

**2021**

**NORTH DIVISION BOYS CROSS  
COUNTRY**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

<b>Athlete</b>	<b>School</b>	<b>Time</b>
James Wortham	Saint Charles West	16:31.00
Jacob Blassingame	Saint Charles West	17:07.07
Nate Maples	Saint Charles	17:31.70
Wyatt Claiborne	Warrenton	17:43.93
Austin Litton	Saint Charles West	17:46.70
Jack Case	Saint Charles	17:53.81
Abhiram Kudaravalli	Saint Charles West	17:54.71
Thomas Dulle	Orchard Farm	17:54.88

Luke Nottmeyer	Saint Charles	18:17.09
Samuel Bland	Saint Charles	18:29.52
Daniel Gillespie	Winfield	18:35.68
Owen Shy	Saint Charles West	18:36.23
James Warner	Saint Charles	18:43.63
Jacob VanDyke	Orchard Farm	18:45.28

***FOR COMPLETE RESULTS GOT TO: <https://mo.milesplit.com>, LOOK UNDER RESULTS, 10/14 GAC XC CHAMPIONSHIP***

**TEAM SCORES: SAINT CHARLES WEST  
107;**

**SAINT CHARLES 165; ORCHARD FARM 321;  
WARRENTON 370; WINFIELD 441**

## **ALL ACADEMIC**

**Orchard Farm -**

**Saint Charles - Brody Adams, Sam Bland, Luc Bourgeade, Jack Case, Chris Kimsey, Nate Maples, Luke Nottmeyer, Cole Sulwer, James Warner**

**Saint Charles West -**

**Warrenton -**

**Winfield -**

# **SPORTSMANSHIP**

**Orchard Farm -**

**Saint Charles -**

**Saint Charles West -**

**Warrenton -**

**Winfield -**

**2021**

## **CENTRAL DIVISION BOYS CROSS COUNTRY**

### **ALL CONFERENCE INDIVIDUALS**

#### **ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

<b>Athlete</b>	<b>School</b>	<b>Time</b>
Tyler Anderson	Fort Zumwalt East	17:01.84
Taylor Mason	Francis Howell North	17:05.35
Blake Margerum	Fort Zumwalt North	17:19.29
Devon Alexander	Francis Howell North	17:28.70

Evan Milbert	Fort Zumwalt South	17:32.81
Owen Bates	Fort Zumwalt South	17:39.76
Shalin Patel	Fort Zumwalt East	17:43.11
Ethan Schrautemeier	Fort Zumwalt North	17:44.64
Ethan Bliss	Washington	17:50.84
Cale Eldredge	Wentzville Liberty	17:58.35
Dylan Carlson	Wentzville Liberty	18:02.57
Alan Meyer	Fort Zumwalt North	18:03.96
Logan Luttrell	Washington	18:05.87
Daniel McClellan	Fort Zumwalt East	18:10.48

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**TEAM SCORES: FORT ZUMWALT NORTH 134;**

**FORT ZUMWALT EAST 167; WENTZVILLE LIBERTY 218; FRANCIS HOWELL NORTH 250; FORT ZUMWALT SOUTH 274**

[ only five schools had the number of runners needed to score]

**ALL ACADEMIC**

**Fort Zumwalt East -**

**Fort Zumwalt North - Andrew Jordan, Ethan Landrum, Blake Margerum,  
Taylor Mason, Alan Meyer, Brayden Pirrung, Yussif Ramadan, Ethan  
Schrautemeier**

**Fort Zumwalt South -**

**Francis Howell North -**

**Washington - Sean Barry**

**Wentzville Liberty -**

## **SPORTSMANSHIP**

**Fort Zumwalt East -**

**Fort Zumwalt North - Alan Meyer**

**Fort Zumwalt South -**

**Francis Howell North -**

**Washington - Ethan Bliss**

**Wentzville Liberty -**

**2021**

## **SOUTH DIVISION BOYS CROSS COUNTRY**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

<b>Athlete</b>	<b>School</b>	<b>Time</b>
Tyler Freiner	Francis Howell	16:07.20
Jaxson Copelin	Fort Zumwalt West	16:13.28
Jack Rider	Fort Zumwalt West	16:36.41
Tyler Bredenberg	Wentzville Timberland	16:45.95
Brody Orf	Troy Buchanan	16:58.97
Mason Brown	Fort Zumwalt West	17:07.95
Graham Black	Francis Howell	17:08.98
Campion Welsh	Fort Zumwalt West	17:26.36
Maddox Riley	Wentzville Timberland	17:31.98
Tyson Murphy	Francis Howell	17:33.18
Lucas Wright	Francis Howell	17:46.38
Dalton Langley	Troy Buchanan	17:48.85
Corey Warden	Wentzville Timberland	18:05.63
Isaac Carr	Troy Buchanan	18:12.95

***FOR COMPLETE RESULTS GOT TO: <https://mo.milesplit.com>, LOOK UNDER RESULTS, 10/14 GAC XC CHAMPIONSHIP***

# **TEAM SCORES: FORT ZUMWALT WEST 67;**

**WENTZVILLE TIMBERLAND 105; FRANCIS HOWELL  
127; TROY BUCHANAN 230; WENTZVILLE HOLT 325;  
FRANCIS HOWELL CENTRAL 333**

## **ALL ACADEMIC**

**Fort Zumwalt West - Mason Brown, Jaxson Copelin, Matthew Fanter, Jake  
Feldwerth, Jacob Hammond, Jalen Jones, Ben Miles, Alsadair Orr, Peyton reese,  
Evan Wardrop, Campion Welsh, Samuel Whitaker**

**Francis Howell -**

**Francis Howell Central -**

**Troy Buchanan - Ryley Ballard, Isaac Carr, Avery Johnson, Dalton Langley,  
Thomas Mahler, Brody Orf, Gabriel Stuckey**

**Wentzville Holt - Aden Hicks**

**Wentzville Timberland -**

## **SPORTSMANSHIP**

**Fort Zumwalt West - Matthew Fanter**

**Francis Howell -**

**Francis Howell Central -**

**Troy Buchanan - Cameron Browning**

**Wentzville Holt - Alex Rose**

**Wentzville Timberland -**



**2021**

## **NORTH DIVISION FOOTBALL**

### **ALL CONFERENCE INDIVIDUALS**

#### **ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

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**[ALL CONFERENCE OFFENSE AND DEFENSE  
PHOTOS, CLICK HERE!](#)**

### **QUARTERBACK**

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Wade Ellison	Winfield	SR
<b>2nd Tem</b>	Caelon Weir	Warrenton	SR



## RUNNING BACK

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Laterrion West	Orchard Farm	SR
	Draven Ham	Winfield	JR
	Jacob Kirt	Saint Charles West	JR
<b>2nd Team</b>	Darrion Lewis	Orchard Farm	SR
	A. J.Hawkins	Saint Charles	SR
	Issiah Jones	Warrenton	SR

## OFFENSIVE LINE

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Gabe Schauman	Orchard Farm	SR
	Hunter Dunn	Winfield	SR
	Thomas Palmer	Saint Charles	SR
	Thomas Ray	Warrenton	SR
	Louis Dieckmann	Saint Charles West	JR
<b>2nd Team</b>	Michael Moonier	Orchard Farm	SR
	Jorgen Krueger	Winfield	JR
	Wil Wright	Winfield	SR

	Erik Sullivan	Saint Charles West	JR
	Brayden Miller	Saint Charles West	JR
	Barrett Disselhorst	Saint Charles West	JR

## WIDE RECEIVER

	Player	School	Year
<b>1st Team</b>	Kolby Meine	Warrenton	SR
	Austin Carson	Winfield	SR
<b>2nd Team</b>	Joseph Evans	Warrenton	SR
	Braden Goellner	Saint Charles West	SR

## KICKER

	Player	School	Year
<b>1st Team</b>	Kaden Kaimann	Winfield	JR
<b>2nd Team</b>	Ryan Beer	Saint Charles West	SO

## ATHLETE

	Player	School	Year
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<b>1st Team</b>	Maurion Moore	Orchard Farm	SR
<b>2nd Team</b>	Austin Bray	Winfield	JR

## LINEBACKER

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Brandon Chouinard	Orchard Farm	SR
	Bryce Westerfield	Orcard Farm	SR
	Colby Twellmen	Winfield	SR
	Hunter Dunn	Winfield	SR
	Daine Taylor	Saint Charles West	JR
<b>2nd Team</b>	Caden Tipton	Orchard Farm	SO
	Logan Underwood	Saint Charles	SR
	Carter Tittel	Warrenton	FR
	Joe Goldsmith	Warrenton	SO
	Jacob Kirt	Saint Charles West	JR

## DEFENSIVE LINE

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Marquis Gracial	Saint Charles	SR

	Cole Sams	Winfield	SR
	Tieler Rodebaugh	Saint Charles West	JR
<b>2nd Team</b>	Gabe Schauman	Orchard Farm	JR
	Thomas Ray	Warrenton	SR
	Kyle Turnbull	Winfield	JR
	A. J. Hawkins	Saint Charles	SR

## DEFENSIVE BACK

	Player	School	Year
<b>1st Team</b>	Darrion Lewis	Orchard Farm	SR
	Donte Lewis	Orchard Farm	SR
	Austin Carson	Winfield	SR
	Caelon Weir	Warrenton	SR
<b>2nd Team</b>	Kolby Meine	Warrenton	SR
	Riley Adams	Saint Charles	SR
	Cody Weber	Winfield	SR
	Bryce Irving	Winfield	JR
	Jason Williams	Orchard Farm	SO

## **PUNTER**

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Wade Ellison	Winfield	SR
<b>2nd Team</b>	Colton Brosenne	Warrenton	JR

## **PLAYER OF THE YEAR:**

**Marquis Gracial, Senior, Saint Charles**

## **COACH OF THE YEAR:**

**Cody Spegal of Winfield**

## **Sportsmanship Award**

**Orchard Farm - Will Statler**

**Saint Charles - Riley Adams and David Thorne**

**Saint Charles West -Alex O'Connor**

**Warrenton - Cameron Faerber**

**Winfield - Jack St. Pierre**

## **All-Academic Team**

**Orchard Farm - Trevor Souter, Will Statler, Collin Simmons, Bryce Westerfeld, Blake Jakul, Jackson Carruthers, Colby Sanchez, Joey Cleary, Seydou Ba, Jackson Kuehler**

**Saint Charles - Riley Adams, Logan Underwood, David Thorne, Marquis Gracial, Dawson Clark, Moses Brown, Robert Hayes, Chris Ketchum, Thomas Palmer, Seth Richard, Jason Rowe, Kole Ward, Jacob Wulfert**

**Saint Charles West - Jack Anzalone, Chris Colyer, Barrett Disselhorst, Darin Gordon, Jacob Kirt, Brayden Miller, Ian Nixon, Dylan Schooler, Erik Sullivan, Daine Taylor**

**Warrenton - Colton Brosenne, Joe Goldsmith, Austin Haas, Dakota Hile, Chance Klasing, Kolby Meine, Timothy Ray, Jacob Ruff, Evan Schenck, Carter Tittel, Alex Wilson**

**Winfield - Randy Freeborn, Thomas Good, Quincy Johnston, Ethan King, Jorgen Kreuger, Jack St.Pierre, Kyle Turnbull, Colby Twellman, Hunter Dunn, Austin Carson, Liam Ramsour, Kaden Kaimann, Wil Wright, Logan Trupiano, Gage King, Wade Ellison, Austin Bray, Chase Colbert, Carter Hoener, Conner Martin**

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**2021**

**CENTRAL DIVISION FOOTBALL**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

## ALL CONFERENCE OFFENSE AND DEFENSE PHOTOS, CLICK HERE!

### QUARTERBACK

	Player	School	Year
1st Team	Payton Hoker	Fort Zumwalt North	SR
2nd Tem	Jay Higgins	Fort Zumwalt South	SR

### RUNNING BACK

	Player	School	Year
1st Team	Chris Reckel	Fort Zumwalt North	SR
	Landon Boston	Washington	SO
2nd Team	D. J. Jones	Fort Zumwalt North	JR
	Ethan Weiler	Wentzville Liberty	JR
	Chris Hall	Francis Howell North	JR

### OFFENSIVE LINE

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Trevor Buhr	Washington	JR
	Alex Goeke	Fort Zumwalt North	JR
	Austin Mahoney	Fort Zumwalt South	SR
	Sam Rost	Washington	SR
	Andrew Hoppe	Fort Zumwalt North	SR
<b>2nd Team</b>	Will Lingle	Washington	SR
	Mark Hensley	Washington	JR
	Jadon Gauerke	Francis Howell North	JR
	Aidan Vankygrifka	Wentzville Liberty	SR
	Braydon Oxford	Wentzville Liberty	SR

## WIDE RECEIVER

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Zach McGee	Fort Zumwalt North	SR
	Peytn Blair	Fort Zumwalt South	SR
	Jalen Lee	Fort Zumwalt North	SR
<b>2nd Team</b>	Ryan Jostes	Washington	SO
	David Richard	Wentzville Liberty	SR
	Amir Purdy	Fort Zumwalt South	SO



## KICKER

	Player	School	Year
<b>1st Team</b>	Jackson Tankersley	Fort Zumwalt South	SO
<b>2nd Team</b>	David Beger	Francis Howell North	FR

## ATHLETE

	Player	School	Year
<b>1st Team</b>	Brennan Wilson	Fort Zumwalt East	SR
<b>2nd Team</b>	Cam Millheiser	Washington	SR

## LINEBACKER

	Player	School	Year
<b>1st Team</b>	Spencer Steinmeyer	Fort Zumwalt North	SR
	Tim Franklin	Fort Zumwalt East	SR
	Landon Boston	Washington	SO
	P. J. Henderson	Fort Zumwalt North	JR
<b>2nd Team</b>	Justin Little	Wentzville Liberty	JR
	Will Pierce	Fort Zumwalt South	JR
	Tyler Witt	Fort Zumwalt North	SR

	Lucas Neuschwander	Francis Howell North	SR
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## DEFENSIVE END

	Player	School	Year
<b>1st Team</b>	Trevor Buhr	Washington	JR
	Andrew Hoppe	Fort Zumwalt North	SR
<b>2nd Team</b>	Mark Hensley	Washington	JR
	James Sefrit	Fort Zumwalt South	SR

## DEFENSIVE LINE

	Player	School	Year
<b>1st Team</b>	Christien Spilker	Fort Zumwalt North	SR
	Austin Mahoney	Fort Zumwalt South	SR
<b>2nd Team</b>	Matthew Craig	Wentzville Liberty	JR
	Joey Kaufman	Fort Zumwalt South	SR

## DEFENSIVE BACK

	Player	School	Year
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<b>1st Team</b>	Jalen Lee	Fort Zumwalt North	SR
	Jay Lesley	Fort Zumwalt South	SR
	Connor O'Neal	Fort Zumwalt North	JR
	Ian Kelly	Francis Howell North	JR
<b>2nd Team</b>	Casey Olszowka	Washington	SO
	Jeremiah Dickerson	Fort Zumwalt North	SR
	Diego Rocha	Wentzville Liberty	SR
	Amir Purdy	Fort Zumwalt South	SO

## PUNTER

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Connor O'Neal	Fort Zumwalt North	JR
<b>2nd Team</b>	Jacob Bedore	Fort Zumwalt South	SO

## PLAYER OF THE YEAR:

**Jalen Lee, Fort Zumwalt North, Senior**

## COACH OF THE YEAR:

**Joe Bacon, Fort Zumwalt North**

## **Sportsmanship Award**

**Fort Zumwalt East - Tim Franklin**

**Fort Zumwalt South - Thomas Hamilton**

**Fort Zumwalt North - Adam Confer**

**Francis Howell North - Jordan Minter**

**Washington- William Lingle**

**Wentzville Liberty - Warren Gann**

## **All-Academic Team**

**Fort Zumwalt East - Mohammed Afaneh, Blake Walls, Brady Richardson, Francisco Salcido, Luke Lauritzen, Noah Butler, Ty Rudd, Tyler Shortt, Vincent Widtfelt, Xavier Goodall, Eric Ferranto**

**Fort Zumwalt South - Josh Atherton, Roman Baker, Chase Bensing, Hugh Boyd, Cameron Brown, Mason Clark, James Dunn, Jacob Finnegan, Austin Mahoney, Jacob Reynolds, Matthew Robison, Carter Samson**

**Fort Zumwalt North - Andrew Gutherie, John Hicks, Andrew Hoppe, Gabriel Huber, Logan Knapp, Shane Ostmann, Aaron Schroeder, Christien Spilker, Spencer Steinmeyer, Michael Turner**

**Francis Howell North - Calvin Von Arb, Ian Kelly, Chris Hall, Jeremy Moutray, Jordan Minter, Gilbren Dowdy, Wyatt Hines, DJ Dillon, Derrick Warren, Sean Kloecker, Lucas Neuschwander, Ronte Townsend, Sam Clement, Skyler Lashley, Jackson Cutlan, Antonio Baker, Gabe Kasper, Jaiden Frey, Jadon Gauerke, Luke Hahn, Will Fodor**

**Washington - Casey Olszowka, Landon Boston, Aden Pecka, Devon Deckelman, Hunter Bakameyer, Ian Junkin, Connor Peterson, Jak Livengood, Tyler Blakely,**

**Cam Millheiser, Hayden Thiemann, Ryan Kassebaum, Nick Lucido, Evan Gaither, Jonathon Landwehr, Kellen Schiermeier, Cameron Meyer, Clyde Hendrix, Hanon Jarvis, Nate Rogala, Ryan Jostes, Hayden Burns, William Lingle, Mark Hensley, Isaac Burr, Tanner Schwoeppe, Andrew Peterson, Brendon Rost, Sam Rost, Blake Ford, Joey Avitia**

**Wentzville Liberty - Sam Arrington, Cole Blackstock, Peyton Braile, Ryan Casteel, Matthew Craig, Michael Eshbaugh, Tyler Fielder, TJ File, Warren Gann, Joshua Giljum, Charles Hebden, Geoffrey Hudson, Riley Laws, Brett Mason, Carter Myers, Sam Ptasienski, Diego Rocha, Jacob Sorge, Ethan Weiler, Trenton Williams, Mason Wunderlich, Tye Yeh**

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**2021**

## **SOUTH DIVISION FOOTBALL**

### **ALL CONFERENCE INDIVIDUALS -**

### **ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

**ALL CONFERENCE OFFENSE AND DEFENSE  
PHOTOS, CLICK HERE!**

### **QUARTERBACK**

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Cooper Brown	Wentzville Holt	SR
<b>2nd Tem</b>	Charos Sutton	Troy Buchanan	JR

## RUNNING BACK

	Player	School	Year
<b>1st Team</b>	Jay Harris	Wentzville Timberland	SR
<b>2nd Team</b>	Kyle Wuebbeling	Wentzville Holt	SR

## OFFENSIVE LINE

	Player	School	Year
<b>1st Team</b>	Austin Bone	Wentzville Holt	SR
	Quinn Brown	Wentzville Holt	SR
	T. J. Houston	Francis Howell	SR
	Andrew Bontrager	Wentzville Timberland	SR
	Jahkai Lang	Troy Buchnana	JR
<b>2nd Team</b>	Matt Olsen	Troy Buchanan	JR
	Xavier Machado	Francis Howell	SR
	Jaydee Beshler	Wentzville Holt	JR
	Dylon Eller	Wentzville Holt	SR
	Cayden Gillham	Wentzville Timberland	SR
	Matt Stano	Fort Zumwalt West	SR

	John Preiss	Fort Zumwalt West	JR
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## WIDE RECEIVER

	Player	School	Year
<b>1st Team</b>	Jackson Smith	Wentzville Holt	SR
	Brett Norfleet	Francis Howell	JR
	Jude James	Francis Howell	SO
	Nathan Ryan	Troy Buchanan	SR
<b>2nd Team</b>	Collin Brunner	Wentzville Holt	SR
	Alex Ginnever	Wentzville Holt	SR
	Josh Gibbs	Wentzville Timberland	SR
	Travis Reeves	Wentzville Timberland	JR

## KICKER

	Player	School	Year
<b>1st Team</b>	Josh Deal	Francis Howell	JR
<b>2nd Team</b>	Masson Gessert	Troy Buchanan	SR

## ATHLETE

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Taj Gurley	Francis Howell	SR
<b>2nd Team</b>	Darius Jones	Fort Zumwalt West	SO
	A. J. Raines	Wentzville Timberland	JR

## LINEBACKER

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Brett Smith	Troy Buchanan	JR
	Wyatt Robbins	Francis Howell	JR
	Zakhi Johnson	Wentzville Holt	SR
	Kaden Moore	Wentzville Holt	JR
<b>2nd Team</b>	Connor Stein	Fort Zumwalt West	SR
	Ethan Wasson	Wentzville Timberland	JR
	Evan Piwowarski	Francis Howell	JR
	Brock Spinale	Francis Howell Central	SR

## DEFENSIVE LINE

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Jahkai Lang	Troy Buchanan	JR



	T. J. Houston	Francis Howell	SR
	Richard Meyer	Wentzville Holt	JR
<b>2nd Team</b>	Jacob Raines	Troy Buchanan	SR
	Brett Norfleet	Francis Howell	JR
	Garett Conley	Wentzville Holt	SR
	Xavier Oatts	Fort Zumwalt West	JR
	Travis Reeves	Wentzville Timberland	JR

## DEFENSIVE BACK

	Player	School	Year
<b>1st Team</b>	Nick Bova	Troy Buchanan	JR
	Isaiah Slaughter	Wentzville Holt	SR
	Dashon Hudson	Francis Howell	JR
	Nick Turner	Wentzville Timberland	SR
	Jack Byrne	Wentzville Holt	JR
<b>2nd Team</b>	Carter Holloway	Troy Buchanan	JR
	Damon Williams	Francis Howell	SR
	Kendall Gurley	Francis Howell	SO
	Aidan Hernandez	Francis Howell Central	JR
	Caden Duke	Wentzville Holt	JR

## **PUNTER**

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Mason Gessert	Troy Buchanan	SR
<b>2nd Team</b>	A. J. Raines	Wentzville Timberland	JR

### **PLAYER OF THE YEAR:**

**Cooper Brown, Wentzville Holt, Senior**

### **COACH OF THE YEAR:**

**Ethan Place, Wentzville Holt**

### **Sportsmanship Award**

**Fort Zumwalt West - Peyton Kraus**

**Francis Howell - Booker Simmons**

**Francis Howell Central - Jerome Caringal**

**Troy Buchanan - Ivaylo Mikov**

**Wentzville Holt - Liam Kelly**

**Wentzville Timberland - Steele Perry**

## **All-Academic Team**

**Fort Zumwalt West - Dyan Bates, Aidan Copeland, Cody Gough, Collin Greiner, Kyle Harris, Cameron Hart, Putt Houston, Peyton Kraus, Zach Kriete, Mikey Ludwig, Daniel Mainer, Xavier Oatts, Ben Osterholt, Braden Pickle, Quinn Purcell, Matt Stano, Connor Stein, Jacob Stickles, Josh Turner, Ryan Ulm, Jackson Viers, Nolan Whiteside, Drake Wright**

**Francis Howell - Erik Anderson, Jack Bartnick, Lucas Brown, Ethan Bryles, Reid Cisel, Henry Colombatto, Caden Davis, Josh Deal, Max Degrande, Drew Doherty, Maddox Duncan, Graham Elfrink, Christian Estill-Lackey, Hayden Foster, Grant Foster, Chase Garbarini, Brandon Glenn, Peyton Grant, Gabe Green, Irvin Heggemann, Eddi Heggemann, Logan Hornback, TJ Houston, Dashon Hudson, Brady Hultman, Jude James, Nick Litschgi, Nick Littlejohn, Xavier Machado, Luke McChesney, Caleb Miller, Maheep Minhas, Aiden Montgomery, Antonio Munoz, JB Ney, Brett Norfleet, Evan Piwowarski, Garrett Puckett, Lex Ramsay, Aidan Riepl, Fynn Ryan, Conner Schoenherr, Logan Scriven, Adam Shipley, Tanner Sprouse, Bryant Thomas, Jesse Versheldon, Cole Walters, Steele Weber, Cooper Wiegand, Damon Williams, Max Wilson, Nick Yost**

**Francis Howell Central - Dalton Jay, Cullen Humes, Lucas Merideth, Nick Ortinou, Matt Jones, Seth Skebo, Darien Mayers, Dalton Dawson, Chase Benoist, Aidan Hernandez, Michael Pagnotti, Will Thomas, Aidan Eiswirth, Jerome Caringal, Aidan Faszold, Jackson Campbell, Karson Webster, Hayden Devilder, Connor Sheehan, Liam Stover**

**Troy Buchanan - Ryan Baldwin, Preston Barciszewski, Tyler Boaz, Nick Bova, Cam Casso, Mason Gessert, Nolan Grelle, Carter Holloway, Levi Jeffers, Nick Johnson, Bryan Kasten, Hunter Keene, Ethan Lollar, Ivaylo Mikov, Jacob Raines, Nathan Ryan, Brett Smith, Charos Sutton, Kayden Uhlmeyer, Christian Walsh, Austin Wenzel, Jacob Wyble**

**Wentzville Holt - Chase Beattie, Cooper Brown, Quinn Brown, Brayden Burthardt, Nathan Crews, William Manning, Owen Merrell, Kaden Moore, Jacob Nelson, Scott Stutsman, Ashton Winingear, Kyle Wuebbeling**

**Wentzville Timberland -Andrew Bontrager, William Bontrager, Dylan Downes, Jeffrey Fetterhoff, Cayden Gillham, Nicholas Kardasz, Nathan Martin, Carson**

**McCaleb, Samuel Mortimore, AJ Raines, Keka Sanborn, Gavin Schaefer, Austin Sliger, Nicholas Turner, Jacob Wilson, Joshua Wortmann, Cooper Yates**

**2021**

**NORTH DIVISION GIRLS CROSS  
COUNTRY**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

<b>Athlete</b>	<b>School</b>	<b>Time</b>
Lilian Jackson	Saint Charles West	19:07.28
Genevieve Wacker	Saint Charles West	20:07.66
Avery Jackson	Saint Charles West	20:42.93
Kadence Berry	Winfield	20:53.97
Sally Werth	Saint Charles	21:21.18
Claire Horstmann	Saint Charles West	21:22.12
Regan Clercx	Wentzville North Point	21:45.02

Lauryn Schwierjohn	Orchard Farm	22:08.91
Emma Gilkison	Saint Charles	22:25.78
Madelyn Marschel	Warrenton	22:59.14
Isabel Reinebach	Winfield	23:13.85
Camryn Petersmeyer	Warrenton	23:15.95
Renzlee Davidson	Winfield	24:01.10
Abigail Loftus	Saint Charles West	24:18.05

***FOR COMPLETE RESULTS GOT TO: <https://mo.milesplit.com>, LOOK UNDER RESULTS, 10/14 GAC XC CHAMPIONSHIP***

**TEAM SCORES: SAINT CHARLES WEST  
24;**

**WINFIELD 62; WARRENTON 65; SAINT CHARLES 72**

[note: only four teams fielded the required number of runners]

## **ALL ACADEMIC**

**Orchard Farm -**

**Saint Charles - Peyton Birkenmeier, Jackie Cortes-Lopez, Emma Gilkison, Keeley Lauer, Alyson Miller, Mia Oellermann, Jennifer Rodriguez, Sally Werth**

**Saint Charles West -**

**Warrenton -**

**Winfield -**

## **SPORTSMANSHIP**

**Orchard Farm -**

**Saint Charles -**

**Saint Charles West -**

**Warrenton -**

**Winfield -**

**2021**

## **CENTRAL DIVISION GIRLS CROSS COUNTRY**

### **ALL CONFERENCE INDIVIDUALS**

#### **ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

<b>Athlete</b>	<b>School</b>	<b>Time</b>
Ally Kruger	Wentville Liberty	18:57.66

Julia Donnelly	Washington	19:20.95
Sarah Morrison	Fort Zumwalt South	19:44.31
Adrienne Rockette	Wentzville Liberty	19:55.80
Bryn Pawlik	Fort Zumwalt South	20:21.62
Peyton Spellazza	Fort Zumwalt North	20:29.66
Hailey Gerard	Fort Zumwalt South	21:05.89
Leah Wheeler	Washington	21:29.25
Jillian Kalbac	Wentzville Liberty	21:29.56
Leilani Green	Wentzville Liberty	21:31.14
Jailyn Ebert	Fort Zumwalt North	21:32.53
Isabelle Schumacher	Fort Zumwalt South	21:42.85
Annelise Obermark	Washington	21:43.50
Imane Larhdiri	Wentzville Liberty	21:49.14

***FOR COMPLETE RESULTS GOT TO: <https://mo.milesplit.com>, LOOK UNDER RESULTS, 10/14 GAC XC CHAMPIONSHIP***

**TEAM SCORES: WENTZVILLE LIBERTY  
38;**

**FORT ZUMWALT SOUTH 44; WASHINGTON 61; FORT  
ZUMWALT NORTH 135; FORT ZUMWALT EAST 135**

## **ALL ACADEMIC**

**Fort Zumwalt East -**

**Fort Zumwalt North - Abby Anderson, Faith Curry, Jailyn Ebert, Anna Hoppe,  
Madison Luecke, Julia Meade, Alexandria Nortrup, Hannah Vandemark**

**Fort Zumwalt South -**

**Washington - Zoey Ziegler, Lindsay Sprung, Annelise Obermark, Mia Mahon,  
Avery Johnson, Kendra Bliss**

**Wentzville Liberty -**

**Wentzville Timberland -**

## **SPORTSMANSHIP**

**Fort Zumwalt East -**

**Fort Zumwalt North - Peyton Spellazza**

**Fort Zumwalt South -**

**Washington - Lindsay Sprung**

**Wentzville Liberty -**

**Wentzville Timberland -**



**2021**

**SOUTH DIVISION GIRLS CROSS  
COUNTRY**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

<b>Athlete</b>	<b>School</b>	<b>Time</b>
Alessandra Madrid	Fort Zumwalt West	19:53.99
Reese McDevitt	Francis Howell Central	19:54.63
Ava Breuer	Francis Howell Central	19:59.79
Kate Cooper	Wentzville Timberland	20:17.74
Tori Bockstadter	Fort Zumwalt West	20:21.92
Ella Coulter	Francis Howell	20:22.60
Nevaeh Soward	Fort Zumwalt West	20:51.72
Elizabeth Shaw	Wentzville Holt	20:51.80

Katherine McGrath	Fort Zumwalt West	20:53.10
Alexis Rademeyer	Fort Zumwalt West	20:58.14
Payden Pietrusinski	Wentzville Holt	21:03.24
Riley Linville	Fort Zumwalt West	21:05.23
Laney Parmeley	Francis Howell Central	21:09.12
Camrin Watkins	Francis Howell Central	21:13.04

***FOR COMPLETE RESULTS GOT TO: <https://mo.milesplit.com>, LOOK UNDER RESULTS, 10/14 GAC XC CHAMPIONSHIP***

**TEAM SCORES: FORT ZUMWALT WEST 32;**

**FRANCIS HOWELL CENTRAL 58; WENTZVILLE TIMBERLAND 79;  
FRANCIS HOWELL 84; WENTZVILLE HOLT 103**

[note: only five teams fielded the required number of runners]

## **ALL ACADEMIC**

**Fort Zumwalt West - Tori Bockstadter, Alice Cauley, Kate Grana, Addision Kiehne, Riley Linville, Ali Madrid, Sophie Maupin, Katie McGrath, Lexi Rademeyer, Kylie Skoba Neveah Soward**

**Francis Howell**

**Francis Howell Central**

**Francis Howell North**

**Troy Buchanan - Gabrielle Cook, Angelia Witt, Vivian Wortmann**

**Wentzville Holt - Megan Kinnary, Yulissa Morales, Payden Pietrusinski, Kayley Russell, Elizabeth Shaw, Sam Wainscott**

**Wentzville Timberland -**

## **SPORTSMANSHIP**

**Fort Zumwalt West - Ali Madrid**

**Francis Howell -**

**Francis Howell Central**

**Francis Howell North**

**Troy Buchanan - Audrey Hemmer**

**Wentzville Holt - Payden Pietrusinski**

**Wentzville Timberland -**

**2021**

## **NORTH DIVISION GIRLS CROSS COUNTRY**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

<b>Athlete</b>	<b>School</b>	<b>Time</b>
Lilian Jackson	Saint Charles West	19:07.28
Genevieve Wacker	Saint Charles West	20:07.66
Avery Jackson	Saint Charles West	20:42.93
Kadence Berry	Winfield	20:53.97
Sally Werth	Saint Charles	21:21.18
Claire Horstmann	Saint Charles West	21:22.12
Regan Clercx	Wentzville North Point	21:45.02
Lauryn Schwierjohn	Orchard Farm	22:08.91
Emma Gilkison	Saint Charles	22:25.78
Madelyn Marschel	Warrenton	22:59.14
Isabel Reinebach	Winfield	23:13.85
Camryn Petersmeyer	Warrenton	23:15.95
Renzlee Davidson	Winfield	24:01.10
Abigail Loftus	Saint Charles West	24:18.05

***FOR COMPLETE RESULTS GOT TO: <https://mo.milesplit.com>, LOOK UNDER RESULTS, 10/14 GAC XC CHAMPIONSHIP***

# **TEAM SCORES: SAINT CHARLES WEST 24;**

**WINFIELD 62; WARRENTON 65; SAINT CHARLES 72**

[note: only four teams fielded the required number of runners]

## **ALL ACADEMIC**

**Orchard Farm -**

**Saint Charles - Peyton Birkenmeier, Jackie Cortes-Lopez, Emma Gilkison,  
Keeley Lauer, Alyson Miller, Mia Oellermann, Jennifer Rodriguez, Sally Werth**

**Saint Charles West -**

**Warrenton -**

**Winfield -**

## **SPORTSMANSHIP**

**Orchard Farm -**

**Saint Charles -**

**Saint Charles West -**

**Warrenton -**

**Winfield -**

**2021**

**CENTRAL DIVISION GIRLS CROSS  
COUNTRY**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

<b>Athlete</b>	<b>School</b>	<b>Time</b>
Ally Kruger	Wentville Liberty	18:57.66
Julia Donnelly	Washington	19:20.95
Sarah Morrison	Fort Zumwalt South	19:44.31
Adrienne Rockette	Wentzville Liberty	19:55.80
Bryn Pawlik	Fort Zumwalt South	20:21.62
Peyton Spellazza	Fort Zumwalt North	20:29.66
Hailey Gerard	Fort Zumwalt South	21:05.89
Leah Wheeler	Washington	21:29.25
Jillian Kalbac	Wentzville Liberty	21:29.56

Leilani Green	Wentzville Liberty	21:31.14
Jailyn Ebert	Fort Zumwalt North	21:32.53
Isabelle Schumacher	Fort Zumwalt South	21:42.85
Annelise Obermark	Washington	21:43.50
Imane Larhdiri	Wentzville Liberty	21:49.14

***FOR COMPLETE RESULTS GOT TO: <https://mo.milesplit.com>, LOOK UNDER RESULTS, 10/14 GAC XC CHAMPIONSHIP***

**TEAM SCORES: WENTZVILLE LIBERTY  
38;**

**FORT ZUMWALT SOUTH 44; WASHINGTON 61; FORT ZUMWALT NORTH 135; FORT ZUMWALT EAST 135**

## **ALL ACADEMIC**

**Fort Zumwalt East -**

**Fort Zumwalt North - Abby Anderson, Faith Curry, Jailyn Ebert, Anna Hoppe, Madison Luecke, Julia Meade, Alexandria Nortrup, Hannah Vandemark**

**Fort Zumwalt South -**

**Washington - Zoey Ziegler, Lindsay Sprung, Annelise Obermark, Mia Mahon, Avery Johnson, Kendra Bliss**

Wentzville Liberty -

Wentzville Timberland -

## **SPORTSMANSHIP**

Fort Zumwalt East -

Fort Zumwalt North - Peyton Spellazza

Fort Zumwalt South -

Washington - Lindsay Sprung

Wentzville Liberty -

Wentzville Timberland -

**2021**

## **SOUTH DIVISION GIRLS CROSS COUNTRY**

### **ALL CONFERENCE INDIVIDUALS**

### **ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

<b>Athlete</b>	<b>School</b>	<b>Time</b>
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Alessandra Madrid	Fort Zumwalt West	19:53.99
Reese McDevitt	Francis Howell Central	19:54.63
Ava Breuer	Francis Howell Central	19:59.79
Kate Cooper	Wentzville Timberland	20:17.74
Tori Bockstadter	Fort Zumwalt West	20:21.92
Ella Coulter	Francis Howell	20:22.60
Nevaeh Soward	Fort Zumwalt West	20:51.72
Elizabeth Shaw	Wentzville Holt	20:51.80
Katherine McGrath	Fort Zumwalt West	20:53.10
Alexis Rademeyer	Fort Zumwalt West	20:58.14
Payden Pietrusinski	Wentzville Holt	21:03.24
Riley Linville	Fort Zumwalt West	21:05.23
Laney Parmeley	Francis Howell Central	21:09.12
Camrin Watkins	Francis Howell Central	21:13.04

