voss

**Fort Zumwalt East** - Carlie Albers, Megan Albers, Yasmine Edmonson, Cheyeene Green, Lexi Hagl, Jaelyn Head, Aaliyah Liddell, Hailey Morgan, Paige Morgan, Ashley Rusthoven, Lauren Williams, Tyliah Williams

**Fort Zumwalt North** - Rihanna Blanchard, Mackenzie Darrah, Allie Grimes, Kayley Judy, Cailey Mcleod, Jerrica Moody, Kylie Orf, Abby Porter, Matilyn Skelton, Gabriella Starman, Giulianna Starman, Allyson Stotler, Grace Thorn

**Fort Zumwalt South** - Abigail Atherton, Halle Benskin, Merek Delehaunty, Abigail Hacker, Delanie Jackson, Madison Murphy, Alyssa Sarver

# SPORTSMANSHIP

**Francis Howell North** - Hannah Ermeling

**Wentzville Liberty** - Ally Schniepp

**Washington** - Ingrid Figas

**Fort Zumwalt East** - Jaelyn Head

**Fort Zumwalt North** - Reagan Hamai

**Fort Zumwalt South** - Halle Benskin

**2020 - 2021**

# **SOUTH DIVISION GIRLS BASKETBALL**

## **ALL CONFERENCE INDIVIDUALS**

### **ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

<b>1st TEAM</b>	<b>Name</b>	<b>School</b>
	Jalayah Green	Wentzville Holt
	Gracie Stugart	Francis Howell Central
	Makenna DeCLue	Troy Buchanan
	Libby Brewster	Francis Howell
	Sofia Tweedie	Francis Howell Central

<b>2nd TEAM</b>	<b>Name</b>	<b>School</b>
	Sydney Reddin	Wentzville Holt
	Trinniti Matthews	Francis Howell Central
	Madison Weydert	Fort Zumwalt West
	Leah Wilmsmeyer	Wentzville Timberland
	Gabi Cook	Troy Buchanan

**PLAYER OF THE YEAR - JALIYAH GREEN**

**WENTZVILLE HOLT**

**ALL ACADEMIC**

**Francis Howell** - Libby Brewster, Molly Fitzgerald, Meghan Illingworth, Izzy Luca, Lilli Machado, Ashleigh Martin, Paige Panus, GraceSchneider, Julie Steiger, Gracie Wilkenson, Linzy Williams, Zora Williams, Addison Thornton

**Wentzville Holt** - Elise Bodine, Madison Carroll, Riley Casper, MacKenzie Compton, Samantha Cooley, Alyssa Gilchrist, Nysa Gilchrist, Mya Robinson, Leighton Roy, Sydney Scott, Madison Wieberg

**Francis Howell Central** - Monica Anderson, Nikki Crangle, Sophie Delaney, Rylee Denbow, Bri Mason, Lindsey Mason, Trinniti Matthews, Megan Smith, Gracie Stugart, Sofia Tweedie, Kendall Webster, Kilee Webster

**Wentzville Timberland** - Madison Baird, Carlie Boehm, Mya Christian, Klair Elzea, Ella Lowry, Grace Lutgen, Claire Markovich, Brooke Vigna, Macie Vincent, Alexis Wilmsmeyer

**Troy Buchanan** - Teryn Brown, Gabrielle Cook, Alivia Daniels, Makenna DeClue, Kinsey Dueker, Macie Hunolt, Alyssa Johnson, Lilly Robinson, Emily Rust, Morgan Shields, Jordan Starkey

**Fort Zumwalt West** - Cheing-Hai Christen, Rylie Crecelius, Julia Crenshaw, Allison Kain, Ivy Lesley, Kristen Mayfield, Nadia Pickett, Alexis Reese, Matye Riley, Sara Senseney, Maddie Towers, Madison Weydert

## **SPORTSMANSHIP**

**Francis Howell** - Lili Machado

**Wentzville Holt** - Samantha Cooley

**Francis Howell Central** - Sophie Delaney

**Wentzville Timberland** - Brooke Vigna

**Troy Buchanan** - Makenna DeClue

**Fort Zumwalt West** - Alexis Reese

**BOYS WRESTLING**  
**ALL CONFERENCE INDIVIDUALS**  
**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

**NORTH/CENTRAL VARSITY TOURNAMENT**

**106**

1st - Ashton Atkins of Fort Zumwalt South

2nd - Gavin Sydnor of Saint Charles West

3rd - Jeremiah Kassing of Warrenton

4th - Couper Deckard of Washington

**113**

1st - Brendan Kelly of Wentzville Liberty

2nd - Irving Sanchez of Saint Charles West

3rd - Keegan Fetter of Fort Zumwalt South

**120**

1st - Devon Deckleman of Washington

2nd - Aidan Kelly of Wentzville Liberty

3rd - Anthony Edison of Warrenton

4th - Ryan Poropat of Fort Zumwalt South

## **126**

1st - Josh Ferrell of Saint Charles West

2nd - Joseph Kenny of Fort Zumwalt South

3rd - Zane McCulloch of Wentzville Liberty

4th - Tyrone Polk of Saint Charles West

## **132**

1st - Lukas Aubuchon of Fort Zumwalt East

2nd - Austin Dickey of Wentzville Liberty

3rd - Dymand Watson of Saint Charles West

4th - Logan Meyer of Fort Zumwalt South

## **138**

1st - Zachary Godar of Fort Zumwalt South

2nd - Casey Olszowka of Washington

3rd - Dominik Bishop of Wentzville Liberty

4th - Cole Doskal of Fort Zumwalt East

## **145**

1st - Cole Gamling of Saint Charles West

2nd - Joseph Beck of Fort Zumwalt East

3rd - Levi Penrod of Warrenton

4th - Logan Underwood of Saint Charles



## **152**

1st - Nick Slover of Saint Charles West

2nd - Anthony Lombardo of Warrenton

3rd - Jeric Gumahin of Fort Zumwalt South

4th - Brendin Voss of Washington

## **160**

1st - Wyatt Haynes of Wentzville Liberty

2nd - J. D. Dunn of Fort Zumwalt South

3rd - Reese Pellin of Washington

## **170**

1st - Kolby Conkin of Fort Zumwalt South

2nd - Oliver Fensterman of Wentzville Liberty

3rd - Andrew Sommer of Warrenton

4th - Dylan Pape of Washington

## **182**

1st - Andrew Jones of Warrenton

2nd - Matthew Robison of Fort Zumwalt South

3rd - Cole Wolfe of Wentzville Liberty

4th - Tanner Schwoeppe Washington

## **195**

1st - Trey Ward of Saint Charles

2nd - Jackson Ward of Wentzville Liberty

3rd - Willian Pierce of Fort Zumwalt South

4th - Joey Avitia of Washington

## **220**

1st - Matthew Craig of Wentzville Liberty

2nd - Alex Meyer of Saint Charles West

3rd - John McCaleb of Saint Charles

4th - Jayden Moffett of Fort Zumwalt South

## **285**

1st - Gavin Holtmeyer of Washington

2nd - Josh Napier of Warrenton

3rd - Jayden Wilson of Saint Charles

4th - Joseph Kaufman of Fort Zumwalt South

## **TEAM SCORES:**

**FORT ZUMWALT SOUTH [159.5]**

**WENTZVILLE LIBERTY [159]; WASHINGTON [118]; ST. CHARLES WEST [109]; WARRENTON [97.5]; ST. CHARLES [64]; FT. ZUMWALT EAST [60]; WINFIELD [10]**

**COACH OF THE YEAR - KEVIN DILL -SAINT CHARLES**

**WRESTLER OF THE YEAR - TREY WARD - SAINT CHARLES**

## **ALL ACADEMIC**

Washington - Joey Avita, Timothy Boehlein, Couper Deckard, Devon Deckelman, Octavio Meza, Ryan Mueller, Casey Olszowka, Tanner Schwoeppe, Hayden Thiemann

## **SPORTSMANSHIP**

Washington - Couper Deckard

## **SOUTH (Big Division) VARSITY TOURNAMENT**

Complete results can be found at [www.trackwrestling.com](http://www.trackwrestling.com)

**106**

Logan Rudenstein [Wentzville Holt]	technical fall	Mark Matschiner [ Troy Buchanan]	21-3
Tyer Paul [Francis Howell Central]	pinned	Gannon Kuhn [Wentzville timberland]	1:30

**113**

Nicholas Chambers [Wentzville Holt]	decisioned	Brayden Elkermann [Fort Zumwalt West]	6-0
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Luke Mallon [Francis Howell Central]	decisioned	Carson Miller [Francis Howell]	4-1
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## 120

Peyton Shepard [Francis Howell Central]	technical fall	Storhm Jones [Fort Zumwalt North]	17-2
Cooper Corley [Francis Howell]	decisioned	Mason Apple [Francis Howell North]	8-4

## 126

David Cross [Francis Howell Central]	technical fall	Hayden Ferrell [Wentzville Holt]	17-2
Michael Roberts [Francis Howell]	pinned	Wyatt Nicholson [Francis Howell North]	2:41

## 132

Tyler Bierman [Wentzville Holt]	major decisioned	Mitchell Huber [Fort Zumwalt West]	11-3
J. T. Roberts [Francis Howell]	decisioned	Trystan Bienis [Francis Howell North]	6-2

## 138

Seth Littrell [Troy Buchanan]	pinned	Thomas Stuhlman [Francis Howell Central]	3:43
Chris Gibson [Francis Howell]	decisioned	Jackson Cox [Fort Zumwalt North]	6-3

## 145

Jackson Sapp [Wentzville Holt]	pinned	Andrew Long [Fort Zumwalt North]	3:41
Alex Kohrs [Francis Howell]	decisioned	Ian Hedgecorth [Francis Howell Central]	5-4

## 152

Aidan Hernandez [Francis Howell Central]	pinned	Charos Sutton [Troy Buchanan]	1:17
Hayden Trezek [Francis Howell]	pinned	Gabriel Menke [Wentzville Holt]	1:09

## 160

Brett Smith [Troy Buchanan]	pinned	Connor O'Neal [Fort Zumwalt North]	1:35
Hunter Smith [Francis Howell Central]	pinned	Macauley Miller [Wentzville Holt]	1:14

## 170

Kaden Hart [Francis Howell Central]	decisioned	Chance Cole [Fort Zumwalt North]	3-2
Blake Becker [Francis Howell]	pinned	Richard Meyer III [Wentzville Holt]	1:44

## 182

Colin Brunner [Wentzville Holt]	pinned	Alex Vogel [Francis Howell Central]	0:46
Aaron Lashley [Francis Howell North]	pinned	Irvin Heggermann [Francis Howell]	3:17

## 195

Isaiah Slaughter [Wentzville Holt]	pinned	Parker Monnig [Fort Zumwalt North]	3:53
Alex Richardson [Francis Howell]	pinned	Vince Hunt [Troy Buchanan]	0:46

## 220

Connore Reed [Francis Howell]	pinned	Eddie Angelback [Fort Zumwalt North]	0:54
Ben Bueneman [Wentzville Holt]	decisioned	Jacob Raines [Troy Buchanan]	3-0

## 285

Brendan Mahoney [Fort Zumwalt North]	pinned	Judah Johnson [Francis Howell]	1:52
Spencer Fleming [Francis Howell Central]	pinned	Jacob Nelson [Wentzville Holt]	0:46

## TEAM SCORES:

**WENTZVILLE HOLT 190.5**

**FRANCIS HOWELL CENTRAL [175.5]; FRANCIS HOWELL [165]; FORT ZUMWALT NORTH [132]; TROY BUCHANAN [91]; FRANCIS HOWELL NORTH [44.5]; FORT ZUMWALT WEST [30]; WENTZVILLE TIMBERLAND [4]**

## ALL ACADEMIC

**Troy Buchanan - Nicholas Bova, Bryan Kasten, Cole LeJeune, Seth Littrell, Mark Matschiner, Jacob Raines, Brett Smith, Charos Sutton**

**Wentzville Holt - Jason Beck, Ben Bueneman, Nick Chambers, Jacob Nelson. Logan Rubinstein**

## **SPORTSMANSHIP**

**Troy Buchanan - Seth Littrell**

**Wentzville Holt - Gabe Menke**

**Listed below are the All Conference wrestlers as selected by a vote of the coaches in the North, the Central and the South Divisions. In addition, the wrestler of the year and coach of the year are listed.**

**THIS IS 2020-2021 INFORMATION**

### **North First Team**

<b>Weight Class</b>	<b>Name</b>	<b>School</b>
106	Gavin Snyder	Saint Charles West
113	Irving Sanchez	Saint Charles West

120	Anthony Edison	Warrenton
126	David Thorne	Saint Charles
132	Dymond Watson	Saint Charles West
138	John Behrens	Saint Charles West
145	Cole Gramling	Saint Charles West
152	Anthony Lombardo	Warrenton
160	Dylan Scruggs	Saint Charles West
170	Drew Sommers	Warrenton
182	Andrew Jones	Warrenton
195	Treyvon Ward	Saint Charles
220	Alex Meyer	Saint Charles West
285	Josh Napier	Warrenton

## North Second Team

Weight Class	Name	School
106	Josh Kassing	Warrenton
113	Liam Borgsmiller	Orchard Farm
120	Josh Ferrel	Saint Charles West
126	Morgan Oser	Saint Charles West
132	Brody Mollerus	Orchard Farm
138		
145	Levi Penrod	Warrenton
152	Nick Slovar	Saint Charles West
160	Cole Stephens	Orchard Farm
170		
182	A. J. Snow	Orchard Farm



195	Kyler Flowers	Warrenton
220	John McCaleb	Saint Charles
285	Jayden Wilson	Saint Charles

**COACH OF THE YEAR - KEVIN DILL -SAINT CHARLES**

**WRESTLER OF THE YEAR - TREY WARD - SAINT CHARLES**

**GAC North Conference Champion - Saint Charles West**

## **Central First Team**

<b>Weight Class</b>	<b>Name</b>	<b>School</b>
106	Ashton Atkins	Fort Zumwalt South
113	Brenden Kelly	Wentzville Liberty
120	Storhm Jones	Fort Zumwalt North
126	Zane McCulloch	Wentzville Liberty
132	Trystan Blennis	Francis Howell North
138	Zach Godar	Fort Zumwalt South
145	Kaelen Raible	Fort Zumwalt South
152	Evan Longar	Fort Zumwalt East
160	Wyatt Haynes	Wentzville Liberty
170	Chance Cole	Fort Zumwalt North
182	Jessie Collins	Francis Howell North
195	Jackson Ward	Wentzville Liberty
220	Matt Craig	Wentzville Liberty
285	Gavin Holtmeyer	Washibngton

## Central Second Team

Weight Class	Name	School
106	Couper Deckard	Washington
113	Ryan Propat	Fort Zumwalt South
120	Mason Apple	Francis Howell North
126	Logan Mayer	Fort Zumwalt South
132	Lucan Aubuchon	Wentzville Liberty
138	Casey Olszowka	Washington
145	Joe Beck	Fort Zumwalt East
152	Isaac Gonzales	Francis Howell North
160	J. D. Dunn	Fort Zumwalt South
170	Kolby Conkin	Fort Zumwalt South
182	Parker Monnig	Fort Zumwalt North
195	Eddie Angelbeck	Fort Zumwalt North
220	Brendan Mahoney	Fort Zumwalt North
285	Joe Kaufmann	Fort Zumwalt South