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**TEAM SCORES: FORT ZUMWALT WEST 32;**

**FRANCIS HOWELL CENTRAL 58; WENTZVILLE TIMBERLAND 79;  
FRANCIS HOWELL 84; WENTZVILLE HOLT 103**

[note: only five teams fielded the required number of runners]

## **ALL ACADEMIC**

**Fort Zumwalt West - Tori Bockstadter, Alice Cauley, Kate Grana, Addision Kiehne, Riley Linville, Ali Madrid, Sophie Maupin, Katie McGrath, Lexi Rademeyer, Kylie Skoba Neveah Soward**

**Francis Howell**

**Francis Howell Central**

**Franci Howell North**

**Troy Buchanan - Gabrielle Cook, Angelia Witt, Vivian Wortmann**

**Wentzville Holt - Megan Kinnary, Yulissa Morales, Payden Pietrusinski, Kayley Russell, Elizabeth Shaw, Sam Wainscott**

**Wentzville Timberland -**

## **SPORTSMANSHIP**

**Fort Zumwalt West - Ali Madrid**

**Francis Howell -**

**Francis Howell Central**

**Franci Howell North**

**Troy Buchanan - Audrey Hemmer**

**Wentzville Holt - Payden Pietrusinski**

Wentzville Timberland -

**2021**

**NORTH DIVISION FOOTBALL**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

**QUARTERBACK**

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Wade Ellison	Winfield	SR
<b>2nd Tem</b>	Caelon Weir	Warrenton	SR

**RUNNING BACK**

	<b>Player</b>	<b>School</b>	<b>Year</b>
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<b>1st Team</b>	Laterrion West	Orchard Farm	SR
	Draven Ham	Winfield	JR
	Jacob Kirt	Saint Charles West	JR
<b>2nd Team</b>	Darrion Lewis	Orchard Farm	SR
	A. J.Hawkins	Saint Charles	SR
	Issiah Jones	Warrenton	SR

## OFFENSIVE LINE

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Gabe Schauman	Orchard Farm	SR
	Hunter Dunn	Winfield	SR
	Thomas Palmer	Saint Charles	SR
	Thomas Ray	Warrenton	SR
	Louis Dieckmann	Saint Charles West	JR
<b>2nd Team</b>	Michael Moonier	Orchard Farm	SR
	Jorgen Krueger	Winfield	JR
	Wil Wright	Winfield	SR
	Erik Sullivan	Saint Charles West	JR
	Brayden Miller	Saint Charles West	JR
	Barrett Disselhorst	Saint Charles West	JR

## WIDE RECEIVER

	Player	School	Year
1st Team	Kolby Meine	Warrenton	SR
	Austin Carson	Winfield	SR
2nd Team	Joseph Evans	Warrenton	SR
	Braden Goellner	Saint Charles West	SR

## KICKER

	Player	School	Year
1st Team	Kaden Kaimann	Winfield	JR
2nd Team	Ryan Beer	Saint Charles West	SO

## ATHLETE

	Player	School	Year
1st Team	Maurion Moore	Orchard Farm	SR
2nd Team	Austin Bray	Winfield	JR

## LINEBACKER

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Brandon Chouinard	Orchard Farm	SR
	Bryce Westerfield	Orcard Farm	SR
	Colby Twellmen	Winfield	SR
	Hunter Dunn	Winfield	SR
	Daine Taylor	Saint Charles West	JR
<b>2nd Team</b>	Caden Tipton	Orchard Farm	SO
	Logan Underwood	Saint Charles	SR
	Carter Tittel	Warrenton	FR
	Joe Goldsmith	Warrenton	SO
	Jacob Kirt	Saint Charles West	JR

## DEFENSIVE LINE

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Marquis Gracial	Saint Charles	SR
	Cole Sams	Winfield	SR
	Tieler Rodebaugh	Saint Charles West	JR
<b>2nd Team</b>	Gabe Schauman	Orchard Farm	JR
	Thomas Ray	Warrenton	SR
	Kyle Turnbull	Winfield	JR
	A. J. Hawkins	Saint Charles	SR

## DEFENSIVE BACK

	Player	School	Year
<b>1st Team</b>	Darrion Lewis	Orchard Farm	SR
	Donte Lewis	Orchard Farm	SR
	Austin Carson	Winfield	SR
	Caelon Weir	Warrenton	SR
<b>2nd Team</b>	Kolby Meine	Warrenton	SR
	Riley Adams	Saint Charles	SR
	Cody Weber	Winfield	SR
	Bryce Irving	Winfield	JR
	Jason Williams	Orchard Farm	SO

## PUNTER

	Player	School	Year
<b>1st Team</b>	Wade Ellison	Winfield	SR
<b>2nd Team</b>	Colton Brosenne	Warrenton	JR

## **PLAYER OF THE YEAR:**

**Marquis Gracial, Senior, Saint Charles**

## **COACH OF THE YEAR:**

**Cody Spegal of Winfield**

## **Sportsmanship Award**

**Orchard Farm - Will Statler**

**Saint Charles - Riley Adams and David Thorne**

**Saint Charles West -Alex O'Connor**

**Warrenton - Cameron Faerber**

**Winfield - Jack St. Pierre**

## **All-Academic Team**

**Orchard Farm - Trevor Souter, Will Statler, Collin Simmons, Bryce Westerfeld, Blake Jakul, Jackson Carruthers, Colby Sanchez, Joey Cleary, Seydou Ba, Jackson Kuehler**

**Saint Charles - Riley Adams, Logan Underwood, David Thorne, Marquis Gracial, Dawson Clark, Moses Brown, Robert Hayes, Chris Ketchum, Thomas Palmer, Seth Richard, Jason Rowe, Kole Ward, Jacob Wulfert**



**Saint Charles West - Jack Anzalone, Chris Colyer, Barrett Disselhorst, Darin Gordon, Jacob Kirt, Brayden Miller, Ian Nixon, Dylan Schooler, Erik Sullivan, Daine Taylor**

**Warrenton - Colton Brosenne, Joe Goldsmith, Austin Haas, Dakota Hile, Chance Klasing, Kolby Meine, Timothy Ray, Jacob Ruff, Evan Schenck, Carter Tittel, Alex Wilson**

**Winfield - Randy Freeborn, Thomas Good, Quincy Johnston, Ethan King, Jorgen Kreuger, Jack St.Pierre, Kyle Turnbull, Colby Twellman, Hunter Dunn, Austin Carson, Liam Ramsour, Kaden Kaimann, Wil Wright, Logan Trupiano, Gage King, Wade Ellison, Austin Bray, Chase Colbert, Carter Hoener, Conner Martin**

**2021**

**CENTRAL DIVISION FOOTBALL**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

**ALL CONFERENCE OFFENSE AND DEFENSE  
PHOTOS, [CLICK HERE!](#)**

**QUARTERBACK**

	Player	School	Year
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<b>1st Team</b>	Payton Hoker	Fort Zumwalt North	SR
<b>2nd Tem</b>	Jay Higgins	Fort Zumwalt South	SR

## RUNNING BACK

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Chris Reckel	Fort Zumwalt North	SR
	Landon Boston	Washington	SO
<b>2nd Team</b>	D. J. Jones	Fort Zumwalt North	JR
	Ethan Weiler	Wentzville Liberty	JR
	Chris Hall	Francis Howell North	JR

## OFFENSIVE LINE

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Trevor Buhr	Washington	JR
	Alex Goeke	Fort Zumwalt North	JR
	Austin Mahoney	Fort Zumwalt South	SR
	Sam Rost	Washington	SR
	Andrew Hoppe	Fort Zumwalt North	SR

<b>2nd Team</b>	Will Lingle	Washington	SR
	Mark Hensley	Washington	JR
	Jadon Gauerke	Francis Howell North	JR
	Aidan Vankygrifka	Wentzville Liberty	SR
	Braydon Oxford	Wentzville Liberty	SR

## WIDE RECEIVER

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Zach McGee	Fort Zumwalt North	SR
	Peytn Blair	Fort Zumwalt South	SR
	Jalen Lee	Fort Zumwalt North	SR
<b>2nd Team</b>	Ryan Jostes	Washington	SO
	David Richard	Wentzville Liberty	SR
	Amir Purdy	Fort Zumwalt South	SO

## KICKER

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Jacksen Tankersley	Fort Zumwalt South	SO
<b>2nd Team</b>	David Beger	Francis Howell North	FR

## ATHLETE

	Player	School	Year
<b>1st Team</b>	Brennan Wilson	Fort Zumwalt East	SR
<b>2nd Team</b>	Cam Millheiser	Washington	SR

## LINEBACKER

	Player	School	Year
<b>1st Team</b>	Spencer Steinmeyer	Fort Zumwalt North	SR
	Tim Franklin	Fort Zumwalt East	SR
	Landon Boston	Washington	SO
	P. J. Henderson	Fort Zumwalt North	JR
<b>2nd Team</b>	Justin Little	Wentzville Liberty	JR
	Will Pierce	Fort Zumwalt South	JR
	Tyler Witt	Fort Zumwalt North	SR
	Lucas Neuschwander	Francis Howell North	SR

## DEFENSIVE END

	Player	School	Year
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<b>1st Team</b>	Trevor Buhr	Washington	JR
	Andrew Hoppe	Fort Zumwalt North	SR
<b>2nd Team</b>	Mark Hensley	Washington	JR
	James Sefrit	Fort Zumwalt South	SR

## DEFENSIVE LINE

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Christien Spilker	Fort Zumwalt North	SR
	Austin Mahoney	Fort Zumwalt South	SR
<b>2nd Team</b>	Matthew Craig	Wentzville Liberty	JR
	Joey Kaufman	Fort Zumwalt South	SR

## DEFENSIVE BACK

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Jalen Lee	Fort Zumwalt North	SR
	Jay Lesley	Fort Zumwalt South	SR
	Connor O'Neal	Fort Zumwalt North	JR
	Ian Kelly	Francis Howell North	JR
<b>2nd Team</b>	Casey Olszowka	Washington	SO

	Jeremiah Dickerson	Fort Zumwalt North	SR
	Diego Rocha	Wentzville Liberty	SR
	Amir Purdy	Fort Zumwalt South	SO

## **PUNTER**

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Connor O'Neal	Fort Zumwalt North	JR
<b>2nd Team</b>	Jacob Bedore	Fort Zumwalt South	SO

## **PLAYER OF THE YEAR:**

**Jalen Lee, Fort Zumwalt North, Senior**

## **COACH OF THE YEAR:**

**Joe Bacon, Fort Zumwalt North**

## **Sportsmanship Award**

**Fort Zumwalt East - Tim Franklin**

**Fort Zumwalt South - Thomas Hamilton**

**Fort Zumwalt North - Adam Confer**

**Francis Howell North - Jordan Minter**

**Washington- William Lingle**

**Wentzville Liberty - Warren Gann**

## **All-Academic Team**

**Fort Zumwalt East - Mohammed Afaneh, Blake Walls, Brady Richardson, Francisco Salcido, Luke Lauritzen, Noah Butler, Ty Rudd, Tyler Shortt, Vincent Widtfelt, Xavier Goodall, Eric Ferranto**

**Fort Zumwalt South - Josh Atherton, Roman Baker, Chase Bensing, Hugh Boyd, Cameron Brown, Mason Clark, James Dunn, Jacob Finnegan, Austin Mahoney, Jacob Reynolds, Matthew Robison, Carter Samson**

**Fort Zumwalt North - Andrew Gutherie, John Hicks, Andrew Hoppe, Gabriel Huber, Logan Knapp, Shane Ostmann, Aaron Schroeder, Christien Spilker, Spencer Steinmeyer, Michael Turner**

**Francis Howell North - Calvin Von Arb, Ian Kelly, Chris Hall, Jeremy Moutray, Jordan Minter, Gilbren Dowdy, Wyatt Hines, DJ Dillon, Derrick Warren, Sean Kloecker, Lucas Neuschwander, Ronte Townsend, Sam Clement, Skyler Lashley, Jackson Cutlan, Antonio Baker, Gabe Kasper, Jaiden Frey, Jadon Gauerke, Luke Hahn, Will Fodor**

**Washington - Casey Olszowka, Landon Boston, Aden Pecka, Devon Deckelman, Hunter Bakameyer, Ian Junkin, Connor Peterson, Jak Livengood, Tyler Blakely, Cam Millheiser, Hayden Thiemann, Ryan Kassebaum, Nick Lucido, Evan Gaither,, Jonathon Landwehr, Kellen Schiermeier, Cameron Meyer, Clyde Hendrix, Hanon Jarvis, Nate Rogala, Ryan Jostes, Hayden Burns, William Lingle, Mark Hensley, Isaac Burr, Tanner Schwoeppe, Andrew Peterson, Brendon Rost, Sam Rost, Blake Ford, Joey Avitia**

**Wentzville Liberty - Sam Arrington, Cole Blackstock, Peyton Braile, Ryan Casteel, Matthew Craig, Michael Eshbaugh, Tyler Fielder, TJ File, Warren**

**Gann, Joshua Giljum, Charles Hebden, Geoffrey Hudson, Riley Laws, Brett Mason, Carter Myers, Sam Ptasienski, Diego Rocha, Jacob Sorge, Ethan Weiler, Trenton Williams, Mason Wunderlich, Tye Yeh**

**2021**

**SOUTH DIVISION FOOTBALL**

**ALL CONFERENCE INDIVIDUALS -**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

**ALL CONFERENCE OFFENSE AND DEFENSE  
PHOTOS, CLICK HERE!**

**QUARTERBACK**

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Cooper Brown	Wentzville Holt	SR
<b>2nd Tem</b>	Charos Sutton	Troy Buchanan	JR

**RUNNING BACK**

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Jay Harris	Wentzville Timberland	SR



<b>2nd Team</b>	Kyle Wuebbeling	Wentzville Holt	SR
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## OFFENSIVE LINE

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Austin Bone	Wentzville Holt	SR
	Quinn Brown	Wentzville Holt	SR
	T. J. Houston	Francis Howell	SR
	Andrew Bontrager	Wentzville Timberland	SR
	Jahkai Lang	Troy Buchnana	JR
<b>2nd Team</b>	Matt Olsen	Troy Buchanan	JR
	Xavier Machado	Francis Howell	SR
	Jaydee Beshler	Wentzville Holt	JR
	Dylon Eller	Wentzville Holt	SR
	Cayden Gillham	Wentzville Timberland	SR
	Matt Stano	Fort Zumwalt West	SR
	John Preiss	Fort Zumwalt West	JR

## WIDE RECEIVER

	<b>Player</b>	<b>School</b>	<b>Year</b>
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<b>1st Team</b>	Jackson Smith	Wentzville Holt	SR
	Brett Norfleet	Francis Howell	JR
	Jude James	Francis Howell	SO
	Nathan Ryan	Troy Buchanan	SR
<b>2nd Team</b>	Collin Brunner	Wentzville Holt	SR
	Alex Ginnever	Wentzville Holt	SR
	Josh Gibbs	Wentzville Timberland	SR
	Travis Reeves	Wentzville Timberland	JR

## KICKER

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Josh Deal	Francis Howell	JR
<b>2nd Team</b>	Masson Gessert	Troy Buchanan	SR

## ATHLETE

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st Team</b>	Taj Gurley	Francis Howell	SR
<b>2nd Team</b>	Darius Jones	Fort Zumwalt West	SO
	A. J. Raines	Wentzville Timberland	JR

## LINEBACKER

	Player	School	Year
<b>1st Team</b>	Brett Smith	Troy Buchanan	JR
	Wyatt Robbins	Francis Howell	JR
	Zakhi Johnson	Wentzville Holt	SR
	Kaden Moore	Wentzville Holt	JR
<b>2nd Team</b>	Connor Stein	Fort Zumwalt West	SR
	Ethan Wasson	Wentzville Timberland	JR
	Evan Piwowarski	Francis Howell	JR
	Brock Spinale	Francis Howell Central	SR

## DEFENSIVE LINE

	Player	School	Year
<b>1st Team</b>	Jahkai Lang	Troy Buchanan	JR
	T. J. Houston	Francis Howell	SR
	Richard Meyer	Wentzville Holt	JR
<b>2nd Team</b>	Jacob Raines	Troy Buchanan	SR
	Brett Norfleet	Francis Howell	JR
	Garett Conley	Wentzville Holt	SR

	Xavier Oatts	Fort Zumwalt West	JR
	Travis Reeves	Wentzville Timberland	JR

## DEFENSIVE BACK

	Player	School	Year
<b>1st Team</b>	Nick Bova	Troy Buchanan	JR
	Isaiah Slaughter	Wentzville Holt	SR
	Dashon Hudson	Francis Howell	JR
	Nick Turner	Wentzville Timberland	SR
	Jack Byrne	Wentzville Holt	JR
<b>2nd Team</b>	Carter Holloway	Troy Buchanan	JR
	Damon Williams	Francis Howell	SR
	Kendall Gurley	Francis Howell	SO
	Aidan Hernandez	Francis Howell Central	JR
	Caden Duke	Wentzville Holt	JR

## PUNTER

	Player	School	Year
<b>1st Team</b>	Mason Gessert	Troy Buchanan	SR

<b>2nd Team</b>	A. J. Raines	Wentzville Timberland	JR
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## **PLAYER OF THE YEAR:**

**Cooper Brown, Wentzville Holt, Senior**

## **COACH OF THE YEAR:**

**Ethan Place, Wentzville Holt**

## **Sportsmanship Award**

**Fort Zumwalt West - Peyton Kraus**

**Francis Howell - Booker Simmons**

**Francis Howell Central - Jerome Caringal**

**Troy Buchanan - Ivaylo Mikov**

**Wentzville Holt - Liam Kelly**

**Wentzville Timberland - Steele Perry**

## **All-Academic Team**

**Fort Zumwalt West - Dyan Bates, Aidan Copeland, Cody Gough, Collin Greiner, Kyle Harris, Cameron Hart, Putt Houston, Peyton Kraus, Zach Kriete, Mikey Ludwig, Daniel Mainer, Xavier Oatts, Ben Osterholt, Braden Pickle, Quinn Purcell, Matt Stano, Connor Stein, Jacob Stickles, Josh Turner, Ryan Ulm, Jackson Viers, Nolan Whiteside, Drake Wright**

**Francis Howell - Erik Anderson, Jack Bartnick, Lucas Brown, Ethan Bryles, Reid Cisel, Henry Colombatto, Caden Davis, Josh Deal, Max Degrande, Drew Doherty, Maddox Duncan, Graham Elfrink, Christian Estill-Lackey, Hayden Foster, Grant Foster, Chase Garbarini, Brandon Glenn, Peyton Grant, Gabe Green, Irvin Heggemann, Eddi Heggemann, Logan Hornback, TJ Houston, Dashon Hudson, Brady Hultman, Jude James, Nick Litschgi, Nick Littlejohn, Xavier Machado, Luke McChesney, Caleb Miller, Maheep Minhas, Aiden Montgomery, Antonio Munoz, JB Ney, Brett Norfleet, Evan Piwowarski, Garrett Puckett, Lex Ramsay, Aidan Riepl, Fynn Ryan, Conner Schoenherr, Logan Scriven, Adam Shipley, Tanner Sprouse, Bryant Thomas, Jesse Versheldon, Cole Walters, Steele Weber, Cooper Wiegand, Damon Williams, Max Wilson, Nick Yost**

**Francis Howell Central - Dalton Jay, Cullen Humes, Lucas Merideth, Nick Ortinau, Matt Jones, Seth Skebo, Darien Mayers, Dalton Dawson, Chase Benoist, Aidan Hernandez, Michael Pagnotti, Will Thomas, Aidan Eiswirth, Jerome Caringal, Aidan Faszold, Jackson Campbell, Karson Webster, Hayden Devilder, Connor Sheehan, Liam Stover**

**Troy Buchanan - Ryan Baldwin, Preston Barciszewski, Tyler Boaz, Nick Bova, Cam Casso, Mason Gessert, Nolan Grelle, Carter Holloway, Levi Jeffers, Nick Johnson, Bryan Kasten, Hunter Keene, Ethan Lollar, Ivaylo Mikov, Jacob Raines, Nathan Ryan, Brett Smith, Charos Sutton, Kayden Uhlmeyer, Christian Walsh, Austin Wenzel, Jacob Wyble**

**Wentzville Holt - Chase Beattie, Cooper Brown, Quinn Brown, Brayden Burthardt, Nathan Crews, William Manning, Owen Merrell, Kaden Moore, Jacob Nelson, Scott Stutsman, Ashton Winingear, Kyle Wuebbeling**

**Wentzville Timberland -Andrew Bontrager, William Bontrager, Dylan Downes, Jeffrey Fetterhoff, Cayden Gillham, Nicholas Kardasz, Nathan Martin, Carson McCaleb, Samuel Mortimore, AJ Raines, Keka Sanborn, Gavin Schaefer, Austin Slinger, Nicholas Turner, Jacob Wilson, Joshua Wortmann, Cooper Yates**

**2021**

**NORTH/CENTRAL DIVISION GIRLS  
GOLF**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

Kyndall Stubblefield	Wentzville Liberty	79
Ava LaPosha	Fort Zumwalt South	86
Elizabeth Bigler	Fort Zumwalt North	86
Grace Rogers	Wentzville North Point	92
Emily Molitor	Washington	95
Madelyn Breckenridge	Wentzville Liberty	97
Abby Hacker	Fort Zumwalt South	98
Kyla Engemann	Washington	99
Molly Banstetter	Wentzville Liberty	102
Sophie Chenot	Wentzville Liberty	102
Ella Martin	Washington	103
Layla Bane	Wentzville Liberty	103

**TEAM STANDINGS [GAC Tournament]: **Wentzville  
Liberty 380;****

**Fort Zumwalt South 396; Washington 401; Fort Zumwalt North 434; Warrenton 476; Fort Zumwalt East 499; Wentzville North Point 538; Winfield 556**

## **SPORTSMANSHIP**

**Fort Zumwalt North - Mackenzie Valentine**

**Fort Zumwalt South -**

**Warrenton -**

**Washington - Emily Molitor**

**Wentzville Liberty -**

**Wentzville North Point -**

**Wentzville Timberland -**

**Winfield -**

## **ALL ACADEMIC**

**Fort Zumwalt North - MacKenzie Darrah, Grace Grafton, Heidi Ketchum, Nora LaChance, Mackenzie Valentine**

**Fort Zumwalt South -**

**Warrenton -**

**Washington - Molly Buschmann, Isabella Fitzgerald, Aimee Hanratty, Emily Molitor**

**Wentzville Liberty -**



Wentzville North Point -

Wentzville Timberland -

Winfield -

**2021**

**SOUTH DIVISION GIRLS GOLF**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

Gabby Rettinghaus	Wentzville Timberland	75
Hannah Bollinger	Wentzville Holt	84
Lauren Meindl	Wentzville Timberland	85
Chloe Thiel	Wentzville Timberland	85
Sydney Tucker	Wentzville Timberland	87
Lucy Porzinski	Wentzville Timberland	87
Viviana Boix	Wentzville Holt	88
Cheing-Hai Christen	Fort Zumwalt West	88
Hailey Pykiet	Wentzville Holt	89

Jordyn Campbell	Francis Howell	89
Cam Bollinger	Wentzville Holt	93
Adrienne Emrick	Francis Howell Central	94

**TEAM STANDINGS [GAC Tournament]: WENTZVILLE  
TIMBERLAND 332;**

**WENTZVILLE HOLT 354; FRANCIS HOWELL 381; TROY BUCHANAN  
389; FORT ZUMWALT WEST 392; FRANCIS HOWELL NORTH 412; ;  
FRANCIS HOWELL CENTRAL 427**

## **ACADEMIC**

**Wentzville Holt - Hannah Bollinger, Viv Boix, Cam Bollinger, Hailey Pykiet,  
Lexi Allen**

**Troy Buchanan - Julia Boessen, Olivia Dunard, Isabel Holland, Carley Meyer,  
Abigail Shaffer**

**Fort Zumwalt West - Cheing-Hai Christen, Emily Jenkins, Haylie Jenkins,  
Joanne Kim, Ella Mayes, Lainie Mueller, Ryen Tindall**

**Wentzville Timberland -**

**Francis Howell -**

**Francis Howell Central -**

**Francis Howell North -**

# **SPORTSMANSHIP**

**Wentzville Holt - Hannah Bollinger**

**Troy Buchanan - Julia Boessen**

**Fort Zumwalt West -**

**Wentzville Timberland -**

**Francis Howell -**

**Francis Howell Central -**

**Francis Howell North -**

**2021**

**NORTH DIVISION BOYS SOCCER**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

**FIRST TEAM**

<b>Player</b>	<b>Year</b>	<b>Position</b>	<b>School</b>
<b>Bobby Pauley</b>	11	Midfielder	Orchard Farm
<b>Caden Lucido</b>	12	Defender	Orchard Farm
<b>Dylan Hazel</b>	12	Defender	Orchard Farm
<b>Logan Hazel</b>	10	Forward	Orchard Farm
<b>Harry Reineke</b>	10	Keeper	Orchard Farm
<b>Yidenpen Bayli</b>	11	Forward	Saint Charles
<b>Conner Bayliss</b>	9	Forward	Saint Charles
<b>Ethan Mercurio</b>	10	Midfielder	Saint Charles
<b>Jude Archie</b>	9	Defender	Saint Charles
<b>Bryan Guerrero</b>	10	Midfielder	Warrenton
<b>Brett Piotrowicz</b>	12	Defender	Winfield
<b>Michael Sommerville</b>	10	Midfielder	Saint Charles West

## SECOND TEAM

<b>Player</b>	<b>Year</b>	<b>Position</b>	<b>School</b>
<b>A. J. Taylor</b>	10	Defender	Orchard Farm
<b>Joey Papa</b>	12	Midfielder	Orchard Farm
<b>Sam Jones</b>	11	Midfeildeer	Orchard Farm
<b>Gabe Doughty</b>	12	Defender	Saint Charles
<b>Ayden Schneider</b>	12	Defender	Saint Charles
<b>Noah McAlister</b>	12	Midfielder	Saint Charles
<b>Jordan Nevels</b>	11	Keeper	Saint Charles
<b>Owen Thompson</b>	10	Keeper	Warrenton
<b>Santiago Cano</b>	11	Forward	Warrenton
<b>Kaden Kaimann</b>	11	Midfielder	Winfield
<b>Gage Templer</b>	12	Midfielder	Winfield
<b>Cooper Mertin</b>	10	Forward	Winfield
<b>Ian Hollander</b>	11	Keeper	Saint Charles West
<b>Cole Douglas</b>	12	Defender	Saint Charles West
<b>Dayton Bullock</b>	12	Midfielder	Saint Charles West

**PLAYER OF THE YEAR: Bobby Pauley of Orchard Farm,  
Junior, Midfielder**

# **COACH OF THE YEAR : Brandon Cox of Orchard Farm**

## **Sportsmanship Award**

**Orchard Farm - Dylan Hazel**

**Saint Charles - Ayden Schneider**

**Saint Charles West - Beau Buehler**

**Warrenton - Jack Scruggs**

**Winfield - Stephen Witt**

## **All Academic**

**Orchard Farm -Harry Reineke, Mark Bohning, Caden Lucido, Robert Pauly, Lucas Stopke, Myles Murphy, Dylan Hazel, AJ Taylor, Brent Weiss, Nate Henke, Logan Hazel**

**Saint Charles - Luc Bourgeade, Liam Cassidy, Dylan Cross, Gabe Doughty, Noah McAlister, Adrian Gaona Murillo, CJ Nennert, Ayden Schneider**

**Saint Charles West - Beau Buehler, Dayton Bullock, Alexander Dotson, Tyler Grossmann, Zach Grossmann, Ian Guerrero, Ian Hollander, John Howle, Max Melkus, Braedyn Politte, Karson Quinn, Kyle Quinn, Ulises Sanchez, Coleton Severs, Michael Sommerville**

**Warrenton - Josiah Hodgson, Noah Lohrmann, Sam Long, Maison Rader, Jack Scruggs, Owen Thompson, Carson Venneman**

**Winfield - Kaden Kaimann, Cooper Martin, Sean Nicholl, James Schultz, Gabe Trempler, Levi Wright, Brayden Haight**

**2021**

**CENTRAL DIVISION BOYS SOCCER**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

**FIRST TEAM**

<b>Player</b>	<b>Year</b>	<b>Position</b>	<b>School</b>
<b>Karson Gibbs</b>	12	Forward	Fort Zumwalt South
<b>Ryan Harvatin</b>	12	Midfielder	Fort Zumwalt South
<b>Jack Jellinek</b>	12	Defender	Fort Zumwalt South
<b>Luke Dillon</b>	12	Keeper	Fort Zumwalt South
<b>Ryley Gibbs</b>	10	Forward	Fort Zumwalt South
<b>Roman Merris</b>	11	Midfielder	Fort Zumwalt North
<b>Dom Mrazik</b>	12	Forward	Fort Zumwalt East
<b>Holden Kocher</b>	11	Defender	Fort Zumwalt East
<b>Ryan Dittmar</b>	12	Forward	Francis Howell North
<b>Patrick O'Day</b>	12	Keeper	Wentzville Liberty
<b>Ben Meyer</b>	12	Defender	Wentzville Liberty
<b>Cole Click</b>	11	Forward	Washington

## SECOND TEAM

<b>Player</b>	<b>Year</b>	<b>Position</b>	<b>School</b>
<b>Travis Bieg</b>	12	Midfielder	Washington
<b>Lucas Yates</b>	12	Defender	Washington
<b>Boston Tinsley</b>	12	Midfielder	Washington
<b>Carson Nolan</b>	10	Midfielder	Wentzville Liberty
<b>Paul Valenti</b>	12	Forward	Wentzville Liberty
<b>Kaden Marsh</b>	12	Forward	Wentzville Liberty
<b>Shrader Ludwig</b>	11	Midfielder	Wentzville Liberty
<b>Jack Andrzejewski</b>	10	Defender	Wentzville Liberty
<b>Nathan Massey</b>	10	Forward	Fort Zumwalt Est
<b>Carlos Pulido</b>	10	Keeper	Fort Zumwalt East
<b>Scotty Porter</b>	10	Forward	Fort Zumwalt East
<b>Cannon Murray</b>	12	Midfielder	Francis Howell North
<b>J. T. Gravowski</b>	10	Midfielder	Francis Howell North
<b>Brendan Owens</b>	12	Defender	Fort Zumwalt South
<b>Owen Casson</b>	12	Defender	Fort Zumwalt South
<b>Patrick Waidmann</b>	11	Midfielder	Fort Zumwalt North
<b>Ben Schwerdt</b>	12	Defender	Fort Zumwalt North



**CO-PLAYERS OF THE YEAR: Karson Gibbs of Fort Zumwalt South, Senior, Forward, and Ryan Harvatin of Fort Zumwalt South, Senior, Midfielder**

**COACHES OF THE YEAR : Nolan Wesche of Fort Zumwalt East and Tony Luedecke of Wentzville Liberty**

## **Sportsmanship Award**

**Fort Zumwalt East - Rich Ellis**

**Fort Zumwalt North - Benjamin Schwerdt**

**Fort Zumwalt South - Ryan Harvatin**

**Francis Howell North - Hunter Shoulta**

**Washington - Micah Gargrave**

**Wentzville Liberty - Neil Sinclair**

## **All Academic**

**Fort Zumwalt East - Carlos Pulido, Drake O'Hearn, Donovan West, Dare Riazi, Dom Mrazik, Noah Myers, Gage Arns, Holden Kocher**

**Fort Zumwalt North - Braeden Bertel, Ayden Figg, Connor Hahn, Davis Herbst, Dylan Jackson, Joseph Linneman, Nolan Plum, Benjamin Schwerdt, Patrick Waidmann, Reese Wilson**

**Fort Zumwalt South - Alexander Bresler, Brayden Bresler, Evan Carroll, Aidan Dietiker, Luke Dillon, Andrew Elledge, Karson Gibbs, Ryley Gibbs, Jack Jellinek, Zachary Koester, Brendan Owens, Kyle Owens, Carter Rich, Luke Rion, Colin Wilson**

**Francis Howell North - Ryan Dittmar, Jack Stover, Payton Caples, Owen Miller, Joey Key, JT Grabowski, Cannon Murray, Khalin Shaw, Gavin Schroeder, Hunter Shoulta, Carter Schroeder, Koen Schaffer, Sam Wilson, Austin Bitter, Chad Blanke**

**Washington - Micah Gargrave, Jacob Brown, Owen Burge, Isaac Agren, William Amlong, Jay Hoemann, Robert Laughlin, Travis Bieg, Darren Armfield, Parker Kelpel, Will Kelpel, Tyler Eckelkamp, Marcus Brown, Cole Click**

**Wentzville Liberty - Layton Dahl, Bryson King, Carson Nolan, Ben Meyer, Schrader Ludwig, Patrick O'Day, Aiden Moore, Neil Sinclair, Bryan Guinn**

**2021**

## **SOUTH DIVISION BOYS SOCCER**

### **ALL CONFERENCE INDIVIDUALS**

#### **ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

#### **FIRST TEAM**

<b>Player</b>	<b>Year</b>	<b>Position</b>	<b>School</b>
<b>Nick Taylor</b>	12	Forward	Francis Howell
<b>Andrew Bergmann</b>	12	Midfielder	Wentzville Holt
<b>Mitchell Ottinger</b>	11	Forward	Troy Buchanan
<b>Jacob Callahan</b>	12	Forward	Wentzville Timberland
<b>Collin McLaughlin</b>	12	Defender	Wentzville Timberland

<b>Carter Youmans</b>	12	Midfielder	Fort Zumwalt West
<b>Nathan Naumann</b>	12	Midfielder	Fort Zumwalt West
<b>Jackson Riege</b>	11	Defender	Francis Howell
<b>Drew Settlemoir</b>	12	Midfielder	Francis Howell
<b>Caleb Flanders</b>	12	Defender	Francis Howell
<b>Tanner Jones</b>	11	Midfielder	Francis Howell Central
<b>Micha Kramer</b>	12	Keeper	Wentzville Timberland

## SECOND TEAM

<b>Player</b>	<b>Year</b>	<b>Position</b>	<b>School</b>
<b>Clayton Garofalo</b>	11	Midfielder	Wentzville Holt
<b>Oscar Sargent</b>	12	Midfielder	Wentzville Holt
<b>Cooper Hayes</b>	11	Midfielder	Wentzville Holt
<b>Levi Caldwell</b>	11	Midfielder	Troy Buchanan
<b>Ethan Troutman</b>	11	Defender	Troy Buchanan
<b>Patrick Nettler</b>	12	Defender	Wentzville Timberland
<b>Nolan Gera</b>	12	Defender	Wentzville Timberland
<b>William Thompson</b>	12	Defender	Wentzville Timberland
<b>Nick Mormino</b>	12	Forward	Fort Zumwalt West
<b>Jared Fitch</b>	12	Midfielder	Fort Zumwalt West
<b>Michael Moresi</b>	12	Defender	Fort Zumwalt West
<b>Luke Cummings</b>	12	Defender	Francis Howell Central

<b>Brendan Ward</b>	11	Midfielder	Francis Howell Central
<b>Tyler eberlin</b>	11	Midfielder	Francis Howell
<b>Carter Wiegand</b>	12	Midfielder	Francis Howell
<b>Andrew Klott</b>	11	Keeper	Francis Howell

**PLAYER OF THE YEAR: Nick Taylor of Francis Howell, Forward, Senior**

**COACH OF THE YEAR : Mike Enright of Francis Howell**

### **Sportsmanship Award**

**Fort Zumwalt West -Zach Dreyer**

**Francis Howell -**

**Francis Howell Central - Aiden Boss**

**Troy Buchanan - Jackson Bernhardt**

**Wentzville Holt - Connor Keegan**

**Wentzville Timberland - Murod Muhammadhon**

### **All Academic**

**Fort Zumwalt West - Brock Brunnworth, Conner Christen, Zach Creek, Zach Dreyer, Dyllan Fiala, Jared Fitch, Marcus Fitch, Kyle Fox, Michael Houston, Brendan Hummer, Chaz Mahler, Michael Moresi, Nicholas Mormino, Domanyk**

**Naslund, Nathan Naumann, Noah Naumann, Martin Olmedo, Roman Smith,  
Carter Youmans**

**Francis Howell -**

**Francis Howell Central - Aiden Boss, Connor Casler, Luke Cummings, Silas  
Delaney, Evan Erickson, Ashton Fritze, Ryan Getgood, Josh Goestenkers, Josiah  
Gould, Tanner Jones, Roland McDevitt, Will Morris, Connor Myers, Adam  
Tucker, Tyler Vandaele, Brendan Ward**