**COACH OF THE YEAR - KEVIN HAYNES - WENTZVILLE LIBERTY**

**WRESTLER OF THE YEAR - WYATT HAYNES - WENTZVILLE LIBERTY**

## South First Team

Weight Class	Name	School
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106	Logan Rubinstein	Wentzville Holt
113	Nick Chambers	Wentzville Holt
120	David Cross	Francis Howell Central
126	Hayden Ferrell	Wentzville Holt
132	Tyler Bierman	Wentzville Holt
138	Thomas Stuhlman	Francis Howell Central
145	Jackson Sapp	Wentzville Holt
152	Aiden Hernandez	Francis Howell Central
160	Kaden Hart	Francis Howell Central
170	Richard Meyer III	Wentzville Holt
182	Colin Bunner	Wentzville Holt
195	Isaiah Slaughter	Wentzville Holt
220	Alex Richardson	Francis Howell
285	Judah Johnson	Francis Howell

## South Second Team

Weight Class	Name	School
106	Jacob Matschiner	Troy Buchanan
113	Brayden Elkermann	Fort Zumwalt West
120	Cooper Corley	Francis Howell
126	Payton Shepard	Francis Howell Central
132	Mitch Huber	Fort Zumwalt West
138	Seth Kittrell	Troy Buchanan
145	Alex Kohrs	Francis Howell
152	Hayden Trezek	Francis Howell
160	Brett Smith	Troy Buchanan
170	Blake Becker	Francis Howell
182	Alex Vogel	Francis Howell Central

195	Hunter Atwell	Fort Zumwalt West
220	Ben Bueneman	Wentzville Holt
285	Spencer Fleming	Francis Howell Central

**COACH OF THE YEAR - ANDREW HAMMOND - WENTZVILLE HOLT**

**CO-WRESTLERS OF THE YEAR - BRETT SMITH OF TROY BUCHANAN AND  
KAYDEN HART OF FRANCIS HOWELL CENTRAL**

**GAC SOUTH CONFERENCE CHAMPION - WENTZVILLE HOLT**

**2020-2021**

**GIRLS WRESTLING**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

**103**

Alyssa King [Saint Charles]	decisioned	Courtnee Hoff [Fort Zumwalt North]	2-0
Camrin Watkins [Francis Howell Central]	pinned	Jaden Dove [Troy Buchanan]	0:50

## 107

Sophia Miller [Francis Howell Central]	pinned	Reese Compton [Wentzville Holt]	1:15
Julia Donnelly [Washington]	decisoned	Abby Eberwine [Francis Howell]	11-4

## 112

Mia Reed [Washington]	pinned	Maddie Voegtlin [Fort Zumwalt West]	1:49
Sarah Bergtholdt [Troy Buchanan]	pinned	Kayla Hobday [Fort Zumwalt North]	152

## 117

Allison Meyer [Washington]	pinned	Hayley Newton [Saint Charles]	1:03
Hailey LeBeau [Fort Zumwalt South]	pinned	Reece Wilmes [Wentzville Holt]	1:07

## 122

Marissa Sanabria [Wentzville Holt]	pinned	Kendra Bliss [Washington]	3:24
Lillia Clay [Wentzville Liberty]	pinned	Kiernan Sutton [Saint Charles]	2:00

## 127

Lily Steigerward [Francis Howell North]	pinned	McKenna Deckleman [Washington]	2:00
Alyson Solimando [Fort Zumwalt South]	M. Forfeit	Grace Marischen [Troy Buchanan]	For.

## 132

Sabrina King [Saint Charles]	pinned	Elektra Lowe [Wentzville Liberty]	1:32
Lainey Ferrell [Wentzville Holt]	pinned	Maria Ignatova [Fort Zumwalt West]	2:45

## 137

Maria Slaughter [Wentzville Holt]	pinned	Cassidy Head [Saint Charles]	1:38
Annelise Obermark [Washington]	pinned	Elyssa Cathcart [Troy Buchanan]	2:00

## 143

Esther Han [Wentzville Holt]	pinned	Jessie Deane [Fort Zumwalt West]	2:58
Rhyen Standridge [Francis Howell Central]	pinned	Caylee Braun [Fort Zumwalt North]	5:00

## 151

Audrey McDonnell [Francis Howell]	pinned	Monica Thies [Wentzville Holt]	2:56
Maegan Hayes [Saint Charles]	pinned	Kayla McGennis [Wentzville Timberland]	1:30

## 159

Elizabeth Brookshire [Saint Charles]	decisioned	Brook Chambers [Fort Zumwalt West]	7-4
Loren thurmon [Washington]	pinned	Jamilyn Bagby [Wentzville Timberland]	0:27

## 174

Alana Vogt [Fort Zumwalt North]	pinned	Olivia Schiffer [Saint Charles]	1:58
Anastasia Denzmore [Wentzville Holt]	pinned	Paula Powell [Wentzville Timberland]	1:01

## 195

Izabella Kidwell [Troy Buchanan]	pinned	Heather Simon [Saint Charles]	2:03
Alanah Braun [Francis Howell Central]	pinned	Lily Murphy [Francis Howell]	0:13

## 235

Sydni Scott [Wentzville Holt]	pinned	Paytin Welsh [Washington]	1:40
McKenna Dydell [Fort Zumwalt North]	pinned	Cassidy Gooch [Wentzville Timberland]	2:38

## TEAM SCORES:

### **SAINT CHARLES 185**

**WENTZVILLE HOLT [172]; WASHINGTON [158.5]; FORT ZUMWALT NORTH [107]; FRANCIS HOWELL CENTRAL [93]; FORT ZUMWALT WEST [71]; TROY BUCHANAN [71]; WENTZVILLE TIMBERLAND [60]; FRANCIS HOWELL [55]; WENTZVILLE LIBERTY [38]; FORT ZUMWALT SOUTH [36]; FRANCIS HOWELL NORTH [31]; FORT ZUMWALT EAST [0]; WINFIELD [0]**

**COACH OF THE YEAR - JOSH OHM - WASHINGTON**

**WRESTLER OF THE YEAR - SABRINA KING - SAINT CHARLES**

## **ALL ACADEMIC AWARDS**

**Washington - Kendra Bliss, McKenna Deckleman, Julia Donnelly, Allison Meyer, Annie Obermark, Mia Reed, Kaylie Rieger, Stella Secor, Lindsay Sprung, Paytin Welsh**

**Wentzville Holt - Zoe Beattie, Mia Curic, Esther Han, Elanor Manning, Marissa Sanabria, Sydni Scott, Brianna Wasser, Reece Wilmes**

**Wentzville Liberty -**

**Orchard Farm -**

**Saint Charles -**

**Wentzville Timberland -**

**Troy Buchanan - Ellyssa Cathcart, Rebekah Gray, Aubrey Higgins, Izabella Kidwell, Grace Marischen, Carmen Martin, Emmaleigh Scott**

**Francis Howell -**

**Francis Howell North -**

**Fort Zumwalt East -**

**Fort Zumwalt North -**

## **SPORTSMANSHIP AWARD**

**Washington - Stella Secor**

**Wentzville Timberland -**

**Troy Buchanan - Shea Hoelscher**

**Warrenton -**

**Saint Charles -**

**Orchard Farm -**



Wentzville Liberty -

Wentzville Holt - Monica Thies

**2020-2021**

**NORTH/CENTRAL DIVISION GIRLS  
SWIMMING**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

[**RED**=GAC record, **BLUE**=GAC North Central record]

**200 yard Medley Relay [GAC Record: 1:50.25, Francis Howell, 2018]**

**200 yard Medley Relay [GAC N-C Record: 1:56.3, Wentzville Liberty, 2021]**

<b>1st</b>	Caroline Myers	Wentzville Liberty	1:56.30
	Aubrey McCain		
	Brooke Suftko		
	Leilani Green		
<b>2nd</b>	Lyla Campbell	Fort Zumwalt North	1:57.82
	Sydney Kelsey		
	Carisse Woods		
	Averi Meade		
<b>3rd</b>	Jacqueline Foster	Fort Zumwalt East	2:09.22
	Evie Kolb		

	Parker Sanborn		
	Nicole Pate		

**200 yard Freestyle [GAC Record: 1:53.41, Taylor Wohrley, Wentzville Timberland, 2009]**

**200 yard Freestyle [GAC N-C Record: 2:01.43, Gwen Raziq, Fort Zumwalt North, 2020]**

<b>1st</b>	Evie Kolb	Fort Zumwalt East	2:02.50
<b>2nd</b>	Aubrie Moreland	Washington	2:04.94
<b>3rd</b>	Olivia Guffey	Wentzville Liberty	2:15.86

**200 yard Individual Medley [GAC Record: 2:03.88, Haley Spencer, Ft. Zumwalt West, 2007]**

**200 yard Individual Medley [GAC N-C Record: 2:13.35, Autumn Looney, St. Charles, 2016]**

<b>1st</b>	Sydney Kelsey	Fort Zumwalt North	2:15.60
<b>2nd</b>	Caroline Myers	Wentzville Liberty	2:21.10
<b>3rd</b>	Clarisse Woods	Fort Zumwalt North	2:37.67

**50 yard Freestyle [GAC Record: 23.71, Courtney Harris, Fort Zumwalt West, 2019]**

**50 yard Freestyle [GAC N-C Record: 23.74, Autumn Looney, Saint Charles, 2019]**

<b>1st</b>	Averi Meade	Fort Zumwalt North	25.66
<b>2nd</b>	Aubrey McCain	Wentzville Liberty	26.55
<b>3rd</b>	Evan Worobec	Wentzville Liberty	27.34

**1 meter Springboard Diving [GAC Record: 540.20, Sarah Bathe, Saint Charles, 2017]**

**1 meter Springboard Diving [GAC N-C Record: 540.20, Sarah Bathe, Saint Charles, 2017]**

<b>1st</b>	Savannah Maier	Fort Zumwalt North	339.1
<b>2nd</b>	Emily Parker	Fort Zumwalt East	284.95
<b>3rd</b>	Taylor Nelson	Fort Zumwalt East	280.5

**100 yard Butterfly [GAC Record: 55.08, Autumn Looney, Saint Charles, 2018]**

**100 yard Butterfly [GAC N-C Record: 55.08, Autumn Looney, Saint Charles, 2018]**

<b>1st</b>	Leilani Green	Wentzville Liberty	1:03.19
<b>2nd</b>	Fiona Do	Wentzville Liberty	1:06.29
<b>3rd</b>	Parker Sanborn	Fort Zumwalt East	1:08.50

**100 yard Freestyle [GAC Record: 51.56, Autumn Looney, Saint Charles, 2018]**

**100 yard Freestyle [GAC N-C Record: 51.56, Autumn Looney, SCHS, 2018]**

<b>1st</b>	Leilani Green	Wentzville Liberty	55.61
<b>2nd</b>	Averi Meade	Fort Zumwalt North	56.28
<b>3rd</b>	Brooke Suftko	Wentzville Liberty	57.07

**500 yard Freestyle [GAC Record: 5:09.57, Michelle Tipton, Ft. Zumwalt West, 2011]**

**500 yard Freestyle [GAC N-C Record: 5:18.04, Evie Kolb, Fort Zumwalt East, 2021]**

<b>1st</b>	Evie Kolb	Fort Zumwalt East	5:18.04
<b>2nd</b>	Laura Bonds	Wentzville Liberty	5:39.08
<b>3rd</b>	Lorelei Crowley	Saint Charlew West	6:01.91

**200 yard Freestyle Relay [GAC Record: 1:40.76, Francis Howell, 2016]**

**200 yard Freestyle Relay [GAC N-C Record: 1:45.65, Fort Zumwalt North, 2021]**

<b>1st</b>	Sydney Kelsey	Fort Zumwalt North	1:45.65
	Clarisse Woods		
	Lyla Campbell		
	Averi Meade		
<b>2nd</b>	Jessica Wagner	Wentzville Liberty	1:48.94
	Evan Worobec		
	Olivia Guffey		
	Brooke Suftko		
<b>3rd</b>	Jacquelele Foster	Fort Zumwalt East	1:54.73
	Parker Sanborn		
	Nicole Pate		
	Evie Kolb		

**100 yard Backstroke [GAC Record: 57.14, Isabelle Ackley, Wentzville Timberland, 2021]**

**100 yard Backstroke [GAC N-C Record: 1:01.95, Caroline Myers, Wentzville Liberty, 2021]**

<b>1st</b>	Caroline Myers	Wentzville Liberty	1:01.95
<b>2nd</b>	Anna Decker	Wentzville Liberty	1:06.06
<b>3rd</b>	Lyla Campbell	Fort Zumwalt North	1:07.61

**100 yard Breaststroke [GAC Record: 1:02.52, Haley Spencer, Ft. Zumwalt West, 2009]**

**100 yard Breaststroke [GAC N-C Record: 1:08.53, Sydney Kelsey, Fort Zumwalt North, 2021]**

<b>1st</b>	Sydney Kelsey	Fort Zumwalt North	1:08.53
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<b>2nd</b>	Laura Bonds	Wentzville Liberty	1:11.86
<b>3rd</b>	Aubrey McCain	Wentzville Liberty	1:14.24

**400 yard Freestyle Relay [GAC Record: 3:37.17, Francis Howell, 2017]**

**400 yard Freestyle Relay [GAC N-C Record: 3:51.40, Wentzville Liberty, 2021]**

<b>1st</b>	Caroline Myers	Wentzville Liberty	3:51.40
	Brooke Suftko		
	Aubrey McCain		
	Leilani Green		
<b>2nd</b>	Mia Mahon	Washington	4:16.01
	Jade Jennings		
	Kinsey Kamper		
	Aubrie Moreland		
<b>3rd</b>	Lorelei Crowley	Saint Charles West	4:26.43
	Izabela Brasher		
	Paige Whiteside		
	Sam Emas		

**TEAM SCORES: [Wentzville Liberty \[561\]](#)**

**Fort Zumwalt North 336; Fort Zumwalt East 291; Fort Zumwalt South 273; Washington 144; St. Charles West 135; St. Charles 133**

### [Sportsmanship Team](#)

Washington - Aubrie Moreland

Wentzville Liberty-

**Fort Zumwalt South -**

**Fort Zumwalt North -**

**Fort Zumwalt East -**

**Saint Charles -**

**Saint Charles West -**

## **All-Academic Team**

**Ft. Zumwalt South -**

**Ft. Zumwalt East -**

**St. Charles -**

**St. Charles West -**

**Ft. Zumwalt North -**

**Washington -** Caroline Heimos, Madeleine Henderson, Jade Jennings, Ava Kauffeld, Clairese Kluba, Cierra Loepker, Abby Loesing, Mia Mahon, Caroline Miller, Aubrie Moreland, Alexis Perriman, Zoey Ziegler

**2020-2021**

**SOUTH DIVISION GIRLS SWIMMING**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

[RED=GAC Record, BLUE-GAC South record]

**200 yard Medley Relay [GAC Record: 1:50.25, Francis Howell, 2018]**

**200 yard Medley Relay [GAC Record: 1:50.25, Francis Howell, 2018]**

<b>1st</b>	Isabelle Ackley	Wentzville Timberland	1:50.36
	Emma Wisker		
	Brooke Gustafson		
	Alison Schoene		
<b>2nd</b>	Emily Gump	Fort Zumwalt West	1:58.73
	Allison Heaney		
	Kassena Mamroth		
	Charlotte Reichensperger		
<b>3rd</b>	Emily Frazier	Francis Howell	2:00.13
	Ava Jansen		
	Abby Ekstrom		
	Paige Schulze		

**200 yard Freestyle [GAC Record: 1:53.41, Taylor Wohrley, Wentzville Timberland, 2009]**

**200 yard Freestyle [GAC SOUTH Record: 1:53.41, Taylor Wohrley, Wentzville Timberland, 2009]**

<b>1st</b>	Emma Wisker	Wentzville Timberland	1:57.70
<b>2nd</b>	Xime Avila	Francis Howell Central	2:01.92
<b>3rd</b>	Elise Gerstennecker	Wentzville Timberland	2:03.90

**200 yard Individual Medley [GAC Record: 2:03.88, Haley Spencer, Ft. Zumwalt West, 2007]**

**200 yard Individual Medley [GAC SOUTH Record: 2:03.88, Haley Spencer, Ft. Zumwalt West, 2007]**

<b>1st</b>	Allison Heaney	Fort Zumwalt West	2:14.96
<b>2nd</b>	Brooke Gustafson	Wentzville Timberland	2:17.69
<b>3rd</b>	Emily Frazier	Francis Howell	2:25.98

**50 yard Freestyle [GAC Record: 23.71, Courtney Harris, Fort Zumwalt West, 2019]**

**50 yard Freestyle [GAC SOUTH Record: 23.71, Courtney Harris, Fort Zumwalt West, 2019]**

<b>1st</b>	Courtney Ledbetter	Wentzville Timberland	24.92
<b>2nd</b>	Allison Schoene	Wentzville Timberland	25.44
<b>3rd</b>	Charlotte Reichensperger	Fort Zumwalt West	26.43

**1 meter Springboard Diving [GAC Record: 540.20, Sarah Bathe, Saint Charles, 2017]**

**1 meter Springboard Diving [GAC SOUTH Record: 539.20, Marissa Green, Ft. Zumwalt West, 2014]**

<b>1st</b>	Abigail Wolf	Francis Howell Central	472.10
<b>2nd</b>	Emily Krause	Fort Zumwalt West	417.85
<b>3rd</b>	Gina Saso	Wentzville Holt	395.20

**100 yard Butterfly [GAC Record: 55.08, Autumn Looney, Saint Charles, 2018]**

**100 yard Butterfly [GAC SOUTH Record: 56.53, Courtney Coe, Ft. Zumwalt West, 2013]**

<b>1st</b>	Isabelle Ackley	Wentzville Timberland	59.89
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<b>2nd</b>	Kasenna Mamroth	Fort Zumwalt West	1:02.60
<b>3rd</b>	Brooke Gustafson	Wentzville Timberland	1:03.26

**100 yard Freestyle [GAC Record: 51.56, Autumn Looney, Saint Charles, 2018]**

**100 yard Freestyle [GAC SOUTH Record: 51.60, Courtney Harris, Fort Zumwalt West, 2019]**

<b>1st</b>	Courtney Ledbetter	Wentzville Timberland	54.89
<b>2nd</b>	Charlotte Reichensperger	Fort Zumwalt West	58.04
<b>3rd</b>	Olivia Eissfeldt	Francis Howell	1:00.20

**500 yard Freestyle [GAC Record: 5:05.72, Joanna Dohrman, Francis Howell North, 2020]**

**500 yard Freestyle [GAC SOUTH Record:5:05.72, Joanna Dohrman, Francis Howell North, 2020]**

<b>1st</b>	Xime Avila	Francis Howell Central	5:25.45
<b>2nd</b>	Elise Gerstenecker	Wentzville Timberland	5:49.59
<b>3rd</b>	Madison Taylor	Wentzville Timberland	5:59.42

**200 yard Freestyle Relay [GAC Record: 1:40.76, Francis Howell, 2016]**

**200 yard Freestyle Relay [GAC SOUTH Record: 1:40.76, Francis Howell, 2016]**

<b>1st</b>	Isabelle Ackley	Wentzville Timberland	1:39.80
	Emma Wisker		
	Alison Schoene		
	Courtney Ledbetter		
<b>2nd</b>	Ava Jansen	Francis Howell	1:51.90

	Olivia Eissfeldt		
	Catlin Mattingly		
	Lilli Dempewolf		
<b>3rd</b>	Halle Scheuermann	Wentzville Holt	1:53.64
	Alex Silvey		
	Mady Nicotra		
	Gina Saso		

**100 yard Backstroke [GAC Record: 57.14, Isabelle Ackley, Wentzville Timberland, 2021]**

**100 yard Backstroke [GAC SOUTH Record: 57.14, Isabelle Ackley, Wentzville Timberland, 2021]**

<b>1st</b>	Isabelle Ackley	Wentzville Timberland	57.14
<b>2nd</b>	Emily Frazier	Francis Howell	1:05.27
<b>3rd</b>	Paige Schulze	Francis Howell	1:06.04

**100 yard Breaststroke [ GAC Record: 1:02.52, Haley Spencer, Ft. Zumwalt West, 2009]**

**100 yard Breaststroke [GAC SOUTH Record: 1:02.52, Haley Spencer, Ft. Zumwalt West, 2009]**

<b>1st</b>	Emma Wisker	Wentzville Timberland	1:05.64
<b>2nd</b>	Allison Heaney	Fort Zumwalt West	1:09.75
<b>3rd</b>	Ava Jansen	Francis Howell	1:14.76

**400 yard Freestyle Relay [GAC Record: 3:37.17, Francis Howell, 2017]**

**400 yard Freestyle Relay [GAC SOUTH Record: 3:37.17, Francis Howell, 2017]**

<b>1st</b>	Alison Schoene	Wentzville Timberland	3:48.77
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	Elise Gerstenecker		
	Brooke Gustafson		
	Courtney Ledbetter		
<b>2nd</b>	Charlotte Reichensperger	Fort Zumwalt West	3:54.92
	Kassena Mamroth		
	Ellie Shockley		
	Allison Heaney		
<b>3rd</b>	Abby Ekstrom	Francis Howell	4:02.64
	Olivia Eissfeldt		
	Emily Frazier		
	Paige Schulze		

**TEAM SCORES: Wentzville Timberland 519**

**Francis Howell 421; Fort Zumwalt West 334; Francis Howell Central 227; Wentzville Holt 203; Francis Howell North 185;**

***Sportsmanship Team***

**Francis Howell North -**

**Wentzville Timberland -**

**Francis Howell Central -**

**Ft. Zumwalt West -**

**Wentzville Holt - Isabelle Jennings**

**Francis Howell -**

## **All-Academic Team**

**Ft. Zumwalt West** - Satchal Anderson, Anna Arms, Claire Ashley, Jayden Bleich, Sierra Creek, Emily Gump, Abigail Hatfield, Allison Heaney, Andrea Heaney, Emily Kruase, Kasenna Mamroth, Macy Mayer, Gabrielle McCarthy, Isabelle McCarthy, Arushi Mohite, Maggie Nelson, Talynn Rasmussen, Charlotte Reichensperger, Ellie Shockley, Grace Stocker, Hayley Thoma, Kathryn Wagner

**Francis Howell -**

**Francis Howell North -**

**Francis Howell Central -**

**Wentzville Holt** - Lydia Cella, Kayla Denney, Reece Evans, Isabelle Jennings, Sophia Meek, Madelyn Nicotra, Gina Saso, Alexandra Silvey, Katelyn Stogsdill, Hannah Turner

**Wentzville Timberland -**

# **SCHOLAR BOWL 2020**

**GATEWAY ATHLETIC CONFERENCE CHAMPION :**

**WASHINGTON**

## CONGRATULATIONS TO THE BLUE JAYS TEAM

	NAME	SCHOOL
	SAMANTHA DOEPKER	WASHINGTON
	VINCENT HOANG	WASHINGTON
	KYLE MEYER	WASHINGTON
	KATLYNN MILLER	WASHINGTON

## SPRING BASEBALL

2020 - 2021

## 2021 North Baseball All Conference

### Pitcher

	Player	School	Year
<b>1st TEAM</b>	Josh Newell	Saint Charles West	Junior
	Ray Rico	Saint Charles West	Senior
<b>2nd TEAM</b>	Michael Quirk	Saint Charles West	Senior
	Joe Moss	Saint Charles	Senior

### Catcher

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st TEAM</b>	Cole Gramling	Saint Charles West	Senior
<b>2nd TEAM</b>	Brant Ragsdale	Saint Charles	Senior

## Utility Player

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st TEAM</b>	Dustin Witterholt	Saint Charles	Senior
<b>2nd TEAM</b>	Will Nordstrom	Warrenton	Senior

## Designated Hitter

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st TEAM</b>	Devin Bledsoe	Orchard Farm	Senior
<b>2nd TEAM</b>	Hunter Moore	Saint Charles	Senior

## Infielders

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st TEAM</b>	Jackson Chu	Saint Charles	Junior
	Hunter Sherman	Warrenton	Senior
	Nate Walker	Winfield	Junior
	Grant Middendorf	Saint Charles West	Senior
	Kannon Hibbs	Warrenton	Sophomore
<b>2nd TEAM</b>	Dylan Patterson	Saint Charles West	Junior

	Kyle Quinn	Saint Charles West	Sophomore
	Joe Goldsmith	Warrenton	Freshman
	Joe Kohrs	Saint Charles	Senior
	Mason Fields	Winfield	Senior

## Outfielders

	Player	School	Year
<b>1st TEAM</b>	Sam Myers	Saint Charles	Senior
	Nolan Riechers	Winfield	Senior
	Hunter Suess	Saint Charles West	Senior
	Bryce Westerfeld	Orchard Farm	Junior
<b>2nd TEAM</b>	Darius DeCarolis	Saint Charles West	Senior
	Seth Wilder	Winfield	Senior
	Andy Trupiano	Orchard Farm	Sophomore
	Dylan Cross	Saint Charles	Junior

**Player of The Year: Josh Newell, Saint Charles West, Junior**

**Coach of the Year: Nuru Allen of Saint Charles West**

## ALL ACADEMIC

**Orchard Farm – Collin Simmons, Charlie Grunwaldt, Garrett Sutton, Andy Trupiano, Will Statler, Bryce Westerfeld**

**Saint Charles – Dylan Cross, Toby Goodwin, Magnus Kloepper, Joe Kohrs, Nathaniel Martin, Maddox Meier, Hunter Moore, Joe Moss, Jacob Myers, Sam Myers, Nik Pugh, Brant Ragsdale, Ashton Winning, Dustin Witterholt, Riley Adams**

**Saint Charles West – Hunter Suess, Jacob Blassingame, William Mettlach, Kyle Quinn, Josh Newell, Kolten Hartmann, Darin Gordon, Grant Middendorf, Michael Quirk, Jack Boyce, Darius DeCarolis, Jacob Blassingame, Dylan Patterson, Karson Quinn**

**Warrenton – Gable Fowler, Colton Dyche, Kannon Hibbs, Ben Peth, Joe Goldsmith, Troy Anderson, Gavin Wright, Sam Wortham**

**Winfield – Hunter Dunn, Ryan Eads, Brayden Elmer, Daniel Gillespie, Dillon Heitman, Dylan Noah, Dominic Ohlms, Nolan Riechers, Mitchell Wehde, Wilburn Wright**

## **SPORTSMANSHIP**

**Orchard Farm – Garrett Sutton**

**Saint Charles – Joe Moss**

**Saint Charles West – Jacob Blassingame**

**Warrenton – Dylan Beck**

**Winfield - Dylan Noah**

## **2021 Central Baseball All Conference**

### **Pitcher**

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st TEAM</b>	Austin Young	Fort Zumwalt East	Senior
	Andrew Castelli	Fort Zumwalt South	Senior



<b>2nd TEAM</b>	Sam Gordley	Wentzville Liberty	Junior
	Gavin Mehrhoff	Washington	Senior

## Catcher

	Player	School	Year
<b>1st TEAM</b>	Logan Reidelberger	Fort Zumwalt South	Senior
<b>2nd TEAM</b>	Jackson Penn	Fort Zumwalt East	Sophomore

## Utility Player

	Player	School	Year
<b>1st TEAM</b>	Peyton Blair	Fort Zumwalt South	Junior
<b>2nd TEAM</b>	Trevor York	Wentzville Liberty	Junior

## Designated Hitter

	Player	School	Year
<b>1st TEAM</b>	Victor Quinn	Wentzville Liberty	Senior
<b>2nd TEAM</b>	Andrew Schwerdt	Fort Zumwalt North	Senior

## Infielders

	Player	School	Year
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<b>1st TEAM</b>	Jacob Steele	Fort Zumwalt South	Senior
	Luke Aubuchon	Fort Zumwalt East	Junior
	Joey Friedel	Fort Zumwalt South	Junior
	Sam Paule	Washington	Sophomore
	Devon Jennings	Fancis Howell North	Junior
<b>2nd TEAM</b>	Eric Williams	Fort Zumwalt East	Sophomore
	Kyle Bermudez	Wentzville Liberty	Senior
	Konnor Hutchings	Wentzville Liberty	Senior
	Barrett Lohman	Fort Zumwalt North	Junior
	Ian O'Donnell	Fort Zumwalt South	Senior
	Jesse Rebstock	Fort Zumwalt North	Senior

## Outfielders

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st TEAM</b>	Brady O'Brien	Fort Zumwalt South	Junior
	Parker Davis	Fort Zumwalt East	Junior
	Matt Rocco	Fort Zumwalt North	Senior
	Peyton Vieluf	Wentzville Liberty	Senior
<b>2nd TEAM</b>	Gavin Mitchell	Washington	Sophomore
	Carter Kessler	Fort Zumwalt South	Senior
	Alex Huebner	Fort Zumwalt East	Junior
	Jackson Carter	Fort Zumwalt East	Freshman

**Player of the Year: Austin Young, Fort Zumwalt East, Senior**

**Coach of the Year: Bill Friedel of Fort Zumwalt South**

## **All-Academic**

**Francis Howell North** - Derek Archer, Joseph Borgschulte, Kyle Button, Kainoa Cabrera, Devon Grapenthin, Sean Hampton, Adam Hanan, Jett Jameson, Robert Kyle, Patrick Martinez, Jackson Mitchell, Scotty Nevenner, Scotty Penning, Gavin Rentfro, Jack Sebastian, Hunter Shoulta, Ryan Wilson

**Fort Zumwalt East** – Jackson Carter, Chase Copenhaver, Parker Davis, Alex Huebner, Lukas McGill, Evan Newcorn, Jackson Penn, Cody Rust, Eric Williams

**Fort Zumwalt North** – Barrett Lohman, Bobby Merris, Tanner Paschke, Tyler Schmidt, Eric Steward, Max Still

**Fort Zumwalt South** – Evan Carroll, Joey Friedel, Zachary Judson, Holden Karl, Carter Kessler, Jake Markert, Connor Mendell, Brady O'Brien, Eric Ragan, Gavin Reidel, Jacob Steele

**Washington** – Jack Lackman, Sam Paule, Jarrett Hamlett, Gavin Mehrhoff, Hanon Jarvis, Will Gleeson, Seth Roewe, Zac Coulter, Logan Monzyk, Luke Newhouse, Gavin Matchell, Luke Kleekamp, Morgan Copeland, Will Lingle, Louis Paule, Jake Baldwin, Luke Kroeter,

**Wentville Liberty** - Seth Benes, Kyle Bermudez, Cole Blackstock, Payton Braile, Brett Cira, Konner Hutchings, Kaden Jacobi, Jaxin Osinski, Victor Quinn, Cooper Swift, Peyton Vieluf, Trevor York

## **Sportsmanship**

**Francis Howell North** - Robert Kyle

**Fort Zumwalt East** – Collin Hampton

**Fort Zumwalt North** – Barrett Lohman

**Fort Zumwalt South** – Sean Albright

**Washington** – Matt Hanshew

**Wentville Liberty** - Cole Blackstock

# 2021 South Baseball All Conference

## Pitcher

	Player	School	Year
<b>1st TEAM</b>	Carson Subbert	Francis Howell	Senior
	Matt James	Francis Howell	Senior
	Noah Hargraves	Fort Zumwalt West	Senior
	Nolan Miller	Fort Zumwalt West	Senior
<b>2nd TEAM</b>	Shane Kearbey	Francis Howell	Senior
	Justin Coleman	Wentzville Timberland	Senior
	Alex Pipes	Francis Howell	Senior
	Jericho Badwan	Fort Zumwalt West	Senior

## Catcher

	Player	School	Year
<b>1st TEAM</b>	Owen Nagle	Francis Howell Central	Senior
<b>2nd TEAM</b>	Harrison Buerk	Fort Zumwalt West	Senior