**Troy Buchanan - Jackson Benhardt, Gavin Bogue, Levi Caldwell, Joshua Coyotl,  
Brady Giacobelli, Jake Ladlie, Jacob Latta, Aidan Nickles, Mitchell Ottinger,  
Liam Sontag, Ethan Troutman**

**Wentzville Holt - Brayden Burthardt, Clayton Garofalo, Trenton Garofalo,  
Cooper Hayes, Nathan Hoenig, Adrian Rodriguez, Oscar Sargent, Lucas  
Truong, Lane Underberg, Dyllan Weicht, Eli Wyatt**

**Wentzville Timberland - Tyler Berndt, Cooper Blake, Jacob Callahan, Reed  
Corrigan, Dominic Eggering, Nolan Gera, Lance Hoffman, Grady Jacobson,  
Landon Keener, Micah Kramer, Henry Kriesmann, Collin McLaglin, Murod  
Muhammadhon, Patrick Netter, Cooper Shinn, William Thompson**

**2021**

**NORTH DIVISION BOYS SOCCER**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

**FIRST TEAM**

<b>Player</b>	<b>Year</b>	<b>Position</b>	<b>School</b>
<b>Bobby Pauley</b>	11	Midfielder	Orchard Farm
<b>Caden Lucido</b>	12	Defender	Orchard Farm
<b>Dylan Hazel</b>	12	Defender	Orchard Farm
<b>Logan Hazel</b>	10	Forward	Orchard Farm
<b>Harry Reineke</b>	10	Keeper	Orchard Farm
<b>Yidenpen Bayli</b>	11	Forward	Saint Charles
<b>Conner Bayliss</b>	9	Forward	Saint Charles
<b>Ethan Mercurio</b>	10	Midfielder	Saint Charles
<b>Jude Archie</b>	9	Defender	Saint Charles
<b>Bryan Guerrero</b>	10	Midfielder	Warrenton
<b>Brett Piotrowicz</b>	12	Defender	Winfield
<b>Michael Sommerville</b>	10	Midfielder	Saint Charles West

## **SECOND TEAM**

<b>Player</b>	<b>Year</b>	<b>Position</b>	<b>School</b>
<b>A. J. Taylor</b>	10	Defender	Orchard Farm
<b>Joey Papa</b>	12	Midfielder	Orchard Farm
<b>Sam Jones</b>	11	Midfeildeer	Orchard Farm
<b>Gabe Doughty</b>	12	Defender	Saint Charles
<b>Ayden Schneider</b>	12	Defender	Saint Charles

<b>Noah McAlister</b>	12	Midfielder	Saint Charles
<b>Jordan Nevels</b>	11	Keeper	Saint Charles
<b>Owen Thompson</b>	10	Keeper	Warrenton
<b>Santiago Cano</b>	11	Forward	Warrenton
<b>Kaden Kaimann</b>	11	Midfielder	Winfield
<b>Gage Templer</b>	12	Midfielder	Winfield
<b>Cooper Mertin</b>	10	Forward	Winfield
<b>Ian Hollander</b>	11	Keeper	Saint Charles West
<b>Cole Douglas</b>	12	Defender	Saint Charles West
<b>Dayton Bullock</b>	12	Midfielder	Saint Charles West

**PLAYER OF THE YEAR: Bobby Pauley of Orchard Farm, Junior, Midfielder**

**COACH OF THE YEAR : Brandon Cox of Orchard Farm**

### **Sportsmanship Award**

**Orchard Farm - Dylan Hazel**

**Saint Charles - Ayden Schneider**

**Saint Charles West - Beau Buehler**

**Warrenton - Jack Scruggs**

**Winfield - Stephen Witt**

## **All Academic**

**Orchard Farm -Harry Reineke, Mark Bohning, Caden Lucido, Robert Pauly, Lucas Stopke, Myles Murphy, Dylan Hazel, AJ Taylor, Brent Weiss, Nate Henke, Logan Hazel**

**Saint Charles - Luc Bourgeade, Liam Cassidy, Dylan Cross, Gabe Doughty, Noah McAlister, Adrian Gaona Murillo, CJ Nennert, Ayden Schneider**

**Saint Charles West - Beau Buehler, Dayton Bullock, Alexander Dotson, Tyler Grossmann, Zach Grossmann, Ian Guerrero, Ian Hollander, John Howle, Max Melkus, Braedyn Politte, Karson Quinn, Kyle Quinn, Ulises Sanchez, Coleton Severs, Michael Sommerville**

**Warrenton - Josiah Hodgson, Noah Lohrmann, Sam Long, Maison Rader, Jack Scruggs, Owen Thompson, Carson Venneman**

**Winfield - Kaden Kaimann, Cooper Martin, Sean Nicholl, James Schultz, Gabe Trempler, Levi Wright, Brayden Haight**

**2021**

**CENTRAL DIVISION BOYS SOCCER**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

**FIRST TEAM**



<b>Player</b>	<b>Year</b>	<b>Position</b>	<b>School</b>
<b>Karson Gibbs</b>	12	Forward	Fort Zumwalt South
<b>Ryan Harvatin</b>	12	Midfielder	Fort Zumwalt South
<b>Jack Jellinek</b>	12	Defender	Fort Zumwalt South
<b>Luke Dillon</b>	12	Keeper	Fort Zumwalt South
<b>Ryley Gibbs</b>	10	Forward	Fort Zumwalt South
<b>Roman Merris</b>	11	Midfielder	Fort Zumwalt North
<b>Dom Mrazik</b>	12	Forward	Fort Zumwalt East
<b>Holden Kocher</b>	11	Defender	Fort Zumwalt East
<b>Ryan Dittmar</b>	12	Forward	Francis Howell North
<b>Patrick O'Day</b>	12	Keeper	Wentzville Liberty
<b>Ben Meyer</b>	12	Defender	Wentzville Liberty
<b>Cole Click</b>	11	Forward	Washington

## **SECOND TEAM**

<b>Player</b>	<b>Year</b>	<b>Position</b>	<b>School</b>
<b>Travis Bieg</b>	12	Midfielder	Washington
<b>Lucas Yates</b>	12	Defender	Washington
<b>Boston Tinsley</b>	12	Midfielder	Washington
<b>Carson Nolan</b>	10	Midfielder	Wentzville Liberty
<b>Paul Valenti</b>	12	Forward	Wentzville Liberty

<b>Kaden Marsh</b>	12	Forward	Wentville Liberty
<b>Shrader Ludwig</b>	11	Midfielder	Wentzville Liberty
<b>Jack Andrzejewski</b>	10	Defender	Wentzville Liberty
<b>Nathan Massey</b>	10	Forward	Fort Zumwalt Est
<b>Carlos Pulido</b>	10	Keeper	Fort Zumwalt East
<b>Scotty Porter</b>	10	Forward	Fort Zumwalt East
<b>Cannon Murray</b>	12	Midfielder	Francis Howell North
<b>J. T. Gravowski</b>	10	Midfielder	Francis Howell North
<b>Brendan Owens</b>	12	Defender	Fort Zumwalt South
<b>Owen Casson</b>	12	Defender	Fort Zumwalt South
<b>Patrick Waidmann</b>	11	Midfielder	Fort Zumwalt North
<b>Ben Schwerdt</b>	12	Defender	Fort Zumwalt North

**CO-PLAYERS OF THE YEAR: Karson Gibbs of Fort Zumwalt South, Senior, Forward, and Ryan Harvatin of Fort Zumwalt South, Senior, Midfielder**

**COACHES OF THE YEAR : Nolan Wesche of Fort Zumwalt East and Tony Luedecke of Wentzville Liberty**

## **Sportsmanship Award**

**Fort Zumwalt East - Rich Ellis**

**Fort Zumwalt North - Benjamin Schwerdt**

**Fort Zumwalt South - Ryan Harvatin**

**Francis Howell North - Hunter Shoulta**

**Washington - Micah Gargrave**

**Wentzville Liberty - Neil Sinclair**

## **All Academic**

**Fort Zumwalt East - Carlos Pulido, Drake O'Hearn, Donovan West, Dare Riazi, Dom Mrazik, Noah Myers, Gage Arns, Holden Kocher**

**Fort Zumwalt North - Braeden Bertel, Ayden Figg, Connor Hahn, Davis Herbst, Dylan Jackson, Joseph Linneman, Nolan Plum, Benjamin Schwerdt, Patrick Waidmann, Reese Wilson**

**Fort Zumwalt South - Alexander Bresler, Brayden Bresler, Evan Carroll, Aidan Dietiker, Luke Dillon, Andrew Elledge, Karson Gibbs, Ryley Gibbs, Jack Jellinek, Zachary Koester, Brendan Owens, Kyle Owens, Carter Rich, Luke Rion, Colin Wilson**

**Francis Howell North - Ryan Dittmar, Jack Stover, Payton Caples, Owen Miller, Joey Key, JT Grabowski, Cannon Murray, Khalin Shaw, Gavin Schroeder, Hunter Shoulta, Carter Schroeder, Koen Schaffer, Sam Wilson, Austin Bitter, Chad Blanke**

**Washington - Micah Gargrave, Jacob Brown, Owen Burge, Isaac Agren, William Amlong, Jay Hoemann, Robert Laughlin, Travis Bieg, Darren Armfield, Parker Kelp, Will Kelp, Tyler Eckelkamp, Marcus Brown, Cole Click**

**Wentzville Liberty - Layton Dahl, Bryson King, Carson Nolan, Ben Meyer, Schrader Ludwig, Patrick O'Day, Aiden Moore, Neil Sinclair, Bryan Guinn**

**2021**

**SOUTH DIVISION BOYS SOCCER  
ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

**FIRST TEAM**

<b>Player</b>	<b>Year</b>	<b>Position</b>	<b>School</b>
<b>Nick Taylor</b>	12	Forward	Francis Howell
<b>Andrew Bergmann</b>	12	Midfielder	Wentzville Holt
<b>Mitchell Ottinger</b>	11	Forward	Troy Buchanan
<b>Jacob Callahan</b>	12	Forward	Wentzville Timberland
<b>Collin McLaughlin</b>	12	Defender	Wentzville Timberland
<b>Carter Youmans</b>	12	Midfielder	Fort Zumwalt West
<b>Nathan Naumann</b>	12	Midfielder	Fort Zumwalt West
<b>Jackson Riege</b>	11	Defender	Francis Howell
<b>Drew Settlemoir</b>	12	Midfielder	Francis Howell
<b>Caleb Flanders</b>	12	Defender	Francis Howell
<b>Tanner Jones</b>	11	Midfielder	Francis Howell Central
<b>Micha Kramer</b>	12	Keeper	Wentzville Timberland

**SECOND TEAM**

<b>Player</b>	<b>Year</b>	<b>Position</b>	<b>School</b>
<b>Clayton Garofalo</b>	11	Midfielder	Wentzville Holt
<b>Oscar Sargent</b>	12	Midfielder	Wentzville Holt
<b>Cooper Hayes</b>	11	Midfielder	Wentzville Holt
<b>Levi Caldwell</b>	11	Midfielder	Troy Buchanan
<b>Ethan Troutman</b>	11	Defender	Troy Buchanan
<b>Patrick Nettler</b>	12	Defender	Wentzville Timberland
<b>Nolan Gera</b>	12	Defender	Wentzville Timberland
<b>William Thompson</b>	12	Defender	Wentzville Timberland
<b>Nick Mormino</b>	12	Forward	Fort Zumwalt West
<b>Jared Fitch</b>	12	Midfielder	Fort Zumwalt West
<b>Michael Moresi</b>	12	Defender	Fort Zumwalt West
<b>Luke Cummings</b>	12	Defender	Francis Howell Central
<b>Brendan Ward</b>	11	Midfielder	Francis Howell Central
<b>Tyler eberlin</b>	11	Midfielder	Francis Howell
<b>Carter Wiegand</b>	12	Midfielder	Francis Howell
<b>Andrew Klott</b>	11	Keeper	Francis Howell

**PLAYER OF THE YEAR: Nick Taylor of Francis Howell, Forward, Senior**

**COACH OF THE YEAR : Mike Enright of Francis Howell**

## **Sportsmanship Award**

**Fort Zumwalt West -Zach Dreyer**

**Francis Howell -**

**Francis Howell Central - Aiden Boss**

**Troy Buchanan - Jackson Bernhardt**

**Wentzville Holt - Connor Keegan**

**Wentzville Timberland - Murod Muhammadhon**

## **All Academic**

**Fort Zumwalt West - Brock Brunnworth, Conner Christen, Zach Creek, Zach Dreyer, Dyllan Fiala, Jared Fitch, Marcus Fitch, Kyle Fox, Michael Houston, Brendan Hummer, Chaz Mahler, Michael Moresi, Nicholas Mormino, Domanyk Naslund, Nathan Naumann, Noah Naumann, Martin Olmedo, Roman Smith, Carter Youmans**

**Francis Howell -**

**Francis Howell Central - Aiden Boss, Connor Casler, Luke Cummings, Silas Delaney, Evan Erickson, Ashton Fritze, Ryan Getgood, Josh Goestenkers, Josiah Gould, Tanner Jones, Roland McDevitt, Will Morris, Connor Myers, Adam Tucker, Tyler Vandaele, Brendan Ward**

**Troy Buchanan - Jackson Benhardt, Gavin Bogue, Levi Caldwell, Joshua Coyotl, Brady Giacobelli, Jake Ladlie, Jacob Latta, Aidan Nickles, Mitchell Ottinger, Liam Sontag, Ethan Troutman**

**Wentzville Holt - Brayden Burthardt, Clayton Garofalo, Trenton Garofalo, Cooper Hayes, Nathan Hoenig, Adrian Rodriguez, Oscar Sargent, Lucas Truong, Lane Underberg, Dyllan Weicht, Eli Wyatt**

Wentzville Timberland - Tyler Berndt, Cooper Blake, Jacob Callahan, Reed Corrigan, Dominic Eggering, Nolan Gera, Lance Hoffman, Grady Jacobson, Landon Keener, Micah Kramer, Henry Kriesmann, Collin McLaglin, Murod Muhammadhon, Patrick Netter, Cooper Shinn, William Thompson

**2021**

**NORTH DIVISION SOFTBALL**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

**PITCHERS**

<b>FIRST TEAM</b>	Kathryn McChristy	Warrenton	Senior
	Maddie Jackson	Saint Charles	Junior
<b>SECOND TEAM</b>	Kylie Witthaus	Warrenton	Sophomore
	Emma Dixon	Winfield	Freshman

**CATCHERS**

<b>FIRST TEAM</b>	Rosalyn Nevois	Saint Charles	Junior
<b>SECOND TEAM</b>	Camille Martin	Winfield	Senior

## UTILITY PLAYER

<b>FIRST TEAM</b>	Rylan Steinhoff	Orchard Farm	Sophomre
	Maggie Jordan	Winfield	Junior
<b>SECOND TEAM</b>	Kylie Runion	Saint Charles West	Senior

## INFIELDERS

<b>FIRST TEAM</b>	Kaylen Reynolds	Warrenton	Sophomore
	Kaylin Haas	Warrenton	Senior
	Hanna Bain	Saint Charles	Senior
	Riley Havican	Winfield	Freshman
	Avery Zenke	Orchard Farm	Junior
<b>SECOND TEAM</b>	Anna Hoeckelmann	Winfield	Senior
	Leanna Mitts	Saint Charles West	Junior
	Mackenzie Hurst	Warrenton	Junior
	Kiera Daniel	Warrenton	Freshman
	Avery Little	Saint Charles West	Junior

## OUTFIELDERS

<b>FIRST TEAM</b>	Bryten Kendrick	Saint Charles	Freshman
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	Chloe Wehde	Winfield	Junior
	Kailey Thomas	Saint Charles West	Senior
	Kiersten Anderson	Warrenton	Senior
<b>SECOND TEAM</b>	Anale Rao	Orchard Farm	Senior
	Grace Reinebach	Winfield	Junior
	Chloe Turnbull	Winfield	Sophomore
	Lauren Arender	Saint Charles West	Sophomore

**PLAYER OF THE YEAR: *Kathryn McChrity* [WARRENTON - SENIOR]**

**COACH OF THE YEAR: Chad Berrey (WARRENTON)**

## **Sportsmanship Award**

**Orchard Farm: Amelia Miller**

**Saint Charles: Rosalyn Nevois**

**Saint Charles West:**

**Warrenton: Kaylin Haas**

**Winfield: Camille Martin**

## **All-Academic Team**

**Orchard Farm: Avery Zenke, Rylan Steinhoff, Abby Busch, Ellie Busch, Faith Mitchell, Amedlia Miller, Erin Hubert, Mackenzi Bragg, Roxy Dinkins**

**Saint Charles:** Hanna Bain, Maddy Bunch, Abby Cross, Alex Davis, Sarah Frerker, Maddie Jackson, Addi Nemens, Ashleigh Reed, Maddy Rosner, Livy Schiffer, Jillian Vaughn

**Saint Charles West:** Sydney Blase, Kailey Dunning, Avery Little, Leanna Mitts, Reese Schuster, Kailey Thomas

**Warrenton:** Kiersten Anderson, Kiera Daniel, Sam Eskew, Kaylin Haas, Mackenzie Hurst, Kathryn McChristy, Hailey Tucker, Kylie Witthaus

**Winfield:** Maicey Aubuchon, Lily Boschert, Emma Dixon, Jaycee Gillette, Riley Havican, Anna Hoeckelmann, Kylee Howard, Maggie Jordan, Camille Martin, Alexa Nickles, Grace Reinebach, Isabel Reinebach, Camile Schulte, Chloe Turnbull, Chloe Wehde, Delaney Whitfield

**2021**

## **CENTRAL DIVISION SOFTBALL**

### **ALL CONFERENCE INDIVIDUALS**

#### **ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

#### **PITCHERS**

<b>FIRST TEAM</b>	Taylor Brown	Washington	Sophomre
	Jonica Schmidt	Francis Howell North	Sophomore
<b>SECOND TEAM</b>	Evie Kraus	Francis Howell North	Sophomore
	Sydney Kill	Fort Zumwalt South	Junior

## CATCHERS

<b>FIRST TEAM</b>	Ryleigh Albers	Francis Howell North	Sophomore
<b>SECOND TEAM</b>	Baylie Roetemeyer	Wentzville Liberty	Freshman

## UTILITY PLAYER

<b>FIRST TEAM</b>	Lacy Monzyk	Washington	Sophomore
	Lexie Griggs	Fort Zumwalt South	Sophomore
<b>SECOND TEAM</b>	Emma Wood	Fort Zumwalt North	Senior
	Paige Morgan	Fort Zumwalt East	Senior

## INFIELDERS

<b>FIRST TEAM</b>	Cadence Dempsey	Fort Zumwalt South	Senior
	McKenna Dydell	Fort Zumwalt North	Sophomore
	Christine Gerling	Washington	Sophomore
	Anna Strother	Wentzville Liberty	Sophomore
	Isabella Pierce	Fort Zumwalt East	Freshman
<b>SECOND TEAM</b>	Ali Burkemper	Fort Zumwalt North	Senior
	Myla Inman	Washington	Junior
	Lexi Hagl	Fort Zumwalt East	Junior

	Kylie Rudd	Fort Zumwalt South	Freshman
	Hannah Ermeling	Francis Howell North	Senior

## OUTFIELDERS

<b>FIRST TEAM</b>	Kylee Orf	Wentzville Liberty	Senior
	Kaylee Lohnes	Francis Howell North	Sophomore
	Maddie Guevara	Washington	Sophomore
	Emily Bruckerhoff	Washington	Junior
<b>SECOND TEAM</b>	Mackenzie Hayes	Fort Zumwalt East	Junior
	Grace Thorn	Fort Zumwalt North	Junior
	Samantha Kozlowski	Wentzville Liberty	Junior
	Jessica Gillen	Francis Howell North	Senior

**PLAYERS OF THE YEAR:** *Taylor Brown* - [Washington - Sophomore]

**CO-COACHES OF THE YEAR:** Phillip King (WASHINGTON)

## SPORTSMANSHIP

**Fort Zumwalt East - Paige Morgan**

**Fort Zumwalt North - Shea Nortrup**

**Fort Zumwalt South - Manda Olivas**

**Francis Howell North - Hannah Ermeling**

**Washington - Loren Thurman**

**Wentzville Liberty - Riley Andrzejewski**

## **ALL ACADEMIC**

**Fort Zumwalt East** - Grace McGee, Miranda Scraper, Lexi Hagl, Paige Morgan, Kayla Kindler, Mackenzie Hayes, Isabella Pierce, Caitlin Dougherty, A'Kiayah Scales

**Fort Zumwalt North** - Sophia Abernathy, Ali Burkemper, Caroline Emge, Lilliana Hairston, Kylie Hobbs, Shea Nortrup, Madelynn Spence, Allyson Stotler, Grace Thorn, Emma Wood

**Fort Zumwalt South** - Cassidy Avery, Makena Achman, Cadence Dempsey, Lexie Griggs, Sydney Kill, Katy Mawer, Amanda Olivas, Samantha Picha, Kelly Strickman

**Francis Howell North** - Abby Akers, Ryleigh Albers, Abbie Carpenter, Taylor Engelmeyer, Hannah Ermeling, Jessica Gillen, Evie Kraus, Laylee Lohnes, Courtney McQueen, Jonica Schmidt

**Washington** - Elizabeth Reed, Lacy Monzyk, Kelsie Holtmeyer, Grace Molitor, Christine Gerling, Kendall Nix, Lexi Lewis, Emily Bruckerhoff, Myla Inman, Loren Thurmon, Lauren Opfer, Taylor Brown

**Wentzville Liberty** - Piper Abernathy, Riley Andrzejewski, Zoey Arnold, Ella Evans, Stella Huesgen, Samantha Lozowski, Kylie Orf, Anna Strother, Alivia Bartlow

**2021**

**SOUTH DIVISION SOFTBALL**

# ALL CONFERENCE INDIVIDUALS

## ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS

### PITCHERS

<b>FIRST TEAM</b>	Macie Hunolt	Troy Buchaman	Sophomore
	Kennedy Jensen	Francis Howell Central	Senior
<b>SECOND TEAM</b>			

### CATCHERS

<b>FIRST TEAM</b>	Torri Hatton	Troy Buchanan	Senior
<b>SECOND TEAM</b>			

### UTILITY PLAYER

<b>FIRST TEAM</b>	Lydia Feiste	Fort Zumwalt West	Senior
	Phoebe Miller	Francis Howell Central	Sophomore
<b>SECOND TEAM</b>			

## INFIELDERS

<b>FIRST TEAM</b>	Lauren Rowland	Fort Zumwalt West	Sophomore
	Dallis Darnell	Troy Buchanan	Senior
	Audrey Silver	Wentzville Timberland	Sophomore
	Alyssa Haile	Francis Howell Central	Senior
	Kelsey Sawvell	Fort Zumwalt West	Freshman
<b>SECOND TEAM</b>			

## OUTFIELDERS

<b>FIRST TEAM</b>	Danielle Blackstun	Fort Zumwalt West	Junior
	Ava Kuzara	Wentzville Timberland	Sophomore
	Emily Chadwick	Francis Howell Central	Senior
	Allison Hemsath	Francis Howell	Senior
<b>SECOND TEAM</b>			

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**PLAYER OF THE YEAR: *Emily Chadwick* [FRANCIS HOWELL CENTRAL - SENIOR]**

**COACH OF THE YEAR: Zach Sheets (FRANCIS HOWELL CENTRAL)**

## **Sportsmanship Award**

**Fort Zumwalt West - Makayla Lindsay**

**Francis Howell - Jillian Lindhorst**

**Francis Howell Central - Mikayla Goforth**

**Troy Buchanan - Sadie Laughlin**

**Wentzville Holt - Jessica Ballard**

**Wentzville Timberland - Arianna Finn**

## **All-Academic Team**

**Fort Zumwalt West** - Danielle Blackstun, Ashleigh Davis, Emily Goewert, Haley Houston, Nalla Houston, Mackenzie Knehas, Lindsay Laughlin, Makayla Lindsay, Lauren Rowland, Kelsey Sawvell, Isabella Welton

**Francis Howell** - Allison Hemsath, Kalyn Barr, Maddie Illingworth, Lorin Boutte, Lily Murphy, Sofia Birkenholz, Kyra Blondin, Meg McCutcheon, Jillian Lindhorst, Natalie Vines, Siera Haddock, Addison Clark, Hattie Ostermeyer, Ellette Glass

**Francis Howell Central** - Mary Kate Neal, Alyssa Haile, Ashley Leible, Sydney Webb, Lexi Floyd, Phoeber Miller, Kennedy Jensen, Leah Fann, Mikayla Goforth, Samantha Magnall., Emily Chadwick



**Troy Buchanan** - Lily Arndt, Reagen Berra, Teryn Brown, Katelyn Damron, Alivia Daniels, Bethany Daniels, Emelia Daniels, Dallis Darnell, Ellie Davis, Tori Hatton, Macie Hunolt, Grace Justus, Sadie Laughlin, Emily Marsh, Ava Meyers, Madison Schieffer, Autumn Trower

**Wentzville Holt** - Jessica Ballard, Abigail Claus, Marian Destifanes, Peyton Grimmer, Allison Heying, Jarah Hoffmann, Callista Hull, Aubrey Jo Machmidt, Grace Miles, Erica Peters, Leighton Roy, Emily Sheffield

**Wentzville Timberland** - Emma Caplinger, Ana Finn, Paige Kottmann, Ava Kuzara, Andie McCool, Audrie Silver, Morgan Walkenhorst, Alyana White

**2021**

## **NORTH/CENTRAL DIVISION**

### **MENS SWIMMING CHAMPIONSHIPS**

#### **ALL CONFERENCE INDIVIDUALS**

#### **ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

In 2018, Boy's Swimming was divided into North/Central and South Divisions. Overall records shown after the event in black, represent records for both divisions, while the red color times indicate a record for that division. The same has been done for Girl's Swimming, as they split prior to 2018.

**200 yard Medley Relay [Record: 1:38.15, FZW, 2016]**

**[Record: 1:42.20, FZE, 2021]**

<b>SCHOOL</b>	<b>SWIMMERS</b>	<b>YEAR</b>	<b>TIME</b>
<b>Fort Zumwalt East</b>	Nick Ostrander	11	1:42.20

	Christian Randall	12	
	Brayden Phillips	11	
	Matt Springer	12	
Fort Zumwalt South	Wolf, Wright, Surtin, Lawason		1:49.93
Washington	Bobo, Kauffeld, Poole, Johnson		1:52.01
Fort Zumwalt North	Harris, Brown, Goeke, Palmer		1:53.47

**200 yard Freestyle [Record: 1:44.92, Zach Rogers, FHC, 2011]**

**[Record: 1:46.69, Christian Randall, FZE, 2021]**

SWIMMER	SCHOOL	YEAR	TIME
Christian Randall	Fort Zumwalt East	12	1:46.69
Brad Nonaka	Wentzville Liberty	10	2:01.76
Henry Griffin	Fort Zumwalt East	12	2:05.65
Brennan Myers	Wentzville Liberty	12	2:14.48

**200 yard Individual Medley [Record: 1:52.43, Adam Grimm, FZW, 2017]**

**[Record: 1:57.78, Mason Kauffeld, Washington, 2020]**

SWIMMER	SCHOOL	YEAR	TIME
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Jacob Wolf	Fort Zumwalt South	10	2:00.54
Brayden Phillips	Fort Zumwalt East	11	2:03.73
Natan Novikov	Fort Zumwalt East	11	2:09.74
Gabe Ostrander	Fort Zumwalt East	9	2:15.28

**50 yard Freestyle [Record: 20.43, Andrew Sansoucie, WT, 2012]**

**[Record: 21.58, Brendan Hutchison, FZE, 2019]**

SWIMMER	SCHOOL	YEAR	TIME
Matthew Springer	Fort Zumwalt East	12	23.14
Kirby Buscato	Fort Zumwalt East	10	23.58
Carson Clay	Wentzville Liberty	12	23.71
Fitz Lawson	Fort Zumwalt South	10	25.09

**1 meter Springboard Diving [Record: 669.35, Logan Shelfaut, Francis Howell North, 2020]**

**[Record: 669.35, Logan Shelfaut, Francis Howell North, 2020]**

DIVER	SCHOOL	YEAR	POINTS
Luke Burgard	Fort Zumwalt North	9	419.60
Caleb Burgard	Fort Zumwalt North	11	415.85

Evan Balkenbusch	Fort Zumwalt South	12	343.70
Payton Guffey	Wentzville Liberty	11	307.25

**100 yard Butterfly [Record: 48.77, Andrew Sansoucie, WT, 2012]**

**[Record: 54.86, Brayden Phillips, FZE, 2020]**

SWIMMER	SCHOOL	YEAR	TIME
Brayden Phillips	Fort Zumwalt East	11	54.89
Kenny Goeke	Fort Zumwalt North	12	57.97
Natan Novikov	Fort Zumwalt East	11	58.58
Deion Cunningham	Wentzville Liberty	12	1:01.21

**100 yard Freestyle [Record: 47.31, Todd Kriss, FZW, 2016]**

**[Record: 48.32, Brendan Hutchison, FZE, 2019]**

SWIMMER	SCHOOL	YEAR	TIME
Matthew Springer	Fort Zumwalt East	12	51.20
Kirby Buscato	Fort Zumwalt East	10	52.69
Todd Bobo	Washington	12	55.80

Fitz Lawson	Fort Zumwalt South	10	56.45
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**500 yard Freestyle [Record: 4:33.89, Ryan Baker, FH, 2013]**

**[Record: 4:53.49, Christian Randall, FZE, 2020]**

SWIMMER	SCHOOL	YEAR	TIME
Nick Ostrander	Fort Zumwalt East	11	5:25.63
Henry Griffin	Fort Zumwalt East	12	5:48.28
Dalton Rice	Wentzville Liberty	10	5:56.44
Alex Wright	Fort Zumwalt North	10	6:02.06

**200 yard Freestyle Relay [Record: 1:30.16, W Holt, 2017]**

**[Record: 1:31.49, FZE, 2019]**

SCHOOL	SWIMMERS	YEAR	TIME
<b>Fort Zumwalt East</b>	Kirby Buscato	10	1:35.09
	Gabe Ostrander	9	
	Natan Novikov	11	
	Nick Ostrander	11	
Wentzville Liberty	Clay, Guffey, Nonaka, Cunningham		1:37.05

Fort Zumwalt North	Stroud, Simon, Harris, Goeke		1:40.84
Washington	Bobo, Kriete, Loesing, Poole		1:42.90

**100 yard Backstroke [Record: 52.39, Alex Crawford, FH, 2013]**

**[Record: 54.29, Jacob Wolf, Fort Zumwalt South, 2021]**

SWIMMER	SCHOOL	YEAR	TIME
Jacob Wolf	Fort Zumwalt South	10	54.29
Nick Ostrander	Fort Zumwalt East	11	54.77
Gabe Ostrander	Fort Zumwalt East	9	59.89
Luke Pfaff	Fort Zumwalt South	12	1:02.27

**100 yard Breaststroke [Record: :59.02, Mason Kauffeld, Washington, 2020]**

**[Record: :59.02, Mason Kauffeld, Washington, 2020]**

SWIMMER	SCHOOL	YEAR	TIME
Christian Randall	Fort Zumwalt East	12	1:002.23
Kenny Goeke	Fort Zumwalt North	12	1:06.75
Xavier Harris	Fort Zumwalt North	11	1:07.30

Carson Genovese	Fort Zumwalt South	12	1:12.05
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**400 yard Freestyle Relay [Record: 3:15.63, FH, 2012]**

**[Record: 3:21.89, FZE, 2021]**

SCHOOL	SWIMMERS	YEAR	TIME
Fort Zumwalt East	Matt Springer	12	3:21.89
	Natan Novikov	11	
	Christian Randall	12	
	Brayden Phillips	11	
Fort Zumwalt South	Surtin, Lawson, Pfaff, Wolf		3:40.24
Wentzville Liberty	Clay, Guffey, Nonaka		3:40.59
Washington	Poole, Brinkman, Kriete, Hotra		4:05.11

**TEAM SCORES:**

**Fort Zumwalt East [416];**

**Fort Zumwalt South [362]; Fort Zumwalt North [332];  
Wentzville Liberty [305]; Washington [246]; Wentzville  
North Point [137]**

# **ALL ACADEMIC**

**Washington - Todd Bobo, Aaron Brinkman, Jack Courtney, Michael Hotra, Brayden Kriete, Ben Loesing, Luke Mauchenheimer, Donovan McKenzie**

**Fort Zumwalt North - Charles Atherton, Brandon Barrale, Sergio Darabcsek, Kenneth Goeke, Jacob Hall, Thien Le, Jacob Miklas, Aiden Pickett, Alexander Prieiser, Ethan Simon, Jack Sunley, Brody VanWave, Alexander Wright**

# **SPORTSMANSHIP**

**Washington - Brayden Kriete**

**Fort Zumwalt North - Alex Wright**

**2021**

## **SOUTH DIVISION**

### **MENS SWIMMING CHAMPIONSHIPS**

#### **ALL CONFERENCE INDIVIDUALS**

#### **ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

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while the red color times indicate a record for that division. The same has been done for Girl's Swimming, as they split prior to 2018.

**200 yard Medley Relay [Record: 1:38.15, FZW, 2016]**

**[Record: 1:38.15, FZW, 2016]**

SCHOOL	SWIMMERS	YEAR	TIME
Fort Zumwalt West	Cameron McCrary	12	1:42.45
	Joe Serio	12	
	John Serio	11	
	Sean McElfresh	12	
Francis Howell	Doan, Will Cottle, Dearing, Bradburn		1:42.46
Francis Howell North	Avila, Andrew Lee, Ed Lee, Faulkner		1:53.48
Wentzville Timberland	Rohne, Carlton, Clark, Hallemeier		1:53.70

**200 yard Freestyle [Record: 1:44.92, Zach Rogers, FHC, 2011]**

**[Record: 1:41.76, Jackson Bradburn, FH, 2021]**

SWIMMER	SCHOOL	YEAR	TIME
Jackson Bradburn	Francis Howell	11	1:41.76
Cameron McCrary	Fort Zumwalt West	12	1:45.35

Colin Wolfmeyer	Wentzville Holt	11	1:51.68
Trevor Leitz	Wentzville Timberland	12	1:54.59

**200 yard Individual Medley [Record: 1:52.43, Adam Grimm, FZW, 2017]**

**[Record: 1:52.43, Adam Grimm, FZW, 2017]**

SWIMMER	SCHOOL	YEAR	TIME
Will Cottle	Francis Howell	10	2:06.53
Scottie Nicotra	Wentzville Holt	10	2:10.14
Elias Avila	Francis Howell North	10	2:15.51
John Serio	Fort Zumwalt West	11	2:15.65

**50 yard Freestyle [Record: 20.43, Andrew Sansoucie, WT, 2012]**

**[Record: 20.43, Andrew Sansoucie, WT, 2012]**

SWIMMER	SCHOOL	YEAR	TIME
Sean McElfresh	Fort Zumwalt West	12	22.86
Jordan Switzer	Francis Howell	12	23.53
Jack Pipkins	Francis Howell	12	24.04

Jackson Carlton	Wentzville Timberland	11	25.17
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**1 meter Springboard Diving [Record: 669.35, Logan Shelfaut, Francis Howell North, 2020]**

**[Record: 582.20, Eric Busby, Fort Zumwalt West, 2020]**

DIVER	SCHOOL	YEAR	POINTS
Logan Shelfaut	Francis Howell North	12	580.75
Yuvraj Singh	Francis Howell North	11	446.30
Austin Carter	Wentzville Timberland	10	426.60
Chris Gibson	Francis Howell	12	351.05

**100 yard Butterfly [Record: 48.77, Andrew Sansoucie, WT, 2012]**

**[Record: 48.77, Andrew Sansoucie, WT, 2012]**

SWIMMER	SCHOOL	YEAR	TIME
Sean McElfresh	Fort Zumwalt West	12	52.60
Jacobb Dearing	Francis Howell	12	53.99
John Serio	Fort Zumwalt West	11	58.26
Scottie Nicotra	Wentzville Holt	10	59.22

**100 yard Freestyle [Record: 47.31, Todd Kriss, FZW, 2016]**

**[Record: 47.31, Todd Kriss, FZW, 2016]**

<b>SWIMMER</b>	<b>SCHOOL</b>	<b>YEAR</b>	<b>TIME</b>
Matthew Springer	Fort Zumwalt East	12	51.20
Kirby Buscato	Fort Zumwalt East	10	52.69
Todd Bobo	Washington	12	55.80
Fitz Lawson	Fort Zumwalt South	10	56.45

**500 yard Freestyle [Record: 4:33.89, Ryan Baker, FH, 2013]**

**[Record: 4:33.89, Ryan Baker, Francis Howell, 2013]**

<b>SWIMMER</b>	<b>SCHOOL</b>	<b>YEAR</b>	<b>TIME</b>
Jaxon Bradburn	Francis Howell	11	4:43.86
Trevor Leitz	Wentzville Timberland	12	5:17.86
Andy Nelson	Fort Zumwalt West	9	5:27.60
Brett Hallemeier	Wentzville Timberland	11	5:41.99

**200 yard Freestyle Relay [Record: 1:30.16, W Holt, 2017]**

**[Record: 1:30.16, W Holt, 2017]**

<b>SCHOOL</b>	<b>SWIMMERS</b>	<b>YEAR</b>	<b>TIME</b>
<b>Fort Zumwalt West</b>	Cameron McCrary	12	1:33.37
	Joe Serio	12	
	John Serio	11	
	Sean McElfresh	12	
Francis Howell	Switzer, Will Cottle, Denny, Max Cottle		1:35.60
Francis Howell North	Jarman, Faulkner, Lee, Avila		1:40.90
Wentzville Timberland	Clark, Carlton, Treadway, Leitz		1:41.75

**100 yard Backstroke [Record: 52.39, Alex Crawford, Francis Howell, 2013]**

**[Record: 52.39, Alex Crawford, Francis Howell, 2013]**

<b>SWIMMER</b>	<b>SCHOOL</b>	<b>YEAR</b>	<b>TIME</b>
Cameron McCrary	Fort Zumwalt West	12	52.49
Jacobb Dearing	Francis Howell	12	57.23
Colin Wolfmeyer	Wentzville Holt	11	58.51
Austin Doan	Francis Howell	12	1:00.37

**100 yard Breaststroke [Record: :59.02, Mason Kauffeld, Washington, 2020]**

**[Record: Record: :59.11, Trace Curvey, FZS, 2009]**

SWIMMER	SCHOOL	YEAR	TIME
Joseph Serio	Fort Zumwalt West	12	1:03.70
Will Cottle	Francis Howell	10	1:04.50
Waylon Denny	Francis Howell	11	1:10.56
Jordan Switzer	Francis Howell	12	1:11.60

**400 yard Freestyle Relay [Record: 3:15.63, Francis Howell, 2012]**

**[Record: 3:15.63, Francis Howell, 2012]**

SCHOOL	SWIMMERS	YEAR	TIME
<b>Francis Howell</b>	Jacobb Dearing	12	3:24.57
	Max Cottle	12	
	Austin Doan	12	
	Jaxon Bradbury	11	
Wentzville Timberland	Rohne, Hess, Hallememier, Leitz		3:46.62
Fort Zumwalt West	Rodabaugh, Bruce, Ostrem, Nelson		3:54.76
Francis Howell North	Neu, Baker, Jarman, Kumar		3:59.16

## **TEAM SCORES:**

**Francis Howell [541];**

**Fort Zumwalt West [405]; Wentzville Timberland [318];**

**Francis Howell North [313.5]; Wentzville Holt [144.5];**

**Francis Howell Central [140]**

## **ALL ACADEMIC**

**Wentzville Holt - Scott Nicotra**

**Fort Zumwalt West - Preston Brouillet, Jacob Bruce, Ethan Darling, Cameron McCrary, Jack McDonald, Luke McDonald, Sean McElfresh, Andrew Merkel, Andrew Modesitt, Andrew Nelson, Lucas Ostrem, David Rodabough, Aakash Sase, John Serio, Joseph Serio**

## **SPORTSMANSHIP**

**Wentzville Holt - Hunter Staszczuk**

**Fort Zumwalt West - Cameron McCrary**

**2021**

**NORTH/CENTRAL DIVISION GIRLS  
TENNIS CHAMPIONSHIPS**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

**#1 SINGLES**

Isabella Gamm - LIBERTY	def	Savala - FZ NORTH	8-1
Herweck -FZ SOUTH	def	Jayati - FH NORTH	8-2

**#2 SINGLES**

Watson - FZ SOUTH	def	C. Torbit - LIBERTY	8-4
Morgan - FZ EAST	def	Maggie - FH NORTH	9-7

**#3 SINGLES**

Laney Torbit -LIBERTY	def	Yates - FZ SOUTH	8-1
T. Birkenmeier - ST. CHARLES	def	Dutt - FZ EAST	8-5



## #4 SINGLES

K. Brockmann - LIBERTY	def	Moore -FZ SOUTH	9-8; TB=7-5
Natalie - FH NORTH	def	K. Finnegan - ST. CHARLES	8-6

## #5 SINGLES

A. Witzke -LIBERTY	def	Monteleone - FZ SOUTH	8-2
Aesha - FH NORTH	def	Moore - ST. CHARLES	8-3

## #6 SINGLES

R. Torbit - LIBERTY	def	Haire - FZ SOUTH	8-2
Hamai - FZ NORTH	def	Hailey - FH NORTH	8-6

## #7 SINGLES

A. Kuhn- LIBERTY	def	Anderson - FZ SOUTH	8-1
Spann - FZ EAST	def	Riya - FH NORTH	8-6

## #8 SINGLES

M. Kuhn - LIBERTY	def	Nadella - FZ SOUTH	8-2
Schneider - FZ EAST	def	Paro - FZ NORTH	8-3

## #1 DOUBLES

Gamm/Brockmann - LIBERTY	def	Salvada/Calzada - FZ NORTH	8-5
Herweck/Watson - FZ SOUTH	def	Maggie/Jayati -FH NORTH	8-0

## #2 DOUBLES

Torbit/Torbit - LIBERTY	def	Yates/Moore - FZ SOUTH	8-2
Lamzik/Anderson - FZ EAST	def	Lauren/Hailey - FH NORTH	8-6

## #3 DOUBLES

Witzke/Torbit -LIBERTY	def	Montileone/Haire - FZ SOUTH	8-5
Natalie/Aesha - FH NORTH	def	Rosenberg/Weinhold - FZ NORTH	8-4

## #4 DOUBLES

Morgan/Grimes -FZ NORTH	def	Dubois/Rudolph - LIBERTY	8-1
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Boyer/Ung -FZ SOUTH	def	Lindquist/Newton - ST. CHARLES	8-1
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## #5 DOUBLES

Richter/Richter -LIBERTY	def	Forness/Hoersch - FZ NORTH	8-5
Ballard/Chartaand - FZ EAST	def	Guerro/Papin - ST. CHARLES	8-6

## **TEAM SCORES: WENTZVILLE LIBERTY 70;**

**FORT ZUMWALT SOUTH 45.25; FORT ZUMWALT NORTH 23; FRANCIS HOWELL NORTH 22; FORT ZUMWALT EAST 14.25; SAINT CHARLES 8.5; SAINT CHARLES WEST 1.5; NORTH POINT 0**

## **ALL ACADEMIC**

**Saint Charles West -**

**Wentzville Liberty -**

**Fort Zumwalt North -Hadley Carrico, Lauren Forness, Allie Grimes, Reagan Hamai, Sophia Hoersch, Ella Rosenberg, Mariah Savala, Gracie Weinhold**

**Fort Zumwalt South -**

**Francis Howell North -**

**Saint Charles - Taylor Birkenmeier, Ashley Cofield, Kiley Finnegan, Haley Moore, Mia Oellermann, Grace Skeen**

**Fort Zumwalt East -**

## **SPORTSMANSHIP**

**Saint Charles West -**

**Wentzville Liberty -**

**Fort Zumwalt North -**

**Fort Zumwalt South -**

**Francis Howell North -**

**Saint Charles -**

**Fort Zumwalt East -**

**2021**

## **SOUTH DIVISION GIRLS TENNIS CHAMPIONSHIPS**

### **ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

**#1 SINGLES**

Livia Votruba - TIMBERLAND

def

Gabby St. Jean - FZ WEST

6-2, 4-6, 10-8

Josie Maddox - FRANCIS HOWELL	def	Taylor James - HOLT	8-3
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## #2 SINGLES

Laila Votruba - TIMBERLAND	def	Ellie Panke - FRANCIS HOWELL	6-0, 6-0
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Sierra Ball - FZ WEST	def	Katie Groat - HOWELL CENTRAL	8-3
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## #3 SINGLES

Lily Votruba - TIMBERLAND	def	Simran Kaur - FRANCIS HOWELL	8-0
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Hayley DeBlaze - HOWELL CENTRAL	def	Allyson Endsley - FZ WEST	8-2
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## #4 SINGLES

Morgan Smith - FZ WEST	def	Sriya Kalluri - FRANCIS HOWELL	6-4, 6-4
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Irena Malek - TIMBERLAND	def	McKenna Lenhardt - HOWELL CENTRAL	8-5
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## #5 SINGLES

Hayleigh Martin - FRANCIS HOWELL	def	Leah Wall - TIMBERLAND	8-0
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Sarah Robben - FZ WEST
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def
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Eleena Olle - TROY
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8-4
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## #6 SINGLES

Morgan Craft - TIMBERLAND
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def
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Grace Burzynski - FRANCIS HOWELL
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8-1
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Michelle Lu - FZ WEST
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def
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Claire Ridenhour - TROY
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8-1
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## #7 SINGLES

Emily Lyng - TIMBERLAND
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def
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Megan Thompson - HOLT
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8-0
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Addie Johnson - HOWELL CENTRAL
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def
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Avery Goerss - FZ WEST
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8-2
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## #8 SINGLES

Carly Docker - TIMBERLAND
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def
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Sam Deuser - HOWELL CENTRAL
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8-3
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McKenzie Moore - HOLT
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def
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Alexandria Simon - FZ WEST
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8-5
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## #1 DOUBLES

St Jean/Endsley - FZ WEST
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def
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Livia Vortruba/ Irena Malek - TIMBERLAND
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Kate Voges/Katie Groat - HOWELL CENTRAL
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def
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Taylor James/Kayla Wue - HOLT
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## #2 DOUBLES

Laila & Lily Vortruba - TIMBERLAND
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def
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Ball/Smith - FZ WEST
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Hayley DeBlaze/McKenna - HOWELL CENTRAL
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def
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Emma Skoube/Eleena Olle - TROY
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## #3 DOUBLES

Kalluri/Martin - FRANCIS HOWELL
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def
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Leah Wall/Morgan Craft - TIMBERLAND
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Clara Kilen/Chloe Schwab - HOWELL CENTRAL
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def
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Robben Lu - FZ WEST
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## #4 DOUBLES

Shuler/Lanham - FRANCIS HOWELL
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def
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Kathryn Wagner/Ivy Lesley - FZ WEST
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8-4
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Jesse Balase/Anna Kortkamp - HOLT
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def
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Sheehan/Fettig - HOWELL CENTRAL
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8-6
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## #5 DOUBLES

Bella Baker/Aly Bryant - TIMBERLAND
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def
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Korte/Colmo - FRANCIS HOWELL
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8-
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**TEAM SCORES: WENTZVILLE TIMBERLAND 59;****Fort Zumwalt West 41; Francis Howell 40; Francis Howell Central 25.5; Wentzville Holt 12.5; Troy Buchanan 6.5****ALL ACADEMIC****Wentzville Holt - Samantha Beattie, Jessi Blase', Elise Bodine, Riley Casper, Anna Kortkamp, Genevieve Lightle, McKenzie Moore, Megan thompson, Kayla Wuebbling****Troy Buchanan - Savannah Croxton, Aubrey Higgins, Maggie Huster, Addisyn Kramer, Morgan Mudd, Eleena Olle, Claire Ridenhour, Addison Schumacher, Emma Skouby, Anna Stanton****Fort Zumwalt West - Sierra Ball, Allyson Endsley, Grace Fellous, Abery Goerss, Ivy Lesley, Michelle Lu, Sophie Reed, Sarah Robben, Alexandria Simon, Morgan Smith, Gabby St. Jean, Kathryn Wagner****Francis Howell -****Wentzville Timberland -****Francis Howell Central -****Troy Buchanan -**



# **SPORTSMANSHIP**

**Wentzville Holt - Taylor James**

**Troy Buchanan - Maggie Huster**

**Fort Zumwalt West - Avery Goerss**

**Francis Howell -**

**Wentzville Timberland -**

**Francis Howell Central -**

**Troy Buchanan –**

**2021**

## **NORTH DIVISION GIRLS VOLLEYBALL**

### **ALL CONFERENCE INDIVIDUALS**

#### **ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

### **1st Team**

<b>Player</b>	<b>School</b>
<b>Alyssa Bruce</b>	Warrenton
<b>Josey Schipper</b>	Warrenton
<b>Abby Hammerberg</b>	Warrenton

<b>Addison Kerting</b>	Saint Charles
<b>Olivia Lewis</b>	Saint Charles
<b>Amelia Thro</b>	Orchard Farm
<b>Judie Rhoades</b>	Winfield

## 2nd Team

<b>Player</b>	<b>School</b>
<b>Olivia Morgan</b>	Warrenton
<b>Paige Mauldin</b>	Saint Charles
<b>Trinity Michel</b>	Orchard Farm
<b>Mattie Trudo</b>	Orchard Farm
<b>Allie Brown</b>	Winfield
<b>Mia Nicastro</b>	Saint Charles West
<b>Lily Baker</b>	Saint Charles West

**PLAYER OF THE YEAR - Josey Schipper of Warrenton**

**COACH OF THE YEAR - Randy Kindschuh of Warrenton**

# **ALL ACADEMIC**

**Orchard Farm - Emma Bauer, Reese Disko, Olivia Goeke, Amelia Thro, Mattie Trudo, Rachel Vanderbeck, Maddie Weber, Kylie Williams**

**Saint Charles - Elizabeth Beisner, Lily Blackwood, Mya Bott, Addison Kersting, Kyler Klimas, Abby Lassanske, Lorelei Oetting, Molly Pieper**

**Saint Charles West - Cadie Kohenskey, Alivia Zeier, Kaitlyn Dinwiddie, Mia Nicastro, Paige Whiteside, Anna Tuley, Jacqueline Gurly, Elena Scheve**

**Warrenton - Ella Smith, Alyssa Bruce, Abby Hammerberg, Olivia Morgan, Autumn Bledsoe, Zoe Klaus, Nicole Benne, Kaelyn Meyer, Emily Likes, Maggie Davis, Samantha Miller**

**Winfield - Rebecca Bradshaw, Abby Brown, Allie Brown, Madison Kerkemeyer, Kendall Klewer, Grace Nicholl, Judie Rhoades, Sophia White**

# **SPORTSMANSHIP**

**Orchard Farm - Kylie Williams**

**Saint Charles - Kyler Klimas**

**Saint Charles West - Anna Tuley**

**Warrenton - Ella Smith**

**Winfield - Allie Brown**

**2021**

**CENTRAL DIVISION GIRLS  
VOLLEYBALL**

# ALL CONFERENCE INDIVIDUALS

## ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS

### 1st Team

<b>Player</b>	<b>School</b>
<b>Abby Sanders</b>	Fort Zumwalt East
<b>Savannah Meyer</b>	Wentzville Liberty
<b>Brianna Wortman</b>	Francis Howell North
<b>Morgan Horrell</b>	Fort Zumwalt South
<b>Jay Westhues</b>	Fort Zumwalt South
<b>Kennedy Janes</b>	Fort Zumwalt North
<b>Brooke Ronquest</b>	Fort Zumwalt North

### 2nd Team

<b>Player</b>	<b>School</b>
<b>Ramiri Gardner</b>	Fort Zumwalt South
<b>Autumn Blake</b>	Francis Howell North
<b>Maddie Rowold</b>	Fort Zumwalt East
<b>Reese Douglas</b>	Wentzville Liberty
<b>Riley Watson</b>	Wentzville Liberty

<b>Delaney Bushman</b>	Fort Zumwalt South
<b>Kailee McGee</b>	Fort Zumwalt North
<b>Alexis Barks</b>	Washington

**PLAYER OF THE YEAR - Morgan Horrell of Fort Zumwalt South**

**COACH OF THE YEAR - Josh Farley of Fort Zumwalt South**

## **ALL ACADEMIC**

**Fort Zumwalt East - Peighton Garrison, Bella Breitbach, Marinna Liedle, Emma Carr, Ella Higbie, Ashleigh Porter, Cora Griffon, Abby Sanders, Kayla Kohlen, Maddie Rowold**

**Fort Zumwalt North - Jordyn Ederer, Kennedy Janes, Abigail King, Olivia Mannebach, Kaitlyn McGee, Lily Porter, Jennifer Prinster, Brooke Ronquest, Hannah Shylanski, Madeleine Shylanski, Kayla Tilley**

**Fort Zumwalt South - Aubree Barnfield, Emelia Bequette, Laci Burroughs, Delaney Bushman, Madelyn Clarke, Chloe Dunivan, Reese Eglan, Alaina Laffleur, Haley Myers, Alivia Steele, Marleigh Steele**

**Francis Howell North - Sara Ausbury, Ellanore Barga, Autumn Blake, Cameron Chapple, Catherine Connolly, Jada Keller, Riley McBride, Addison Polsgrove, Jennifer Schelfaut, Jordan Slusser, Jill Sterling, Megan Steutermann, Caitlyn Wheadon, Brianna Wortman**

**Washington - Abigail Gilliat, Jillian Huellinghoff, Jessie Tovo, Chloe Holtmeyer, Ella Kroeter, Alexis Barks, Jora Weaver, Emma Briggs, Gracie Meyer, Taylor Hoelscher, Ingrid Figas, Sophie Nieder**

**Wentzville Liberty - Hailey Buckley, Reese Douglas, Kara Gagliano, Savannah Meyer, Camryn Minor, Lilly Nelson, Riley Watson**

## **SPORTSMANSHIP**

**Fort Zumwalt East - Cora Griffon**

**Fort Zumwalt North - Abbi King**

**Fort Zumwalt South - Haley Myers**

**Francis Howell North - Ellanore Bargaen**

**Washington - Ingrid Figas**

**Wentzville Liberty - Reese Douglas**

**2021**

**SOUTH DIVISION GIRLS VOLLEYBALL**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

**1st Team**

<b>Player</b>	<b>School</b>
<b>Carly Glendinning</b>	Wentzville Timberland
<b>Zoey Mitchell</b>	Wentzville Timberland
<b>Gwen Marino</b>	Fort Zumwalt West
<b>Izzy Ehrlich</b>	Francis Howell
<b>Morgan Dumm</b>	Francis Howell
<b>Alexis Arnel</b>	Francis Howell Central
<b>Jordan Smith</b>	Francis Howell Central

## 2nd Team

<b>Player</b>	<b>School</b>
<b>Faith Rekosh</b>	Francis Howell Central
<b>Shae Pearson</b>	Francis Howell Central
<b>Audrey Small</b>	Fort Zumwalt West
<b>Averi Runge</b>	Wentzville Timberland
<b>Meghan Nolte</b>	Wentzville Holt
<b>Molly Beckman</b>	Wentzville Holt
<b>Hailey Motley</b>	Troy Buchanan
<b>Avery Helms</b>	Francis Howell

**PLAYER OF THE YEAR - Carla Glendinning of Wentzville  
Timberland**

**COACH OF THE YEAR - Julie Gronek of Francis  
Howell Central**

## **ALL ACADEMIC**

**Fort Zumwalt West - Ella Baetje, Lauren Higgins, Katelyn Irvin, Ashlyn Pierangeli, Kaleigh Proetz, Ellie Shockley, Marissa Solverud, Lily Stout, Lola Thornton, Emalee Young**

**Francis Howell -Olivia Benson, Claudia Bonacorsi, Kiera Bradley, Morgan Dumm, Taylor Dumm, Izzy Ehrlich, Avery Guisinger, Avery Helms, Ava Huelsing, Ella Klopper, Kiya Kolb, Audrey Lemmons, Kendall Martin, Danielle Moore, Ali Novak**

**Francis Howell Central - Alexis Arnel, Maddy Mabray, Haley Knight-Freeman, Jenny Padron, Jordan Smith, Shae Pearson, Mackenzie Sansone, Zariya Robertson**

**Troy Buchanan -Katie Bartlett, Madeline Buckles, Kinsey Dueker, Kaitlyn Garrett, Nora Loeffler, Haley Motley, Katelyn Mueller, Sydney Penny, Jordan Starkey, Hannah Talley, Dakota Wilson**

**Wentzville Holt - Heather Bana, Molly Beckmann, Shelby Beckmann , Meghan Nolte, Isabella Rodriguez, Carynn Neuman, Reily Hatcher, Reigan Beltz**

**Wentzville Timberland - Reese Allquist, Hadley Bowsher, Abby Chall, Carly Glendinning, Emily Koncki, Zoey Mitchell, Emaline Rains, Korissa Ramig, Averi Runge, Alison Schoene, Megan Zablonki**

## **SPORTSMANSHIP**

**Fort Zumwalt West - Ella Baetje**



**Francis Howell - Ava Huelsing**

**Francis Howell Central - Maddy Mabray**

**Troy Buchanan - Katelyn Mueller**

**Wentzville Holt - Molly Beckmann**

**Wentzville Timberland -Alison Schoene**

**2021 - 2022**

**NORTH DIVISION BOYS BASKETBALL**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

<b>1st TEAM</b>	<b>Name</b>	<b>School</b>
	Brady Wolf	Orchard Farm
	Josh Newell	Saint Charles West
	Ryan Grimmett	Saint Charles
	D. J. Gillespie	Winfield
	Troy Anderson	Warrenton

<b>2nd TEAM</b>	<b>Name</b>	<b>School</b>
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	Andrew Montemayor	Saint Charles West
	Tyler Spaeth	Orchard Farm
	Bray Creech	Winfield
	Braden Goellner	Saint Charles West
	Joe Goldsmith	Warrenton
	Micah Salamone	Saint Charles
	Elijah Leech	Saint Charles

**PLAYER OF THE YEAR - BRADY WOLF**

**OF ORCHARD FARM**

**COACH OF THE YEAR - RICK FOSTER**

**OF SAINT CHARLES**

## **ALL ACADEMIC**

**Orchard Farm - Tyler Spaeth, Bryce Westerfeld, Ashur Wilkes, Alex Wineholt, Brady Wolf, Lucas Stopke, Logan Hazel, Dylan Hazel**

**Saint Charles - Ayden Schneider, Micah Salamone, Brendan Barteau, Toby Goodwin, Ryan Grimmett, Chris Ketchum, Seth Krummrich, Evan Murphy, Martin Murphy, Nik Pugh, Jadon Salamone, Blake Wiggs, James Warner**

**Saint Charles West - Josh Newell, Ian Hollander, Karson Quinn, Darin Gordon, Andrew Montemeyer, Gio Patton, John Howie, Eli Chowning, Kyle Quinn, Tanner Durham,**

**Warrenton - Kolby Meine, Maison Rader, Troy Anderson, Joe Goldsmith, Evan Schenck**

**Winfield - Austin Carson, Brady Creech, D. J. Gillespie, Kaden Kaimann, Peter Nicholl, Micah Burk, Hunter Dunn, Josh Hoelting, Sean Nicholl, Camden Palmer, Cayden Palmer, B. Luke Pruitt**

## **SPORTSMANSHIP**

**Orchard Farm - Bryce Westerfeld**

**Saint Charles - Seth Krummrich**

**Saint Charles West - Darin Gordon**

**Warrenton - Maison Rader**

**Winfield - Austin Carson**

**2021 - 2022**

## **CENTRAL DIVISION BOYS BASKETBALL**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

<b>1st TEAM</b>	<b>Name</b>	<b>School</b>
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	Connor Turnbull	Fort Zumwalt North
	Paul Campoverde	Francis Howell North
	Jaden Betton	Wentzville Liberty
	Peyton Blair	Fort Zumwalt South
	Joey Friedel	Fort Zumwalt South

<b>2nd TEAM</b>	<b>Name</b>	<b>School</b>
	Sam Paule	Washington
	Kobe Anderson	Fort Zumwalt North
	Donovan West	Fort Zumwalt East
	David Richard	Wentzville Liberty
	Nick Keene	Fort Zumwalt South

**PLAYER OF THE YEAR - CONNOR TURNBULL  
OF FORT ZUMWALT NORTH**

**COACH OF THE YEAR - BILL FRIEDEL  
OF FORT ZUMWALT SOUTH**

**ALL ACADEMIC**

**Francis Howell North - Jordan Allen, Paul Campoverde, Nikhil Contractor, Ryan Murdock, Brandon Reale, Marshall Swope**

**Wentzville Liberty - Rhett Douglas, Nate Bobikiewicz, Carter Ashby, Kevin Sweet, Charlie Hebden**

**Washington - Sam Paule, Mark Hensley, Brayden McCulloch, Ian Junkin, Kaner Young, Todd Bobo, Travis Bieg, Ryan Jostes, Wyatt Bobo, Chase Merryman**

**Fort Zumwalt East - Caiden Bryant, Brady Davis, Kyle Gremaud, Jaden Jones, Luke Knoll, Jackson Penn, Hunter Weber, Donovan West**

**Fort Zumwalt North - Joshua Bauer, Jervon Ford, Taylor Mason, Chandler Smith**

**Fort Zumwalt South - Luke Bass, Chase Bensing, Joey Friedel, Holden Karl, Nick Keene, Austin Mahoney, Connor Mendel, Brady O'Brien, Brendan Owens, Dylan Pham, Nathaniel Popp, Blake Struempf, Luke Surtin**

## **SPORTSMANSHIP**

**Francis Howell North - Jordan Allen**

**Wentzville Liberty - David Richard**

**Washington - Chase Merryman**

**Fort Zumwalt East - Luke Knoll**

**Fort Zumwalt North - Josh Bauer**

**Fort Zumwalt South - Blake Struempf**

**2021 - 2022**

# **SOUTH DIVISION BOYS BASKETBALL**

## **ALL CONFERENCE INDIVIDUALS**

### **ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

<b>1st TEAM</b>	<b>Name</b>	<b>School</b>
	Nathan Ryan	Troy Buchanan
	Gabe James	Francis Howell
	Adam Painter	Francis Howell Central
	Raynard Horry	Fort Zumwalt West
	Landon Engelage	Wentzville Holt

<b>2nd TEAM</b>	<b>Name</b>	<b>School</b>
	Charlie Nett	Troy Buchanan
	Booker Simmons	Francis Howell
	A. J. Raines	Wentzville Timberland
	Jack Fessenden	Troy Buchanan
	Traveon Williams	Francis Howell Central

**PLAYER OF THE YEAR - NATHAN RYAN**

**OF TROY BUCHANAN**  
**COACH OF THE YEAR - GRANT AGBO**  
**OF FRANCIS HOWELL**

## **ALL ACADEMIC**

**Francis Howell - Donovan Sparks, Booker Simmons IV, Damon Williams II, Ben Toeppen, Cole Schultz, Kory McCauley, Jude James, Lukas Burzynski**

**Wentzville Holt - Landon Engelage, Braden Engelage**

**Francis Howell Central - Nick Orinau, Connor Casler, Adam Painter, Will Thomas, Landon Gordon, Nathan Rush**

**Wentzville Timberland - Jacob Aydelott, Caden Bish, Luke Busateri, Jaxson Collier, David Long, Will Muench, A. J. Raines**

**Troy Buchanan - Evan Creech, Ethan Lollar, Andrew Moore, Tyler Moore, Charlie Nett, Nathan Ryan, Aiden Vaccaro**

**Fort Zumwalt West - Dylan Bates, Collin Greiner, Kyle Harris, Ethan Hatfield, Peyton Kraus, Michael Ludwig, Grant Moehl, Renick Taliaferro, Johnny Taylor**

## **SPORTSMANSHIP**

**Francis Howell - Kory McCauley**

**Wentzville Holt - Daniel Looney**

**Francis Howell Central - Isaiah Flowers**

**Wentzville Timberland - Tim Meyer**

**Troy Buchanan - Nathan Ryan**

Fort Zumwalt West - Grant Moehl

**2021-2022**

**NORTH DIVISION GIRLS BASKETBALL**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

<b>1st TEAM</b>	<b>Name</b>	<b>School</b>
	Mia Nicastro	Saint Charles West
	Lily Jackson	Saint Charles West
	Amelia Thro	Orchard Farm
	Kylie Williams	Orchard Farm
	Audrey Payne	Warrenton

<b>2nd TEAM</b>	<b>Name</b>	<b>School</b>
	Zoe Klaus	Warrenton
	Olivia Goeke	Orchard Farm
	Renzlee Davidson	Winfield
	Elena Scheve	Saint Charles West
	Hannah Myers	Saint Charles West



**PLAYER OF THE YEAR - MIA NICASTRO**  
**SAINT CHARLES WEST**

**ALL ACADEMIC**

**Orchard Farm - Katy Beth Brown, Olivia Goeke, Cami Nelson, Allison Ruhling, Madeline Shelton, Amelia Thro, Kylie Williams, Addison Brown, Payton Meyers, Emma Bauer, Bailey Goeke**

**Saint Charles - Peyton Birkenmeier, Kyler Klimas, Mia Ollermann, Lorelei Oetting, Ashleigh Reed, Alyssa Birkenmeier, Taylor Birkenmeier, Abby Cross, Jenna Hollrah, Bryten Kendrick, Addi Nemens**

**Saint Charles West - Kameryn Arnold, Harmony Hudson, Lily Jackson, Hannah Myers, Mia Nicastro, Sophia Prost, Elena Scheve, Abby Govero, Avery Jackson, Sequia Ross**

**Warrenton - Isabel Benke, Kaitlyn Haas, Zoe Klaus, Garneisha Love, Kaelyn Meyer, Audrey Payne, Dana Pruitt, Kendall Taylor**

**Winfield - Macy Beckemeier, Kade Berry, Lily Boschert, Avery Cassinger, Renzlee Davidson, Raegan Gebert, Kylee Howard, Madison Kerkemeier, Elena Parr, Chloe Turnbull**

**SPORTSMANSHIP**

**Orchard Farm - Cami Nelson**

**Saint Charles - Mia Oellermann**

**Saint Charles West -Kameryn Arnold**

**Warrenton - Zoe Klaus**

**Winfield - Madison Kerkemeyer**

**2021 - 2022**

**CENTRAL DIVISION GIRLS  
BASKETBALL**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

<b>1st TEAM</b>	<b>Name</b>	<b>School</b>
	Mariah Davis	Fort Zumwalt South
	Yasmine Edmonson	Fort Zumwalt East
	Hannah Ermeling	Francis Howell North
	Elizabeth Reed	Washington
	Bryn Pawlik	Fort Zumwalt South

<b>2nd TEAM</b>	<b>Name</b>	<b>School</b>
	Rhianna Blanchard	Fort Zumwalt North
	Alicia Hunn	Francis Howell North

	Hailey Morgan	Fort Zumwalt East
	Lily Haire	Fort Zumwalt South
	Lexie Hagl	Fort Zumwalt East
	Taylor Brown	Washington
	Kendra Swope	Francis Howell North

**PLAYER OF THE YEAR - MARIAH DALLAS**  
**OF FORT ZUMWALT SOUTH**  
**COACH OF THE YEAR - MELANIE SCHMIDT**  
**OF FORT ZUMWALT SOUTH**

## **ALL ACADEMIC**

**Francis Howell North - Ryleigh Albers, Addison Butler, Mackenna Davis, Hannah Ermeling, Alicia Hunn, Evelyn Kraus, Camille Kreleler, Jonica Schmidt, Kendra Swope, Faith Todd**

**Wentzville Liberty - Riley Andzejewski, Kennedi Brower, Dori Earle, Annabelle Hargrove, Hailey Jolliff, Emily Northcutt, Kylee Orf, Tess Roberts, Ally Schniepp, Blair Wise**

**Washington - Olivia Reed, Elizabeth Reed, Kendall Nix, Ingrid Figas, Alayna Royal, Emma Briggs, Abi Waters, Gabby Lindemann, Sydney Harbath, Jillian Huellinghoff, Christine Gerling, Kelsee Crego, Payton Voss, Emily McCormack, Kelsey Brueggemann, Taylor Brown**

**Fort Zumwalt East - Yazzy Edmonson, Paige Morgan, Ahjarae Franklin, Lexi Hagl, Camdyn Suttory, Carlie Albers, Claire Montigny, Margaret Strebeck, Anna Paskiewicz, Landon Vick, Ashley Rusthoven, Hailey Morgan, Katie Porter**

**Fort Zumwalt North - Abby Anderson, Rihanna Blanchard, MacKenzie Darrah, Allie Grimes, Ava Hollandsworth, Anna Kolkmeier, Matliyn Skelton, Allyson Stotler, Shaelin Young**

**Fort Zumwalt South - Abigail Atherton, Allison Gaddy, Lily Haire, Delanie Jackson, Avelina McKinzie, Lauren Mehrhoff, Allison Moore, Bryn Pawlik, Alyssa Sarver, Alexis Williams-Harris**

## **SPORTSMANSHIP**

**Francis Howell North - Kendra Swope**

**Wentzville Liberty - Ally Schiepp**

**Washington - Ingrid Figas**

**Fort Zumwalt East - Paige Morgan**

**Fort Zumwalt North - Mackenzie Darrah**

**Fort Zumwalt South - Alyssa Sarver**

**2021 - 2022**

**SOUTH DIVISION GIRLS BASKETBALL**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

<b>1st TEAM</b>	<b>Name</b>	<b>School</b>
	Libby Brewster	Francis Howell
	Trinniti Matthews	Francis Howell Central
	Leah Wilmsmeyer	Wentzville Timberland
	Maggie Illig	Troy Buchanan
	Ivy Lesley	Fort Zumwalt West

<b>2nd TEAM</b>	<b>Name</b>	<b>School</b>
	Sydney Reddin	Wentzville Holt
	Rylee Denbow	Francis Howell Central
	Gwen Marino	Fort Zumwalt West
	Sarah Means	Troy Buchanan
	Lexi Wilmsmeyer	Wentzville Timberland

**PLAYER OF THE YEAR - LIBBY BREWSTER**  
**OF FRANCIS HOWELL**  
**COACH OF THE YEAR - CHAD TOWERS**  
**OF FORT ZUMWALT WEST**

# **ALL ACADEMIC**

**Francis Howell - Libby Brewster, Meghan Illingworth, Emily Lashbrook, Isabella Luca, Danielle Moore, Bea Schneider, Julie Steiger, Rhianne Toebben**

**Wentzville Holt - Isabelle Boyce, Ryann Bunner, Madison Carroll, Samantha Cooley, Samantha DuBay, Mary Elliott, Alyssa Gilchrist, Jayla Greer, Leighton Roy**

**Francis Howell Central - Josie Crangle, Morgan Davis, Rylee Denbow, Addie Henderson, Riley Henderson, Briana Mason, Trinnitti Matthews, Paige Rice, Maria Trupiano, Kendall Webster, Kilee Webster**

**Wentzville Timberland - Addison Crisclip, Anna White, Alysse Lamb, Macie Vincent, exi Wilmsmeyer, Carlie Boehm, Mya Christian, Sophia Woodliff**

**Troy Buchanan - Reagan Berra, Gabrielle Cook, Alivia Daniels, Kinsey Dueker, Maggie Illig, Grace Justus, Ava Meyers, Lily Robinson, Alyssa Schulte, Jordan Starkey**

**Fort Zumwalt West - Cheing-Hai Christen, Rylie Crecelius, Lexi Fenstermacher, Allison Kain, Lucy Kiehne, Ivy Lesley, Kristen Mayfield, Matye Riley, Sara Senseney, Maddie Towers**

# **SPORTSMANSHIP**

**Francis Howell -Isabelle Luca**

**Wentzville Holt - Samantha Cooley**

**Francis Howell Central - Kendall Webster**

**Wentzville Timberland - Carlie Boehm**

**Troy Buchanan - Ava Meyers**

**Fort Zumwalt West - Kristen Mayfield**

**2021-2022**

**NORTH/CENTRAL DIVISION GIRLS  
SWIMMING**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

[**RED**=GAC record, **BLUE**=GAC North Central record]

**200 yard Medley Relay [GAC Record: 1:50.25, Francis Howell, 2018]**

**200 yard Medley Relay [GAC N-C Record: 1:56.3, Wentzville Liberty, 2021]**

<b>1st</b>	Zoey Ziegler	Washington	2:02.15
	Ava Kauffeld		
	Ellie Williams		
	Maddy Henderson		
<b>2nd</b>	Isabelle Reardon	Fort Zumwalt South	2:06.11
	Brooke Cattoor		
	Madalynn Lady		
	Julia Vincent		
<b>3rd</b>	Izabela Brasher	Saint Charles West	2:13.26

	Jacqueline Gurley		
	Lorelei Crowley		
	Paige Whiteside		
<b>4th</b>	Lucy Ballard	Fort Zumwalt East	2:17.71
	Nicole Pate		
	Parker Sanborn		
	Danielle Doskai		

**200 yard Freestyle [GAC Record: 1:53.41, Taylor Wohrley, Wentzville  
Timberland, 2009]**

**200 yard Freestyle [GAC N-C Record: 2:01.43, Gwen Raziq, Fort Zumwalt  
North, 2020]**

<b>1st</b>	Riley VanValin	Wentzville Holt	2:09.93
<b>2nd</b>	Madelyn Nicotra	Wentzville Holt	2:23.69
<b>3rd</b>	Mya Buehrle	Saint Charles West	2:29.38
<b>4th</b>	Morgan Gutterman	Fort Zumwalt South	2:36.10