## Utility Player

	Player	School	Year
<b>1st TEAM</b>	Tanner Perry	Fort Zumwalt West	Senior
<b>2nd TEAM</b>	Caleb Miller	Francis Howell	Sophomore

# Designated Hitter

	Player	School	Year
<b>1st TEAM</b>	Jackson Hetzel	Francis Howell	Senior
<b>2nd TEAM</b>	Ryan Richter-kessing	Troy Buchanan	Junior

# Infielders

	Player	School	Year
<b>1st TEAM</b>	Matt Schark	Francis Howell	Junior
	Matt James	Francis Howell	Sophomore
	Drew Mize	Fort Zumwalt West	Senior
	Bailey Ford	Troy Buchanan	Senior
	Britton Robertson	Fort Zumwalt West	Junior
<b>2nd TEAM</b>	Ryan Alagna	Fort Zumwalt West	Senior
	Foster Seitz	Wentzville Timberland	Senior
	Stetson Marion	Wentzville Holt	Senior
	Ethan Edinger	Troy Buchanan	Junior
	Dylan Bates	Fort Zumwalt West	Junior
	Braden Edgar	Wentzville Holt	Junior

# Outfielders

	Player	School	Year
<b>1st TEAM</b>	Brenden Cooper	Francis Howell Central	Senior
	Dalton Grantham	Francis Howell	Senior

	Logan Oliver	Francis Howell Central	Senior
	Connor Howe	Fort Zumwalt West	Senior
<b>2nd TEAM</b>	Shannon Cross	Wentzville Holt	Junior
	Jackson Lynch	Wentzville Timberland	Senior
	Ryne Mapes	Wentzville Holt	Senior
	Scott McCartney	Troy Buchanan	Junior

**Co-Players of The Year: Tanner Perry, Fort Zumwalt West, Senior & Carson Subbert, Francis Howell, Senior**

**Co-Coaches of the Year: Tony Perkins of Francis Howell & Eric Gough of Fort Zumwalt West**

### **All-Academic**

**Fort Zumwalt West – Ryan Alagna, Jericho Badwan, Dylan Bates, Harrison Buerk, Brady Davis, Caleb Greiner, Cameron Hart, Nolan Miller, Tanner Perry, Jackson Pohlman, Cooper Robertson, Carter Smith, Jackson Standley, Connor Stein, Ryan Ulm, Mason Whiteside, Hayden Wilson, Daniel Wissler**

**Francis Howell – Jack Bryan, Tytus Cissell, Mario Colombo, Ian Dubois, Jackson Hetzel, Gus Hetzel, Matthew James, Shane Kearbey, Lyle Kolkmeyer, Sam Maddox, Caleb Miller, Brett Norfleet, Tyler Rauser, Blake Walter, Carson Subbert, Ayden Rogers, Evan Piwowarski, Brady Hultman, Garrett Puckett**

**Francis Howell Central – Aiden Hernandez, Clayton Ello, Jackson Lunders, Nick Ortinau, Brayden Rubel, Ryan Hoshaw, Ryan Miller, Brenden White, Landon Cann, Blake Van Beers, Nathan Anderson, Jayden Jones, Lane Harris, Owen Nagel, Cameron Hill**

**Wentzville Holt – Chase Beattie, Shannon Cross, Braden Edgar, Landon Engelage, Jack Hunke, Chase Lasater, Stetson Marion, Nathan Samel, Jack Sullivan**

**Wentzville Timberland - Cole Boston, Ben Brantley, Justin Coleman, Parker Dempsey, Anthony Fumigalli, Carson McCaleb, Justin Piland, Foster Seitz, Wyatt Seymore, Landon Willbrand**

**Troy Buchanan – Jacob Bruns, Ethan Edinger, Bryan Falls, Cooper Geisendorfer, Mason Gessert, Brady Giacobelli, Scott McCartney, Ryan McDonald, Caiden Otte, Brayden Reynolds, Ryan Richterkessing, Nathan Ryan, Drew Schulte, Brock Stuckey, Alex Thomas**

## **Sportsmanship**

**Fort Zumwalt West – Derek Kuhlmann**

**Francis Howell – Carson Subbert**

**Francis Howell Central – Owen Nagel**

**Wentzville Holt – Connor Eigenman**

**Wentzville Timberland - Justin Coleman**

**Troy Buchanan – Ethan Bright**

## **SPRING BOY'S GOLF**

**2020 - 2021**

## **NORTH DIVISION**

### **1st TEAM All Conference**

**Ian Hollander (SO) of Saint Charles West**

**Shane Brosenne (SR) of Warrenton**

**Brayden Wample-Foust (SR) of Saint Charles West**

**Jack Buehler (SR) of Saint Charles West**

**Tyler Speth (JR) of Orchard Farm**

## **2nd TEAM All Conference**

**Gabe Frederick (JR) of Warrenton**

**Grant Goodwin (SR) of Saint Charles**

**Olivea Garson (SR) of Saint Charles**

**Connor Asbell (SR) of Saint Charles**

**Andrew Boster (SR) of Saint Charles West**

**Kyle Prinster (JR) of Orchard Farm - Honorable Mention**

**Chase Riley of Winfield - Honorable Mention**

## **PLAYER OF THE YEAR:**

**IAN HOLLANDER OF SAINT CHARLES WEST**

## **GAC NORTH FINAL STANDINGS**



[Tournament Score] {Team points}

**Saint Charles West [339] {94}**

**Warrenton [380] {69}**

**Saint Charles [392] {52}**

**Orchard Farm [398] {33}**

**Winfield [531] {12}**

**SPORTSMANSHIP**

**ALL ACADEMIC TEAM**

## **CENTRAL DIVISION**

### **1st TEAM All Conference**

**Trey Rusthoven (SO) of Fort Zumwalt East**

**Joey Friedel (JR) of Fort Zumwalt South**

**Brennon Strubberg (SR) of Washington**

**Joey Key (JR) of Francis Howell North**

**Alex Fregalette (FR) of Washington**

## **2nd TEAM All Conference**

**T. J. Irlmeier (SR) of Wentzville Liberty**

**Max Ising (JR) of Francis Howell North**

**Evan LaPosha (SR) of Fort Zumwalt South**

**Logan Tripamer (SR) of Fort Zumwalt North**

**Jack Herweck (SR) of Fort Zumwalt South**

**Nate Rapplean (SR) of Fort Zumwalt North - Honorable Mention**

**Travor Campbell (SO) of Wentzville Liberty - Honorable Mention**

## **PLAYER OF THE YEAR:**

**Trey Rusthoven (SO) of Fort Zumwalt East**

## **GAC CENTRAL FINAL STANDINGS**

[Tournament Score] {Team points}

**Fort Zumwalt South [ ] { }**

**Wentzville Liberty [ ] { }**

**Wentzville Timberland [ ] { }**

**Fort Zumwalt North [ ] { }**

**Fort Zumwalt East [ ] { }**

**Washington [ ] { }**

## **ALL ACADEMIC**

**Washington - Jake Rhodes, Jackson Strattmann**

## **SPORTSMANSHIP**

**Washington - Cole Nahlik**

## **SOUTH DIVISION**

### **1st TEAM All Conference**

**Sam Emrick (JR) of Francis Howell Central**

**Hunter Niles (SR) of Wentzville Timberland**

**Griffin St. Pierre (SR) of Troy Buchanan**

**Braden Hoisington (SR) of Fort Zumwalt West**

**Quin Hoenig (JR) of Francis Howell**

### **2nd TEAM All Conference**

**Ben Berger (SO) of Francis Howell Central**

**Chase Colbert (SR) of Troy Buchanan**

**Max Sigman (JR) of Fort Zumwalt West**

**Carter White (SO) of Francis Howell**

**Augie Johnson (SO) of Francis Howell**

**Kaden France (JR) of Wentzville Holt - Honorable Mention**

**Mac Cottle (JR) of Francis Howell - Honorable Mention**

## **PLAYER OF THE YEAR:**

**Sam Emrick (JR) of Francis Howell Central**

## **GAC SOUTH FINAL STANDINGS**

[Tournament Score] {Team points}

**Francis Howell [346] {106}**

**Fort Zumwalt West [346] {90}**

**Troy Buchanan [358] {69}**

**Francis Howell Central [347] {62.5}**

**Wentzville Holt [375 ] {26.5}**

**Wentzville Timberland [380] {21}**

## ACADEMIC

**Fort Zumwalt West** - Kyle Fox, Jacob Hering, Braden Hoisington, Nathan Jaworski, Grant Moehl, Michael Moresi, Max Sigman

**Troy Buchanan:** Chase Colbert, Micael Lucero, Adam Sachs, Griffin St. Pierre, Andrew Sweeten

**Fort Zumwalt South** -

**Wentzville Holt** - Kaden France, Trent Matheney

## SPORTSMANSHIP :

**Fort Zumwalt West:** Chase Blickhan

**Troy Buchanan** - Adam Sachs

**Wentzville Holt** -Ayden Sullivan

# 2021 North Women Soccer Division

## Forwards

	Player	Year	School
<b>1st TEAM</b>	Grace Fortuna	Senior	Orchard Farm
	Emma Long	Junior	Orchard Farm
	Kylie Finnegan	Junior	Saint Charles
<b>2nd TEAM</b>	Madelynn Murphy	Senior	Orchard Farm
	Sally Werth	Junior	Saint Charles

	Isabella Roberts	Junior	Warrenton
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## Midfielders

	Player	Year	School
<b>1st TEAM</b>	Alayna Jakul	Junior	Orchard Farm
	Cassidy Head	Junior	Saint Charles
	Bre Hollowell	Senior	Saint Charles
	Kiley Kukan	Freshman	Winfield
<b>2nd TEAM</b>	Katy Beth Brown	Junior	Orchard Farm
	Bailee Kohenskey	Senior	Saint Charles West
	Tessa Madden	Junior	Orchard Farm

## Defenders

	Player	Year	School
<b>1st TEAM</b>	Emily Senteer	Senior	Orchard Farm
	Madilynn Lombardo	Senior	Warrenton
	Bessie Polimeropolous	Senior	Saint Charles West
<b>2nd TEAM</b>	Chrissy Severs	Senior	Saint Charles West
	Jessi Rudar	Sophomore	Winfield
	Olivia Lewis	Junior	Saint Charles
	Grace Skeen	Senior	Saint Charles
	Makenzie Smelser	Senior	Saint Charles West

# Keeper

	Player	Year	School
1st TEAM	Sequoia Ross	Freshman	Saint Charles West
2nd TEAM	Lizzie Brooksher	Senior	Saint Charles

## PLAYER OF THE YEAR NORTH DIVISION:

**Alayna Jakul - Junior, Midfielder, Orchard Farm**

## COACH THE YEAR NORTH DIVISION:

**Rodney Orrick of Saint Charles**

## All Academic Team

**Orchard Farm: Amaya Arbogast, Addison Brown, Cathryn Brown, Grace Fortuna, Olivia Goeke, Alayna Jakul, Marissa Lefers, Kylie Machens, Tessa Madden, Madelynn Murphy, Lauren Poggemoeller, Lauryn Schwierjohn, Emily Senter, Gabrielle Turntine, Rachel Vanderbeck, Avery Zenke**

**St. Charles: Madalynn Bunch, Kiley Finnegan, Domenica Suraty, Grace Skeen, Peyton Birkenmeier, Jewel Archie, Sally Werth, Haley Moore, Breanna Hollowell, Taylor Birkenmeier, Olivia Lewis, Hayley Newtown, Grace Alexander, Cassidy Head**

**St. Charles West: Dayleigh Bullock, Alyssa Coffey, Lindsay English, Bailee Kohenskey, Lillian Lovell, Greeshma Mulpuru, Emilie Pellow, Bessie Polimeropolous, Elianna Politte, Anna Prize, Victoria Roberts, Sequoia Ross, Reese Schuster, Christina Severs, Makenzie Smelser**

**Warrenton: Olivia Morgan, Emily Beumel, Isabella Roberts, Madilynn Lombardo, Evangeline Rhama, Coryn Higby, Ashlynn Reeves, Camryn Petersmeyer, Mattison Halter, Faith Wenzel, Megyn Young, Bayley Pelker, Emma Lange, Danielle Perry, Allison Duncan, Princess Cullom, Autumn Bledsoe, Maya Halter**

**Winfield: Sydney Piotrowicz, Grace Reinebach, Renzlee Davidson, Aurora Lyda, Kiley Kukan, Allie Brown, Abby Brown, Ashley Heintzelman, Jessi Rudar, Aubriana Loyd, Emily Wright, Jaden Lucett, Alexa Nickles, Rebecca Bradshaw, Isabel Lang**

## **Sportsmanship**

**Rachel Vanderbeck (Orchard Farm)**

**Domenica Suraty (St. Charles)**

**Cadence Kohenskey (St. Charles West)**

**Grace Wenzel (Warrenton)**

**Allie Brown (Winfield)**

## **2021 Central Women Soccer Division**

### **Forwards**

	<b>Player</b>	<b>Year</b>	<b>School</b>
<b>1st TEAM</b>	Brooke Cattor	Sophomore	Fort Zumwalt South
	Audrey Smith	Freshman	Fort Zumwalt South
	Kayley Judy	Senior	Fort Zumwalt North
<b>2nd TEAM</b>	Courtney Arena	Senior	Francis Howell North
	Hailey Joliliff	Junior	Wentzville Liberty
	Hailey Morgan	Freshman	Fort Zumwalt East



# Midfielders

	Player	Year	School
<b>1st TEAM</b>	Sophia Cross	Senior	Fort Zumwalt South
	Rachel Skyberg	Sophomore	Wentzville Liberty
	Ashley Klaus	Sophomore	Fort Zumwalt East
	Morgan Struttman	Sophomre	Wentzville Liberty
<b>2nd TEAM</b>	Ashley Miller	Freshman	Fort Zumwalt South
	Ella Rosenberg	Freshman	Fort Zumwalt North
	Mia Lanemann	Senior	Washington
	Grace Landwehr	Senior	Washington
	Jessie Donnelly	Senior	Washington
	Bryanna Rutherford	Senior	Francis Howell North

# Defenders

	Player	Year	School
<b>1st TEAM</b>	Emily Bloomfield	Senior	Fort Zumwalt South
	Grace Rodgers	Senior	Fort Zumwalt North
	Courtnee Hoff	Sophomore	Fort Zumwalt North
<b>2nd TEAM</b>	Jailyn Brownlee	Freshman	Fort Zumwalt South
	Mackenzie Boyle	Senior	Fort Zumwalt North
	Mia Knobbe	Freshman	Wentzville Liberty
	Alexis Shuster	Sophomore	Wentzville Liberty
	Mackenzie Hayes	Sophomore	Fort Zumwalt East

# Keeper

	<b>Player</b>	<b>Year</b>	<b>School</b>
<b>1st TEAM</b>	Sarah Bozeman	Junior	Fort Zumwalt South
<b>2nd TEAM</b>	Julia Mincher	Senior	Fort Zumwalt East

## **PLAYER OF THE YEAR CENTRAL DIVISION:**

**Chloe Netzel - Wentzville Liberty, Senior, Forward**

## **COACH OF THE YEAR CENTRAL DIVISION:**

**Leanne Sanders of Fort Zumwalt South**

## **All Academic Team**

**Fort Zumwalt East: Emma Carr, Chloe Cook, Meghan Cummings, Camille Dutt, Lindsey Fenewald, Karlie Hanke, Mackenzie Hayes, Ashley Klaus, Molly Linck, Julia Mincher, Hailey Morgan, Ava Mossinghoff, Jenna Perano, Meghan Quinones, Lexi Savage, Kennedy Schneider, Emma Skinner, Grace Wukitsch, Samantha Wyeth**