**200 yard Individual Medley [GAC Record: 2:03.88, Haley Spencer, Ft. Zumwalt  
West, 2007]**

**200 yard Individual Medley [GAC N-C Record: 2:13.35, Autumn Looney, St.  
Charles, 2016]**



<b>1st</b>	Ava Kauffeld	Washington	2:18.88
<b>2nd</b>	Isabelle Reardon	Fort Zumwalt South	2:25.24
<b>3rd</b>	Stella Garrison	Saint Charles West	2:28.30
<b>4th</b>	Halle Scheuermann	Wentzville Holt	2:34.36

**50 yard Freestyle [GAC Record: 23.71, Courtney Harris, Fort Zumwalt West, 2019]**

**50 yard Freestyle [GAC N-C Record: 23.74, Autumn Looney, Saint Charles, 2019]**

<b>1st</b>	Zoe Beattie	Wentzville Holt	26.80
<b>2nd</b>	Gina Saso	Wentzville Holt	27.40
<b>3rd</b>	Ellie Williams	Washington	27.95
<b>4th</b>	Brooke Cattoor	Fort Zumwalt South	28.67

**1 meter Springboard Diving [GAC Record: 540.20, Sarah Bathe, Saint Charles, 2017]**

**1 meter Springboard Diving [GAC N-C Record: 540.20, Sarah Bathe, Saint Charles, 2017]**

<b>1st</b>	Gina Saso	Wentzville Holt	333.95
<b>2nd</b>	Payden Pietrusinski	Wentzville Holt	319.55
<b>3rd</b>	Abby Hirsch	Fort Zumwalt South	303.60

<b>4th</b>	Sophia Vandeven	Fort Zumwalt South	302.20
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**100 yard Butterfly [GAC Record: 55.08, Autumn Looney, Saint Charles, 2018]**

**100 yard Butterfly [GAC N-C Record: 55.08, Autumn Looney, Saint Charles, 2018]**

<b>1st</b>	Madalynn Lady	Fort Zumwalt South	1:03.46
<b>2nd</b>	Lorelei Crowley	Saint Charles West	1:07.98
<b>3rd</b>	Parker Sanborn	Fort Zumwalt East	1:08.94
<b>4th</b>	Halle Scheuermann	Wentzville Holt	1:09.50

**100 yard Freestyle [GAC Record: 51.56, Autumn Looney, Saint Charles, 2018]**

**100 yard Freestyle [GAC N-C Record: 51.56, Autumn Looney, SCHS, 2018]**

<b>1st</b>	Zoey Ziegler	Washington	57.66
<b>2nd</b>	Zoe Beattie	Wentzville Holt	1:00.69
<b>3rd</b>	Kinslee Keatts	Wentzville Holt	1:01.65
<b>4th</b>	Ellie Williams	Washington	1:02.18

**500 yard Freestyle [GAC Record: 5:09.57, Michelle Tipton, Ft. Zumwalt West, 2011]**

**500 yard Freestyle [GAC N-C Record: 5:18.04, Evie Kolb, Fort Zumwalt East, 2021]**

<b>1st</b>	Isabelle Reardon	Fort Zumwalt South	5:40.35
<b>2nd</b>	Riley VanValin	Wentzville Holt	5:40.52
<b>3rd</b>	Lorelei Crowley	Saint Charlew West	6:03.23
<b>4th</b>	Maddy Henderson	Washington	6:23.35

**200 yard Freestyle Relay [GAC Record: 1:40.76, Francis Howell, 2016]**

**200 yard Freestyle Relay [GAC N-C Record: 1:45.65, Fort Zumwalt North, 2021]**

<b>1st</b>	Zoey Ziegler	Washington	1:50.72
	Maddy Henderson		
	Ellie Williams		
	Ava Kauffeld		
<b>2nd</b>	Gina Sason	Wentzville Holt	1:52.01
	Madelyn Nicotra		
	Zoe Beattie		
	Riley VanValin		
<b>3rd</b>	Kellie Seelye	Fort Zumwalt South	2:02.49
	Sydney Atienza		
	Bella Cattoor		
	Sophia Ung		
<b>4th</b>	Nicole Pate	Fort Zumwalt East	2:03.05
	Danielle Doskai		

	Lucy Ballard		
	Parker Sanborn		

**100 yard Backstroke [GAC Record: 57.14, Isabelle Ackley, Wentzville  
Timberland, 2021]**

**100 yard Backstroke [GAC N-C Record: 1:01.95, Caroline Myers, Wentzville  
Liberty, 2021]**

<b>1st</b>	Zoe Ziegler	Washington	1:06.77
<b>2nd</b>	Parker Sanborn	Fort Zumwalt East	1:08.98
<b>3rd</b>	Madison Gillham	Fort Zumwalt South	1:12.74
<b>4th</b>	Izabela Brasher	Saint Charles West	1:13.18

**100 yard Breaststroke [GAC Record: 1:02.52, Haley Spencer, Ft. Zumwalt West,  
2009]**

**100 yard Breaststroke [GAC N-C Record: 1:08.53, Sydney Kelsey, Fort Zumwalt  
North, 2021]**

<b>1st</b>	Ava Kauffeld	Washington	1:09.61
<b>2nd</b>	Stella Garrison	Saint Charles West	1:13.15
<b>3rd</b>	Madalynn Lady	Fort Zumwalt South	1:14.36
<b>4th</b>	Alexandra Silvey	Wentzville Holt	1:19.58

**400 yard Freestyle Relay [GAC Record: 3:37.17, Francis Howell, 2017]**

**400 yard Freestyle Relay [GAC N-C Record: 3:51.40, Wentzville Liberty, 2021]**

<b>1st</b>	Lorelei Crowley	Saint Charles West	4:10.82
	Mya Buehrle		
	Izabela Brasher		
	Stella Garrison		
<b>2nd</b>	Riley VanValin	Wentzville Holt	4:12.13
	Halle Scheurmann		
	Madelyn Nicotra		
	Zoe Beattie		
<b>3rd</b>	Isabelle Reardon	Fort Zumwalt South	4:13.22
	Brooke cattoor		
	Julia Vincent		
	Madalynn Lady		
<b>4th</b>	Lexi Perriman	Washington	4:46.53
	Cierra Loepker		
	Darcy Koch		
	Jacqueline Kluba		

**TEAM SCORES: FORT ZUMWALT SOUTH [447]**

**Wentzville Holt [408]; Washington [339]; St. Charles West [247]; Fort Zumwalt East [239]; St. Charles [165];  
Wentzville North Point [24]**

## **Sportsmanship Team**

**Washington - Ellie Williams**

**Wentzville Holt - Isabelle Jennings, Gina Saso**

**Wentzville Liberty-**

**Wentzville North Point -**

**Fort Zumwalt South -**

**Fort Zumwalt East -**

**Saint Charles -**

**Saint Charles West -**

## **All-Academic Team**

**Washington - Maddy Henderson, Ava Kauffeld, Darcy Koch, Mia Mahon, Lexi Perriman, Zoey Ziegler**

**Wentzville Holt - Zoe Beattie, Reece Evans, Isabelle Jennings, MadelynNicotra, Payden Pietrusinski, Gina Saso, Alexandra Silvey, Katelyn Stogsdill**

**Wentzville Liberty-**

**Wentzville North Point -**

**Fort Zumwalt South -**

**Fort Zumwalt East -**

**Saint Charles -**

Saint Charles West -

**2021-2022**

**SOUTH DIVISION GIRLS SWIMMING**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

[**RED**=GAC Record, **BLUE**-GAC South record]

**200 yard Medley Relay [GAC Record: 1:50.25, Francis Howell, 2018]**

**200 yard Medley Relay [GAC Record: 1:50.25, Francis Howell, 2018]**

<b>1st</b>	Isabelle Ackley	Wentzville Timberland	1:50.58
	Emma Wisker		
	Brooke Gustafson		
	Taylor Madison		
<b>2nd</b>	Reagan Friesz	Fort Zumwalt West	1:56.94

	Allison Heaney		
	Kassena Mammoth		
	Audrey Wagner		
<b>3rd</b>	Lyla Campbell	Fort Zumwalt North	1:57.23
	Sydney Kelsey		
	Clarisse Woods		
	Callie James		
<b>4th</b>	Paige Schulze	Francis Howell	1:59.42
	Rayna Welek		
	Abigail Ekstrom		
	Olivia Eissfeldt		

**200 yard Freestyle [GAC Record: 1:53.41, Taylor Wohrley, Wentzville  
Timberland, 2009]**

**200 yard Freestyle [GAC SOUTH Record: 1:53.41, Taylor Wohrley, Wentzville  
Timberland, 2009]**

<b>1st</b>	Paige Schulze	Francis Howell	2:05.13
<b>2nd</b>	Audrey Wagner	Fort Zumwalt West	2:07.16
<b>3rd</b>	Madison Taylor	Wentzville Timberland	2:10.39
<b>4th</b>	Kasenna Mammoth	Fort Zumwalt West	2:10.52



**200 yard Individual Medley [GAC Record: 2:03.88, Haley Spencer, Ft. Zumwalt West, 2007]**

**200 yard Individual Medley [GAC SOUTH Record: 2:03.88, Haley Spencer, Ft. Zumwalt West, 2007]**

<b>1st</b>	Allison Heaney	Fort Zumwalt West	2:12.06
<b>2nd</b>	Xime Avila	Francis Howell Central	2:15.64
<b>3rd</b>	Brooke Gustafson	Wentzville Timberland	2:17.86
<b>4th</b>	Lillian Dempewolf	Francis Howell	2:21.43

**50 yard Freestyle [GAC Record: 23.71, Courtney Harris, Fort Zumwalt West, 2019]**

**50 yard Freestyle [GAC SOUTH Record: 23.71, Courtney Harris, Fort Zumwalt West, 2019]**

<b>1st</b>	Isabelle Ackley	Wentzville Timberland	24.36
<b>2nd</b>	Allison Schoene	Wentzville Timberland	25.36
<b>3rd</b>	Callie James	Fort Zumwalt North	25.83
<b>4th</b>	Leilani Green	Wentzville Liberty	26.29

**1 meter Springboard Diving [GAC Record: 540.20, Sarah Bathe, Saint Charles, 2017]**

**1 meter Springboard Diving [GAC SOUTH Record: 539.20, Marissa Green, Ft. Zumwalt West, 2014]**

<b>1st</b>	Emily Krause	Fort Zumwalt West	430.05
<b>2nd</b>	Larissa Garbarini	Francis Howell	380.75
<b>3rd</b>	Savannah Maier	Fort Zumwalt North	318.50
<b>4th</b>	Marysa Allen	Fort Zumwalt North	308.95

**100 yard Butterfly [GAC Record: 55.08, Autumn Looney, Saint Charles, 2018]**

**100 yard Butterfly [GAC SOUTH Record: 56.53, Courtney Coe, Ft. Zumwalt West, 2013]**

<b>1st</b>	Sydney Kelsey	Fort Zumwalt North	1:00.85
<b>2nd</b>	Kasenna Mamroth	Fort Zumwalt West	1:01.55
<b>3rd</b>	Abigail Ekstrom	Francis Howell	1:01.56
<b>4th</b>	Brooke Gustafson	Wentzville Timberland	1:03.09

**100 yard Freestyle [GAC Record: 51.56, Autumn Looney, Saint Charles, 2018]**

**100 yard Freestyle [GAC SOUTH Record: 51.60, Courtney Harris, Fort Zumwalt West, 2019]**

<b>1st</b>	Emma Wisker	Wentzville Timberland	54.05
<b>2nd</b>	Alison Schoene	Wentzville Timberland	55.65
<b>3rd</b>	Callie James	Fort Zumwalt North	56.16
<b>4th</b>	Brooke Suftko	Wentzville Liberty	58.05

**500 yard Freestyle [GAC Record: 5:05.72, Joanna Dohrman, Francis Howell North, 2020]**

**500 yard Freestyle [GAC SOUTH Record:5:05.72, Joanna Dohrman, Francis Howell North, 2020]**

<b>1st</b>	Xime Avila	Francis Howell Central	5:27.28
<b>2nd</b>	Laura Bonds	Wentzville Liberty	5:37.11
<b>3rd</b>	Audrey Wagner	Fort Zumwalt West	5:42.71
<b>4th</b>	Lillian Dempewolf	Francis Howell	5:51.00

**200 yard Freestyle Relay [GAC Record: 1:40.76, Francis Howell, 2016]**

**200 yard Freestyle Relay [GAC SOUTH Record: 1:40.76, Francis Howell, 2016]**

<b>1st</b>	Sydney Nitsch	Wentzville Timberland	1:44.57
	Emma Thornburgh		
	Brooke Gustafson		
	Alison Schoene		
<b>2nd</b>	Reagan Friesz	Fort Zumwalt West	1:45.96
	Maggie Nelson		
	Audrey Wagner		
	Allison Heaney		
<b>3rd</b>	Callie James	Fort Zumwalt North	1:46.44
	Lyla Campbell		

	Clarisse Woods		
	Sydney Kelsey		
<b>4th</b>	Jessica Wagner	Wentzville Liberty	1:48.27
	Evan Worobec		
	Fiona Do		
	Leilani Green		

**100 yard Backstroke [GAC Record: 55.45, Isabelle Ackley, Wentzville  
Timberland, 2022]**

**100 yard Backstroke [GAC SOUTH Record: 55.45, Isabelle Ackley, Wentzville  
Timberland, 2022]**

<b>1st</b>	Isabelle Ackley	Wentzville Timberland	55.45
<b>2nd</b>	Reagan Friesz	Frt Zumwalt West	1:03.72
<b>3rd</b>	Maggie Nelson	Fort Zumwalt West	1:04.29
<b>4th</b>	Emily Frazier	Francis Howell	1:06.14

**100 yard Breaststroke [ GAC Record: 1:02.52, Haley Spencer, Ft. Zumwalt  
West, 2009]**

**100 yard Breaststroke [GAC SOUTH Record: 1:02.52, Haley Spencer, Ft.  
Zumwalt West, 2009]**

<b>1st</b>	Emma Wisker	Wentzville Timberland	1:05.48
<b>2nd</b>	Sydney Kelsey	Fort Zumwalt North	1:07.09

<b>3rd</b>	Allison Heaney	Fort Zumwalt West	1:08.44
<b>4th</b>	Laura Bonds	Wentzville Liberty	1:11.89

**400 yard Freestyle Relay [GAC Record: 3:37.17, Francis Howell, 2017]**

**400 yard Freestyle Relay [GAC SOUTH Record: 3:37.17, Francis Howell, 2017]**

<b>1st</b>	Isabelle Ackley	Wentzville Timberland	3:48.65
	Emma Thornburgh		
	Sydney Nitsch		
	Emma Wisker		
<b>2nd</b>	Abigail Ekstrom	Francis Howell	3:58.12
	Olivia Eissfeldt		
	Lillian Dempewolf		
	Paige Schulze		
<b>3rd</b>	Brooke Suftko	Wentzville Liberty	4:03.05
	Laura Bonds		
	Evan Worobec		
	Jesica Wagner		
<b>4th</b>	Karsyn McDaniel	Fort Zumwalt West	4:08.80
	Kat Wagner		
	Maggie Nelson		
	Kasenna Mammoth		

**TEAM SCORES: Wentzville Timberland [422]**

**Francis Howell [419]; Fort Zumwalt West [363]; Wentzville Liberty [283]; Fort Zumwalt North [245]; Francis Howell Central [160]; Francis Howell North [124]**

### ***Sportsmanship Team***

**Fort Zumwalt North -**

**Fort Zumwalt West - Kathryn Wagner**

**Francis Howell -**

**Francis Howell North -**

**Francis Howell Central -**

**Wentzville Liberty -**

**Wentzville Timberland -**

### **All-Academic Team**

**Fort Zumwalt North -**

**Fort Zumwalt West - Satchal Anderson, Claire Ashley, Jayden Bleich, Jannah Entwistle, Emily Gump, Allison Heaney, Andrea Heaney, Emily Krause, Kasenna Mamroth, Macey Mayer, Gabrielle McCarthy, Isabelle McCarthy,**

**Karsyn McDaniel, Arushi Mohite, Maggie Nelson, Talynn Rasmussen, Gabrielle Sewell, Ellie Shockley, Hayley Thomas, Audrey Wagner, Kathryn Wagner, Taylor Weindel**

**Francis Howell -**

**Francis Howell North -**

**Francis Howell Central -**

**Wentzville Liberty -**

**Wentzville Timberland –**

**2021-2022**

**GIRLS WRESTLING**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

**GAC CHAMPIONSHIPS**

**100**

Zoey Haney [Troy Buchanan]	pinned	Taylor Reiter [Wentzville Timberland]	2
Bailey Burbes [Francis Howell]	pinned	Olivia Atkins [Ft. Zumwalt East]	2

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Kate Cooper [Wentzville Timberland]	pinned	Sophia Miller [Francis Howell Central]	3-
Isabella Apple [Francis Howell North]	decisioned	Nina Zimmerman [Washington]	3-

## 110

Julia Donnelly [Washington]	decisioned	Katelyn Goth [Francis Howell Central]	3-
Jailyn Ebert [Ft. Zumwalt North]	pinned	Lilly Hackworth [Wentzville Timberland]	3-

## 115

Kailey Benson [Francis Howell Central]	decisioned	Reece Compton [Wentzville Holt]	6-
Kayla Hobday [Ft. Zumwalt North]	decisioned	Ava Griffey [Washington]	5-

## 120

Kendra Bliss [Washington]	pinned	Hayley Newton [St. Charles]	2-
Johanna Watkins [Wentzville Holt]	pinned	Stevie Lupo [Francis Howell Central]	2-

## 126



Marissa Sanabria [Wentzville Holt]	decisioned	Nevaeh Smith [Francis Howell Central]	4 1
Elektra Lowe [Wentzville Liberty]	decisioned	Cassidy Benwell [Wentzville Liberty]	7

## 130

Annelise Obermark [Washington]	pinned	Brianna Wasser [Wentzville Holt]	1:
Abigail Mattson [Francis Howell Central]	pinned	Jenna Smith [Francis Howell]	1:

## 135

Bailey Bridges [Francis Howell]	decisioned	Lainey Ferrell [Wentzville Holt]	4
Ariana Finn [Wentzville Timberland]	decisioned	Stella Secor [Washington]	5

## 141

Maria Slaughter [Wentzville Holt]	pinned	Maria Ignatova [Ft. Zumwalt West]	1:
Elizabeth Brooksher [St. Charles]	decisioned	Mina Himmel [Wentzville Timberland]	6-

## 149

Caelyn Hanff [Warrenton]	pinned	Skyler Morrissey [Francis Howell Central]	4:
McKayla Hughes [St. Charles]	pinned	Maggie Ortmann [Washington]	:4

## 159

Maegan Hayes [St. Charles]	pinned	Ellysa Cathcart [Troy Buchanan]	2:
Carlie Lamparter [Wentzville Timberland]	major decisioned	Charlie Williams [Orchard Farm]	19 8

## 174

Olivia Schiffer [St. Charles]	pinned	Brooklyn Chambers [Ft. Zumwalt West]	
Shelby Whitacre [Washington]	decisioned	Katt Mossinghoff [Francis Howell]	

## 194

Caroline Ward [Wentzville Liberty]	decisioned	Paytin Welsh [Washington]	
Alanah Braun [Francis Howell Central]	pinned	Maddy Palmer [St. Carles]	

## 235

Kennedy Eggering [Francis Howell Central]	pinned	Heather Simon [St. Charles]
Abby Porter [Ft. Zumwalt North]	decisioned	Kamara Walls [Wentzville Holt]

## **TEAM SCORES:**

### **FRANCIS HOWELL CENTRAL 202**

**WASHINGTON [180]; SAINT CHARLES [161];  
WENTZVILLE HOLT [157]; WENTZVILLE  
TIMBERLAND [128]; FRANCIS HOWELL [104]; FORT  
ZUMWALT NORTH [76]; FORT ZUMWALT WEST [58];  
TROY BUCHANAN [58]; WENTZVILLE LIBERTY [42];  
WENTZVILLE NORTH POINT [37]; WARRENTON [28];  
FRANCIS HOWELL NORTH [18]; ORCHARD FARM  
[16]; FORT ZUMWALT SOUTH [15]; WINFIELD [8];  
FORT ZUMWALT EAST [6]**

**WRESTLER OF THE YEAR - KATE COOPER OF WENTZVILLE  
TIMBERLAND**

## **ALL ACADEMIC AWARDS**

**Washington - Lindsey Mueller, Nina Zimmerman, Hope Jett, Ava Griffey, Kendra Bliss, Lindsay Sprung, Stella Secor, Annelise Obermark, Brianna James, Maggie Ortmann, Kristin Sprung, Loren Thurman, Paytin Welsh**

**Wentzville Holt - Zoe Beattie, Elano Manning, Marissa Sanabria, Brianna Wasser, Johanna Watkins, Reece Wilmes**

**Wentzville Liberty -**

**Orchard Farm -**

**Saint Charles -**

**Wentzville Timberland -**

**Troy Buchanan - Natalie Bilodeau, Ellyssa Cathcart, Madison Haney, Zoey Haney, Grace Marischen, Jayneigh Spencer, Peyton Thompson**

**Francis Howell -**

**Francis Howell North -**

**Fort Zumwalt East -**

**Fort Zumwalt North -**

**Fort Zumwalt West - Brooklyn Chambers, Kiera Gonzales, Christina Guyre, Maria Ignatova**

## **SPORTSMANSHIP AWARD**

**Washington - Stella Secor**

**Wentzville Timberland -**

**Troy Buchanan - Emma Forbes**

**Warrenton -**

**Saint Charles -**

**Orchard Farm -**

**Wentzville Liberty -**

**Wentzville Holt - Abbigail Parmeley**

**Fort Zumwalt West - Kiera Gonzales**

**2021-22**

**BOYS WRESTLING**

**ALL CONFERENCE INDIVIDUALS**

**ALL ACADEMIC AND SPORTSMANSHIP SELECTIONS**

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**GATEWAY ATHLETIC CONFERENCE**

**2021-22 VARSITY TOURNAMENT**

**ALL SCHOOLS**

1st - Ashton Atkins of Fort Zumwalt South pinned Nathaniel Provost of Fort Zumwalt North (1:26)

3rd - Emanuel McCauley of Warrenton major decisioned Parker Kelpo of Washington (10-2)

## **113**

1st - Carter Barnes of Troy Buchanan decisioned Ryan Poropat of Fort Zumwalt South (7-6)

3rd - Liam Borgsmiller of Orchard Farm pinned Jeremiah Kassing of Warrenton (1:28)

## **120**

1st - Brayden Elkermann of Fort Zumwalt West decisioned Chad Benwell Wentzville North Point (3-0)

3rd - Noah Keen of Francis Howell Central pinned Brendan Kelly of Wentzville Liberty (2:21)

## **126**

1st - Peyton Shepard of Francis Howell Central decisioned Nicolas Chambers of Wentzville Holt (4-0)

3rd - Mark Matschiner of Troy Buchanan major decisioned Devon Deckleman of Washington (10-0)

## **132**

1st - Mason Apple of Francis Howell North decisioned Logan Rubenstein of Wentzville Holt (6-5)

3rd - Ty Shelton of Wentzville Timberland decisioned Michael Roberts of Francis Howell (9-2)

## **138**

1st - David Cross of Francis Howell Central pinned Dalton Kuhn (2:16)

3rd - Randy Lancaster of Ft. Zumwalt West decisioned Logan Mayer of Ft. Zumwalt South (5-0)

## **145**

1st - Tyler Bierman of Wentzville Holt pinned Set Littrell of Troy Buchanan (4:19)

3rd - Casey Olszowka of Washington decisioned Levi Penrod of Warrenton (2-1)

## **152**

1st - Aidan Hernandez of Francis Howell Central pinned Jackson Sapp of Wentzville North Point (5:10)

3rd - Jeric Gumahin of Ft. Zumwalt South pinned Andrew Peppin of Wentzville Holt (1:43)

## **160**

1st - Charos Sutton of Troy Buchanan received a medical forfeit from Kaelen Raible of Fort Zumwalt South (1:57)

3rd - Justin Little of Wentzville Liberty decisioned Brendon Voss of Washington (14-8)

## **170**

1st - Brett Smith of Troy Buchanan received a sudden victory over Hayden Trezek of Francis Howell (6-4)

3rd - Ethan Wasson of Wentzville Timberland pinned Trenton Williams of Wentzville Liberty (3:17)

## **182**

1st - Nick Bova of Troy Buchanan technical fall over Aaron Lashley of Francis Howell North (17-2)

3rd - Michael Burke of Wentzville Holt pinned Shane Pruitt of Ft, Zumwalt North (0:55)

## **195**

1st - Isaiah Slaughter of Wentzville Holt pinned William Pierce of Fort Zumwalt South (1:07)

3rd - Hunter Atwell of Ft. Zumwalt West decisioned Jose Avitia of Washington (9-3)

## **220**

1st - Jayden Moffett of Fort Zumwalt South pinned alex Goeke of Fort Zumwalt North (2:44)

3rd - Thomas Palmer of St. Charles decisioned Jimmy Thompson of Wentzville North Point (6-2)



**285**

1st - Matthew Craig of Wentzville Liberty pinned Spencer Fleming of Francis Howell Central (1:59)

3rd - Joseph Kaufman of Ft. Zumwalt South pinned Andrew Bontrager of Wentzville Timberland (0:50)

## **TEAM SCORES:**

### **FORT ZUMWALT SOUTH 216**

**TROY BUCHANAN [160]; FRANCIS HOWELL CENTRAL [154]; WENTZVILLE HOLT [141]; WENTZVILLE TIMERLAND [124]; WASHINGTON[ 107]; WENTZVILLE LIBERTY [81.5]; FRANCIS HOWELL [79.5]; FORT ZUMWALT NORTH [79]; FRANCIS HOWELL NORTH [78.5]; WENTZVILLE NORTH POINT [68]; FORT ZUMWALT WEST [62]; WARRENTON [48]; SAINT CHARLES [45.5]; ORCHARD FARM [30]; FORT ZUMWALT EAST [14]; SAINT CHARLES WEST [4]; WINFIELD [4]**

## **ALL ACADEMIC**

**Washington - Parker Kelp, Couper Deckard, Alec Pecka, Will Kelp, Tristen Koehmstedt, Devon Deckleman, Hayden Thiemann, Casey Oszwoka, Brendin**

**Voss, Ryan Mueller, McLaine Graham, Nikolas Hellebusch, Connor Peterson,  
Jak Livengood, Nolan, Hendrix, Joey Avitia, Tanner Schwoeppe**

**Troy Buchanan - Nicholas Bova, Seth Littrell, Mark Matschiner, Jacob Raines,  
James Reifel, Brett Smith**

**Wentzville Timberland - Andrew Bontrager, Cayden Gillham, Dalton Kuhn,  
Nate Martin, Cole Matlick, Jacob Paige, Ty Shelton, Andrew Stapf, Josh  
Wortmann**

**Fort Zumwalt West - Brayden Eikermann, Evan Hawkinson, Angelo Vargas**

## **SPORTSMANSHIP**

**Washington - Hayden Thiemann**

**Troy Buchanan - Seth Littrell**

**Fort Zumwalt West - Angelo Vargas**

**Listed below are the All Conference wrestlers as selected by a vote of the coaches in the North, the Central and the South Divisions. In addition, the wrestler of the year and coach of the year are listed.**

**2021-2022**

## **North First Team**

<b>Weight Class</b>	<b>Name</b>	<b>School</b>
106	Kaden Purler	Wentzville North Point
113	Liam Borgsmiller	Orchard Farm
120	Chad (CJ) Benwell	Wentzville North Point
126	Levei Perry	Saint Charles
132	David Thorne	Saint Charles
138	Logan Redel	Wentzville North Point
145	Levi Penrod	Warrenton
152	Jackson Sapp	Wentzville North Point
160	Dylan Scruggs	Saint Charles West
170	Alex O'Conner	Saint Charles West
182	Luke Gertken	Wentzville North Point
195	Josiah Wilcutt	Saint Charles

220	Kyler Flowers	Warrenton
285	Josh Lund	Saint Charles

## **North Second Team**

<b>Weight Class</b>	<b>Name</b>	<b>School</b>
106	Josh Kassing	Warrenton
113	Jeremiah Kassing	Warrenton
120	Noah Lohrmann	Warrenton
126	Parker Tieman	Wentzville North Point
132	Leo Buchheit	Wentzville North Point
138	Grant Seidel	Winfield
145	Dymand Watson	Saint Charles West
152	Logan Underwood	Saint Charles
160	Yidenpen Bayili	Saint Charles
170	Peyton Nelson	Warrenton
182		
195	Jacob Ruff	Warrenton
220	Thomas Palmer	Saint Charles
285	Alex Gittemeier	Wentzville North Point

**COACH OF THE YEAR - CHRIS PURCELL - WENTZVILLE NORTH  
POINT**

**WRESTLER OF THE YEAR - JACKSON SAPP - WENTZVILLE NORTH  
POINT**

**GAC North Conference Co-Champions - Saint Charles &  
Warrenton & Wentzville North Point**

## **Central First Team**

<b>Weight Class</b>	<b>Name</b>	<b>School</b>
106	Nate Provost	Fort Zumwalt North
113	Ryan Poropat	Fort Zumwalt South
120	Brendan Kelly	Wentzville Liberty
126	Joseph Kenny	Fort Zumwalt South
132	Mason Apple	Francis Howell North
138	Koen Erickson	Fort Zumwalt South
145	Chad Blanke	Francis Howell North
152	Jeric Gumahin	Fort Zumwalt South
160	Kaelen Riable	Fort Zumwalt South
170	J. D. Dunn	Fort Zumwalt South
182	Trenten Fetter	Fort Zumwalt South
195	Will Pierce	Fort Zumwalt South
220	Jayden Moffett	Fort Zumwalt South

285

Matt Craig

Wentzville Liberty

## Central Second Team

Weight Class	Name	School
106	Ashton Atkins	Fort Zumwalt South
113	Hushawn Perkins	Wentzville Liberty
120	Nick Baker	Fort Zumwalt South
126	Aiden Kelly	Wentzville Liberty
132	Mason Mattingly	Fort Zumwalt South
138	Lucas Aubuchon	Wentzville Liberty
145	Jackson Bushman	Wentzville Liberty
152	Casey Olszowka	Washington
160	Trenton Williams	Wentzville Liberty
170	Ryan Mueller	Washington
182	Aaron Lashley	Francis Howell North
195	Jose' Avitia	Washington
220	Jaiden Frey	Francis Howell North
285	Gavin Holtmeyer	Washington

**COACH OF THE YEAR - TODD SANKER - FORT ZUMWALT SOUTH**

**WRESTLER OF THE YEAR - MATT CRAIG - WENTZVILLE LIBERTY**

**GAC Central Conference Champion - Fort Zumwalt South**

**South First Team**

<b>Weight Class</b>	<b>Name</b>	<b>School</b>
106	Gannon Kuhn	Wentzville Timberland
113	Carter Barnes	Troy Buchanan
120	Breyden Eikermann	Fort Zumwalt West
126	Peyton Shepard	Francis Howell Central
132	Logan Rubinstein	Wentzville Holt
138	David Cross	Francis Howell Central
145	Tyler Bierman	Wentzville Holt
152	Aiden Hernandez	Francis Howell Central
160	Charos Sutton	Troy Buchanan
170	Brett Smith	Troy Buchanan
182	Nick Bova	Troy Buchanan
195	Isaiah Slaughter	Wentzville Holt
220	Nate Martin	Wentzville Timberland
285	Spencer Fleming	Francis Howell Central

**South Second Team**

<b>Weight Class</b>	<b>Name</b>	<b>School</b>
106	Chaz Mitchell	Francis Howell Central
113	Dylan Myers	Francis Howell Central
120	Noah Keen	Francis Howell Central
126	Nick Chambers	Wentzville Holt
132	Ty Shelton	Wentzville Timberland
138	Cooper Corley	Francis Howell
145	Seth Littrell	Troy Buchanan
152	Aiden Bruer	Wentzville Timberland
160	Drew Peppin	Wentzville Holt
170	Hayden Trezek	Francis Howell
182	Irvin Heggemann	Francis Howell
195	Hunter Atwell	Fort Zumwalt West
220	Jacob Raines	Troy Buchanan
285	Judah Johnson	Francis Howell

**COACH OF THE YEAR - PAT NICHOLS - TROY BUCHANAN**

**WRESTLER OF THE YEAR - BRETT SMITH OF TROY BUCHANAN**

**GAC SOUTH CONFERENCE CHAMPION - FRANCIS HOWELL CENTRAL**

**ALL ACADEMIC**



**Wentzville Holt - Nick Chambers, Boston Howard, Logan Rubinstein**

## **SPORTSMANSHIP**

**Wentzville Holt - Logan Rubinstein**

## **SCHOLAR BOWL 2022**

**GATEWAY ATHLETIC CONFERENCE CHAMPION :**

**WASHINGTON**

**CONGRATULATIONS TO THE BLUE JAYS TEAM**

**BELOW IS THE TOP 30 FINISHERS**

<b>NAME</b>	<b>SCHOOL</b>	<b>POOL</b>
<b>SAMANTHA DOEPKER</b>	<b>WASHINGTON</b>	<b>A</b>
<b>Elsa Linson</b>	<b>Fort Zumwalt North</b>	<b>B</b>

<b>James Reineke</b>	<b>Orchard Farm</b>	<b>B</b>
<b>Ethan Smith</b>	<b>Troy Buchanan</b>	<b>B</b>
<b>Mason Neal</b>	<b>Wentzville Timberland</b>	<b>A</b>
<b>Jacob Harl</b>	<b>Winfield</b>	<b>B</b>
<b>Akhil Mogulothu</b>	<b>Fort Zumwalt South</b>	<b>B</b>
<b>Xander Schulte</b>	<b>Wentzville Holt</b>	<b>A</b>
<b>Jordan Meininger</b>	<b>Wentzville Timberland</b>	<b>A</b>
<b>Rohah Aathreva</b>	<b>Francis Howell North</b>	<b>B</b>
<b>Aadhi Sathishkumar</b>	<b>Francis Howell North</b>	<b>B</b>
<b>Jack Stillman</b>	<b>Wentzville Holt</b>	<b>A</b>
<b>Michaela Davis</b>	<b>Orchard Farm</b>	<b>B</b>
<b>Uriah Earl</b>	<b>Winfield</b>	<b>B</b>
<b>Jack Schriber</b>	<b>Francis Howell Central</b>	<b>A</b>
<b>Ann Baranowski</b>	<b>Francis Howell Central</b>	<b>A</b>
<b>A. J. Vargas</b>	<b>Francis Howell Central</b>	<b>A</b>
<b>Cameron Schenkel</b>	<b>Washington</b>	<b>A</b>

<b>Nathan Toulou</b>	<b>Wentzville Holt</b>	<b>A</b>
<b>Aneesh Dahuja</b>	<b>Wentzville Timberland</b>	<b>A</b>
<b>Emelia Lakebrink</b>	<b>Wentzville North Point</b>	<b>A</b>
<b>Drake Cody</b>	<b>Orchard Farm</b>	<b>B</b>
<b>Kyle Meyer</b>	<b>Washington</b>	<b>A</b>
<b>Grace Nuckolis</b>	<b>Washington</b>	<b>A</b>
<b>Will Halterman</b>	<b>Francis Howell</b>	<b>A</b>
<b>Nick Stovall</b>	<b>Fort Zumwalt South</b>	<b>B</b>
<b>Vyapti Tyagi</b>	<b>Wentzville Holt</b>	<b>A</b>
<b>James McGeehon</b>	<b>Orchard Farm</b>	<b>B</b>
<b>Lizzie Tucker</b>	<b>Francis Howell</b>	<b>A</b>
<b>Audrey O'Daniels</b>	<b>Wentzville Holt</b>	<b>A</b>

## **2022 North Baseball All Conference**

**Pitcher**

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st TEAM</b>	Josh Newell	Saint Charles West	Senior
	Ben Peth	Warrenton	Sophomore
<b>2nd TEAM</b>	Conner Davenport	Orchard Farm	Senior
	Ryan Eads	Winfield	Senior

## Catcher

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st TEAM</b>	Jrue Blassingame	Saint Charles West	Junior
	Brant Ragsdale	Saint Charles	Senior
<b>2nd TEAM</b>	Austin Haas	Warrenton	Freshman

## Utility Player

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st TEAM</b>	Brady Creech	Winfield	Sophomore
	Dylan Patterson	Saint Charles West	Senior
<b>2nd TEAM</b>	Barrett Disselhorst	Saint Charles West	Junior
	Troy Anderson	Warrenton	Sophomore

## Infielders

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st TEAM</b>	Brenan Goering	Saint Charles West	Freshman
	Kannon Hibbs	Warrenton	Junior
	Toby Goodwin	Saint Charles	Junior
	Nate Walker	Winfield	Senior
	Karson Quinn	Saint Charles West	Sophomore
<b>2nd TEAM</b>	Jackson Chu	Saint Charles	Senior
	Tyler Oliver	Warrenton	Sophomore
	Caleb Clark	Warrenton	Sophomore
	Bryce Westerfeld	Orchard Farm	Senior
	Mitchell Wehde	Winfield	Senior

## Outfielders

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st TEAM</b>	Andy Trupiano	Orchard Farm	Junior
	Kyle Quinn	Saint Charles West	Junior
	Joe Goldsmith	Warrenton	Sophomore
	Maddox Meier	Saint Charles	Junior
<b>2nd TEAM</b>	Jorden Matlock	Orchard Farm	Freshman

	Logan Havican	Winfield	Sophomore
	Bailey Meyer	Warrenton	Junior
	Ayden Schneider	Saint Charles	Senior

**Player of The Year: Josh Newell, Saint Charles West, Senior**

**Coach of the Year: Nuru Allen of Saint Charles West**

## **ALL ACADEMIC**

**Orchard Farm – Mark Bohning, Jonah Fisher, Charlie Grunwaldt, Collin Simmons, Trevor Souter, Tyler Spaeth, Will Statler, Garrett Sutton, Caden Tipton, Andy Trupiano, Caden Tussler, Bryce Westerfeld**

**Saint Charles – Riley Adams, Dylan Cross, Gabriel Doughty, Toby Goodwin, Maddox Meier, Caleb Mertz, Kyler Moring, Nate Moseley, Nikolas Pugh, Braden Reed, Ayden Schneider**

**Saint Charles West – Matt Box, Jrue Blassingame, Jacob Blassingame, Will Mettlach, Kyle Quinn, Josh Newell, Karson Quinn, Jackson Meers, Justin Caulk, Brady Kilker, Barrett Disselhorst, Dylan Patterson, Eli Chowning, Rolan Moore, Brennan Goering, Dylan Schooler**

**Warrenton – Austin Haas, Gavin Wright, Troy Anderson, Kannon Hibbs, Steven Geisel, Joe Goldsmith, Sam Wortham**

**Winfield – Brady Creech, Ryan Eads, Brayden Elmer, D.J. Gillespie, Henry Gorski, Logan Havican, Dillon Heitman, Peter Nicholl, Dominic Ohlms, Nathaniel Walker, Cody Weber, Mitchell Wehde**

## **SPORTSMANSHIP**

**Orchard Farm – Will Statler**

**Saint Charles – Dylan Cross**

**Saint Charles West – Jacob Blassingame**

**Warrenton – Dylan Beck**

**Winfield - Dominic Ohlms**

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## **2022 Central Baseball All Conference**

### **Pitcher**

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st TEAM</b>	Carter Cox	Fort Zumwalt South	Sophomore
	Tanner Paschke	Fort Zumwalt North	Junior
<b>2nd TEAM</b>	Morgan Copeland	Washington	Senior

	Brendan Jackson	Fort Zumwalt East	Senior
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## Catcher

	Player	School	Year
<b>1st TEAM</b>	Jackson Penn	Fort Zumwalt East	Junior
<b>2nd TEAM</b>	Connor Mendell	Fort Zumwalt South	Sophomore

## Utility Player

	Player	School	Year
<b>1st TEAM</b>	Seth Benes	Wentzville Liberty	Junior
<b>2nd TEAM</b>	Connor Henke	Fort Zumwalt South	Sophomre

## Designated Hitter

	Player	School	Year
<b>1st TEAM</b>	Eric Williams	Fort Zumwalt East	Sophomore
<b>2nd TEAM</b>	Brody Hale	Fort Zumwalt South	Senior



# Infielders

	Player	School	Year
<b>1st TEAM</b>	Jack Dunn	Fort Zumwalt South	Senior
	Joey Friedel	Fort Zumwalt South	Senior
	Peyton Blair	Fort Zumwalt South	Senior
	Eric Steward	Fort Zumwalt North	Senior
	Trevor York	Wentzville Liberty	Senior
<b>2nd TEAM</b>	Sam Paule	Washington	Junior
	Devon Jennings	Francis Howell North	Senior
	Barrett Lohman	Fort Zumwalt North	Senior
	Luke Aubuchon	Fort Zumwalt East	Senior
	Mason Stahl	Fort Zumwalt North	Junior

# Outfielders

	Player	School	Year
<b>1st TEAM</b>	Brady O'Brien	Fort Zumwalt South	Senior
	Aden Pecka	Washington	Junior
	Parker Davis	Fort Zumwalt East	Senior
	Austin Reiter	Fort Zumwalt North	Senior
<b>2nd TEAM</b>	Sam Gordley	Wentzville Liberty	Senior
	Sean Hampton	Francis Howell North	Senior

	Jackson Carter	Fort Zumwalt East	Sophomore
	Alex Huebner	Fort Zumwalt East	Senior

**Player of the Year: Jack Dunn, Fort Zumwalt South, Senior**

**Coach of the Year: Bill Friedel of Fort Zumwalt South**

## **ALL ACADEMIC**

**Francis Howell North - Joe Borgschulte, Kyle Button, Jake Peterson, Peyton Caples, Derek Archer, Trey Schneider, Ryan Wilson, Gavin Rentfro, Seaqn Hampton, Hunter Shoulta, Austin Bitter, Patrick Martinez, Adam Hanan**

**Fort Zumwalt East – Jackson Penn, Alex McCrary, Lukas McGill, Jackson Carter, Tyler Schmidt, Daniel Riazi, Brady Davis, Cody Rust, Parker Davis, Eric Williams, Alex Huebner, Evan Newcorn**

**Fort Zumwalt North – Nolan Bohannan, Barrett Lohman, Tanner Paschke, Tyler Schmidt, Landon Seerey, Logan Seerey, Macverfick Shelp, Eric Steward, Joshua Whiteside**

**Fort Zumwalt South – Evan Carroll, Joey Friedel, Evan Fulhorst, Connor Henke, Holden Karl, Connor Mendell, Brady O'Brien, Eric Ragan**

**Washington – Sam Paule, Aden Pecka, Weston Meyer, Seth Roewe, Jacob Weidle, Logan Monzyk, Luke Newhouse, Gavin Matchell, Ian Junkin, Luke Kleekamp, Morgan Copeland, Ryan Weidle, Will Lingle, Hanon Jarvis, Jacob Baldwin, Landon Boston, Drew Bunge**

**Wentville Liberty - Colin Diniff, Domenic Nordmann, Cooper Swift, Tyler Timmermann, Cohen Waldren, Ethan Weiler, Trevor York, Mason Young**

## **Sportsmanship**

**Francis Howell North - Kyle Button**

**Fort Zumwalt East – Alex Huebner**

**Fort Zumwalt North – Nolan Bohannon**

**Fort Zumwalt South – John Griggs**

**Washington – Colin Doniff**

**Wentzville Liberty - Jake Baldwin**

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## **2022 South Baseball All Conference**

### **Pitcher**

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st TEAM</b>	Kenton Deverman	Fort Zumwalt West	Junior
	Jackson Yarberry	Wentzville Timberland	Junior
	Dalton Hosack	Wentzville Holt	Sophomore

	Tyler Rauser	Francis Howell	Senior
<b>2nd TEAM</b>	Nick Folks	Wentzville Holt	Junior
	Andrew Brakensiek	Francis Howell	Senior
	Caiden Otte	Troy Buchanan	Senior
	Brayden Rubel	Francis Howell Central	Junior

## Catcher

	Player	School	Year
<b>1st TEAM</b>	Aidan Hernandez	Francis Howell Central	Junior
	Chase Lasater	Wentzville Holt	Sophomore
<b>2nd TEAM</b>	Carson McCaleb	Wentzville Timberland	Junior
	Ryan Ulm	Fort Zumwalt West	Senior

## Utility Player

	Player	School	Year
<b>1st TEAM</b>	Daniel Wissler	Fort Zumwalt West	Senior
<b>2nd TEAM</b>	Cooper Robertson	Fort Zumwalt West	Junior

# Designated Hitter

	Player	School	Year
<b>1st TEAM</b>	Leo Humbert	Francis Howell	Freshman
<b>2nd TEAM</b>	Wyatt Miller	Francis Howell Central	Junior

# Infielders

	Player	School	Year
<b>1st TEAM</b>	Jake McCutcheon	Francis Howell	Senior
	Brett Norfleet	Francis Howell	Junior
	Nathan Anderson	Fancis Howell Central	Senior
	Chase Beattie	Wentzville Holt	Senior
	Connor Stein	Fort Zumwalt West	Senior
<b>2nd TEAM</b>	Connor Seibert	Wentzville Holt	Senior
	Braden Edgar	Wentzville Holt	Senior
	Dylan Bates	Fort Zumwalt West	Senior
	Jayden Jones	Francis Howell Central	Senior
	Ryan RichterKessing	Troy Buchanan	Senior

# Outfielders

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st TEAM</b>	Brysen Nepute	Francis Howell	Junior
	Carter Smith	Fort Zumwalt West	Senior
	Clayton Ello	Francis Howell Central	Senior
	Tytus Cissell	Francis Howell	Sophomore
<b>2nd TEAM</b>	Brady Hultman	Francis Howell	Junior
	Ryan Dickherber	Wentzville Timberland	Senior
	Mikey Ludwig	Fort Zumwalt West	Junior
	Shannon Cross	Wentzville Holt	Senior

**Player of The Year: Daniel Wissler of Fort Zumwalt West,  
Senior**

**Coach of the Year: Eric Gough of Fort Zumwalt West**

## **ALL ACADEMIC**

**Fort Zumwalt West – Dylan Bates, Aidan Copeland, Logan Cowick, Kenton Deverman, Cody Gough, Collin Greiner, Payton Kraus, Michael Ludwig, Cooper Robertson, Brendan Shane, Carter Smith, Connor Stein, Ryan Ulm, Hayden Wilson, Daniel Wissler**

**Francis Howell – Jack Bryan, Tytus Cissell, Ryan Howard, Brady Hultman, Leo Humbert, Thomas Kramer, Caleb Miller, Brett Norfleet, Evan Piwowarski, Tyler Rauser, Cole Schultz, Adam Shipley, Blake Walter, Brady Wilson**

**Francis Howell Central – Nick Ortinau, Aidan Hernandez, Ben Henthorn, Aidan Adams, Caleb Cheatham, Brayden Rubel, Will Mason, Lane Harris, Wyatt Miller, Landon Cann, Nathan Anderson, Bryan Forbes, Jayden Jones**

**Wentzville Holt – Chase Beattie, Hunter Brickson, Shannon Cross, Braden Edgar, Landon Engelage, Chase Lasater, Ethan Melton, Jack Sullivan**

**Wentzville Timberland - Caden Bish, Cole Boston, Ben Brantley, Parker Dempsey, Anthony Fumagalli, Carson McCaleb, Conner McCaleb, Cade Manner, Will Muench, Owen Powers, Wyatt Seymore, Landon Willbrand**

**Troy Buchanan – Jackson Carroll, Camron Casso, Caleb Eisenbath, Mason Gessert, Kaleb Knaust, Ryan McDonald, Landon Niederer, Caiden Otte, John Reiter, Brayden Reynolds, Ryan Richterkessing, Drew Schulte, Brock Stuckey, Aven Weaver, Joshua Wiedemann**

## **SPORTSMANSHIP**

**Fort Zumwalt West – Nathan Leung**

**Francis Howell - Tyler Rauser**

**Francis Howell Central – Will Mason**

**Wentzville Holt – Jaye Cunningham**

**Wentzville Timberland - Chance Weeks**

**Troy Buchanan – Ryan Richterkessing**

# 2022 North Baseball All Conference

## Pitcher

	Player	School	Year
<b>1st TEAM</b>	Josh Newell	Saint Charles West	Senior
	Ben Peth	Warrenton	Sophomore
<b>2nd TEAM</b>	Conner Davenport	Orchard Farm	Senior
	Ryan Eads	Winfield	Senior

## Catcher

	Player	School	Year
<b>1st TEAM</b>	Jrue Blassingame	Saint Charles West	Junior
	Brant Ragsdale	Saint Charles	Senior
<b>2nd TEAM</b>	Austin Haas	Warrenton	Freshman

## Utility Player

	Player	School	Year
<b>1st TEAM</b>	Brady Creech	Winfield	Sophomore



	Dylan Patterson	Saint Charles West	Senior
<b>2nd TEAM</b>	Barrett Disselhorst	Saint Charles West	Junior
	Troy Anderson	Warrenton	Sophomore

## Infielders

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st TEAM</b>	Brenan Goering	Saint Charles West	Freshman
	Kannon Hibbs	Warrenton	Junior
	Toby Goodwin	Saint Charles	Junior
	Nate Walker	Winfield	Senior
	Karson Quinn	Saint Charles West	Sophomore
<b>2nd TEAM</b>	Jackson Chu	Saint Charles	Senior
	Tyler Oliver	Warrenton	Sophomore
	Caleb Clark	Warrenton	Sophomore
	Bryce Westerfeld	Orchard Farm	Senior
	Mitchell Wehde	Winfield	Senior

## Outfielders

	<b>Player</b>	<b>School</b>	<b>Year</b>
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<b>1st TEAM</b>	Andy Trupiano	Orchard Farm	Junior
	Kyle Quinn	Saint Charles West	Junior
	Joe Goldsmith	Warrenton	Sophomore
	Maddox Meier	Saint Charles	Junior
<b>2nd TEAM</b>	Jorden Matlock	Orchard Farm	Freshman
	Logan Havican	Winfield	Sophomore
	Bailey Meyer	Warrenton	Junior
	Ayden Schneider	Saint Charles	Senior

**Player of The Year: Josh Newell, Saint Charles West, Senior**

**Coach of the Year: Nuru Allen of Saint Charles West**

## **ALL ACADEMIC**

**Orchard Farm – Mark Bohning, Jonah Fisher, Charlie Grunwaldt, Collin Simmons, Trevor Souter, Tyler Spaeth, Will Statler, Garrett Sutton, Caden Tipton, Andy Trupiano, Caden Tussler, Bryce Westerfeld**

**Saint Charles – Riley Adams, Dylan Cross, Gabriel Doughty, Toby Goodwin, Maddox Meier, Caleb Mertz, Kyler Moring, Nate Moseley, Nikolas Pugh, Braden Reed, Ayden Schneider**

**Saint Charles West – Matt Box, Jrue Blassingame, Jacob Blassingame, Will Mettlach, Kyle Quinn, Josh Newell, Karson Quinn, Jackson Meers, Justin Caulk, Brady Kilker, Barrett Disselhorst, Dylan Patterson, Eli Chowning, Rolen Moore, Brennan Goering, Dylan Schooler**

**Warrenton – Austin Haas, Gavin Wright, Troy Anderson, Kannon Hibbs, Steven Geisel, Joe Goldsmith, Sam Wortham**

**Winfield – Brady Creech, Ryan Eads, Brayden Elmer, D.J. Gillespie, Henry Gorski, Logan Havican, Dillon Heitman, Peter Nicholl, Dominic Ohlms, Nathaniel Walker, Cody Weber, Mitchell Wehde**

## **SPORTSMANSHIP**

**Orchard Farm – Will Statler**

**Saint Charles – Dylan Cross**

**Saint Charles West – Jacob Blassingame**

**Warrenton – Dylan Beck**

**Winfield - Dominic Ohlms**

## **2022 Central Baseball All Conference**

### **Pitcher**

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st TEAM</b>	Carter Cox	Fort Zumwalt South	Sophomore
	Tanner Paschke	Fort Zumwalt North	Junior
<b>2nd TEAM</b>	Morgan Copeland	Washington	Senior
	Brendan Jackson	Fort Zumwalt East	Senior

## Catcher

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st TEAM</b>	Jackson Penn	Fort Zumwalt East	Junior
<b>2nd TEAM</b>	Connor Mendell	Fort Zumwalt South	Sophomore

## Utility Player

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st TEAM</b>	Seth Benes	Wentzville Liberty	Junior
<b>2nd TEAM</b>	Connor Henke	Fort Zumwalt South	Sophomre

## Designated Hitter

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st TEAM</b>	Eric Williams	Fort Zumwalt East	Sophomore
<b>2nd TEAM</b>	Brody Hale	Fort Zumwalt South	Senior

## Infielders

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st TEAM</b>	Jack Dunn	Fort Zumwalt South	Senior
	Joey Friedel	Fort Zumwalt South	Senior
	Peyton Blair	Fort Zumwalt South	Senior
	Eric Steward	Fort Zumwalt North	Senior
	Trevor York	Wentzville Liberty	Senior
<b>2nd TEAM</b>	Sam Paule	Washington	Junior
	Devon Jennings	Francis Howell North	Senior
	Barrett Lohman	Fort Zumwalt North	Senior
	Luke Aubuchon	Fort Zumwalt East	Senior
	Mason Stahl	Fort Zumwalt North	Junior

## Outfielders

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st TEAM</b>	Brady O'Brien	Fort Zumwalt South	Senior

	Aden Pecka	Washington	Junior
	Parker Davis	Fort Zumwalt East	Senior
	Austin Reiter	Fort Zumwalt North	Senior
<b>2nd TEAM</b>	Sam Gordley	Wentzville Liberty	Senior
	Sean Hampton	Francis Howell North	Senior
	Jackson Carter	Fort Zumwalt East	Sophomore
	Alex Huebner	Fort Zumwalt East	Senior

**Player of the Year: Jack Dunn, Fort Zumwalt South, Senior**

**Coach of the Year: Bill Friedel of Fort Zumwalt South**

## **ALL ACADEMIC**

**Francis Howell North - Joe Borgschulte, Kyle Button, Jake Peterson, Peyton Caples, Derek Archer, Trey Schneider, Ryan Wilson, Gavin Rentfro, Sean Hampton, Hunter Shoulta, Austin Bitter, Patrick Martinez, Adam Hanan**

**Fort Zumwalt East – Jackson Penn, Alex McCrary, Lukas McGill, Jackson Carter, Tyler Schmidt, Daniel Riazi, Brady Davis, Cody Rust, Parker Davis, Eric Williams, Alex Huebner, Evan Newcorn**

**Fort Zumwalt North – Nolan Bohannan, Barrett Lohman, Tanner Paschke, Tyler Schmidt, Landon Seerey, Logan Seerey, Macverfick Shelp, Eric Steward, Joshua Whiteside**

**Fort Zumwalt South – Evan Carroll, Joey Friedel, Evan Fulhorst, Connor Henke, Holden Karl, Connor Mendell, Brady O'Brien, Eric Ragan**

**Washington – Sam Paule, Aden Pecka, Weston Meyer, Seth Roewe, Jacob Weidle, Logan Monzyk, Luke Newhouse, Gavin Matchell, Ian Junkin, Luke Kleekamp, Morgan Copeland, Ryan Weidle, Will Lingle, Hanon Jarvis, Jacob Baldwin, Landon Boston, Drew Bunge**

**Wentville Liberty - Colin Diniff, Domenic Nordmann, Cooper Swift, Tyler Timmermann, Cohen Waldren, Ethan Weiler, Trevor York, Mason Young**

## **Sportsmanship**

**Francis Howell North - Kyle Button**

**Fort Zumwalt East – Alex Huebner**

**Fort Zumwalt North – Nolan Bohannan**

**Fort Zumwalt South – John Griggs**

**Washington – Colin Doniff**

**Wentzville Liberty - Jake Baldwin**

## **2022 South Baseball All Conference**

### **Pitcher**

	<b>Player</b>	<b>School</b>	<b>Year</b>
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<b>1st TEAM</b>	Kenton Deverman	Fort Zumwalt West	Junior
	Jackson Yarberry	Wentzville Timberland	Junior
	Dalton Hosack	Wentzville Holt	Sophomore
	Tyler Rauser	Francis Howell	Senior
<b>2nd TEAM</b>	Nick Folks	Wentzville Holt	Junior
	Andrew Brakensiek	Francis Howell	Senior
	Caiden Otte	Troy Buchanan	Senior
	Brayden Rubel	Francis Howell Central	Junior

## Catcher

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st TEAM</b>	Aidan Hernandez	Francis Howell Central	Junior
	Chase Lasater	Wentzville Holt	Sophomore
<b>2nd TEAM</b>	Carson McCaleb	Wentzville Timberland	Junior
	Ryan Ulm	Fort Zumwalt West	Senior

## Utility Player

	<b>Player</b>	<b>School</b>	<b>Year</b>
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<b>1st TEAM</b>	Daniel Wissler	Fort Zumwalt West	Senior
<b>2nd TEAM</b>	Cooper Robertson	Fort Zumwalt West	Junior

## Designated Hitter

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st TEAM</b>	Leo Humbert	Francis Howell	Freshman
<b>2nd TEAM</b>	Wyatt Miller	Francis Howell Central	Junior

## Infielders

	<b>Player</b>	<b>School</b>	<b>Year</b>
<b>1st TEAM</b>	Jake McCutcheon	Francis Howell	Senior
	Brett Norfleet	Francis Howell	Junior
	Nathan Anderson	Francis Howell Central	Senior
	Chase Beattie	Wentzville Holt	Senior
	Connor Stein	Fort Zumwalt West	Senior
<b>2nd TEAM</b>	Connor Seibert	Wentzville Holt	Senior
	Braden Edgar	Wentzville Holt	Senior
	Dylan Bates	Fort Zumwalt West	Senior
	Jayden Jones	Francis Howell Central	Senior

	Ryan Richterkessing	Troy Buchanan	Senior
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## Outfielders

	Player	School	Year
<b>1st TEAM</b>	Brysen Nepute	Francis Howell	Junior
	Carter Smith	Fort Zumwalt West	Senior
	Clayton Ello	Francis Howell Central	Senior
	Tytus Cissell	Francis Howell	Sophomore
<b>2nd TEAM</b>	Brady Hultman	Francis Howell	Junior
	Ryan Dickherber	Wentzville Timberland	Senior
	Mikey Ludwig	Fort Zumwalt West	Junior
	Shannon Cross	Wentzville Holt	Senior

**Player of The Year: Daniel Wissler of Fort Zumwalt West,  
Senior**

**Coach of the Year: Eric Gough of Fort Zumwalt West**

**ALL ACADEMIC**

**Fort Zumwalt West – Dylan Bates, Aidan Copeland, Logan Cowick, Kenton Deverman, Cody Gough, Collin Greiner, Payton Kraus, Michael Ludwig, Cooper Robertson, Brendan Shane, Carter Smith, Connor Stein, Ryan Ulm, Hayden Wilson, Daniel Wissler**

**Francis Howell – Jack Bryan, Tytus Cissell, Ryan Howard, Brady Hultman, Leo Humbert, Thomas Kramer, Caleb Miller, Brett Norfleet, Evan Piwowarski, Tyler Rauser, Cole Schultz, Adam Shipley, Blake Walter, Brady Wilson**

**Francis Howell Central – Nick Ortinau, Aidan Hernandez, Ben Henthorn, Aidan Adams, Caleb Cheatham, Brayden Rubel, Will Mason, Lane Harris, Wyatt Miller, Landon Cann, Nathan Anderson, Bryan Forbes, Jayden Jones**

**Wentzville Holt – Chase Beattie, Hunter Brickson, Shannon Cross, Braden Edgar, Landon Engelage, Chase Lasater, Ethan Melton, Jack Sullivan**

**Wentzville Timberland - Caden Bish, Cole Boston, Ben Brantley, Parker Dempsey, Anthony Fumagalli, Carson McCaleb, Conner McCaleb, Cade Manner, Will Muench, Owen Powers, Wyatt Seymore, Landon Willbrand**

**Troy Buchanan – Jackson Carroll, Camron Casso, Caleb Eisenbath, Mason Gessert, Kaleb Knaust, Ryan McDonald, Landon Niederer, Caiden Otte, John Reiter, Brayden Reynolds, Ryan Richterkessing, Drew Schulte, Brock Stuckey, Aven Weaver, Joshua Wiedemann**

## **SPORTSMANSHIP**

**Fort Zumwalt West – Nathan Leung**

**Francis Howell - Tyler Rauser**

**Francis Howell Central – Will Mason**

**Wentzville Holt – Jaye Cunningham**

**Wentzville Timberland - Chance Weeks**

**Troy Buchanan – Ryan Richterkessing**

# SPRING BOY'S GOLF

**2022**

For complete results of Varsity and Junior Varsity Golf, click on one of the following:

[NORTH DIVISION](#)

[CENTRAL DIVISION](#)

[SOUTH DIVISION](#)

## NORTH DIVISION

### **1st TEAM All Conference**

**Tyler Spaeth (SR) of Orchard Farm**

**Gabe Frederick (SR) of Warrenton**

**Ian Hollander (JR) of Saint Charles West**

**Owen Shy (FR) of Saint Charles West**

**Jacob Prinster (FR) of Wentzville North Point**

### **2nd TEAM All Conference**

**Travis Orf (JR) of Saint Charles**

**Kyle Prinster (SR) of Orchard Farm**

**Kaden Kaimann of Winfield**

**Bryce Goulette of Warrenton**

**Nathan Sanders (JR) of Wentzville North Point**

**Spencer Hobson (JR) of Orchard Farm - Honorable Mention**

**Jacob Lasswell of Winfield - Honorable Mention**

## **PLAYER OF THE YEAR:**

**Tyler Spaeth (SR) of Orchard Farm**

## **GAC NORTH FINAL STANDINGS**

**Saint Charles West 111**

**Warrenton 83**

**Orchard Farm 74**

**Wentzville North Point 58.5**

**Winfield 24.5**

**Saint Charles 24**

## **SPORTSMANSHIP**

**Saint Charles West - Ian Hollander**

## **ALL ACADEMIC TEAM**

**Saint Charles West - Ian Hollander, Owen Shy, John Howie, Tyler Prize**

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## **CENTRAL DIVISION**

### **1st TEAM All Conference**

**Joey Friedel (SR) of Fort Zumwalt South**

**Alex Fregalette (SO) of Washington**

**Trey Rusthoven (JR) of Fort Zumwalt East**

**Joey Key (SR) of Francis Howell North**

**Ian McDermott (JR) of Francis Howell North**

## **2nd TEAM All Conference**

**Carter Ashby (SO) of Wentzville Liberty**

**Alex Bresler (FR) of Fort Zumwalt South**

**Ian Wilson (JR) of Fort Zumwalt South**

**Ben McCaffrey (JR) of Wentzville Liberty**

**Aidan Steimetz (SO) of Fort Zumwalt East**

**Trevor Campbell (JR) of Wentzville Liberty - Honorable Mention**

**Reese Wilson (JR) of Fort Zumwalt North - Honorable Mention**

## **PLAYER OF THE YEAR:**

**Joey Friedel (SR) of Fort Zumwalt South**

## **GAC CENTRAL FINAL STANDINGS**

**Fort Zumwalt South 101**

**Francis Howell North 79**

**Wentzville Liberty 70**

**Washington 63.5**

**Fort Zumwalt East 45**

**Fort Zumwalt North 16.5**

## **ALL ACADEMIC**

**Washington - Devon Deckleman, Jake Rhodes**

## **SPORTSMANSHIP**

**Washington - Jackson Straatmann**

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# **SOUTH DIVISION**

## **1st TEAM All Conference**

**Benjamin Berger (JR) of Francis Howell Central**

**Quin Hoenig (SR) of Francis Howell**

**Sam Emrick (SR) of Francis Howell Central**

**Kaden France (SR) of Wentzville Holt**

**Chase Blickhan (JR) of Fort Zumwalt West**

## **2nd TEAM All Conference**

**Jake Herring (SR) of Fort Zumwalt West**

**Carter White (JR) of Francis Howell**

**Augie Johnson (JR) of Francis Howell**

**Max Cottle (SR) of Francis Howell**

**David Long (JR) of Wentzville Timberland**

**Colin Pini (SO) of Francis Howell - Honorable Mention**

**Carson Nernberger (SR) of Wentzville Timberland - Honorable Mention**

## **PLAYER OF THE YEAR:**

**Benjamin Berger (JR) of Francis Howell  
Central**

## **GAC SOUTH FINAL STANDINGS**

**Francis Howell 111**

**Francis Howell Central 90**

**Wentzville Timberland 64.5**

**Fort Zumwalt West 62.5**

**Wentzville Holt 29.5**

**Troy Buchanan 17.5**

## **ACADEMIC**

**Fort Zumwalt West - Chase Blickham, Jacob Hering, Grant Moehl**

**Troy Buchanan - John Askey, Cooper Hooton, Andrew Moore, Tyler Moore,  
Charlie Nett, Ethan Troutman**

**Fort Zumwalt South -**

**Wentzville Holt - Kaden France, Trent Matheny**

**SPORTSMANSHIP :**

**Fort Zumwalt West: Jacob Hering**

**Troy Buchanan - Tyler Moore**

**Wentzville Holt - Ayden Sullivan**

**SPRING BOY'S GOLF  
2022**

**NORTH DIVISION**

**1st TEAM All Conference**

**Tyler Spaeth (SR) of Orchard Farm**

**Gabe Frederick (SR) of Warrenton**

**Ian Hollander (JR) of Saint Charles West**

**Owen Shy (FR) of Saint Charles West**

**Jacob Prinster (FR) of Wentzville North Point**

## **2nd TEAM All Conference**

**Travis Orf (JR) of Saint Charles**

**Kyle Prinster (SR) of Orchard Farm**

**Kaden Kaimann of Winfield**

**Bryce Goulette of Warrenton**

**Nathan Sanders (JR) of Wentzville North Point**

**Spencer Hobson (JR) of Orchard Farm - Honorable Mention**

**Jacob Lasswell of Winfield - Honorable Mention**

## **PLAYER OF THE YEAR:**

**Tyler Spaeth (SR) of Orchard Farm**

## **GAC NORTH FINAL STANDINGS**

**Saint Charles West 111**

**Warrenton 83**

**Orchard Farm 74**

**Wentzville North Point 58.5**

**Winfield 24.5**

**Saint Charles 24**

## **SPORTSMANSHIP**

**Saint Charles West - Ian Hollander**

## **ALL ACADEMIC TEAM**

**Saint Charles West - Ian Hollander, Owen Shy, John Howie, Tyler Prize**

# **CENTRAL DIVISION**

## **1st TEAM All Conference**

**Joey Friedel (SR) of Fort Zumwalt South**

**Alex Fregalette (SO) of Washington**

**Trey Rusthoven (JR) of Fort Zumwalt East**

**Joey Key (SR) of Francis Howell North**

**Ian McDermott (JR) of Francis Howell North**

## **2nd TEAM All Conference**

**Carter Ashby (SO) of Wentzville Liberty**

**Alex Bresler (FR) of Fort Zumwalt South**

**Ian Wilson (JR) of Fort Zumwalt South**

**Ben McCaffrey (JR) of Wentzville Liberty**

**Aidan Steimetz (SO) of Fort Zumwalt East**

**Trevor Campbell (JR) of Wentzville Liberty - Honorable Mention**

**Reese Wilson (JR) of Fort Zumwalt North - Honorable Mention**

## **PLAYER OF THE YEAR:**

# **Joey Friedel (SR) of Fort Zumwalt South**

## **GAC CENTRAL FINAL STANDINGS**

**Fort Zumwalt South 101**

**Francis Howell North 79**

**Wentzville Liberty 70**

**Washington 63.5**

**Fort Zumwalt East 45**

**Fort Zumwalt North 16.5**

## **ALL ACADEMIC**

**Washington - Devon Deckleman, Jake Rhodes**

## **SPORTSMANSHIP**

**Washington - Jackson Straatmann**

## **SOUTH DIVISION**

### **1st TEAM All Conference**

**Benjamin Berger (JR) of Francis Howell Central**

**Quin Hoenig (SR) of Francis Howell**

**Sam Emrick (SR) of Francis Howell Central**

**Kaden France (SR) of Wentzville Holt**

**Chase Blickhan (JR) of Fort Zumwalt West**

### **2nd TEAM All Conference**

**Jake Herring (SR) of Fort Zumwalt West**

**Carter White (JR) of Francis Howell**

**Augie Johnson (JR) of Francis Howell**



**Max Cottle (SR) of Francis Howell**

**David Long (JR) of Wentzville Timberland**

**Colin Pini (SO) of Francis Howell - Honorable Mention**

**Carson Nernberger (SR) of Wentzville Timberland - Honorable Mention**

**PLAYER OF THE YEAR:**

**Benjamin Berger (JR) of Francis Howell  
Central**

**GAC SOUTH FINAL STANDINGS**

**Francis Howell 111**

**Francis Howell Central 90**

**Wentzville Timberland 64.5**

**Fort Zumwalt West 62.5**

**Wentzville Holt 29.5**

**Troy Buchanan 17.5**

**ACADEMIC**

**Fort Zumwalt West - Chase Blickham, Jacob Hering, Grant Moehl**

**Troy Buchanan - John Askey, Cooper Hooton, Andrew Moore, Tyler Moore, Charlie Nett, Ethan Troutman**

**Fort Zumwalt South -**

**Wentzville Holt - Kaden France, Trent Matheny**

## **SPORTSMANSHIP :**

**Fort Zumwalt West: Jacob Hering**

**Troy Buchanan - Tyler Moore**

**Wentzville Holt - Ayden Sullivan**

# **2022 North Women Soccer Division**

## **Forwards**

	<b>Player</b>	<b>Year</b>	<b>School</b>
<b>1st TEAM</b>	Emma Long	Senior	Orchard Farm
	Saly Werth	Senior	Saint Charles
	Riley McGuire	Freshman	Saint Charles West
<b>2nd TEAM</b>	Olivia Goeke	Junior	Orchard Farm
	Hannah Ramsey	Freshman	Orchard Farm

	Dariyn Hoff	Senior	Saint Charles West
	Isabella Roberts	Senior	Warrenton

## Midfielders

	Player	Year	School
<b>1st TEAM</b>	Alayna Jakul	Senior	Orchard Farm
	Katy Beth Brown	Senior	Orchard Farm
	Kiley Finnegan	Senior	Saint Charles
	Cassidy Head	Senior	Saint Charles
<b>2nd TEAM</b>	Kylie Machens	Junior	Orchard Farm
	Quinn Orrick	Freshman	Saint Charles
	Olivia Lewis	Senior	Saint Charles
	Riley Havican	Freshman	Winfield

## Defenders

	Player	Year	School
<b>1st TEAM</b>	Tessa Madden	Senior	Orchard Farm
	Grace Skeen	Junior	Saint Charles

	Jessi Rudar	Junior	Winfield
<b>2nd TEAM</b>	Taylor Birkenmeier	Junior	Saint Charles
	Ella Bredensteiner	Freshman	Saint Charles
	Morgan Ward	Senior	Saint Charles West
	Allie Brown	Junior	Winfield
	Emma Lange	Senior	Warrenton

## Keeper

	Player	Year	School
<b>1st TEAM</b>	Sequoia Ross	Sophomore	Saint Charles West
	Emily Beumel	Sophomore	Warrenton
<b>2nd TEAM</b>	Charlie Williams	Junior	Orchard Farm

### PLAYER OF THE YEAR NORTH DIVISION:

**Emma Long - Senior, Forward, Orchard Farm**

### COACH THE YEAR NORTH DIVISION:

**Courtney Washburn of Orchard Farm**

# All Academic Team

**Orchard Farm: Addison Brown, Cathryn Brown, Roxanna Dinkins, Bailey Goeke, Olivia Goeke, Alayna Jakul, Kylie Machens, Tessa Madden, Payton Meyers, Ashlyn Ohlms, Jenna Overstreet, Hannah Ramsey, Aubrey Salinas, Lauryn Schwierjohn, Brooke Williams**

**St. Charles: Charlotte Anderson, Jewel Archie, Hannah Bain, Peyton Birkenmeier, Taylor Birkenmeier, Ella Bredensteiner, Madison Bunch, Kiley Finnegan, Cassidy Head, Veronica Jackson, Olivia Lewis, Hailey Moore, Hayley Newton, Grace Skeen, Quinn Orrick, Sally Werth**

**St. Charles West: Sequoia Ross, Elizabeth Pellow, Savannah Denison, Adeline Nichols, Riley McGuire, Genna Wacker, Anna White, Emilie Pellow, Elianna Politte, Abigail Loftus, Anne Papin, Claire Horstmann, Tori Roberts, Galia Galicia, Mary Loftus, Estefania Taxis, Lucy Voek**

**Warrenton: Hannah Stevens, Bella Roberts, Coryn Higby, Abby Hammerberg, Lana Le, Isabelle Morris, Camryn Petersmeyer, Megyn Young, Morgan Marschel, Emma Lange, Princess Cullom, Grace Schlansker, Autumn Bledsoe, Payton Duncan, Allison Duncan, Jaydn Hopper**