**Fort Zumwalt North: Rihanna Blanchard, Hailey Booth, Mackenzie Boyle, Rose Fergin, Chloe Fischer, Reagan Hamai, Kayley Judy, Sophia Kriegsmann, Alexandria Nortrup, Shea Nortrup, Emily Piel, Grace Rodgers, Ella Rosenberg, Hannah Shylanski, Madeleine Shylanski, Gabrielle Starman, Giovanna Starman, Giuliana Starman, Gracie Weinhold**

**Fort Zumwalt South: Claire Andersen, Madison Baum, Emily Bloomfield, Sarah Bozeman, Mia Brown, Jailyn Brownlee, Brooke Cattoor, Sophia Cross, Mallory Daniel, Merek Delehaunty, Grace Faherty, Abigail Hacker, Ashley Miller, Isabel Montieone, Allison Moore, Jordyn Moore, Amanda Olivas, Leigha Riley, Ashlyn Smith, Audrey Smith, Taylor Whiting**

**Francis Howell North: Ella Pardo, Courtney Arena, Brynna Rutherford, Camrea Iffrig, Ali Vernon, Eleena Williams, Jillian hart, Chloe Ellison, AnnRose Eldred, Sami Wilson, Reese Dannegger, A. J. Kime, Jackie Jolly, Cassie Hodgkins, Sailor Sulin, Alexis Morlen**

**Washington: Ariel Pettis, Maci Rohlfing, Maddie Grimes, Avery Lanemann, Madie hawkins, Abby Moore, Mia Lanemann, Abi Walters, Rebekah Lewis, Grace Landwehr, Jessica**

**Donnelly, Brooke Owens, Emma Vodnansky, Susie Heggemann, Chloe Hawkins, Joie Heien, Mollie Tinkey**

**Wentzville Liberty: Anna Decker, Kate Fulhorst, Hailey Jolliff, Amira Khayyat, Mia Knobbe, Sarah LePage, Maddie Lipp, Emma Meuser, Chloe Netzel, Tess Roberts, Alexis Shuster, Rachel Skyberg, Sydey Strassemeier, Morgan Struttman, Katie Swanson, Kendall Weber, Mia Wikoff**

## **Sportsmanship**

**Fort Zumwalt East: Hailey Morgan**

**Fort Zumwalt North: Mackenzie Boyle**

**Fort Zumwalt South: Grace Faherty**

**Francis Howell North: Sami Wilson**

**Washington: Emma Vodnansky**

**Wentzville Liberty: Kate Fulhorst**

## **2021 South Women Soccer Division**

### **Forwards**

	<b>Player</b>	<b>Year</b>	<b>School</b>
<b>1st TEAM</b>	Zoe Houston	Junior	Francis Howell
	Maggie Illig	Junior	Troy Buchanan
<b>2nd TEAM</b>	Kylie Callison	Sophomore	Francis Howell

MacKenzie Compton

Freshman

Wentzville Holt

## Midfielders

	Player	Year	School
<b>1st TEAM</b>	Gillian Nicholson	Senior	Francis Howell Central
	Ashleigh Martin	Senior	Francis Howell
	Maggie Duggan	Senior	Francis Howell
	Kaitlyn Nichols	Senior	Fort Zumwalt West
<b>2nd TEAM</b>	Katie Landwehr	Junior	Francis Howell
	Jordyn Bailey	Junior	Francis Howell Central
	Josie Maddox	Sophomore	Francis Howell
	Rachel Jackson	Junior	Francis Howell
	Katie Hilke	Senior	Fort Zumwalt West

## Defenders

	Player	Year	School
<b>1st TEAM</b>	Paige VanDaele	Senior	Francis Howell Central
	Kelsey Kehoe	Senior	Francis Howell
	Genevieve McIntyre	Senior	Fort Zumwalt West
	Ashlyn Nichols	Senior	Fort Zumwalt West
<b>2nd TEAM</b>	Sophie Thoman	Senior	Francis Howell
	Sami Lacke	Junior	Wentzville Holt
	Emma Tucker	Senior	Wentzville Timberland
	Faith Bridges	Senior	Francis Howell Central

	Maddie Connors	Senior	Francis Howell
	Autumn Jackson	Sophomore	Fort Zumwalt West
	Kennedy Bernsen	Sophomore	Fort Zumwalt West
	Sarah Goldstein	Junior	Wentzville Holt
	Reagan Berra	Junior	Troy Buchanan

## Keeper

	Player	Year	School
<b>1st TEAM</b>	Sara Sanabria	Sophomore	Wentzville Holt
<b>2nd TEAM</b>	Camielle Day	Junior	Fort Zumwalt West

## PLAYER OF THE YEAR SOUTH DIVISION:

**Zoe Houston - Francis Howell, Junior, Forward**

## COACH OF THE YEAR SOUTH DIVISION:

**Brady Demling of Francis Howell**

## All Academic Team

**Fort Zumwalt West: Kennedy Bernsen, Tori Brockstadter, Grace Bray, Ali Cauley, Cheing Hai Christen, Cecilia DiMercurio, Kendyll Feiste, Katie Hilke, Autumn Jackson, Madeline Lotspeich, Gen McIntyre, Ashlyn Nichols, Kaitlyn Nichols, Olivia Ortt, Alex Schwartz, Lydia Sims, Morgan Smith, Ashton Soots, Kennedy Steber**

**Francis Howell: Raye Armstrong, Lillianne Boushelle, Kylie Callison, Madeline Connors, Margaret Duggan, Abigail Eberwine, Madalyn Everly, Molly Fitzgerald, Rylee Griffith, Zoe Houston, Rachel Jackson, Kelsey Kehoe, Katie Landwehr, Josie Maddox, Ashleigh Martin, Kennedy Newman, Megan Schutze-Schweitzer, Julie Steiger, Alyssa Stevens, Sophie Thoman, Bailey Vermilye**

**Francis Howell Central: Madi Valenti, Mary Kate Neal, Paige VanDaele, Ryhan Pierce, Adelaide Green, Ava Lunders, Paige Rice, Lily Chung, Payton Barth, Jordyn Bailey, Gillian Nicholson, Kayla Fettig, Keeley Thorpe, Gianna Bruenning, Madisyn French, Natalie Walsh, Olivia Zykan**

**Troy Buchanan: Reagan Berra, Esmeralda Capilla, Emily Forbeck, Laney Headrick, Madison Holl, Maggie Illig, Alyson Juarez, Stacia Marshall, Kaydence Nixon, Emily Ray, Kaydence Reller, Lily Schoenike, Isabella Slusser, Trista Smith, Morgan Todebusch, Kayla Troutman, Audrie Wells, Jersey Zerrer**

**Wentzville Holt : McKenna Beene, MacKenzie Compton, Melody fanning, Sarah Goldstein, Riley Katen, Olivia Knerr, Sami Lacke, Callie Logsdon, Grace Ratica, Vada Rinks-Akers, Kayley Russell, Marissa Sanabria, Lydia Strasser, Paige Sunneberg**

**Wentzville Timberland: Madison Baker, Lilly Brown, Courtney Bryant, Ava Cerrano, KileyColburn, Alyssa Cozzoni, Addison Curtis, Reagan Hegerty, Elena Jones, Aubrey Kaupas, Grace Lutgen, Irena Malek, Caitlyn Mate, Kylee McKay, Alexis Mecker, Emma Neal, organ Puszkar, Amelia Sullins, Emma Tucker, Sydney Tucker**

## **SPORTSMANSHIP**

**Katie Hilke (Fort Zumwalt West)**

**Raye Armstrong (Francis Howell)**

**Natalie Walsh (Francis Howell Central)**

**Kaydence Reller (Troy Buchanan)**

**Paige Sunnenberg (Wentzville Holt)**

**Sydney Tucker (Wentzville Timberland)**

## **SPRING BOY'S TENNIS**

**2020 - 2021**

## **North Central All Conference**

## **#1 SINGLES**

- 1st – Cheema – Wentzville Liberty**
- 2nd – Papin – Saint Charles West**
- 3rd – Sherman – Francis Howell North**
- 4th – Bambrick – Fort Zumwalt East**

## **#2 SINGLES**

- 1st – Meyer – Wentzville Liberty**
- 2nd – Amir – Francis Howeel North**
- 3rd – Mishra – Fort Zumwalt South**
- 4th – Maul – Saint Charles West**

## **#3 SINGLES**

- 1st – Aathreya – Francis Howell North**
- 2nd – Brzycki – Wentzville Liberty**
- 3rd – Wilson – Fort Zumwalt South**
- 4th – Carr – Fort Zumwalt East**

## **#4 SINGLES**

- 1st – Couch – Francis Howell North**
- 2nd – Gonzales – Wentzville Liberty**
- 3rd – Pilla – Fort Zumwalt South**
- 4th – Schneider – Saint Charles**

## **#5 SINGLES**

- 1st – Koelling – Wentzville Liberty**
- 2nd – Digavalli – Fort Zumwalt South**
- 3rd – Jameson – Francis Howell North**
- 4th – Pagano – Fort Zumwalt North**

## **#6 SINGLES**

- 1st – Bond – Wentzville Liberty**
- 2nd – Sontha – Francis Howell North**
- 3rd – Sivapradad – Fort Zumwalt South**
- 4th - Bourgeade - Saint Charles**

## **#7 SINGLES**

- 1st – Arrington – Wentzville Liberty**
- 2nd – Nallapareddry – Francis Howell North**
- 3rd – Hoven – Fort Zumwalt South**
- 4th – Cassidy – Saint Charles**

## **#8 SINGLES**

- 1st – Montgomery - Wentzville Liberty**
- 2nd – Silzel – Francis Howell North**
- 3rd – Stull – Fort Zumwalt South**
- 4th - Dougherty - Fort Zumwalt East**

## **#1 DOUBLES**



- 1st – Cheema/Meyer - Wentzville Liberty**
- 2nd – Sherman/Amir - Francis Howell North**
- 3rd – Papin/Maul - Saint Charles West**
- 4th – He/Wilson - Fort Zumwalt South**

## **#2 DOUBLES**

- 1st – Brzycki/Koelling - Wentzville Liberty**
- 2nd – Mishra/Pilla - Fort Zumwalt South**
- 3rd –Aarthreya/Couch - Francis Howell North**
- 4th – Irizarry/Mays - Saint Charles West**

## **#3 DOUBLES**

- 1st – Jameson/Sontha - Francis Howell North**
- 2nd – Gonzales/Bond - Wentzville Liberty**
- 3rd – Sivapradad/Digavalli - Fort Zumwalt South**
- 4th – Moses/Reasons - Fort Zumwalt East**

## **#4 DOUBLES**

- 1st – Merris/Menke -Fort Zumwalt North**
- 2nd – Singh/Sevier - Francis Howell North**
- 3rd – Clancy/Allen - Wentzville Liberty**
- 4th – Moore/Goeke - Fort Zumwalt East**

## **#5 DOUBLES**

**1st – Stuerman/Merino - Wentzville Liberty**

**2nd – Wang/Reasons - Fort Zumwalt East**

**3rd – Dixon/Carr - Fort Zumwalt North**

**4th – Soar/Kilen - Francis Howell North**

## **TEAM SCORES**

**WENTZVILLE LIBERTY - 62.25**

**FRANCIS HOWELL NORTH - 51**

**FORT ZUMWALT SOUTH - 33**

**SAINT CHARLES WEST - 12.5**

**FORT ZUMWALT EAST - 12**

**FORT ZUMWALT NORTH 8.75**

**SAINT CHARLES - 5**

## **ACADEMIC**

## **SPORTSMANSHIP**

**2020-2021 Tennis**

# **South Central All Conference**

## **#1 Singles**

**1st: Burzynski of Francis Howell def. B. Bryce of FZ West, 6-4, 6-2**

**3rd: L. Embrey of W Timberland def. K. Eslinger of FH Central 9-7**

## **#2 Singles**

**1st: P. Pranav of FZ West def. A. Guion of W Timberland, 6-4, 6-0**

**3rd: R. Wilson of Francis Howell def. McDonald of Troy, 8-3**

## **#3 Singles**

**1st: T. Jones of FH Central def. Williams of Troy, 6-5, 6-2**

**3rd: A. Malek of W Timberland def. S. Surya of FZ West, 9-8 (7-4)**

## **#4 Singles**

**1st: Henke of Troy def. P. Reuter of Francis Howell, 6-2, 6-3**

**3rd: N. Newbauer of W Timberland def. B. Nemnich by forfeit (injury)**

## **#5 Singles**

**1st: L. Morrison of FH Central def. L. Wortmann of W Timberland, 6-3, 6-3**

**3rd: A. Brown of Francis Howell def. Latta of Troy, 8-3**

## **#6 Singles**

**1st: N. Garthe of FH Central def. S. John of FZ West, 4-6, 6-4, (10-4)**

**3rd: C. Eilering of W Timberland def. Alvernia of FH North, 8-4**

## **#7 Singles**

**1st: B. Jenne of W Timberland def. Anderson of Troy, 8-3**

**3rd: G. Spence of Francis Howell def. M. Madden of W Holt, unknown score**

## **#8 Singles**

**1st: Thessan of Francis Howell def. J. Stillman of W Holt, 8-6**

**3rd: O. Karki of W Timberland def. P. Munn of FZ West, 8-4**

## **#1 Doubles**

**1st: Bryce/Pranav of FZ West def. Embrey/Guion of W Timberland, 8-2**

**3rd: Wilson/Burzynski of Francis Howell def. J. Massey/B. Williams of Troy, 8-1**

## **#2 Doubles**

**1st: McDonald/Henke of Troy def. Black/Garthe of FH Central, 9-8 (T7-1)**

**3rd: Meyer/Brown of Francis Howell def. Malek/Wortmann of W  
Timberland, 8-6**

## **#3 Doubles**

**1st: McEvoy/Morrison of FH Central def. Alvernia/Reuter of Francis  
Howell, 8-4**

**3rd: Latta/Hamlett of Troy def. Reese/M. Luke of FZ West, 8-5**

## **#4 Doubles**

**1st: Sweeney/Windham of W Timberland def. M. Adam/S Aayra of  
FZ West, 8-4**

**3rd: D. Debro/IB Zakaria of FH Central def. W. Spence/Denny of  
Francis Howell, 8-3**

## **#5 Doubles**

**1st: Tripp/Littlejohn of Francis Howell def. S. Joe/C. Harmon, 8-3**

**3rd: Schoonover/Yates def. S. Chen/K Mawi W. Timberland, 8-7**

**TEAM SCORES: FRANCIS HOWELL [41.50]; Wentzville  
Timberland [38.75]; Francis Howell Central [36.25]; Fort Zumwalt  
West [35]; Troy Buchanan [30]; Wentzville Holt [3]**

## **ACADEMIC ALL CONFERENCE**

**Fort Zumwalt West** - Bryce Boatman, Harman Chauhan, Luke McDonald, Adam Mulvey, Ben Nemnich, Pranav Palaniappan, Munn Patel, Reece Ratliff, John Serio, Aarya Shah, Surya Sompalli, Think Vu

**Troy Buchanan** - Carson Anderson, Lane Hamlett, Shane Henke, Dawson Jeffers, Jacob Latta, John Massey, Stephen Massey, Kadin McDonald, Benjamin Williams, Tyler Young

**Wentzville Holt** - Kaden Evans, Nicholas Hayes, Mabry Madden, Jack Stillman, Brandon Truong, Lucas Truong

**Fort Zumwalt South** -

## **SPORTSMANSHIP**

**Fort Zumwalt West** - Bryce Boatman

**Troy Buchanan** - John Massey

**Wentzville Holt** - Austin Thompson

## **SPRING BOY'S TRACK**

**2020 - 2021**

**2021 North Varsity Men Track and Field**

## 100 meter dash

Name	School	Year	Time
Aarnarian Snow	Orchard Farm	SR	11.56
Austin Carson	Winfield	JR	11.82
Jason Williams	Orchard Farm	FR	12.23
Xavier Baldwin	Winfield	JR	12.27