**Winfield: Karlee Boschert, Rebecca Bradshaw, Abby Brown, Allie Brown, Renzlee Davidson, Riley Havican, Madelyn Hicks, Aubiana Loyd, Jaden Lucket, Alexa Nickles, Sophia Reinebach, Jessi Rudar, Bailey Wisniewski, Callie Luetkenhaus**

## Sportsmanship

**Orchard Farm: Kylie Machens**

**St. Charles: Taylor Birkenmeier**

**St. Charles West: Anne Papin**

**Warrenton: Ashlynn Reeves**

**Winfield: Abby Brown**

# 2022 Central Women Soccer Division

## Forwards

	Player	Year	School
<b>1st TEAM</b>	Audrey Smith	Sophomore	Fort Zumwalt South
	Maddie Lipp	Sophomore	Wentzville Liberty
	Morgan Struttman	Junior	Wentzville Liberty
	Gabby Starman	Junior	Fort Zumwalt North
	Hannah Shylanski	Senior	Fort Zumwalt North
<b>2nd TEAM</b>	Hailey Morgan	Freshman	Fort Zumwalt East

## Midfielders

	Player	Year	School
<b>1st TEAM</b>	Brooke Catoor	Junior	Fort Zumwalt South
	Jailyn Brownlee	Sophomore	Fort Zumwalt South
	Ashley Miller	Sophomore	Fort Zumwalt South

	Rachel Skyberg	Junior	Wentzville Liberty
<b>2nd TEAM</b>	Addison Butler	Freshman	Francis Howell North
	Sami Wilson	Junior	Francis Howell North
	Tess Roberts	Senior	Wentzville Liberty
	Ella Rosenberg	Sophomore	Fort Zumwalt North
	Addison Vodnansky	Freshman	Washington
	Ashley Klaus	Junior	Fort Zumwalt East
	Avery Lanemann	Sophomore	Washington

## Defenders

	Player	Year	School
<b>1st TEAM</b>	Alexis Shuster	Junior	Wentzville Liberty
	Shea Nortrup	Sophomore	Fort Zumwalt North
<b>2nd TEAM</b>	Abby Hacker	Senior	Fort Zumwalt South
	Ashlyn Smith	Senior	Fort Zumwalt South
	Courtnee Hoff	Junior	Fort Zumwalt North
	Madeline Shylanski	Senior	Fort Zumwalt North
	Mackenzie Hayes	Junior	Fort Zumwalt East

## Keeper

	Player	Year	School
<b>1st TEAM</b>	Sarah Bozeman	Senior	Fort Zumwalt South
<b>2nd TEAM</b>	Sydney Strassemeier	Sophomore	Wentzville Liberty

**PLAYER OF THE YEAR CENTRAL DIVISION:**

**Brooke Catoor - Fort Zumwalt South, Junior, Midfielder**

**COACH OF THE YEAR CENTRAL DIVISION:**

**LeAnne Sanders of Fort Zumwalt South**

## **All Academic Team**

**Fort Zumwalt East: Emma Skinner, Meghan Cummings, Kennedy Schneider, Ashley Klaus, Camille Dutt, Haley Kocher, Caitlyn Schmidt, Hailey Morgan, Meghan Quinones, Mackenzie Hayes, Ava Mossinghoff, Lexi Savage, Emma Carr, Avery Bingham**

**Fort Zumwalt North: Rihanna Blanchard, Reagan Hamai, Divanna Hearne, Sophia Kriegesmann, Alexandria Nortrup, Shea Nortrup, Sophie Peine, Ella Rosenberg, Ava Sachs, Hannah Shylanski, Matilyn Skelton, Gabriella Starman, Giulianna Starman, Gracie Weinhold**

**Fort Zumwalt South: Sarah Bozeman, Mia Brown, Mackenzie Buss, Brooke Catoor, Mallory Daniel, Megan Daniel, Merek Delehaunty, Abigail Hacker, Lily Haire, Lauren Heath, Isabel Montileone, Allison Moore, Jordyn Moore, Brooke Muehling, Amanda Olivas, Emma Schultz, Hannah Schultz, Isabelle Schumacher, Ashlyn Smith, Audrey Smith**

**Francis Howell North:**



**Washington: Jersey Tinsley, Maddie Grimes, Maci Rohlfing, Addison Vodnansky, Madison Moore, Susie Heggemann, Thea Grosse, Abi Waters, Presley Kiser, Nora Danz, Avery Lanemann, Taylor Hoelscher, Brooke Owens, Brianna Hellmann Sainz**

**Wentzville Liberty: Layla Greenhaigh, Molly Linck, Alexis Shuster, Sydney Strassemeier, Amira Khayyat, Taylor Shay Jakul, Hailey Joliff, Rachel Skyberg, Madelyn Kuhn, Sara lePage, Kylie Johnson, Madison Lipp, Tess Rberts, Makena Barr, Morgan Struttman, Raine Corgan, Mia Knobbe, Lydia Elking, Kennadi Green**

## **Sportsmanship**

**Fort Zumwalt East: Meghan Quinones**

**Fort Zumwalt North: Reagan Hamai**

**Fort Zumwalt South: Ashlyn Smith**

**Francis Howell North: Alexis Morlen**

**Washington: Abi Waters**

**Wentzville Liberty: Amira Khayyat**

## **2022 South Women Soccer Division**

*\* indicates the player was awarded a spilt position, and is mentioned in both categories*

### **Forwards**

	<b>Player</b>	<b>Year</b>	<b>School</b>
<b>1st TEAM</b>	Zoe Houston	Senior	Francis Howell
	Josie Maddox *	Junior	Francis Howell
	Kylie Callison *	Junior	Francis Howell
	MacKenzie Compton	Sophomore	Wentzville Holt
	Maggie Illig	Senior	Troy Buchanan
<b>2nd TEAM</b>	Kennedy Newman *	Junior	Francis Howell
	Tori Bockstadler *	Sophomore	Fort Zumwalt West
	Delaney Brown	Junior	Francis Howell Central
	Ava Cerrano	Junior	Wentzville Timberland

## Midfielders

	<b>Player</b>	<b>Year</b>	<b>School</b>
<b>1st TEAM</b>	Rachel Jackson	Senior	Francis Howell
	Josie Maddox *	Junior	Francis Howell
	Kylie Callison *	Junior	Francis Howell
	Cheing Hai Christen	Senior	Fort Zumwalt West
<b>2nd TEAM</b>	Riley Henderson	Freshman	Francis Howell Central
	Adelaide Green	Junior	Francis Howell Central
	Kennedy Newman *	Junior	Francis Howell

	Madison Puszkar	Freshman	Wentzville Timberland
	Tori Bockstadler *	Sophomore	Fort Zumwalt West
	Alex Schwartz	Sophomore	Fort Zumwalt West
	Alyssa Schulte	Freshman	Troy Buchanan
	Reese Compton	Senior	Wentzville Holt

## Defenders

	Player	Year	School
<b>1st TEAM</b>	Ava Lunders	Sophomore	Francis Howell Central
	Julie Steiger	Senior	Francis Howell
	Ava Lewis	Sophomore	Wentzville Holt
	Katie Steinhoff	Junior	Fort Zumwalt West
<b>2nd TEAM</b>	Jordyn Bailey	Senior	Francis Howell Central
	Taylor Taykowski	Sophomore	Francis Howell
	Samantha Lacke	Senior	Wentzville Holt
	Sarah Goldstein	Senior	Wentzville Holt
	Brooke Dollard	Freshman	Troy Buchanan
	Peyton Duffing	Freshman	Fort Zumwalt West
	Kiley Colburn	Senior	Wentzville Timberland

# Keeper

	Player	Year	School
1st TEAM	Madeline Lotspeich	Senior	Fort Zumwalt West
2nd TEAM	Mary Kate Neal	Senior	Francis Howell Central

## PLAYER OF THE YEAR SOUTH DIVISION:

Maggie Illig - **Troy Buchanan**, Senior, Forward

## COACH OF THE YEAR SOUTH DIVISION:

Eddie Mulholland of Francis Howell Central

## All Academic Team

Fort Zumwalt West: Riley Cushman, Tory Bockstadler, Madison Blomenkamp, Rachael Van Hee, Addsion Baldwin, Avery Goerss, Ali Cauley, Grace Bray, Audrey Bray, Kennedy Bernsen, Alex Schwartz, Lydia Kotsis, Caroline Leinauer, Katie Steinhoff, Addsion Koenig, Allison Glenn, Madeline Lotspeich, Audrey Lotspeich, Cheing Hai Christen, Olivia Ortt, Peyton Duffing, Morgan Smith

Francis Howell: Madison Casey, Abigail Eberwine, Madalyn Everly, Rylee Griffith, Hailey Hilson, Zoe Houston, Rachel Jackson, Lyla Karolczak, Josie Maddox, Hayleigh Martin, Kelly McLaughlin, Kennedy Newman, Payton Nguyen, Olivia Pinzke, Megan Rogan, Megan Schutez-Schweitzer, Julie Steiger, Alyssa Stevens, Bailey Vermilye

Francis Howell Central: Mary Kate Neal, Madi Valenti, Ryhan Pierce, Adelaide Green, Ava Lunders, Riley Henderson, Claire Sanders, Morgan Davis, Jordyn

**Bailey, Kayla Fettig, Gianna Bruenning, Delaynie Brown, Payton Barth, Hannah Lange, Paige Rice, Jordyn Winkelmann, Ella Borgmeyer, Casse Durbin**

**Troy Buchanan: Reagan Berra, Esmeralda Capilla, Alivia Daniels, Kaylin Dennis, Ava Dew, Brooke Dollard, Emily Forbeck, Lillian Hawkins, Madison Holl, Hadleigh Iborg, Maggie Illig, Alyson Juarez, Emily Ray, Jori Reiter, Alyssa Schulte, Hazel Schupmann, Isabella Slusser, Morgan Toedebusch, Kayla Troutman, Audrie Wells**

**Wentzville Holt : Samantha Beattie, Zoe Beattie, Melody Fanning, Sarah Goldstein, Riley Katen, Olivia Knerr, Samantha Lacke, Ava Lewis, Callie Logsdon, Grace Ratica, Vada Akers, Kayley Russell, Marissa Sanabria, Lydia Strasser**

**Wentzville Timberland: Lily Brown, Alyssa Brown, Courtney Bryant, Ava Cerrano, Kiley Colburn, Katie Cooper, Addie Curtis, Ashley Harvatin, Reagan Hegarty, Elena Jones, Aubrey Kaupas, Alysse Lamb, Irena Malek, Kylee McKay, Madison Puszkars, Morgan Puszkars, Ava Scorfina, Macie Vincent**

## **SPORTSMANSHIP**

**Fort Zumwalt West: Riley Cushman**

**Francis Howell: Raye: Julie Steiger**

**Francis Howell Central: Jordyn Bailey**

**Troy Buchanan: Kayla Troutman**

**Wentzville Holt : Sarah Goldstein**

**Wentzville Timberland: Courtney Bryant**

# **SPRING MEN'S TENNIS**

**2022**

## **North-Central All Conference**

### **#1 SINGLES**

**1st: Markowski of Fort Zumwalt East def. Mishra of Fort Zumwalt South**

**3rd: Thompson of Wentzville Holt def. Hirschbuehler of Wentzville North Point**

### **#2 SINGLES**

**1st: Bambrick of Fort Zumwalt East def. Wilson of Fort Zumwalt South**

**3rd: Sawang of Fort Zumwalt North def. J. Nelson of Wentzville Holt**

### **#3 SINGLES**

**1st: Pilla of Fort Zumwalt South def. Jaco of Fort Zumwalt North**

**3rd: Foster of Fort Zumwalt East def. Foster of Wentzville Holt**

## **#4 SINGLES**

**1st: Pagano of Fort Zumwalt North def. Digavalli of Fort Zumwalt South**

**3rd: Madden of Wentzville Holt def. Russell of Saint Charles**

## **#5 SINGLES**

**1st: Lund of Fort Zumwalt South def. Truong of Wentzville Holt**

**3rd: Merris of Fort Zumwalt North def. Reasons of Fort Zumwalt East**

## **#6 SINGLES**

**1st: Evans of Wentzville Holt def. Schwalb of Fort Zumwalt North**

**3rd: Mogulothu of Fort Zumwalt South def. Behan of Fort Zumwalt East**

## **#7 SINGLES**

**1st: Wong of Fort Zumwalt South def. Wilson of Wentzville Holt**

**3rd: Ventimiglia of Fort Zumwalt East def. Cain of Fort Zumwalt North**

## **#8 SINGLES**

**1st: Engelage of Wentzville Holt def. Williams of Fort Zumwalt East**

**3rd: Allen of Fort Zumwalt South def. Schott of Wentzville North Point**

## **#1 DOUBLES**

**1st: Mishra/Wilson of Fort Zumwalt South def. Markowski/Bambrick of Fort Zumwalt East**



**3rd: Thompson/Nelson of Wentzville Holt def.  
Herbst/Pagano of Fort Zumwalt North**

## **#2 DOUBLES**

**1st: Digavalli/Pilla of Fort Zumwalt South def.  
Stillmong/Truong of Wentzville Holt**

**3rd: Sawang/Jaco of Fort Zumwalt North def.  
Cassidy/Salamone of Saint Charles**

## **#3 DOUBLES**

**1st: Madden/Evans of Wentzville Holt def. Schwalb of Fort  
Zumwalt North**

**3rd: Mogulothu/Lund of Fort Zumwalt South def.  
Reasons/Behan of Fort Zumwalt East**

## **#4 DOUBLES**

**1st: Harlow/Keegan of Wentzville Holt def.  
Brown/Vermillion of Fort Zumwalt South**

**3rd: Dixon/Wuest of Fort Zumwalt North def.  
Koester/Hoette of Fort Zumwalt East**

## **#5 DOUBLES**

**1st: Zeik/Forness of Fort Zumwalt North def.  
Fresderick/Thornburgh of Wentzville Holt**

**3rd: Whitten/Walter of Fort Zumwalt South def.  
Goeke/Thompson of Fort Zumwalt East**

## **TEAM SCORES**

**FORT ZUMWALT SOUTH [55.75];**

**WENTZVILLE HOLT [49]; FORT ZUMWALT NORTH  
[39.25]; FORT ZUMWALT EAST [33]; SAINT  
CHARLES [4.5]; WENTZVILLE NORTH POINT  
[3]; SAINT CHARLES WEST [0]**

## **ACADEMIC**

**Saint Charles West - Daniel Bearden, Tyler Horn, Michael Jarvis, Quinn Kennedy, Andrew Leach, Dominic Mettlach, Sai Singirikonda, Connor Stockmann**

## **SPORTSMANSHIP**

**Saint Charles West - Dominic Mettlach**

## **2022 Men's Tennis**

### **South All Conference**

#### **#1 Singles**

**1st: Cheema of Wentzville Liberty def. Palaiappan of Fort Zumwalt West, 6-0, 6-0**

**3rd: Eslinger of Francis Howell Central def. Burzynski of Francis Howell, 8-6**

#### **#2 Singles**

**1st: Meyer of Wentzville Liberty def. Black of Francis Howell Central, 6-0, 6-1**

**3rd: Gustafson of Francis Howell North def, Wortmann of Wentzville Timberland, 8-4**

### **#3 Singles**

**1st: Sompalli of Fort Zumwalt West def. Couch of Francis Howell North, 6-1, 6-2**

**3rd: Gonzales of Wentzville Liberty def. Garthe of Francis Howell Central, 9-7**

### **#4 Singles**

**1st: Crooke of Wentzville Timberland def. Jones of Francis Howell Central, 6-0, 4-6, [10-3]**

**3rd: Meyer of Francis Howell def. Montgomery of Wentzville Liberty, 8-1**

### **#5 Singles**

**1st: Reuter of Francis Howell def. Arrington of Wentzville Liberty, 6-2, 6-0**

**3rd: Padilla of Francis Howell Central def. Serio of Fort Zumwalt West, 8-3**

### **#6 Singles**

**1st: Tucker of Francis Howell Central def. McDonald of Fort Zumwalt West, 7-6, 6-1**

**3rd: Bartek of Wentzville Liberty def. Peimann of  
Wentzville Timberland, 8-1**

## **#7 Singles**

**1st: Gustafson of Wentzville Timberland def. Y. Singh of  
Francis Howell North, 8-4**

**3rd: Clancy of Wentzville Liberty def. Shepard of Francis  
Howell Central, 8-3**

## **#8 Singles**

**1st: Amerin of Fort Zumwalt West def. Payne of Wentzville  
Liberty, 8-3**

**3rd: Talluto of Wentzville Timberland def. Harper of  
Francis Howell, 8-5**

## **#1 Doubles**

**1st: Cheema/Meyer of Wentzville Liberty def.  
Palaniappan/Surapanneni of Fort Zumwalt West**

**3rd: Black/Eslinger of Francis Howell Central def.  
Malek/Wortmann of Wentzville Timberland, 8-5**

## **#2 Doubles**

**1st: Jones/Garthe of Francis Howell Central def.  
Sompalli/Nemnich of Fort Zumwalt West**

**3rd: Gustafson/Couch of Francis Howell North def.  
Jenne/Crooke of Wentzville Timberland, 8-4**

## **#3 Doubles**

**1st: Alvernia/Reuter of Francis Howell def. Padilla/Tucker  
of Francis Howell Central, 8-6**

**3rd: Serio/McDonald of Fort Zumwalt West def.  
Montgomery/Bartek of Wentzville Liberty, 8-5**

## **#4 Doubles**

**1st: Mulvey/Patel of Fort Zumwalt West def.  
Schraudenbach/Clay of Wentzville Liberty, 8-7**

**3rd: Ives/Blake of Wentzville Timberland def.  
Jain/Littlejohn of Francis Howell, 8-2**

## **#5 Doubles**

**1st: Taouil/McCabe of Wentzville Timberland def.  
Moore/Rhodes of Wentzville Liberty, 8-6**

**3rd: Denny/Kelley of Francis Howell def. Roche/Morris of Francis Howell Central, 8-5**

**TEAM SCORES: WENTZVILLE LIBERTY [43.5];**

**Francis Howell Central [41]; Fort Zumwalt West [37.5];  
Wentzville Timberland [26.25]; Francis Howell [23.25];  
Francis Howell North [13]; Troy Buchanan [0]**

## **ACADEMIC ALL CONFERENCE**

**Fort Zumwalt West - Ayman Amerin, Lucas McDonald, Adam Mulvey, Ben Nemich, Pranav Palaniappan, Munn Patel, Reece Ratliff, Rishikesh Sattaluri, John Serio, Surya Sompalli, Aryan Surapaneni, Think Vu**

**Troy Buchanan - Levi Caldwell, Wyatt Caldwell, Evan Denison, Lane Hamlett, Levi Jeffers, Jacob Latta, Stephen Massey, Kadin McDonald, Andrew Rust, Garrett Rust, Beau Williams**

**Wentzville Holt - Kayden Evans, Nicholas Hayes, Mabry Madden, Jack Stillman, Brandon Truong, Lucas Truong**

**Fort Zumwalt South -**

## **SPORTSMANSHIP**

**Fort Zumwalt West - Pranav Palaniappan**

**Troy Buchanan - Kadin McDonald**

**Wentzville Holt - Austin Thompson**

# 2022 North Varsity Men Track and Field

## 100 meter dash

Name	School	Year	Time
Jason Williams	Orchard Farm	SO	11.57
William Reel	Warrenton	SR	11.79
Elias Newberry	Saint Charles	SR	12.10
Myles Murphy	Orchard Farm	SO	12.24

## 200 meter dash

Name	School	Year	Time
Jason Williams	Orchard Farm	So	23.02
Braedyn Pollitte	Saint Charles West	JR	23.35
Bailey Riley	Winfield	SO	24.15
Collin Sams	Winfield	SO	24.27

## 400 meter dash

Name	School	Year	Time
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Brandon Pollitte	Saint Charles West	JR	51.46
Dimitrious Jewell	Orchard Farm	SR	53.23
Joshua Thompson	Saint Charles	SR	54.18
Gage Trempler	Winfield	SR	54.39

## 800 meter run

Name	School	Year	Time
James Wortham	Saint Charles West	JR	2:04.38
Luke Nottmeyer	Saint Charles	SO	2:06.87
Wyatt Claiborne	Warrenton	SO	2:07.98
Phillip Kackley	Warrenton	SO	2:08.76

## 1600 meter run

Name	School	Year	Time
James Wortham	Saint Charles West	JR	4:39.35
Wyatt Clairborne	Warrenton	SO	4:41.65
Alex Lacke	Wentzville North Point	FR	4:41.84
Austin Litton	Saint Charles West	SR	4:45.44

## 3200 meter run

Name	School	Year	Time
James Wortham	Saint Charles West	JR	10:38.30
Nate Maples	Saint Charles	SO	11:01.53
Jack Case	Saint Charles	JR	11:09.65
Jack Spraul	Saint Charles West	SR	11:18.59

## 110 meter hurdles

Name	School	Year	Time
Matthew Hyde	Winfield	SO	16.80
Charles Nennert	Saint Charles	SR	17.79
Charles Davis	Orchard Farm	So	18.13 [18.121]
Luc Bourgeade	Saint Charles	JR	18.13 [18.123]

## 300 meter hurdles

Name	School	Year	Time
Xavier Baldwin	Winfield	SR	42.75
Charles Nennert	Saint Charles	SR	43.62

Dylan Scruggs	Saint Charles West	SR	44.88
Dylan Paul	Wentzville North Point	FR	45.02

## 4 x 100 meter relay

School	Relay Member	Time
Orchard Farm	Maurion Moore	43.90
	Darrion Lewis	
	Dont'e Lewis	
	Jason Williams	
Warrenton	Kolby Meine	44.47
	Colton Brosenne	
	Joseph Evans	
	William Reel	
Winbfield	Bailey Riley	45.35
	Conner Martin	
	Collin Sams	
	Xavier Baldwin	
Saint Charles	Mateo Chang	45.67
	Martin Murphy	
	Deondre Calmese	

	Kofi Mbroh	
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## 4 x 200 meter relay

School	Relay Member	Time
Warrenton	William Reel	1:33.89
	Kolby Meine	
	Joseph Evans	
	Zachariah Bristol	
Saint Charles West	Dyland Scruggs	1:34.12
	Braedyn Politte	
	Chris Colyer	
	Braden Goellner	
Winfield	Gavin Lewis	1:38.61
	Gage Trempler	
	Jordan Geiss	
	Conner Martin	
Saint Charles		DQ-out of zone

## 4 x 400 meter relay

School	Relay Member	Time
Saint Charles	Joshua Thompsaon	3:39.50
	James Warner	
	Charles Nennert	
	Luke Nottmeyer	
Saint Charles West	Abhi Kudaravalli	3:40.01
	Braden Goellner	
	Dylan Scruggs	
	Braedyn Pollitte	
Orchard Farm	Dimitrious Jewell	3:41.20
	Nathan Henke	
	Myles Murphy	
	Nicholas Porter	
Winfield	Matthew Hyde	3:42.33
	Bailey Riley	
	Collin Sams	
	Gage trempler	

## 4 x 800 meter relay

School	Relay Member	Time
Saint Charles	Samuel Bland	8:58.33
	James Warner	
	Jack Case	
	Luke Nottmeyer	
Saint Charles West	Abhi Kudaravalli	9:10.16
	Josiah Erickson	
	Jack Sparaul	
	James Wortham	
Warrenton	Phillip Kackley	9:24.02
	Bryan Guerrero	
	Thomas Hale	
	Wayatt Claiborne	
Orchard Farm	Andrew Gee	9:56.63
	Jacob Van Dyke	
	Nicholas Porter	
	Daniel Mobley	

## High Jump

Name	School	Year	Height
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Braden Goellner	Saint Charles West	SR	1.93 m
Lucas Stopke	Orchard Farm	JR	1.88 m
James Warner	Saint Charles	SO	1.78 m
Elijah leech	Saint Charles	JR	1.72 m

## Pole Vault

Name	School	Year	Height
Morgan Oser	Saint Charles West	SR	3.50 m
Garrett Reeves	Orchard Farm	SR	3.35 m
Kevin Budden	Saint Charles	SR	3.20 m
Hank Dunkmann	Orchard Farm	SR	3.20 m

## Long Jump

Name	School	Year	Distance
Braden Goellner	Saint Charles West	SR	6.32 m
Darrion Lewis	Orchard Farm	SR	6.29 m
Dont'e Lewis	Orchard Farm	SR	6.06 m
Collin Sams	Winfield	SO	5.96 m

# Triple Jump

Name	School	Year	Distance
Bailey Riley	Winfield	SO	12.75 m
Colton Brosenne	Warrenton	JR	12.71 m
Deondre Calmese	Saint Charles	SR	12.63 m
Kolby Meine	Warrenton	Sr	12.51 m

# Shot Put

Name	School	Year	Distance
Louis Dieckmann	Saint Charles West	JR	13.54 m
Marquis Gracial	Saint Charles	SR	12.84 m
Logan Trupiano	Winfield	SR	11.83 m
Clay Johnson	Orchard Farm	JR	11.00 m

# Discus

Name	School	Year	Distance
Louis Dieckmann	Saint Charles West	JR	42.80 m
Marquis Gracial	Saint Charles	SR	41.83 m



Clay Johnson	Orchard Farm	JR	39.61 m
James Reineke	Orchard Farm	SR	33.48 m

## JAVELIN

Name	School	Year	Distance
Logan Trupiano	Winfield	SR	38.86 m
Kyle Cotton	Saint Charles West	FR	38.83 m
Colby Sanchez	Orchard Farm	SO	38.31 m
Morgan Regot	Saint Charles West	SO	37.38 m

**TEAM SCORES: Saint Charles West [156]**

**Saint Charles [125]; Orchard Farm [125]; Winfield [84];  
Warrenton [72]; Wentzville North Point [12]**

## ALL ACADEMIC

**Saint Charles West - Chris Colyer, Josiah Erickson, Ian Guerrero, Elliot Isom, Jacob Kirt, Abhi Kudaravalli, Austin Litton, Brandon Mace, Brayden Miller, Morgan Oser, Braedyn Politte, Jack Spraul, Erik Sullivan, James Wortham**

# SPORTSMANSHIP

Saint Charles West - Austin Litton

## 2022 Central Varsity Men Track and Field

### 100 meter dash

Name	School	Year	Time
Ayden Bredenkamp	Fort Zumwalt North	SR	10.82
David Richard	Wentzville Liberty	SR	10.83
Jalen Lee	Washington	SR	11.07
Kevin Raife	Fort Zumwalt South	SR	11.40

### 200 meter dash

Name	School	Year	Time
David Richard	Wentzville Liberty	SR	22.40
Ayden Bredenkamp	Fort Zumwalt North	SR	22.72
Kevin Raife	Fort Zumwalt South	SR	23.47

Jordan Allen	Francis Howell North	JR	23.62
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## 400 meter dash

Name	School	Year	Time
David Richard	Wentzville Liberty	SR	51.51
Brayden Miller	Fort Zumwalt North	JR	51.64
Davion Bennett	Fort Zumwalt North	SR	54.16
Luke Johnson	Washington	JR	55.19

## 800 meter dash

Name	School	Year	Time
Devon Alexander	Francis Howell North	SO	2:03.80
Owen Bates	Fort Zumwalt South	SO	2:05.93
Ethan Bliss	Washington	SR	2:07.60
Kellen Schiermeier	Washington	JR	2:10.84

## 1600 meter run

Name	School	Year	Time
Taylor Mason	Fort Zumwalt North	JR	4:33.05
Collin Fay	Wentzville Liberty	SR	4:36.60
Shalin Patel	Fort Zumwalt East	JR	4:50.35
Evan Milbert	Fort Zumwalt South	JR	4:50.87

## 3200 meter run

Name	School	Year	Time
Taylor Mason	Fort Zumwalt North	JR	10:10.22
Collin Fay	Wentzville Liberty	SR	10:15.68
Shalin Patel	Fort Zumwalt East	JR	10:41.78
Evan Milbert	Fort Zumwalt South	JR	10:43.17

## 110 meter hurdles

Name	School	Year	Time
Chase Vickrey	Wentzville Liberty	SR	15.25

Hayden thomas	Washington	SR	15.70
Joshua Jaycox	Washington	SR	16.29
Jacobbie Powell	Fort Zumwalt South	SR	16.21

## 300 meter hurdles

Name	School	Year	Time
Chase Vickrey	Wentzville Liberty	SR	41.31
Xander Dewitt	Fort Zumwalt South	SO	41.70
Sam McCarter	Fort Zumwalt North	SR	42.75
Thomas Stahl	Washington	JR	43.29

## 4 x 100 meter relay

Name	Relay member	Time
Fort Zumwalt North	Jeremiah Dickerson	43.39
	Zach McGee	
	Jalen Lee	
	Chris Reckel	
Francis Howell North	Ian Kelly	44.85
	Kalib Burriss	

	Dominic Stojanovic	
	Jordan Allen	
Wentzville Liberty	Neil Sinclair	45.72
	Dominic Holderfield	
	Marquis Williams	
	Charles Hebden	
Washington	Brennan Deckard	46.98
	Luke Johnson	
	Hayden Thiemann	
	Connor Peterson	

## 4 x 200 meter relay

School	Relay Member	Time
Fort Zumwalt North	Bayden Miller	1:31.82
	Ayden Bredenkamp	
	Jalen Lee	
	Chris Reckel	
Fort Zumwalt South	Owen Bates	1:37.06
	Kevin Raife	
	Brian Schaefering	

	Jeffrey Thornton	
Wentzville Liberty	Neil Sinclair	1:37.99
	Kaden Kargacin	
	Dominic Holderfield	
	Brandon Kopecky	
Washington	Brennan Deckard	1:38.73
	Jaob Neely	
	Donovan McDaniel	
	Hayden Thiemann	

## 4 x 400 meter relay

Name	Relay Member	Time
Fort Zumwalt North	Brayden Miller	3:30.77
	Jalen Lee	
	Davion Bennett	
	Chris Reckel	
Wentzville Liberty	Charles Hebden	3:34.04
	Neil Sinclair	
	Chase Vickrey	
	David Richard	

Francis Howell North	Dominic Stojanovic	3:35.23
	Devon Alexander	
	Jordan Allen	
	Ian Kelly	
Washington	Micah Gargrave	3:38.37
	Donovan McDaniel	
	Thomas Stahl	
	Hayden Thiemann	

## 4 x 800 meter relay

School	Relay Member	Time
Washington	Ethan Bliss	8:35.09
	Micah Gargrave	
	Logan Luttrell	
	Kellen Schiermeier	
Fort Zumwalt North	Blake Margerum	8:56.45
	Ryan Gladney	
	Ethan Schrautemeier	
	Taylor Mason	
Francis Howell North	Devon Alexander	9:00.20



	Justin Brewer	
	Aiden Jefferson	
	Nolan Waters	
Wentzville Liberty	Ayden taylor	9:00.91
	Landon Jones	
	Henry Carlson	
	Dylan Carlson	

## High Jump

Name	School	Year	Height
Kalib Burris	Francis Howell North	SR	1.75 m
Chandler Smith	Fort Zumwalt North	SR	1.70 m
Zakkary Kach	Wentzville Liberty	SO	1.70 m
Luke Bass	Fort Zumwalt South	SO	1.70 m

## Pole Vault

Name	School	Year	Height
Travis Bieg	Waashington	SR	3.66 m
Casey Olszowka	Washington	SO	3.50 m

Sergio Darabcsek	Fort Zumwalt North	JR	3.35 m
Kaden Kargacin	Wentzville Liberty	SO	2.44 m

## Long Jump

Name	School	Year	Distance
Chris Reckel	Fort Zumwalt North	SR	6.43 m
Luke Johnson	Washington	JR	5.70 m
Conner Place	Wentzville Liberty	SO	5.69 m
Zakkary Kach	Wentzville Liberty	So	5.52 m

## Triple Jump

Name	School	Year	Distance
Conner Place	Wentzville Liberty	SO	12.17 m
Jayden Eiland	Francis Howell North	SO	11.92 m
Monty Brew	Fort Zumwalt North	SR	11.81 m
Zakkary Kach	Wentzville Liberty	So	11.81 m

## Shot Put

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Distance</b>
Teviar Fields	Fort Zumwalt East	SR	13.29 m
Isaac Burr	Washington	JR	1304 m
Conner Oinneal	Fort Zumwalt North	JR	12.92 m
Tye Yeh	Wentzville Liberty	SR	12.40 m

## **Discus**

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Distance</b>
Zachary Perano	Fort Zumwalt East	SR	38.34 m
Tye Yeh	Wentzville Liberty	SR	38.07 m
Tylen Rudd	Fort Zumwalt East	JR	35.40 m
Christopher Hall	Francis Howell North	JR	33.24 m

## **JAVELIN**

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Distance</b>
Clyde Hendrix	Washington	JR	46.36 m
Timothy Franklin	Fort Zumwalt East	SR	43.06 m
Cole Blackstock	Wentzville Liberty	SR	41.56 m

HY Vuong	Wentzville Liberty	SO	39.86 m
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## **TEAM RESULTS: **Wentzville Liberty [152]****

**Fort Zumwalt North [147]; Washington [107]; Francis Howell North [65]; Fort Zumwalt South [55]; Fort Zumwalt East [52];**

### **BOYS 1600 METER RUN - OPEN**

**Ethan Landrum of Fort Zumwalt North a Junior - 5:47.75**

**Kirk Cravens of Fort Zumwalt East a Freshman - 5:50.12**

**Jackson Parkes of Fort Zumwalt East a Freshman - 6:04.69**

**Kaiden Nair of Fort Zumwalt East a Freshman - 6:11.33**

### **BOYS 100 METER DASH - OPEN**

**William Hinkle of Fort Zumwalt North a Freshman - 11.87**

**Chandler Smith of Fort Zumwalt North a Senior - 12.00**

**Sam McCarter of Fort Zumwalt North a Senior - 12.06**

**Jeffery Thornton of Fort Zumwalt South a Senior - 12.12**

# ACADEMIC ALL CONFERENCE

Wentzville Timberland -

Washington - Travis Bieg, Jess Bollmann, Isaac Burr, Blake Ford, Evan Gaither, Micah Gargrave, Clyde Hendrix, Weston Hewlett, Jacob Neely, Casey Olszowka, Connor Peterson, Sam Rost, Kellen Schiermeier, Joshua Jaycox, Thomas Stahl, Hayden Thiemann

Fort Zumwalt South -

# SPORTSMANSHIP

Wentzville Holt -

Washington - Hayden Thiemann

## 2022 South Varsity Men Track and Field

### 100 meter dash

Name	School	Year	Time
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J. Matech-Edwards	Troy Buchanan	SR	11.37
Ryan Hester	Wentzville Timberland	SR	11.44
Nicholas Bova	Troy Buchanan	JR	11.46
Joey Ketchum	Francis Howell	SR	11.52

## 200 meter dash

Name	School	Year	Time
Taj Gurley	Francis Howlell	JR	23.01
Kendall Gurley	Francis Howell	SO	23.13
Ryan Hester	Wentzville Timberland	SR	23.64
Gavin Schaefer	Wentzville Timberland	SR	23.70

## 400 meter dash

Name	School	Year	Time
Marquavious Green	Fort Zumwalt West	SO	55.51
Liam McLaughlin	Wentzville Timberland	SR	52.06
Dominic St. Jean	Fort Zumwalt West	SO	52.36
Taj Gurley	Francis Howell	JR	52.59

## 800 meter dash

Name	School	Year	Time
Tyler Freiner	Wentzville Timberland	SR	2:03.66
Mason Brown	Fort Zumwalt West	SR	2:05.26
Nathan Krisby	Francis Howell	SO	2:06.41
Ian Jenkins	Wentzville Holt	JR	2:06.75

## 1600 meter run

Name	School	Year	Time
Tyler Freiner	Wentzville Timberland	SR	4:17.43
Jaxson Copelin	Fort Zumwalt West	JR	4:21.84
Campion Welsh	Fort Zumwalt West	SR	4:36.42
Graham Black	Francis Howell	JR	4:37.42

## 3200 meter run

Name	School	Year	Time
Tyler Freiner	Wentzville Timberland	SR	9:54.27

Jack Rider	Fort Zumwalt West	SR	9:57.07
Graham Black	Francis Howell	JR	9:57.19
Campion Welsh	Fort Zumwalt West	SR	9:57.25

## 110 meter hurdles

Name	School	Year	Time
Jaylen Pearson	Francis Howell	JR	16.20
Kendall Gurley	Francis Howell	SO	16.23
Vashon Riggins	Wentzville Timberland	SR	16.52
Cameron Hart	Fort Zumwalt West	SR	16.98

## 300 meter hurdles

Name	School	Year	Time
Vashon Riggins	Wentzville Timberland	SR	40.64
Cameron Hart	Fort Zumwalt West	SR	40.94
Jaylen Pearson	Francis Howell	JR	42.14
Lucius Garavaglia	Fort Zumwalt West	JR	42.44