## 200 meter dash

Name	School	Year	Time
Austin Carson	Winfield	JR	23.65
Jason Williams	Orchard Farm	FR	24.23
Zachariah Bristol	Warrenton	SO	24.80
Joseph Evans	Warrenton	JR	24.81

## 400 meter dash

Name	School	Year	Time
Zach Southard	Saint Charles West	SR	53.60
Dimitrious Jewell	Orchard Farm	JR	54.38
Collin Sams	Winfield	FR	56.21
Samuel Bland	Saint Charles	FR	57.15

## 800 meter run

Name	School	Year	Time
Zach Southard	Saint Charles West	SR	2:06.43
Ian Schwierjohn	Orchard Farm	SR	2:07.58
Jack Case	Saint Charles	SO	2:12.29
Austin Litton	Saint Charles West	JR	2:15.35

## 1600 meter run

Name	School	Year	Time
Jacob Blassingame	Saint Charles West	JR	4:36.15
Ian Schwierjohn	Orchard Farm	SR	4:38.95
James Wortham	Saint Charles West	SO	4:41.11
Nate Maples	Saint Charles	FR	4:50.30

## 3200 meter run

Name	School	Year	Time
Jacob Blassingame	Saint charles West	JR	10:36.86
James Wortham	Saint Charles West	SO	10:38.80
Nate Maples	Saint Charles	FR	10:54.22
Kaden Kaimann	Winfield	SO	12:31.31

## 110 meter hurdles



<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Nicholas Mertens	Warrenton	SR	17.76
Matthew Hyde	Winfield	FR	18.30
Dimitrious Jewell	Orchard Farm	JR	18.31
Charles Nennert	Saint Charles	JR	18.61

## **300 meter hurdles**

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Xavier Baldwin	Winfield	JR	43.39
Matthew Hyde	Winfield	FR	44.59
Charles Nennert	Saint Charles	JR	46.32
Luc Bourgeade	Saint Charles	SO	48.28

## **4 x 100 meter relay**

<b>School</b>	<b>Relay Member</b>	<b>Time</b>
Orchard Farm	West	44.43
	Williams	
	Lewis	
	Snow	
Winfield	Baldwin	45.58
	Sams	
	Mense	
	Carson	
Saint Charles West	Jiles	46.17

	Foster	
	LeBeau	
	Smith	
Warrenton	Evans	46.58
	Reel	
	Parker	
	Meine	

## 4 x 200 meter relay

School	Relay Member	Time
Orchard Farm	Snow	1:36.29
	Williams	
	Jewell	
	Bhat	
Saint Charles West	Jiles	1:37.40
	Foster	
	LeBeau	
	Smith	
Warrenton	Brosenne	1:37.76
	Evans	
	Bristol	
	Meine	
Winfield	Baldwin	1:39.37
	Ramsour	
	Mense	
	Sams	

## 4 x 400 meter relay

School	Relay Member	Time
Saint Charles West	Southard	3:45.26
	Jiles	
	Goellner	
	Foster	
Winfield	Hyde	3:46.95
	Mense	
	Sams	
	Trempler	
Saint Charles	Calnese	4:05.89
	Bland	
	Walker	
	Warner	
Orchard Farm	Jewell	NT
	Schwierjohn	
	Dulle	
	Bhat	

## 4 x 800 meter relay

School	Relay Member	Time
Saint Charles West	Southard	8:47.07
	Litton	
	Wortham	

	Blassingame	
Saint Charles	Maples	9:19.38
	Warner	
	Case	
	Bland	
Winfield	Trempler	9:51.66
	Ramsour	
	Geiss	
	Kaimann	
Orchard Farm	VanDyke	10:43.76
	Bartig	
	Reineke	
	Mobley	

## High Jump

Name	School	Year	Height
Braden Goellner	Saint Charles West	JR	1.95 m
Joseph Evans	Warrenton	JR	1.80 m
Kannon Schutte	Winfield	SR	1.80 m
Lucas Stopke	Orchard Farm	SO	1.70 m

## Pole Vault

Name	School	Year	Height
Hank Dunkmann	Orchard Farm	JR	3.40 m

Morgan Oser	Saint Charles West	JR	3.35 m
Garrett Reeves	Orchard Farm	JR	3.35 m
William Marberry	Saint Charles	SR	3.05 m

## Long Jump

Name	School	Year	Distance
Aarnarian Snow	Orchard Farm	SR	6.45 m
Austin Carson	Winfield	JR	6.30 m
Jacob Parker	Warrenton	SR	6.20 m
Darrion Lewis	Orchard Farm	JR	6.02 m

## Triple Jump

Name	School	Year	Distance
Kolby Meien	Warrenton	JR	12.05 m
Colton Brosenne	Warrenton	SO	11.69 m
Darrion Lewis	Orchard Farm	JR	11.65 m
Stephen Witt	Winfield	JR	11.16 m

## Shot Put

Name	School	Year	Distance
John Wilson	Saint Charles West	SR	15.32 m
Greg Penrod	Winfield	SR	14.21 m

Louis Dieckmann	Saint Charles West	SO	12.10 m
Cole Sams	Winfield	JR	10.93 m

## Discus

Name	School	Year	Distance
John Wilson	Saint Charles West	SR	37.26 m
Louis Dieckmann	Saint Charles West	SO	35.03 m
Justin Blair	Saint Charles	SR	30.32 m
Braedyn Weeke	Warrenton	Sr	28.26 m

## JAVELIN

Name	School	Year	Distance
Greg Penrod	Winfield	SR	43.36 m
Kolby Meine	Warrenton	JR	42.36 m
Braden Goellner	Saint Charles West	JR	39.60 m
Jack Bartig	Orchard Farm	SO	38.65 m

**TEAM SCORES: Saint Charles West [115]**

**Orchard Farm [94]; Warrenton [53]; Winfield [92]; Saint Charles [39]**

# 2021 Central Varsity Men Track and Field

## 100 meter dash

Name	School	Year	Time
David Richard	Wentzville Liberty	JR	11.09
Ayden Bredenkamp	Fort Zumwalt North	JR	11.22
Timothy Boehlein	Washington	SR	11.29
Landon Oxford	Fort Zumwalt East	SR	11.43

## 200 meter dash

Name	School	Year	Time
David Richard	Wentzville Liberty	JR	22.58
Landon Oxford	Fort Zumwalt East	SR	22.67
Ayden Bradenkamp	Fort Zumwalt North	JR	22.76
Timothy Boehlein	Washington	Sr	23.13

## 400 meter dash

Name	School	Year	Time
David Richard	Wentzville Liberty	JR	49.54

Conner Maher	Washington	SR	49.85
Chris Reckel	Fort Zumwalt North	JR	51.84
Darius Johnson	Fort Zumwalt South	SR	52.11

## 800 meter dash

Name	School	Year	Time
Tyler Anderson	Fort Zumwalt East	FR	2:02.13
Wyatt Haynes	Wentzville Liberty	SR	2:05.84
Owen Bates	Fort Zumwalt South	FR	2:07.54
Isaac Leon	Fort Zumwalt North	JR	2:09.19

## 1600 meter run

Name	School	Year	Time
Tyler Anderson	Fort Zumwalt East	FR	4:42.46
Taylor Mason	Fort Zumwalt North	SO	4:47.20
Lewis Tucker	Francis Howell North	SR	4:48.47
Evan Milbert	Fort Zumwalt South	SO	4:48.70

## 3200 meter run



Name	School	Year	Time
Josh Rossman	Wentzville Liberty	SR	10:31.20
Blake Margerum	Fort Zumwalt North	FR	10:31.77
Evan Milbert	Fort Zumwalt South	SO	10:39.60
Sean Looney	Wentzville Liberty	SO	10:44.30

## 110 meter hurdles

Name	School	Year	Time
Landon Oxford	Fort Zumwalt East	SR	15.91
Elijah Edmonds	Fort Zumwalt South	SR	16.20
Dewayne Johnson	Fort Zumwalt East	SR	16.78
Hayden Thiemann	Washington	JR	17.29

## 300 meter hurdles

Name	School	Year	Time
Landon Oxford	Fort Zumwalt East	SR	38.78
Elijah Edmonds	Fort Zumwalt South	SR	43.41
Jacobbie Powell	Fort Zumwalt South	JR	44.44
Sam McCarter	Fort Zumwalt North	JR	44.52

## 4 x 100 meter relay

Name	Relay member	Time
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Fort Zumwalt North	Ayden Bredenkamp	43.38
	Tyler Oakes	
	Jeremiah Dickerson	
	Zach McGee	
Fort Zumwalt South	Darius Johnson	44.41
	Donnell Boyd	
	Carmichael Burnett	
	Elijah Edmonds	
Wentzville Liberty	Ethan Routt	45.65
	Charles Hebdon	
	Gabriel McCrary	
	Matthew Long	
Francis Howell North	Ian Kelly	45.70
	Kalib Burris	
	Fabian Miller	
	Dominic Stojanovic	

## 4 x 200 meter relay

School	Relay Member	Time
Fort Zumwalt North	Chris Reckel	1:31.96
	Tyler Oakes	
	Zach McGee	
	Ayden Bredenkamp	
Washington	Kaleb Briggs	1:32.96
	Conner Maher	
	Timothy Boehlein	

	Hayden Thiemann	
Fort Zumwalt South	Darius Johnson	1:33.44
	Donnell Boyd	
	Carmichael Burnett	
	Elijah Edmonds	
Wentzville Liberty	Ethan Routt	1:37.36
	Matthew Long	
	Gabriel McCrary	
	Zakkary Kach	

## 4 x 400 meter relay

Name	Relay Member	Time
Fort Zumwalt North	Chris Reckel	3:30.96
	Jalen Lee	
	Brayden Miller	
	Noah Page	
Wentzville Liberty	Charles Hebden	3:31.98
	Waytt Haynes	
	Ethan Routt	
	David Richard	
Washington	Timothy Boehlein	3:32.77
	Ethan Bliss	
	Kaleb Briggs	
	Conner Maher	
Fort Zumwalt South	Darius Johnson	3:36.83
	Owen Bates	

	Isaiah Clark	
	Kobe Moore	

## 4 x 800 meter relay

School	Relay Member	Time
Wentzville Liberty	Wyatt Haynes	8:42.28
	Josh Rossman	
	Diego Jurado	
	Collin Fay	
Fort Zumwalt South	Owen Bates	8:51.53
	Luke Bass	
	Daniel Skeeters	
	Kobe Moore	
Fort Zumwalt North	Isaac Leon	8:54.19
	Blake Anderson	
	Taylor Mason	
	Chris Polashek	
Washington	Sean Barry	9:17.48
	Ethan Bliss	
	Lucas Yates	
	Benjamin Scheperle	

## High Jump

Name	School	Year	Height
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Gabriel McCrary	Wentzville Liberty	SR	1.82 m
Dylan Teglo	Fort Zumwalt North	SR	1.77 m
Kalib Burris	Francis Howell North	JR	1.77 m
Luke Bass	Fort Zumwalt South	FR	1.72 m

## Pole Vault

Name	School	Year	Height
Aidan Siemer	Fort Zumwalt North	SR	3.81 m
Travis Bieg	Washington	JR	3.66 m
Payton Guffey	Wentzville Liberty	SO	3.35 m
Sergio Darabcsek	Fort Zumwalt North	SO	3.35 m

## Long Jump

Name	School	Year	Distance
Joshua Johnston	Fort Zumwalt East	SR	5.92 m
Gabriel McCrary	Wentzville Liberty	SR	5.86 m
Brayden Miller	Fort Zumwalt North	SO	5.71 m
Monty Brew	Fort Zumwalt North	JR	5.64 m

## Triple Jump

Name	School	Year	Distance
Conner Maher	Washington	SR	12.68 m

Tyler Lindemann	Fort Zumwalt East	SR	11.94 m
Monty Brew	Fort Zumwalt North	JR	11.13 m
Conner Place	Wentzville Liberty	FR	10.95 m

## Shot Put

Name	School	Year	Distance
Aaron Okello	Francis Howell North	SR	14.11 m
Teviar Fields	Fort Zumwalt East	JR	13.10 m
Brendan Mahoney	Fort Zumwalt North	SR	13.05 m
Kaleb Burr	Washington	SR	12.61 m

## Discus

Name	School	Year	Distance
Aaron Okello	Francis Howell North	SR	46.92 m
Tye Yeh	Wentzville Liberty	JR	41.65 m
Brendan Mahoney	Fort Zumwalt North	SR	41.17 m
Warren Gann	Wentzville Liberty	JR	38.47 m

## JAVELIN

Name	School	Year	Distance
Clyde Hendrix	Washington	SO	45.51 m

Jelani Collins	Fort Zumwalt East	SR	40.78 m
Hy Vuong	Wentzville Liberty	FR	38.75 m
Brandon Bergner	Washington	SR	37.45 m

## **TEAM RESULTS: Fort Zumwalt North [140];**

**Wentzville Liberty [136.5]; Fort Zumwalt East [97.50]; Washington [84]; Fort Zumwalt South [76]; Francis Howell North [44]**

## **ACADEMIC ALL CONFERENCE**

**Wentzville Timberland -**

**Washington -**

**Fort Zumwalt South -**

## **SPORTSMANSHIP**

**Wentzville Holt -**

**Washington -**

# **2021 South Varsity Men Track and Field**

## **100 meter dash**

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Tra'von Kennedy	Wentzville Timberland	SR	11.08
Dashon Hudson	Francis Howell	SO	11.42
Jackson Lynch	Wentzville Timberland	SR	11.54
Nicholas Bova	Troy Buchanan	SO	11.66

## **200 meter dash**

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Tra'von Kennedy	Wentzville Timberland	SR	22.27
Anthony Faupel	Francis Howell	FR	22.31
Cooper Hogan	Troy Buchanan	JR	23.26
Matthew Eley	Fort Zumwalt West	SO	23.45

## **400 meter dash**

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Marquavious Green	Fort Zumwalt West	FR	52.87
Joel Thwing	Francis Howell	SR	52.94
Jacob Donnelly	Francis Howell	Sr	53.13
Kamden Hill	Wentzville Timberland	JR	53.15

## **800 meter dash**



Name	School	Year	Time
Jaxson Copelin	Fort Zumwalt West	SO	2:01.35
Trevor Peimann	Wentzville Timberland	SR	2:02.15
Nicholas Parker	Fort Zumwalt West	SR	2:04.27
Jonah McHaffie	Wentzville Timberland	SR	2:05.53

## 1600 meter run

Name	School	Year	Time
Tyler Freiner	Wentzville Timberland	JR	4:22.63
Trevor Peimann	Wentzville Timberland	SR	4:22.78
Jaxson Copelin	Fort Zumwalt West	SO	4:27.75
Nicholas Parker	Fort Zumwalt West	SR	4:34.54

## 3200 meter run

Name	School	Year	Time
Tyler Freiner	Wentzville Timberland	JR	9:25.55
Nick Cimmarusti	Francis Howell	SR	9:55.49
Tyler Bredenberg	Wentzville Timberland	SO	10:19.67
Graham Black	Francis Howell	SO	10:19.83

## 110 meter hurdles

Name	School	Year	Time
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Bryce Kazmaier	Francis Howell	SR	14.59
Cashon Riggins	Wentzville Timberland	JR	15.93
Kendall Gurley	Francis Howell	FR	16.48
Reece Calia	Fort Zumwalt West	SR	16.50

## 300 meter hurdles

Name	School	Year	Time
Bryce Kazmaier	Francis Howell	SR	40.90
Vashon Riggins	Wentzville Timberland	JR	42.26
Samuel Coppedge	Wentzville Holt	JR	43.09
Reece Calia	Fort Zumwalt West	SR	43.48