## 4 x 100 meter relay

Name	Relay member	Time
Francis Howell	no names for relay team	43.63
Troy Buchanan	Jackson Bernhardt	43.87
	Justin Matech-Edwards	
	Nicholas Bova	
	Cooper Hogan	
Wentzville Timberland	Andy Thomason	44.50
	Ryan Hester	
	James Whitehead	
	Creighton Ervin	
Francis Howell Central	Marvell Washington	45.35
	William Thomas	
	Tommy Glacken	
	Nathan Brown	

## 4 x 200 meter relay

School	Relay Member	Time
Wentzville Timberland	James Whitehead	1:32.38
	Gavin Schaefer	
	Creighton Ervin	
	Ryan Hester	
Troy Buchanan	Brady Giacobelli	1:33.54
	Nathan Ryan	
	Providence Hall	
	Jackson Benhardt	
Fancis Howell	no names for relay team	1:33.68
Fort Zumwalt West	Myles Petty	1:33.69
	Evan Carr	
	Marquavious Green	
	Matthew Eley	

## 4 x 400 meter relay

Name	Relay Member	Time
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Wentzville Timberland	Liam McLaughlin	3:30.84
	Andy Thomason	
	Kamden Hill	
	Luke Busateri	
Fort Zumwalt West	Dominic St. Jean	3:31.01
	Evan Carr	
	Jaxson Copelin	
	Jalen Jones	
Francis Howell	no names for relay team	3:34.02
Wentzville Holt	Joseph Deanda	3:42.27
	Mikah Mozee	
	Austin Smith	
	Gasco Gimenez	

## 4 x 800 meter relay

School	Relay Member	Time
Fort Zumwalt West	Jack Rider	8:18.61

	Alex Jones	
	Jalen Jones	
	Mason Brown	
Wentzville Timberland	Liam McLaughlin	8:37.21
	Maddox Riley	
	Tyler Bredenberg	
	Tyler Freiner	
Francis Howell	unknown relay team names	8:48.30
Francis Howell Central	Matt Jones	8:50.75
	Rolan McDevitt	
	Ryan Getgood	
	Landon Kinion	

## High Jump

Name	School	Year	Height
Shane Hopmann	Troy Buchanan	SO	1.77 m
Kory McCauley	Francis Howell	SR	1.67 m

Luke Busateri	Wentzville Timberland	SR	1.67 m
Rolen McDevitt	Francis Howell Central	JR	1.67 m

## Pole Vault

Name	School	Year	Height
Andy Thomason	Wentzville Timberland	JR	4.42 m
Scott Letendre	Troy Buchanan	SO	3.35 m
Lucas Matz	Francis Howell Central	SR	3.20 m
Ben Strokotter	Wentzville Timberland	SO	3.05 m

## Long Jump

Name	School	Year	Distance
Kendall Gurley	Francis Howell	So	6.60 m
Taj Gurley	Francis Howell	JR	6.13 m
Gavin Schaefer	Wentzville Timberland	SR	6.03 m
Luke Busateri	Wentzville Timberland	SR	5.94 m

## Triple Jump

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Distance</b>
Luke Busateri	Wentzville Timberland	SR	14.10 m
Tarvino Houston	Francis Howell	SR	13.38 m
Shane Hopmann	Troy Buchanan	SO	12.41 m
Gavin Schaefer	Wentzville Timberland	SR	12.32 m

## Shot Put

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Distance</b>
Jack Berry	Francis Howell	SR	13.49 m
Logan Scrivner	Francis Howell	SO	13.41 m
Hunter Atwell	Fort Zumwalt West	SR	13.23 m
William Palmer	Troy Buchanan	SR	13.08 m

## Discus

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Distance</b>
Andrew Bontrager	Wentzville Timberland	SR	38.76 m
Zane Brune	Francis Howell	SO	36.56 m
Darien Mayers	Francis Howell Central	JR	35.91 m
Logan Scrivner	Francis Howell	SO	35.35 m

# Javelin

Name	School	Year	Distance
Scott Stutsman	Wentzville Holt	SR	45.50 m
Nicholas Littlejohn	Francis Howell	SO	42.98 m
Aidan Nickles	Troy Buchanan	SR	41.75 m
Jeremy Woelfel	Francis Howell Central	SO	41.50 m

## TEAM RESULTS: **Francis Howell [174];**

**Wentzville Timberland [166]; Fort Zumwalt West [104]; Troy Buchanan [77]; Francis Howell Central [36]; Wentzville Holt [24]**

## ACADEMIC ALL CONFERENCE

**Fort Zumwalt West - Camren Boesing, Mason Brown, Evan Carr, Jaxson Copelin, Matthew Fanter, Jake Feldewerth, Lucius Garavaglia, Jacob Hammond, Kyle Harris, Cameron Hart, Kyle James, Jalen Jones, Austin Kidd, Zachary Kriete, Lucas Ludwig, Ben Miles, Alasdair Orr, Myles Petty, Adam Potocki, Bryce Shaver, Dominic St. Jean, Johnny Taylor, Zachary Urban, Izaiah Vasseur, Evan Wardrop, Champion Welsh, Samuel Whitaker**

**Troy Buchanan - Ryley Ballard, Jackson Bernhardt, Nicholas Bova, Brandon Edwards, Harrison Edwards, Brady Giacomelli, Providence Hall, Lucas LaRue,**

**Scott Letendre, Ethan Lollar, Thomas Mahler, Aidan Nickles, Brody Orf,  
Natnael Peek, Nathan Ryan, Evan Schleef, Brett Smith, Evan Smith**

**Wentzville Holt - Allen Bublitz, Ben Bueneman, Braydon Leist, Gerald Osakwe,  
Andrew Robinson, Scott Stutsman,**

## **SPORTSMANSHIP**

**Fort Zumwalt West - Jalen Jones**

**Troy Buchanan - Jackson Bernhardt**

**Wentzville Holt - Kolby Bryant**

# **2022 North Varsity Women Track and Field**

## **100 Meter Dash**

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Elena Pender	Wentzville North Point	FR	13.45
Teriyah Long	Saint Charles	SO	13.71
Kylie Overkamp	Warrenton	SO	13.78
Evelyn Stark	Winfield	FR	14.02

## **200 Meter Dash**

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
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Alyssa Anderson	Wentzville North Point	FR	27.57
Evelyn Stark	Winfield	FR	28.79
Bella Jones	Orchard Farm	FR	29.07
Nakiyah Walker	Saint Charles	SO	29.77

## 400 Meter Dash

Name	School	Year	Time
Morgan Marschel	Warrenton	FR	1:02.37
Alivia Zeier	Saint Charles West	SO	1:05.37
Teriyah Long	Saint Charles	SO	1:06.54
Grace Reinebach	Winfield	JR	1:06.79

## 800 Meter Run

Name	School	Year	Time
Lily Jackson	Saint Charles West	Sr	2:33.08
Atty O'Keeffe	Saint Charles	FR	2:38.77
Avery Jackson	Saint Charles West	SO	2:40.44
Madely Marschel	Warrenton	JR	2:42.84

## 1600 Meter Run

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Lily Jackson	Saint Charles West	SR	5:39.60
Kade Berry	Winfield	JR	5:55.84
Regan Clercx	Wentzville North Point	FR	6:08.93
Claire Horstmann	Saint Charles West	FR	6:17.42

## 3200 Meter Run

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Lily Jackson	Saint Charles West	SR	12:52.91
Genevieve Wacker	Saint Charles West	FR	13:04.59
Kade Berry	Winfield	JR	13:08.61
Dacey Woodruff	Warrenton	SR	15:42.93

## 100 Meter Hurdles

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Mia Oellermann	Saint Charles	SR	16.72
Jersy Nelke	Winfield	FR	16.82
Kailey Gillespie	Winfield	JR	18.39
Kiran Schleuter	Warrenton	SR	19.60

## 300 Meter Hurdles

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Mia Oellermann	Saint Charles	SR	50.39
Jersy Nelke	Winfield	FR	53.67
Kiran Schleuter	Warrenton	SR	57.44

## 4 x 100 Meter Relay

<b>School</b>	<b>Relay Member</b>	<b>Time</b>
Wentzville North Point	Alyssa Anderson	52.73
	Elena Pender	
	Bethany Toulou	
	Sarah Phillius	
Warrenton	Evangeline Rhama	53.35
	Dana Pruitt	
	Garneisha Love	
	Kylie Overkamp	
Winfield	Evelyn Stark	53.43
	Chloe Turnbull	
	Isabel Reinebach	
	Grace Reinebach	
Orchard Farm	Sophia Ditmeyer	54.22

	Ava Shields	
	Dyamond Jewell	
	Bella Jones	

## 4 x 200 Meter Relay

School	Relay Member	Time
Saint Charles	Nakiyah Walker	1:53.23
	Jenna Hollrah	
	Atty O'Keeffe	
	Teriyah Long	
Warrenton	Evangeline Rhama	1:54.32
	Morgan Marschel	
	Kiran Schleuter	
	Kylie Overkamp	
Winfield	Evelyn Stark	1:57.03
	Chloe Turnbull	
	Jersy Nelke	
	LeiAnn Ford	
Saint Charles West	Aaliyah Boxdorfer	2:00.32
	Jillian Shivers	
	Kennedi House	

	Ranique Robinson	
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## 4 x 400 Meter Relay

Name	Relay Member	Time
Saint Charles West	Alivia Zeier	4:25.83
	Vivian Jones	
	Ellison Nichols	
	Ranique Robinson	
Saint Charles	Emma Gilkison	4:26.79
	Teriyah Long	
	Atty O'Keeffe	
	Mia Oellermann	
Warrenton	Madelyn Marschel	4:40.71
	Loren Howard	
	Isabelle Morris	
	Morgan Marschel	
Winfield	Grace Reinebach	4:42.84
	Chloe Turnbull	
	Isabel Reinebach	
	Kade Berry	

## 4 x 800 Meter Relay

School	Relay Member	Time
Saint Charles West	Avery Jackson	10:43.26
	Alicvia Zeier	
	Genevieve Wacker	
	Lillian Jackson	
Warrenton	Madelyn Marschel	10:59.84
	Isabelle Morris	
	Loren Howard	
	Morgan Marschel	
Saint Charles	Jonni Rayburn	11:25.90
	Keeley Lauer	
	Atty O'Keeffe	
	Emma Gilkison	
Orchard Farm	Devon Sharp	12:34.80
	Lauryn Schwierjohn	
	Marissa Lefers	
	Jenna Overstreet	

## High Jump

Name	School	Year	Height
Hannah Myers	Saint Charles West	SR	1.52 m

Bella Jones	Orchard Farm	FR	1.47 m
Alivia Zeier	Saint Charles West	SO	1.37 m
Ellie Busch	Orchard Farm	SO	1.27 m

## Pole Vault

Name	School	Year	Height
Ellison Nichols	Saint Charles West	SR	2.59 m
Erin Hulbert	Orchard Farm	JR	2.59 m
Dana Pruitt	Warrenton	SR	2.44 m
Ava Shields	Orchard Farm	SO	2.28 m

## Long Jump

Name	School	Year	Distance
Alyssa Anderson	Wentzville North Point	FR	5.20 m
Isabel Reinbach	Winfield	FR	4.77 m
Garniesha Love	Warrenton	SR	4.65 m
Hannah Myers	Saint Charles West	SR	4.63 m

## Triple Jump

Name	School	Year	Distance
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Hannah Myers	Saint Charles West	SR	10.33 m
Garneisha Love	Warrenton	SR	9.98 m
Tess Bauer	Orchard Farm	FR	9.20 m
Mia Oellermann	Saint Charles	SR	9.11 m

03.00

## Shot Put

Name	School	Year	Distance
Kyler Klimas	Saint Charles	SR	9.47 m
Avery Shaw	Warrenton	FR	9.39 m
Zoe Klaus	Warrenton	JR	9.30 m
Tonje Rasmussen	Orchard Farm	SR	8.63 m

## Discus

Name	School	Year	Distance
Lilly Harl	Winfield	FR	28.06 m
Kendall Klewer	Winfield	SR	26.73 m
Emma Bauer	Orchard Farm	SR	26.13 m
Dana Pruitt	Warrenton	SR	23.98 m

## JAVELIN



Name	School	Year	Distance
Kendall Klewer	Winfield	SR	33.62 m
Avery Shaw	Warrenton	FR	27.43 m
Amelia Miller	Orchard Farm	JR	27.06 m
Lilley Heitman	Winfield	FR	25.61 m

**TEAM SCORES: Saint Charles West [125];**

**Winfield [119]; Warrenton [116]; Saint Charles [95];  
Orchard Farm [61]; Wentzville North Point [51]**

## **ALL ACADEMIC**

**Saint Charles West - Mya Buehrle, Claire Horstmann, Harmony Hudson, Avery Jackson, Lily Jackson, Vivian Jones, Leanna Mitts, Hannah Myers, Ella Nichols, Annabelle Prost, Ranique Robinson, Jilian Shivers, Alivia Zeier**

## **SPORTSMANSHIP**

**Saint Charles West - Vivian Jones**

## **2022 Central Varsity Women Track and Field**

## 100 meter dash

Name	School	Year	Time
Alexi Lewis	Washington	SR	12.95
Triniti Douglas	Fort Zumwalt South	JR	13.12
Sanaya Thomas	Fort Zumwalt South	SO	13.23
Shamia Hamilton	Fort Zumwalt North	JR	13.53

## 200 meter dash

Name	School	Year	Time
Amani Jones	Francis Howell North	SR	27.25
Alexis Lewis	Washington	SR	27.32
Alana Moore	Fort Zumwalt South	FR	27.92
Ingrid Figas	Washington	SR	28.08

## 400 meter dash

Name	School	Year	Time
Karlie Wooten	Wentzville Liberty	SR	1:00.26

Leilani Greene	WentzvilleLiberty	SO	1:04.23
Tess Harper	Fort Zumwalt South	FR	1:05.00
Jailyn Ebert	Fort Zumwalt North	SO	1:05.90

## 800 meter dash

Name	School	Year	Time
Ally Kruger	Wentzville Liberty	SR	2:25.05
Bryn Pawlik	Fort Zumwalt South	JR	2:31.10
Alexis Omara	Wentzville Liberty	JR	2:31.95
Sarah Morrison	Fort Zumwalt South	JR	2:34.49

## 1600 meter run

Name	School	Year	Time
Ally Kruger	Wentzville Liberty	SR	5:16.67
Sarah Morrison	Fort Zumwalt South	JR	5:32.36
Jillian Kalbac	Wentzville Liberty	FR	5:53.91
Isabella Von Behren	Washington	FR	5:54.34

## 3200 meter run

Name	School	Year	Time
Ally Kruger	Wenzville Liberty	SR	11:24.94
Bryn Pawlik	Fort Zumwalt South	JR	12:50.54
Leah Wheeler	Washington	JR	12:57.83
Madeline Dustin	Francis Howell North	FR	13:10.51

## 100 meter hurdles

Name	School	Year	Time
Triniti Douglas	Fort Zumwalt South	JR	15.50
Ingrid Figas	Washington	Sr	15.75
Audrey Beckhardt	Wentzville Liberty	JR	16.97
Kelsee Crego	Washington	SR	17.65

## 300 meter hurdles

Name	School	Year	Time
Karlie Wooten	Wentzville Liberty	SR	47.05
Amani Jones	Francis Howell North	SR	49.78

Sara Ausbury	Francis Howell North	SO	50.31
Audrey Beckhardt	Wentzville Liberty	JR	51.01

## 4 x 100 meter relay

Name	Relay member	Time
Fort Zumwalt South	Nia Burnett	51.62
	Inaiah Clark	
	Triniti Douglas	
	Sanaya Thomas	
Francis Howell North	Arie Yauna Fullenwider	52.36
	Amani Jones	
	Lauren Chance	
	Sara Ausbury	
Washington	Ingrid Figas	53.37
	Denise Heggemann	
	Alexis Lewis	
	Ella Kroeter	
Wentzville Liberty	Sydney Lynch	53.78
	Isabella Gamm	
	Mariah Mhandu	

	Marley Nelson	
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## 4 x 200 meter relay

School	Relay Member	Time
Fort Zumwalt South	Inaiah Clark	1:51.68
	Jaylona Johnson	
	Alauna Moore	
	Nia Burnett	
Wentzville Liberty	Isabella Gamm	1:55.00
	Meredith Washburn	
	Mariah Mhandu	
	Marley Nelson	
Fort Zumwalt North	Layaly Ramadan	1:55.64
	Deema Abdelkarim	
	Cadence Dunlap	
	Shamia Hamilton	
Washington	Kelsee Crego	1:56.72
	Denise Heggemann	
	Ella Kroeter	
	Alexi Lewis	

## 4 x 400 meter relay

Name	Relay Member	Time
Wentzville Liberty	Karlie Wooten	4:20.80
	Alexis Omara	
	Leilani Greene	
	Adrienne Rockette	
Fort Zumwalt South	Bailey Brauch	4:35.16
	Isabella Schumacher	
	Mya Whitten	
	Tess Harper	
Fort Zumwalt North	Amy Norman	4:43.39
	Deema Abdelkarim	
	Savannah Maier	
	Jailyn Ebert	
Washington	Isabella Von Behren	4:47.77
	Lindsay Sprung	
	Zoey Ziegler	
	Leah Wheeler	

## 4 x 800 meter relay

School	Relay Member	Time
Wentzville Liberty	Leilani Greene	10:22.89
	Alexis Omara	
	Fiona Flynn	
	Adrienne Rockette	
Fort Zumwalt South	Sarah Morrison	11:09.27
	Anna Hart	
	Isabelle Schumacher	
	Olivia Holman	
Washington	Leah Wheeler	11:18.41
	Isabella Van Behren	
	Lindsay Sprung	
	Zoey Ziegler	
no fourth place reported		

## High Jump

Name	School	Year	Height



Karlie Wooten	Wentzville Liberty	SR	1.55 m
Elaina Maurer	Fort Zumwalt North	SR	1.45 m
Savannah Maier	Fort Zumwalt North	SO	1.45 m
Avery Johnson	Washington	SR	1.40 m

## Pole Vault

Name	School	Year	Height
Ella Kroeter	Washington	JR	2.58 m
Meredith Washburn	Wentzville Liberty	SO	2.43 m
Elizabeth Arnold	Fort Zumwalt North	JR	2.28 m
Mya Whitten	Fort Zumwalt South	JR	2.13 m

## Long Jump

Name	School	Year	Distance
Bryn Pawlik	Fort Zumwalt South	JR	5.06 m
Ingrid Figas	Washington	SR	4.86 m
Veronica Martin	Fort Zumwalt North	JR	4.51 m
Reese Douglas	Wentzville Liberty	SO	4.44 m

# Triple Jump

Name	School	Year	Distance
Bryn Pawlik	Fort Zumwalt South	JR	10.07 m
Audrey Beckhardt	Wentzville Liberty	JR	9.95 m
Deema Abdelkarim	Fort Zumwalt North	JR	9.64 m
Avery Johnson	Washington	SR	9.35 m

# Shot Put

Name	School	Year	Distance
Ashley Rusthoven	Fort Zumwalt East	SO	10.44 m
Alyssa Repke	Washington	FR	9.91 m
Abbigail Graffath	Washington	FR	9.68 m
Landon Vick	Fort Zumwalt East	SO	9.17 m

# Discus

Name	School	Year	Distance
Saannah Meyer	Wentzville Liberty	JR	31.95 m
Alyssa Repke	Washington	FR	29.34 m

Kaitlyn Frankenberger	Washington	JR	29.16 m
Landon Vick	Fort Zumwalt East	SO	24.81 m

## JAVELIN

Name	School	Year	Distance
Katy Mawer	Fort Zumwalt South	JR	36.37 m
Madeline Rowold	Fort Zumwalt East	SR	32.10 m
Savannah Meyer	Wentzville Liberty	JR	30.50 m
Carlie Albers	Fort Zumwalt East	JR	29.34 m

**TEAM RESULTS: Wentzville Liberty [166];**

**Fort Zumwalt South [143]; Washington [125]; Fort Zumwalt North [67]; Francis Howell North [43]; Fort Zumwalt East [31];**

### **GIRLS 1600 METER RUN - OPEN**

**Enna Lehmusvuori of Fort Zumwalt North a Junior - 7:37.01**

### **GIRLS 100 METER DASH - OPEN**

**Veronica Martin of Fort Zumwalt North a Junior - 13.97**

**Dhyana Desai of Fort Zumwalt North a Sophomore - 14.96**

**Elley Carter of Fort Zumwalt North a Sophomore - 15.00**

**Grace Thorn of Fort Zumwalt North a Junior - 15.37**

## **ACADEMIC ALL CONFERENCE**

**Wentzville Timberland -**

**Washington - Trinity Cragan, Kelsee Crego, Ingrid Figgs, Kaitlyn Krankenberg, Abbigai; Grafrath, Brianna James, Avery Johnson, Ella Kroeter, Alexis Lewis, Abigail Meyer, Lauren Opfer, Alexis Perriman, Alyssa Repke, Lindsay Sprung, Isabella Von Behren, Leah Wheeler, Zoey Ziegler**

**Fort Zumwalt South -**

## **SPORTSMANSHIP**

**Wentzville Timberland -**

**Washington - Avery Johnson**

# **2022 South Varsity Women Track and Field**

## **100 meter dash**

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Gabrelle Tucker	Wentzville Timberland	FR	12.71
Alexa Adams	Wentzville Timberland	FR	12.72
Madison Mabray	Francis Howell Central	JR	13.08
Peyton Nguyen	Francis Howell	JR	13.75

## 200 meter dash

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Alexa Adams	Wentzville Timberland	FR	27.08
Zora Williams	Francis Howell	SR	27.20
Gabrelle Tucker	Wentzville Timberland	FR	27.52
Breana Bobeen	Troy Buchanan	SO	27.96

## 400 meter dash

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Time</b>
Zora Williams	Francis Howell	SR	1:01.61
Breanna Busateri	Wentzville Timberland	SR	1:03.22
Oakley Anderson	Fort Zumwalt West	FR	1:04.58
Alyssa Cozzoni	Wentzville Timberland	SR	1:05.04

## 800 meter dash

Name	School	Year	Time
Ashlyn Sherwood	Francis Howell	FR	2:28.85
Reese McDevitt	Francis Howell Central	FR	2:31.56
Paige Shinaberry	Francis Howell	SO	2:32.18
Sophia Maupin	Fort Zumwalt West	SO	2:32.73

## 1600 meter run

Name	School	Year	Time
Payden Pietrusinski	Wentzville Holt	JR	5:36.81
Riley Linville	Fort Zumwalt West	SO	5:37.40
Elizabeth Shaw	Wentzville Holt	SO	5:40.74
Ava Breuer	Francis Howell Central	FR	5:46.18

## 3200 meter run

Name	School	Year	Time
Payden Pietrusinski	Wentzville Holt	JR	12:00.49

Emma Neal	Wentzville Timberland	SR	12:13.96
Ava Breuer	Francis Howell Central	FR	12:29.14
Ella Coulter	Francis Howell	So	12:33.78

## 100 meter hurdles

Name	School	Year	Time
Aliyah Adams	Wentzville Timberland	SR	15.29
Kinsey Dueker	Troy Buchanan	Sr	15.42
Samantha Hantack	Francis Howell Central	SO	17.84
Hailey Smith	Wentzville Timberland	JR	17.91

## 300 meter hurdles

Name	School	Year	Time
Aliyah Adams	Wentzville Timberland	SR	47.36
Hailey Smith	Wentzville Timberland	JR	50.18
Paige Panus	Francis Howell	SR	51.55
Teryn Brown	Troy Buchanan	SO	53.53

## 4 x 100 meter relay

Name	Relay member	Time
Wentzville Timberland	Sheridan Utley	52.17
	Azea Lightbody	
	Gabrelle Tucker	
	Alexa Adams	
Troy Buchanan	Jasmin Crouch	52.34
	Macie Hunolt	
	Lilly Robinson	
	Jordan Starkey	
Francis Howell	no names for relay team	53.40
Fort Zumwalt West	Kelsey Sawvell	57.35
	Kyerha Loggins	
	Elizabeth Walden	
	Lainie Mueller	

## 4 x 200 meter relay



School	Relay Member	Time
Wentzville Timberland	Azea Lightbody	1:49.53
	Sheridan Utley	
	Kierstin Lewis	
	Morgan Hovis	
Troy Buchanan	Jasmin Crouch	1:51.94
	Macie Hunolt	
	Jordan Starkey	
	Lilly Robinson	
Francis Howell	no names for relay team	1:52.43
Francis Howell Central	Tijaria Anthony	1:53.84
	Kay Lee Sanders	
	Samantha Hantack	
	Rickeena Brantley	

## 4 x 400 meter relay

Name	Relay Member	Time
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Francis Howell	no names for relay team	4:20.30
Fort Zumwalt West	Oakley Anderson	4:20.60
	Katherine McGrath	
	Sophia Maupin	
	Lyla Rider	
Wentzville Timberland	Breanna Busateri	4:33.99
	Alyssa Cozzoni	
	Sheridan Utley	
	Aliyah Adams	
Troy Buchanan	Brynna Getz	4:43.45
	Macie Hunolt	
	Alexis Ellison	
	Gabrielle Cook	

## 4 x 800 meter relay

School	Relay Member	Time
Francis Howell	unknown relay names	10:14.00

Wentzville Timberland	Alyssa Cozzoni	10:20.40
	Morgan Puszkas	
	Emma Neal	
	Jenna Ramadan	
Fort Zumwalt West	Riley Linville	10:25.69
	Reese Snyder	
	Katherine McGrath	
	Sophia Maupin	

## High Jump

Name	School	Year	Height
Linzy Williams	Francis Howell	JR	1.60 m
Emily Wagner	Fort Zumwalt West	SR	1.52 m

Kinsey Dueker	Troy Buchanan	SR	1.52 m
Ashlyn Smith	Wentzville Timberland	SR	1.47 m

## Pole Vault

Name	School	Year	Height
Madison Mabray	Francis Howell Central	JR	3.00 m
Marissa Sidwell	Francis Howell	SO	2.44 m
Taylor Steinagel	Francis Howell Central	SR	2.31 m

## Long Jump

Name	School	Year	Distance
Aliyah Adams	Wentzville Timberland	SR	5.45 m
Kinsey Dueker	Troy Buchanan	SR	5.25 m
Taylor Steinagel	Francis Howell Central	SR	4.94 m
Emily Wagner	Fort Zumwalt West	SR	4.79 m

## Triple Jump

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Distance</b>
Kinsey Dueker	Troy Buchanan	SR	11.04 m
Alyssa Cozzoni	Wentzville Timberland	SR	10.69 m
Emily Wagner	Fort Zumwalt West	SR	10.23 m
Hailey Smith	Wentzville Timberland	JR	10.21 m

## Shot Put

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Distance</b>
Emilia Labruyere	Wentzville Timberland	JR	11.95 m
Kennedy Eggering	Francis Howell Central	SR	11.18 m
Alexis Barnes	Francis Howell Central	SR	9.87 m
Alyssa Johnson	Troy Buchanan	JR	9.85 m

## Discus

<b>Name</b>	<b>School</b>	<b>Year</b>	<b>Distance</b>
Emilia Labruyere	Wentzville Timberland	JR	35.58 m
Jlynn Humphrey	Troy Buchanan	SO	35.49 m
Kennedy Eggering	Francis Howell Central	SR	34.51 m

Madison Schieffer	Troy Buchanan	JR	34.20 m
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## Javelin

Name	School	Year	Distance
Lauren Rowland	Fort Zumwalt West	SO	38.62 m
Hannah Entwistle	Fort Zumwalt West	FR	29.53 m
Gabrielle Cook	Troy Buchanan	Sr	28.82 m
Joselyn Roe	Wentzville Holt	JR	27.57 m

## TEAM RESULTS: **Wentzville Timberland [169];**

**Francis Howell [106]; Troy Buchanan [87]; Fort Zumwalt West [85]; Francis Howell Central [82]; Wentzville Holt [39]**

## ACADEMIC ALL CONFERENCE

**Fort Zumwalt West - Oakley Anderson, Satchal Anderson, Allison Brumfield, Kamryn Dixon, Hannah Entwistle, Kate Grana, Caley Holland, Grace Lafeber, Makayla Lindsay, Riley Linville, Kyerha Loggins, Michelle Lu, Sophia Maupin, Karsyn McDaniel, Katherine McGrath, Lainie Mueller, Lyla Rider, Lauren Rowland, Kelsey Sawvell, Kylie Skoba, Gabby St. Jean, Emily Wagner, Elizabeth Walden, Madison Washington**

**Francis Howell North -**

**Troy Buchanan - Teryn Brown, Gabrielle Cook, Jasmin Crouch, Kinsey Dueker, Brynna Getz, Audrey Hemmer, Jlynn Humphrey, Macie Hunolt, Alyssa Johnson, Lilly Robinson, Emily Rust, Madison Schieffer, Bella Skibinski, Jordan Starkey, Autumn Trower, Litzy Valsivia-Espinoza, Kaylie Waechter, Angelia Witt, Vivian Wortmann**

**Washington -**

**Wentzville Holt - Jessica Ballard, Campbell King, Nicole Kinnary, Adison Mosher, Payden Pietrusinski, Gina Saso, Natalee Schwartz**

## **SPORTSMANSHIP**

**Fort Zumwalt West - Emily Wagner**

**Francis Howell North -**

**Troy Buchanan -**

**Washington -**

**Wentzville Holt - Gina Saso**

## **2021 FALL CONFERENCE CHAMPIONS**

<b>SPORT</b>	<b>NORTH</b>	<b>CENTRAL</b>	
<b>Boys Cross Country</b>	SAINT CHARLES WEST	FORT ZUMWALT NORTH	FO
<b>Girls Cross Country</b>	SAINT CHARLES WEST	WENTZVILLE LIBERTY	FO
<b>Football</b>	WINFIELD	FORT ZUMWALT NORTH	WE

<b>Boys Soccer</b>	ORCHARD FARM	FORT ZUMWALT SOUTH	FR
<b>Softball</b>	WARRENTON	WASHINGTON	FR
<b>Girls Volleyball</b>	WARRENTON	FORT ZUMWALT SOUTH	FR

<b>SPORT</b>	<b>NORTH-CENTRAL</b>	<b>SOUTH</b>
<b>Girls Golf</b>	WENTZVILLE LIBERTY	WENTZVILLE TIMBERLAN
<b>Girls Tennis</b>	WENTZVILLE LIBERTY	WENTZVILLE TIMBERLAN
<b>Boys Swimming</b>	FORT ZUMWALT EAST	FRANCIS HOWELL

## WINTER CONFERENCE CHAMPIONS

**2021-2022**

<b>SPORT</b>	<b>NORTH</b>	<b>CENTRAL</b>
<b>Boys Basketball</b>	SAINT CHARLES	FORT ZUMWALT SOUTH
<b>Girls Basketball</b>	SAINT CHARLES WEST	FORT ZUMWALT SOUTH
<b>Boys Wrestling</b>	SAINT CHARLES - WARRENTON - WENTZVILLE NORTH POINT	FORT ZUMWALT SOUTH
<b>Girls Wrestling</b>	WENTZVILLE NORTH POINT	FORT ZUMWALT NORTH



<b>SPORT</b>	<b>CONFERENCE/DIVISION CHAMPION</b>
<b>Girls Swimming North-Central</b>	FORT ZUMWALT SOUTH
<b>Girls Swimming South</b>	WENTZVILLE TIMBERLAND
<b>Boys Wrestling All Teams</b>	FORT ZUMWALT SOUTH
<b>Girls Wrestling All Teams</b>	FRANCIS HOWELL CENTRAL
<b>SCHOLAR BOWL</b>	WASHINGTON

## 2022 SPRING CONFERENCE CHAMPIONS

	<b>NORTH</b>	<b>CENTRAL</b>	
<b>Girls Soccer</b>	ORCHARD FARM-SAINT CHARLES	FORT ZUMWALT SOUTH	FRANCIS HOWELL CENTRAL
<b>Baseball</b>	SAINT CHARLES WEST	FORT ZUMWALT SOUTH	FORT ZUMWALT SOUTH
<b>Girls Track</b>	SAINT CHARLES WEST	WENTZVILLE LIBERTY	WENTZVILLE LIBERTY
<b>Boys Track</b>	SAINT CHARLES WEST	WENTZVILLE LIBERTY	FRANCIS HOWELL CENTRAL
<b>Boys Golf</b>	SAINT CHARLES WEST	FORT ZUMWALT SOUTH	FRANCIS HOWELL CENTRAL

## 2022 SRING TWO DIVISION CHAMPIONS

	<b>NORTH CENTRAL</b>	<b>SOUTH</b>
<b>Boys Tennis</b>	FORT ZUMWALT SOUTH	WENTZVILLE HOLT

## 2022 SRING COMBINED CHAMPIONS

<b>Boys Volleyball</b>	<b>FRANCIS HOWELL NORTH</b>
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## 2022 SPRING CONFERENCE CHAMPIONS

	<b>NORTH</b>	<b>CENTRAL</b>	
<b>Girls Soccer</b>	ORCHARD FARM-SAINT CHARLES	FORT ZUMWALT SOUTH	FRANCIS H CENTRAL
<b>Baseball</b>	SAINT CHARLES WEST	FORT ZUMWALT SOUTH	FORT ZUM
<b>Girls Track</b>	SAINT CHARLES WEST	WENTZVILLE LIBERTY	WENTZVIL
<b>Boys Track</b>	SAINT CHARLE WEST	WENTZVILLE LIBERTY	FRANCIS H
<b>Boys Golf</b>	SAINT CHARLES WEST	FORT ZUMWALT SOUTH	FRANCIS H

## 2022 SRING TWO DIVISION CHAMPIONS

	<b>NORTH CENTRAL</b>	<b>SOUTH</b>
<b>Boys Tennis</b>	FORT ZUMWALT SOUTH	WENTZVILLE HOLT

## **2022 SRING COMBINED CHAMPIONS**

<b>Boys Volleyball</b>	<b>FRANCIS HOWELL NORTH</b>
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# **Dance and Cheer Academics**

**2021 - 2022**

## **DANCE**

### **Academic**

**FORT ZUMWALT NORTH -**

**WENTZVILLE HOLT - [FALL] Shelby Brock, Ava Conway, Madyson Gaudy, Alicia McConachie, Jillian Paddock, Ava Ruble, Mariah Schulz, Hannah Shorts [ WINTER] Shelby Brock, Ava Conway, Madyson Gaudy, Alicia McConachie, Lindsay Ortell, Jillian Paddock, Ava Ruble, Mariah Schulz**

**FORT ZUMWALT WEST -**

**WASHINGTON - Kiley Dodson, Isabella Fitzgerald, Ashley Frick, Ava Hackmann, Camille Junkin, Ava Kelly, Addyson Meyer,**

**Danielle Newhouse, Natalie Oesterly, Alyssa Prewitt, Lily Schuck,  
Reagan Thiemann, Gabrielle Ziglin**

**WENTZVILLE HOLT -**

**TROY BUCHANAN - Madelyn DeSpain, Nichole Hofmann, Natalie  
Kasten, Leah Leffler Piper, Melaynia Ludwig**

**FRANCIS HOWELL CENTRAL -**

**SAINT CHARLES WEST -**

## **Sportsmanship**

**WASHINGTON - Ashley Frick**

**TROY BUCHANAN - Marissa Martinez**

**SAINT CHARLES WEST -**

## **CHEERLEADING**

### **Academic**

**FORT ZUMWALT NORTH -**

**WENTZVILLE HOLT - [FALL] Kinsey Henrichson, Molly Hunn,  
Courtney Rikard, Brooke Schottel, Audrey Stanfill, Alexis Voshen,  
Callie Walz, Brianna Wasser, Jordan West, Sarah White, Reece  
Wilmes [WINTER] Molly Hunn, Courtney Rikard, Brooke Schottel,  
Audrey Stanfill, Alexis Voshen, Brianna Wasser, Jordan West,  
Sarah White, Reece Wilmes**

**FORT ZUMWALT WEST -**

**WASHINGTON - Hailey Barton, Ava Griffey, Carly Hamlyn, Kaylee  
Heining, Mackenzie Helms, Brooke Holtmeyer, Holly Lottmann,**

**Lydia Maune, Ruby Mitchem, Lindsey Titter, Reese Torres, Jadyn whittall**

**WENTZVILLE HOLT -**

**TROY BUCHANAN - Alexis Baum, Alandrea Graves, Brooke Hazelwonder-Johnson, Kendall Hubbard, Emily Johnson, Karlie Knott, Katelin Meyer, Ellyana Ottinger, Jori Reiter, Alyssa Schmitt, Sarah Spencer, Kaylie Waechter, Isabella Wilcox**

**FRANCIS HOWELL CENTRAL -**

**FORT ZUMWALT SOUTH -**

## **Sportsmanship**

**WASHINGTON - Carly Hamlyn**

**TROY BUCHANAN - Katelyn Meyer**