## 4 x 100 meter relay

Name	Relay member	Time
Wentzville Timberland	Jackson Lynch	43.22
	Dylan Nienhaus	
	Gavin Schaefer	
	Tra'von Kennedy	
Francis Howell	Dashon Hudson	43.24
	Anthony Faupel	
	Quincy Morris	
	Kendall Gurley	
Troy Buchanan	Nicholas Bova	43.47
	Jackson Benhardt	

	Jacob Love	
	Cooper Hogan	
Wentzville Holt	Devin Reed	43.55
	Andrew Wania	
	Daniel Looney	
	Kolby Bryant	

## 4 x 200 meter relay

School	Relay Member	Time
Wentzville Holt	Kolby Bryant	1:30.38
	Daniel Looney	
	Devin Reed	
	Andrew Wania	
Francis Howell	Dashon Hudson	1:31.79
	Jacob Donnelly	
	Anthony Faupel	
	Jude James	
Troy Buchanan	Nicholas Bova	1:31.83
	Jackson Benhardt	
	Jacob Love	
	Cooper Hogan	
Wentzville Timberland	Jackson Lynch	1:32.09
	Dylan Nienhaus	
	Gavin Schaefer	
	Tra'von Kennedy	

## 4 x 400 meter relay

Name	Relay Member	Time
Fort Zumwalt West	Matthew Eley	3:31.43
	Anderson Lo	
	Jaxson Copelin	
	Nicholas Parker	
Wentzville Holt	Kolby Bryant	3:32.31
	Andrew Wania	
	Boston Dudley	
	Daniel Looney	
Francis Howell	Jacob Donnelly	3:34.24
	Elijah Holt	
	Joel Thwing	
	Joshua Deal	
Troy Buchanan	Jacob Love	3:35.85
	Ethan Lollar	
	Ryley Ballard	
	Jackson Benhardt	

## 4 x 800 meter relay

School	Relay Member	Time
Wentzville Timberland	Jonah McHaffie	8:22.17
	Tyler Bredenber	
	Trevor Peimann	
	Tyler Freiner	
Fort Zumwalt West	Christopher Woodard	8:28.94

	Tyler Coleman	
	Anderson Lo	
	Griffon Kipper	
Francis Howell	Jamison Martin	8:46.78
	Henry Filipek	
	Graham Black	
	Jayce Hollister	
Francis Howell Central	Matthew (Reed) Easterling	9:14.25
	Jason Gough	
	Jack Schriber	
	Connor Casler	

## High Jump

Name	School	Year	Height
Gerald Osakwe	Wentzville Holt	SR	1.85 m
Jayden Kouadio	Fort Zumwalt West	SR	1.80 m
Bryce Kazmaier	Francis Howell	SR	1.80 m
Christopher Kerr-Blackhall	Fort Zumwalt West	SR	1.80 m

## Pole Vault

Name	School	Year	Height
Bryce Kazmaier	Francis Howell	SR	4.42 m
Andy Thomason	Wentzville Timberland	SO	3.96 m
Canyon Deville	Wentzville Timberland	JR	3.66 m

Maison Burnis	Fort Zumwalt West	SR	3.20 m
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## Long Jump

Name	School	Year	Distance
Jayden Kouaio	Fort Zumwalt West	SR	6.61 m
Kendall Gurley	Francis Howell	FR	6.50 m
Luke Busateri	Wentzville Timberland	JR	5.95 m
Gavin Schaefer	Wentzville Timberland	JR	5.91 m

## Triple Jump

Name	School	Year	Distance
Jayden Kouadio	Fort Zumwalt West	SR	13.74 m
Gerald Osakwe	Wentzville Holt	Sr	12.45 m
Luke Busateri	Wentzville Timberland	JR	12.30 m
Tarvino Houston	Francis Howell	JR	12.18 m

## Shot Put

Name	School	Year	Distance
Mason Brock	Francis Howell	SR	14.97 m
Austin Gooch	Wentzville Timberland	SR	13.91 m
Jackson Petty	Wentzville Timberland	SR	13.78 m
Jack Berry	Francis Howell	JR	13.45 m

# Discus

Name	School	Year	Distance
Mason Brock	Francis Howell	SR	46.76 m
Nicholas Azar	Fort Zumwalt West	SR	40.54 m
Hayden Hauser	Francis Howell	SR	39.70 m
Louis Pilliard	Troy Buchanan	Sr	37.24 m

# Javelin

Name	School	Year	Distance
Mason Brock	Francis Howell	SR	58.36 m
Kevin McCole	Francis Howell	SR	46.48 m
Connor Schulte	Wentzville Timberland	Sr	42.55 m
Jackson Cecil	Fort Zumwalt West	Sr	40.77 m

**TEAM RESULTS: Francis Howell [203];**

**Wentzville Timberland [189]; Fort Zumwalt West [159]; Wentzville Holt [87]; Troy Buchanan [60]; Francis Howell Central [23]**

## ACADEMIC ALL CONFERENCE

**Fort Zumwalt West** - Gavin Ball, Bennett Boatman, Maison Burnis, Reece Calia, Jackson Cecil, Tyler Coleman, Jaxson Copelin, Silas Everding, Lucius Garavaglia, Chris Kerr, Caleb Kickham,

Griffon Kipper, Jayden Kouadio, Kohler Palmer, Nick Parker, Isaiah Raml, C. J. Shimel, Johnny Taylor, Karter Zengil

**Troy Buchanan** - Jackson Bernhardt, Evan Best, Nicholas Bova, Isaac Carr, Camden Dillow, Brandon Edwards, Providence Hall, Nicholas Johnson, Lucas LaRue, Scott Letendre, Ethan Lollar, Jacob Love, Thomas Mahler, Brenden Mosher, Brody Orf, Dakota Smith, Austin Wenzel

**Washington** -

**Wentzville Holt** - Allen Bublitz, Ben Bueneman, Braydon Leist, Gerald Osakwe, Andrew Robinson, Scott Stutsman

## **SPORTSMANSHIP**

**Fort Zumwalt West** - Griffon Kipper

**Troy Buchanan** - Brenden Mosher

**Washington** -

Wentzville Holt - Kolby Bryant

## **SPRING GIRL'S TRACK**

**2020 - 2021**

# **2021 North Varsity Women Track and Field**

## **100 Meter Dash**



Name	School	Year	Time
Makayla Myers	Saint Charles West	SO	13.84
Kiley Kukan	Winfield	FR	13.93
Taylor kinner	Saint Charles	JR	14.35
Chloe Turnbull	Winfield	FR	14.45

## 200 Meter Dash

Name	School	Year	Time
Makayla Myers	Saint Charles West	SO	28.48
Chloe Turnbull	Winfield	FR	29.33
Veronike Besser	Warrenton	SO	29.52
Ashantee Starks	Saint Charles	SR	29.97

## 400 Meter Dash

Name	School	Year	Time
Makayla Myers	Saint Charles West	SO	64.83
Veronika Besser	Warrenton	SO	64.86
Alvia Zeier	Saint Charles West	FR	66.30
Lauryn Schwierjohn	Orchard Farm	FR	69.64

## 800 Meter Run

Name	School	Year	Time
Lily Jackson	Saint Charles West	JR	2:27.08
Kiley Kukan	Winfield	FR	2:38.15
Madelyn Marschel	Warrenton	SO	2:38.69
Brianna Grooms	Warrenton	FR	2:57.03

# 1600 Meter Run

Name	School	Year	Time
Lily Jackson	Saint Charles West	JR	5:41.68
Kade Berry	Winfield	SO	5:53.12
Avery Jackson	Saint Charles West	FR	6:12.77
Loren Howard	Warrenton	FR	6:41.52

# 3200 Meter Run

Name	School	Year	Time
Lily Jackson	Saint Charles West	JR	11:42.44
Kade Berry	Winfield	SO	12:40.56
Avery Jackson	Saint Charles West	FR	13:00.81
Lily Boschert	Winfield	SO	15:42.30

# 100 Meter Hurdles

Name	School	Year	Time
Mia Oellermann	Saint Charles	JR	17.24
Grace Bostic	Warrenton	SR	18.59
Julia Zellmer	Winfield	FR	18.94
Kailey Gillespie	Winfield	SO	19.11

# 300 Meter Hurdles

Name	School	Year	Time
Grace Bostic	Warrenton	SR	53.62
Mia Oellermann	Saint Charles	JR	53.66

Emma Gilkison	Saint Charles	SO	56.79
Kailey Gillespie	Winfield	SO	57.33

## 4 x 100 Meter Relay

School	Relay Member	Time
Saint Charles	Kinner	53.29
	Long	
	Oellermann	
	Starks	
Warrneton	DeHart	55.10
	Schneider	
	Pruitt	
	Besser	
Winfield		DQ
Saint Charles West		DQ

## 4 x 200 Meter Relay

School	Relay Member	Time
Saint Charles	Kinner	2:00.36
	Booker	
	Oellermann	

	Starks	
Winfield	Gillespie	2:05.44
	Zellmer	
	Davidson	
	Bradshaw	
Saint Charles West	House	2:07.77
	Shivers	
	Watson	
	Williams	

## 4 x 400 Meter Relay

Name	Relay Member	Time
Winfield	Turnbull	4:45.36
	Rudar	
	Berry	
	Kukan	
Saint Charles	Coffman	5:40.73
	Schiffer	
	Rayburn	
	Nash	
Saint Charles West	Myers	NT
	Zeier	
	Mailnee	
	Nichols	

Orchard Farm	Bauer	NT
	Schwierjohn	
	Barnes	
	Janson	

## 4 x 800 Meter Relay

School	Relay Member	Time
Saint Charles West	Jackson	10:55.11
	Everly	
	Jackson	
	Mailnee	
Warrenton	Besser	10:59.58
	Howard	
	Grooms	
	Marschel	
Orchard Farm	Bauer	11:07.51
	Hulbert	
	Schwierjohn	
	Cattoor	
Saint Charles	Gilkison	12:09.78
	Rayburn	
	Coffman	
	Schiffer	

## High Jump

Name	School	Year	Height
Hannah Myers	Saint Charles West	JR	1.50 m

Peyton Tusler	Orchard Farm	SR	1.45 m
Amelia Thro	Orchard Farm	JR	1.45 m
Alivia Zeier	Saint Charles West	FR	1.35 m

## Pole Vault

Name	School	Year	Height
Erin Hurlbert	Orchard Farm	SO	2.30 m
Taylor Rudloff	Orchard Farm	FR	2.00 m
Lorelei Oetting	Saint Charles	FR	1.85 m
Sophia Ditmeyer	Orchard Farm	FR	1.85 m

## Long Jump

Name	School	Year	Distance
Rebecca Bradshaw	Winfield	FR	4.95 m
Hannah Myers	Saint Charles West	JR	4.75 m
Mattigan Trudo	Orchard Farm	JR	4.70 m
Ghini DeHart	Warrenton	SR	4.61 m

## Triple Jump

Name	School	Year	Distance
Kiley Kukan	Winfield	FR	10.17 m
Martina Marroni	Orchard Farm	SR	9.97 m
Hannah Myers	Saint Charles West	JR	9.81 m
Grace Bostic	Warrenton	SR	9.45 m

03.00

# Shot Put

Name	School	Year	Distance
Charlize Williams	Orchard Farm	SO	9.45 m
Kyler Klimas	Saint Charles	JR	9.32 m
Claire Mosher	Saint Charles	SR	9.11 m
Kassidy Haller	Warrenton	SR	8.47 m

# Discus

Name	School	Year	Distance
Claire Mosher	Saint Charles	SR	29.67 m
Kassidy Haller	Warrenton	SR	29.28 m
Emma Bauer	Orchard Farm	JR	27.91 m
Ava Tinker	Saint Charles	JR	25.85 m

# JAVELIN

Name	School	Year	Distance
Kendall Klewer	Winfield	JR	31.38 m
Leanna Mitts	Saint Charles West	SO	26.95 m
Dana Pruitt	Warrenton	JR	26.69 m
Faith Mitchell	Orchard Farm	FR	26.27 m

**TEAM SCORES: Saint Charles West [108];**

**Winfield [84]; Saint Charles [71]; Warrenton [69.5]; Orchard Farm [48.5]**

## **2019 Central Varsity Women Track and Field**

### **100 meter dash**

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Eunice Antwi	Fort Zumwalt East	SR	13.29
Makayla Davis	Fort Zumwalt South	SR	13.34
Marley Nelson	Wentzville Liberty	FR	13.50
Madeline Rowold	Fort Zumwalt East	JR	13.79

### **200 meter dash**

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Eve Shelton	Wentzville Liberty	SR	27.31
Amani Jones	Francis Howell North	JR	27.75
Nia Burnett	Fort Zumwalt South	JR	28.12
Eunice Antwi	Fort Zumwalt East	JR	27.74

### **400 meter dash**



Name	School	Year	Time
Karlie Wooten	Wentzville Liberty	JR	58.81
Mia Reed	Washington	SR	61.08
Jailyn Ebert	Fort Zumwalt North	FR	63.46
Leilani Green	Wentzville Liberty	FR	64.17

## 800 meter dash

Name	School	Year	Time
Madelyn Gray	Fort Zumwalt South	SR	2:19.58
Karlie Wooten	Wentzville Liberty	JR	2:24.36
Mia Reed	Washington	SR	2:27.83
Julia Donnelly	Washington	SO	2:29.85

## 1600 meter run

Name	School	Year	Time
Mia Reed	Washington	Sr	5:03.35
Ally Kruger	Wenzville Liberty	JR	5:03.89
Madelyn Gray	Fort Zumwalt South	SR	5:10.18
Julia Donnelly	Washington	SO	5:21.72

## 3200 meter run

Name	School	Year	Time
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Ally Kruger	Wenzville Liberty	JR	11:07.29
Julia Donnelly	Washington	SO	11:47.04
Molly Morris	Wentzville Liberty	SR	12:26.44
Belle Hill	Fort Zumwalt North	SR	12:40.14

## 100 meter hurdles

Name	School	Year	Time
Ingrid Figas	Washington	JR	15.55
Triniti Douglas	Fort Zumwalt South	SO	16.67
Eve Shelton	Wentzville Liberty	SR	16.83
Morgan Gratza	Washington	JR	17.08

## 300 meter hurdles

Name	School	Year	Time
Amani Jones	Francis Howell North	JR	47.46
Eve Shelton	Wentzville Liberty	SR	48.65
Ingrid Figas	Washington	JR	49.31
Audrey Beckhardt	Wentzville Liberty	SO	50.85

## 4 x 100 meter relay

Name	Relay member	Time
Fort Zumwalt South	Inaiah Clark	50.99

	Triniti Douglas	
	Nia Burnett	
	Makayla Davis	
Francis Howell North	Amani Jones	52.63
	Lauren Jones	
	Lauren Chance	
	Sara Ausbury	
Wentzville Liberty	Marley Nelson	52.85
	Isabella Gamm	
	Kailey Cain	
	Eve Shelton	
Washington	Kelsee Crego	55.34
	Avery Johnson	
	Ella Kroeter	
	Lindsay Sprung	

## 4 x 200 meter relay

School	Relay Member	Time
Fort Zumwalt South	Inaiah Clark	1:49.71
	Triniti Douglas	
	Nia Burnett	
	Makayla Davis	
Wentzville Liberty	Leilani Green	1:55.27
	Isabella Gamm	
	Kailey Cain	
	Marley Nelson	

Fort Zumwalt North	Ann-Marie Welby	1:57.91
	Alexis Wolf	
	Alaina Ser na	
	Layaly Ramadan	
Washington	Kelsee Crego	1:59.19
	Ava Kauffeld	
	Ella Kroeter	
	Lindsay Sprung	

## 4 x 400 meter relay

Name	Relay Member	Time
Wentzville Liberty	Karlie Wooten	4:18.16
	Megan Venturella	
	Adrienne Rockette	
	Leilani Green	
Washington	Ingrid Figas	4:19.80
	Emma Duncan	
	Kelsee Crego	
	Mia Reed	
Fort Zumwalt South	Lauren Hirsch	4:25.01
	Sarah Morrison	
	Nia Burnett	
	Madelyn Gray	
Fort Zumwalt North	Veronica Martin	4:34.67
	Alaina Serna	
	Savannah Maier	

	Jailyn Ebert	
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## 4 x 800 meter relay

School	Relay Member	Time
Wentzville Liberty	Adrienne Rockette	9:59.16
	Molly Morris	
	Megan Venturella	
	Ally Kruger	
Fort Zumwalt South	Sarah Morrison	10:07.96
	Isabelle Schumacher	
	Lauren Hirsch	
	Madelyn Gray	
Washington	Emma Duncan	10:43.32
	Julia Donnelly	
	Lillian Nix	
	Lindsay Sprung	
Fort Zumwalt North	Belle Hill	11:08.56
	Sarah Bacon	
	Hannah Vandemark	
	Jailyn Ebert	

## High Jump

Name	School	Year	Height
Karlie Wooten	Wentzville Liberty	JR	1.52 m

Elaina Maurer	Fort Zumwalt North	JR	1.50 m
Savannah Maier	Fort Zumwalt North	FR	1.47 m
Toni Patterson	Wentzville Liberty	SR	1.47 m

## Pole Vault

Name	School	Year	Height
Ella Kroeter	Washington	SO	2.74 m
Sarah Morrison	Fort Zumwalt South	SO	2.29 m
Audrey Beckhardt	Wentzville Liberty	SO	1.98 m
Ava Kauffeld	Washington	FR	1.98 m

## Long Jump

Name	School	Year	Distance
Ingrid Figas	Washington	JR	4.90 m
Bryn Pawlik	Fort Zumwalt South	SO	4.85 m
Morgan Gratza	Washington	SR	4.81 m
Makaa Davis	Fort Zumwalt South	SR	4.66 m

## Triple Jump

Name	School	Year	Distance
Alyssa Place	Wentzville Liberty	SR	9.88 m
Taylor Peoples	Wentzville Liberty	SR	9.61 m

Katy Mawer	Fort Zumwalt Soutyh	SO	9.44 m
Avery Johnson	Washington	JR	8.89 m

## Shot Put

Name	School	Year	Distance
Ashley Rusthoven	Fort Zumwalt East	FR	9.50 m
Abby Porter	Fort Zumwalt North	SO	8.67 m
Maddie Guevara	Washington	FR	8.47 m
Mariah Dallas	Fort Zumwalt South	SO	8.22 m

## Discus

Name	School	Year	Distance
Saannah Meyer	Wentzville Liberty	SO	30.15 m
Kaitlyn Frankenberg	Washington	SO	28.10 m
Katy Mawer	Fort Zumwalt South	SO	25.43 m
Maddie Guevara	Washington	FR	24.77 m

## JAVELIN

Name	School	Year	Distance
Morgan Gartza	Washington	SR	34.87 m
Madeline Rowold	Fort Zumwalt East	JR	30.85 m
Maddie Guevara	Washington	FR	30.20 m

Katy Mawer	Fort Zumwalt South	SO	29.65 m
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## **TEAM RESULTS: **Wentzville Liberty [170];****

**Washington [153]; Fort Zumwalt South [122]; Fort Zumwalt North [94]; Fort Zumwalt East [46]; Francis Howell North [25]**

## **ACADEMIC ALL CONFERENCE**

**Wentzville Timberland -**

**Washington -**

**Fort Zumwalt South -**

## **SPORTSMANSHIP**

**Wentzville Timberland -**

**Washington -**

# **2021 South Varsity Women Track and Field**

## **100 meter dash**

Name	School	Year	Time
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Monica Anderson	Francis Howell Central	SR	13.27
Marissa Sidwell	Francis Howell	FR	13.28
Addison Thornton	Francis Howell	JR	13.36
Ilencia Lightbody	Wentzville Timberland	Sr	13.42

## 200 meter dash

Name	School	Year	Time
Brooke Pridemore	Fort Zumwalt West	SR	27.67
Monica Anderson	Francis Howell Central	SR	27.94
Breanna Busatri	Wentzville Timberland	JR	28.70
Manna Simmons	Francis Howell	SR	29.04

## 400 meter dash

Name	School	Year	Time
Zora Williams	Francis Howell	JR	60.62
Brooke Pridemore	Fort Zumwalt West	SR	62.40
Breanna Busateri	Wentzville Timberland	JR	62.63
Lyla Rider	Fort Zumwalt West	So	64.12

## 800 meter dash

Name	School	Year	Time
Lydia Lehmbeck	Fort Zumwalt West	SR	2:28.20

Abby Meyer	Francis Howell	SO	2:29.12
Kate Cooper	Wentzville Timberland	SO	2:30.40
Madelyn Craft	Wentzville Timberland	SR	2:31.51

## 1600 meter run

Name	School	Year	Time
Livia Votruba	Wentzville Timberland	SO	5:35.53
Madilyn Moore	Wentzville Timberland	SR	5:39.18
Riley Linville	Fort Zumwalt West	FR	5:41.09
Madeline Halstead	Francis Howell	FR	5:48.78

## 3200 meter run

Name	School	Year	Time
Madilyn Moore	Wentzville Timberland	SR	11:59.03
Sarah Russom	Francis Howell	SR	12:05.40
Ella Coulter	Francis Howell	FR	12:30.17
Payden Pietrusinski	Wentzville Holt	SO	12:41.18

## 100 meter hurdles

Name	School	Year	Time
Kinsey Dueker	Troy Buchanan	JR	15.83
Aliyah Adams	Wentzville Timberland	JR	16.44

Gina Saso	Wentzville Holt	JR	18.79
Natalie Goodman	Wentzville Timberland	SR	18.85

## 300 meter hurdles

Name	School	Year	Time
Aliyah Adams	Wentzville Timberland	JR	48.56
Kinsey Dueker	Troy Buchanan	JR	50.10
Lily Figgins	Francis Howell	SR	51.25
Gina Saso	Wentzville Holt	JR	51.93

## 4 x 100 meter relay

Name	Relay member	Time
Troy Buchanan	Jasmin Crouch	52.20
	Macie Hunolt	
	Lilly Robinson	
	Jordan Starkey	
Wentzville Timberland	Kara Hildebrand	52.97
	Corey Fletcher	
	Natalie Goodman	
	Ilencia Lightbody	
Francis Howell	Khyla Schiermeier	54.07
	Manna Simmons	
	Karsyn Jambois	
	Peyton Nguyen	

Fort Zumwalt West	Madelyn Moresi	55.94
	Lauren Rowland	
	Lainie Mueller	
	Kaylee White	

## 4 x 200 meter relay

School	Relay Member	Time
Francis Howell	Marissa Sidwell	1:48.82
	Linzy Williams	
	Addison Thornton	
	Zora Williams	
Wentzville Timberland	Kara Hildebrand	1:50.97
	Corey Fletcher	
	Aliyah Adams	
	BreannaBusateri	
Troy Buchanan	Teryn Brown	1:52.23
	Macie Hunolt	
	Jordayn Starkey	
	Lilly Robinson	
Fort Zumwalt West	Lauren Rowland	1:53.93
	Brooke Pridemore	
	Kaylee White	
	Lydia Rider	

## 4 x 400 meter relay

<b>Name</b>	<b>Relay Member</b>	<b>Time</b>
Francis Howell	Marissa Sidwell	4:17.73
	Erin Ihrig	
	Addison Thornton	
	Zora Williams	
Fort Zumwalt West	Brooke Pridemore	4:19.07
	Sophia Maupin	
	Lyla Rider	
	Lydia Lehmbeck	
Troy Buchanan	Teryn Brown	4:36.57
	Audrey Hemmer	
	Lilly Robinson	
	Macie Hunolt	
Francis Howell Central	Anasofia Carrillo	4:52.23
	Allison Rush	
	Samantha Hantack	
	Alyssa Winkler	

## 4 x 800 meter relay

<b>School</b>	<b>Relay Member</b>	<b>Time</b>
Wentzville Timberland	Madelyn Craft	9:55.89
	Morgan Puszkas	
	Livia Votruba	
	Madilyn Moore	
Francis Howell	Paige Shinabery	10:17.76
	Ella Coulter	

	Madeline Halstead	
	Abbie Meyer	
Fort Zumwalt West	Lydia Lehmbeck	10:19..29
	Sophia Maupin	
	Alessandra Madrid	
	Riley Linville	
Francis Howell Central	Grace Bannon	11:04.09
	Emily Rudebeck	
	Natalie White	
	Alyssa Winkler	

## High Jump

Name	School	Year	Height
Linzy Williams	Francis Howell	SO	1.60 m
Lauren Hoffmann	Fort Zumwalt West	SR	1.55 m
Emily Wagner	Fort Zumwalt West	JR	1.45 m
Courtney Boehm	Wentzville Timberland	SR	1.45 m

## Pole Vault

Name	School	Year	Height
Jessica Judd	Wentzville Timberland	SR	2.74 m
Sophia Webert	Wentzville Timberland	JR	2.74 m
Hope Farris	Francis Howell	SO	2.44 m
Madison Mabray	Francis Howell Central	SO	2.44 m

## Long Jump

Name	School	Year	Distance
Aliyah Adams	Wentzville Timberland	JR	5.33 m
Lauren Hoffmann	Fort Zumwalt West	SR	4.92 m
Shelby Judd	Wentzville Timberland	SR	4.91 m
Linzy Williams	Francis Howell	SO	4.91 m

## Triple Jump

Name	School	Year	Distance
Lauren Hoffmann	Fort Zumwalt West	SR	10.58 m
Kinsey Dueker	Troy Buchanan	JR	10.41 m
Gabriella Ringo	Wentzville Timberland	SR	9.93 m
Hailey Smith	Wentzville Timberland	So	9.87 m

## Shot Put

Name	School	Year	Distance
Kennedy Eggering	Francis Howell Central	JR	11.28 m
Emilia Labruyere	Wentzville Timberland	SO	11.20 m
Kylie Linson	Troy Buchanan	SR	10.83 m
Adrianna Kennedy	Troy Buchanan	JR	10.44 m

# Discus

Name	School	Year	Distance
J'Dyn Green	Wentzville Timberland	SR	37.28 m
Emilia Labruyere	Wentzville Timberland	SO	35.76 m
Carmen Martin	Troy Buchanan	SR	31.59 m
Campbell King	Wentzville Holt	JR	31.36 m

# Javelin

Name	School	Year	Distance
Julia Crenshaw	Fort Zumwalt West	SR	46.73 m
Bailey Broemmer	Wentzville Timberland	JR	34.99 m
Lauren Rowland	Fort Zumwalt West	FR	31.77 m
Audrey McDonnell	Francis Howell	SR	30.97 m

**TEAM RESULTS: Wentzville Timberland [198];**

**Francis Howell [157]; Fort Zumwalt West [141]; Troy Buchanan [95]; Francis Howell Central [75]; Wentzville Holt [30]**

## ACADEMIC ALL CONFERENCE

**Fort Zumwalt West** - Ella Bassman, Jayde Bleich, Peyton Butler, Julia Crenshaw, Kamryn Dixon, Kate Grana, Lauren Hoffmann, Autumn Jackson, Shaylie Johnson, Lydia Lehmbeck, Riley Linville, Kyerha Loggins, Michele Lu, Ali Madrid, SOPHA Maupin, Madelyn Moresi, Lainie Mueller, Sylvia Onuoha, Brooke Pridemore, Lyla Rider, Lauren Rowland, Nevaeh Soward, Gabby St, Jean, Emily Wagner

**Francis Howell North** -



**Troy Buchanan** - Andrea Bircher, Teryn Brown, Gabrielle Cook, Makenna DeClue, Kensey Dueker, Nicole Fiebiger, Abby Goerke, Gwenyth Hammond, Audrey Hemmer, Elizabeth hemmer, Mis-Shea Hoelscher, Jlynn Humphrey, Macie Hunolt, Carment Martin, Mary Mitts, Emma-Mae Price, Lilly Robinson, Jordan Starkey, Vivian Wortmann, Kylie Zierra Linson

**Washington** -

**Wentzville Holt** - Jessica Ballard, Campbell King, Nicole Kinnary, Adison Mosher, Payden Pietrusinski, Gina Saso, Natalee Schwartz

## **SPORTSMANSHIP**

**Fort Zumwalt West** - Lauren Hoffmann

**Francis Howell North** -

**Troy Buchanan** - Emma Price

**Washington** -

**Wentzville Holt** - Gina Saso

## **SPRING BOY'S VOLLEYBALL**

**2020 - 2021**

### **FIRST TEAM**

**Ethan Kane of Fort Zumwalt East**

**Kamryn Marcotte of Francis Howell**

**Drew Beinz of Francis Howell**

**Josh Jenkins of Fort Zumwalt South**

**Judge Jewkes of Fort Zumwalt West**

**Avery Ward of Francis Howell North**

**Grogan Kraus of Francis Howell North**

**PLAYER OF THE YEAR:**

**AVERY WARD OF FRANCIS HOWELL NORTH**

**COACH OF THE YEAR:**

**ROBIN YUEDE OF FRANCIS HOWELL NORTH**

## **SECOND TEAM**

**Justin Moore of Fort Zumwalt South**

**Joe Peter of Fort Zumwalt South**

**T. J. Houston of Francis Howell**

**Omari Cobb of Fort Zumwalt West**

**Collin Bernstein of Fort Zumwalt North**

**Ethan Grabowski of Francis Howell Central**

**Clayton Jones of Francis Howell Central**

**Samuel Poertner of Francis Howell North**

**Zach Zimmerman of Francis Howell North**

## **ALL ACADEMIC**

**Fort Zumwalt West - Peyton Lopes, Riley O'Neal, Dawson Porter, Dylan Lai, Noah Naumann, Nathan Naumann, Josh Eigenmann, Chaz Mahler, Vincent Vo, Judge Jewkes**

**Francis Howell North - Robert Fairless, Cole Hopper, Rupak Kannan, Grogan Kraus, Joshua Moore, Braden Powelson, Koen Schaffer, Avery Ward, Brett Winkelmann, Zach Zimmerman**

**Francis Howell Central - Andrew Geil, Ian Johnson, Clayton Jones, Zach Lewis, Kyle Mecey, David Milliken, Will Rable, Ryan Schwartz, Jacob Simpkins**

**Fort Zumwalt East - Ty Rodermund, DJ Hicks, Ethan Kane, Kyle Kohls, Dom Mrazik, Gabe Mrazik, Drew Walsh**

**Fort Zumwalt South - Colin Britt, Brock Carey, Jaydon Crumley, Aman Daggumati, Josh Jones, Justin Moore, Brendan Owens, Seth Pawlik**

**Fort Zumwalt North - Josh Bauer, Collin Bernstein, Ryan Bishop, Spencer Steinmeyer, Ronald Stogsdill**

**Francis Howell - Luke Vines, Luke Gahr, Colin Seebeck, Brandon Li, Charlie Schmidt, TJ Houston, Christian Bradley, Ayden Illingworth, Kamryn Marcotte, Nathan Torrence, Gage Brodia, Devin Dalton, Kory McCauley, Zach Bieber**

## **SPORTSMANSHIP**

**Fort Zumwalt West - Judge Jewkes**

**Francis Howell North - Grogan Kraus**

**Francis Howell Central - David Milliken**

**Fort Zumwalt East - Kyle Kohls**

**Fort Zumwalt South - Brock Carey**

**Fort Zumwalt North - Josh Bauer**

**Francis Howell - Christian Bradley**



